

103 Mondays to Fridays																							
Chase Cross Chase Cross Road	0500	0520	0540	0600	0615	0628							1807	1820	1835	1850	1905	1920	1935	1950	2005	2020	
Eastern Avenue Pettits Lane	0505	0525	0545	0605	0621	0634							1813	1826	1840	1855	1910	1925	1940	1955	2009	2024	
Romford North Street Bus Garage	0507	0527	0547	0608	0624	0637							Then about every 10 minutes until	1817	1830	1844	1858	1913	1928	1943	1958	2012	2027
Romford Market St Edward's Way	0509	0529	0549	0610	0626	0639						1821		1833	1847	1901	1916	1930	1945	2000	2014	2029	
Romford Station	0512	0532	0553	0614	0630	0643						1827		1839	1852	1906	1921	1935	1950	2004	2018	2033	
Becontree Heath Civic Cent. (Wood La.)	0519	0539	0600	0622	0638	0651						1839		1850	1903	1917	1931	1945	2000	2013	2026	2041	
Dagenham East Station	0525	0545	0607	0629	0645	0659						1847		1858	1911	1924	1938	1952	2006	2019	2032	2047	
South Hornchurch Newtons Corner	0528	0548	0610	0632	0648	0703						1851	1902	1915	1928	1942	1956	2010	2023	2036	2051		
Rainham Station Celtic Farm Road	0533	0553	0616	0639	0656	0711						1859	1910	1923	1936	1950	2004	2017	2030	2043	2058		
Chase Cross Chase Cross Road	2036	2056	2116	2136	2156	2216	2236	2256	2316	2336													
Eastern Avenue Pettits Lane	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340													
Romford North Street Bus Garage	2043	2103	2123	2143	2203	2222	2242	2302	2322	2342													
Romford Market St Edward's Way	2045	2105	2125	2145	2205	2224	2244	2304	2324	2344													
Romford Station	2049	2109	2129	2149	2209	2228	2248	2308	2328	2348													
Becontree Heath Civic Cent. (Wood La.)	2057	2117	2137	2157	2217	2236	2256	2315	2335	2355													
Dagenham East Station	2103	2123	2143	2203	2223	2242	2301	2320	2340	0000													
South Hornchurch Newtons Corner	2107	2127	2147	2207	2227	2245	2304	2323	2343	0003													
Rainham Station Celtic Farm Road	2114	2134	2154	2213	2233	2251	2310	2329	2349	0009													
103 Saturdays (also Good Friday)																							
Chase Cross Chase Cross Road	0500	0520	0540	0600	0620	0640	0700	0720	0740	0800	0820		Then about every 10 minutes until	1658	1709	1719	1729	1739	1749				
Eastern Avenue Pettits Lane	0504	0524	0544	0604	0624	0644	0705	0725	0745	0805	0825	1704		1715	1725	1735	1745						
Romford North Street Bus Garage	0506	0526	0546	0606	0626	0646	0708	0728	0748	0808	0828	1708		1719	1729	1739	1749						
Romford Market St Edward's Way	0508	0528	0548	0608	0628	0648	0710	0730	0750	0810	0830	1711		1722	1732	1742	1752						
Romford Station	0511	0531	0551	0611	0631	0651	0713	0733	0753	0813	0834	1717		1728	1738	1748	1758						
Becontree Heath Civic Cent. (Wood La.)	0518	0538	0558	0618	0638	0658	0720	0740	0800	0820	0841	1727	1738	1748	1758	1808							
Dagenham East Station	0524	0544	0604	0624	0644	0704	0726	0746	0806	0826	0847	1734	1745	1755	1805	1815							
South Hornchurch Newtons Corner	0527	0547	0607	0627	0647	0707	0729	0749	0809	0830	0851	1738	1749	1759	1809	1819							
Rainham Station Celtic Farm Road	0532	0552	0612	0632	0652	0713	0735	0755	0815	0837	0858	1746	1757	1807	1817	1827							
Chase Cross Chase Cross Road	1754	1810	1825	1840	1855	1915	1935	1955	2016			Then every 20 minutes until	2156	2216	2236	2256	2316	2336					
Eastern Avenue Pettits Lane	1800	1815	1830	1845	1900	1920	1940	2000	2020	2200	2220		2240	2300	2320	2340							
Romford North Street Bus Garage	1803	1818	1833	1848	1903	1923	1943	2003	2023	2203	2223		2242	2302	2322	2342							
Romford Market St Edward's Way	1806	1820	1835	1850	1905	1925	1945	2005	2025	2205	2225		2244	2304	2324	2344							
Romford Station	1811	1825	1840	1855	1910	1930	1950	2009	2029	2209	2229		2248	2308	2328	2348							
Becontree Heath Civic Cent. (Wood La.)	1820	1834	1849	1904	1919	1939	1959	2018	2037	2217	2237	2256	2315	2335	2355								
Dagenham East Station	1827	1841	1856	1911	1926	1946	2006	2024	2043	2223	2242	2301	2320	2340	0000								
South Hornchurch Newtons Corner	1831	1845	1900	1915	1930	1950	2010	2028	2047	2227	2245	2304	2323	2343	0003								
Rainham Station Celtic Farm Road	1839	1853	1908	1923	1938	1958	2017	2035	2054	2234	2251	2310	2329	2349	0009								
103 Sundays and other Public Holidays (except Christmas Day)																							
Chase Cross Chase Cross Road	0700	0730	0800	0829	0859	0927	0955	1025	1053			Then every 20 minutes until	1233	1252			Then every 20 minutes until	1632	1652	1712			
Eastern Avenue Pettits Lane	0704	0734	0804	0833	0903	0932	1000	1030	1058	1238	1257		1242	1301	1641	1701		1720					
Romford North Street Bus Garage	0707	0737	0807	0836	0906	0935	1004	1034	1102	1245	1304		1250	1309	1644	1703		1722					
Romford Market St Edward's Way	0709	0739	0809	0838	0908	0937	1006	1036	1105	1259	1319		1259	1319	1649	1708		1727					
Romford Station	0712	0742	0812	0842	0912	0941	1011	1041	1110	1306	1326		1310	1330	1659	1717		1736					
Becontree Heath Civic Cent. (Wood La.)	0719	0749	0819	0849	0919	0949	1019	1049	1119	1310	1330	1318	1338	1706	1724	1743							
Dagenham East Station	0724	0754	0824	0854	0925	0956	1026	1056	1126	1310	1330	1318	1338	1710	1728	1747							
South Hornchurch Newtons Corner	0727	0757	0827	0857	0928	0959	1030	1100	1130	1318	1338			1718	1736	1755							
Rainham Station Celtic Farm Road	0733	0803	0834	0904	0935	1006	1038	1108	1138														
Chase Cross Chase Cross Road	1732	1752	1812			2012	2033	2054	2115	2136		Then every 20 minutes until	2336										
Eastern Avenue Pettits Lane	1737	1757	1816			2016	2037	2058	2119	2140			2340										
Romford North Street Bus Garage	1740	1800	1819			2019	2040	2101	2122	2142			2342										
Romford Market St Edward's Way	1742	1802	1821			2021	2042	2103	2124	2144			2344										
Romford Station	1747	1807	1825			2025	2046	2107	2128	2148			2348										
Becontree Heath Civic Cent. (Wood La.)	1756	1815	1833			2033	2054	2115	2135	2155		2355											
Dagenham East Station	1803	1821	1839			2039	2100	2120	2140	2200		0000											
South Hornchurch Newtons Corner	1807	1825	1843			2043	2103	2123	2143	2203		0003											
Rainham Station Celtic Farm Road	1814	1832	1850			2050	2109	2129	2149	2209		0009											

103 Mondays to Fridays																					
Rainham Station Celtic Farm Road	0500	0520	0540	0600	0615	0629					1838	1850	1905	1920	1935	1950	2010	2030	2051	2112	
South Hornchurch Newtons Corner	0506	0526	0547	0607	0622	0636					1847	1858	1913	1928	1942	1957	2017	2037	2058	2118	
Dagenham East Station	0510	0530	0551	0611	0627	0641					1852	1903	1918	1933	1947	2002	2021	2041	2102	2122	
Becontree Heath Civic Cent. (Wood La.)	0515	0535	0557	0617	0634	0648					1859	1910	1925	1940	1954	2009	2027	2047	2108	2128	
Romford Station	0522	0542	0604	0625	0643	0657					1910	1921	1936	1949	2003	2017	2035	2055	2115	2135	
Romford Market St Edward's Way	0525	0545	0607	0628	0646	0700					1913	1924	1939	1952	2006	2020	2038	2058	2118	2138	
Romford North Street (The Squire)	0529	0549	0611	0632	0650	0704					1918	1929	1943	1956	2010	2024	2042	2102	2122	2142	
Eastern Avenue Pettits Lane	0530	0550	0612	0633	0651	0706					1921	1932	1946	1959	2012	2026	2044	2104	2124	2144	
Chase Cross Chase Cross Road	0534	0554	0616	0637	0655	0711					1927	1938	1951	2004	2017	2031	2049	2109	2129	2149	
Rainham Station Celtic Farm Road	2133	2153	2213	2234	2254	2315	2335	2355	0015												
South Hornchurch Newtons Corner	2139	2159	2219	2240	2300	2320	2340	0000	0020												
Dagenham East Station	2143	2203	2223	2244	2304	2324	2344	0004	0024												
Becontree Heath Civic Cent. (Wood La.)	2149	2209	2229	2249	2309	2329	2349	0009	0029												
Romford Station	2155	2215	2236	2255	2315	2335	2355	0015	0035												
Romford Market St Edward's Way	2158	2218	2239	2258	2318	2338	2358	0018	0038												
Romford North Street (The Squire)	2202	2222	2243	2302	2322	2342	0002	0022	0042												
Eastern Avenue Pettits Lane	2204	2224	2244	2303	2323	2343	0003	0023	0043												
Chase Cross Chase Cross Road	2209	2229	2249	2308	2328	2348	0008	0028	0048												
103 Saturdays (also Good Friday)																					
Rainham Station Celtic Farm Road	0500			0720	0740	0800	0820	0840	0850				1717	1728	1739	1751	1806	1821	1836		
South Hornchurch Newtons Corner	0506			0726	0746	0806	0826	0846	0857				1725	1736	1747	1759	1813	1828	1843		
Dagenham East Station	0510			0730	0750	0811	0831	0851	0902				1730	1741	1752	1804	1818	1833	1848		
Becontree Heath Civic Cent. (Wood La.)	0515			0735	0756	0818	0838	0858	0909				1737	1748	1759	1811	1825	1840	1855		
Romford Station	0522			0742	0803	0825	0845	0906	0918				1747	1758	1809	1820	1834	1849	1904		
Romford Market St Edward's Way	0525			0745	0806	0828	0848	0909	0921				1751	1802	1812	1823	1837	1852	1907		
Romford North Street (The Squire)	0529			0749	0810	0832	0852	0913	0925				1756	1807	1817	1828	1842	1857	1912		
Eastern Avenue Pettits Lane	0530			0750	0811	0833	0853	0915	0927				1800	1810	1820	1831	1845	1900	1915		
Chase Cross Chase Cross Road	0534			0754	0815	0837	0858	0920	0932				1806	1816	1826	1837	1851	1906	1921		
Rainham Station Celtic Farm Road	1851	1911	1932	1952	2012	2033	2053	2113	2133	2153	2214	2235	2255	2315	2335	2355					
South Hornchurch Newtons Corner	1858	1918	1939	1959	2018	2039	2059	2119	2139	2159	2220	2241	2301	2320	2340	0000					
Dagenham East Station	1903	1923	1944	2004	2022	2043	2103	2123	2143	2203	2224	2245	2305	2324	2344	0004					
Becontree Heath Civic Cent. (Wood La.)	1910	1930	1951	2010	2028	2049	2109	2129	2149	2209	2230	2250	2310	2329	2349	0009					
Romford Station	1919	1939	2000	2018	2036	2057	2116	2136	2155	2215	2236	2256	2316	2335	2355	0015					
Romford Market St Edward's Way	1922	1942	2003	2021	2039	2100	2119	2139	2158	2218	2239	2259	2319	2338	2358	0018					
Romford North Street (The Squire)	1927	1947	2007	2025	2043	2104	2123	2143	2202	2222	2243	2303	2323	2342	0002	0022					
Eastern Avenue Pettits Lane	1930	1950	2009	2027	2045	2106	2125	2145	2204	2224	2244	2304	2324	2343	0003	0023					
Chase Cross Chase Cross Road	1936	1956	2015	2033	2051	2111	2130	2150	2209	2229	2249	2309	2329	2348	0008	0028					
103 Sundays and other Public Holidays (except Christmas Day)																					
Rainham Station Celtic Farm Road	0715	0745	0815	0843	0910	0939	0958	1017	1035				1615	1635	1655	1715	1735	1755	1815		
South Hornchurch Newtons Corner	0721	0751	0821	0849	0917	0946	1005	1024	1042				1622	1642	1702	1722	1742	1802	1822		
Dagenham East Station	0725	0755	0825	0854	0922	0951	1010	1029	1047				1627	1647	1707	1727	1747	1807	1826		
Becontree Heath Civic Cent. (Wood La.)	0731	0801	0831	0900	0929	0958	1017	1036	1054				1634	1654	1714	1734	1754	1813	1832		
Romford Station	0738	0808	0838	0907	0936	1006	1026	1045	1103				1643	1703	1722	1742	1802	1821	1840		
Romford Market St Edward's Way	0741	0811	0841	0910	0939	1009	1029	1048	1107				1647	1706	1725	1745	1805	1824	1843		
Romford North Street (The Squire)	0745	0815	0845	0914	0943	1013	1033	1053	1112				1652	1711	1730	1750	1809	1828	1847		
Eastern Avenue Pettits Lane	0746	0816	0846	0915	0945	1015	1035	1055	1114				1654	1713	1732	1752	1811	1830	1849		
Chase Cross Chase Cross Road	0750	0820	0850	0920	0950	1020	1040	1100	1120				1700	1719	1738	1758	1816	1835	1854		
Rainham Station Celtic Farm Road	1835	1855	1915	1935	1955	2015	2035	2055												0015	
South Hornchurch Newtons Corner	1842	1902	1922	1942	2002	2021	2041	2100												0020	
Dagenham East Station	1846	1906	1926	1946	2006	2025	2045	2104												0024	
Becontree Heath Civic Cent. (Wood La.)	1852	1912	1932	1952	2012	2031	2050	2109												0029	
Romford Station	1900	1920	1940	2000	2019	2038	2056	2115												0035	
Romford Market St Edward's Way	1903	1923	1943	2003	2022	2041	2059	2118												0038	
Romford North Street (The Squire)	1907	1927	1947	2007	2026	2045	2103	2122												0042	
Eastern Avenue Pettits Lane	1909	1929	1949	2009	2028	2046	2104	2123												0043	
Chase Cross Chase Cross Road	1914	1934	1954	2014	2033	2051	2109	2128												0048	