

5		Saturdays (also Good Friday) (cont.)											
Romford Market St Edward's Way	1355 1402 1410		17 25 32 40 47 55 02 10		1547 1555 1602 1610 1617 1625 1632								
Romford Station	1408 1415 1423		30 38 45 53 00 08 15 23		1600 1608 1615 1623 1630 1638 1645								
Queen's Hospital	1413 1420 1428	Then	35 43 50 58 05 13 20 28		1605 1613 1620 1628 1635 1643 1650								
Rush Green Road Dagenham Road	1420 1427 1434	every 7-8	41 49 56 04 11 19 26 34		1611 1619 1626 1634 1641 1649 1656								
Becontree Heath Ship & Anchor	1426 1433 1440	minutes	47 55 02 10 17 25 32 40		1617 1625 1632 1640 1647 1655 1702								
Becontree Martins Corner	1434 1441 1448	at these	55 03 10 18 25 33 40 48	until	1625 1633 1640 1648 1655 1703 1710								
Faircross Barking Bus Garage	1443 1450 1457	minutes	04 12 19 27 34 42 49 57		1634 1642 1649 1657 1704 1712 1719								
Barking Station	1451 1458 1505	past	12 20 27 35 42 50 57 05		1642 1650 1657 1705 1712 1720 1727								
East Ham Newham Town Hall	1504 1511 1518	the hour	25 33 40 48 55 03 10 18		1655 1702 1709 1716 1723 1730 1737								
Upton Park The Boleyn (Barking Road)	1511 1518 1525		32 40 47 55 02 10 17 25		1702 1709 1716 1723 1730 1737 1744								
Plaistow Greengate	1516 1523 1530		37 45 52 00 07 15 22 30		1707 1714 1721 1728 1735 1742 1749								
Canning Town Bus Station	1526 1533 1540		47 55 02 10 17 25 32 40		1717 1724 1731 1738 1745 1752 1759								
Romford Market St Edward's Way	1640 1647 1655 1702 1710 1717 1725 1732 1740 1749 1758 1807 1816 1825 1834 1843 1851 1900												
Romford Station	1653 1700 1707 1714 1722 1729 1737 1744 1752 1801 1810 1818 1825 1833 1841 1849 1856 1904												
Queen's Hospital	1658 1705 1712 1719 1726 1733 1741 1748 1756 1805 1813 1821 1828 1836 1844 1852 1859 1907												
Rush Green Road Dagenham Road	1704 1711 1718 1725 1732 1739 1747 1754 1802 1810 1818 1826 1833 1841 1849 1857 1904 1912												
Becontree Heath Ship & Anchor	1710 1717 1724 1731 1738 1745 1753 1800 1808 1816 1824 1832 1839 1847 1855 1903 1910 1917												
Becontree Martins Corner	1718 1725 1732 1739 1746 1753 1801 1808 1816 1824 1832 1840 1847 1855 1903 1910 1917 1924												
Faircross Barking Bus Garage	1727 1734 1741 1748 1755 1802 1810 1817 1824 1832 1840 1848 1855 1903 1911 1918 1925 1932												
Barking Station	1735 1742 1749 1756 1803 1810 1817 1824 1831 1839 1847 1855 1902 1910 1917 1924 1931 1938												
East Ham Newham Town Hall	1745 1752 1759 1806 1813 1820 1827 1834 1841 1849 1857 1905 1912 1919 1926 1933 1940 1947												
Upton Park The Boleyn (Barking Road)	1752 1759 1806 1813 1820 1827 1834 1841 1848 1856 1904 1911 1918 1925 1932 1939 1946 1953												
Plaistow Greengate	1757 1804 1811 1818 1825 1832 1839 1846 1853 1901 1909 1916 1923 1930 1937 1944 1951 1958												
Canning Town Bus Station	1807 1814 1821 1828 1835 1842 1849 1856 1903 1911 1918 1925 1932 1939 1946 1953 2000 2007												
Romford Market St Edward's Way	1910 1920 1930 1940 1950 2000		2210 2220 2230 2240 2250		0010								
Romford Station	1914 1924 1934 1944 1954 2003		2213 2223 2233 2243 2253		0013								
Queen's Hospital	1917 1927 1937 1947 1957 2006		2216 2226 2236 2246 2256		0016								
Rush Green Road Dagenham Road	1922 1932 1942 1952 2002 2010		2220 2230 2240 2250 2300		0020								
Becontree Heath Ship & Anchor	1927 1937 1947 1957 2007 2015	Then	2225 2235 2245 2255 2304	Then	0024								
Becontree Martins Corner	1934 1944 1954 2004 2013 2021	every 10	2231 2241 2251 2301 2310	every 10	0030								
Faircross Barking Bus Garage	1942 1952 2002 2011 2020 2028	minutes	2238 2248 2258 2307 2316	minutes	0036								
Barking Station	1948 1958 2006 2015 2024 2032	until	2242 2252 2302 2311 2320	until	0040								
East Ham Newham Town Hall	1957 2007 2014 2023 2032 2040		2250 2300 2308 2317 2326		0046								
Upton Park The Boleyn (Barking Road)	2003 2012 2019 2028 2037 2045		2255 2304 2312 2321 2330		0050								
Plaistow Greengate	2007 2016 2023 2032 2041 2049		2259 2308 2316 2325 2334		0054								
Canning Town Bus Station	2015 2024 2031 2040 2049 2057		2307 2315 2323 2332 2341		0101								

5		Sundays and other Public Holidays (except Christmas Day)											
Romford Market St Edward's Way	0445		0657 0709 0721 0733 0745 0755 0805 0815 0824		0909 0917 0926 0934								
Romford Station	0448		0700 0712 0724 0736 0748 0758 0808 0818 0827		0912 0920 0929 0939								
Queen's Hospital	0451		0703 0715 0727 0739 0751 0801 0811 0821 0830		0915 0923 0932 0942								
Rush Green Road Dagenham Road	0454		0706 0718 0730 0742 0754 0804 0814 0824 0834		0919 0927 0936 0946								
Becontree Heath Ship & Anchor	0459	Then	0711 0723 0735 0747 0759 0809 0819 0829 0839	Then	0924 0932 0941 0951								
Becontree Martins Corner	0504	every 12	0716 0728 0740 0753 0805 0815 0825 0835 0845	every 9	0930 0938 0947 0957								
Faircross Barking Bus Garage	0510	minutes	0722 0734 0746 0759 0811 0822 0832 0842 0852	minutes	0937 0945 0954 1004								
Barking Station	0514	until	0726 0738 0750 0803 0815 0826 0836 0846 0856	until	0941 0949 0959 1009								
East Ham Newham Town Hall	0520		0732 0744 0756 0810 0822 0833 0843 0853 0903		0948 0957 1007 1017								
Upton Park The Boleyn (Barking Road)	0524		0736 0749 0801 0815 0827 0838 0848 0858 0908		0953 1003 1013 1023								
Plaistow Greengate	0527		0739 0752 0804 0818 0831 0842 0852 0902 0912		0957 1007 1017 1027								
Canning Town Bus Station	0534		0746 0759 0811 0825 0839 0850 0900 0910 0920		1005 1015 1025 1035								
Romford Market St Edward's Way	0942 0949 0956 1003 1010 1018 1025 1032 1039 1046 1055 1103 1111 1119 1128 1136 1145 1153												
Romford Station	0948 0956 1004 1012 1020 1028 1035 1042 1049 1056 1105 1113 1122 1130 1139 1147 1156 1204												
Queen's Hospital	0951 0959 1008 1016 1024 1032 1039 1046 1053 1100 1109 1117 1126 1134 1143 1151 1200 1208												
Rush Green Road Dagenham Road	0955 1003 1012 1020 1028 1036 1043 1050 1057 1104 1113 1122 1131 1139 1148 1156 1205 1213												
Becontree Heath Ship & Anchor	1000 1008 1017 1026 1034 1042 1049 1056 1103 1110 1119 1128 1137 1145 1154 1202 1211 1219												
Becontree Martins Corner	1006 1015 1025 1034 1042 1050 1057 1104 1111 1118 1127 1136 1145 1153 1202 1210 1219 1227												
Faircross Barking Bus Garage	1013 1023 1033 1042 1050 1058 1105 1112 1119 1127 1136 1145 1154 1202 1211 1219 1228 1236												
Barking Station	1019 1029 1039 1048 1056 1104 1111 1118 1126 1134 1143 1152 1201 1209 1218 1226 1235 1243												
East Ham Newham Town Hall	1027 1037 1047 1056 1104 1112 1120 1128 1137 1146 1155 1204 1213 1221 1230 1238 1247 1255												
Upton Park The Boleyn (Barking Road)	1033 1043 1053 1102 1110 1119 1127 1136 1145 1154 1203 1212 1221 1229 1238 1246 1255 1303												
Plaistow Greengate	1037 1047 1057 1106 1114 1123 1132 1141 1150 1159 1208 1217 1226 1234 1243 1251 1300 1308												
Canning Town Bus Station	1045 1055 1105 1114 1123 1132 1141 1150 1159 1208 1217 1226 1235 1243 1252 1300 1309 1317												

5	Sundays and other Public Holidays (except Christmas Day) (cont.)																	
Romford Market <i>St Edward's Way</i>	1202	1210	1219	1227	1236	1244	1253	1301	1310	1318	1327	1335	1344	1352	1401	1409	1418	1426
Romford Station	1213	1221	1230	1238	1247	1255	1304	1312	1321	1329	1338	1346	1355	1403	1412	1420	1429	1437
Queen's Hospital	1217	1225	1234	1242	1251	1259	1308	1316	1325	1333	1342	1350	1359	1407	1416	1424	1433	1441
Rush Green Road <i>Dagenham Road</i>	1222	1230	1239	1247	1256	1304	1313	1321	1330	1338	1347	1355	1404	1412	1421	1429	1438	1446
Becontree Heath <i>Ship & Anchor</i>	1228	1236	1245	1253	1302	1310	1319	1327	1336	1344	1353	1401	1410	1418	1427	1435	1444	1452
Becontree <i>Martins Corner</i>	1236	1244	1253	1301	1310	1318	1327	1335	1344	1352	1401	1409	1418	1426	1435	1443	1452	1500
Faircross <i>Barking Bus Garage</i>	1245	1253	1302	1310	1319	1327	1336	1344	1353	1401	1410	1418	1427	1435	1444	1452	1501	1509
Barking Station	1252	1300	1309	1317	1326	1334	1343	1351	1400	1408	1417	1425	1434	1442	1451	1459	1508	1516
East Ham <i>Newham Town Hall</i>	1304	1312	1321	1329	1338	1346	1355	1403	1412	1420	1429	1437	1446	1454	1503	1511	1520	1528
Upton Park <i>The Boleyn (Barking Road)</i>	1312	1320	1329	1337	1346	1354	1403	1411	1420	1428	1437	1445	1454	1502	1511	1519	1528	1536
Plaistow <i>Greengate</i>	1317	1325	1334	1342	1351	1359	1408	1416	1425	1433	1442	1450	1459	1507	1516	1524	1533	1541
Canning Town <i>Bus Station</i>	1326	1334	1343	1351	1400	1408	1417	1425	1434	1442	1451	1459	1508	1516	1525	1533	1542	1550
Romford Market <i>St Edward's Way</i>	1435	1443	1452	1500	1509	1518	1527	1535	1544	1552	1601	1609	1618	1627	1637	1647	1657	1707
Romford Station	1446	1454	1503	1511	1520	1529	1538	1546	1555	1603	1612	1620	1628	1637	1647	1657	1707	1717
Queen's Hospital	1450	1458	1507	1515	1524	1533	1542	1550	1559	1607	1616	1624	1632	1641	1651	1701	1711	1721
Rush Green Road <i>Dagenham Road</i>	1455	1503	1512	1520	1529	1538	1546	1554	1603	1611	1620	1628	1636	1645	1655	1705	1715	1725
Becontree Heath <i>Ship & Anchor</i>	1501	1509	1518	1526	1535	1544	1552	1600	1609	1617	1626	1634	1642	1651	1701	1711	1721	1731
Becontree <i>Martins Corner</i>	1509	1517	1526	1534	1543	1552	1559	1607	1616	1624	1633	1641	1649	1658	1708	1718	1728	1738
Faircross <i>Barking Bus Garage</i>	1518	1526	1535	1543	1552	1600	1607	1615	1624	1632	1641	1649	1657	1706	1716	1726	1736	1746
Barking Station	1525	1533	1542	1550	1559	1607	1614	1622	1631	1639	1648	1656	1704	1713	1723	1733	1743	1752
East Ham <i>Newham Town Hall</i>	1537	1545	1554	1602	1611	1619	1626	1634	1643	1651	1700	1708	1716	1725	1735	1744	1753	1802
Upton Park <i>The Boleyn (Barking Road)</i>	1545	1553	1602	1610	1619	1627	1634	1642	1651	1659	1708	1716	1724	1733	1742	1751	1800	1809
Plaistow <i>Greengate</i>	1550	1558	1607	1615	1624	1632	1639	1647	1656	1704	1713	1721	1729	1738	1747	1756	1805	1814
Canning Town <i>Bus Station</i>	1559	1607	1616	1624	1633	1641	1648	1656	1705	1713	1722	1730	1738	1746	1755	1804	1813	1822
Romford Market <i>St Edward's Way</i>	1718	1729	1740	1751	1802	1813	1824	1835	1846	1857	1908	1919	1929	1940	Then every 10 minutes until	2200	2210	
Romford Station	1728	1739	1749	1759	1809	1819	1829	1839	1850	1901	1912	1923	1933	1943		2203	2213	
Queen's Hospital	1732	1743	1753	1803	1813	1823	1833	1843	1854	1905	1916	1926	1936	1946		2206	2216	
Rush Green Road <i>Dagenham Road</i>	1736	1747	1757	1807	1817	1827	1837	1847	1858	1909	1920	1930	1940	1950		2210	2220	
Becontree Heath <i>Ship & Anchor</i>	1742	1752	1802	1812	1822	1832	1842	1852	1903	1914	1925	1935	1945	1955		2215	2225	
Becontree <i>Martins Corner</i>	1748	1758	1808	1818	1828	1838	1848	1858	1909	1920	1931	1941	1951	2001		2221	2231	
Faircross <i>Barking Bus Garage</i>	1756	1806	1816	1825	1835	1845	1855	1905	1916	1927	1938	1948	1958	2008		2228	2238	
Barking Station	1802	1812	1822	1831	1841	1851	1901	1911	1922	1933	1943	1952	2002	2012		2232	2242	
East Ham <i>Newham Town Hall</i>	1812	1822	1832	1841	1851	1901	1911	1921	1932	1942	1951	2000	2010	2020		2240	2250	
Upton Park <i>The Boleyn (Barking Road)</i>	1819	1829	1839	1848	1858	1908	1918	1928	1939	1948	1957	2006	2016	2026		2246	2256	
Plaistow <i>Greengate</i>	1824	1834	1844	1853	1903	1913	1923	1933	1943	1952	2001	2010	2020	2030		2250	2300	
Canning Town <i>Bus Station</i>	1832	1842	1852	1901	1911	1921	1931	1941	1951	2000	2009	2018	2028	2038		2258	2307	
Romford Market <i>St Edward's Way</i>	2220	2230	2240	2250	2300	Then every 10 minutes until	0010											
Romford Station	2223	2233	2243	2253	2303		0013											
Queen's Hospital	2226	2236	2246	2256	2306		0016											
Rush Green Road <i>Dagenham Road</i>	2230	2240	2250	2300	2309		0019											
Becontree Heath <i>Ship & Anchor</i>	2235	2245	2255	2305	2314		0024											
Becontree <i>Martins Corner</i>	2241	2251	2301	2310	2319		0029											
Faircross <i>Barking Bus Garage</i>	2248	2258	2307	2316	2325		0035											
Barking Station	2252	2302	2311	2320	2329		0039											
East Ham <i>Newham Town Hall</i>	2300	2309	2317	2326	2335		0045											
Upton Park <i>The Boleyn (Barking Road)</i>	2305	2314	2322	2331	2340		0050											
Plaistow <i>Greengate</i>	2309	2318	2326	2335	2344		0054											
Canning Town <i>Bus Station</i>	2316	2325	2333	2342	2351		0101											

5	Sundays and other Public Holidays (except Christmas Day) (cont.)																	
Canning Town Bus Station	1014	1022	1030	1037	1045	1053	1100	1107	1115	1124	1132	1141	1149	1158	1206	1215	1223	1232
Plaistow Greengate	1023	1031	1039	1046	1054	1102	1109	1117	1126	1135	1143	1152	1200	1209	1217	1226	1234	1243
Upton Park The Boleyn (Barking Road)	1025	1033	1041	1048	1056	1104	1111	1120	1129	1138	1146	1155	1203	1212	1220	1229	1237	1246
East Ham Newham Town Hall	1032	1040	1048	1055	1103	1111	1120	1129	1138	1147	1155	1204	1212	1221	1229	1238	1246	1255
Barking Station	1041	1049	1057	1105	1114	1122	1131	1140	1149	1158	1206	1215	1223	1232	1240	1249	1257	1306
Faircross Barking Bus Garage	1047	1055	1103	1111	1120	1129	1138	1147	1156	1205	1213	1222	1230	1239	1247	1256	1304	1313
Becontree Martins Corner	1055	1103	1111	1119	1128	1137	1146	1155	1204	1213	1221	1230	1238	1247	1255	1304	1312	1321
Becontree Heath Ship & Anchor	1102	1111	1119	1127	1136	1145	1154	1203	1212	1221	1229	1238	1246	1255	1303	1312	1320	1329
Rush Green Road Dagenham Road	1109	1118	1127	1135	1144	1153	1202	1211	1220	1229	1237	1246	1254	1303	1311	1320	1328	1337
Queen's Hospital	1113	1122	1131	1139	1148	1157	1206	1215	1224	1233	1241	1250	1258	1307	1315	1324	1332	1341
Romford Station	1118	1127	1136	1144	1153	1202	1211	1220	1229	1238	1246	1255	1303	1312	1320	1329	1337	1346
Romford Market St Edward's Way	1126	1135	1144	1153	1202	1211	1220	1229	1238	1247	1255	1304	1312	1321	1329	1338	1346	1355
Canning Town Bus Station	1240	1249	1257	1306	1314	1323	1331	1340	1348	1357	1405	1414	1422	1431	1439	1448	1456	1505
Plaistow Greengate	1251	1300	1308	1317	1325	1334	1342	1351	1359	1408	1416	1425	1433	1442	1450	1459	1507	1516
Upton Park The Boleyn (Barking Road)	1254	1303	1311	1320	1328	1337	1345	1354	1402	1411	1419	1428	1436	1445	1453	1502	1510	1519
East Ham Newham Town Hall	1303	1312	1320	1329	1337	1346	1354	1403	1411	1420	1428	1437	1445	1454	1502	1511	1519	1528
Barking Station	1314	1323	1331	1340	1348	1357	1405	1414	1422	1431	1439	1448	1456	1505	1513	1522	1530	1539
Faircross Barking Bus Garage	1321	1330	1338	1347	1355	1404	1412	1421	1429	1438	1446	1455	1503	1512	1520	1529	1537	1546
Becontree Martins Corner	1329	1338	1346	1355	1403	1412	1420	1429	1437	1446	1454	1503	1511	1520	1528	1536	1544	1553
Becontree Heath Ship & Anchor	1337	1346	1354	1403	1411	1420	1428	1437	1445	1454	1502	1511	1519	1528	1536	1544	1552	1601
Rush Green Road Dagenham Road	1345	1354	1402	1411	1419	1428	1436	1445	1453	1502	1510	1519	1527	1535	1543	1551	1559	1608
Queen's Hospital	1349	1358	1406	1415	1423	1432	1440	1449	1457	1506	1514	1523	1531	1539	1547	1555	1603	1612
Romford Station	1354	1403	1411	1420	1428	1437	1445	1454	1502	1511	1519	1528	1536	1544	1552	1600	1608	1617
Romford Market St Edward's Way	1403	1412	1420	1429	1437	1446	1454	1503	1511	1520	1528	1537	1545	1553	1601	1609	1617	1626
Canning Town Bus Station	1513	1522	1530	1539	1548	1557	1605	1614	1622	1631	1639	1648	1656	1705	1714	1724	1734	1744
Plaistow Greengate	1524	1533	1541	1550	1559	1608	1616	1625	1633	1642	1650	1659	1707	1716	1725	1735	1745	1754
Upton Park The Boleyn (Barking Road)	1527	1536	1544	1553	1602	1611	1619	1628	1636	1645	1653	1702	1710	1719	1728	1738	1748	1757
East Ham Newham Town Hall	1536	1545	1553	1602	1611	1620	1628	1637	1645	1654	1702	1711	1719	1728	1737	1747	1757	1806
Barking Station	1547	1556	1604	1612	1621	1630	1638	1647	1655	1704	1712	1721	1729	1738	1747	1757	1807	1816
Faircross Barking Bus Garage	1554	1603	1611	1619	1628	1637	1645	1654	1702	1711	1719	1728	1736	1744	1753	1803	1813	1822
Becontree Martins Corner	1601	1610	1618	1626	1635	1644	1652	1701	1709	1718	1726	1735	1743	1751	1800	1810	1820	1829
Becontree Heath Ship & Anchor	1609	1618	1626	1634	1643	1652	1700	1709	1717	1726	1734	1743	1751	1759	1808	1818	1828	1837
Rush Green Road Dagenham Road	1616	1625	1633	1641	1650	1659	1707	1716	1724	1732	1740	1749	1757	1805	1814	1824	1834	1843
Queen's Hospital	1620	1629	1637	1645	1654	1703	1711	1720	1728	1736	1744	1753	1801	1809	1818	1828	1837	1846
Romford Station	1625	1634	1642	1650	1659	1708	1716	1724	1732	1740	1748	1757	1805	1813	1822	1832	1841	1850
Romford Market St Edward's Way	1634	1643	1651	1659	1708	1717	1725	1733	1741	1749	1757	1806	1814	1822	1831	1841	1850	1858
Canning Town Bus Station	1754	1804	1815	1826	1837	1848	1859	1910	1921	1931	1941	1952	<i>Then every 10 minutes until</i>	2202	2212	2222	2233	
Plaistow Greengate	1804	1814	1825	1836	1847	1858	1909	1920	1931	1941	1951	2001		2211	2221	2231	2242	
Upton Park The Boleyn (Barking Road)	1807	1817	1828	1839	1850	1901	1912	1923	1934	1943	1953	2003		2213	2223	2233	2244	
East Ham Newham Town Hall	1816	1826	1836	1847	1858	1909	1920	1931	1941	1950	2000	2010		2220	2230	2240	2251	
Barking Station	1826	1836	1846	1857	1908	1919	1930	1940	1950	1959	2009	2019		2229	2239	2249	2259	
Faircross Barking Bus Garage	1832	1842	1851	1902	1913	1924	1935	1945	1955	2004	2014	2024		2234	2244	2254	2303	
Becontree Martins Corner	1839	1849	1858	1909	1920	1931	1942	1952	2002	2011	2021	2031		2241	2251	2300	2309	
Becontree Heath Ship & Anchor	1847	1857	1906	1917	1928	1938	1949	1959	2009	2018	2028	2038		2248	2257	2305	2314	
Rush Green Road Dagenham Road	1853	1903	1912	1923	1933	1943	1954	2004	2014	2023	2033	2043		2253	2302	2310	2319	
Queen's Hospital	1856	1906	1915	1926	1936	1946	1957	2007	2017	2026	2036	2046		2256	2305	2313	2322	
Romford Station	1900	1910	1919	1930	1940	1950	2000	2010	2020	2029	2039	2049		2259	2308	2316	2325	
Romford Market St Edward's Way	1906	1915	1924	1933	1943	1953	2002	2012	2022	2031	2041	2051		2301	2310	2318	2327	
Canning Town Bus Station	2243	2254	<i>Then every 10 minutes until</i>		0024	0036	0048	0100										
Plaistow Greengate	2252	2302			0032	0044	0056	0108										
Upton Park The Boleyn (Barking Road)	2254	2304			0034	0046	0058	0110										
East Ham Newham Town Hall	2300	2310			0040	0052	0104	0116										
Barking Station	2308	2318			0048	0100	0112	0124										
Faircross Barking Bus Garage	2312	2322			0052	0104	0116	0128										
Becontree Martins Corner	2318	2328			0058	0110	0122	0134										
Becontree Heath Ship & Anchor	2323	2333			0103	0115	0127	0139										
Rush Green Road Dagenham Road	2328	2338			0108	0120	0132	0144										
Queen's Hospital	2331	2341			0111	0123	0135	0147										
Romford Station	2334	2344			0114	0126	0138	0150										
Romford Market St Edward's Way	2336	2346			0116	0128	0140	0152										