

69														Mondays to Fridays													
Walthamstow Central Station	0002			0050	0110				0340	0410	0435	0455		0555	0605	0614		1904		2003							
Leyton Baker's Arms	0006	<i>Then</i>		0054	0114				0344	0414	0439	0459	<i>Then</i>	0559	0609	0618	<i>Then</i>	1911	<i>Then</i>	2009							
Leyton Station	0012	<i>every</i>		0100	0120		<i>Then</i>		0350	0420	0445	0505	<i>every</i>	0605	0615	0625	<i>about</i>	1924	<i>about</i>	2020							
Leytonstone Thatched House	0016	<i>12</i>		0104	0123		<i>every 30</i>		0353	0423	0448	0509	<i>12</i>	0609	0619	0629	<i>every</i>	1929	<i>every</i>	2024							
Stratford Broadway	0022	<i>mins.</i>		0110	0128		<i>minutes</i>		0358	0428	0453	0515	<i>mins.</i>	0615	0625	0635	<i>8</i>	1936	<i>10</i>	2031							
Plaistow Station	0027	<i>until</i>		0115	0132		<i>until</i>		0402	0433	0458	0520	<i>until</i>	0620	0630	0640	<i>mins.</i>	1942	<i>mins.</i>	2037							
Canning Town Hermit Road	0032			0120	0137				0407	0437	0502	0525		0625	0637	0647	<i>until</i>	1949	<i>until</i>	2043							
Canning Town Bus Station	0035			0123	0140				0410	0440	0505	0528		0628	0640	0650		1952		2046							
Walthamstow Central Station	2014	2026	2038	2050	2101				2201	2213	2225	2237	2249	2301	2314	2326	2338	2350									
Leyton Baker's Arms	2020	2032	2044	2056	2107				2207	2219	2231	2242	2254	2306	2319	2331	2342	2354									
Leyton Station	2031	2043	2055	2107	2117		<i>Then</i>		2217	2228	2239	2250	2302	2314	2327	2337	2348	0000									
Leytonstone Thatched House	2035	2047	2059	2111	2121		<i>every 12</i>		2221	2232	2243	2254	2306	2318	2331	2341	2352	0004									
Stratford Broadway	2042	2054	2106	2117	2127		<i>minutes</i>		2227	2238	2249	2300	2312	2324	2337	2347	2358	0010									
Plaistow Station	2048	2100	2111	2122	2132		<i>until</i>		2232	2243	2254	2305	2317	2329	2342	2352	0003	0015									
Canning Town Hermit Road	2054	2106	2117	2128	2138				2238	2249	2300	2311	2323	2335	2347	2357	0008	0020									
Canning Town Bus Station	2057	2109	2120	2131	2141				2241	2252	2303	2314	2326	2338	2350	0000	0011	0023									
69														Saturdays (also Good Friday)													
Walthamstow Central Station	0002			0050	0110				0340	0410	0435	0455	0515			0635	0648			0748							
Leyton Baker's Arms	0006			0054	0114				0344	0414	0439	0459	0519			0639	0652	<i>Then</i>		0752							
Leyton Station	0012	<i>Then</i>		0100	0120		<i>Then</i>		0350	0420	0445	0505	0525	<i>Then</i>		0645	0659	<i>every</i>		0759							
Leytonstone Thatched House	0016	<i>every 12</i>		0104	0123		<i>every 30</i>		0353	0423	0448	0508	0529	<i>every 20</i>		0649	0703	<i>12</i>		0803							
Stratford Broadway	0022	<i>minutes</i>		0110	0128		<i>minutes</i>		0358	0428	0453	0513	0535	<i>minutes</i>		0655	0709	<i>mins.</i>		0809							
Plaistow Station	0027	<i>until</i>		0115	0132		<i>until</i>		0402	0433	0458	0518	0540	<i>until</i>		0700	0714	<i>until</i>		0814							
Canning Town Hermit Road	0032			0120	0137				0407	0438	0503	0523	0545			0705	0720			0820							
Canning Town Bus Station	0035			0123	0140				0410	0440	0505	0526	0548			0708	0723			0823							
Walthamstow Central Station	0758	0808	0818	0827				0958					1702		1838	1848	1858	1908	1918	1928	1939						
Leyton Baker's Arms	0802	0812	0822	0831			<i>Then</i>		1005				1709	<i>Then</i>	1845	1855	1905	1915	1925	1935	1946						
Leyton Station	0809	0819	0829	0839			<i>about</i>		1019	<i>every</i>			1723	<i>about</i>	1858	1908	1918	1928	1937	1947	1957						
Leytonstone Thatched House	0813	0823	0833	0843			<i>every 8</i>		1025	<i>8</i>			1729	<i>every 8</i>	1903	1913	1923	1932	1941	1951	2001						
Stratford Broadway	0819	0829	0839	0849			<i>minutes</i>		1033	<i>mins.</i>			1737	<i>minutes</i>	1910	1920	1930	1939	1948	1958	2008						
Plaistow Station	0824	0834	0844	0854			<i>until</i>		1039	<i>until</i>			1743	<i>until</i>	1916	1926	1936	1945	1954	2004	2014						
Canning Town Hermit Road	0830	0840	0850	0900					1047				1751		1922	1932	1942	1951	2000	2010	2020						
Canning Town Bus Station	0833	0843	0853	0903					1051				1755		1925	1935	1945	1954	2003	2013	2023						
Walthamstow Central Station	1950			2038	2050	2102	2113							2213	2225	2237	2249	2301	2313	2326	2338	2350					
Leyton Baker's Arms	1956			2044	2056	2108	2119							2219	2231	2242	2254	2306	2318	2331	2342	2354					
Leyton Station	2007	<i>Then</i>		2055	2107	2118	2129		<i>Then</i>					2229	2239	2250	2302	2314	2326	2337	2348	0000					
Leytonstone Thatched House	2011	<i>every 12</i>		2059	2111	2122	2133		<i>every 12</i>					2233	2243	2254	2306	2318	2330	2341	2352	0004					
Stratford Broadway	2018	<i>minutes</i>		2106	2117	2128	2139		<i>minutes</i>					2239	2249	2300	2312	2324	2336	2347	2358	0010					
Plaistow Station	2024	<i>until</i>		2112	2123	2134	2144		<i>until</i>					2244	2254	2305	2317	2329	2341	2352	0003	0015					
Canning Town Hermit Road	2030			2118	2129	2140	2150							2250	2300	2311	2323	2335	2346	2357	0008	0020					
Canning Town Bus Station	2033			2121	2132	2143	2153							2253	2303	2314	2326	2338	2349	0000	0011	0023					
69														Sundays and other Public Holidays (except Christmas Day and Boxing Day)													
Walthamstow Central Station	0002			0050	0110				0340	0410	0440	0510	0538	0555	0615	0635	0654	0712	0730								
Leyton Baker's Arms	0006			0054	0114				0344	0414	0444	0514	0542	0559	0619	0639	0658	0716	0734								
Leyton Station	0012	<i>Then</i>		0100	0120		<i>Then</i>		0350	0420	0450	0520	0548	0605	0625	0645	0704	0722	0740								
Leytonstone Thatched House	0016	<i>every 12</i>		0104	0123		<i>every 30</i>		0353	0423	0453	0523	0551	0609	0629	0649	0708	0726	0744								
Stratford Broadway	0022	<i>minutes</i>		0110	0128		<i>minutes</i>		0358	0428	0458	0528	0557	0615	0635	0655	0714	0732	0750								
Plaistow Station	0027	<i>until</i>		0115	0132		<i>until</i>		0402	0433	0503	0533	0602	0620	0640	0700	0719	0737	0755								
Canning Town Hermit Road	0032			0120	0137				0407	0438	0508	0538	0607	0625	0645	0705	0724	0743	0801								
Canning Town Bus Station	0035			0123	0140				0410	0440	0510	0540	0609	0627	0647	0707	0727	0746	0804								
Walthamstow Central Station	0747	0803	0818	0833	0848				0936	0947	0957	1008	1019	1028	1038	1049					1849						
Leyton Baker's Arms	0751	0807	0822	0837	0852				0940	0951	1001	1013	1024	1033	1044	1055					1855						
Leyton Station	0758	0814	0829	0844	0859		<i>Then</i>		0947	0958	1010	1022	1033	1044	1056	1108	<i>Then</i>				1908						
Leytonstone Thatched House	0802	0818	0833	0848	0903		<i>every 12</i>		0951	1003	1015	1027	1038	1049	1101	1113	<i>every 12</i>				1913						
Stratford Broadway	0808	0824	0839	0854	0909		<i>minutes</i>		0957	1009	1021	1033	1044	1056	1108	1120	<i>minutes</i>				1920						
Plaistow Station	0813	0829	0844	0859	0914		<i>until</i>		1002	1014	1026	1038	1050	1102	1114	1126	<i>until</i>				1926						
Canning Town Hermit Road	0819	0835	0850	0905	0920				1008	1020	1032	1044	1056	1108	1120	1132					1932						
Canning Town Bus Station	0822	0838	0853	0908	0923				1011	1023	1035	1047	1059	1111	1123	1135					1935						
Walthamstow Central Station	1901	1914		2026	2038	2050	2101							2201	2213	2225	2237	2249	2301	2314	2326	2338	2350				
Leyton Baker's Arms	1907	1920	<i>Then</i>	2032	2044	2056	2107	<i>Then</i>						2207	2219	2231	2242	2254	2306	2319	2331	2342	2354				
Leyton Station	1920	1931	<i>every</i>	2043	2055	2106	2117	<i>every</i>						2217	2228	2239	2250	2302	2314	2327	2337	2348	0000				
Leytonstone Thatched House	1924	1935	<i>12</i>	2047	2059	2110	2121	<i>12</i>						2221	2232	2243	2254	2306	2318	2331	2341	2352	0004				
Stratford Broadway	1931	1942	<i>mins.</i>	2054	2106	2116	2127	<i>mins.</i>						2227	2238	2249	2300	2312	2324	2337	2347	2358	0010				
Plaistow Station	1937	1948	<i>until</i>	2100	2111	2121	2132	<i>until</i>						2232	2243	2254	2305	2317	2329	2342	2352	0003	0015				
Canning Town Hermit Road	1943	1954		2106	2117	2127	2138							2238	2249	2300	2311	2323	2335	2347	2357	0008	0020				
Canning Town Bus Station	1946	1957		2109	2120	2130	2141							2241	2252	2303	2314	2326	2338	2350	0000	0011	0023				

69		Mondays to Fridays																
Canning Town Bus Station	0000	0012	0024	0037	0050	0115	Then every 30 minutes until	0415	0445	0505	0525	0545	0559	0611	0619	0627	0635	
Canning Town Hermit Road	0003	0015	0027	0040	0053	0118		0418	0448	0508	0528	0548	0602	0614	0622	0630	0638	
Plaistow Station	0009	0021	0033	0046	0059	0122		0422	0452	0513	0534	0554	0608	0620	0628	0637	0645	
Stratford Bus Station	0015	0027	0039	0052	0105	0128		0428	0458	0519	0540	0600	0614	0626	0634	0643	0652	
Leytonstone Thatched House	0020	0032	0044	0057	0110	0133		0433	0503	0524	0545	0605	0619	0631	0640	0650	0700	
Leyton Station	0024	0036	0048	0101	0114	0136		0436	0506	0528	0549	0609	0623	0635	0645	0655	0705	
Leyton Baker's Arms	0030	0042	0054	0107	0120	0141		0441	0512	0534	0555	0615	0629	0642	0653	0703	0713	
Walthamstow Central Station	0033	0045	0057	0110	0123	0145	0445	0515	0537	0558	0618	0633	0647	0659	0709	0719		
Canning Town Bus Station	0643	Then about every 8 mins. until	1945	Then about every 10 mins. until	2024	2036	Then every 12 mins. until	2148	2200	2212	2224	2236	2248	2300	2312	2324	2336	2348
Canning Town Hermit Road	0646		1948		2027	2039		2151	2203	2215	2227	2239	2251	2303	2315	2327	2339	2351
Plaistow Station	0653		1954		2033	2045		2157	2209	2221	2233	2245	2257	2309	2321	2333	2345	2357
Stratford Bus Station	0700		2001		2040	2052		2204	2216	2228	2240	2252	2304	2316	2328	2340	2351	0003
Leytonstone Thatched House	0708		2009		2048	2059		2211	2223	2235	2246	2258	2310	2322	2334	2345	2356	0008
Leyton Station	0713		2014		2053	2104		2216	2228	2239	2250	2302	2314	2326	2338	2349	0000	0012
Leyton Baker's Arms	0722		2024		2103	2114		2226	2237	2247	2258	2310	2322	2334	2345	2355	0006	0018
Walthamstow Central Station	0728	2030	2109	2120	2232	2242	2252	2303	2315	2327	2338	2349	2359	0009	0021			
69		Saturdays (also Good Friday)																
Canning Town Bus Station	0000	0012	0024	0037	0050	0115	Then every 30 minutes until	0415	0445	0505	0525	0545	0559	0611	0623	0635	0646	
Canning Town Hermit Road	0003	0015	0027	0040	0053	0118		0418	0448	0508	0528	0548	0602	0614	0626	0638	0649	
Plaistow Station	0009	0021	0033	0046	0059	0122		0422	0452	0513	0534	0554	0608	0620	0632	0644	0655	
Stratford Bus Station	0015	0027	0039	0052	0105	0128		0428	0458	0519	0540	0600	0614	0626	0638	0650	0701	
Leytonstone Thatched House	0020	0032	0044	0057	0110	0133		0433	0503	0524	0545	0605	0619	0631	0643	0655	0707	
Leyton Station	0024	0036	0048	0101	0114	0136		0436	0506	0528	0549	0609	0623	0635	0647	0659	0711	
Leyton Baker's Arms	0030	0042	0054	0107	0120	0141		0441	0512	0534	0555	0615	0629	0641	0654	0707	0720	
Walthamstow Central Station	0033	0045	0057	0110	0123	0145	0445	0515	0537	0558	0618	0633	0646	0659	0712	0725		
Canning Town Bus Station	0657	0709	0719	0729	Then about every 8 minutes until	1224	Then every 8 minutes until	1704	Then about every 8 minutes until	1920	1929	1939	1949	2000	2012			
Canning Town Hermit Road	0700	0712	0722	0732		1227		1707		1923	1932	1942	1952	2003	2015			
Plaistow Station	0706	0718	0728	0738		1235		1715		1930	1939	1948	1958	2009	2021			
Stratford Bus Station	0713	0725	0735	0745		1243		1723		1937	1946	1955	2005	2016	2028			
Leytonstone Thatched House	0719	0731	0741	0751		1253		1733		1946	1954	2003	2013	2023	2035			
Leyton Station	0723	0735	0745	0755		1259		1739		1951	1959	2008	2018	2028	2040			
Leyton Baker's Arms	0733	0745	0755	0805		1312		1752		2001	2009	2018	2028	2038	2050			
Walthamstow Central Station	0738	0750	0800	0810	1320	1800	2007	2015	2024	2034	2044	2056						
Canning Town Bus Station	2024	Then every 12 minutes until	2148	2200	2212	2224	2236	2248	2300	2312	2324	2336	2348					
Canning Town Hermit Road	2027		2151	2203	2215	2227	2239	2251	2303	2315	2327	2339	2351					
Plaistow Station	2033		2157	2209	2221	2233	2245	2257	2309	2321	2333	2345	2357					
Stratford Bus Station	2040		2204	2216	2228	2240	2252	2304	2316	2328	2340	2351	0003					
Leytonstone Thatched House	2047		2211	2223	2235	2246	2258	2310	2322	2334	2345	2356	0008					
Leyton Station	2052		2216	2228	2239	2250	2302	2314	2326	2338	2349	0000	0012					
Leyton Baker's Arms	2102		2226	2237	2247	2258	2310	2322	2334	2345	2355	0006	0018					
Walthamstow Central Station	2108	2232	2242	2252	2303	2315	2327	2338	2349	2359	0009	0021						
69		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
Canning Town Bus Station	0000	0012	0024	0037	0050	0115	Then every 30 minutes until	0415	0445	0515	0545	0605	0625	0645	0700	0715	0730	
Canning Town Hermit Road	0003	0015	0027	0040	0053	0118		0418	0448	0518	0548	0608	0628	0648	0703	0718	0733	
Plaistow Station	0009	0021	0033	0046	0059	0122		0422	0452	0522	0552	0614	0634	0654	0709	0724	0739	
Stratford Bus Station	0015	0027	0039	0052	0105	0128		0428	0458	0528	0558	0620	0640	0700	0715	0730	0745	
Leytonstone Thatched House	0020	0032	0044	0057	0110	0133		0433	0503	0533	0603	0625	0645	0705	0720	0735	0750	
Leyton Station	0024	0036	0048	0101	0114	0136		0436	0506	0536	0606	0629	0649	0709	0724	0739	0754	
Leyton Baker's Arms	0030	0042	0054	0107	0120	0141		0441	0512	0542	0612	0635	0655	0715	0730	0748	0803	
Walthamstow Central Station	0033	0045	0057	0110	0123	0145	0445	0515	0545	0615	0638	0658	0718	0733	0753	0808		
Canning Town Bus Station	0745	0759	0813	Then every 12 minutes until	0901	0912	0923	0934	0944	0954	1004	1014	1024	Then every 12 minutes until	1812	1824		
Canning Town Hermit Road	0748	0802	0816		0904	0915	0926	0937	0947	0957	1007	1017	1027		1815	1827		
Plaistow Station	0754	0808	0822		0910	0921	0932	0943	0953	1003	1013	1023	1033		1821	1833		
Stratford Bus Station	0800	0814	0828		0916	0927	0938	0949	0959	1010	1020	1030	1041		1829	1841		
Leytonstone Thatched House	0805	0819	0833		0921	0932	0943	0954	1005	1016	1027	1037	1049		1837	1849		
Leyton Station	0809	0823	0837		0925	0936	0947	0958	1010	1021	1032	1042	1054		1842	1854		
Leyton Baker's Arms	0818	0832	0846		0934	0945	0956	1007	1019	1030	1043	1053	1105		1853	1905		
Walthamstow Central Station	0823	0837	0851	0939	0950	1001	1012	1024	1036	1050	1100	1112	1900	1911				
Canning Town Bus Station	1836	1848	1859	Then every 12 mins. until	2035	2048	Then every 12 mins. until	2148	2200	2212	2224	2236	2248	2300	2312	2324	2336	2348
Canning Town Hermit Road	1839	1851	1902		2038	2051		2151	2203	2215	2227	2239	2251	2303	2315	2327	2339	2351
Plaistow Station	1845	1857	1908		2044	2057		2157	2209	2221	2233	2245	2257	2309	2321	2333	2345	2357
Stratford Bus Station	1853	1904	1915		2051	2104		2204	2216	2228	2240	2252	2304	2316	2328	2340	2351	0003
Leytonstone Thatched House	1901	1912	1923		2059	2111		2211	2223	2235	2246	2258	2310	2322	2334	2345	2356	0008
Leyton Station	1906	1917	1928		2104	2116		2216	2228	2239	2250	2302	2314	2326	2338	2349	0000	0012
Leyton Baker's Arms	1916	1927	1938		2114	2126		2226	2237	2247	2258	2310	2322	2334	2345	2355	0006	0018
Walthamstow Central Station	1922	1933	1944	2120	2132	2232	2242	2252	2303	2315	2327	2338	2349	2359	0009	0021		