

69		Mondays to Fridays										Tuesdays to Fridays									
		Mondays										Tuesdays to Fridays									
Walthamstow Central Station	0002	0014	0026	0038	0050	0110		0340	0002	0014	0026	0038	0050	0110		0340	0405	0425			
Leyton Baker's Arms (High Rd. Leyton)	0008	0020	0032	0044	0055	0114	Then	0344	0008	0020	0032	0043	0055	0114	Then	0344	0410	0430			
Leyton Station	0016	0028	0040	0052	0102	0120	every	0350	0016	0028	0040	0050	0101	0120	every	0350	0417	0437			
Leytonstone Thatched House	0019	0031	0043	0055	0105	0123	30	0353	0020	0032	0044	0054	0104	0123	30	0353	0420	0440			
Stratford Broadway Tramway Avenue	0025	0037	0049	0100	0110	0128	mins.	0358	0026	0038	0049	0059	0109	0128	mins.	0358	0426	0446			
Plaistow Station	0030	0042	0054	0104	0114	0132	until	0402	0031	0043	0054	0104	0114	0133	until	0403	0430	0450			
Canning Town Bus Station	0038	0050	0101	0111	0121	0139		0409	0039	0051	0102	0112	0122	0140		0410	0438	0458			
Walthamstow Central Station	0445	0500	0514	0526	0538	0550	0600	0610	0619	Then	0833		1339	1348	1357	1406	1415				
Leyton Baker's Arms (High Rd. Leyton)	0450	0505	0519	0531	0543	0555	0606	0616	0625	about	0841	Then	1348	1357	1406	1416	1425				
Leyton Station	0457	0512	0526	0538	0550	0603	0615	0625	0634	every	0853	about	1359	1409	1419	1429	1438				
Leytonstone Thatched House	0500	0515	0529	0541	0553	0606	0618	0628	0637	8	0858	every 9	1403	1414	1424	1434	1443				
Stratford Broadway Tramway Avenue	0506	0521	0535	0547	0559	0613	0625	0635	0644	mins.	0907	minutes	1412	1423	1433	1443	1452				
Plaistow Station	0510	0525	0539	0551	0603	0618	0630	0640	0649	until	0913	until	1419	1430	1440	1450	1459				
Canning Town Bus Station	0518	0533	0547	0559	0612	0627	0639	0649	0658		0924		1431	1442	1452	1502	1511				
Walthamstow Central Station	1424	Then	1918	Then	2016	2028	2041	2054	2106	2119	Then	2207	2219	2231	2244	2257		2349			
Leyton Baker's Arms (High Rd. Leyton)	1434	about	1927	about	2024	2036	2049	2102	2113	2126	about	2213	2225	2237	2250	2303	Then	2355			
Leyton Station	1447	every	1939	every	2034	2046	2059	2112	2123	2136	every	2222	2234	2246	2259	2311	every	0003			
Leytonstone Thatched House	1452	8	1944	10	2038	2050	2103	2116	2127	2140	12	2226	2238	2250	2303	2315	13	0007			
Stratford Broadway Tramway Avenue	1501	mins.	1953	mins.	2045	2057	2110	2123	2134	2147	mins.	2233	2245	2257	2309	2321	mins.	0013			
Plaistow Station	1509	until	1959	until	2051	2103	2115	2128	2139	2152	until	2238	2250	2302	2314	2326	until	0018			
Canning Town Bus Station	1523		2010		2101	2113	2125	2138	2149	2202		2247	2259	2310	2322	2334		0026			
69		Saturdays (also Good Friday)																			
Walthamstow Central Station	0002	0014	0026	0038	0050	0110	0140	0210	0240	0310	0340	0407									
Leyton Baker's Arms (High Rd. Leyton)	0008	0020	0032	0043	0055	0115	0145	0215	0245	0314	0344	0412	Then								
Leyton Station	0016	0028	0040	0050	0101	0121	0151	0221	0251	0320	0350	0418	every 20								
Leytonstone Thatched House	0020	0032	0044	0054	0104	0124	0154	0224	0254	0323	0353	0421	minutes								
Stratford Broadway Tramway Avenue	0026	0038	0050	0100	0110	0130	0200	0230	0300	0328	0359	0426	until								
Plaistow Station	0031	0043	0055	0105	0115	0135	0205	0235	0305	0334	0404	0430									
Canning Town Bus Station	0039	0051	0103	0113	0123	0143	0213	0243	0313	0342	0412	0438									
Walthamstow Central Station	0641			0729	0741	0753	0803	0813			1903	1913	1923	1933	1943	1953	2003	2015			
Leyton Baker's Arms (High Rd. Leyton)	0646	Then		0734	0746	0758	0809	0819	Then		1913	1923	1933	1943	1953	2003	2012	2023			
Leyton Station	0654	every 12		0742	0754	0806	0818	0828	about		1924	1934	1944	1954	2003	2013	2022	2033			
Leytonstone Thatched House	0657	minutes		0745	0757	0810	0822	0832	every 9		1928	1938	1948	1958	2007	2017	2026	2037			
Stratford Broadway Tramway Avenue	0703	until		0751	0803	0817	0829	0839	minutes		1937	1947	1957	2007	2015	2025	2034	2045			
Plaistow Station	0708			0756	0808	0822	0834	0844	until		1943	1953	2003	2013	2021	2031	2040	2051			
Canning Town Bus Station	0716			0804	0817	0831	0843	0853			1955	2005	2014	2024	2032	2042	2051	2102			
Walthamstow Central Station	2027	2039	2051	2102	2114	2126	2138	2150	2202	2214	2226	2238	2250	2302	2314	2326	2338	2350			
Leyton Baker's Arms (High Rd. Leyton)	2035	2047	2059	2110	2121	2133	2145	2157	2209	2221	2233	2245	2257	2309	2320	2332	2344	2356			
Leyton Station	2045	2057	2109	2120	2131	2143	2155	2207	2218	2230	2242	2254	2306	2317	2328	2340	2352	0004			
Leytonstone Thatched House	2049	2101	2113	2124	2135	2147	2159	2211	2222	2234	2246	2258	2310	2321	2332	2344	2356	0008			
Stratford Broadway Tramway Avenue	2057	2108	2120	2131	2142	2154	2206	2218	2229	2241	2253	2305	2317	2328	2339	2351	0003	0015			
Plaistow Station	2103	2114	2126	2137	2148	2200	2211	2223	2234	2246	2258	2310	2322	2333	2344	2356	0008	0020			
Canning Town Bus Station	2114	2125	2137	2148	2159	2210	2221	2233	2244	2256	2308	2319	2331	2342	2353	0005	0017	0029			
69		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																			
Walthamstow Central Station	0002	0014	0026	0038	0050	0110		0240	0310	0340	0407		0537	0603	0623	0643	0703	0723			
Leyton Baker's Arms (High Rd. Leyton)	0008	0020	0032	0044	0056	0115	Then	0245	0314	0344	0412	Then	0542	0608	0628	0648	0708	0728			
Leyton Station	0016	0028	0040	0052	0103	0121	every	0251	0320	0350	0418	every	0548	0614	0634	0654	0715	0735			
Leytonstone Thatched House	0020	0032	0044	0055	0106	0124	30	0254	0323	0353	0421	30	0551	0617	0637	0657	0718	0738			
Stratford Broadway Tramway Avenue	0027	0039	0051	0102	0112	0130	mins.	0300	0329	0359	0427	mins.	0557	0623	0643	0703	0724	0744			
Plaistow Station	0032	0044	0056	0107	0117	0135	until	0305	0334	0404	0431	until	0601	0627	0647	0707	0728	0748			
Canning Town Bus Station	0041	0053	0105	0115	0125	0143		0313	0342	0412	0439		0609	0635	0655	0715	0736	0756			
Walthamstow Central Station	0743	0757	0812	0827	0842	0855	0908	Then	2157	2210	2222	2235	2247	2300	2312	2325	2337	2350			
Leyton Baker's Arms (High Rd. Leyton)	0748	0802	0817	0832	0847	0900	0914	about	2204	2216	2228	2241	2253	2306	2318	2331	2343	2356			
Leyton Station	0755	0810	0825	0840	0855	0909	0923	every	2213	2225	2237	2250	2302	2314	2326	2339	2351	0004			
Leytonstone Thatched House	0758	0813	0828	0843	0858	0913	0927	12	2217	2229	2241	2254	2305	2317	2329	2342	2354	0007			
Stratford Broadway Tramway Avenue	0804	0819	0834	0849	0904	0920	0934	mins.	2223	2235	2247	2300	2311	2323	2335	2348	0000	0013			
Plaistow Station	0809	0824	0839	0854	0909	0925	0939	until	2228	2240	2252	2305	2316	2328	2340	2353	0005	0018			
Canning Town Bus Station	0817	0832	0847	0902	0918	0934	0948		2237	2249	2301	2313	2324	2336	2348	0001	0013	0026			

69		Mondays to Fridays										Tuesdays to Fridays									
		Mondays										Tuesdays to Fridays									
Canning Town Bus Station	0002	0014	0026	0038	0050	0122	0152	0222			0422	0002	0014	0026	0038	0050	0122	0152			
Plaistow Station	0011	0023	0035	0047	0059	0130	0200	0230			0430	0011	0023	0035	0047	0059	0130	0200			
Stratford Bus Station	0018	0030	0042	0054	0106	0137	0207	0236			0436	0018	0030	0042	0054	0106	0137	0207			
Leytonstone Thatched House	0024	0036	0048	0100	0111	0142	0212	0241			0441	0024	0036	0048	0100	0111	0142	0212			
Leyton Station	0029	0041	0053	0104	0115	0146	0216	0245			0445	0029	0041	0053	0104	0115	0146	0216			
Leyton Baker's Arms (High Rd. Leyton)	0037	0049	0101	0110	0121	0152	0222	0251			0451	0037	0049	0100	0110	0121	0152	0222			
Walthamstow Central Station	0043	0055	0105	0114	0125	0156	0226	0255			0455	0043	0054	0104	0114	0125	0156	0226			
		Tue to Fri (ctd.)																			
Canning Town Bus Station	0222		0422	0445	0505	0525	0545	0557	0609	Then	0638		0846	Then	1428	Then	2000				
Plaistow Station	0230	Then	0430	0454	0514	0534	0554	0606	0619	about	0648	Then	0858	about	1440	about	2010				
Stratford Bus Station	0237	every	0437	0501	0521	0541	0601	0614	0627	every	0656	about	0910	every	1450	every	2019				
Leytonstone Thatched House	0241	30	0441	0506	0526	0546	0606	0619	0632	10	0701	every 8	0917	9	1458	8	2026				
Leyton Station	0245	mins.	0445	0510	0530	0550	0610	0623	0636	mins.	0706	minutes	0923	mins.	1504	mins.	2032				
Leyton Baker's Arms (High Rd. Leyton)	0251	until	0451	0517	0537	0557	0618	0631	0644	until	0715	until	0933	until	1516	until	2042				
Walthamstow Central Station	0255		0455	0522	0542	0602	0625	0638	0651		0724		0945		1526		2049				
Canning Town Bus Station	2010	Then	2040	2052	2104	2117	2130	2143	2155	2208	2220	2233	2246	2259	2311	2324	2336	2349			
Plaistow Station	2020	about	2050	2102	2114	2127	2140	2153	2205	2217	2229	2242	2255	2308	2320	2333	2345	2358			
Stratford Bus Station	2029	every	2059	2110	2122	2135	2148	2201	2213	2225	2237	2250	2303	2315	2327	2340	2352	0005			
Leytonstone Thatched House	2036	10	2106	2117	2129	2142	2155	2207	2219	2231	2243	2256	2309	2321	2333	2346	2358	0011			
Leyton Station	2042	mins.	2113	2124	2136	2149	2202	2212	2224	2236	2248	2301	2314	2326	2338	2351	0003	0016			
Leyton Baker's Arms (High Rd. Leyton)	2052	until	2123	2134	2146	2159	2211	2221	2233	2245	2257	2309	2322	2334	2346	2359	0011	0024			
Walthamstow Central Station	2059		2130	2141	2153	2206	2217	2227	2239	2251	2303	2315	2328	2340	2352	0005	0017	0030			
69		Saturdays (also Good Friday)																			
Canning Town Bus Station	0002	0014	0026	0038	0050	0122	0152	0222	0252	0322	0352	0422	0445	0505	0525	0545	0557	0609			
Plaistow Station	0011	0023	0035	0047	0059	0131	0201	0230	0300	0330	0400	0430	0453	0513	0533	0553	0605	0619			
Stratford Bus Station	0018	0030	0042	0054	0107	0139	0209	0238	0307	0337	0407	0437	0459	0519	0539	0559	0612	0626			
Leytonstone Thatched House	0024	0036	0048	0100	0113	0145	0215	0244	0312	0342	0412	0442	0504	0524	0544	0604	0617	0631			
Leyton Station	0029	0041	0053	0105	0118	0149	0219	0248	0316	0346	0416	0446	0507	0527	0547	0608	0621	0635			
Leyton Baker's Arms (High Rd. Leyton)	0037	0049	0100	0112	0125	0157	0226	0255	0323	0353	0423	0453	0514	0534	0554	0615	0628	0642			
Walthamstow Central Station	0043	0054	0104	0116	0129	0202	0231	0300	0328	0358	0428	0458	0519	0539	0559	0621	0634	0648			
Canning Town Bus Station	0620	0632	0644	0655	0707	0718	0728			1847	1857	1907	1916	1925	1934	1944	1954	2004			
Plaistow Station	0630	0642	0654	0705	0717	0728	0738			1858	1908	1917	1926	1935	1944	1954	2004	2014			
Stratford Bus Station	0637	0649	0701	0712	0724	0735	0745			1909	1919	1928	1937	1946	1955	2005	2013	2023			
Leytonstone Thatched House	0642	0654	0707	0718	0730	0741	0751			1917	1927	1936	1945	1954	2003	2013	2021	2031			
Leyton Station	0646	0658	0712	0723	0735	0746	0756			1923	1933	1942	1951	2000	2009	2019	2027	2037			
Leyton Baker's Arms (High Rd. Leyton)	0653	0705	0720	0731	0743	0754	0804			1934	1944	1953	2002	2010	2019	2029	2037	2047			
Walthamstow Central Station	0659	0711	0726	0737	0749	0800	0810			1945	1955	2004	2010	2018	2027	2037	2045	2055			
Canning Town Bus Station	2015	2027	2039	2051	2103	2115	2127	2139	2151	2203	2215	2227	2239	2251	2302			2350			
Plaistow Station	2025	2037	2049	2101	2113	2125	2137	2149	2201	2213	2225	2237	2249	2301	2311			2359			
Stratford Bus Station	2034	2046	2058	2110	2122	2134	2146	2158	2210	2222	2234	2246	2258	2310	2320			2359	Then		
Leytonstone Thatched House	2042	2054	2106	2117	2129	2141	2153	2205	2217	2229	2241	2253	2305	2317	2327			2359	every 12		
Leyton Station	2048	2100	2112	2123	2135	2147	2159	2210	2222	2234	2246	2258	2310	2322	2332			2359	minutes		
Leyton Baker's Arms (High Rd. Leyton)	2058	2110	2122	2133	2145	2157	2209	2220	2232	2244	2256	2308	2319	2331	2341			2359	until		
Walthamstow Central Station	2106	2117	2129	2140	2152	2204	2216	2227	2239	2251	2303	2315	2326	2338	2348			2359			
69		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																			
Canning Town Bus Station	0002	0014	0026	0038	0050	0122	0152	0222	0252	0322	0352	0422	0445	0515	0545	0603	0623	0643			
Plaistow Station	0011	0023	0035	0047	0059	0131	0201	0230	0300	0330	0400	0430	0453	0523	0553	0611	0631	0651			
Stratford Bus Station	0020	0032	0044	0056	0108	0139	0209	0238	0307	0337	0407	0437	0500	0530	0600	0618	0638	0658			
Leytonstone Thatched House	0027	0039	0051	0103	0114	0145	0215	0244	0312	0342	0412	0442	0505	0535	0605	0623	0643	0703			
Leyton Station	0032	0044	0056	0107	0118	0149	0219	0248	0316	0346	0416	0446	0509	0539	0609	0627	0647	0707			
Leyton Baker's Arms (High Rd. Leyton)	0041	0053	0105	0115	0126	0157	0226	0255	0323	0353	0423	0453	0515	0545	0617	0635	0655	0715			
Walthamstow Central Station	0048	0100	0110	0120	0131	0202	0231	0300	0328	0358	0428	0457	0520	0550	0623	0641	0701	0721			
Canning Town Bus Station	0658	0713	0728	0743	0758	0813	0825	0837	0849	0901	Then	2234	2247	2259	2311	2323	2336	2349			
Plaistow Station	0706	0721	0736	0751	0806	0823	0835	0847	0859	0912	about	2243	2256	2308	2320	2332	2345	2358			
Stratford Bus Station	0713	0728	0743	0758	0813	0830	0842	0854	0906	0921	every	2251	2304	2315	2327	2339	2352	0005			
Leytonstone Thatched House	0718	0733	0748	0803	0818	0835	0847	0859	0912	0927	12	2257	2310	2321	2333	2345	2358	0011			
Leyton Station	0722	0737	0752	0808	0823	0840	0852	0904	0917	0932	mins.	2302	2315	2326	2338	2350	0003	0016			
Leyton Baker's Arms (High Rd. Leyton)	0730	0745	0800	0816	0831	0848	0900	0913	0926	0941	until	2310	2323	2334	2346	2358	0011	0024			
Walthamstow Central Station	0736	0751	0806	0822	0837	0854	0907	0920	0933	0948		2316	2329	2340	2352	0004	0017	0030			