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Romford – Barking – Canning Town

5 Mondays to Fridays																	
Romford Market St. Edward's Way	0447	0502	0517	0527	0537	0547	0555	0602	0609	0616		1854	1902	1910	1919	1929	1939
Romford Station	0449	0504	0519	0529	0539	0549	0557	0604	0611	0618		1857	1905	1913	1922	1932	1942
Becontree Heath Bus Station	0457	0512	0527	0537	0547	0557	0605	0612	0619	0626	Then	1909	1917	1925	1934	1943	1953
Becontree Martins Corner	0502	0517	0532	0542	0552	0602	0610	0617	0624	0631	about	1915	1923	1931	1939	1948	1958
Fair Cross Barking Bus Garage	0508	0523	0538	0548	0558	0608	0616	0623	0631	0639	every 6-7	1923	1931	1938	1946	1955	2005
Barking Station	0511	0526	0541	0551	0601	0611	0619	0626	0634	0643	minutes	1927	1935	1942	1950	1959	2009
East Ham Newham Town Hall	0517	0532	0547	0557	0607	0617	0625	0632	0641	0650	until	1937	1944	1951	1959	2008	2018
Upton Park Boleyn	0520	0535	0550	0600	0610	0620	0628	0637	0646	0655		1943	1950	1957	2005	2014	2023
Plaistow Greengate	0523	0538	0553	0603	0613	0623	0632	0641	0650	0659		1947	1954	2001	2009	2018	2027
Canning Town Bus Station	0531	0546	0601	0611	0621	0631	0640	0649	0658	0707		1955	2002	2009	2017	2026	2035
Romford Market St. Edward's Way	1949	1959	2009	2019			2159	2210	2221	2232	2243	2254	2305	2316	2327		0007
Romford Station	1952	2002	2012	2022			2202	2213	2224	2235	2246	2257	2308	2319	2330		0010
Becontree Heath Bus Station	2003	2013	2023	2033			2213	2224	2235	2246	2257	2308	2319	2329	2340		0020
Becontree Martins Corner	2008	2018	2028	2038		Then	2218	2229	2240	2251	2302	2313	2324	2334	2345	Then	0025
Fair Cross Barking Bus Garage	2015	2025	2035	2045		every 10	2225	2236	2247	2258	2309	2319	2330	2340	2350	every 10	0030
Barking Station	2019	2029	2039	2049		minutes	2229	2240	2251	2302	2312	2322	2333	2343	2353	minutes	0033
East Ham Newham Town Hall	2028	2037	2047	2056		until	2236	2247	2258	2308	2318	2328	2339	2349	2359	until	0039
Upton Park Boleyn	2033	2042	2051	2100			2240	2251	2301	2311	2321	2331	2342	2352	0002		0042
Plaistow Greengate	2037	2046	2055	2104			2244	2254	2304	2314	2324	2334	2345	2355	0005		0045
Canning Town Bus Station	2045	2054	2103	2112			2252	2302	2312	2322	2332	2342	2352	0002	0012		0052
5 Saturdays (also Good Friday)																	
Romford Market St. Edward's Way	0447		0635	0645	0655	0704	0712	0720	0728	0736		0816		1736		1839	1849
Romford Station	0449		0637	0647	0657	0706	0714	0722	0730	0739		0819		1740		1842	1852
Becontree Heath Bus Station	0457		0645	0655	0705	0714	0722	0731	0740	0749	Then	0829	Then	1753	Then	1853	1903
Becontree Martins Corner	0502	Then	0650	0700	0710	0719	0727	0736	0745	0754	every	0834	about	1800	about	1859	1908
Fair Cross Barking Bus Garage	0508	every 12	0656	0706	0716	0725	0734	0743	0752	0801	8	0841	every	1809	every	1906	1915
Barking Station	0511	minutes	0659	0709	0719	0728	0738	0747	0756	0805	mins.	0845	6-7	1813	8	1910	1919
East Ham Newham Town Hall	0517	until	0705	0715	0725	0734	0744	0753	0802	0811	until	0851	mins.	1822	mins.	1917	1926
Upton Park Boleyn	0520		0708	0718	0728	0738	0748	0757	0806	0815		0855	until	1828	until	1922	1931
Plaistow Greengate	0523		0711	0721	0732	0742	0752	0801	0810	0819		0859		1832		1926	1935
Canning Town Bus Station	0531		0719	0729	0740	0750	0800	0809	0818	0827		0907		1840		1934	1943
Romford Market St. Edward's Way	1859	1909	1919	1929			2159	2210	2221	2232	2243	2254	2305	2316	2327		0007
Romford Station	1902	1912	1922	1932			2202	2213	2224	2235	2246	2257	2308	2319	2330		0010
Becontree Heath Bus Station	1913	1923	1933	1943			2213	2224	2235	2246	2257	2308	2319	2329	2340		0020
Becontree Martins Corner	1918	1928	1938	1948		Then	2218	2229	2240	2251	2302	2313	2324	2334	2345	Then	0025
Fair Cross Barking Bus Garage	1925	1935	1945	1955		every 10	2225	2236	2247	2258	2309	2319	2330	2340	2350	every 10	0030
Barking Station	1929	1939	1949	1959		minutes	2229	2240	2251	2302	2312	2322	2333	2343	2353	minutes	0033
East Ham Newham Town Hall	1936	1946	1956	2006		until	2236	2247	2258	2308	2318	2328	2339	2349	2359	until	0039
Upton Park Boleyn	1941	1951	2001	2010			2240	2251	2301	2311	2321	2331	2342	2352	0002		0042
Plaistow Greengate	1945	1955	2005	2014			2244	2254	2304	2314	2324	2334	2345	2355	0005		0045
Canning Town Bus Station	1953	2003	2013	2022			2252	2302	2312	2322	2332	2342	2352	0002	0012		0052
5 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																	
Romford Market St. Edward's Way	0447		0735	0746	0756	0806	0815			0959			1647	1655	1704	1712	1720
Romford Station	0449		0737	0748	0758	0808	0818			1003			1651	1659	1708	1716	1724
Becontree Heath Bus Station	0457		0745	0756	0806	0817	0827		Then	1014			1702	1710	1719	1727	1735
Becontree Martins Corner	0502	Then	0750	0801	0811	0822	0832		about	1021		Then	1709	1717	1726	1734	1742
Fair Cross Barking Bus Garage	0508	every 12	0756	0807	0817	0828	0838		every 8	1028		every 8	1716	1724	1733	1741	1749
Barking Station	0511	minutes	0759	0810	0821	0832	0842		minutes	1032		minutes	1720	1728	1737	1745	1753
East Ham Newham Town Hall	0517	until	0805	0816	0827	0838	0848		until	1040		until	1728	1736	1745	1752	1800
Upton Park Boleyn	0520		0808	0820	0831	0842	0852			1046			1734	1742	1750	1757	1805
Plaistow Greengate	0523		0811	0823	0834	0845	0855			1051			1739	1747	1754	1801	1809
Canning Town Bus Station	0531		0819	0831	0842	0853	0903			1101			1749	1756	1803	1810	1817
Romford Market St. Edward's Way	1729	1739	1749	1759	1809		2159	2210	2221	2232	2243	2254	2305	2316	2327		0007
Romford Station	1733	1743	1752	1802	1812		2202	2213	2224	2235	2246	2257	2308	2319	2330		0010
Becontree Heath Bus Station	1744	1754	1803	1813	1823		2213	2224	2235	2246	2257	2308	2318	2329	2340	Then	0020
Becontree Martins Corner	1751	1800	1809	1818	1828		2218	2229	2240	2251	2302	2313	2323	2334	2345	every	0025
Fair Cross Barking Bus Garage	1758	1807	1816	1825	1835		2225	2236	2247	2258	2309	2319	2329	2340	2350	10	0030
Barking Station	1802	1811	1820	1829	1839		2229	2240	2251	2302	2312	2322	2332	2343	2353	mins.	0033
East Ham Newham Town Hall	1809	1818	1827	1836	1846		2236	2247	2258	2308	2318	2328	2338	2349	2359	until	0039
Upton Park Boleyn	1814	1823	1832	1841	1850		2240	2251	2301	2311	2321	2331	2341	2352	0002		0042
Plaistow Greengate	1818	1827	1836	1845	1854		2244	2254	2304	2314	2324	2334	2344	2355	0005		0045
Canning Town Bus Station	1826	1835	1844	1853	1902		2252	2302	2312	2322	2332	2342	2352	0002	0012		0052

Note: * - Buses stop in Wood Lane between 1500 and 1600 on school days.

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Canning Town – Barking – Romford

5 Mondays to Fridays																			
Canning Town Bus Station	0607	0617	0627	0637	0647	0657			1921	1929	1937	1945	1953	2001	2009	2017	2026	2035	
Plaistow Greengate	0613	0623	0633	0643	0653	0703			1931	1938	1945	1953	2001	2009	2017	2025	2033	2042	
Upton Park Boleyn	0616	0626	0636	0646	0656	0706		Then	1935	1942	1949	1957	2005	2013	2021	2029	2037	2045	
East Ham Newham Town Hall	0619	0629	0639	0649	0659	0709		about	1940	1947	1954	2002	2010	2018	2026	2034	2042	2050	
Barking Station	0627	0637	0647	0658	0708	0718		every 6-7	1949	1956	2003	2011	2019	2027	2035	2043	2051	2059	
Fair Cross Barking Bus Garage	0631	0641	0651	0702	0713	0723		minutes	1954	2001	2008	2016	2024	2032	2040	2048	2056	2104	
Becontree Martins Corner	0637	0647	0659	0710	0721	0731		until	2001	2008	2015	2023	2031	2038	2046	2054	2102	2110	
Becontree Heath Wood Lane	0642	0654	0706	0717	0728	0739			2008	2015	2022	2030	2037	2044	2052	2100	2108	2116	
Romford Station	0650	0704	0717	0729	0741	0753			2018	2025	2032	2039	2046	2053	2101	2109	2117	2125	
Romford Market St. Edward's Way	0652	0706	0720	0732	0744	0756			2021	2028	2035	2042	2049	2056	2104	2112	2120	2128	
Canning Town Bus Station	2045			2155	2205	2215	2225	2235	2245	2255	2305	2315	2325	2335		0025		0101	
Plaistow Greengate	2052			2202	2212	2222	2232	2242	2252	2302	2312	2322	2331	2341		0031		0107	
Upton Park Boleyn	2055			2205	2215	2225	2235	2245	2255	2304	2314	2324	2333	2343	Then	0033	Then	0109	
East Ham Newham Town Hall	2100	Then		2210	2220	2230	2240	2249	2259	2308	2318	2328	2337	2346	every	0036	every	0112	
Barking Station	2109	every 10		2219	2229	2239	2249	2258	2307	2316	2326	2335	2344	2353	10	0043	12	0119	
Fair Cross Barking Bus Garage	2114	minutes		2224	2234	2244	2253	2302	2311	2320	2329	2338	2347	2356	mins.	0046	mins.	0122	
Becontree Martins Corner	2120	until		2230	2240	2250	2259	2308	2317	2326	2335	2344	2353	0002	until	0052	until	0128	
Becontree Heath Wood Lane	2126			2236	2246	2255	2304	2313	2322	2331	2340	2349	2358	0007		0057		0133	
Romford Station	2135			2245	2255	2304	2313	2322	2331	2340	2349	2358	0007	0016		0106		0142	
Romford Market St. Edward's Way	2138			2248	2257	2306	2315	2324	2333	2342	2351	0000	0009	0018		0108		0144	
5 Saturdays (also Good Friday)																			
Canning Town Bus Station	0607	0622	0634	0646	0656	0706	0716	0726		0758		1844	1852	1901	1909	1918	1927	1936	
Plaistow Greengate	0613	0628	0640	0652	0702	0712	0723	0734		0806		1853	1901	1909	1917	1926	1935	1944	
Upton Park Boleyn	0616	0631	0643	0655	0705	0715	0726	0737	Then	0809	Then	1857	1905	1913	1921	1930	1939	1948	
East Ham Newham Town Hall	0619	0634	0646	0658	0708	0718	0729	0740	every	0812	about	1901	1909	1917	1925	1934	1943	1952	
Barking Station	0627	0642	0654	0706	0716	0726	0737	0748	8	0820	every	1910	1918	1926	1934	1943	1952	2001	
Fair Cross Barking Bus Garage	0631	0646	0658	0710	0720	0730	0741	0752	mins.	0824	6-7	1915	1923	1931	1939	1948	1957	2006	
Becontree Martins Corner	0637	0652	0704	0716	0726	0736	0747	0758	until	0830	mins.	1921	1929	1937	1945	1954	2003	2012	
Becontree Heath Wood Lane	0642	0657	0709	0721	0731	0742	0753	0804		0836	until	1927	1935	1943	1951	2000	2009	2018	
Romford Station	0650	0705	0717	0729	0741	0752	0803	0814		0846		1937	1945	1953	2001	2009	2018	2027	
Romford Market St. Edward's Way	0652	0707	0719	0731	0743	0754	0805	0816		0848		1940	1948	1956	2004	2012	2021	2030	
Canning Town Bus Station	1945	1955	2005		2205	2215	2225	2235	2245	2255	2305	2315	2325	2335		0025		0101	
Plaistow Greengate	1953	2003	2012		2212	2222	2232	2242	2252	2302	2312	2322	2331	2341		0031		0107	
Upton Park Boleyn	1957	2006	2015	Then	2215	2225	2235	2245	2255	2304	2314	2324	2333	2343	Then	0033	Then	0109	
East Ham Newham Town Hall	2001	2010	2019	every	2219	2229	2239	2249	2259	2308	2318	2328	2337	2346	every	0036	every	0112	
Barking Station	2010	2019	2028	10	2228	2238	2248	2258	2307	2316	2326	2335	2344	2353	10	0043	12	0119	
Fair Cross Barking Bus Garage	2015	2024	2033	mins.	2233	2243	2253	2302	2311	2320	2329	2338	2347	2356	mins.	0046	mins.	0122	
Becontree Martins Corner	2021	2030	2039	until	2239	2249	2259	2308	2317	2326	2335	2344	2353	0002	until	0052	until	0128	
Becontree Heath Wood Lane	2027	2036	2045		2245	2255	2304	2313	2322	2331	2340	2349	2358	0007		0057		0133	
Romford Station	2036	2045	2054		2254	2304	2313	2322	2331	2340	2349	2358	0007	0016		0106		0142	
Romford Market St. Edward's Way	2039	2048	2057		2257	2306	2315	2324	2333	2342	2351	0000	0009	0018		0108		0144	
5 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																			
Canning Town Bus Station	0607	0622		0734	0746	0758	0810			0846	0856	0906	0914	0922	0930	0937	0944		1826
Plaistow Greengate	0613	0628		0740	0753	0805	0818			0854	0904	0914	0922	0930	0938	0945	0953		1834
Upton Park Boleyn	0616	0631	Then	0743	0756	0809	0822	Then		0858	0908	0918	0926	0934	0942	0949	0957	Then	1837
East Ham Newham Town Hall	0619	0634	every	0746	0759	0812	0825	every		0901	0911	0921	0929	0937	0945	0953	1002	about	1841
Barking Station	0627	0642	12	0754	0807	0820	0833	12		0909	0919	0929	0937	0945	0953	1001	1011	every	1850
Fair Cross Barking Bus Garage	0631	0646	mins.	0758	0811	0824	0837	mins.		0913	0923	0933	0941	0949	0957	1006	1016	8	1855
Becontree Martins Corner	0637	0652	until	0804	0817	0830	0843	until		0919	0929	0939	0947	0955	1003	1013	1023	mins.	1901
Becontree Heath Wood Lane	0642	0657		0809	0822	0835	0848			0924	0934	0944	0952	1000	1010	1020	1030	until	1907
Romford Station	0650	0705		0817	0830	0843	0856			0932	0942	0952	1002	1012	1022	1032	1042		1916
Romford Market St. Edward's Way	0652	0707		0819	0832	0845	0858			0934	0944	0954	1005	1015	1025	1035	1045		1919
Canning Town Bus Station	1835	1845		2205	2215	2225	2235	2245	2255	2305	2315	2325				0025	0037	0049	0101
Plaistow Greengate	1843	1852		2212	2222	2232	2242	2252	2302	2312	2322	2331				0031	0043	0055	0107
Upton Park Boleyn	1846	1855		2215	2225	2235	2245	2255	2304	2314	2324	2333	Then			0033	0045	0057	0109
East Ham Newham Town Hall	1849	1858	Then	2218	2228	2238	2248	2258	2307	2317	2327	2336	every			0036	0048	0100	0112
Barking Station	1858	1907	every 10	2227	2237	2247	2257	2306	2315	2325	2334	2343	10			0043	0055	0107	0119
Fair Cross Barking Bus Garage	1903	1912	minutes	2232	2242	2252	2301	2310	2319	2328	2337	2346	mins.			0046	0058	0110	0122
Becontree Martins Corner	1909	1918	until	2238	2248	2258	2307	2316	2325	2334	2343	2352	until			0052	0104	0116	0128
Becontree Heath Wood Lane	1915	1924		2244	2254	2303	2312	2321	2330	2339	2348	2357				0057	0109	0121	0133
Romford Station	1924	1933		2253	2303	2312	2321	2330	2339	2348	2357	0006				0106	0118	0130	0142
Romford Market St. Edward's Way	1927	1936		2256	2305	2314	2323	2332	2341	2350	2359	0008				0108	0120	0132	0144

Note: On all days of the week, departures from Canning Town from 2045 onwards do not serve Western Road in Romford.