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Romford – Barking – Canning Town

5 Mondays to Thursdays																		
Romford Market St Edward's Way	0445		0604		1236		1910	1919	1928	1937			0010					
Romford Station	0448		0607		1249		1915	1924	1933	1942			0013					
Queen's Hospital	0451		0611		1254		1919	1928	1937	1946			0016					
Rush Green Road Dagenham Road	0455	Then	0616	Then	1300	Then	1925	1933	1942	1951	Then		0020					
Becontree Heath Ship & Anchor	0459	about	0620	about	1305	about	1930	1938	1947	1956	about		0023					
Becontree Martins Corner	0505	every 8	0627	every 6-7	1313	every 7-8	1938	1946	1955	2004	every 10		0028					
Faircross Barking Bus Garage	0512	minutes	0635	minutes	1321	minutes	1946	1954	2003	2012	minutes		0033					
Barking Station	0516	until	0641	until	1327	until	1953	2001	2009	2018	until		0036					
East Ham Newham Town Hall	0523		0650		1339		2003	2011	2019	2028			0043					
Upton Park The Boleyn (Barking Road)	0527		0655		1346		2009	2017	2025	2033			0047					
Plaistow Greengate	0530		0659		1351		2013	2021	2029	2037			0050					
Canning Town Bus Station	0537		0708		1400		2021	2029	2036	2044			0056					
5 Fridays																		
Romford Market St Edward's Way	0445		0604		1236		1910	1919	1928	1937			0010					
Romford Station	0448		0607		1249		1915	1924	1933	1942			0013					
Queen's Hospital	0451		0611		1254		1919	1928	1937	1946			0016					
Rush Green Road Dagenham Road	0455	Then	0616	Then	1300	Then	1925	1933	1942	1951	Then		0020					
Becontree Heath Ship & Anchor	0459	about	0620	about	1305	about	1930	1938	1947	1956	about		0024					
Becontree Martins Corner	0505	every 8	0627	every 6=7	1313	every 7-8	1938	1946	1955	2004	every 10		0030					
Faircross Barking Bus Garage	0512	minutes	0635	minutes	1321	minutes	1946	1954	2003	2012	minutes		0036					
Barking Station	0516	until	0641	until	1327	until	1953	2001	2009	2018	until		0039					
East Ham Newham Town Hall	0523		0650		1339		2003	2011	2019	2028			0046					
Upton Park The Boleyn (Barking Road)	0527		0655		1346		2009	2017	2025	2033			0050					
Plaistow Greengate	0530		0659		1351		2013	2021	2029	2037			0053					
Canning Town Bus Station	0537		0708		1400		2021	2029	2036	2044			0059					
5 Saturdays (also Good Friday)																		
Romford Market St Edward's Way	0445	0457	0509	0521	0533	0545	0557	0609	0621	0633	0645	0655	0705	0715	1834		0010	
Romford Station	0448	0500	0512	0524	0536	0548	0600	0612	0625	0637	0649	0659	0709	0719	1846		0013	
Queen's Hospital	0451	0503	0515	0527	0539	0551	0603	0615	0629	0641	0653	0703	0713	0723	1850		0016	
Rush Green Road Dagenham Road	0455	0507	0519	0531	0543	0555	0607	0619	0633	0646	0658	0708	0718	0728	Then	1856	Then	0020
Becontree Heath Ship & Anchor	0458	0510	0522	0534	0546	0558	0611	0623	0637	0650	0702	0712	0722	0732	about	1901	about	0024
Becontree Martins Corner	0504	0516	0528	0540	0552	0604	0617	0629	0643	0656	0708	0718	0728	0739	every	1909	every	0030
Faircross Barking Bus Garage	0510	0522	0534	0546	0558	0610	0623	0636	0650	0703	0715	0725	0735	0746	7-8	1917	10	0036
Barking Station	0513	0525	0537	0549	0602	0614	0627	0640	0654	0707	0719	0729	0739	0750	mins.	1923	mins.	0039
East Ham Newham Town Hall	0520	0532	0544	0556	0609	0621	0635	0648	0702	0715	0727	0737	0747	0758	until	1935	until	0046
Upton Park The Boleyn (Barking Road)	0524	0536	0548	0600	0613	0625	0639	0652	0706	0719	0731	0741	0752	0803		1942		0050
Plaistow Greengate	0527	0539	0551	0603	0616	0628	0642	0655	0709	0722	0734	0744	0755	0807		1947		0053
Canning Town Bus Station	0533	0545	0557	0609	0622	0634	0648	0702	0716	0729	0741	0751	0802	0814		1956		0059
5 Sundays and other Public Holidays (except Christmas Day)																		
Romford Market St Edward's Way	0445	0457	0509	0521	0533	0545	0557	0609	0621	0633	0645	0657	0709	0721	0733	0745	0755	0805
Romford Station	0448	0500	0512	0524	0536	0548	0600	0612	0624	0636	0648	0700	0712	0725	0737	0749	0759	0809
Queen's Hospital	0451	0503	0515	0527	0539	0551	0603	0615	0627	0639	0651	0703	0715	0728	0740	0752	0802	0813
Rush Green Road Dagenham Road	0455	0507	0519	0531	0543	0555	0607	0619	0631	0643	0655	0707	0719	0732	0744	0756	0806	0817
Becontree Heath Ship & Anchor	0458	0510	0522	0534	0546	0558	0610	0622	0634	0647	0659	0711	0723	0736	0748	0800	0810	0821
Becontree Martins Corner	0503	0515	0527	0539	0552	0604	0616	0628	0640	0653	0705	0717	0729	0742	0754	0806	0816	0827
Faircross Barking Bus Garage	0509	0521	0533	0545	0558	0610	0622	0634	0646	0659	0712	0724	0736	0749	0801	0813	0823	0834
Barking Station	0513	0525	0537	0549	0602	0614	0626	0638	0650	0703	0716	0728	0740	0753	0805	0817	0827	0838
East Ham Newham Town Hall	0520	0532	0544	0556	0609	0621	0633	0645	0657	0710	0723	0735	0747	0800	0812	0825	0835	0846
Upton Park The Boleyn (Barking Road)	0524	0536	0548	0600	0613	0625	0637	0649	0701	0714	0727	0739	0751	0804	0816	0829	0839	0850
Plaistow Greengate	0527	0539	0551	0603	0616	0628	0640	0652	0704	0717	0730	0742	0754	0807	0819	0832	0842	0853
Canning Town Bus Station	0533	0545	0557	0609	0622	0634	0646	0658	0710	0723	0736	0748	0800	0813	0826	0839	0849	0900
Romford Market St Edward's Way	0815	0825			1723													0010
Romford Station	0819	0829			1735													0013
Queen's Hospital	0823	0833			1739													0016
Rush Green Road Dagenham Road	0827	0837	Then		1744	Then												0020
Becontree Heath Ship & Anchor	0831	0841	about		1749	about												0023
Becontree Martins Corner	0837	0847	every 8-9		1757	every 10												0028
Faircross Barking Bus Garage	0844	0854	minutes		1805	minutes												0033
Barking Station	0848	0858	until		1811	until												0036
East Ham Newham Town Hall	0856	0906			1821													0043
Upton Park The Boleyn (Barking Road)	0900	0911			1828													0047
Plaistow Greengate	0903	0914			1832													0050
Canning Town Bus Station	0910	0921			1840													0056

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Canning Town – Barking – Romford

5 Mondays to Thursdays													
Canning Town Bus Station	0605		0727		1254		2030		0100				
Plaistow Greengate	0612		0735		1305		2039		0107				
Upton Park The Boleyn (Barking Road)	0614		0738		1308		2041		0109				
East Ham Newham Town Hall	0619	Then	0745	Then	1316	Then	2047	Then	0114				
Barking Station	0627	about	0756	about	1328	about	2056	about	0121				
Faircross Barking Bus Garage	0631	every 8	0803	every 6-7	1334	every 7-8	2101	every 10	0125				
Becontree Martins Corner	0637	minutes	0811	minutes	1342	minutes	2108	minutes	0131				
Becontree Heath Ship & Anchor	0643	until	0821	until	1350	until	2114	until	0136				
Rush Green Road Dagenham Road	0649		0828		1357		2119		0140				
Queen's Hospital	0653		0832		1401		2122		0143				
Romford Station	0657		0837		1406		2126		0146				
Romford Market St Edward's Way	0700		0840		1416		2128		0148				
5 Fridays													
Canning Town Bus Station	0605		0727		1254		2030		0100				
Plaistow Greengate	0612		0735		1305		2039		0108				
Upton Park The Boleyn (Barking Road)	0614		0738		1308		2041		0110				
East Ham Newham Town Hall	0619	Then	0745	Then	1316	Then	2047	Then	0115				
Barking Station	0627	about	0756	about	1328	about	2056	about	0122				
Faircross Barking Bus Garage	0631	every 8	0803	every 6-7	1334	every 7-8	2101	every 10	0126				
Becontree Martins Corner	0637	minutes	0811	minutes	1342	minutes	2108	minutes	0132				
Becontree Heath Ship & Anchor	0643	until	0821	until	1350	until	2114	until	0137				
Rush Green Road Dagenham Road	0649		0828		1357		2119		0141				
Queen's Hospital	0653		0832		1401		2122		0144				
Romford Station	0657		0837		1406		2126		0147				
Romford Market St Edward's Way	0700		0840		1416		2128		0149				
5 Saturdays (also Good Friday)													
Canning Town Bus Station	0605		0729	0740	0750	0800	0810		1930		0100		
Plaistow Greengate	0612		0736	0748	0758	0808	0818		1940		0108		
Upton Park The Boleyn (Barking Road)	0614		0738	0750	0800	0810	0820		1943		0110		
East Ham Newham Town Hall	0619		0743	0755	0805	0815	0825	Then	1951	Then	0115		
Barking Station	0627	Then	0751	0803	0813	0823	0833	about	2002	about	0122		
Faircross Barking Bus Garage	0631	every 12	0755	0807	0817	0827	0837	every 7-8	2007	every 10	0126		
Becontree Martins Corner	0637	minutes	0801	0813	0823	0833	0844	minutes	2015	minutes	0132		
Becontree Heath Ship & Anchor	0643	until	0807	0819	0829	0839	0850	until	2022	until	0137		
Rush Green Road Dagenham Road	0648		0812	0824	0834	0844	0856		2027		0141		
Queen's Hospital	0651		0815	0827	0837	0847	0859		2030		0144		
Romford Station	0655		0819	0831	0841	0851	0903		2034		0147		
Romford Market St Edward's Way	0658		0822	0834	0844	0854	0906		2037		0149		
5 Sundays and other Public Holidays (except Christmas Day)													
Canning Town Bus Station	0605		0753	0805	0817	0829	0840	0850	0900		1832		0100
Plaistow Greengate	0612		0800	0812	0824	0837	0848	0858	0908		1842		0107
Upton Park The Boleyn (Barking Road)	0614		0802	0814	0826	0839	0850	0900	0910		1845		0109
East Ham Newham Town Hall	0619		0807	0819	0831	0844	0856	0906	0916	Then	1853	Then	0114
Barking Station	0627	Then	0815	0827	0839	0852	0904	0915	0925	about	1904	about	0121
Faircross Barking Bus Garage	0631	every 12	0819	0831	0843	0856	0909	0920	0930	every 8-9	1909	every 10	0125
Becontree Martins Corner	0637	minutes	0825	0838	0850	0903	0916	0927	0937	minutes	1917	minutes	0131
Becontree Heath Ship & Anchor	0643	until	0831	0844	0856	0909	0922	0933	0943	until	1924	until	0136
Rush Green Road Dagenham Road	0648		0836	0849	0901	0914	0927	0938	0948		1930		0140
Queen's Hospital	0651		0839	0852	0904	0917	0930	0941	0951		1933		0143
Romford Station	0655		0843	0856	0908	0921	0934	0945	0955		1937		0146
Romford Market St Edward's Way	0657		0845	0858	0911	0924	0937	0948	0958		1943		0148