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Romford – Barking – Canning Town

5 Mondays to Fridays																
Romford Market St Edward's Way	0445		0535	0545	0553	0601	0609	0617		1010		1355	1828			
Romford Station	0448		0538	0548	0556	0604	0612	0620		1015		1401	1833			
Queen's Hospital	0451		0541	0551	0559	0607	0615	0624		1020		1406	1838			
Rush Green Road Dagenham Road	0455		0545	0555	0603	0611	0619	0628	Then	1026	Then	1412	Then	1844		
Becontree Heath Ship & Anchor	0500	Then	0550	0600	0608	0616	0624	0633	about	1032	about	1418	about	1851		
Becontree Martins Corner	0506	every 10	0556	0606	0614	0623	0631	0641	every 7	1040	every 7-8	1426	every 6-7	1858		
Faircross Barking Bus Garage	0512	minutes	0602	0612	0621	0631	0639	0649	minutes	1049	minutes	1435	minutes	1906		
Barking Station	0516	until	0606	0617	0626	0638	0646	0657	until	1056	until	1442	until	1912		
East Ham Newham Town Hall	0522		0612	0624	0634	0647	0656	0708		1107		1453		1922		
Upton Park The Boleyn (Barking Road)	0526		0616	0628	0639	0653	0703	0715		1114		1500		1929		
Plaistow Greengate	0529		0619	0631	0643	0657	0707	0719		1119		1505		1934		
Canning Town Bus Station	0536		0626	0639	0651	0706	0716	0728		1128		1515		1942		
Romford Market St Edward's Way	1836		1917					0010								
Romford Station	1840		1921					0013								
Queen's Hospital	1845		1925					0017								
Rush Green Road Dagenham Road	1851		1930	Then				0020								
Becontree Heath Ship & Anchor	1858	Then	1936	about				0023								
Becontree Martins Corner	1905	every 8	1943	every 10				0028								
Faircross Barking Bus Garage	1913	minutes	1951	minutes				0033								
Barking Station	1919	until	1957	until				0037								
East Ham Newham Town Hall	1929		2006					0043								
Upton Park The Boleyn (Barking Road)	1936		2012					0047								
Plaistow Greengate	1941		2017					0050								
Canning Town Bus Station	1948		2024					0056								
5 Saturdays (also Good Friday)																
Romford Market St Edward's Way	0445		0645	0655	0705			0817		1738		1850	0010			
Romford Station	0448		0648	0658	0708			0820		1743		1854	0013			
Queen's Hospital	0451		0651	0701	0711			0824		1747		1857	0016			
Rush Green Road Dagenham Road	0455		0655	0705	0715	Then		0828	Then	1753	Then	1902	Then	0020		
Becontree Heath Ship & Anchor	0459	Then	0659	0709	0719	about		0832	about	1759	about	1908	about	0024		
Becontree Martins Corner	0505	every 12	0705	0715	0725	every 8		0839	every 7	1807	every 8	1915	every 10	0030		
Faircross Barking Bus Garage	0511	minutes	0711	0721	0731	minutes		0846	minutes	1815	minutes	1923	minutes	0036		
Barking Station	0515	until	0715	0725	0735	until		0851	until	1822	until	1929	until	0040		
East Ham Newham Town Hall	0521		0721	0731	0742			0858		1832		1938		0046		
Upton Park The Boleyn (Barking Road)	0525		0725	0735	0746			0903		1839		1944		0050		
Plaistow Greengate	0528		0728	0738	0750			0907		1844		1949		0054		
Canning Town Bus Station	0535		0735	0746	0758			0915		1854		1958		0101		
5 Sundays and other Public Holidays (except Christmas Day)																
Romford Market St Edward's Way	0445		0657	0709	0721	0733	0745	0755	0805	0815	0824		0909	0917	0926	0934
Romford Station	0448		0700	0712	0724	0736	0748	0758	0808	0818	0827		0912	0920	0929	0937
Queen's Hospital	0451		0703	0715	0727	0739	0751	0801	0811	0821	0830		0915	0923	0932	0940
Rush Green Road Dagenham Road	0454		0706	0718	0730	0742	0754	0804	0814	0824	0834		0919	0927	0936	0944
Becontree Heath Ship & Anchor	0459	Then	0711	0723	0735	0747	0759	0809	0819	0829	0839	Then	0924	0932	0941	0949
Becontree Martins Corner	0504	every 12	0716	0728	0740	0753	0805	0815	0825	0835	0845	every 9	0930	0938	0947	0955
Faircross Barking Bus Garage	0510	minutes	0722	0734	0746	0759	0811	0822	0832	0842	0852	minutes	0937	0945	0954	1002
Barking Station	0514	until	0726	0738	0750	0803	0815	0826	0836	0846	0856	until	0941	0949	0959	1007
East Ham Newham Town Hall	0520		0732	0744	0756	0810	0822	0833	0843	0853	0903		0948	0957	1007	1015
Upton Park The Boleyn (Barking Road)	0524		0736	0749	0801	0815	0827	0838	0848	0858	0908		0953	1003	1013	1021
Plaistow Greengate	0527		0739	0752	0804	0818	0831	0842	0852	0902	0912		0957	1007	1017	1025
Canning Town Bus Station	0534		0746	0759	0811	0825	0839	0850	0900	0910	0920		1005	1015	1025	1033
Romford Market St Edward's Way	0942		1624					1718								
Romford Station	0945		1629					1723								
Queen's Hospital	0948		1633					1727								
Rush Green Road Dagenham Road	0952	Then	1637	Then				1731	Then							
Becontree Heath Ship & Anchor	0957	about	1643	about				1737	about							
Becontree Martins Corner	1003	every 8	1650	every 9				1743	every 10							
Faircross Barking Bus Garage	1010	minutes	1658	minutes				1751	minutes							
Barking Station	1016	until	1705	until				1757	until							
East Ham Newham Town Hall	1024		1717					1807								
Upton Park The Boleyn (Barking Road)	1030		1725					1814								
Plaistow Greengate	1034		1730					1819								
Canning Town Bus Station	1042		1738					1827								

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Canning Town – Barking – Romford

5 Mondays to Fridays																		
Canning Town Bus Station	0605	0615	0625	0635	0645	0654	0701	0708	0715	0721		1006		1349		1916		
Plaistow Greengate	0612	0622	0632	0642	0653	0702	0709	0716	0723	0729		1017		1400		1926		
Upton Park The Boleyn (Barking Road)	0614	0624	0634	0644	0655	0704	0711	0718	0725	0732		1020		1403		1929		
East Ham Newham Town Hall	0619	0629	0639	0649	0701	0710	0717	0724	0732	0739	Then about every 6-7 minutes until	1029	Then about every 7-8 minutes until	1412	Then about every 6-7 mins. until	1937		
Barking Station	0626	0636	0647	0658	0710	0719	0726	0734	0742	0750		1040		1423		1947		
Faircross Barking Bus Garage	0630	0640	0651	0702	0715	0724	0732	0740	0748	0756		1048		1431		1952		
Becontree Martins Corner	0636	0646	0658	0709	0723	0732	0740	0748	0756	0804		1056		1439		1959		
Becontree Heath Ship & Anchor	0642	0654	0706	0717	0731	0741	0749	0757	0805	0813		1106		1450		2007		
Rush Green Road Dagenham Road	0648	0701	0713	0724	0738	0748	0756	0804	0812	0820		1112		1457		2013		
Queen's Hospital	0652	0705	0718	0729	0744	0754	0802	0810	0818	0826		1117		1503		2017		
Romford Station	0655	0709	0723	0734	0749	0759	0807	0815	0823	0831	1122	1508	2020					
Romford Market St Edward's Way	0658	0712	0726	0737	0752	0802	0810	0818	0826	0834	1125	1511	2023					
Canning Town Bus Station	1924			2029	2038					0100								
Plaistow Greengate	1934			2038	2047					0107								
Upton Park The Boleyn (Barking Road)	1937			2040	2049					0109								
East Ham Newham Town Hall	1945	Then		2047	2056		Then			0114								
Barking Station	1955	about		2057	2106		about			0122								
Faircross Barking Bus Garage	2000	every 8		2102	2111		every 10			0126								
Becontree Martins Corner	2007	minutes		2109	2118		minutes			0132								
Becontree Heath Ship & Anchor	2015	until		2116	2125		until			0137								
Rush Green Road Dagenham Road	2021			2121	2130					0141								
Queen's Hospital	2025			2124	2133					0144								
Romford Station	2028			2127	2136					0146								
Romford Market St Edward's Way	2031			2129	2138					0147								
5 Saturdays (also Good Friday)																		
Canning Town Bus Station	0605			0653	0703	0713	0723		0803		1827		1931		0024	0036	0048	0100
Plaistow Greengate	0612			0700	0710	0720	0730		0811		1837		1941		0031	0043	0055	0107
Upton Park The Boleyn (Barking Road)	0614			0702	0712	0722	0732		0813		1840		1944		0033	0045	0057	0109
East Ham Newham Town Hall	0619	Then		0707	0717	0727	0737	Then	0819	Then	1849	Then	1952	Then	0039	0051	0103	0114
Barking Station	0626	about		0714	0724	0734	0745	about	0827	about	1900	about	2002	about	0047	0059	0111	0121
Faircross Barking Bus Garage	0630	every 12		0718	0728	0738	0749	every	0831	every	1906	every	2007	every	0052	0104	0116	0126
Becontree Martins Corner	0636	minutes		0724	0734	0744	0755	8	0837	7	1913	8	2014	10	0058	0110	0122	0132
Becontree Heath Ship & Anchor	0642	until		0730	0740	0751	0802	mins.	0844	mins.	1920	mins.	2021	mins.	0104	0116	0128	0138
Rush Green Road Dagenham Road	0647			0735	0745	0756	0807	until	0849	until	1925	until	2026	until	0108	0120	0132	0142
Queen's Hospital	0650			0738	0749	0800	0811		0853		1929		2029		0111	0123	0135	0145
Romford Station	0653			0741	0752	0803	0814		0856		1932		2032		0113	0125	0137	0147
Romford Market St Edward's Way	0656			0744	0755	0806	0817		0900		1935		2035		0116	0128	0140	0150
5 Sundays and other Public Holidays (except Christmas Day)																		
Canning Town Bus Station	0605			0753	0805	0817	0829	0841	0853	0903	0913	0921		1717				1811
Plaistow Greengate	0612			0800	0812	0824	0837	0849	0901	0911	0921	0929		1728				1821
Upton Park The Boleyn (Barking Road)	0614			0802	0814	0826	0839	0851	0903	0913	0923	0931		1731				1824
East Ham Newham Town Hall	0620	Then		0808	0820	0832	0845	0857	0909	0919	0929	0937	Then	1740	Then			1833
Barking Station	0627	about		0815	0828	0840	0853	0905	0918	0928	0938	0946	about	1750	about			1843
Faircross Barking Bus Garage	0631	every 12		0819	0832	0844	0857	0910	0923	0933	0943	0951	every 8	1756	every 9			1848
Becontree Martins Corner	0637	minutes		0825	0838	0851	0904	0917	0930	0940	0950	0958	minutes	1803	minutes			1855
Becontree Heath Ship & Anchor	0643	until		0831	0844	0857	0910	0923	0936	0946	0956	1005	until	1811	until			1903
Rush Green Road Dagenham Road	0648			0836	0849	0902	0915	0928	0941	0951	1001	1011		1817				1909
Queen's Hospital	0651			0839	0852	0905	0918	0931	0944	0954	1005	1015		1821				1912
Romford Station	0654			0842	0855	0908	0921	0934	0947	0957	1009	1020		1825				1916
Romford Market St Edward's Way	0656			0844	0857	0911	0924	0937	0950	1000	1012	1023		1828				1919
Canning Town Bus Station	1821			0024	0036	0048	0100											
Plaistow Greengate	1831			0032	0044	0056	0108											
Upton Park The Boleyn (Barking Road)	1834			0034	0046	0058	0110											
East Ham Newham Town Hall	1842	Then		0040	0052	0104	0116											
Barking Station	1852	about		0048	0100	0112	0124											
Faircross Barking Bus Garage	1857	every 10		0052	0104	0116	0128											
Becontree Martins Corner	1904	minutes		0058	0110	0122	0134											
Becontree Heath Ship & Anchor	1912	until		0103	0115	0127	0139											
Rush Green Road Dagenham Road	1918			0108	0120	0132	0144											
Queen's Hospital	1921			0111	0123	0135	0147											
Romford Station	1925			0114	0126	0138	0150											
Romford Market St Edward's Way	1928			0116	0128	0140	0152											