

5

Romford – Barking – Canning Town

5 Mondays to Fridays																
Romford Market St Edward's Way	0445		0535	0545	0553	0601	0609	0617		0753		0900	1010			
Romford Station	0448		0538	0548	0556	0604	0612	0620		0757		0908	1018			
Queen's Hospital	0451		0541	0551	0559	0607	0615	0624		0802		0913	1023			
Rush Green Road Dagenham Road	0455		0545	0555	0603	0611	0619	0628	Then	0808	Then	0919	1029			
Becontree Heath Ship & Anchor	0500	Then	0550	0600	0608	0616	0624	0633	about	0816	about	0925	Then	1035		
Becontree Martins Corner	0506	every 10	0556	0606	0614	0623	0631	0641	every 7	0825	every 6-7	0933	every 7	1043		
Faircross Barking Bus Garage	0512	minutes	0602	0612	0621	0631	0639	0649	minutes	0834	minutes	0942	minutes	1052		
Barking Station	0516	until	0606	0617	0626	0638	0646	0657	until	0842	until	0949	until	1059		
East Ham Newham Town Hall	0522		0612	0624	0634	0647	0656	0708		0853		1000		1110		
Upton Park The Boleyn (Barking Road)	0526		0616	0628	0639	0653	0703	0715		0900		1007		1117		
Plaistow Greengate	0529		0619	0631	0643	0657	0707	0719		0905		1012		1122		
Canning Town Bus Station	0536		0626	0639	0651	0706	0716	0728		0914		1021		1131		
Romford Market St Edward's Way	1018		1155			1339			1907		0010					
Romford Station	1026		1208			1352			1913		0013					
Queen's Hospital	1031		1213			1357			1917		0017					
Rush Green Road Dagenham Road	1037	Then	1219			1403	Then		1922	Then	0020					
Becontree Heath Ship & Anchor	1043	about	1225	Then		1409	about		1928	about	0023					
Becontree Martins Corner	1051	every 7-8	1233	every 8		1417	every 7-8		1935	every 10	0028					
Faircross Barking Bus Garage	1100	minutes	1242	minutes		1426	minutes		1943	minutes	0033					
Barking Station	1107	until	1249	until		1433	until		1949	until	0037					
East Ham Newham Town Hall	1118		1300			1444			1958		0043					
Upton Park The Boleyn (Barking Road)	1125		1307			1451			2004		0047					
Plaistow Greengate	1130		1312			1456			2009		0050					
Canning Town Bus Station	1139		1321			1505			2016		0056					
5 Saturdays (also Good Friday)																
Romford Market St Edward's Way	0445		0645	0655	0705				0817		1740		1900	0010		
Romford Station	0448		0648	0658	0708				0820		1752		1904	0013		
Queen's Hospital	0451		0651	0701	0711				0824		1756		1907	0016		
Rush Green Road Dagenham Road	0455		0655	0705	0715	Then			0828	Then	1802	Then	1912	Then	0020	
Becontree Heath Ship & Anchor	0459	Then	0659	0709	0719	about			0832	about	1808	about	1917	about	0024	
Becontree Martins Corner	0505	every 12	0705	0715	0725	every 8			0839	every 7-8	1816	every 8-9	1924	every 10	0030	
Faircross Barking Bus Garage	0511	minutes	0711	0721	0731	minutes			0846	minutes	1824	minutes	1932	minutes	0036	
Barking Station	0515	until	0715	0725	0735	until			0851	until	1831	until	1938	until	0040	
East Ham Newham Town Hall	0521		0721	0731	0742				0858		1841		1947		0046	
Upton Park The Boleyn (Barking Road)	0525		0725	0735	0746				0903		1848		1953		0050	
Plaistow Greengate	0528		0728	0738	0750				0907		1853		1958		0054	
Canning Town Bus Station	0535		0735	0746	0758				0915		1903		2007		0101	
5 Sundays and other Public Holidays (except Christmas Day)																
Romford Market St Edward's Way	0445		0657	0709	0721	0733	0745	0755	0805	0815	0824		0909	0917	0926	0934
Romford Station	0448		0700	0712	0724	0736	0748	0758	0808	0818	0827		0912	0920	0929	0939
Queen's Hospital	0451		0703	0715	0727	0739	0751	0801	0811	0821	0830		0915	0923	0932	0942
Rush Green Road Dagenham Road	0454		0706	0718	0730	0742	0754	0804	0814	0824	0834		0919	0927	0936	0946
Becontree Heath Ship & Anchor	0459	Then	0711	0723	0735	0747	0759	0809	0819	0829	0839	Then	0924	0932	0941	0951
Becontree Martins Corner	0504	every 12	0716	0728	0740	0753	0805	0815	0825	0835	0845	every 9	0930	0938	0947	0957
Faircross Barking Bus Garage	0510	minutes	0722	0734	0746	0759	0811	0822	0832	0842	0852	minutes	0937	0945	0954	1004
Barking Station	0514	until	0726	0738	0750	0803	0815	0826	0836	0846	0856	until	0941	0949	0959	1009
East Ham Newham Town Hall	0520		0732	0744	0756	0810	0822	0833	0843	0853	0903		0948	0957	1007	1017
Upton Park The Boleyn (Barking Road)	0524		0736	0749	0801	0815	0827	0838	0848	0858	0908		0953	1003	1013	1023
Plaistow Greengate	0527		0739	0752	0804	0818	0831	0842	0852	0902	0912		0957	1007	1017	1027
Canning Town Bus Station	0534		0746	0759	0811	0825	0839	0850	0900	0910	0920		1005	1015	1025	1035
Romford Market St Edward's Way	0942	0949	0956			1627			0010							
Romford Station	0948	0956	1004			1637			0013							
Queen's Hospital	0951	0959	1008			1641			0016							
Rush Green Road Dagenham Road	0955	1003	1012	Then		1645	Then		0019							
Becontree Heath Ship & Anchor	1000	1008	1017	about		1651	about		0024							
Becontree Martins Corner	1006	1015	1025	every 8-9		1658	every 10		0029							
Faircross Barking Bus Garage	1013	1023	1033	minutes		1706	minutes		0035							
Barking Station	1019	1029	1039	until		1713	until		0039							
East Ham Newham Town Hall	1027	1037	1047			1725			0045							
Upton Park The Boleyn (Barking Road)	1033	1043	1053			1733			0050							
Plaistow Greengate	1037	1047	1057			1738			0054							
Canning Town Bus Station	1045	1055	1105			1746			0101							

5

Canning Town – Barking – Romford

5 Mondays to Fridays																
Canning Town Bus Station	0605	0615	0625	0635	0645	0654	0701	0708	0715	0721		1006		1206		1354
Plaistow Greengate	0612	0622	0632	0642	0653	0702	0709	0716	0723	0729		1017		1217		1405
Upton Park The Boleyn (Barking Road)	0614	0624	0634	0644	0655	0704	0711	0718	0725	0732		1020		1220		1408
East Ham Newham Town Hall	0619	0629	0639	0649	0701	0710	0717	0724	0732	0739	Then	1029	Then	1229	Then	1417
Barking Station	0626	0636	0647	0658	0710	0719	0726	0734	0742	0750	about	1040	about	1240	about	1428
Faircross Barking Bus Garage	0630	0640	0651	0702	0715	0724	0732	0740	0748	0756	every 6-7	1048	every 7-8	1248	every	1436
Becontree Martins Corner	0636	0646	0658	0709	0723	0732	0740	0748	0756	0804	minutes	1056	minutes	1256	8	1444
Becontree Heath Ship & Anchor	0642	0654	0706	0717	0731	0741	0749	0757	0805	0813	until	1106	until	1306	mins.	1456
Rush Green Road Dagenham Road	0648	0701	0713	0724	0738	0748	0756	0804	0812	0820		1112		1312	until	1503
Queen's Hospital	0652	0705	0718	0729	0744	0754	0802	0810	0818	0826		1117		1317		1509
Romford Station	0655	0709	0723	0734	0749	0759	0807	0815	0823	0831		1122		1322		1514
Romford Market St Edward's Way	0658	0712	0726	0737	0752	0802	0810	0818	0826	0834		1126		1332		1524
Canning Town Bus Station	1402			1437	1445			1916				2029	2038			0100
Plaistow Greengate	1413			1448	1456			1926				2038	2047			0107
Upton Park The Boleyn (Barking Road)	1416			1451	1459			1929				2040	2049			0109
East Ham Newham Town Hall	1425			1500	1508	Then		1937	Then			2047	2056	Then		0114
Barking Station	1436	Then		1511	1519	about		1947	about			2057	2106	about		0122
Faircross Barking Bus Garage	1444	every 7		1519	1527	every 7		1952	every 8			2102	2111	every 10		0126
Becontree Martins Corner	1452	minutes		1527	1535	minutes		1959	minutes			2109	2118	minutes		0132
Becontree Heath Ship & Anchor	1504	until		1539	1547	until		2007	until			2116	2125	until		0137
Rush Green Road Dagenham Road	1511			1546	1554			2013				2121	2130			0141
Queen's Hospital	1517			1552	1600			2017				2124	2133			0144
Romford Station	1522			1557	1605			2020				2127	2136			0146
Romford Market St Edward's Way	1532			1607	1615			2023				2129	2138			0147
5 Saturdays (also Good Friday)																
Canning Town Bus Station	0605	0617	0629	0641	0653	0703	0713	0723				1840		1931		0024 0036 0048 0100
Plaistow Greengate	0612	0624	0636	0648	0700	0710	0720	0730				1850		1941		0031 0043 0055 0107
Upton Park The Boleyn (Barking Road)	0614	0626	0638	0650	0702	0712	0722	0732				1853		1944		0033 0045 0057 0109
East Ham Newham Town Hall	0619	0631	0643	0655	0707	0717	0727	0737	Then			1902	Then	1952	Then	0039 0051 0103 0114
Barking Station	0626	0638	0650	0702	0714	0724	0734	0745	about			1912	about	2002	about	0047 0059 0111 0121
Faircross Barking Bus Garage	0630	0642	0654	0706	0718	0728	0738	0749	every 7-8			1918	every	2007	every	0052 0104 0116 0126
Becontree Martins Corner	0636	0648	0700	0712	0724	0734	0744	0755	minutes			1925	8-9	2014	10	0058 0110 0122 0132
Becontree Heath Ship & Anchor	0642	0654	0706	0718	0730	0740	0751	0802	until			1932	mins.	2021	mins.	0104 0116 0128 0138
Rush Green Road Dagenham Road	0647	0659	0711	0723	0735	0745	0756	0807				1937	until	2026	until	0108 0120 0132 0142
Queen's Hospital	0650	0702	0714	0726	0738	0749	0800	0811				1941		2029		0111 0123 0135 0145
Romford Station	0653	0705	0717	0729	0741	0752	0803	0814				1944		2032		0113 0125 0137 0147
Romford Market St Edward's Way	0656	0708	0720	0732	0744	0755	0806	0817				1951		2035		0116 0128 0140 0150
5 Sundays and other Public Holidays (except Christmas Day)																
Canning Town Bus Station	0605			0753	0805	0817	0829	0841	0853	0903	0913			1714		0024 0036 0048 0100
Plaistow Greengate	0612			0800	0812	0824	0837	0849	0901	0911	0921			1725		0032 0044 0056 0108
Upton Park The Boleyn (Barking Road)	0614			0802	0814	0826	0839	0851	0903	0913	0923			1728		0034 0046 0058 0110
East Ham Newham Town Hall	0620			0808	0820	0832	0845	0857	0909	0919	0929	Then		1737	Then	0040 0052 0104 0116
Barking Station	0627	Then		0815	0828	0840	0853	0905	0918	0928	0938	about		1747	about	0048 0100 0112 0124
Faircross Barking Bus Garage	0631	every 12		0819	0832	0844	0857	0910	0923	0933	0943	every		1753	every	0052 0104 0116 0128
Becontree Martins Corner	0637	minutes		0825	0838	0851	0904	0917	0930	0940	0950	8-9		1800	10	0058 0110 0122 0134
Becontree Heath Ship & Anchor	0643	until		0831	0844	0857	0910	0923	0936	0946	0956	mins.		1808	mins.	0103 0115 0127 0139
Rush Green Road Dagenham Road	0648			0836	0849	0902	0915	0928	0941	0951	1001	until		1814	until	0108 0120 0132 0144
Queen's Hospital	0651			0839	0852	0905	0918	0931	0944	0954	1005			1818		0111 0123 0135 0147
Romford Station	0654			0842	0855	0908	0921	0934	0947	0957	1009			1822		0114 0126 0138 0150
Romford Market St Edward's Way	0656			0844	0857	0911	0924	0937	0950	1000	1012			1831		0116 0128 0140 0152