

| 25 Mondays to Fridays | | | | | | | | | | | | | | | | | | |
|-------------------------------------|-------------------------------|------|------|------|---------|-----------|------|-----------|--|------------|---------|---------|------|------|------------|------|-------|------|
| | MO | MX | MO | | | | | | | | | | | | | FX | FO | |
| Ilford High Road Hainault Street | 0001 | 0005 | 0007 | 0013 | | | | | | | | | | | | 2359 | 2359 | |
| Manor Park Broadway | 0009 | 0013 | 0015 | 0021 | | | | | | | | | | | | 0008 | 0008 | |
| Forest Gate Police Station | 0013 | 0017 | 0019 | 0025 | | | | | | | | | | | | 0012 | 0012 | |
| Stratford Broadway Tramway Avenue | 0019 | 0023 | 0025 | 0031 | Then | 0423 | 0432 | Then | 0541 | minutes to | 1941 | Then | | | | 0018 | 0018 | |
| Bow Church Station | 0028 | 0031 | 0034 | 0039 | about | 0430 | 0440 | about | 0550 | Mile End | 1955 | about | | | | 0026 | 0027 | |
| Mile End Station | 0031 | 0034 | 0037 | 0042 | every 8 | 0432 | 0443 | every 6-8 | 0553 | and about | 1959 | every 6 | | | | 0029 | 0030 | |
| Whitechapel Station | 0039 | 0040 | 0045 | 0049 | minutes | 0438 | 0450 | minutes | 0600 | every 7-8 | 2009 | minutes | | | | 0035 | 0038 | |
| Aldgate Station Aldgate High Street | 0045 | 0048 | 0051 | 0055 | until | 0443 | 0455 | until | 0609 | minutes to | 2017 | until | | | | 0043 | 0048 | |
| Bank Station Poultry | 0049 | 0052 | 0055 | 0101 | | 0448 | 0459 | | 0614 | Oxford | 2022 | | | | | 0047 | 0055 | |
| Holborn Station High Holborn | 0055 | 0100 | 0101 | 0109 | | 0457 | 0507 | | 0623 | Circus | 2041 | | | | | 0055 | 0104 | |
| Tottenham Ct.Rd.Stn.New Oxford St. | 0059 | 0104 | 0105 | 0112 | | 0500 | 0510 | | 0627 | until | 2045 | | | | | 0059 | 0108 | |
| Oxford Circus Holles Street | 0110 | 0117 | 0114 | 0119 | | 0506 | 0520 | | 0637 | | 2059 | | | | | 0112 | 0119 | |
| 25 Saturdays | | | | | | | | | | | | | | | | | | |
| Ilford High Road Hainault Street | 0005 | 0017 | 0029 | 0041 | 0053 | 0105 | 0117 | 0129 | 0141 | 0153 | 0205 | 0217 | 0229 | 0241 | 0253 | 0305 | 0317 | 0329 |
| Manor Park Broadway | 0013 | 0025 | 0037 | 0049 | 0101 | 0113 | 0125 | 0137 | 0149 | 0201 | 0213 | 0225 | 0237 | 0249 | 0301 | 0313 | 0325 | 0337 |
| Forest Gate Police Station | 0017 | 0029 | 0041 | 0053 | 0105 | 0117 | 0129 | 0141 | 0153 | 0204 | 0216 | 0228 | 0240 | 0252 | 0304 | 0316 | 0328 | 0340 |
| Stratford Broadway Tramway Avenue | 0023 | 0035 | 0047 | 0059 | 0111 | 0123 | 0135 | 0147 | 0159 | 0209 | 0221 | 0233 | 0245 | 0257 | 0309 | 0321 | 0333 | 0345 |
| Bow Church Station | 0032 | 0043 | 0055 | 0107 | 0118 | 0130 | 0142 | 0154 | 0206 | 0216 | 0228 | 0240 | 0252 | 0304 | 0316 | 0328 | 0340 | 0352 |
| Mile End Station | 0035 | 0046 | 0058 | 0109 | 0120 | 0132 | 0144 | 0156 | 0208 | 0218 | 0230 | 0242 | 0254 | 0306 | 0318 | 0330 | 0342 | 0354 |
| Whitechapel Station | 0043 | 0054 | 0106 | 0116 | 0127 | 0139 | 0151 | 0203 | 0214 | 0224 | 0236 | 0248 | 0300 | 0312 | 0324 | 0336 | 0348 | 0400 |
| Aldgate Station Aldgate High Street | 0053 | 0101 | 0112 | 0122 | 0133 | 0145 | 0157 | 0208 | 0219 | 0229 | 0241 | 0253 | 0305 | 0317 | 0329 | 0341 | 0353 | 0405 |
| Bank Station Poultry | 0100 | 0109 | 0120 | 0130 | 0141 | 0153 | 0205 | 0214 | 0225 | 0235 | 0247 | 0259 | 0310 | 0322 | 0334 | 0346 | 0358 | 0410 |
| Holborn Station High Holborn | 0109 | 0119 | 0130 | 0140 | 0151 | 0203 | 0214 | 0223 | 0234 | 0244 | 0256 | 0308 | 0319 | 0331 | 0343 | 0355 | 0407 | 0419 |
| Tottenham Ct.Rd.Stn.New Oxford St. | 0113 | 0123 | 0134 | 0144 | 0155 | 0207 | 0218 | 0227 | 0238 | 0248 | 0300 | 0311 | 0322 | 0334 | 0346 | 0358 | 0410 | 0422 |
| Oxford Circus Holles Street | 0124 | 0132 | 0143 | 0153 | 0204 | 0216 | 0227 | 0236 | 0247 | 0257 | 0309 | 0320 | 0331 | 0343 | 0355 | 0407 | 0417 | 0429 |
| Ilford High Road Hainault Street | 0341 | 0353 | 0405 | 0407 | 0414 | 0421 | 0428 | 0436 | 0442 | 0450 | | | | 0744 | | 1913 | | 2355 |
| Manor Park Broadway | 0349 | 0401 | 0413 | 0416 | 0423 | 0430 | 0437 | 0445 | 0451 | 0459 | | | | 0754 | Then about | 1931 | | 0008 |
| Forest Gate Police Station | 0352 | 0404 | 0416 | 0420 | 0427 | 0434 | 0441 | 0449 | 0455 | 0503 | | | | 0759 | every 3-4 | 1937 | | 0012 |
| Stratford Broadway Tramway Avenue | 0357 | 0409 | 0421 | 0426 | 0433 | 0440 | 0447 | 0455 | 0501 | 0510 | | | | 0806 | minutes to | 1947 | Then | 0019 |
| Bow Church Station | 0404 | 0416 | 0428 | 0434 | 0441 | 0448 | 0455 | 0503 | 0509 | 0518 | Then | | | 0816 | Mile End | 2001 | about | 0029 |
| Mile End Station | 0406 | 0418 | 0430 | 0436 | 0443 | 0450 | 0457 | 0506 | 0512 | 0521 | every 6 | | | 0819 | and about | 2005 | every | 0032 |
| Whitechapel Station | 0412 | 0424 | 0436 | 0442 | 0449 | 0456 | 0503 | 0512 | 0518 | 0527 | minutes | | | 0827 | every 7-8 | 2016 | 6 | 0040 |
| Aldgate Station Aldgate High Street | 0417 | 0429 | 0441 | 0447 | 0454 | 0501 | 0508 | 0517 | 0523 | 0532 | until | | | 0834 | minutes to | 2025 | mins. | 0048 |
| Bank Station Poultry | 0422 | 0434 | 0446 | 0451 | 0458 | 0506 | 0513 | 0522 | 0528 | 0537 | | | | 0840 | Oxford | 2030 | until | 0053 |
| Holborn Station High Holborn | 0431 | 0443 | 0455 | 0458 | 0505 | 0513 | 0520 | 0529 | 0535 | 0544 | | | | 0848 | Circus | 2037 | | 0100 |
| Tottenham Ct.Rd.Stn.New Oxford St. | 0434 | 0446 | 0458 | 0501 | 0508 | 0516 | 0523 | 0532 | 0538 | 0547 | | | | 0852 | until | 2042 | | 0104 |
| Oxford Circus Holles Street | 0441 | 0453 | 0505 | 0510 | 0517 | 0525 | 0532 | 0541 | 0547 | 0556 | | | | 0903 | | 2056 | | 0118 |
| 25 Sundays | | | | | | | | | | | | | | | | | | |
| Ilford High Road Hainault Street | 0001 | 0007 | 0017 | 0029 | 0041 | 0053 | 0105 | 0117 | 0129 | 0141 | 0153 | 0205 | 0217 | 0229 | 0241 | 0253 | 0305 | 0317 |
| Manor Park Broadway | 0013 | 0018 | 0026 | 0038 | 0050 | 0102 | 0113 | 0125 | 0137 | 0149 | 0201 | 0212 | 0224 | 0236 | 0248 | 0300 | 0313 | 0325 |
| Forest Gate Police Station | 0017 | 0022 | 0030 | 0042 | 0054 | 0106 | 0117 | 0129 | 0141 | 0153 | 0204 | 0215 | 0227 | 0239 | 0251 | 0303 | 0316 | 0328 |
| Stratford Broadway Tramway Avenue | 0024 | 0029 | 0037 | 0049 | 0101 | 0112 | 0123 | 0135 | 0147 | 0159 | 0210 | 0221 | 0233 | 0245 | 0257 | 0309 | 0322 | 0334 |
| Bow Church Station | 0034 | 0039 | 0046 | 0058 | 0109 | 0120 | 0131 | 0143 | 0155 | 0207 | 0217 | 0228 | 0240 | 0252 | 0304 | 0316 | 0329 | 0341 |
| Mile End Station | 0037 | 0042 | 0049 | 0101 | 0112 | 0123 | 0134 | 0146 | 0158 | 0209 | 0219 | 0230 | 0242 | 0254 | 0306 | 0318 | 0331 | 0343 |
| Whitechapel Station | 0045 | 0050 | 0057 | 0108 | 0119 | 0130 | 0141 | 0153 | 0205 | 0215 | 0225 | 0236 | 0248 | 0300 | 0312 | 0324 | 0337 | 0349 |
| Aldgate Station Aldgate High Street | 0053 | 0058 | 0104 | 0114 | 0125 | 0136 | 0147 | 0159 | 0210 | 0220 | 0230 | 0241 | 0253 | 0305 | 0317 | 0329 | 0342 | 0354 |
| Bank Station Poultry | 0058 | 0103 | 0112 | 0122 | 0133 | 0144 | 0155 | 0207 | 0216 | 0226 | 0236 | 0247 | 0259 | 0310 | 0322 | 0334 | 0347 | 0359 |
| Holborn Station High Holborn | 0105 | 0110 | 0122 | 0132 | 0143 | 0154 | 0205 | 0216 | 0225 | 0235 | 0245 | 0256 | 0308 | 0319 | 0331 | 0343 | 0356 | 0408 |
| Tottenham Ct.Rd.Stn.New Oxford St. | 0109 | 0114 | 0125 | 0135 | 0146 | 0157 | 0208 | 0219 | 0228 | 0238 | 0248 | 0259 | 0311 | 0322 | 0334 | 0346 | 0359 | 0411 |
| Oxford Circus Holles Street | 0123 | 0128 | 0135 | 0145 | 0156 | 0207 | 0217 | 0228 | 0237 | 0247 | 0257 | 0308 | 0320 | 0331 | 0343 | 0355 | 0408 | 0418 |
| Ilford High Road Hainault Street | 0329 | 0341 | 0353 | 0405 | 0407 | | | 0805 | | | | | | | | | | 2355 |
| Manor Park Broadway | 0337 | 0349 | 0401 | 0413 | 0416 | | | 0815 | | | | | | | | | | 0004 |
| Forest Gate Police Station | 0340 | 0352 | 0404 | 0416 | 0420 | | | 0820 | | | | | | | | | | 0008 |
| Stratford Broadway Tramway Avenue | 0346 | 0358 | 0410 | 0422 | 0426 | Then | | 0827 | Then | | | | | | | | | 0014 |
| Bow Church Station | 0353 | 0405 | 0417 | 0429 | 0434 | about | | 0837 | about | | | | | | | | | 0023 |
| Mile End Station | 0355 | 0408 | 0420 | 0432 | 0436 | every 7-8 | | 0840 | every 6 | | | | | | | | | 0026 |
| Whitechapel Station | 0401 | 0414 | 0426 | 0438 | 0442 | minutes | | 0847 | minutes | | | | | | | | | 0034 |
| Aldgate Station Aldgate High Street | 0405 | 0418 | 0430 | 0442 | 0447 | until | | 0853 | until | | | | | | | | | 0040 |
| Bank Station Poultry | 0410 | 0423 | 0435 | 0447 | 0451 | | | 0857 | | | | | | | | | | 0044 |
| Holborn Station High Holborn | 0419 | 0432 | 0444 | 0456 | 0458 | | | 0907 | | | | | | | | | | 0050 |
| Tottenham Ct.Rd.Stn.New Oxford St. | 0422 | 0435 | 0447 | 0459 | 0502 | | | 0911 | | | | | | | | | | 0054 |
| Oxford Circus Holles Street | 0429 | 0442 | 0454 | 0506 | 0511 | | | 0924 | | | | | | | | | | 0106 |
| Notes: | MO - Operates on Mondays only | | | | | | | | MX - Operates on Tuesdays to Fridays only | | | | | | | | | |
| | FO - Operates on Fridays only | | | | | | | | FX - Operates on Mondays to Thursdays only | | | | | | | | | |

| 25 Mondays to Thursdays | | | | | | | | | | | | | | | | | | |
|-------------------------------------|------|------|------|---------|------|------|-------|------|---------|-------|-----------|------|-------|---------|-------------|-----------------|-------|------|
| | MX | MO | | | | | | | | | | | | | FX | FO | | |
| Oxford Circus Holles Street | 0003 | 0004 | | | | | | 0058 | | | | | | | 2052 | 2357 2357 | | |
| Tottenham Ct.Rd.Stn.New Oxford St. | 0015 | 0016 | | | | | | 0109 | | | | | | | 2107 | 0010 0012 | | |
| Holborn Station Procter Street | 0020 | 0020 | | | | | | 0112 | | | | | | | 2112 | 0015 0016 | | |
| Bank Station Poultry | 0028 | 0028 | | Then | | | | 0119 | Then | | | | | 0718 | 2122 | Then 0023 0024 | | |
| Aldgate Station Aldgate High Street | 0032 | 0032 | | about | | | | 0125 | about | | | | | 0723 | 2127 | about 0027 0030 | | |
| Whitechapel Station | 0039 | 0039 | | every 6 | | | | 0131 | every 8 | | | | | 0730 | 2134 | every 0034 0042 | | |
| Mile End Station | 0047 | 0048 | | minutes | | | | 0139 | minutes | | | | | 0738 | 2143 | 6 0042 0050 | | |
| Bow Church Station | 0050 | 0052 | | until | | | | 0142 | until | | | | | 0741 | 2148 | mins. 0045 0053 | | |
| Stratford Bus Station | 0059 | 0102 | | | | | | 0149 | | | | | | 0751 | 2158 | until 0054 0102 | | |
| Forest Gate Police Station | 0109 | 0112 | | | | | | 0158 | | | | | | 0802 | 2210 | 0104 0111 | | |
| Manor Park Broadway | 0112 | 0115 | | | | | | 0201 | | | | | | 0807 | 2214 | 0107 0114 | | |
| Ilford High Road Hainault Street | 0120 | 0123 | | | | | | 0208 | | | | | | 0820 | 2224 | 0115 0122 | | |
| 25 Saturdays | | | | | | | | | | | | | | | | | | |
| Oxford Circus Holles Street | 0003 | 0009 | 0016 | 0022 | 0034 | 0046 | 0058 | 0110 | 0121 | 0132 | 0143 | 0155 | 0207 | 0219 | 0231 | 0243 | 0255 | 0307 |
| Tottenham Ct.Rd.Stn.New Oxford St. | 0019 | 0025 | 0032 | 0038 | 0052 | 0104 | 0116 | 0128 | 0139 | 0150 | 0201 | 0213 | 0224 | 0234 | 0245 | 0257 | 0309 | 0321 |
| Holborn Station Procter Street | 0023 | 0029 | 0036 | 0042 | 0056 | 0108 | 0120 | 0132 | 0143 | 0154 | 0204 | 0216 | 0227 | 0237 | 0248 | 0300 | 0312 | 0324 |
| Bank Station Poultry | 0031 | 0037 | 0044 | 0051 | 0105 | 0116 | 0128 | 0140 | 0151 | 0202 | 0211 | 0223 | 0234 | 0244 | 0255 | 0306 | 0318 | 0330 |
| Aldgate Station Aldgate High Street | 0037 | 0043 | 0050 | 0059 | 0113 | 0124 | 0136 | 0148 | 0159 | 0208 | 0217 | 0229 | 0240 | 0250 | 0301 | 0311 | 0323 | 0335 |
| Whitechapel Station | 0049 | 0055 | 0102 | 0108 | 0122 | 0133 | 0145 | 0157 | 0208 | 0214 | 0223 | 0235 | 0246 | 0256 | 0306 | 0316 | 0328 | 0340 |
| Mile End Station | 0057 | 0103 | 0110 | 0118 | 0132 | 0143 | 0155 | 0207 | 0216 | 0222 | 0231 | 0243 | 0254 | 0304 | 0313 | 0323 | 0335 | 0347 |
| Bow Church Station | 0100 | 0106 | 0113 | 0121 | 0135 | 0146 | 0158 | 0210 | 0219 | 0225 | 0234 | 0246 | 0257 | 0307 | 0316 | 0326 | 0338 | 0350 |
| Stratford Bus Station | 0109 | 0115 | 0122 | 0129 | 0143 | 0154 | 0206 | 0218 | 0227 | 0233 | 0242 | 0254 | 0305 | 0314 | 0323 | 0333 | 0345 | 0357 |
| Forest Gate Police Station | 0118 | 0124 | 0131 | 0138 | 0152 | 0203 | 0214 | 0226 | 0235 | 0241 | 0250 | 0302 | 0313 | 0322 | 0331 | 0341 | 0353 | 0405 |
| Manor Park Broadway | 0121 | 0127 | 0134 | 0141 | 0155 | 0206 | 0217 | 0229 | 0238 | 0244 | 0253 | 0305 | 0316 | 0325 | 0334 | 0344 | 0356 | 0408 |
| Ilford High Road Hainault Street | 0129 | 0135 | 0142 | 0149 | 0203 | 0214 | 0225 | 0237 | 0246 | 0252 | 0301 | 0312 | 0323 | 0332 | 0341 | 0351 | 0403 | 0415 |
| Oxford Circus Holles Street | 0319 | 0331 | 0343 | 0355 | 0407 | 0419 | | 0455 | 0518 | | | 0603 | | 0856 | | 2018 | | 2358 |
| Tottenham Ct.Rd.Stn.New Oxford St. | 0333 | 0345 | 0357 | 0409 | 0419 | 0429 | | 0505 | 0527 | | | 0612 | | 0907 | | 2034 | | 0013 |
| Holborn Station Procter Street | 0336 | 0348 | 0400 | 0412 | 0422 | 0432 | | 0508 | 0531 | | | 0616 | | 0912 | | 2038 | | 0017 |
| Bank Station Poultry | 0342 | 0354 | 0406 | 0418 | 0428 | 0438 | Then | 0514 | 0539 | Then | | 0624 | Then | 0921 | minutes | 2048 | Then | 0025 |
| Aldgate Station Aldgate High Street | 0347 | 0359 | 0411 | 0423 | 0433 | 0443 | every | 0519 | 0544 | about | | 0629 | about | 0926 | from Oxford | 2054 | about | 0030 |
| Whitechapel Station | 0352 | 0404 | 0416 | 0428 | 0438 | 0448 | 12 | 0524 | 0549 | every | | 0635 | every | 0933 | Circus | 2103 | every | 0039 |
| Mile End Station | 0359 | 0410 | 0422 | 0434 | 0444 | 0454 | mins. | 0530 | 0555 | 7-8 | | 0641 | 6 | 0942 | and about | 2115 | 6 | 0048 |
| Bow Church Station | 0402 | 0412 | 0424 | 0436 | 0446 | 0456 | until | 0532 | 0557 | mins. | | 0644 | mins. | 0947 | every 3-4 | 2120 | mins. | 0051 |
| Stratford Bus Station | 0409 | 0419 | 0431 | 0443 | 0453 | 0503 | | 0539 | 0606 | until | | 0653 | until | 0958 | minutes | 2131 | until | 0100 |
| Forest Gate Police Station | 0417 | 0427 | 0439 | 0451 | 0501 | 0511 | | 0547 | 0615 | | | 0702 | | 1010 | from Mile | 2144 | | 0112 |
| Manor Park Broadway | 0420 | 0430 | 0442 | 0454 | 0504 | 0514 | | 0550 | 0618 | | | 0706 | | 1014 | End until | 2149 | | 0116 |
| Ilford High Road Hainault Street | 0427 | 0437 | 0449 | 0501 | 0512 | 0522 | | 0558 | 0627 | | | 0715 | | 1026 | | 2200 | | 0126 |
| 25 Sundays | | | | | | | | | | | | | | | | | | |
| Oxford Circus Holles Street | 0004 | 0010 | 0016 | 0022 | 0034 | 0046 | 0058 | 0110 | 0121 | 0132 | 0143 | 0155 | 0207 | 0219 | 0231 | 0243 | 0255 | 0307 |
| Tottenham Ct.Rd.Stn.New Oxford St. | 0018 | 0024 | 0030 | 0039 | 0051 | 0103 | 0115 | 0127 | 0138 | 0149 | 0200 | 0212 | 0222 | 0234 | 0246 | 0258 | 0310 | 0321 |
| Holborn Station Procter Street | 0022 | 0028 | 0034 | 0043 | 0055 | 0107 | 0119 | 0131 | 0142 | 0153 | 0204 | 0216 | 0226 | 0238 | 0250 | 0302 | 0314 | 0325 |
| Bank Station Poultry | 0030 | 0036 | 0042 | 0051 | 0103 | 0114 | 0126 | 0138 | 0149 | 0200 | 0211 | 0223 | 0233 | 0245 | 0257 | 0309 | 0321 | 0332 |
| Aldgate Station Aldgate High Street | 0035 | 0041 | 0047 | 0100 | 0112 | 0123 | 0135 | 0147 | 0158 | 0206 | 0217 | 0229 | 0239 | 0251 | 0303 | 0315 | 0327 | 0338 |
| Whitechapel Station | 0044 | 0050 | 0056 | 0110 | 0122 | 0133 | 0145 | 0156 | 0208 | 0213 | 0224 | 0236 | 0246 | 0258 | 0309 | 0321 | 0333 | 0344 |
| Mile End Station | 0053 | 0059 | 0105 | 0120 | 0132 | 0143 | 0155 | 0205 | 0216 | 0221 | 0232 | 0244 | 0254 | 0306 | 0316 | 0328 | 0340 | 0351 |
| Bow Church Station | 0056 | 0102 | 0108 | 0123 | 0135 | 0146 | 0158 | 0208 | 0219 | 0224 | 0235 | 0247 | 0257 | 0309 | 0319 | 0331 | 0343 | 0354 |
| Stratford Bus Station | 0105 | 0111 | 0117 | 0131 | 0143 | 0154 | 0206 | 0216 | 0227 | 0232 | 0243 | 0255 | 0305 | 0317 | 0327 | 0339 | 0351 | 0402 |
| Forest Gate Police Station | 0117 | 0123 | 0129 | 0140 | 0152 | 0203 | 0214 | 0224 | 0235 | 0240 | 0251 | 0303 | 0314 | 0326 | 0336 | 0348 | 0400 | 0410 |
| Manor Park Broadway | 0121 | 0127 | 0133 | 0143 | 0155 | 0206 | 0217 | 0227 | 0238 | 0243 | 0254 | 0306 | 0317 | 0329 | 0339 | 0351 | 0403 | 0413 |
| Ilford High Road Hainault Street | 0131 | 0137 | 0143 | 0151 | 0203 | 0214 | 0225 | 0235 | 0246 | 0251 | 0302 | 0314 | 0325 | 0337 | 0347 | 0359 | 0410 | 0420 |
| Oxford Circus Holles Street | 0319 | 0331 | 0343 | 0355 | 0407 | 0419 | 0431 | 0443 | 0455 | 0518 | | | 0748 | | | 2358 | | |
| Tottenham Ct.Rd.Stn.New Oxford St. | 0333 | 0345 | 0357 | 0409 | 0418 | 0430 | 0442 | 0454 | 0506 | 0528 | | | 0758 | | | 0011 | | |
| Holborn Station Procter Street | 0337 | 0349 | 0401 | 0412 | 0421 | 0433 | 0445 | 0457 | 0509 | 0532 | | | 0802 | | | 0015 | | |
| Bank Station Poultry | 0344 | 0356 | 0407 | 0418 | 0427 | 0439 | 0451 | 0503 | 0515 | 0540 | Then | | 0810 | Then | | 0023 | | |
| Aldgate Station Aldgate High Street | 0350 | 0402 | 0412 | 0423 | 0432 | 0444 | 0456 | 0508 | 0520 | 0545 | about | | 0815 | about | | 0027 | | |
| Whitechapel Station | 0356 | 0407 | 0417 | 0428 | 0437 | 0449 | 0501 | 0513 | 0525 | 0550 | every 7-8 | | 0821 | every 6 | | 0034 | | |
| Mile End Station | 0403 | 0413 | 0423 | 0434 | 0443 | 0455 | 0508 | 0520 | 0532 | 0556 | minutes | | 0828 | minutes | | 0043 | | |
| Bow Church Station | 0406 | 0416 | 0426 | 0437 | 0446 | 0458 | 0511 | 0523 | 0535 | 0559 | until | | 0832 | until | | 0047 | | |
| Stratford Bus Station | 0413 | 0423 | 0433 | 0444 | 0453 | 0505 | 0518 | 0530 | 0542 | 0608 | | | 0842 | | | 0057 | | |
| Forest Gate Police Station | 0421 | 0431 | 0441 | 0452 | 0501 | 0513 | 0526 | 0538 | 0550 | 0618 | | | 0852 | | | 0108 | | |
| Manor Park Broadway | 0424 | 0434 | 0444 | 0455 | 0504 | 0516 | 0529 | 0541 | 0553 | 0621 | | | 0855 | | | 0111 | | |
| Ilford High Road Hainault Street | 0431 | 0441 | 0451 | 0502 | 0511 | 0523 | 0536 | 0548 | 0600 | 0629 | | | 0904 | | | 0119 | | |

Notes: MO - Operates on Mondays only MX - Operates on Tuesdays to Fridays only
FO - Operates on Fridays only FX - Operates on Mondays to Thursdays only