

| 108 Mondays to Fridays | | | | | | | | | | | | | | | | | | |
|---|------|-------|----------|----------|----------|------|------|----------|------|------|----------|------|------|----------|----------|------|-------|------|
| Lewisham Station Loampit Vale | 0011 | 0026 | 0041 | 0101 | | 0431 | 0501 | 0521 | 0541 | 0601 | 0612 | 0627 | 0637 | 0644 | 0652 | 0702 | 0712 | |
| Blackheath Station | 0017 | 0032 | 0047 | 0107 | | 0437 | 0506 | 0526 | 0546 | 0606 | 0617 | 0633 | 0644 | 0651 | 0659 | 0709 | 0719 | |
| Blackheath Royal Standard | 0022 | 0037 | 0052 | 0112 | Then | 0442 | 0511 | 0531 | 0551 | 0611 | 0622 | 0638 | 0649 | 0656 | 0704 | 0714 | 0724 | |
| Greenwich Peninsula Sainsbury's | 0027 | 0042 | 0057 | 0117 | every 30 | 0447 | 0516 | 0536 | 0556 | 0616 | 0627 | 0644 | 0655 | 0702 | 0711 | 0721 | 0731 | |
| North Greenwich Station | 0032 | 0047 | 0102 | 0122 | minutes | 0452 | 0521 | 0541 | 0601 | 0621 | 0633 | 0650 | 0701 | 0708 | 0717 | 0727 | 0737 | |
| Poplar Blackwall Tunnel Approach | 0042 | 0057 | 0112 | 0132 | until | 0502 | 0531 | 0551 | 0612 | 0634 | 0649 | 0706 | 0717 | 0725 | 0735 | 0745 | 0755 | |
| Bromley-by-Bow Station | 0044 | 0059 | 0114 | 0134 | | 0504 | 0533 | 0553 | 0614 | 0636 | 0651 | 0708 | 0719 | 0728 | 0738 | 0748 | 0758 | |
| Stratford Bus Station | 0049 | 0104 | 0119 | 0139 | | 0509 | 0538 | 0558 | 0619 | 0641 | 0656 | 0713 | 0725 | 0734 | 0744 | 0754 | 0804 | |
| Lewisham Station Loampit Vale | 0722 | 0731 | 0739 | 0747 | | 0847 | 0857 | 0907 | 0917 | 0927 | | 1447 | 1455 | 1503 | 1511 | 1519 | 1528 | |
| Blackheath Station | 0729 | 0738 | 0746 | 0754 | | 0854 | 0904 | 0914 | 0924 | 0934 | Then | 1454 | 1502 | 1510 | 1518 | 1526 | 1536 | |
| Blackheath Royal Standard | 0734 | 0743 | 0751 | 0759 | Then | 0859 | 0909 | 0919 | 0929 | 0939 | every | 1459 | 1507 | 1515 | 1523 | 1532 | 1542 | |
| Greenwich Peninsula Sainsbury's | 0741 | 0751 | 0800 | 0809 | every 10 | 0909 | 0919 | 0929 | 0939 | 0949 | 10 | 1509 | 1517 | 1525 | 1533 | 1541 | 1549 | |
| North Greenwich Station | 0747 | 0757 | 0806 | 0816 | minutes | 0916 | 0926 | 0936 | 0946 | 0956 | mins. | 1516 | 1524 | 1532 | 1540 | 1548 | 1557 | |
| Poplar Blackwall Tunnel Approach | 0805 | 0815 | 0825 | 0835 | until | 0935 | 0942 | 0949 | 0956 | 1005 | until | 1525 | 1533 | 1542 | 1551 | 1600 | 1609 | |
| Bromley-by-Bow Station | 0808 | 0818 | 0828 | 0838 | | 0938 | 0945 | 0952 | 0959 | 1008 | | 1528 | 1536 | 1545 | 1554 | 1603 | 1612 | |
| Stratford Bus Station | 0814 | 0824 | 0834 | 0844 | | 0944 | 0951 | 0958 | 1005 | 1014 | | 1534 | 1543 | 1552 | 1601 | 1610 | 1619 | |
| Lewisham Station Loampit Vale | 1537 | | 1807 | 1817 | 1827 | 1837 | 1850 | 1902 | 1914 | 1927 | | 2112 | 2127 | 2142 | 2157 | 2211 | 2356 | |
| Blackheath Station | 1546 | Then | 1816 | 1826 | 1836 | 1845 | 1857 | 1909 | 1921 | 1934 | Then | 2119 | 2134 | 2149 | 2204 | 2217 | Then | 0002 |
| Blackheath Royal Standard | 1552 | every | 1822 | 1832 | 1842 | 1851 | 1903 | 1915 | 1927 | 1939 | every | 2124 | 2139 | 2154 | 2209 | 2222 | every | 0007 |
| Greenwich Peninsula Sainsbury's | 1559 | 10 | 1829 | 1839 | 1849 | 1858 | 1910 | 1922 | 1934 | 1945 | 15 | 2130 | 2145 | 2200 | 2214 | 2227 | 15 | 0012 |
| North Greenwich Station | 1607 | mins. | 1837 | 1847 | 1856 | 1905 | 1917 | 1929 | 1940 | 1951 | mins. | 2136 | 2151 | 2205 | 2219 | 2232 | mins. | 0017 |
| Poplar Blackwall Tunnel Approach | 1619 | until | 1849 | 1859 | 1907 | 1916 | 1928 | 1939 | 1950 | 2001 | until | 2146 | 2201 | 2215 | 2229 | 2242 | until | 0027 |
| Bromley-by-Bow Station | 1622 | | 1852 | 1902 | 1910 | 1919 | 1931 | 1942 | 1953 | 2004 | | 2149 | 2203 | 2217 | 2231 | 2244 | | 0029 |
| Stratford Bus Station | 1629 | | 1859 | 1908 | 1916 | 1925 | 1937 | 1947 | 1958 | 2009 | | 2154 | 2208 | 2222 | 2236 | 2249 | | 0034 |
| 108 Saturdays (also Good Friday) | | | | | | | | | | | | | | | | | | |
| Lewisham Station Loampit Vale | 0011 | 0026 | 0041 | 0101 | | 0431 | 0501 | 0521 | 0541 | 0601 | 0617 | 0632 | 0642 | | | 0802 | 0812 | |
| Blackheath Station | 0017 | 0032 | 0047 | 0107 | | 0437 | 0506 | 0526 | 0546 | 0606 | 0622 | 0637 | 0649 | | | 0809 | 0819 | |
| Blackheath Royal Standard | 0022 | 0037 | 0052 | 0112 | Then | 0442 | 0511 | 0531 | 0551 | 0611 | 0627 | 0642 | 0654 | Then | | 0814 | 0824 | |
| Greenwich Peninsula Sainsbury's | 0027 | 0042 | 0057 | 0117 | every 30 | 0447 | 0516 | 0536 | 0556 | 0616 | 0632 | 0648 | 0700 | every 10 | | 0820 | 0830 | |
| North Greenwich Station | 0032 | 0047 | 0102 | 0122 | minutes | 0452 | 0521 | 0541 | 0601 | 0621 | 0637 | 0653 | 0706 | minutes | | 0826 | 0836 | |
| Poplar Blackwall Tunnel Approach | 0042 | 0057 | 0112 | 0132 | until | 0502 | 0531 | 0551 | 0611 | 0631 | 0647 | 0703 | 0716 | until | | 0836 | 0846 | |
| Bromley-by-Bow Station | 0044 | 0059 | 0114 | 0134 | | 0504 | 0533 | 0553 | 0613 | 0633 | 0649 | 0706 | 0719 | | | 0839 | 0849 | |
| Stratford Bus Station | 0049 | 0104 | 0119 | 0139 | | 0509 | 0538 | 0558 | 0618 | 0638 | 0654 | 0711 | 0724 | | | 0844 | 0855 | |
| Lewisham Station Loampit Vale | 0822 | 0832 | | | | 1712 | 1722 | 1732 | 1742 | 1752 | | 1902 | 1914 | 1927 | | | 2112 | 2127 |
| Blackheath Station | 0829 | 0839 | | | | 1719 | 1729 | 1739 | 1749 | 1759 | | 1909 | 1921 | 1934 | | | 2119 | 2134 |
| Blackheath Royal Standard | 0834 | 0845 | Then | | | 1725 | 1735 | 1745 | 1755 | 1804 | Then | 1914 | 1926 | 1939 | Then | | 2124 | 2139 |
| Greenwich Peninsula Sainsbury's | 0840 | 0852 | every 10 | | | 1732 | 1742 | 1752 | 1801 | 1810 | every 10 | 1920 | 1932 | 1945 | every 15 | | 2130 | 2145 |
| North Greenwich Station | 0847 | 0859 | minutes | | | 1739 | 1749 | 1759 | 1807 | 1816 | minutes | 1926 | 1938 | 1951 | minutes | | 2136 | 2151 |
| Poplar Blackwall Tunnel Approach | 0858 | 0910 | until | | | 1750 | 1800 | 1809 | 1817 | 1826 | until | 1936 | 1948 | 2001 | until | | 2146 | 2201 |
| Bromley-by-Bow Station | 0901 | 0913 | | | | 1753 | 1803 | 1812 | 1820 | 1829 | | 1939 | 1951 | 2004 | | | 2149 | 2203 |
| Stratford Bus Station | 0907 | 0919 | | | | 1759 | 1808 | 1817 | 1825 | 1834 | | 1944 | 1956 | 2009 | | | 2154 | 2208 |
| Lewisham Station Loampit Vale | 2142 | 2157 | 2211 | | | | | | | | | | | | | | | 2356 |
| Blackheath Station | 2149 | 2204 | 2217 | | | | | | | | | | | | | | | 0002 |
| Blackheath Royal Standard | 2154 | 2209 | 2222 | Then | | | | | | | | | | | | | | 0007 |
| Greenwich Peninsula Sainsbury's | 2200 | 2214 | 2227 | every 15 | | | | | | | | | | | | | | 0012 |
| North Greenwich Station | 2205 | 2219 | 2232 | minutes | | | | | | | | | | | | | | 0017 |
| Poplar Blackwall Tunnel Approach | 2215 | 2229 | 2242 | until | | | | | | | | | | | | | | 0027 |
| Bromley-by-Bow Station | 2217 | 2231 | 2244 | | | | | | | | | | | | | | | 0029 |
| Stratford Bus Station | 2222 | 2236 | 2249 | | | | | | | | | | | | | | | 0034 |
| 108 Sundays and other Public Holidays (except Christmas Day and Boxing Day) | | | | | | | | | | | | | | | | | | |
| Lewisham Station Loampit Vale | 0011 | 0026 | 0041 | 0101 | | 0431 | 0501 | | | 0621 | 0640 | 0700 | 0720 | | | 0920 | 0935 | |
| Blackheath Station | 0017 | 0032 | 0047 | 0107 | | 0437 | 0506 | | | 0626 | 0646 | 0706 | 0726 | | | 0926 | 0941 | |
| Blackheath Royal Standard | 0022 | 0037 | 0052 | 0112 | Then | 0442 | 0511 | Then | | 0631 | 0651 | 0711 | 0731 | Then | | 0931 | 0946 | |
| Greenwich Peninsula Sainsbury's | 0027 | 0042 | 0057 | 0117 | every 30 | 0447 | 0516 | every 20 | | 0636 | 0656 | 0716 | 0736 | every 15 | | 0936 | 0951 | |
| North Greenwich Station | 0032 | 0047 | 0102 | 0122 | minutes | 0452 | 0521 | minutes | | 0641 | 0701 | 0721 | 0741 | minutes | | 0941 | 0956 | |
| Poplar Blackwall Tunnel Approach | 0042 | 0057 | 0112 | 0132 | until | 0502 | 0530 | until | | 0650 | 0710 | 0730 | 0750 | until | | 0950 | 1006 | |
| Bromley-by-Bow Station | 0044 | 0059 | 0114 | 0134 | | 0504 | 0533 | | | 0653 | 0713 | 0733 | 0753 | | | 0953 | 1009 | |
| Stratford Bus Station | 0049 | 0104 | 0119 | 0139 | | 0509 | 0538 | | | 0658 | 0718 | 0738 | 0758 | | | 0958 | 1014 | |
| Lewisham Station Loampit Vale | 0948 | 1002 | | | | 2032 | 2044 | 2057 | 2112 | 2127 | 2142 | 2157 | 2211 | | | | | 2356 |
| Blackheath Station | 0954 | 1009 | | | | 2039 | 2051 | 2104 | 2119 | 2134 | 2149 | 2204 | 2217 | | | | | 0002 |
| Blackheath Royal Standard | 0959 | 1014 | Then | | | 2044 | 2056 | 2109 | 2124 | 2139 | 2154 | 2209 | 2222 | Then | | | | 0007 |
| Greenwich Peninsula Sainsbury's | 1005 | 1020 | every 15 | | | 2050 | 2102 | 2115 | 2130 | 2145 | 2200 | 2214 | 2227 | every 15 | | | | 0012 |
| North Greenwich Station | 1011 | 1026 | minutes | | | 2056 | 2108 | 2121 | 2136 | 2151 | 2205 | 2219 | 2232 | minutes | | | | 0017 |
| Poplar Blackwall Tunnel Approach | 1021 | 1036 | until | | | 2106 | 2118 | 2131 | 2146 | 2201 | 2215 | 2229 | 2242 | until | | | | 0027 |
| Bromley-by-Bow Station | 1024 | 1039 | | | | 2109 | 2121 | 2134 | 2149 | 2203 | 2217 | 2231 | 2244 | | | | | 0029 |
| Stratford Bus Station | 1029 | 1044 | | | | 2114 | 2126 | 2139 | 2154 | 2208 | 2222 | 2236 | 2249 | | | | | 0034 |

| 108 Mondays to Fridays | | | | | | | | | | | | | | | | | | | | |
|---|------|-------|------|------|-------|------|------|------|-------|------|-------|------|-------|-------|-----------|-------|-------|-------|-------|------|
| Stratford Bus Station | -- | 0001 | -- | 0016 | -- | 0031 | -- | 0046 | -- | 0116 | | | 0446 | 0506 | 0526 | 0546 | 0601 | 0616 | 0631 | |
| Bow Church | -- | 0006 | -- | 0021 | -- | 0036 | -- | 0051 | -- | 0121 | | | 0451 | 0511 | 0531 | 0551 | 0606 | 0621 | 0636 | |
| Bromley-by-Bow Station | -- | 0009 | -- | 0024 | -- | 0039 | -- | 0054 | -- | 0124 | Then | | 0454 | 0514 | 0534 | 0554 | 0609 | 0624 | 0639 | |
| Poplar Blackwall Tunnel Approach | -- | 0011 | -- | 0026 | -- | 0041 | -- | 0056 | -- | 0126 | every | | 0456 | 0516 | 0536 | 0556 | 0611 | 0627 | 0642 | |
| North Greenwich Station | 0011 | 0019 | 0026 | 0034 | 0041 | 0049 | 0056 | 0104 | 0119 | 0134 | 30 | | 0504 | 0524 | 0544 | 0604 | 0619 | 0635 | 0652 | |
| Greenwich Peninsula Sainsbury's | 0016 | 0024 | 0031 | 0039 | 0046 | 0054 | 0101 | 0109 | 0124 | 0139 | mins. | | 0509 | 0529 | 0549 | 0609 | 0624 | 0640 | 0657 | |
| Blackheath Royal Standard | 0021 | 0029 | 0036 | 0044 | 0051 | 0059 | 0106 | 0114 | 0129 | 0144 | until | | 0514 | 0534 | 0554 | 0614 | 0630 | 0647 | 0704 | |
| Blackheath Station | 0026 | 0034 | 0041 | 0049 | 0056 | 0104 | 0111 | 0119 | 0134 | 0149 | | | 0519 | 0539 | 0559 | 0619 | 0636 | 0653 | 0710 | |
| Lewisham Station Station Road | 0031 | 0039 | 0046 | 0054 | 0101 | 0109 | 0116 | 0124 | 0139 | 0154 | | | 0524 | 0544 | 0604 | 0624 | 0641 | 0658 | 0715 | |
| Stratford Bus Station | 0641 | 0651 | 0701 | 0711 | | | 1541 | 1550 | 1558 | 1606 | | 1806 | | 1857 | 1907 | 1919 | 1931 | | 2116 | |
| Bow Church | 0646 | 0656 | 0706 | 0717 | | | 1547 | 1556 | 1604 | 1612 | | 1812 | Then | 1902 | 1912 | 1924 | 1936 | | 2121 | |
| Bromley-by-Bow Station | 0649 | 0700 | 0711 | 0722 | Then | | 1552 | 1601 | 1609 | 1617 | Then | 1817 | about | 1905 | 1915 | 1927 | 1939 | Then | 2124 | |
| Poplar Blackwall Tunnel Approach | 0653 | 0704 | 0715 | 0726 | every | | 1556 | 1606 | 1615 | 1623 | every | 1823 | every | 1908 | 1918 | 1930 | 1942 | every | 2127 | |
| North Greenwich Station | 0703 | 0714 | 0725 | 0736 | 10 | | 1606 | 1616 | 1625 | 1633 | 10 | 1833 | 10 | 1917 | 1927 | 1939 | 1951 | 15 | 2136 | |
| Greenwich Peninsula Sainsbury's | 0708 | 0719 | 0730 | 0741 | mins. | | 1611 | 1621 | 1630 | 1639 | mins. | 1839 | mins. | 1923 | 1933 | 1945 | 1957 | mins. | 2142 | |
| Blackheath Royal Standard | 0715 | 0726 | 0737 | 0748 | until | | 1618 | 1628 | 1637 | 1646 | until | 1846 | until | 1929 | 1939 | 1951 | 2003 | until | 2148 | |
| Blackheath Station | 0721 | 0732 | 0743 | 0754 | | | 1624 | 1634 | 1644 | 1653 | | 1853 | | 1935 | 1945 | 1957 | 2009 | | 2154 | |
| Lewisham Station Station Road | 0726 | 0737 | 0748 | 0759 | | | 1629 | 1639 | 1649 | 1658 | | 1858 | | 1940 | 1950 | 2002 | 2014 | | 2159 | |
| 108 Mondays to Fridays (cont.) | | | | | | | | | | | | | | | Saturdays | | | | | |
| Stratford Bus Station | 2131 | 2146 | 2201 | 2216 | -- | 2231 | -- | 2246 | -- | 2301 | -- | 2316 | -- | 2331 | -- | 2346 | -- | 0001 | | |
| Bow Church | 2136 | 2151 | 2206 | 2221 | -- | 2236 | -- | 2251 | -- | 2306 | -- | 2321 | -- | 2336 | -- | 2351 | -- | 0006 | | |
| Bromley-by-Bow Station | 2139 | 2154 | 2209 | 2224 | -- | 2239 | -- | 2254 | -- | 2309 | -- | 2324 | -- | 2339 | -- | 2354 | -- | 0009 | | |
| Poplar Blackwall Tunnel Approach | 2142 | 2157 | 2211 | 2226 | -- | 2241 | -- | 2256 | -- | 2311 | -- | 2326 | -- | 2341 | -- | 2356 | -- | 0011 | | |
| North Greenwich Station | 2151 | 2206 | 2219 | 2234 | 2241 | 2249 | 2256 | 2304 | 2311 | 2319 | 2326 | 2334 | 2341 | 2349 | 2356 | 0004 | 0011 | 0019 | | |
| Greenwich Peninsula Sainsbury's | 2157 | 2211 | 2224 | 2239 | 2246 | 2254 | 2301 | 2309 | 2316 | 2324 | 2331 | 2339 | 2346 | 2354 | 0001 | 0009 | 0016 | 0024 | | |
| Blackheath Royal Standard | 2203 | 2216 | 2229 | 2244 | 2251 | 2259 | 2306 | 2314 | 2321 | 2329 | 2336 | 2344 | 2351 | 2359 | 0006 | 0014 | 0021 | 0029 | | |
| Blackheath Station | 2208 | 2221 | 2234 | 2249 | 2256 | 2304 | 2311 | 2319 | 2326 | 2334 | 2341 | 2349 | 2356 | 0004 | 0011 | 0019 | 0026 | 0034 | | |
| Lewisham Station Station Road | 2213 | 2226 | 2239 | 2254 | 2301 | 2309 | 2316 | 2324 | 2331 | 2339 | 2346 | 2354 | 0001 | 0009 | 0016 | 0024 | 0031 | 0039 | | |
| 108 Saturdays (also Good Friday) (cont.) | | | | | | | | | | | | | | | | | | | | |
| Stratford Bus Station | -- | 0016 | -- | 0031 | -- | 0046 | -- | 0116 | | | | 0446 | | 0606 | 0621 | 0636 | | 1831 | | 1931 |
| Bow Church | -- | 0021 | -- | 0036 | -- | 0051 | -- | 0121 | | | | 0451 | | 0611 | 0626 | 0641 | Then | 1836 | | 1936 |
| Bromley-by-Bow Station | -- | 0024 | -- | 0039 | -- | 0054 | -- | 0124 | Then | | | 0454 | Then | 0614 | 0629 | 0644 | about | 1840 | Then | 1940 |
| Poplar Blackwall Tunnel Approach | -- | 0026 | -- | 0041 | -- | 0056 | -- | 0126 | every | | | 0456 | every | 0616 | 0631 | 0646 | every | 1844 | every | 1944 |
| North Greenwich Station | 0026 | 0034 | 0041 | 0049 | 0056 | 0104 | 0119 | 0134 | 30 | 0504 | 20 | 0624 | 0640 | 0657 | 10 | 1854 | 12 | 1954 | | |
| Greenwich Peninsula Sainsbury's | 0031 | 0039 | 0046 | 0054 | 0101 | 0109 | 0124 | 0139 | mins. | 0509 | mins. | 0629 | 0645 | 0702 | mins. | 1859 | mins. | 1959 | | |
| Blackheath Royal Standard | 0036 | 0044 | 0051 | 0059 | 0106 | 0114 | 0129 | 0144 | until | 0514 | until | 0634 | 0650 | 0707 | until | 1904 | until | 2004 | | |
| Blackheath Station | 0041 | 0049 | 0056 | 0104 | 0111 | 0119 | 0134 | 0149 | | 0519 | | 0639 | 0655 | 0712 | | 1909 | | 2009 | | |
| Lewisham Station Station Road | 0046 | 0054 | 0101 | 0109 | 0116 | 0124 | 0139 | 0154 | | 0524 | | 0644 | 0700 | 0717 | | 1914 | | 2014 | | |
| Stratford Bus Station | 1946 | | 2131 | 2146 | 2201 | 2216 | -- | 2231 | -- | 2246 | -- | 2301 | -- | 2316 | -- | 2331 | -- | 2346 | | |
| Bow Church | 1951 | | 2136 | 2151 | 2206 | 2221 | -- | 2236 | -- | 2251 | -- | 2306 | -- | 2321 | -- | 2336 | -- | 2351 | | |
| Bromley-by-Bow Station | 1955 | Then | 2140 | 2154 | 2209 | 2224 | -- | 2239 | -- | 2254 | -- | 2309 | -- | 2324 | -- | 2339 | -- | 2354 | | |
| Poplar Blackwall Tunnel Approach | 1959 | every | 2144 | 2157 | 2211 | 2226 | -- | 2241 | -- | 2256 | -- | 2311 | -- | 2326 | -- | 2341 | -- | 2356 | | |
| North Greenwich Station | 2009 | 15 | 2154 | 2206 | 2219 | 2234 | 2241 | 2249 | 2256 | 2304 | 2311 | 2319 | 2326 | 2334 | 2341 | 2349 | 2356 | 0004 | | |
| Greenwich Peninsula Sainsbury's | 2014 | mins. | 2159 | 2211 | 2224 | 2239 | 2246 | 2254 | 2301 | 2309 | 2316 | 2324 | 2331 | 2339 | 2346 | 2354 | 0001 | 0009 | | |
| Blackheath Royal Standard | 2019 | until | 2204 | 2216 | 2229 | 2244 | 2251 | 2259 | 2306 | 2314 | 2321 | 2329 | 2336 | 2344 | 2351 | 2359 | 0006 | 0014 | | |
| Blackheath Station | 2024 | | 2209 | 2221 | 2234 | 2249 | 2256 | 2304 | 2311 | 2319 | 2326 | 2334 | 2341 | 2349 | 2356 | 0004 | 0011 | 0019 | | |
| Lewisham Station Station Road | 2029 | | 2214 | 2226 | 2239 | 2254 | 2301 | 2309 | 2316 | 2324 | 2331 | 2339 | 2346 | 2354 | 0001 | 0009 | 0016 | 0024 | | |
| 108 Sundays and other Public Holidays (except Christmas Day and Boxing Day) | | | | | | | | | | | | | | | | | | | | |
| Stratford Bus Station | -- | 0001 | -- | 0016 | -- | 0031 | -- | 0046 | -- | 0116 | | | 0446 | | 0706 | | 0921 | 0934 | 0948 | |
| Bow Church | -- | 0006 | -- | 0021 | -- | 0036 | -- | 0051 | -- | 0121 | | | 0451 | | 0711 | | 0926 | 0939 | 0953 | |
| Bromley-by-Bow Station | -- | 0009 | -- | 0024 | -- | 0039 | -- | 0054 | -- | 0124 | Then | | 0454 | Then | 0714 | Then | 0929 | 0942 | 0956 | |
| Poplar Blackwall Tunnel Approach | -- | 0011 | -- | 0026 | -- | 0041 | -- | 0056 | -- | 0126 | every | | 0456 | every | 0716 | every | 0931 | 0944 | 0958 | |
| North Greenwich Station | 0011 | 0019 | 0026 | 0034 | 0041 | 0049 | 0056 | 0104 | 0119 | 0134 | 30 | 0504 | 20 | 0724 | 15 | 0939 | 0952 | 1006 | | |
| Greenwich Peninsula Sainsbury's | 0016 | 0024 | 0031 | 0039 | 0046 | 0054 | 0101 | 0109 | 0124 | 0139 | mins. | 0509 | mins. | 0729 | mins. | 0944 | 0957 | 1011 | | |
| Blackheath Royal Standard | 0021 | 0029 | 0036 | 0044 | 0051 | 0059 | 0106 | 0114 | 0129 | 0144 | until | 0514 | until | 0734 | until | 0949 | 1003 | 1018 | | |
| Blackheath Station | 0026 | 0034 | 0041 | 0049 | 0056 | 0104 | 0111 | 0119 | 0134 | 0149 | | 0519 | | 0739 | | 0954 | 1008 | 1023 | | |
| Lewisham Station Station Road | 0031 | 0039 | 0046 | 0054 | 0101 | 0109 | 0116 | 0124 | 0139 | 0154 | | 0524 | | 0744 | | 0959 | 1014 | 1029 | | |
| Stratford Bus Station | 1001 | | 2131 | 2146 | 2201 | 2216 | -- | 2231 | -- | 2246 | -- | 2301 | -- | 2316 | -- | 2331 | -- | 2346 | | |
| Bow Church | 1006 | | 2136 | 2151 | 2206 | 2221 | -- | 2236 | -- | 2251 | -- | 2306 | -- | 2321 | -- | 2336 | -- | 2351 | | |
| Bromley-by-Bow Station | 1010 | Then | 2140 | 2154 | 2209 | 2224 | -- | 2239 | -- | 2254 | -- | 2309 | -- | 2324 | -- | 2339 | -- | 2354 | | |
| Poplar Blackwall Tunnel Approach | 1013 | every | 2143 | 2157 | 2211 | 2226 | -- | 2241 | -- | 2256 | -- | 2311 | -- | 2326 | -- | 2341 | -- | 2356 | | |
| North Greenwich Station | 1021 | 15 | 2151 | 2205 | 2219 | 2234 | 2241 | 2249 | 2256 | 2304 | 2311 | 2319 | 2326 | 2334 | 2341 | 2349 | 2356 | 0004 | | |
| Greenwich Peninsula Sainsbury's | 1026 | mins. | 2156 | 2210 | 2224 | 2239 | 2246 | 2254 | 2301 | 2309 | 2316 | 2324 | 2331 | 2339 | 2346 | 2354 | 0001 | 0009 | | |
| Blackheath Royal Standard | 1033 | until | 2203 | 2215 | 2229 | 2244 | 2251 | 2259 | 2306 | 2314 | 2321 | 2329 | 2336 | 2344 | 2351 | 2359 | 0006 | 0014 | | |
| Blackheath Station | 1038 | | 2208 | 2220 | 2234 | 2249 | 2256 | 2304 | 2311 | 2319 | 2326 | 2334 | 2341 | 2349 | 2356 | 0004 | 0011 | 0019 | | |
| Lewisham Station Station Road | 1044 | | 2214 | 2225 | 2239 | 2254 | 2301 | 2309 | 2316 | 2324 | 2331 | 2339 | 2346 | 2354 | 0001 | 0009 | 0016 | 0024 | | |