

25	Mondays to Thursdays																	
Ilford High Road <i>Hainault Street</i>	0410	0420	0430	0440	0450	0457	0505	0512	0520	0527	0535	0542	0550	0557	0605	0611	0617	0623
Manor Park <i>Broadway</i>	0419	0429	0439	0449	0459	0506	0514	0521	0529	0536	0544	0551	0559	0606	0615	0621	0627	0633
Forest Gate <i>Police Station</i>	0424	0434	0444	0454	0504	0511	0519	0526	0534	0541	0549	0556	0604	0611	0620	0626	0632	0638
Stratford <i>Bus Station</i>	0434	0444	0454	0504	0514	0521	0529	0536	0544	0551	0559	0607	0616	0623	0632	0638	0644	0650
Bow Church Station	0444	0454	0504	0514	0524	0531	0539	0546	0554	0601	0609	0619	0628	0635	0644	0650	0656	0702
Mile End Station	0447	0457	0507	0517	0527	0534	0542	0549	0557	0604	0612	0622	0631	0638	0647	0653	0659	0706
Whitechapel Station	0454	0504	0514	0524	0534	0541	0549	0556	0604	0612	0620	0630	0639	0646	0655	0701	0709	0716
Aldgate Station <i>Aldgate High Street</i>	0500	0510	0520	0530	0540	0547	0555	0602	0613	0621	0629	0639	0648	0655	0704	0711	0719	0726
Bank Station <i>Cornhill</i>	0504	0514	0524	0534	0544	0551	0559	0607	0618	0626	0634	0644	0653	0700	0712	0719	0727	0734
St Paul's Station <i>Newgate Street</i>	0508	0518	0528	0538	0548	0555	0603	0612	0623	0631	0639	0649	0658	0706	0718	0725	0733	0740
Holborn Circus <i>Charterhouse Street</i>	0514	0524	0534	0544	0554	0601	0609	0618	0629	0637	0645	0655	0704	0713	0725	0732	0740	0747
Ilford High Road <i>Hainault Street</i>	0629	0634	0642	0646	0651	0654	0702	0709	0715	0722	0729	0736	0743	0750	0758	0805	0813	0820
Manor Park <i>Broadway</i>	0639	0644	0652	0656	0701	0704	0715	0722	0728	0735	0742	0749	0756	0804	0812	0820	0828	0835
Forest Gate <i>Police Station</i>	0644	0649	0657	0701	0708	0711	0722	0729	0735	0742	0749	0756	0803	0811	0819	0827	0835	0842
Stratford <i>Bus Station</i>	0656	0701	0709	0715	0722	0725	0736	0743	0749	0756	0803	0810	0818	0826	0834	0842	0850	0857
Bow Church Station	0710	0717	0725	0731	0738	0742	0752	0759	0805	0812	0820	0827	0835	0843	0851	0859	0907	0914
Mile End Station	0714	0721	0729	0735	0742	0748	0756	0803	0811	0818	0826	0833	0841	0849	0857	0905	0912	0918
Whitechapel Station	0724	0731	0739	0746	0754	0800	0808	0815	0823	0830	0838	0845	0853	0901	0909	0916	0923	0929
Aldgate Station <i>Aldgate High Street</i>	0734	0741	0749	0756	0804	0811	0819	0826	0834	0841	0849	0856	0904	0911	0919	0926	0933	0939
Bank Station <i>Cornhill</i>	0742	0749	0757	0804	0813	0820	0828	0835	0843	0850	0858	0905	0914	0921	0929	0936	0943	0949
St Paul's Station <i>Newgate Street</i>	0748	0755	0803	0810	0819	0826	0834	0841	0849	0856	0904	0911	0920	0927	0935	0942	0949	0955
Holborn Circus <i>Charterhouse Street</i>	0755	0802	0810	0817	0826	0833	0841	0848	0856	0903	0911	0918	0927	0934	0942	0949	0956	1002
Ilford High Road <i>Hainault Street</i>	0828	0835	0843	0850	0858	0905	0913	0920	0928	0935	0943	0950	0958	1005	1013	1020	1028	1035
Manor Park <i>Broadway</i>	0843	0850	0858	0905	0913	0918	0926	0933	0941	0948	0956	1003	1011	1018	1026	1033	1041	1048
Forest Gate <i>Police Station</i>	0850	0857	0905	0912	0920	0925	0933	0940	0948	0955	1003	1009	1017	1024	1032	1039	1047	1054
Stratford <i>Bus Station</i>	0905	0912	0919	0926	0934	0939	0947	0954	1002	1009	1016	1022	1030	1037	1045	1052	1100	1107
Bow Church Station	0922	0929	0936	0943	0951	0956	1004	1011	1018	1025	1032	1038	1046	1053	1101	1108	1116	1123
Mile End Station	0926	0933	0940	0947	0955	1000	1008	1015	1022	1029	1036	1042	1050	1057	1105	1112	1120	1127
Whitechapel Station	0937	0944	0951	0958	1006	1011	1019	1026	1033	1040	1047	1053	1101	1108	1116	1123	1131	1138
Aldgate Station <i>Aldgate High Street</i>	0947	0954	1001	1008	1016	1022	1030	1037	1044	1051	1058	1104	1110	1117	1125	1132	1140	1147
Bank Station <i>Cornhill</i>	0957	1004	1012	1019	1027	1033	1041	1048	1055	1102	1109	1114	1120	1127	1135	1142	1150	1157
St Paul's Station <i>Newgate Street</i>	1003	1010	1018	1025	1033	1039	1047	1054	1101	1108	1115	1120	1126	1133	1141	1148	1156	1203
Holborn Circus <i>Charterhouse Street</i>	1010	1017	1025	1032	1040	1046	1054	1101	1108	1115	1122	1127	1133	1140	1148	1155	1203	1210
Ilford High Road <i>Hainault Street</i>	1043	1050	1058	1105	1113	1120	1128	1135	1143	1150	1158	1205	1213	1220	1228	1235	1243	1250
Manor Park <i>Broadway</i>	1056	1103	1111	1119	1127	1134	1142	1149	1157	1204	1212	1219	1227	1234	1242	1249	1257	1304
Forest Gate <i>Police Station</i>	1102	1110	1118	1126	1134	1141	1149	1156	1204	1210	1218	1225	1233	1240	1248	1255	1303	1310
Stratford <i>Bus Station</i>	1115	1123	1131	1139	1147	1154	1202	1209	1217	1223	1231	1238	1246	1253	1301	1308	1316	1323
Bow Church Station	1131	1139	1147	1155	1203	1210	1219	1226	1234	1240	1248	1255	1303	1310	1317	1324	1332	1339
Mile End Station	1135	1143	1151	1159	1207	1214	1223	1230	1238	1244	1252	1259	1307	1314	1321	1328	1336	1343
Whitechapel Station	1146	1154	1202	1210	1218	1225	1234	1241	1249	1255	1303	1310	1318	1325	1332	1339	1347	1354
Aldgate Station <i>Aldgate High Street</i>	1155	1203	1211	1219	1227	1234	1243	1250	1258	1304	1312	1319	1327	1334	1341	1348	1356	1403
Bank Station <i>Cornhill</i>	1205	1212	1220	1228	1236	1243	1252	1259	1307	1313	1320	1327	1335	1342	1349	1356	1404	1410
St Paul's Station <i>Newgate Street</i>	1211	1218	1226	1234	1242	1249	1258	1305	1313	1319	1326	1333	1341	1348	1355	1402	1410	1416
Holborn Circus <i>Charterhouse Street</i>	1218	1225	1233	1241	1249	1256	1305	1312	1320	1326	1333	1340	1348	1355	1402	1409	1417	1423
Ilford High Road <i>Hainault Street</i>	1258	1305	1313	1320	1328	1335	1343	1350	1358	1405	1412	1419	1427	1433	1441	1447	1454	1500
Manor Park <i>Broadway</i>	1312	1319	1327	1334	1342	1349	1357	1404	1412	1420	1427	1434	1442	1448	1456	1502	1509	1516
Forest Gate <i>Police Station</i>	1318	1325	1333	1340	1348	1355	1403	1410	1418	1426	1433	1440	1448	1454	1502	1509	1516	1523
Stratford <i>Bus Station</i>	1331	1338	1346	1353	1401	1408	1416	1423	1431	1439	1446	1453	1501	1508	1516	1523	1530	1537
Bow Church Station	1347	1354	1402	1409	1417	1424	1432	1439	1447	1455	1502	1509	1517	1524	1532	1539	1546	1553
Mile End Station	1351	1358	1406	1413	1421	1428	1436	1443	1451	1459	1506	1513	1521	1528	1536	1543	1550	1557
Whitechapel Station	1402	1409	1417	1424	1432	1439	1447	1454	1502	1510	1518	1525	1533	1540	1548	1555	1602	1609
Aldgate Station <i>Aldgate High Street</i>	1411	1418	1426	1433	1441	1448	1456	1503	1511	1518	1526	1533	1541	1548	1556	1603	1611	1618
Bank Station <i>Cornhill</i>	1417	1424	1432	1439	1447	1454	1502	1510	1518	1525	1533	1540	1548	1555	1603	1610	1618	1625
St Paul's Station <i>Newgate Street</i>	1423	1430	1438	1445	1453	1500	1508	1515	1523	1530	1538	1545	1553	1600	1609	1616	1624	1631
Holborn Circus <i>Charterhouse Street</i>	1430	1437	1445	1452	1500	1507	1515	1522	1530	1537	1545	1552	1600	1607	1616	1623	1631	1638



25	Fridays																	
Ilford High Road Hainault Street	0410	0420	0430	0440	0450	0457	0505	0512	0520	0527	0535	0542	0550	0557	0605	0611	0617	0623
Manor Park Broadway	0419	0429	0439	0449	0459	0506	0514	0521	0529	0536	0544	0551	0559	0606	0615	0621	0627	0633
Forest Gate Police Station	0424	0434	0444	0454	0504	0511	0519	0526	0534	0541	0549	0556	0604	0611	0620	0626	0632	0638
Stratford Bus Station	0434	0444	0454	0504	0514	0521	0529	0536	0544	0551	0559	0607	0616	0623	0632	0638	0644	0650
Bow Church Station	0444	0454	0504	0514	0524	0531	0539	0546	0554	0601	0609	0619	0628	0635	0644	0650	0656	0702
Mile End Station	0447	0457	0507	0517	0527	0534	0542	0549	0557	0604	0612	0622	0631	0638	0647	0653	0659	0706
Whitechapel Station	0454	0504	0514	0524	0534	0541	0549	0556	0604	0612	0620	0630	0639	0646	0655	0701	0709	0716
Aldgate Station Aldgate High Street	0500	0510	0520	0530	0540	0547	0555	0602	0613	0621	0629	0639	0648	0655	0704	0711	0719	0726
Bank Station Cornhill	0504	0514	0524	0534	0544	0551	0559	0607	0618	0626	0634	0644	0653	0700	0712	0719	0727	0734
St Paul's Station Newgate Street	0508	0518	0528	0538	0548	0555	0603	0612	0623	0631	0639	0649	0658	0706	0718	0725	0733	0740
Holborn Circus Charterhouse Street	0514	0524	0534	0544	0554	0601	0609	0618	0629	0637	0645	0655	0704	0713	0725	0732	0740	0747
Ilford High Road Hainault Street	0629	0634	0642	0646	0651	0654	0702	0709	0715	0722	0729	0736	0743	0750	0758	0805	0813	0820
Manor Park Broadway	0639	0644	0652	0656	0701	0704	0715	0722	0728	0735	0742	0749	0756	0804	0812	0820	0828	0835
Forest Gate Police Station	0644	0649	0657	0701	0708	0711	0722	0729	0735	0742	0749	0756	0803	0811	0819	0827	0835	0842
Stratford Bus Station	0656	0701	0709	0715	0722	0725	0736	0743	0749	0756	0803	0810	0818	0826	0834	0842	0850	0857
Bow Church Station	0710	0717	0725	0731	0738	0742	0752	0759	0805	0812	0820	0827	0835	0843	0851	0859	0907	0914
Mile End Station	0714	0721	0729	0735	0742	0748	0756	0803	0811	0818	0826	0833	0841	0849	0857	0905	0912	0918
Whitechapel Station	0724	0731	0739	0746	0754	0800	0808	0815	0823	0830	0838	0845	0853	0901	0909	0916	0923	0929
Aldgate Station Aldgate High Street	0734	0741	0749	0756	0804	0811	0819	0826	0834	0841	0849	0856	0904	0911	0919	0926	0933	0939
Bank Station Cornhill	0742	0749	0757	0804	0813	0820	0828	0835	0843	0850	0858	0905	0914	0921	0929	0936	0943	0949
St Paul's Station Newgate Street	0748	0755	0803	0810	0819	0826	0834	0841	0849	0856	0904	0911	0920	0927	0935	0942	0949	0955
Holborn Circus Charterhouse Street	0755	0802	0810	0817	0826	0833	0841	0848	0856	0903	0911	0918	0927	0934	0942	0949	0956	1002
Ilford High Road Hainault Street	0828	0835	0843	0850	0858	0905	0913	0920	0928	0935	0943	0950	0958	1005	1013	1020	1028	1035
Manor Park Broadway	0843	0850	0858	0905	0913	0918	0926	0933	0941	0948	0956	1003	1011	1018	1026	1033	1041	1048
Forest Gate Police Station	0850	0857	0905	0912	0920	0925	0933	0940	0948	0955	1003	1009	1017	1024	1032	1039	1047	1054
Stratford Bus Station	0905	0912	0919	0926	0934	0939	0947	0954	1002	1009	1016	1022	1030	1037	1045	1052	1100	1107
Bow Church Station	0922	0929	0936	0943	0951	0956	1004	1011	1018	1025	1032	1038	1046	1053	1101	1108	1116	1123
Mile End Station	0926	0933	0940	0947	0955	1000	1008	1015	1022	1029	1036	1042	1050	1057	1105	1112	1120	1127
Whitechapel Station	0937	0944	0951	0958	1006	1011	1019	1026	1033	1040	1047	1053	1101	1108	1116	1123	1131	1138
Aldgate Station Aldgate High Street	0947	0954	1001	1008	1016	1022	1030	1037	1044	1051	1058	1104	1110	1117	1125	1132	1140	1147
Bank Station Cornhill	0957	1004	1012	1019	1027	1033	1041	1048	1055	1102	1109	1114	1120	1127	1135	1142	1150	1157
St Paul's Station Newgate Street	1003	1010	1018	1025	1033	1039	1047	1054	1101	1108	1115	1120	1126	1133	1141	1148	1156	1203
Holborn Circus Charterhouse Street	1010	1017	1025	1032	1040	1046	1054	1101	1108	1115	1122	1127	1133	1140	1148	1155	1203	1210
Ilford High Road Hainault Street	1043	1050	1058	1105	1113	1120	1128	1135	1143	1150	1158	1205	1213	1220	1228	1235	1243	1250
Manor Park Broadway	1056	1103	1111	1119	1127	1134	1142	1149	1157	1204	1212	1219	1227	1234	1242	1249	1257	1304
Forest Gate Police Station	1102	1110	1118	1126	1134	1141	1149	1156	1204	1210	1218	1225	1233	1240	1248	1255	1303	1310
Stratford Bus Station	1115	1123	1131	1139	1147	1154	1202	1209	1217	1223	1231	1238	1246	1253	1301	1308	1316	1323
Bow Church Station	1131	1139	1147	1155	1203	1210	1219	1226	1234	1240	1248	1255	1303	1310	1317	1324	1332	1339
Mile End Station	1135	1143	1151	1159	1207	1214	1223	1230	1238	1244	1252	1259	1307	1314	1321	1328	1336	1343
Whitechapel Station	1146	1154	1202	1210	1218	1225	1234	1241	1249	1255	1303	1310	1318	1325	1332	1339	1347	1354
Aldgate Station Aldgate High Street	1155	1203	1211	1219	1227	1234	1243	1250	1258	1304	1312	1319	1327	1334	1341	1348	1356	1403
Bank Station Cornhill	1205	1212	1220	1228	1236	1243	1252	1259	1307	1313	1320	1327	1335	1342	1349	1356	1404	1410
St Paul's Station Newgate Street	1211	1218	1226	1234	1242	1249	1258	1305	1313	1319	1326	1333	1341	1348	1355	1402	1410	1416
Holborn Circus Charterhouse Street	1218	1225	1233	1241	1249	1256	1305	1312	1320	1326	1333	1340	1348	1355	1402	1409	1417	1423
Ilford High Road Hainault Street	1258	1305	1313	1320	1328	1335	1343	1350	1358	1405	1412	1419	1427	1433	1441	1447	1454	1500
Manor Park Broadway	1312	1319	1327	1334	1342	1349	1357	1404	1412	1420	1427	1434	1442	1448	1456	1502	1509	1516
Forest Gate Police Station	1318	1325	1333	1340	1348	1355	1403	1410	1418	1426	1433	1440	1448	1454	1502	1509	1516	1523
Stratford Bus Station	1331	1338	1346	1353	1401	1408	1416	1423	1431	1439	1446	1453	1501	1508	1516	1523	1530	1537
Bow Church Station	1347	1354	1402	1409	1417	1424	1432	1439	1447	1455	1502	1509	1517	1524	1532	1539	1546	1553
Mile End Station	1351	1358	1406	1413	1421	1428	1436	1443	1451	1459	1506	1513	1521	1528	1536	1543	1550	1557
Whitechapel Station	1402	1409	1417	1424	1432	1439	1447	1454	1502	1510	1518	1525	1533	1540	1548	1555	1602	1609
Aldgate Station Aldgate High Street	1411	1418	1426	1433	1441	1448	1456	1503	1511	1518	1526	1533	1541	1548	1556	1603	1611	1618
Bank Station Cornhill	1417	1424	1432	1439	1447	1454	1502	1510	1518	1525	1533	1540	1548	1555	1603	1610	1618	1625
St Paul's Station Newgate Street	1423	1430	1438	1445	1453	1500	1508	1515	1523	1530	1538	1545	1553	1600	1609	1616	1624	1631
Holborn Circus Charterhouse Street	1430	1437	1445	1452	1500	1507	1515	1522	1530	1537	1545	1552	1600	1607	1616	1623	1631	1638
Ilford High Road Hainault Street	1508	1515	1523	1530	1538	1545	1553	1600	1607	1613	1620	1627	1635	1642	1650	1658	1706	1714
Manor Park Broadway	1524	1531	1539	1546	1554	1601	1609	1616	1623	1629	1636	1643	1651	1658	1706	1714	1722	1730
Forest Gate Police Station	1531	1538	1546	1553	1601	1608	1616	1623	1630	1636	1643	1650	1658	1705	1712	1720	1728	1736
Stratford Bus Station	1545	1552	1600	1607	1615	1622	1630	1637	1644	1650	1657	1704	1712	1718	1725	1733	1741	1749
Bow Church Station	1601	1608	1616	1623	1631	1638	1646	1653	1700	1706	1713	1720	1728	1734	1741	1749	1757	1805
Mile End Station	1605	1612	1620	1627	1635	1642	1650	1657	1704	1710	1717	1724	1732	1738	1745	1753	1801	1809
Whitechapel Station	1616	1623	1631	1638	1646	1653	1701	1708	1715	1721	1728	1735	1743	1749	1756	1804	1812	1819
Aldgate Station Aldgate High Street	1625	1632	1640	1647	1655	1702	1710	1717	1724	1730	1737	1744	1752	1758	1805	1813	1821	1828
Bank Station Cornhill	1632	1639	1647	1654	1702	1709	1717	1724	1731	1737	1744	1751	1759	1805	1813	1821	1829	1836
St Paul's Station Newgate Street	1638	1645	1653	1700	1708	1715	1723	1730	1737	1743	1750	1757	1805	1811	1819	1827	1835	1842
Holborn Circus Charterhouse Street	1645	1652	1700	1707	1715	1722	1730	1737	1744	1750	1757	1804	1812	1818	1826	1834	1842	1849



25	Saturdays (also Good Friday) (cont.)																	
Ilford High Road Hainault Street	1123	1130	1138	1145	1152	1200	1208	1215	1223	1230	1238	1245	1253	1300	1308	1315	1323	1330
Manor Park Broadway	1139	1146	1154	1201	1209	1218	1226	1233	1241	1248	1256	1303	1311	1319	1327	1334	1342	1349
Forest Gate Police Station	1145	1152	1200	1207	1215	1224	1232	1239	1247	1254	1302	1310	1318	1326	1334	1341	1349	1356
Stratford Bus Station	1159	1206	1214	1221	1229	1238	1246	1253	1301	1309	1317	1325	1333	1341	1349	1356	1404	1411
Bow Church Station	1215	1222	1230	1237	1245	1254	1302	1309	1317	1325	1333	1341	1349	1357	1405	1412	1420	1427
Mile End Station	1219	1226	1234	1241	1249	1258	1306	1313	1321	1329	1337	1345	1353	1401	1409	1416	1424	1431
Whitechapel Station	1230	1237	1245	1252	1300	1309	1317	1324	1332	1340	1348	1356	1404	1412	1420	1427	1435	1442
Aldgate Station Aldgate High Street	1237	1244	1253	1300	1308	1317	1325	1332	1340	1348	1356	1404	1412	1420	1428	1435	1443	1450
Bank Station Cornhill	1242	1249	1258	1305	1313	1322	1330	1337	1345	1353	1401	1409	1417	1425	1433	1440	1448	1455
St Paul's Station Newgate Street	1248	1255	1304	1312	1320	1329	1337	1344	1352	1400	1408	1416	1424	1432	1440	1447	1455	1502
Holborn Circus Charterhouse Street	1254	1301	1310	1318	1326	1335	1343	1350	1358	1406	1414	1422	1430	1438	1446	1453	1501	1508
Ilford High Road Hainault Street	1338	1345	1353	1400	1408	1415	1423	1430	1438	1445	1453	1500	1508	1515	1523	1530	1538	1545
Manor Park Broadway	1357	1404	1412	1419	1427	1434	1442	1449	1457	1504	1512	1519	1527	1534	1542	1549	1557	1604
Forest Gate Police Station	1404	1411	1419	1426	1434	1441	1449	1456	1504	1511	1519	1526	1534	1541	1549	1556	1604	1611
Stratford Bus Station	1419	1426	1434	1441	1449	1456	1503	1510	1518	1525	1533	1540	1548	1555	1603	1610	1617	1624
Bow Church Station	1435	1442	1450	1457	1505	1512	1520	1527	1535	1542	1550	1557	1605	1612	1620	1627	1634	1641
Mile End Station	1439	1446	1454	1501	1509	1516	1524	1531	1539	1546	1554	1601	1609	1616	1624	1631	1638	1645
Whitechapel Station	1450	1457	1505	1512	1520	1527	1535	1542	1550	1557	1605	1611	1619	1626	1634	1641	1648	1655
Aldgate Station Aldgate High Street	1458	1505	1514	1521	1529	1536	1544	1551	1559	1606	1614	1620	1628	1635	1643	1650	1657	1704
Bank Station Cornhill	1503	1510	1519	1526	1534	1541	1549	1556	1604	1611	1619	1625	1633	1640	1648	1655	1702	1709
St Paul's Station Newgate Street	1509	1516	1525	1532	1540	1547	1555	1602	1610	1617	1625	1631	1639	1646	1654	1701	1708	1715
Holborn Circus Charterhouse Street	1515	1522	1531	1538	1546	1553	1601	1608	1616	1623	1631	1637	1645	1652	1700	1707	1714	1721
Ilford High Road Hainault Street	1553	1600	1608	1615	1623	1630	1638	1645	1653	1700	1708	1715	1723	1730	1738	1745	1753	1800
Manor Park Broadway	1612	1618	1626	1633	1641	1648	1656	1703	1711	1718	1726	1733	1741	1748	1756	1803	1811	1818
Forest Gate Police Station	1619	1625	1633	1640	1648	1655	1703	1710	1718	1725	1733	1740	1748	1755	1803	1809	1817	1824
Stratford Bus Station	1632	1638	1646	1653	1701	1708	1716	1723	1731	1738	1746	1753	1801	1808	1816	1822	1830	1837
Bow Church Station	1649	1655	1703	1710	1718	1725	1733	1740	1748	1755	1803	1810	1817	1824	1832	1838	1846	1853
Mile End Station	1653	1659	1707	1714	1722	1729	1737	1744	1752	1759	1807	1814	1821	1828	1836	1842	1850	1857
Whitechapel Station	1703	1709	1717	1724	1732	1739	1747	1754	1802	1809	1817	1824	1831	1838	1846	1852	1900	1907
Aldgate Station Aldgate High Street	1712	1718	1726	1733	1741	1748	1756	1803	1811	1818	1826	1833	1840	1847	1855	1901	1908	1915
Bank Station Cornhill	1717	1723	1731	1738	1746	1753	1801	1808	1816	1823	1831	1838	1845	1852	1900	1906	1913	1920
St Paul's Station Newgate Street	1723	1729	1737	1744	1752	1759	1807	1814	1822	1829	1837	1844	1851	1858	1906	1912	1919	1926
Holborn Circus Charterhouse Street	1729	1735	1743	1750	1758	1805	1813	1820	1828	1835	1843	1850	1857	1904	1912	1918	1925	1932
Ilford High Road Hainault Street	1808	1815	1823	1830	1838	1845	1853	1900	1908	1915	1923	1930	1938	1948	1958	2008	2018	2028
Manor Park Broadway	1826	1833	1841	1848	1856	1903	1911	1917	1925	1932	1940	1947	1955	2005	2015	2024	2033	2042
Forest Gate Police Station	1832	1839	1847	1854	1902	1909	1917	1923	1931	1938	1946	1953	2001	2011	2021	2030	2039	2048
Stratford Bus Station	1845	1852	1900	1907	1915	1922	1930	1936	1944	1951	1959	2005	2012	2022	2032	2041	2050	2059
Bow Church Station	1901	1908	1915	1922	1930	1937	1945	1951	1959	2006	2014	2020	2027	2037	2047	2056	2105	2114
Mile End Station	1905	1912	1919	1926	1934	1941	1949	1955	2003	2010	2018	2024	2031	2041	2051	2100	2108	2117
Whitechapel Station	1915	1922	1929	1936	1944	1951	1959	2005	2013	2020	2028	2034	2041	2051	2101	2110	2118	2127
Aldgate Station Aldgate High Street	1923	1930	1937	1944	1952	1959	2007	2012	2020	2027	2035	2041	2048	2058	2108	2117	2125	2134
Bank Station Cornhill	1928	1935	1942	1949	1957	2004	2011	2016	2024	2031	2039	2045	2052	2102	2112	2121	2129	2138
St Paul's Station Newgate Street	1934	1941	1948	1955	2003	2010	2017	2022	2030	2037	2045	2051	2058	2107	2117	2126	2134	2143
Holborn Circus Charterhouse Street	1940	1947	1954	2001	2009	2016	2023	2028	2036	2043	2051	2057	2104	2113	2123	2132	2140	2149
Ilford High Road Hainault Street	2038	2048	2058	2108	2118	2128	2138	2148	2158	2208	2218	2228	2238	2248	2258	2308		0008
Manor Park Broadway	2052	2102	2112	2121	2130	2140	2150	2200	2210	2219	2229	2239	2249	2259	2309	2318		0018
Forest Gate Police Station	2058	2107	2117	2126	2135	2145	2155	2205	2215	2224	2234	2244	2254	2304	2314	2323		0023
Stratford Bus Station	2109	2117	2127	2136	2145	2155	2205	2215	2225	2234	2244	2254	2304	2313	2323	2332	Then	0032
Bow Church Station	2122	2130	2140	2149	2158	2208	2216	2226	2236	2245	2255	2305	2315	2324	2334	2343	every	0043
Mile End Station	2125	2133	2143	2152	2201	2211	2219	2229	2239	2248	2258	2308	2318	2327	2337	2346	10	0046
Whitechapel Station	2135	2143	2153	2202	2210	2219	2227	2237	2247	2256	2306	2316	2326	2335	2345	2354	mins.	0054
Aldgate Station Aldgate High Street	2142	2150	2200	2209	2217	2226	2234	2244	2254	2303	2313	2323	2333	2342	2352	0001	until	0101
Bank Station Cornhill	2146	2154	2204	2213	2221	2230	2238	2248	2258	2308	2318	2328	2338	2347	2357	0006		0106
St Paul's Station Newgate Street	2151	2159	2209	2218	2226	2235	2243	2253	2303	2314	2324	2334	2344	2353	0003	0012		0112
Holborn Circus Charterhouse Street	2157	2205	2215	2224	2232	2241	2249	2259	2309	2320	2330	2340	2350	2359	0009	0018		0118

25		Sundays and other Public Holidays (except Christmas Day)																	
Ilford High Road Hainault Street	0410	Then every 12 minutes until	0546	0558	0610	0622	0634	0646	0658	0710	0722	0734	0746	0758	0810	0822	0832	0832	0842
Manor Park Broadway	0419		0555	0607	0619	0631	0643	0655	0707	0719	0731	0743	0755	0807	0820	0832	0842	0842	0847
Forest Gate Police Station	0423		0559	0612	0624	0636	0648	0700	0712	0724	0736	0748	0800	0812	0825	0837	0847	0847	0857
Stratford Bus Station	0432		0608	0621	0633	0645	0657	0710	0722	0734	0746	0758	0810	0822	0835	0847	0857	0857	0909
Bow Church Station	0442		0618	0631	0643	0655	0707	0720	0732	0744	0756	0809	0822	0834	0847	0859	0909	0909	0913
Mile End Station	0445		0621	0634	0646	0658	0710	0723	0735	0747	0759	0812	0825	0837	0850	0902	0913	0913	0922
Whitechapel Station	0452		0628	0641	0653	0705	0717	0730	0742	0754	0806	0819	0832	0844	0857	0911	0922	0922	0928
Aldgate Station Aldgate High Street	0457		0633	0646	0658	0710	0722	0735	0747	0759	0811	0824	0837	0849	0902	0917	0928	0928	0932
Bank Station Cornhill	0501		0637	0650	0702	0714	0726	0739	0751	0803	0815	0828	0841	0853	0906	0921	0932	0932	0936
St Paul's Station Newgate Street	0505	0641	0654	0706	0718	0730	0743	0755	0807	0819	0832	0845	0857	0910	0925	0936	0936	0942	
Holborn Circus Charterhouse Street	0511	0647	0700	0712	0724	0736	0749	0801	0813	0825	0838	0851	0903	0916	0931	0942	0942	1119	
Ilford High Road Hainault Street	0842	0852	0902	0911	0921	0930	0939	0948	0957	1005	1013	1022	1031	1040	1050	1059	1109	1119	1133
Manor Park Broadway	0852	0902	0913	0922	0932	0941	0950	0959	1009	1018	1026	1035	1044	1053	1103	1113	1123	1133	1139
Forest Gate Police Station	0857	0908	0919	0928	0938	0947	0956	1005	1015	1024	1032	1041	1050	1059	1109	1119	1129	1139	1152
Stratford Bus Station	0907	0918	0929	0938	0948	0957	1007	1017	1027	1036	1044	1053	1102	1112	1122	1132	1142	1152	1209
Bow Church Station	0920	0931	0942	0951	1001	1011	1021	1031	1041	1050	1059	1109	1119	1129	1139	1149	1159	1209	1213
Mile End Station	0924	0935	0946	0955	1005	1015	1025	1035	1045	1054	1103	1113	1123	1133	1143	1153	1203	1213	1224
Whitechapel Station	0933	0944	0955	1004	1014	1024	1034	1044	1054	1103	1113	1123	1133	1143	1153	1203	1214	1224	1237
Aldgate Station Aldgate High Street	0939	0950	1001	1011	1021	1031	1041	1051	1101	1111	1121	1131	1141	1151	1201	1211	1222	1232	1237
Bank Station Cornhill	0943	0954	1006	1016	1026	1036	1046	1056	1106	1116	1126	1136	1146	1156	1206	1216	1227	1237	1243
St Paul's Station Newgate Street	0947	0959	1011	1021	1031	1041	1051	1101	1112	1122	1132	1142	1152	1202	1212	1222	1233	1243	1249
Holborn Circus Charterhouse Street	0953	1005	1017	1027	1037	1047	1057	1107	1118	1128	1138	1148	1158	1208	1218	1228	1239	1249	1419
Ilford High Road Hainault Street	1130	1140	1150	1200	1210	1220	1230	1240	1249	1259	1309	1319	1329	1339	1349	1359	1409	1419	1438
Manor Park Broadway	1144	1155	1206	1217	1227	1237	1247	1257	1306	1317	1328	1338	1348	1358	1408	1418	1428	1438	1445
Forest Gate Police Station	1150	1201	1213	1224	1234	1244	1254	1304	1313	1324	1335	1345	1355	1405	1415	1425	1435	1445	1459
Stratford Bus Station	1203	1215	1227	1238	1248	1258	1308	1318	1327	1337	1346	1357	1408	1419	1429	1440	1450	1500	1515
Bow Church Station	1219	1231	1243	1254	1304	1314	1323	1333	1342	1353	1404	1414	1425	1435	1445	1455	1505	1515	1519
Mile End Station	1223	1235	1247	1258	1308	1318	1327	1337	1346	1357	1408	1418	1429	1439	1449	1459	1509	1519	1531
Whitechapel Station	1234	1246	1258	1309	1319	1329	1338	1348	1357	1408	1419	1429	1440	1450	1500	1510	1521	1531	1539
Aldgate Station Aldgate High Street	1242	1254	1306	1317	1327	1337	1346	1356	1405	1416	1427	1437	1448	1458	1508	1518	1529	1539	1550
Bank Station Cornhill	1247	1259	1311	1322	1332	1342	1351	1401	1410	1421	1432	1442	1453	1503	1513	1523	1534	1544	1550
St Paul's Station Newgate Street	1253	1305	1317	1328	1338	1348	1357	1407	1416	1427	1438	1448	1459	1509	1519	1529	1540	1550	1718
Holborn Circus Charterhouse Street	1259	1311	1323	1334	1344	1354	1403	1413	1422	1433	1444	1454	1505	1515	1525	1535	1546	1556	1734
Ilford High Road Hainault Street	1429	1438	1448	1458	1508	1518	1528	1538	1548	1558	1608	1618	1628	1638	1648	1658	1708	1718	1734
Manor Park Broadway	1448	1457	1507	1517	1526	1535	1545	1555	1605	1615	1624	1634	1644	1654	1704	1714	1724	1734	1740
Forest Gate Police Station	1455	1504	1514	1524	1533	1542	1552	1602	1611	1621	1630	1640	1650	1700	1710	1720	1730	1740	1753
Stratford Bus Station	1509	1518	1528	1538	1547	1556	1606	1615	1624	1634	1643	1653	1703	1713	1723	1733	1743	1753	1808
Bow Church Station	1526	1535	1545	1555	1604	1613	1623	1632	1641	1651	1700	1710	1719	1728	1738	1748	1758	1808	1812
Mile End Station	1530	1539	1549	1559	1608	1617	1627	1636	1645	1655	1704	1714	1723	1732	1742	1752	1802	1812	1823
Whitechapel Station	1542	1551	1601	1611	1620	1629	1639	1648	1657	1707	1716	1725	1735	1744	1753	1803	1813	1822	1832
Aldgate Station Aldgate High Street	1550	1559	1610	1620	1629	1638	1648	1657	1706	1716	1725	1735	1744	1753	1803	1813	1822	1832	1836
Bank Station Cornhill	1555	1604	1615	1625	1634	1643	1653	1702	1711	1721	1730	1740	1749	1758	1807	1817	1826	1836	1841
St Paul's Station Newgate Street	1601	1609	1620	1630	1639	1648	1658	1707	1716	1726	1735	1745	1754	1803	1812	1822	1831	1841	1847
Holborn Circus Charterhouse Street	1607	1615	1626	1636	1645	1654	1704	1713	1722	1732	1741	1751	1800	1809	1818	1828	1837	1847	1918
Ilford High Road Hainault Street	1728	1738	1748	1758	1808	1818	1828	1838	1848	1858	1908	1918	1928	1938	1948	1958	2008	2018	2031
Manor Park Broadway	1744	1754	1804	1814	1822	1832	1842	1852	1902	1912	1921	1931	1941	1951	2001	2011	2021	2031	2036
Forest Gate Police Station	1750	1800	1810	1820	1828	1838	1848	1858	1908	1918	1927	1937	1947	1957	2006	2016	2026	2036	2046
Stratford Bus Station	1802	1811	1821	1831	1839	1849	1859	1909	1919	1929	1938	1948	1958	2008	2017	2026	2036	2046	2059
Bow Church Station	1816	1825	1835	1845	1853	1903	1913	1923	1933	1943	1952	2002	2012	2021	2030	2039	2049	2059	2103
Mile End Station	1820	1829	1839	1849	1857	1907	1917	1927	1937	1947	1956	2006	2016	2025	2034	2043	2053	2103	2112
Whitechapel Station	1831	1840	1850	1900	1908	1918	1928	1938	1948	1958	2007	2016	2026	2035	2044	2053	2103	2112	2126
Aldgate Station Aldgate High Street	1840	1849	1859	1907	1915	1925	1935	1945	1955	2005	2013	2022	2032	2041	2050	2059	2109	2118	2122
Bank Station Cornhill	1844	1853	1903	1911	1919	1929	1939	1949	1959	2009	2017	2026	2036	2045	2054	2103	2113	2122	2126
St Paul's Station Newgate Street	1849	1858	1907	1915	1923	1933	1943	1953	2003	2013	2021	2030	2040	2049	2058	2107	2117	2126	2132
Holborn Circus Charterhouse Street	1855	1904	1913	1921	1929	1939	1949	1959	2009	2019	2027	2036	2046	2055	2104	2113	2123	2132	2132
Ilford High Road Hainault Street	2028	2038	2048	2058	2108	2118	2128	2138	2148	2158	2208	2218	2228	2238	2248	2258	Then every 10 mins. until	0008	0017
Manor Park Broadway	2041	2051	2101	2111	2120	2129	2138	2148	2158	2208	2217	2227	2237	2247	2257	2307		0021	0021
Forest Gate Police Station	2046	2056	2106	2116	2125	2134	2143	2153	2203	2213	2222	2232	2242	2252	2302	2311		0030	0030
Stratford Bus Station	2056	2106	2115	2125	2134	2143	2152	2202	2212	2222	2231	2241	2251	2301	2311	2320		0040	0040
Bow Church Station	2109	2117	2126	2136	2145	2154	2203	2212	2222	2232	2241	2251							

25	Mondays to Thursdays																	
Holborn Circus Charterhouse Street	0510	0520	0530	0540	0550	0557	0605	0612	0620	0627	0635	0642	0650	0657	0703	0711	0718	0726
St Paul's Station Newgate Street	0513	0523	0533	0543	0553	0600	0608	0615	0623	0630	0638	0645	0653	0700	0707	0715	0722	0730
Bank Station Cornhill	0518	0528	0538	0548	0558	0605	0613	0620	0628	0635	0643	0650	0658	0706	0713	0721	0728	0736
Aldgate Station Aldgate High Street	0522	0532	0542	0552	0602	0610	0618	0625	0633	0640	0648	0655	0703	0711	0718	0726	0733	0741
Whitechapel Station	0527	0537	0547	0557	0608	0616	0624	0631	0639	0646	0654	0701	0709	0717	0724	0732	0739	0747
Mile End Station	0533	0543	0553	0603	0614	0622	0630	0637	0645	0652	0700	0708	0716	0724	0731	0739	0746	0754
Bow Church Station	0535	0545	0555	0606	0617	0625	0633	0640	0648	0655	0703	0711	0719	0727	0734	0742	0749	0757
Stratford Bus Station	0543	0553	0603	0615	0626	0634	0642	0649	0657	0704	0713	0721	0729	0737	0744	0752	0759	0808
Forest Gate Police Station	0552	0602	0612	0624	0635	0643	0651	0658	0707	0715	0724	0732	0740	0748	0755	0803	0811	0820
Manor Park Broadway	0555	0605	0615	0627	0638	0646	0654	0701	0711	0719	0728	0736	0744	0752	0759	0808	0816	0825
Ilford High Road Hainault Street	0604	0614	0624	0636	0647	0655	0703	0712	0722	0730	0739	0747	0755	0803	0810	0820	0828	0837
Holborn Circus Charterhouse Street	0733	0739	0745	0752	0757	0804	0811	0819	0827	0836	0843	0851	0858	0906	0913	0921	0928	0936
St Paul's Station Newgate Street	0737	0743	0749	0756	0801	0809	0816	0824	0832	0841	0848	0856	0903	0911	0918	0926	0933	0941
Bank Station Cornhill	0743	0749	0755	0802	0809	0817	0824	0832	0840	0849	0856	0904	0910	0918	0925	0933	0940	0948
Aldgate Station Aldgate High Street	0748	0754	0800	0808	0815	0823	0830	0838	0846	0855	0902	0910	0916	0924	0931	0939	0946	0954
Whitechapel Station	0754	0800	0807	0815	0822	0830	0837	0845	0853	0902	0910	0918	0924	0932	0939	0947	0954	1002
Mile End Station	0801	0809	0816	0824	0831	0839	0846	0854	0902	0911	0919	0927	0933	0941	0948	0956	1003	1011
Bow Church Station	0805	0813	0820	0828	0835	0843	0850	0858	0907	0916	0924	0932	0938	0946	0953	1001	1007	1015
Stratford Bus Station	0816	0824	0831	0839	0846	0854	0901	0909	0918	0927	0935	0943	0949	0957	1004	1012	1018	1026
Forest Gate Police Station	0828	0836	0843	0851	0858	0906	0914	0922	0931	0940	0948	0956	1002	1010	1017	1025	1031	1039
Manor Park Broadway	0833	0841	0848	0856	0903	0911	0919	0927	0936	0945	0953	1001	1007	1015	1022	1030	1036	1044
Ilford High Road Hainault Street	0845	0853	0900	0908	0915	0923	0931	0939	0948	0957	1005	1013	1019	1027	1034	1042	1048	1056
Holborn Circus Charterhouse Street	0943	0951	0958	1006	1012	1020	1027	1035	1041	1049	1056	1104	1111	1119	1126	1133	1140	1148
St Paul's Station Newgate Street	0948	0956	1003	1011	1017	1025	1032	1040	1046	1054	1101	1109	1116	1124	1131	1138	1145	1153
Bank Station Cornhill	0955	1003	1010	1018	1024	1032	1039	1047	1053	1101	1108	1116	1123	1131	1138	1145	1152	1200
Aldgate Station Aldgate High Street	1001	1010	1017	1025	1031	1039	1046	1054	1100	1108	1115	1123	1130	1138	1145	1152	1159	1207
Whitechapel Station	1010	1019	1026	1034	1040	1048	1055	1103	1110	1118	1125	1133	1140	1148	1155	1202	1209	1217
Mile End Station	1019	1028	1035	1043	1049	1057	1104	1113	1120	1128	1135	1143	1150	1158	1205	1213	1220	1228
Bow Church Station	1023	1032	1039	1047	1053	1101	1109	1118	1125	1133	1140	1148	1155	1203	1210	1218	1225	1233
Stratford Bus Station	1033	1042	1049	1057	1103	1112	1120	1129	1136	1144	1151	1159	1206	1214	1221	1229	1236	1244
Forest Gate Police Station	1046	1055	1102	1110	1116	1125	1133	1142	1149	1157	1204	1212	1219	1227	1234	1242	1249	1257
Manor Park Broadway	1051	1100	1107	1115	1121	1130	1138	1147	1154	1202	1209	1217	1224	1232	1239	1247	1254	1302
Ilford High Road Hainault Street	1103	1113	1120	1128	1134	1143	1151	1200	1207	1215	1222	1230	1237	1245	1252	1300	1307	1315
Holborn Circus Charterhouse Street	1155	1203	1210	1218	1225	1233	1241	1249	1256	1304	1311	1319	1326	1333	1340	1348	1355	1404
St Paul's Station Newgate Street	1200	1208	1215	1223	1230	1238	1246	1254	1301	1309	1316	1324	1331	1338	1345	1353	1400	1409
Bank Station Cornhill	1207	1215	1222	1230	1237	1245	1253	1301	1308	1316	1323	1331	1338	1345	1352	1400	1407	1416
Aldgate Station Aldgate High Street	1214	1222	1229	1237	1244	1252	1300	1308	1315	1323	1330	1338	1345	1352	1359	1407	1414	1423
Whitechapel Station	1224	1232	1239	1247	1254	1302	1310	1318	1325	1333	1340	1348	1355	1402	1409	1417	1424	1433
Mile End Station	1235	1243	1250	1258	1305	1314	1322	1330	1337	1345	1352	1400	1407	1415	1422	1430	1437	1446
Bow Church Station	1240	1248	1255	1303	1310	1319	1327	1335	1342	1350	1357	1405	1412	1420	1427	1435	1442	1451
Stratford Bus Station	1251	1259	1306	1314	1321	1330	1338	1346	1353	1401	1408	1416	1423	1431	1438	1446	1453	1502
Forest Gate Police Station	1304	1312	1319	1327	1334	1343	1351	1359	1406	1414	1421	1429	1436	1444	1451	1459	1507	1517
Manor Park Broadway	1309	1317	1324	1332	1339	1348	1356	1404	1411	1419	1426	1434	1441	1449	1456	1505	1513	1523
Ilford High Road Hainault Street	1322	1330	1337	1345	1352	1401	1410	1419	1426	1434	1441	1449	1456	1504	1512	1521	1529	1539
Holborn Circus Charterhouse Street	1411	1419	1426	1433	1440	1448	1455	1503	1510	1518	1525	1533	1540	1548	1555	1603	1610	1618
St Paul's Station Newgate Street	1416	1424	1431	1438	1445	1453	1500	1508	1515	1523	1530	1538	1545	1553	1600	1608	1615	1623
Bank Station Cornhill	1423	1431	1438	1445	1452	1500	1507	1515	1522	1530	1537	1545	1552	1600	1607	1615	1622	1630
Aldgate Station Aldgate High Street	1430	1438	1445	1452	1459	1507	1514	1522	1529	1537	1544	1552	1559	1607	1614	1622	1629	1637
Whitechapel Station	1440	1448	1455	1502	1509	1517	1524	1532	1539	1547	1554	1602	1609	1617	1624	1632	1639	1647
Mile End Station	1453	1501	1508	1516	1523	1531	1538	1546	1553	1601	1608	1616	1623	1631	1638	1646	1653	1701
Bow Church Station	1458	1507	1514	1522	1529	1537	1544	1552	1559	1608	1615	1623	1630	1638	1645	1653	1700	1707
Stratford Bus Station	1510	1519	1526	1534	1541	1549	1556	1604	1612	1621	1628	1636	1643	1651	1658	1706	1714	1721
Forest Gate Police Station	1525	1534	1541	1549	1556	1604	1611	1619	1627	1636	1643	1651	1658	1706	1713	1721	1729	1736
Manor Park Broadway	1531	1540	1547	1555	1602	1610	1617	1625	1633	1642	1649	1657	1704	1712	1719	1727	1735	1742
Ilford High Road Hainault Street	1547	1556	1603	1611	1619	1627	1634	1642	1650	1659	1706	1714	1722	1730	1737	1745	1753	1800

25	Mondays to Thursdays (cont.)																	
Holborn Circus Charterhouse Street	1625	1633	1639	1645	1650	1655	1701	1707	1714	1721	1727	1734	1740	1747	1753	1800	1806	1814
St Paul's Station Newgate Street	1630	1638	1644	1650	1655	1700	1706	1712	1719	1726	1732	1739	1745	1752	1758	1805	1811	1819
Bank Station Cornhill	1637	1645	1651	1657	1702	1708	1714	1720	1727	1734	1740	1747	1753	1800	1806	1813	1819	1827
Aldgate Station Aldgate High Street	1644	1652	1658	1704	1710	1716	1722	1728	1735	1742	1748	1755	1801	1807	1813	1820	1826	1834
Whitechapel Station	1654	1702	1708	1714	1720	1726	1732	1738	1745	1752	1758	1805	1811	1817	1823	1830	1836	1844
Mile End Station	1708	1715	1721	1727	1733	1739	1745	1751	1758	1805	1811	1817	1823	1829	1835	1842	1848	1856
Bow Church Station	1714	1721	1727	1733	1739	1745	1751	1757	1804	1810	1816	1822	1828	1834	1840	1847	1853	1901
Stratford Bus Station	1728	1735	1741	1747	1753	1759	1805	1811	1817	1823	1829	1835	1841	1847	1853	1900	1906	1913
Forest Gate Police Station	1743	1750	1756	1802	1808	1814	1820	1826	1832	1838	1844	1850	1856	1902	1907	1913	1919	1926
Manor Park Broadway	1749	1756	1802	1807	1813	1819	1825	1831	1837	1843	1849	1855	1901	1907	1912	1918	1924	1931
Ilford High Road Hainault Street	1807	1814	1819	1824	1829	1835	1841	1847	1853	1859	1905	1911	1916	1922	1927	1933	1938	1944
Holborn Circus Charterhouse Street	1821	1829	1836	1844	1851	1859	1906	1914	1921	1929	1936	1944	1951	1959	2006	2014	2021	2029
St Paul's Station Newgate Street	1826	1834	1841	1849	1856	1903	1910	1918	1925	1933	1940	1948	1955	2003	2010	2018	2025	2033
Bank Station Cornhill	1834	1842	1849	1857	1904	1912	1919	1927	1934	1942	1949	1957	2004	2011	2018	2026	2033	2041
Aldgate Station Aldgate High Street	1841	1849	1856	1904	1911	1918	1925	1933	1940	1948	1955	2003	2009	2016	2023	2031	2038	2046
Whitechapel Station	1851	1859	1906	1913	1920	1927	1934	1942	1949	1957	2004	2011	2017	2024	2031	2039	2046	2054
Mile End Station	1903	1911	1917	1924	1931	1938	1945	1953	2000	2008	2014	2021	2027	2034	2041	2049	2056	2104
Bow Church Station	1908	1916	1922	1929	1936	1943	1950	1958	2005	2013	2019	2026	2032	2039	2046	2054	2101	2109
Stratford Bus Station	1919	1927	1933	1940	1947	1954	2001	2009	2015	2023	2029	2036	2042	2049	2056	2104	2110	2118
Forest Gate Police Station	1932	1940	1946	1953	2000	2006	2012	2020	2026	2034	2040	2047	2053	2100	2107	2115	2121	2129
Manor Park Broadway	1937	1945	1951	1958	2005	2011	2017	2025	2031	2039	2045	2052	2058	2105	2111	2119	2125	2133
Ilford High Road Hainault Street	1950	1958	2004	2011	2016	2022	2028	2036	2042	2050	2056	2103	2109	2115	2121	2129	2135	2143
Holborn Circus Charterhouse Street	2036	2044	2051	2101	2111	2121	2131	2141	2151	2201	2211	2221	2231	2241	2251	Then every 10 minutes until	0031	
St Paul's Station Newgate Street	2040	2048	2055	2105	2115	2125	2135	2145	2155	2205	2215	2225	2235	2245	2255		0035	
Bank Station Cornhill	2048	2056	2103	2112	2122	2132	2142	2152	2202	2211	2221	2231	2241	2251	2301		0041	
Aldgate Station Aldgate High Street	2053	2101	2108	2117	2127	2137	2147	2157	2207	2216	2226	2236	2246	2256	2305		0045	
Whitechapel Station	2101	2108	2115	2124	2134	2144	2154	2204	2214	2223	2233	2243	2253	2303	2312		0052	
Mile End Station	2110	2117	2124	2133	2143	2153	2203	2212	2222	2231	2241	2251	2301	2311	2320		0100	
Bow Church Station	2115	2122	2129	2138	2148	2158	2206	2215	2225	2234	2244	2254	2304	2314	2323		0103	
Stratford Bus Station	2124	2131	2138	2147	2157	2207	2215	2224	2234	2243	2253	2303	2313	2323	2332		0112	
Forest Gate Police Station	2135	2142	2149	2158	2207	2217	2225	2234	2244	2253	2303	2312	2322	2332	2341		0121	
Manor Park Broadway	2139	2146	2153	2202	2211	2221	2229	2238	2248	2257	2306	2315	2325	2335	2344		0124	
Ilford High Road Hainault Street	2149	2156	2203	2211	2220	2230	2238	2247	2257	2306	2314	2323	2333	2343	2352	0132		



25	Fridays																	
Holborn Circus Charterhouse Street	0510	0520	0530	0540	0550	0557	0605	0612	0620	0627	0635	0642	0650	0657	0703	0711	0718	0726
St Paul's Station Newgate Street	0513	0523	0533	0543	0553	0600	0608	0615	0623	0630	0638	0645	0653	0700	0707	0715	0722	0730
Bank Station Cornhill	0518	0528	0538	0548	0558	0605	0613	0620	0628	0635	0643	0650	0658	0706	0713	0721	0728	0736
Aldgate Station Aldgate High Street	0522	0532	0542	0552	0602	0610	0618	0625	0633	0640	0648	0655	0703	0711	0718	0726	0733	0741
Whitechapel Station	0527	0537	0547	0557	0608	0616	0624	0631	0639	0646	0654	0701	0709	0717	0724	0732	0739	0747
Mile End Station	0533	0543	0553	0603	0614	0622	0630	0637	0645	0652	0700	0708	0716	0724	0731	0739	0746	0754
Bow Church Station	0535	0545	0555	0606	0617	0625	0633	0640	0648	0655	0703	0711	0719	0727	0734	0742	0749	0757
Stratford Bus Station	0543	0553	0603	0615	0626	0634	0642	0649	0657	0704	0713	0721	0729	0737	0744	0752	0759	0808
Forest Gate Police Station	0552	0602	0612	0624	0635	0643	0651	0658	0707	0715	0724	0732	0740	0748	0755	0803	0811	0820
Manor Park Broadway	0555	0605	0615	0627	0638	0646	0654	0701	0711	0719	0728	0736	0744	0752	0759	0808	0816	0825
Ilford High Road Hainault Street	0604	0614	0624	0636	0647	0655	0703	0712	0722	0730	0739	0747	0755	0803	0810	0820	0828	0837
Holborn Circus Charterhouse Street	0733	0739	0745	0752	0757	0804	0811	0819	0827	0836	0843	0851	0858	0906	0913	0921	0928	0936
St Paul's Station Newgate Street	0737	0743	0749	0756	0801	0809	0816	0824	0832	0841	0848	0856	0903	0911	0918	0926	0933	0941
Bank Station Cornhill	0743	0749	0755	0802	0809	0817	0824	0832	0840	0849	0856	0904	0910	0918	0925	0933	0940	0948
Aldgate Station Aldgate High Street	0748	0754	0800	0808	0815	0823	0830	0838	0846	0855	0902	0910	0916	0924	0931	0939	0946	0954
Whitechapel Station	0754	0800	0807	0815	0822	0830	0837	0845	0853	0902	0910	0918	0924	0932	0939	0947	0954	1002
Mile End Station	0801	0809	0816	0824	0831	0839	0846	0854	0902	0911	0919	0927	0933	0941	0948	0956	1003	1011
Bow Church Station	0805	0813	0820	0828	0835	0843	0850	0858	0907	0916	0924	0932	0938	0946	0953	1001	1007	1015
Stratford Bus Station	0816	0824	0831	0839	0846	0854	0901	0909	0918	0927	0935	0943	0949	0957	1004	1012	1018	1026
Forest Gate Police Station	0828	0836	0843	0851	0858	0906	0914	0922	0931	0940	0948	0956	1002	1010	1017	1025	1031	1039
Manor Park Broadway	0833	0841	0848	0856	0903	0911	0919	0927	0936	0945	0953	1001	1007	1015	1022	1030	1036	1044
Ilford High Road Hainault Street	0845	0853	0900	0908	0915	0923	0931	0939	0948	0957	1005	1013	1019	1027	1034	1042	1048	1056
Holborn Circus Charterhouse Street	0943	0951	0958	1006	1012	1020	1027	1035	1041	1049	1056	1104	1111	1119	1126	1133	1140	1148
St Paul's Station Newgate Street	0948	0956	1003	1011	1017	1025	1032	1040	1046	1054	1101	1109	1116	1124	1131	1138	1145	1153
Bank Station Cornhill	0955	1003	1010	1018	1024	1032	1039	1047	1053	1101	1108	1116	1123	1131	1138	1145	1152	1200
Aldgate Station Aldgate High Street	1001	1010	1017	1025	1031	1039	1046	1054	1100	1108	1115	1123	1130	1138	1145	1152	1159	1207
Whitechapel Station	1010	1019	1026	1034	1040	1048	1055	1103	1110	1118	1125	1133	1140	1148	1155	1202	1209	1217
Mile End Station	1019	1028	1035	1043	1049	1057	1104	1113	1120	1128	1135	1143	1150	1158	1205	1213	1220	1228
Bow Church Station	1023	1032	1039	1047	1053	1101	1109	1118	1125	1133	1140	1148	1155	1203	1210	1218	1225	1233
Stratford Bus Station	1033	1042	1049	1057	1103	1112	1120	1129	1136	1144	1151	1159	1206	1214	1221	1229	1236	1244
Forest Gate Police Station	1046	1055	1102	1110	1116	1125	1133	1142	1149	1157	1204	1212	1219	1227	1234	1242	1249	1257
Manor Park Broadway	1051	1100	1107	1115	1121	1130	1138	1147	1154	1202	1209	1217	1224	1232	1239	1247	1254	1302
Ilford High Road Hainault Street	1103	1113	1120	1128	1134	1143	1151	1200	1207	1215	1222	1230	1237	1245	1252	1300	1307	1315
Holborn Circus Charterhouse Street	1155	1203	1210	1218	1225	1233	1241	1249	1256	1304	1311	1319	1326	1333	1340	1348	1355	1404
St Paul's Station Newgate Street	1200	1208	1215	1223	1230	1238	1246	1254	1301	1309	1316	1324	1331	1338	1345	1353	1400	1409
Bank Station Cornhill	1207	1215	1222	1230	1237	1245	1253	1301	1308	1316	1323	1331	1338	1345	1352	1400	1407	1416
Aldgate Station Aldgate High Street	1214	1222	1229	1237	1244	1252	1300	1308	1315	1323	1330	1338	1345	1352	1359	1407	1414	1423
Whitechapel Station	1224	1232	1239	1247	1254	1302	1310	1318	1325	1333	1340	1348	1355	1402	1409	1417	1424	1433
Mile End Station	1235	1243	1250	1258	1305	1314	1322	1330	1337	1345	1352	1400	1407	1415	1422	1430	1437	1446
Bow Church Station	1240	1248	1255	1303	1310	1319	1327	1335	1342	1350	1357	1405	1412	1420	1427	1435	1442	1451
Stratford Bus Station	1251	1259	1306	1314	1321	1330	1338	1346	1353	1401	1408	1416	1423	1431	1438	1446	1453	1502
Forest Gate Police Station	1304	1312	1319	1327	1334	1343	1351	1359	1406	1414	1421	1429	1436	1444	1451	1459	1506	1517
Manor Park Broadway	1309	1317	1324	1332	1339	1348	1356	1404	1411	1419	1426	1434	1441	1449	1456	1504	1512	1523
Ilford High Road Hainault Street	1322	1330	1337	1345	1352	1401	1410	1419	1426	1434	1441	1449	1456	1504	1512	1520	1528	1539
Holborn Circus Charterhouse Street	1411	1419	1426	1433	1440	1448	1455	1503	1510	1518	1525	1533	1540	1548	1555	1603	1610	1618
St Paul's Station Newgate Street	1416	1424	1431	1438	1445	1453	1500	1508	1515	1523	1530	1538	1545	1553	1600	1608	1615	1623
Bank Station Cornhill	1423	1431	1438	1445	1452	1500	1507	1515	1522	1530	1537	1545	1552	1600	1607	1615	1622	1630
Aldgate Station Aldgate High Street	1430	1438	1445	1452	1459	1507	1514	1522	1529	1537	1544	1552	1559	1607	1614	1622	1629	1637
Whitechapel Station	1440	1448	1455	1502	1509	1517	1524	1532	1539	1547	1554	1602	1609	1617	1624	1632	1639	1647
Mile End Station	1453	1501	1508	1516	1523	1531	1538	1546	1553	1601	1608	1616	1623	1631	1638	1646	1653	1701
Bow Church Station	1458	1507	1514	1522	1529	1537	1544	1552	1559	1608	1615	1623	1630	1638	1645	1653	1700	1707
Stratford Bus Station	1510	1519	1526	1534	1541	1549	1556	1604	1612	1621	1628	1636	1643	1651	1658	1706	1714	1721
Forest Gate Police Station	1525	1534	1541	1549	1556	1604	1611	1619	1627	1636	1643	1651	1658	1706	1713	1721	1729	1736
Manor Park Broadway	1531	1540	1547	1555	1602	1610	1617	1625	1633	1642	1649	1657	1704	1712	1719	1727	1735	1742
Ilford High Road Hainault Street	1547	1556	1603	1611	1619	1627	1634	1642	1650	1659	1706	1714	1722	1730	1737	1745	1753	1800
Holborn Circus Charterhouse Street	1625	1633	1639	1645	1650	1655	1701	1707	1714	1721	1727	1734	1740	1747	1753	1800	1806	1814
St Paul's Station Newgate Street	1630	1638	1644	1650	1655	1700	1706	1712	1719	1726	1732	1739	1745	1752	1758	1805	1811	1819
Bank Station Cornhill	1637	1645	1651	1657	1702	1708	1714	1720	1727	1734	1740	1747	1753	1800	1806	1813	1819	1827
Aldgate Station Aldgate High Street	1644	1652	1658	1704	1710	1716	1722	1728	1735	1742	1748	1755	1801	1807	1813	1820	1826	1834
Whitechapel Station	1654	1702	1708	1714	1720	1726	1732	1738	1745	1752	1758	1805	1811	1817	1823	1830	1836	1844
Mile End Station	1708	1715	1721	1727	1733	1739	1745	1751	1758	1805	1811	1817	1823	1829	1835	1842	1848	1856
Bow Church Station	1714	1721	1727	1733	1739	1745	1751	1757	1804	1810	1816	1822	1828	1834	1840	1847	1853	1901
Stratford Bus Station	1728	1735	1741	1747	1753	1759	1805	1811	1817	1823	1829	1835	1841	1847	1853	1900	1906	1913
Forest Gate Police Station	1743	1750	1756	1802	1808	1814	1820	1826	1832	1838	1844	1850	1856	1902	1907	1913	1919	1926
Manor Park Broadway	1749	1756	1802	1807	1813	1819	1825	1831	1837	1843	1849	1855	1901	1907	1912	1918	1924	1931
Ilford High Road Hainault Street	1807	1814	1819	1824	1829	1835	1841	1847	1853	1859	1905	1911	1916	1922	1927	1933	1938	1944

25		Fridays (cont.)																	
Holborn Circus Charterhouse Street	1821	1829	1836	1844	1851	1859	1906	1914	1921	1929	1936	1944	1951	1959	2006	2014	2021	2029	
St Paul's Station Newgate Street	1826	1834	1841	1849	1856	1903	1910	1918	1925	1933	1940	1948	1955	2003	2010	2018	2025	2033	
Bank Station Cornhill	1834	1842	1849	1857	1904	1912	1919	1927	1934	1942	1949	1957	2004	2011	2018	2026	2033	2041	
Aldgate Station Aldgate High Street	1841	1849	1856	1904	1911	1918	1925	1933	1940	1948	1955	2003	2009	2016	2023	2031	2038	2046	
Whitechapel Station	1851	1859	1906	1913	1920	1927	1934	1942	1949	1957	2004	2011	2017	2024	2031	2039	2046	2054	
Mile End Station	1903	1911	1917	1924	1931	1938	1945	1953	2000	2008	2014	2021	2027	2034	2041	2049	2056	2104	
Bow Church Station	1908	1916	1922	1929	1936	1943	1950	1958	2005	2013	2019	2026	2032	2039	2046	2054	2101	2109	
Stratford Bus Station	1919	1927	1933	1940	1947	1954	2001	2009	2015	2023	2029	2036	2042	2049	2056	2104	2110	2118	
Forest Gate Police Station	1932	1940	1946	1953	2000	2006	2012	2020	2026	2034	2040	2047	2053	2100	2107	2115	2121	2129	
Manor Park Broadway	1937	1945	1951	1958	2005	2011	2017	2025	2031	2039	2045	2052	2058	2105	2111	2119	2125	2133	
Ilford High Road Hainault Street	1950	1958	2004	2011	2016	2022	2028	2036	2042	2050	2056	2103	2109	2115	2121	2129	2135	2143	
Holborn Circus Charterhouse Street	2036	2044	2051	2101	2111	2121	2131	2141	2151	2201	2211	2221	2231	2241	2251	2301	Then every 10 mins. until	0031	
St Paul's Station Newgate Street	2040	2048	2055	2105	2115	2125	2135	2145	2155	2205	2215	2225	2235	2245	2255	2305		0035	
Bank Station Cornhill	2048	2056	2103	2112	2122	2132	2142	2152	2202	2211	2221	2231	2241	2251	2301	2312		0042	
Aldgate Station Aldgate High Street	2053	2101	2108	2117	2127	2137	2147	2157	2207	2216	2226	2236	2246	2256	2306	2317		0047	
Whitechapel Station	2101	2108	2115	2124	2134	2144	2154	2204	2214	2223	2233	2243	2253	2303	2313	2324		0054	
Mile End Station	2110	2117	2124	2133	2143	2153	2203	2213	2223	2232	2242	2252	2302	2312	2322	2332		0102	
Bow Church Station	2115	2122	2129	2138	2148	2158	2206	2216	2226	2235	2245	2255	2305	2315	2325	2335		0105	
Stratford Bus Station	2124	2131	2138	2147	2157	2207	2215	2225	2235	2244	2254	2304	2314	2324	2334	2344		0114	
Forest Gate Police Station	2135	2142	2149	2158	2208	2218	2226	2236	2246	2255	2305	2314	2324	2334	2344	2354		0124	
Manor Park Broadway	2139	2146	2153	2202	2212	2222	2230	2240	2250	2259	2309	2318	2328	2338	2348	2358		0128	
Ilford High Road Hainault Street	2149	2156	2203	2212	2222	2232	2240	2250	2300	2309	2318	2327	2337	2347	2357	0007	0137		
25		Saturdays (also Good Friday)																	
Holborn Circus Charterhouse Street	0510	0520	0530	0540	0550	0600	0610	0620	0627	0635	0642	0650	0657	0705	0712	0720	0727	0735	
St Paul's Station Newgate Street	0512	0522	0532	0542	0552	0602	0612	0622	0629	0637	0644	0652	0659	0709	0716	0724	0731	0739	
Bank Station Cornhill	0517	0527	0537	0547	0557	0606	0616	0626	0633	0641	0648	0656	0703	0714	0721	0729	0736	0744	
Aldgate Station Aldgate High Street	0521	0531	0541	0551	0601	0610	0620	0630	0637	0645	0652	0700	0707	0718	0725	0733	0740	0748	
Whitechapel Station	0526	0536	0546	0556	0606	0615	0625	0635	0642	0650	0657	0706	0713	0724	0731	0739	0746	0754	
Mile End Station	0533	0543	0553	0603	0613	0622	0632	0642	0649	0657	0704	0713	0720	0731	0738	0746	0753	0801	
Bow Church Station	0536	0546	0556	0606	0616	0625	0635	0645	0652	0700	0707	0716	0723	0734	0741	0749	0756	0805	
Stratford Bus Station	0544	0554	0604	0615	0625	0634	0644	0654	0701	0709	0716	0725	0732	0743	0750	0758	0805	0815	
Forest Gate Police Station	0553	0603	0613	0624	0634	0643	0653	0703	0710	0718	0725	0734	0741	0752	0759	0808	0816	0826	
Manor Park Broadway	0556	0606	0616	0627	0637	0646	0656	0707	0714	0722	0729	0738	0745	0756	0803	0812	0820	0830	
Ilford High Road Hainault Street	0604	0614	0624	0635	0645	0654	0704	0716	0723	0731	0738	0747	0754	0805	0813	0822	0830	0840	
Holborn Circus Charterhouse Street	0742	0750	0757	0805	0812	0820	0827	0835	0842	0850	0857	0905	0912	0920	0927	0935	0942	0950	
St Paul's Station Newgate Street	0746	0754	0801	0809	0816	0824	0831	0839	0846	0854	0901	0909	0916	0924	0931	0939	0946	0954	
Bank Station Cornhill	0751	0759	0806	0814	0821	0829	0836	0844	0851	0859	0906	0914	0921	0929	0936	0944	0951	0959	
Aldgate Station Aldgate High Street	0755	0803	0811	0819	0826	0834	0841	0849	0856	0904	0911	0919	0926	0934	0941	0949	0956	1004	
Whitechapel Station	0801	0809	0817	0825	0832	0840	0847	0855	0902	0911	0918	0926	0933	0941	0948	0956	1003	1011	
Mile End Station	0809	0817	0825	0833	0840	0848	0855	0903	0911	0920	0927	0935	0942	0950	0957	1005	1012	1020	
Bow Church Station	0813	0821	0829	0837	0844	0852	0859	0908	0916	0925	0932	0940	0947	0955	1002	1010	1017	1025	
Stratford Bus Station	0823	0831	0839	0847	0854	0902	0909	0919	0927	0936	0943	0951	0958	1006	1013	1021	1028	1036	
Forest Gate Police Station	0834	0842	0850	0858	0905	0913	0920	0930	0938	0947	0954	1002	1009	1017	1024	1032	1039	1047	
Manor Park Broadway	0838	0846	0854	0902	0909	0917	0924	0934	0942	0951	0958	1006	1013	1021	1028	1036	1043	1051	
Ilford High Road Hainault Street	0848	0856	0904	0913	0920	0928	0935	0945	0953	1002	1009	1017	1024	1032	1039	1047	1054	1102	
Holborn Circus Charterhouse Street	0956	1004	1011	1019	1026	1034	1040	1047	1054	1102	1109	1117	1124	1132	1139	1147	1154	1202	
St Paul's Station Newgate Street	1000	1008	1015	1023	1030	1038	1044	1051	1058	1106	1113	1121	1128	1136	1143	1151	1158	1206	
Bank Station Cornhill	1006	1014	1021	1029	1036	1044	1050	1057	1104	1112	1119	1127	1134	1142	1149	1157	1204	1212	
Aldgate Station Aldgate High Street	1011	1019	1026	1034	1041	1049	1055	1102	1109	1117	1124	1132	1139	1147	1154	1202	1209	1217	
Whitechapel Station	1018	1026	1033	1041	1048	1056	1102	1110	1117	1125	1132	1140	1147	1155	1202	1211	1218	1226	
Mile End Station	1027	1035	1042	1050	1057	1105	1112	1120	1127	1135	1142	1150	1157	1205	1214	1223	1230	1238	
Bow Church Station	1032	1040	1047	1055	1102	1110	1117	1125	1132	1140	1147	1155	1202	1210	1219	1228	1235	1243	
Stratford Bus Station	1043	1051	1058	1106	1113	1121	1128	1136	1143	1151	1158	1206	1214	1222	1231	1240	1247	1255	
Forest Gate Police Station	1054	1102	1110	1119	1126	1134	1141	1149	1156	1204	1211	1219	1227	1235	1244	1253	1300	1308	
Manor Park Broadway	1058	1107	1115	1124	1131	1139	1146	1154	1201	1209	1216	1224	1232	1240	1249	1258	1305	1313	
Ilford High Road Hainault Street	1109	1119	1127	1136	1143	1151	1158	1206	1215	1223	1230	1238	1246	1254	1303	1312	1321	1329	
Holborn Circus Charterhouse Street	1209	1217	1224	1232	1239	1247	1254	1301	1308	1316	1323	1331	1338	1346	1353	1401	1408	1416	
St Paul's Station Newgate Street	1213	1221	1228	1236	1243	1251	1258	1305	1312	1320	1327	1335	1342	1350	1357	1406	1413	1421	
Bank Station Cornhill	1219	1227	1234	1242	1249	1257	1304	1312	1319	1327	1334	1342	1349	1357	1404	1413	1420	1428	
Aldgate Station Aldgate High Street	1224	1232	1239	1247	1254	1302	1309	1317	1324	1332	1339	1347	1354	1402	1409	1418	1425	1433	
Whitechapel Station	1233	1241	1248	1256	1303	1311	1318	1326	1333	1341	1348	1356	1403	1411	1418	1427	1434	1442	
Mile End Station	1245	1253	1300	1308	1315	1323	1330	1338	1345	1353	1400	1408	1415	1423	1430	1439	1446	1454	
Bow Church Station	1250	1258	1305	1313	1320	1328	1335	1343	1350	1358	1405	1413	1420	1428	1435	1444	1451	1459	
Stratford Bus Station	1302	1310	1318	1326	1333	1341	1348	1356	1403	1411	1419	1427	1434	1442	1449	1458	1505	1513	
Forest Gate Police Station	1315	1323	1331	1339	1346	1354	1401	1409	1416	1424	1432	1440	1447	1455	1502	1512	1520	1528	
Manor Park Broadway	1320	1328	1336	1344	1351	1359	1406	1414	1421	1429	1437	1445	1452	1500	1507	1517	1525	1533	
Ilford High Road Hainault Street	1336	1344	1352	1400	1407	1415	1422	1430	1437	1445	1453	1501	1508	1516	1523	1533	1541	1549	

25	Saturdays (also Good Friday) (cont.)																	
Holborn Circus Charterhouse Street	1423	1431	1438	1446	1453	1500	1507	1515	1522	1530	1537	1545	1552	1600	1607	1615	1622	1630
St Paul's Station Newgate Street	1428	1436	1443	1451	1458	1504	1511	1519	1526	1534	1541	1549	1556	1604	1611	1619	1626	1634
Bank Station Cornhill	1435	1443	1450	1458	1505	1511	1518	1526	1533	1541	1548	1556	1603	1611	1618	1626	1633	1641
Aldgate Station Aldgate High Street	1440	1448	1455	1503	1510	1516	1523	1531	1538	1546	1553	1601	1608	1616	1623	1631	1638	1646
Whitechapel Station	1449	1457	1504	1512	1519	1525	1532	1540	1547	1555	1602	1610	1617	1625	1632	1640	1647	1655
Mile End Station	1501	1509	1515	1523	1530	1536	1543	1551	1558	1606	1613	1621	1628	1636	1643	1651	1658	1706
Bow Church Station	1506	1514	1520	1528	1535	1541	1548	1556	1603	1611	1618	1626	1633	1641	1648	1656	1703	1711
Stratford Bus Station	1520	1528	1534	1542	1549	1555	1602	1610	1616	1624	1631	1639	1646	1654	1701	1709	1715	1723
Forest Gate Police Station	1535	1543	1549	1557	1604	1610	1617	1625	1631	1639	1646	1654	1701	1709	1716	1724	1730	1738
Manor Park Broadway	1540	1548	1554	1602	1609	1615	1622	1630	1636	1644	1651	1659	1706	1714	1721	1729	1735	1743
Ilford High Road Hainault Street	1556	1604	1610	1618	1625	1631	1638	1646	1652	1700	1707	1715	1722	1730	1737	1745	1751	1759
Holborn Circus Charterhouse Street	1637	1645	1652	1659	1706	1714	1721	1729	1736	1744	1751	1759	1806	1814	1821	1829	1836	1844
St Paul's Station Newgate Street	1641	1649	1656	1703	1710	1718	1725	1733	1740	1748	1755	1803	1810	1818	1825	1833	1840	1848
Bank Station Cornhill	1648	1656	1703	1710	1717	1725	1732	1740	1747	1755	1802	1810	1817	1825	1832	1840	1847	1855
Aldgate Station Aldgate High Street	1653	1701	1708	1715	1722	1730	1737	1745	1752	1800	1807	1815	1822	1830	1837	1845	1852	1900
Whitechapel Station	1702	1710	1717	1724	1731	1739	1746	1754	1801	1809	1816	1824	1831	1839	1846	1854	1901	1909
Mile End Station	1712	1720	1727	1734	1741	1749	1756	1804	1811	1819	1826	1834	1841	1849	1856	1904	1911	1919
Bow Church Station	1717	1725	1732	1739	1746	1754	1801	1809	1816	1824	1831	1839	1846	1854	1901	1909	1916	1924
Stratford Bus Station	1729	1737	1744	1751	1758	1806	1813	1821	1828	1836	1843	1851	1858	1906	1912	1920	1927	1935
Forest Gate Police Station	1744	1752	1759	1806	1813	1820	1827	1835	1842	1850	1857	1905	1911	1919	1925	1933	1940	1948
Manor Park Broadway	1749	1757	1804	1811	1818	1825	1832	1840	1847	1855	1902	1910	1916	1924	1930	1938	1945	1953
Ilford High Road Hainault Street	1805	1813	1819	1826	1833	1840	1847	1855	1902	1910	1916	1924	1930	1938	1944	1952	1959	2007
Holborn Circus Charterhouse Street	1851	1858	1905	1913	1920	1928	1935	1943	1950	1958	2005	2013	2020	2028	2036	2044	2051	2101
St Paul's Station Newgate Street	1855	1902	1909	1917	1924	1932	1939	1947	1954	2002	2009	2017	2024	2032	2040	2048	2055	2105
Bank Station Cornhill	1902	1909	1916	1924	1931	1939	1946	1954	2001	2009	2016	2024	2031	2039	2047	2055	2102	2111
Aldgate Station Aldgate High Street	1907	1914	1921	1929	1936	1944	1951	1959	2006	2014	2021	2029	2036	2044	2052	2100	2107	2116
Whitechapel Station	1916	1923	1930	1938	1945	1953	2000	2008	2014	2022	2029	2037	2044	2052	2100	2108	2115	2124
Mile End Station	1926	1933	1940	1948	1955	2003	2010	2018	2024	2032	2039	2047	2054	2102	2110	2118	2125	2134
Bow Church Station	1931	1938	1945	1953	2000	2008	2015	2023	2029	2037	2044	2052	2059	2107	2115	2123	2130	2139
Stratford Bus Station	1942	1949	1956	2004	2010	2018	2025	2033	2039	2047	2054	2102	2109	2117	2125	2133	2140	2149
Forest Gate Police Station	1955	2002	2009	2016	2022	2030	2037	2045	2051	2059	2106	2113	2120	2128	2136	2144	2151	2200
Manor Park Broadway	2000	2007	2014	2021	2027	2035	2042	2050	2056	2104	2110	2117	2124	2132	2140	2148	2155	2204
Ilford High Road Hainault Street	2013	2020	2027	2034	2040	2048	2055	2103	2109	2115	2121	2128	2135	2143	2151	2159	2206	2214
Holborn Circus Charterhouse Street	2111	2121	2131	2141	2151	2201	2211	2221	2231	Then every 10 minutes until	0031							
St Paul's Station Newgate Street	2115	2125	2135	2145	2155	2205	2215	2225	2235		0035							
Bank Station Cornhill	2121	2131	2141	2151	2201	2211	2221	2231	2241		0041							
Aldgate Station Aldgate High Street	2126	2136	2146	2156	2206	2216	2226	2236	2246		0046							
Whitechapel Station	2134	2144	2154	2204	2213	2223	2233	2243	2253		0053							
Mile End Station	2144	2154	2204	2213	2222	2232	2242	2252	2302		0102							
Bow Church Station	2149	2159	2208	2217	2226	2236	2246	2256	2305		0105							
Stratford Bus Station	2159	2209	2217	2226	2235	2245	2255	2305	2314		0114							
Forest Gate Police Station	2210	2220	2228	2237	2246	2256	2306	2316	2325		0125							
Manor Park Broadway	2214	2224	2232	2241	2250	2300	2310	2320	2329		0129							
Ilford High Road Hainault Street	2224	2234	2242	2251	2300	2310	2320	2330	2339	0139								

25	Sundays and other Public Holidays (except Christmas Day)																	
Holborn Circus Charterhouse Street	0510	0522	0534	0546	0558	0610	0622	0634	0646	0658	0710	0722	0734	0746	0758	0809	0819	0829
St Paul's Station Newgate Street	0513	0525	0537	0549	0601	0613	0625	0637	0649	0701	0714	0726	0738	0750	0802	0813	0823	0833
Bank Station Cornhill	0518	0530	0542	0554	0606	0618	0630	0642	0654	0706	0719	0731	0743	0755	0807	0818	0828	0838
Aldgate Station Aldgate High Street	0522	0534	0546	0558	0610	0622	0634	0646	0658	0710	0723	0735	0747	0759	0811	0822	0832	0842
Whitechapel Station	0527	0539	0551	0603	0615	0627	0639	0651	0703	0715	0728	0740	0752	0804	0817	0828	0838	0848
Mile End Station	0534	0546	0558	0610	0622	0634	0646	0658	0710	0722	0735	0747	0759	0811	0824	0835	0845	0855
Bow Church Station	0537	0549	0601	0613	0625	0637	0649	0701	0713	0725	0738	0750	0802	0815	0828	0839	0849	0859
Stratford Bus Station	0545	0557	0610	0622	0634	0646	0658	0710	0722	0734	0747	0759	0811	0824	0837	0848	0858	0908
Forest Gate Police Station	0554	0606	0619	0631	0643	0655	0707	0720	0732	0744	0757	0810	0822	0835	0848	0859	0909	0919
Manor Park Broadway	0557	0609	0622	0634	0646	0658	0710	0723	0735	0747	0800	0814	0826	0839	0852	0903	0913	0923
Ilford High Road Hainault Street	0605	0617	0630	0642	0654	0706	0719	0732	0744	0756	0809	0823	0835	0848	0901	0913	0923	0933
Holborn Circus Charterhouse Street	0839	0849	0859	0909	0919	0929	0939	0949	0958	1008	1018	1028	1037	1046	1056	1106	1116	1126
St Paul's Station Newgate Street	0843	0853	0903	0913	0923	0933	0943	0953	1002	1012	1022	1032	1041	1050	1100	1110	1120	1130
Bank Station Cornhill	0848	0858	0908	0918	0928	0938	0948	0958	1008	1018	1028	1038	1047	1056	1106	1116	1126	1136
Aldgate Station Aldgate High Street	0852	0902	0913	0923	0933	0943	0953	1003	1013	1023	1033	1043	1052	1101	1111	1121	1131	1141
Whitechapel Station	0858	0909	0920	0930	0940	0950	1000	1010	1020	1030	1040	1050	1059	1109	1119	1129	1139	1149
Mile End Station	0905	0917	0928	0938	0948	0958	1009	1019	1029	1039	1049	1059	1109	1119	1129	1139	1149	1159
Bow Church Station	0910	0922	0933	0943	0953	1003	1014	1024	1034	1044	1054	1104	1115	1125	1135	1145	1155	1205
Stratford Bus Station	0919	0931	0942	0952	1002	1013	1024	1034	1044	1054	1104	1114	1125	1135	1145	1155	1205	1216
Forest Gate Police Station	0930	0942	0953	1003	1013	1024	1035	1045	1055	1105	1115	1125	1136	1146	1156	1207	1218	1229
Manor Park Broadway	0934	0946	0957	1007	1017	1028	1039	1049	1059	1110	1120	1130	1141	1151	1201	1212	1223	1234
Ilford High Road Hainault Street	0944	0956	1007	1018	1028	1039	1050	1100	1110	1122	1132	1142	1153	1204	1215	1226	1237	1248
Holborn Circus Charterhouse Street	1136	1145	1154	1204	1214	1224	1234	1244	1254	1304	1314	1324	1334	1343	1352	1402	1412	1422
St Paul's Station Newgate Street	1140	1149	1158	1208	1218	1228	1238	1248	1258	1308	1318	1328	1338	1347	1356	1406	1416	1426
Bank Station Cornhill	1146	1155	1204	1214	1224	1234	1244	1254	1304	1314	1324	1334	1344	1353	1402	1412	1422	1432
Aldgate Station Aldgate High Street	1151	1200	1209	1219	1229	1239	1249	1259	1309	1319	1329	1339	1349	1358	1407	1417	1427	1437
Whitechapel Station	1159	1209	1218	1228	1238	1248	1258	1308	1318	1328	1338	1348	1358	1407	1417	1427	1437	1447
Mile End Station	1209	1219	1229	1239	1249	1259	1309	1319	1329	1339	1349	1359	1409	1419	1429	1439	1449	1459
Bow Church Station	1216	1226	1236	1246	1256	1306	1316	1326	1336	1346	1356	1406	1417	1427	1437	1447	1457	1507
Stratford Bus Station	1227	1237	1247	1257	1307	1318	1328	1338	1348	1358	1408	1418	1429	1439	1449	1459	1509	1519
Forest Gate Police Station	1240	1250	1300	1311	1321	1332	1342	1352	1402	1412	1422	1432	1443	1453	1503	1513	1523	1533
Manor Park Broadway	1245	1255	1306	1317	1327	1338	1348	1358	1408	1418	1428	1438	1449	1459	1508	1518	1528	1538
Ilford High Road Hainault Street	1259	1309	1321	1332	1342	1353	1403	1413	1424	1434	1444	1454	1505	1515	1523	1533	1543	1553
Holborn Circus Charterhouse Street	1432	1441	1452			1552	1601			1721	1731	1742	1752	1803	1813	1823	1833	1844
St Paul's Station Newgate Street	1436	1445	1456			1556	1605			1725	1735	1746	1756	1807	1817	1827	1837	1848
Bank Station Cornhill	1442	1451	1502			1602	1612			1732	1742	1753	1803	1813	1823	1833	1843	1854
Aldgate Station Aldgate High Street	1447	1456	1507	Then		1607	1617	Then		1737	1747	1758	1808	1818	1828	1838	1848	1859
Whitechapel Station	1457	1506	1516	every 10		1616	1626	every 10		1746	1756	1807	1817	1827	1837	1847	1857	1908
Mile End Station	1509	1519	1529	minutes		1629	1639	minutes		1759	1809	1819	1829	1839	1849	1859	1909	1919
Bow Church Station	1518	1528	1538	until		1638	1648	until		1808	1817	1827	1837	1847	1857	1907	1916	1926
Stratford Bus Station	1530	1540	1550			1650	1700			1820	1829	1839	1849	1859	1909	1918	1927	1937
Forest Gate Police Station	1544	1554	1604			1704	1714			1834	1843	1853	1903	1912	1921	1930	1939	1949
Manor Park Broadway	1549	1559	1609			1709	1719			1839	1848	1858	1908	1917	1926	1935	1944	1954
Ilford High Road Hainault Street	1604	1614	1623			1723	1733			1853	1902	1912	1922	1931	1940	1949	1958	2008
Holborn Circus Charterhouse Street	1854	1904	1914	1924	1934	1945	1956	2007	2018	2029	2040	2051	2101	2111	2121	2131	2141	2151
St Paul's Station Newgate Street	1858	1908	1918	1928	1938	1949	2000	2010	2021	2032	2043	2054	2104	2114	2124	2134	2144	2154
Bank Station Cornhill	1904	1914	1924	1934	1944	1955	2006	2016	2026	2037	2048	2059	2109	2119	2129	2139	2149	2159
Aldgate Station Aldgate High Street	1909	1919	1929	1939	1949	2000	2010	2020	2030	2041	2052	2103	2113	2123	2133	2143	2153	2203
Whitechapel Station	1918	1928	1938	1948	1958	2008	2018	2028	2038	2049	2100	2110	2120	2130	2140	2150	2200	2209
Mile End Station	1929	1939	1949	1959	2009	2019	2029	2039	2049	2100	2110	2119	2129	2139	2149	2159	2208	2217
Bow Church Station	1936	1946	1956	2006	2016	2026	2036	2046	2056	2106	2116	2125	2135	2145	2155	2205	2212	2221
Stratford Bus Station	1947	1957	2007	2016	2026	2036	2046	2056	2106	2116	2125	2134	2144	2154	2204	2214	2221	2230
Forest Gate Police Station	1959	2008	2018	2027	2037	2047	2057	2107	2117	2127	2136	2145	2155	2205	2214	2224	2231	2240
Manor Park Broadway	2004	2013	2023	2032	2042	2052	2102	2111	2121	2131	2140	2149	2159	2209	2218	2228	2235	2244
Ilford High Road Hainault Street	2017	2026	2036	2045	2055	2105	2114	2123	2132	2141	2150	2159	2209	2218	2227	2237	2244	2253
Holborn Circus Charterhouse Street	2201	2211	2221	2231	2241					0031								
St Paul's Station Newgate Street	2204	2214	2224	2234	2244					0034								
Bank Station Cornhill	2208	2218	2228	2238	2248					0038								
Aldgate Station Aldgate High Street	2212	2222	2232	2242	2252	Then				0042								
Whitechapel Station	2218	2228	2238	2248	2258	every 10				0048								
Mile End Station	2226	2236	2246	2256	2306	minutes				0056								
Bow Church Station	2230	2240	2250	2300	2309	until				0059								
Stratford Bus Station	2239	2249	2259	2309	2318					0108								
Forest Gate Police Station	2249	2259	2309	2318	2327					0117								
Manor Park Broadway	2253	2303	2313	2322	2331					0121								
Ilford High Road Hainault Street	2302	2312	2322	2331	2340					0130								