

108		Mondays to Thursdays																			
		MX	MO	MX	MO	MX	MO														
Lewisham High Street <i>Lewis Grove</i>	0010	0012	0025	0026	0040	0040	0105	0135	Then every 30 minutes until	0405	0435	0500	0520	0540	0600	0615	0630				
Blackheath Station	0014	0016	0029	0030	0044	0044	0109	0139		0409	0439	0504	0524	0544	0604	0619	0634				
Blackheath <i>Royal Standard</i>	0018	0020	0033	0034	0048	0048	0113	0143		0413	0443	0508	0528	0548	0609	0624	0640				
Greenwich Peninsula <i>Ikea site</i>	0022	0024	0037	0038	0052	0052	0117	0147		0417	0447	0512	0532	0553	0614	0629	0646				
North Greenwich Station	0028	0031	0043	0045	0058	0059	0123	0153		0423	0453	0518	0538	0600	0622	0637	0654				
Poplar <i>All Saints (DLR) Station</i>	0037	0039	0052	0053	0107	0107	0132	0202		0432	0502	0527	0549	0612	0634	0651	0709				
Devons Road (DLR) Station	0041	0043	0056	0057	0111	0111	0137	0206		0436	0507	0531	0553	0617	0639	0656	0714				
Bow Church Station	0045	0047	0100	0101	0115	0115	0140	0209		0439	0510	0535	0557	0621	0643	0700	0718				
Stratford City Bus Station	0053	0055	0108	0109	0123	0123	0148	0217		0447	0518	0543	0606	0630	0652	0709	0727				
Stratford International Station	0055	0057	0110	0111	0125	0125	0150	0219		0449	0520	0545	0608	0632	0654	0711	0729				
Lewisham High Street <i>Lewis Grove</i>	0645	0655	0705	0715	0724	0733	0743	0753	0802	0811	0819	0828	0836	0846	0856	0906	0916	0926			
Blackheath Station	0650	0700	0711	0721	0730	0740	0751	0801	0811	0820	0828	0837	0845	0855	0904	0914	0923	0933			
Blackheath <i>Royal Standard</i>	0657	0707	0718	0729	0739	0749	0800	0810	0820	0829	0837	0846	0854	0903	0912	0921	0930	0940			
Greenwich Peninsula <i>Ikea site</i>	0704	0714	0725	0736	0746	0756	0807	0817	0827	0836	0844	0853	0900	0909	0918	0927	0936	0946			
North Greenwich Station	0712	0722	0733	0745	0755	0805	0816	0826	0836	0845	0853	0902	0909	0918	0927	0936	0945	0955			
Poplar <i>All Saints (DLR) Station</i>	0727	0737	0748	0800	0810	0820	0831	0841	0850	0859	0907	0916	0923	0932	0941	0950	0959	1009			
Devons Road (DLR) Station	0732	0743	0754	0806	0816	0826	0837	0847	0856	0905	0913	0922	0929	0938	0947	0956	1005	1015			
Bow Church Station	0736	0747	0758	0810	0821	0831	0842	0852	0900	0909	0917	0926	0933	0942	0951	1000	1009	1019			
Stratford City Bus Station	0746	0757	0808	0820	0831	0841	0852	0902	0910	0919	0927	0936	0943	0952	1001	1010	1019	1029			
Stratford International Station	0748	0759	0810	0822	0833	0843	0854	0904	0912	0921	0929	0938	0945	0954	1003	1012	1021	1031			
Lewisham High Street <i>Lewis Grove</i>	0936	0946	0956	1006	1016	1026	Then every 10 minutes until			1326	1335	1345	1355	1404	1414	1422	1432	1442	1452		
Blackheath Station	0943	0953	1003	1013	1023	1033				1333	1342	1352	1402	1412	1422	1430	1440	1450	1500		
Blackheath <i>Royal Standard</i>	0950	1000	1009	1019	1029	1039				1339	1348	1358	1408	1418	1428	1436	1446	1456	1506		
Greenwich Peninsula <i>Ikea site</i>	0956	1006	1015	1025	1035	1045				1345	1354	1404	1414	1424	1434	1442	1452	1502	1512		
North Greenwich Station	1005	1014	1023	1033	1043	1053				1353	1402	1412	1422	1432	1442	1450	1500	1510	1520		
Poplar <i>All Saints (DLR) Station</i>	1019	1028	1037	1047	1057	1106				1406	1415	1425	1435	1445	1455	1503	1513	1523	1533		
Devons Road (DLR) Station	1025	1034	1043	1053	1103	1113				1413	1422	1432	1442	1452	1502	1510	1520	1530	1540		
Bow Church Station	1029	1038	1047	1057	1107	1117				1417	1427	1437	1447	1458	1508	1517	1527	1537	1547		
Stratford City Bus Station	1039	1048	1057	1107	1117	1127				1427	1437	1447	1457	1508	1518	1528	1538	1548	1558		
Stratford International Station	1041	1050	1059	1109	1119	1129				1429	1439	1449	1459	1510	1520	1530	1540	1550	1600		
Lewisham High Street <i>Lewis Grove</i>	1501	1511	Then every 10 minutes until			1601	1610	1620	1630	1640	1650	1701	1712	1722	1732	1742	1754	1804	1814		
Blackheath Station	1509	1519				1609	1618	1628	1638	1648	1658	1709	1720	1730	1740	1750	1802	1811	1821		
Blackheath <i>Royal Standard</i>	1516	1526				1616	1625	1635	1645	1655	1705	1716	1727	1737	1747	1757	1809	1818	1828		
Greenwich Peninsula <i>Ikea site</i>	1522	1532				1622	1631	1641	1651	1701	1711	1722	1733	1743	1753	1803	1815	1824	1834		
North Greenwich Station	1530	1540				1630	1639	1649	1659	1709	1719	1730	1741	1751	1801	1811	1823	1832	1842		
Poplar <i>All Saints (DLR) Station</i>	1543	1553				1643	1653	1703	1713	1723	1733	1744	1755	1805	1815	1825	1837	1846	1856		
Devons Road (DLR) Station	1550	1600				1650	1700	1710	1720	1730	1740	1751	1802	1812	1822	1832	1843	1852	1902		
Bow Church Station	1557	1606				1656	1706	1716	1726	1736	1746	1757	1807	1817	1827	1837	1848	1857	1907		
Stratford City Bus Station	1608	1618				1708	1718	1728	1738	1748	1758	1808	1818	1828	1838	1848	1859	1908	1917		
Stratford International Station	1610	1620				1710	1720	1730	1740	1750	1800	1810	1820	1830	1840	1850	1901	1910	1919		
Lewisham High Street <i>Lewis Grove</i>	1824	1836	1848	1900	1912	1924	1939	1954	2009	2024	2039	2054	2109	2124	2139	2154	2209	2224			
Blackheath Station	1831	1842	1854	1906	1918	1930	1944	1959	2014	2029	2044	2058	2113	2128	2143	2158	2213	2228			
Blackheath <i>Royal Standard</i>	1837	1848	1900	1912	1924	1936	1950	2004	2019	2034	2049	2103	2118	2133	2148	2203	2217	2232			
Greenwich Peninsula <i>Ikea site</i>	1843	1854	1906	1918	1929	1941	1955	2009	2024	2039	2054	2108	2123	2138	2153	2208	2222	2237			
North Greenwich Station	1851	1902	1914	1926	1937	1949	2002	2016	2031	2046	2101	2115	2130	2145	2200	2215	2229	2244			
Poplar <i>All Saints (DLR) Station</i>	1905	1915	1927	1938	1949	2000	2012	2026	2041	2056	2111	2125	2140	2155	2210	2225	2239	2254			
Devons Road (DLR) Station	1911	1921	1933	1944	1955	2006	2018	2032	2046	2101	2116	2130	2145	2200	2215	2230	2244	2259			
Bow Church Station	1916	1926	1937	1948	1959	2010	2022	2036	2050	2105	2120	2134	2149	2204	2219	2234	2248	2303			
Stratford City Bus Station	1926	1936	1947	1958	2009	2020	2032	2045	2059	2114	2129	2143	2158	2213	2228	2243	2257	2312			
Stratford International Station	1928	1938	1949	2000	2011	2022	2034	2047	2101	2116	2131	2145	2200	2215	2230	2245	2259	2314			
Lewisham High Street <i>Lewis Grove</i>	2239	2254	2309	2324	2339	2355															
Blackheath Station	2243	2258	2313	2328	2343	2359															
Blackheath <i>Royal Standard</i>	2247	2302	2317	2332	2347	0003															
Greenwich Peninsula <i>Ikea site</i>	2252	2307	2321	2336	2351	0007															
North Greenwich Station	2259	2314	2327	2342	2357	0013															
Poplar <i>All Saints (DLR) Station</i>	2309	2324	2337	2352	0007	0022															
Devons Road (DLR) Station	2314	2328	2341	2356	0011	0026															
Bow Church Station	2318	2332	2345	0000	0015	0030															
Stratford City Bus Station	2326	2340	2353	0008	0023	0038															
Stratford International Station	2328	2342	2355	0010	0025	0040															

108	Saturdays																	
Lewisham High Street <i>Lewis Grove</i>	0010	0025	0040	0105	0135	0205	0235	0307	0336	0405	0435	0500	0520	0540	0600	0615	0630	0640
Blackheath Station	0014	0029	0044	0109	0139	0209	0239	0311	0340	0409	0438	0503	0524	0544	0604	0619	0634	0644
Blackheath <i>Royal Standard</i>	0018	0033	0048	0113	0143	0213	0243	0315	0344	0413	0442	0507	0528	0548	0608	0623	0638	0648
Greenwich Peninsula <i>Ikea site</i>	0022	0037	0052	0117	0147	0217	0247	0319	0349	0418	0446	0511	0532	0553	0613	0628	0643	0653
North Greenwich Station	0028	0043	0058	0123	0153	0223	0253	0324	0354	0424	0452	0517	0538	0559	0619	0634	0649	0700
Poplar <i>All Saints (DLR) Station</i>	0037	0052	0107	0132	0202	0232	0302	0333	0403	0433	0500	0526	0547	0608	0629	0644	0659	0710
Devons Road (DLR) Station	0041	0056	0111	0137	0207	0237	0306	0337	0407	0437	0506	0530	0551	0612	0633	0648	0704	0715
Bow Church Station	0045	0100	0115	0141	0211	0240	0309	0340	0410	0440	0509	0534	0555	0616	0637	0652	0708	0719
Stratford City <i>Bus Station</i>	0053	0108	0123	0149	0219	0248	0317	0348	0418	0448	0517	0542	0603	0624	0645	0700	0716	0727
Stratford International Station	0055	0110	0125	0151	0221	0250	0319	0350	0420	0450	0519	0544	0605	0626	0647	0702	0718	0729
Lewisham High Street <i>Lewis Grove</i>	0650	0700	0710	0720	0730	0740	0750	0800	0810	0819	0828	0838	0848	0856	0905	0914	0923	0933
Blackheath Station	0654	0704	0714	0724	0734	0744	0754	0804	0814	0823	0833	0843	0853	0901	0910	0919	0928	0938
Blackheath <i>Royal Standard</i>	0658	0708	0718	0729	0739	0749	0759	0809	0819	0828	0838	0848	0858	0906	0915	0924	0934	0944
Greenwich Peninsula <i>Ikea site</i>	0703	0713	0723	0734	0744	0754	0804	0814	0824	0833	0843	0853	0903	0911	0920	0930	0940	0950
North Greenwich Station	0710	0720	0730	0741	0751	0801	0811	0821	0831	0840	0850	0900	0910	0919	0928	0938	0948	0958
Poplar <i>All Saints (DLR) Station</i>	0720	0730	0740	0751	0801	0811	0821	0831	0841	0850	0900	0910	0920	0930	0940	0950	1000	1010
Devons Road (DLR) Station	0725	0735	0745	0756	0806	0816	0826	0836	0846	0856	0906	0916	0926	0936	0946	0956	1006	1017
Bow Church Station	0729	0739	0749	0800	0810	0820	0830	0840	0850	0900	0910	0920	0930	0940	0950	1000	1010	1021
Stratford City <i>Bus Station</i>	0737	0747	0757	0808	0818	0828	0839	0849	0859	0909	0919	0929	0939	0949	0959	1009	1020	1031
Stratford International Station	0739	0749	0759	0810	0820	0830	0841	0851	0901	0911	0921	0931	0941	0951	1001	1011	1022	1033
Lewisham High Street <i>Lewis Grove</i>	0943	0953	1003	1012	1022	1032	1041	1051	1101	1111	1121	1131	1140	1149	1158	1208	1218	1228
Blackheath Station	0948	0958	1008	1018	1028	1038	1048	1058	1108	1118	1128	1138	1147	1156	1206	1216	1226	1236
Blackheath <i>Royal Standard</i>	0954	1004	1014	1024	1034	1044	1054	1104	1114	1124	1134	1144	1153	1203	1213	1223	1233	1243
Greenwich Peninsula <i>Ikea site</i>	1000	1010	1020	1030	1040	1050	1100	1110	1120	1130	1140	1150	1159	1209	1219	1230	1240	1250
North Greenwich Station	1008	1018	1028	1038	1048	1058	1108	1118	1128	1138	1148	1158	1207	1217	1227	1238	1248	1258
Poplar <i>All Saints (DLR) Station</i>	1020	1030	1040	1050	1100	1110	1120	1130	1140	1150	1201	1211	1220	1230	1240	1251	1301	1311
Devons Road (DLR) Station	1027	1037	1047	1057	1107	1117	1127	1137	1147	1157	1208	1218	1227	1237	1247	1258	1308	1318
Bow Church Station	1031	1041	1051	1101	1111	1121	1131	1141	1151	1201	1212	1222	1231	1241	1251	1302	1312	1322
Stratford City <i>Bus Station</i>	1041	1051	1101	1111	1121	1131	1141	1151	1201	1211	1222	1232	1241	1251	1301	1312	1322	1332
Stratford International Station	1043	1053	1103	1113	1123	1133	1143	1153	1203	1213	1224	1234	1243	1253	1303	1314	1324	1334
Lewisham High Street <i>Lewis Grove</i>	1238	1248	1257	Then every 10 minutes until	1427	1437	1447	1457	1507	1518	Then every 10 minutes until	1638	1648	1659	1709	1719		
Blackheath Station	1246	1256	1305		1435	1445	1454	1504	1514	1525		1645	1655	1706	1715	1725		
Blackheath <i>Royal Standard</i>	1253	1303	1312		1442	1452	1501	1511	1521	1532		1652	1702	1713	1722	1732		
Greenwich Peninsula <i>Ikea site</i>	1300	1310	1319		1449	1458	1507	1517	1527	1538		1658	1708	1719	1728	1738		
North Greenwich Station	1308	1318	1328		1458	1507	1516	1526	1536	1546		1706	1716	1727	1736	1746		
Poplar <i>All Saints (DLR) Station</i>	1321	1331	1341		1511	1520	1530	1540	1550	1600		1720	1730	1741	1750	1800		
Devons Road (DLR) Station	1328	1338	1348		1518	1527	1537	1547	1557	1607		1727	1737	1748	1757	1807		
Bow Church Station	1332	1342	1352		1522	1532	1542	1552	1602	1612		1732	1742	1753	1802	1812		
Stratford City <i>Bus Station</i>	1342	1352	1403		1533	1543	1553	1603	1613	1623		1743	1752	1803	1812	1822		
Stratford International Station	1344	1354	1405	1535	1545	1555	1605	1615	1625	1745	1754	1805	1814	1824				
Lewisham High Street <i>Lewis Grove</i>	1729	1739	1749	1759	1809	1819	1829	1839	1849	1901	1913	1924	1939	1954	2009	2024	2040	2055
Blackheath Station	1735	1745	1755	1805	1815	1825	1835	1845	1855	1907	1919	1930	1945	1959	2014	2029	2045	2100
Blackheath <i>Royal Standard</i>	1742	1751	1801	1811	1821	1831	1841	1851	1901	1913	1925	1936	1951	2005	2020	2035	2051	2105
Greenwich Peninsula <i>Ikea site</i>	1748	1757	1807	1817	1827	1837	1847	1857	1907	1919	1931	1942	1957	2011	2026	2041	2056	2110
North Greenwich Station	1756	1805	1815	1825	1835	1845	1855	1905	1915	1927	1939	1950	2005	2019	2034	2049	2104	2118
Poplar <i>All Saints (DLR) Station</i>	1810	1819	1829	1839	1849	1859	1909	1919	1929	1941	1953	2003	2018	2032	2046	2101	2115	2129
Devons Road (DLR) Station	1817	1826	1836	1845	1855	1905	1915	1924	1934	1946	1958	2008	2023	2037	2051	2106	2120	2134
Bow Church Station	1822	1831	1841	1850	1859	1909	1919	1928	1938	1950	2002	2012	2027	2041	2055	2110	2124	2138
Stratford City <i>Bus Station</i>	1832	1841	1851	1900	1909	1919	1929	1938	1948	1959	2011	2021	2036	2050	2104	2119	2133	2147
Stratford International Station	1834	1843	1853	1902	1911	1921	1931	1940	1950	2001	2013	2023	2038	2052	2106	2121	2135	2149
Lewisham High Street <i>Lewis Grove</i>	2110	2125	2140	2155	2210	2225	2240	2255	2310	2325	2340	2355						
Blackheath Station	2115	2130	2145	2200	2214	2229	2244	2259	2314	2329	2344	2359						
Blackheath <i>Royal Standard</i>	2120	2135	2150	2205	2219	2234	2249	2304	2319	2334	2348	0003						
Greenwich Peninsula <i>Ikea site</i>	2125	2140	2155	2210	2224	2239	2254	2309	2324	2338	2352	0007						
North Greenwich Station	2133	2148	2203	2218	2232	2247	2302	2317	2332	2346	0000	0014						
Poplar <i>All Saints (DLR) Station</i>	2144	2159	2214	2229	2243	2258	2313	2328	2343	2357	0011	0025						
Devons Road (DLR) Station	2149	2204	2219	2234	2248	2303	2318	2333	2348	0002	0016	0030						
Bow Church Station	2153	2208	2223	2238	2252	2307	2322	2337	2352	0006	0020	0034						
Stratford City <i>Bus Station</i>	2202	2217	2232	2247	2301	2316	2331	2345	0000	0014	0028	0042						
Stratford International Station	2204	2219	2234	2249	2303	2318	2333	2347	0002	0016	0030	0044						

108		Sundays																
Lewisham High Street <i>Lewis Grove</i>	0010	0025	0040	0105	0135	0205	0235	0305	0335	0405	0435	0500			0720	0735	0750	0805
Blackheath Station	0014	0029	0044	0109	0139	0209	0239	0309	0338	0408	0438	0504			0724	0739	0754	0809
Blackheath <i>Royal Standard</i>	0018	0033	0048	0113	0143	0213	0243	0312	0341	0411	0442	0508			0728	0743	0758	0814
Greenwich Peninsula <i>Ikea site</i>	0022	0037	0052	0118	0148	0218	0248	0316	0345	0415	0447	0513	Then every 20 minutes until		0733	0748	0803	0819
North Greenwich Station	0029	0043	0058	0125	0155	0225	0254	0322	0351	0421	0453	0519		0739	0754	0809	0825	
Poplar <i>All Saints (DLR) Station</i>	0039	0052	0107	0136	0207	0236	0305	0332	0401	0431	0503	0529		0749	0804	0819	0835	
Devons Road (DLR) Station	0044	0057	0112	0142	0212	0241	0310	0336	0405	0435	0508	0534		0754	0809	0824	0840	
Bow Church Station	0048	0101	0116	0145	0215	0244	0313	0339	0408	0438	0511	0538		0758	0813	0828	0844	
Stratford City <i>Bus Station</i>	0056	0109	0124	0153	0223	0252	0321	0347	0416	0446	0520	0546		0806	0821	0836	0852	
Stratford International Station	0058	0111	0126	0155	0225	0254	0323	0349	0418	0448	0522	0548	0808	0823	0838	0854		
Lewisham High Street <i>Lewis Grove</i>	0820	0835	0850	0905	0920	0934	0948	1002	1014	1029	1044	1059	1114	1129	1144	1159		1329
Blackheath Station	0824	0839	0854	0909	0924	0938	0952	1007	1019	1034	1049	1104	1119	1134	1149	1205		1335
Blackheath <i>Royal Standard</i>	0829	0844	0859	0914	0929	0943	0957	1012	1025	1040	1055	1110	1125	1140	1156	1212	Then every 15 mins. until	1342
Greenwich Peninsula <i>Ikea site</i>	0834	0849	0904	0919	0934	0948	1003	1018	1031	1046	1101	1116	1131	1146	1202	1218		1348
North Greenwich Station	0840	0856	0911	0926	0941	0955	1010	1025	1039	1054	1109	1124	1139	1154	1210	1226		1356
Poplar <i>All Saints (DLR) Station</i>	0850	0906	0921	0936	0951	1006	1021	1036	1051	1106	1121	1136	1151	1207	1223	1239		1409
Devons Road (DLR) Station	0855	0911	0926	0941	0957	1012	1027	1042	1057	1112	1127	1142	1157	1213	1229	1245		1415
Bow Church Station	0859	0915	0930	0945	1001	1016	1031	1046	1101	1116	1131	1146	1201	1217	1233	1249		1419
Stratford City <i>Bus Station</i>	0907	0924	0939	0954	1010	1025	1040	1055	1110	1125	1141	1156	1211	1227	1243	1259		1429
Stratford International Station	0909	0926	0941	0956	1012	1027	1042	1057	1112	1127	1143	1158	1213	1229	1245	1301		1431
Lewisham High Street <i>Lewis Grove</i>	1344	1359	1414	1429	1444	1459			1759	1814	1829	1844	1859	1914	1929	1944	1959	2014
Blackheath Station	1350	1405	1420	1435	1450	1505			1805	1820	1835	1850	1905	1920	1934	1949	2004	2019
Blackheath <i>Royal Standard</i>	1356	1411	1426	1441	1456	1511			1811	1826	1841	1855	1910	1925	1939	1954	2009	2024
Greenwich Peninsula <i>Ikea site</i>	1402	1417	1432	1447	1502	1516	Then every 15 minutes until		1816	1831	1846	1900	1915	1930	1944	1959	2014	2029
North Greenwich Station	1410	1425	1440	1455	1510	1524		1824	1839	1854	1908	1923	1938	1952	2007	2021	2036	
Poplar <i>All Saints (DLR) Station</i>	1423	1438	1453	1508	1523	1537		1837	1852	1907	1921	1936	1951	2005	2019	2033	2047	
Devons Road (DLR) Station	1429	1444	1459	1514	1529	1543		1843	1857	1912	1926	1941	1956	2010	2024	2038	2052	
Bow Church Station	1433	1448	1503	1518	1533	1547		1847	1901	1916	1930	1945	2000	2014	2028	2042	2056	
Stratford City <i>Bus Station</i>	1443	1458	1513	1528	1543	1557		1857	1911	1926	1940	1955	2009	2023	2037	2051	2105	
Stratford International Station	1445	1500	1516	1531	1546	1600		1900	1914	1929	1943	1958	2011	2025	2039	2053	2107	
Lewisham High Street <i>Lewis Grove</i>	2029	2044	2059	2114	2129	2144		2159	2214			2344	2358					
Blackheath Station	2034	2049	2103	2118	2133	2148	2203	2218			2348	0002						
Blackheath <i>Royal Standard</i>	2039	2054	2108	2123	2137	2152	2207	2222			2352	0006						
Greenwich Peninsula <i>Ikea site</i>	2044	2059	2113	2128	2142	2157	2211	2226	Then every 15 minutes until		2356	0010						
North Greenwich Station	2051	2106	2120	2135	2149	2204	2218	2233		0003	0017							
Poplar <i>All Saints (DLR) Station</i>	2102	2117	2130	2145	2159	2214	2228	2242		0012	0026							
Devons Road (DLR) Station	2107	2122	2135	2150	2204	2219	2233	2246		0016	0030							
Bow Church Station	2111	2126	2139	2154	2208	2223	2237	2250		0020	0034							
Stratford City <i>Bus Station</i>	2120	2134	2147	2202	2216	2231	2245	2258		0028	0042							
Stratford International Station	2122	2136	2149	2204	2218	2233	2247	2300		0030	0044							

108	Mondays to Thursdays																	
	MO	MX	MX	MO	MO	MX	MX	MO	MO	MX	MX	MO	MX	MO	MX	MO	MX	MO
Stratford International Station	--	--	0000	0000	--	--	0015	0015	--	--	0030	0030	--	--	0045	0045	--	--
Stratford City <i>opposite Bus Station</i>	--	--	0002	0003	--	--	0017	0018	--	--	0032	0033	--	--	0047	0048	--	--
Bow Church Station	--	--	0010	0011	--	--	0025	0026	--	--	0040	0041	--	--	0055	0056	--	--
Devons Road (DLR) Station	--	--	0012	0013	--	--	0027	0028	--	--	0042	0043	--	--	0057	0058	--	--
Poplar <i>All Saints (DLR) Station</i>	--	--	0016	0017	--	--	0031	0032	--	--	0046	0047	--	--	0101	0102	--	--
North Greenwich Station	0017	0017	0024	0025	0031	0032	0039	0040	0045	0046	0054	0055	0100	0100	0109	0110	0115	0115
Greenwich Peninsula <i>Ikea site</i>	0022	0022	0029	0030	0036	0036	0044	0045	0050	0050	0059	0100	0104	0105	0114	0115	0119	0120
Blackheath <i>Royal Standard</i>	0028	0028	0035	0035	0042	0042	0049	0050	0056	0056	0104	0105	0110	0111	0119	0120	0125	0126
Blackheath Station	0032	0032	0038	0038	0046	0046	0052	0053	0100	0100	0107	0108	0114	0115	0122	0123	0129	0130
Lewisham Station <i>Station Road</i>	0037	0038	0043	0043	0051	0052	0057	0058	0105	0106	0112	0113	0120	0120	0127	0128	0135	0135
Stratford International Station	0110	0140	0210	0240	0310	0340	0413	0445	0505	0525	0545	0600	0615	0630	0640	0649	0658	0708
Stratford City <i>opposite Bus Station</i>	0112	0142	0212	0242	0312	0343	0416	0448	0507	0527	0547	0602	0617	0632	0642	0651	0700	0711
Bow Church Station	0120	0150	0220	0250	0320	0351	0424	0456	0515	0535	0555	0611	0626	0641	0651	0701	0710	0721
Devons Road (DLR) Station	0122	0152	0222	0252	0322	0353	0426	0458	0517	0537	0557	0613	0628	0643	0653	0703	0713	0724
Poplar <i>All Saints (DLR) Station</i>	0127	0157	0227	0257	0327	0358	0431	0503	0522	0542	0602	0618	0633	0648	0658	0709	0719	0730
North Greenwich Station	0134	0204	0234	0304	0334	0405	0438	0510	0530	0550	0611	0627	0642	0658	0709	0720	0730	0741
Greenwich Peninsula <i>Ikea site</i>	0139	0209	0239	0309	0339	0410	0443	0515	0535	0555	0616	0632	0647	0704	0715	0726	0736	0747
Blackheath <i>Royal Standard</i>	0144	0214	0244	0314	0344	0415	0448	0520	0540	0601	0622	0638	0655	0713	0724	0736	0747	0758
Blackheath Station	0147	0217	0247	0317	0347	0418	0451	0523	0543	0605	0626	0643	0702	0722	0733	0746	0757	0809
Lewisham Station <i>Station Road</i>	0152	0222	0252	0322	0352	0423	0456	0528	0548	0610	0632	0650	0710	0731	0742	0755	0806	0818
Stratford International Station	0719	0729	0739	0749	0759	0809	0819	0830	0841	0851	0902	0913	0923	0934	0944	0954	1004	1014
Stratford City <i>opposite Bus Station</i>	0722	0732	0742	0752	0802	0812	0823	0834	0845	0855	0906	0917	0927	0937	0947	0957	1007	1017
Bow Church Station	0732	0743	0754	0804	0814	0824	0835	0846	0857	0907	0917	0928	0938	0947	0957	1007	1017	1027
Devons Road (DLR) Station	0735	0746	0757	0807	0817	0828	0839	0850	0900	0910	0920	0931	0941	0950	1000	1010	1020	1030
Poplar <i>All Saints (DLR) Station</i>	0741	0752	0803	0814	0824	0835	0846	0856	0906	0916	0926	0937	0947	0956	1006	1016	1026	1036
North Greenwich Station	0752	0803	0814	0825	0834	0845	0856	0906	0916	0926	0936	0947	0956	1005	1015	1025	1035	1045
Greenwich Peninsula <i>Ikea site</i>	0759	0810	0821	0832	0841	0852	0902	0912	0922	0932	0942	0953	1002	1011	1021	1031	1041	1051
Blackheath <i>Royal Standard</i>	0809	0820	0830	0841	0850	0901	0911	0920	0930	0940	0950	1001	1010	1019	1029	1039	1049	1059
Blackheath Station	0820	0831	0841	0852	0901	0912	0921	0929	0938	0948	0957	1007	1016	1025	1035	1045	1055	1105
Lewisham Station <i>Station Road</i>	0830	0841	0851	0902	0910	0921	0930	0938	0946	0956	1005	1015	1024	1033	1042	1052	1102	1112
Stratford International Station	1024	1033	1043	1053	1102	1112	1122	1132	1142	1151	Then every 10 minutes until	1251	1300	1310	1320	1330	1340	
Stratford City <i>opposite Bus Station</i>	1027	1037	1047	1057	1106	1116	1126	1136	1146	1155		1255	1304	1314	1324	1334	1344	
Bow Church Station	1037	1047	1057	1107	1116	1126	1136	1146	1156	1205		1305	1315	1325	1335	1345	1355	
Devons Road (DLR) Station	1040	1050	1100	1110	1119	1129	1139	1149	1159	1208		1308	1318	1328	1338	1348	1358	
Poplar <i>All Saints (DLR) Station</i>	1046	1056	1106	1116	1125	1135	1145	1155	1205	1215		1315	1325	1335	1345	1355	1405	
North Greenwich Station	1055	1105	1115	1125	1135	1145	1155	1205	1215	1225		1325	1335	1345	1355	1405	1416	
Greenwich Peninsula <i>Ikea site</i>	1101	1111	1121	1131	1141	1151	1201	1211	1221	1231		1331	1341	1351	1401	1411	1422	
Blackheath <i>Royal Standard</i>	1109	1119	1129	1139	1149	1159	1209	1219	1229	1239		1339	1349	1359	1409	1419	1431	
Blackheath Station	1115	1125	1135	1145	1155	1205	1214	1224	1234	1244	1344	1354	1404	1414	1424	1436		
Lewisham Station <i>Station Road</i>	1122	1132	1142	1152	1202	1212	1221	1231	1241	1251	1351	1401	1411	1421	1431	1443		
Stratford International Station	1350	1400	1410	1420	1430	1438	1448	1458	1508	1516	1524	1534	1544	1554	1604	1614	1624	1634
Stratford City <i>opposite Bus Station</i>	1354	1404	1414	1424	1434	1442	1452	1502	1512	1520	1528	1538	1548	1558	1608	1619	1629	1639
Bow Church Station	1405	1416	1426	1436	1446	1455	1505	1515	1525	1533	1541	1551	1600	1610	1620	1631	1641	1651
Devons Road (DLR) Station	1408	1419	1429	1439	1449	1459	1509	1519	1529	1537	1545	1555	1604	1614	1624	1635	1645	1655
Poplar <i>All Saints (DLR) Station</i>	1415	1426	1436	1446	1456	1506	1517	1527	1537	1547	1556	1606	1615	1625	1635	1646	1656	1706
North Greenwich Station	1426	1437	1447	1458	1509	1521	1532	1543	1554	1606	1616	1626	1635	1645	1655	1706	1716	1726
Greenwich Peninsula <i>Ikea site</i>	1432	1443	1453	1504	1515	1527	1538	1549	1600	1612	1622	1632	1642	1652	1702	1713	1723	1733
Blackheath <i>Royal Standard</i>	1441	1452	1502	1513	1524	1536	1547	1558	1609	1621	1631	1641	1651	1701	1711	1722	1732	1742
Blackheath Station	1447	1458	1508	1519	1530	1543	1554	1605	1616	1629	1640	1650	1700	1711	1721	1733	1743	1753
Lewisham Station <i>Station Road</i>	1454	1505	1516	1527	1538	1551	1602	1613	1624	1637	1648	1658	1708	1719	1729	1741	1751	1801
Stratford International Station	1645	1655	1705	1715	1726	1736	1746	1756	1806	1816	1826	1836	1846	1856	1908	1920	1932	1945
Stratford City <i>opposite Bus Station</i>	1650	1700	1710	1720	1731	1741	1751	1801	1811	1821	1831	1841	1850	1900	1912	1924	1936	1949
Bow Church Station	1702	1712	1722	1732	1743	1753	1803	1813	1823	1833	1842	1852	1901	1911	1922	1934	1946	1959
Devons Road (DLR) Station	1706	1716	1726	1736	1747	1757	1807	1817	1827	1837	1846	1855	1904	1914	1925	1937	1949	2002
Poplar <i>All Saints (DLR) Station</i>	1717	1727	1737	1747	1757	1807	1816	1826	1836	1845	1854	1903	1911	1921	1931	1943	1955	2008
North Greenwich Station	1737	1747	1757	1807	1817	1827	1836	1846	1855	1904	1913	1921	1927	1935	1943	1955	2006	2019
Greenwich Peninsula <i>Ikea site</i>	1744	1754	1804	1814	1824	1834	1843	1853	1902	1911	1920	1928	1933	1941	1949	2001	2012	2025
Blackheath <i>Royal Standard</i>	1753	1803	1814	1824	1834	1844	1853	1903	1912	1920	1929	1936	1940	1948	1956	2008	2019	2032
Blackheath Station	1804	1814	1825	1835	1843	1852	1901	1909	1918	1926	1935	1941	1945	1953	2001	2013	2024	2037
Lewisham Station <i>Station Road</i>	1811	1821	1832	1842	1850	1859	1908	1916	1925	1933	1942	1948	1952	1959	2007	2019	2030	2043

108		Mondays to Thursdays (cont.)																
Stratford International Station	2000	2015	2030	2045	2100	2115	2130	2145	2200	2215	--	2230	--	2245	--	2300	--	2315
Stratford City <i>opposite Bus Station</i>	2004	2019	2034	2049	2103	2118	2133	2148	2203	2218	--	2232	--	2247	--	2302	--	2317
Bow Church Station	2014	2029	2044	2058	2112	2127	2142	2157	2212	2227	--	2241	--	2256	--	2310	--	2325
Devons Road (DLR) Station	2017	2032	2047	2101	2115	2130	2145	2159	2214	2229	--	2243	--	2258	--	2312	--	2327
Poplar <i>All Saints (DLR) Station</i>	2023	2038	2052	2106	2120	2135	2150	2204	2219	2234	--	2248	--	2303	--	2317	--	2332
North Greenwich Station	2033	2048	2102	2115	2129	2144	2158	2212	2227	2242	2245	2256	2305	2311	2319	2325	2334	2340
Greenwich Peninsula <i>Ikea site</i>	2039	2054	2108	2121	2135	2150	2204	2218	2233	2248	2250	2302	2310	2317	2324	2331	2339	2346
Blackheath <i>Royal Standard</i>	2046	2101	2115	2128	2142	2157	2210	2224	2239	2254	2257	2308	2316	2323	2330	2337	2345	2352
Blackheath Station	2051	2106	2120	2133	2147	2202	2214	2228	2243	2258	2301	2312	2320	2327	2334	2341	2349	2356
Lewisham Station <i>Station Road</i>	2057	2112	2126	2139	2153	2208	2220	2234	2249	2304	2307	2318	2326	2333	2340	2346	2355	0001
Stratford International Station	--	2330	--	2345														
Stratford City <i>opposite Bus Station</i>	--	2332	--	2347														
Bow Church Station	--	2340	--	2355														
Devons Road (DLR) Station	--	2342	--	2357														
Poplar <i>All Saints (DLR) Station</i>	--	2346	--	0001														
North Greenwich Station	2348	2354	0002	0009														
Greenwich Peninsula <i>Ikea site</i>	2353	0000	0007	0014														
Blackheath <i>Royal Standard</i>	2359	0006	0013	0020														
Blackheath Station	0003	0009	0017	0023														
Lewisham Station <i>Station Road</i>	0009	0014	0023	0028														
108		Fridays																
Stratford International Station	--	0000	--	0015	--	0030	--	0045	--	0110	0140	0210	0240	0310	0340	0413	0445	0505
Stratford City <i>opposite Bus Station</i>	--	0002	--	0017	--	0032	--	0047	--	0112	0142	0212	0242	0312	0343	0416	0448	0507
Bow Church Station	--	0010	--	0025	--	0040	--	0055	--	0120	0150	0220	0250	0320	0351	0424	0456	0515
Devons Road (DLR) Station	--	0012	--	0027	--	0042	--	0057	--	0122	0152	0222	0252	0322	0353	0426	0458	0517
Poplar <i>All Saints (DLR) Station</i>	--	0016	--	0031	--	0046	--	0101	--	0127	0157	0227	0257	0327	0358	0431	0503	0522
North Greenwich Station	0017	0024	0032	0039	0046	0054	0100	0109	0115	0134	0204	0234	0304	0334	0405	0438	0510	0530
Greenwich Peninsula <i>Ikea site</i>	0022	0029	0036	0044	0050	0059	0104	0114	0119	0139	0209	0239	0309	0339	0410	0443	0515	0535
Blackheath <i>Royal Standard</i>	0028	0035	0042	0049	0056	0104	0110	0119	0125	0144	0214	0244	0314	0344	0415	0448	0520	0540
Blackheath Station	0032	0038	0046	0052	0100	0107	0114	0122	0129	0147	0217	0247	0317	0347	0418	0451	0523	0543
Lewisham Station <i>Station Road</i>	0038	0043	0052	0057	0106	0112	0120	0127	0135	0152	0222	0252	0322	0352	0423	0456	0528	0548
Stratford International Station	0525	0545	0600	0615	0630	0640	0649	0658	0708	0719	0729	0739	0749	0759	0809	0819	0830	0841
Stratford City <i>opposite Bus Station</i>	0527	0547	0602	0617	0632	0642	0651	0700	0711	0722	0732	0742	0752	0802	0812	0823	0834	0845
Bow Church Station	0535	0555	0611	0626	0641	0651	0701	0710	0721	0732	0743	0754	0804	0814	0824	0835	0846	0857
Devons Road (DLR) Station	0537	0557	0613	0628	0643	0653	0703	0713	0724	0735	0746	0757	0807	0817	0828	0839	0850	0900
Poplar <i>All Saints (DLR) Station</i>	0542	0602	0618	0633	0648	0658	0709	0719	0730	0741	0752	0803	0814	0824	0835	0846	0856	0906
North Greenwich Station	0550	0611	0627	0642	0658	0709	0720	0730	0741	0752	0803	0814	0825	0834	0845	0856	0906	0916
Greenwich Peninsula <i>Ikea site</i>	0555	0616	0632	0647	0704	0715	0726	0736	0747	0759	0810	0821	0832	0841	0852	0902	0912	0922
Blackheath <i>Royal Standard</i>	0601	0622	0638	0655	0713	0724	0736	0747	0758	0809	0820	0830	0841	0850	0901	0911	0920	0930
Blackheath Station	0605	0626	0643	0702	0722	0733	0746	0757	0809	0820	0831	0841	0852	0901	0912	0921	0929	0938
Lewisham Station <i>Station Road</i>	0610	0632	0650	0710	0731	0742	0755	0806	0818	0830	0841	0851	0902	0910	0921	0930	0938	0946
Stratford International Station	0851	0902	0913	0923	0934	0944	0954	1004	1014	1024	1033	1043	1053	1102	1112	1122	1132	1142
Stratford City <i>opposite Bus Station</i>	0855	0906	0917	0927	0937	0947	0957	1007	1017	1027	1037	1047	1057	1106	1116	1126	1136	1146
Bow Church Station	0907	0917	0928	0938	0947	0957	1007	1017	1027	1037	1047	1057	1107	1116	1126	1136	1146	1156
Devons Road (DLR) Station	0910	0920	0931	0941	0950	1000	1010	1020	1030	1040	1050	1100	1110	1119	1129	1139	1149	1159
Poplar <i>All Saints (DLR) Station</i>	0916	0926	0937	0947	0956	1006	1016	1026	1036	1046	1056	1106	1116	1125	1135	1145	1155	1205
North Greenwich Station	0926	0936	0947	0956	1005	1015	1025	1035	1045	1055	1105	1115	1125	1135	1145	1155	1205	1215
Greenwich Peninsula <i>Ikea site</i>	0932	0942	0953	1002	1011	1021	1031	1041	1051	1101	1111	1121	1131	1141	1151	1201	1211	1221
Blackheath <i>Royal Standard</i>	0940	0950	1001	1010	1019	1029	1039	1049	1059	1109	1119	1129	1139	1149	1159	1209	1219	1229
Blackheath Station	0948	0957	1007	1016	1025	1035	1045	1055	1105	1115	1125	1135	1145	1155	1205	1214	1224	1234
Lewisham Station <i>Station Road</i>	0956	1005	1015	1024	1033	1042	1052	1102	1112	1122	1132	1142	1152	1202	1212	1221	1231	1241
Stratford International Station	1151	Then every 10 minutes until	1251	1300	1310	1320	1330	1340	1350	1400	1410	1420	1430	1438	1448	1458	1508	
Stratford City <i>opposite Bus Station</i>	1155		1255	1304	1314	1324	1334	1344	1354	1404	1414	1424	1434	1442	1452	1502	1512	
Bow Church Station	1205		1305	1315	1325	1335	1345	1355	1405	1416	1426	1436	1446	1455	1505	1515	1525	
Devons Road (DLR) Station	1208		1308	1318	1328	1338	1348	1358	1408	1419	1429	1439	1449	1459	1509	1519	1529	
Poplar <i>All Saints (DLR) Station</i>	1215		1315	1325	1335	1345	1355	1405	1415	1426	1436	1446	1456	1506	1517	1527	1537	
North Greenwich Station	1225		1325	1335	1345	1355	1405	1416	1426	1437	1447	1458	1509	1521	1532	1543	1554	
Greenwich Peninsula <i>Ikea site</i>	1231		1331	1341	1351	1401	1411	1422	1432	1443	1453	1504	1515	1527	1538	1549	1600	
Blackheath <i>Royal Standard</i>	1239		1339	1349	1359	1409	1419	1431	1441	1452	1502	1513	1524	1536	1547	1558	1609	
Blackheath Station	1244		1344	1354	1404	1414	1424	1436	1447	1458	1508	1519	1530	1543	1554	1605	1616	
Lewisham Station <i>Station Road</i>	1251		1351	1401	1411	1421	1431	1443	1454	1505	1516	1527	1538	1551	1602	1613	1624	

108	Fridays (cont.)																		
Stratford International Station	1516	1524	1534	1544	1554	1604	1614	1624	1634	1645	1655	1705	1715	1726	1736	1746	1756	1806	
Stratford City opposite Bus Station	1520	1528	1538	1548	1558	1608	1619	1629	1639	1650	1700	1710	1720	1731	1741	1751	1801	1811	
Bow Church Station	1533	1541	1551	1600	1610	1620	1631	1641	1651	1702	1712	1722	1732	1743	1753	1803	1813	1823	
Devons Road (DLR) Station	1537	1545	1555	1604	1614	1624	1635	1645	1655	1706	1716	1726	1736	1747	1757	1807	1817	1827	
Poplar All Saints (DLR) Station	1547	1556	1606	1615	1625	1635	1646	1656	1706	1717	1727	1737	1747	1757	1807	1816	1826	1836	
North Greenwich Station	1606	1616	1626	1635	1645	1655	1706	1716	1726	1737	1747	1757	1807	1817	1827	1836	1846	1855	
Greenwich Peninsula Ikea site	1612	1622	1632	1642	1652	1702	1713	1723	1733	1744	1754	1804	1814	1824	1834	1843	1853	1902	
Blackheath Royal Standard	1621	1631	1641	1651	1701	1711	1722	1732	1742	1753	1803	1814	1824	1834	1844	1853	1903	1912	
Blackheath Station	1629	1640	1650	1700	1711	1721	1733	1743	1753	1804	1814	1825	1835	1843	1852	1901	1909	1918	
Lewisham Station Station Road	1637	1648	1658	1708	1719	1729	1741	1751	1801	1811	1821	1832	1842	1850	1859	1908	1916	1925	
Stratford International Station	1816	1826	1836	1846	1856	1908	1920	1932	1945	2000	2015	2030	2045	2100	2115	2130	2145	2200	
Stratford City opposite Bus Station	1821	1831	1841	1850	1900	1912	1924	1936	1949	2004	2019	2034	2049	2103	2118	2133	2148	2203	
Bow Church Station	1833	1842	1852	1901	1910	1922	1934	1946	1959	2014	2029	2044	2058	2112	2127	2142	2157	2212	
Devons Road (DLR) Station	1837	1846	1855	1904	1913	1925	1937	1949	2002	2017	2032	2047	2101	2115	2130	2145	2159	2214	
Poplar All Saints (DLR) Station	1845	1854	1903	1911	1920	1931	1943	1955	2008	2023	2038	2052	2106	2120	2135	2150	2204	2219	
North Greenwich Station	1904	1913	1921	1927	1934	1943	1955	2006	2019	2033	2048	2102	2115	2129	2144	2159	2213	2228	
Greenwich Peninsula Ikea site	1911	1920	1928	1934	1940	1949	2001	2012	2025	2039	2054	2108	2121	2135	2150	2205	2219	2234	
Blackheath Royal Standard	1920	1929	1936	1941	1947	1956	2008	2019	2032	2046	2101	2115	2128	2142	2157	2211	2225	2240	
Blackheath Station	1926	1935	1941	1946	1952	2001	2013	2024	2037	2051	2106	2120	2133	2147	2202	2215	2229	2244	
Lewisham Station Station Road	1933	1942	1948	1953	1958	2007	2019	2030	2043	2057	2112	2126	2139	2153	2208	2221	2235	2250	
Stratford International Station	2215	--	2230	--	2245	--	2300	--	2315	--	2330	--	2345						
Stratford City opposite Bus Station	2218	--	2233	--	2248	--	2303	--	2317	--	2332	--	2347						
Bow Church Station	2227	--	2242	--	2257	--	2311	--	2325	--	2340	--	2355						
Devons Road (DLR) Station	2229	--	2244	--	2259	--	2313	--	2327	--	2342	--	2357						
Poplar All Saints (DLR) Station	2234	--	2249	--	2304	--	2318	--	2332	--	2346	--	0001						
North Greenwich Station	2243	2245	2258	2304	2313	2319	2326	2334	2340	2349	2354	0004	0009						
Greenwich Peninsula Ikea site	2249	2251	2304	2310	2319	2325	2332	2340	2345	2355	2359	0010	0014						
Blackheath Royal Standard	2255	2258	2310	2317	2325	2332	2338	2346	2351	0001	0005	0016	0020						
Blackheath Station	2259	2302	2314	2321	2329	2336	2342	2350	2355	0005	0008	0020	0023						
Lewisham Station Station Road	2305	2308	2320	2327	2335	2342	2347	2356	0000	0011	0013	0026	0028						
108	Saturdays																		
Stratford International Station	--	0000	--	0015	--	0030	--	0045	--	0100	0115	0130	0145	0210	0240	0310	0340	0413	
Stratford City opposite Bus Station	--	0002	--	0017	--	0032	--	0047	--	0102	0117	0132	0147	0212	0242	0312	0342	0415	
Bow Church Station	--	0010	--	0025	--	0040	--	0055	--	0109	0124	0139	0154	0220	0250	0320	0350	0423	
Devons Road (DLR) Station	--	0012	--	0027	--	0042	--	0057	--	0111	0126	0141	0156	0222	0252	0322	0352	0425	
Poplar All Saints (DLR) Station	--	0016	--	0031	--	0046	--	0101	--	0116	0131	0146	0201	0227	0257	0327	0357	0430	
North Greenwich Station	0018	0024	0033	0039	0048	0054	0102	0109	0116	0124	0139	0154	0209	0235	0304	0334	0404	0437	
Greenwich Peninsula Ikea site	0024	0029	0038	0044	0053	0059	0107	0114	0121	0129	0144	0159	0214	0240	0309	0339	0408	0441	
Blackheath Royal Standard	0030	0035	0044	0049	0059	0104	0113	0119	0127	0136	0150	0205	0220	0246	0315	0345	0414	0447	
Blackheath Station	0034	0038	0048	0052	0103	0107	0117	0122	0131	0140	0154	0209	0224	0250	0318	0348	0418	0451	
Lewisham Station Station Road	0040	0043	0054	0057	0109	0112	0123	0127	0137	0145	0159	0214	0229	0255	0323	0353	0423	0456	
Stratford International Station	0445	0505	0525	0545	0605	0620	0635	0645	0655	0705	0715	0725	0735	0745	0755	0805	0813	0823	
Stratford City opposite Bus Station	0448	0507	0527	0547	0607	0622	0637	0647	0657	0707	0717	0727	0737	0747	0757	0807	0815	0825	
Bow Church Station	0456	0515	0535	0555	0615	0630	0645	0655	0705	0715	0725	0735	0745	0755	0805	0815	0823	0833	
Devons Road (DLR) Station	0458	0517	0537	0557	0617	0632	0647	0657	0707	0717	0727	0737	0747	0757	0807	0817	0825	0835	
Poplar All Saints (DLR) Station	0503	0521	0541	0601	0621	0636	0651	0701	0711	0721	0731	0742	0752	0802	0812	0822	0830	0840	
North Greenwich Station	0511	0527	0548	0609	0629	0644	0659	0709	0719	0729	0739	0750	0800	0810	0820	0830	0838	0848	
Greenwich Peninsula Ikea site	0515	0531	0552	0614	0634	0649	0704	0714	0724	0734	0744	0755	0805	0815	0825	0835	0843	0853	
Blackheath Royal Standard	0520	0536	0557	0619	0640	0655	0710	0720	0730	0740	0750	0802	0812	0822	0832	0842	0850	0900	
Blackheath Station	0523	0540	0601	0623	0644	0659	0714	0724	0734	0744	0754	0806	0816	0826	0836	0846	0855	0905	
Lewisham Station Station Road	0528	0545	0606	0628	0649	0705	0720	0730	0740	0750	0800	0812	0822	0832	0842	0852	0901	0911	
Stratford International Station	0833	0843	0851	0901	0910	0918	0928	0938	0948	0957	1006	1016	1026	1036	1046	1056	1106	1116	
Stratford City opposite Bus Station	0835	0845	0853	0903	0912	0920	0930	0940	0950	0959	1009	1019	1029	1039	1049	1059	1109	1119	
Bow Church Station	0843	0853	0902	0912	0921	0929	0939	0949	0959	1008	1018	1028	1038	1048	1058	1108	1119	1129	
Devons Road (DLR) Station	0845	0855	0904	0914	0923	0932	0942	0952	1002	1011	1021	1031	1041	1051	1101	1111	1122	1132	
Poplar All Saints (DLR) Station	0850	0900	0909	0919	0928	0938	0948	0958	1008	1018	1028	1038	1048	1058	1108	1118	1129	1139	
North Greenwich Station	0858	0908	0917	0927	0937	0947	0957	1007	1017	1027	1037	1047	1057	1107	1117	1127	1138	1148	
Greenwich Peninsula Ikea site	0903	0913	0923	0933	0943	0953	1003	1013	1023	1033	1043	1053	1103	1113	1123	1133	1144	1154	
Blackheath Royal Standard	0910	0920	0930	0940	0950	1000	1010	1020	1030	1040	1050	1100	1110	1120	1130	1140	1152	1202	
Blackheath Station	0915	0925	0936	0946	0956	1006	1016	1026	1036	1046	1056	1107	1117	1127	1137	1147	1159	1209	
Lewisham Station Station Road	0921	0931	0942	0952	1002	1012	1022	1032	1042	1052	1102	1113	1123	1133	1143	1154	1206	1216	

108	Sundays																	
Stratford International Station	--	0000	--	0015	--	0030	--	0045	--	0100	0115	0130	0145	0205	0235	0305	0335	0410
Stratford City opposite Bus Station	--	0002	--	0017	--	0032	--	0047	--	0102	0117	0132	0147	0207	0237	0307	0337	0412
Bow Church Station	--	0010	--	0025	--	0040	--	0055	--	0110	0125	0140	0155	0215	0245	0315	0345	0420
Devons Road (DLR) Station	--	0012	--	0027	--	0042	--	0057	--	0113	0127	0142	0157	0217	0247	0317	0347	0422
Poplar All Saints (DLR) Station	--	0017	--	0031	--	0046	--	0101	--	0118	0132	0147	0202	0222	0252	0322	0352	0427
North Greenwich Station	0018	0026	0033	0040	0048	0055	0102	0110	0116	0133	0147	0202	0217	0236	0304	0334	0404	0439
Greenwich Peninsula Ikea site	0024	0031	0038	0045	0053	0100	0107	0115	0121	0138	0152	0207	0222	0241	0309	0339	0409	0444
Blackheath Royal Standard	0030	0037	0044	0051	0059	0106	0113	0121	0127	0144	0158	0213	0228	0247	0315	0345	0415	0450
Blackheath Station	0034	0041	0048	0055	0103	0110	0117	0125	0131	0148	0202	0217	0232	0251	0319	0349	0419	0454
Lewisham Station Station Road	0040	0046	0054	0100	0109	0115	0123	0130	0137	0153	0207	0222	0238	0257	0324	0354	0424	0459
Stratford International Station	0445	0505	0525	0545	0605	0625	0645	0705	0720	0735	Then every 15 minutes until	0850	0905	0920	0935	0950	1004	
Stratford City opposite Bus Station	0447	0507	0527	0547	0607	0627	0647	0707	0722	0737		0852	0907	0922	0937	0952	1006	
Bow Church Station	0455	0516	0536	0556	0616	0636	0656	0715	0730	0745		0900	0915	0930	0945	1000	1014	
Devons Road (DLR) Station	0457	0518	0538	0558	0618	0638	0658	0717	0732	0747		0902	0917	0932	0947	1002	1016	
Poplar All Saints (DLR) Station	0501	0523	0543	0603	0623	0643	0703	0722	0737	0752		0907	0922	0937	0952	1007	1021	
North Greenwich Station	0513	0532	0552	0612	0632	0652	0712	0731	0746	0801		0916	0931	0946	1001	1016	1030	
Greenwich Peninsula Ikea site	0518	0537	0557	0617	0637	0657	0717	0736	0751	0806		0921	0936	0951	1006	1021	1035	
Blackheath Royal Standard	0524	0542	0602	0622	0642	0702	0722	0741	0756	0812		0927	0942	0957	1012	1027	1042	
Blackheath Station	0527	0545	0605	0626	0646	0706	0726	0745	0800	0816		0931	0947	1002	1017	1032	1047	
Lewisham Station Station Road	0532	0550	0610	0631	0651	0712	0732	0751	0806	0822		0937	0953	1008	1023	1038	1053	
Stratford International Station	1017	1032	1046	1059	1114	1129	1144	1159	1214	1229	1244	1259	1314	1329	1344	1359	1413	1428
Stratford City opposite Bus Station	1019	1034	1048	1102	1117	1132	1147	1202	1217	1232	1247	1302	1317	1332	1348	1403	1417	1432
Bow Church Station	1027	1042	1056	1111	1126	1142	1157	1212	1227	1242	1257	1312	1327	1342	1358	1413	1427	1442
Devons Road (DLR) Station	1029	1044	1058	1113	1128	1145	1200	1215	1230	1245	1300	1315	1330	1345	1401	1416	1430	1445
Poplar All Saints (DLR) Station	1035	1050	1104	1119	1134	1151	1206	1221	1236	1251	1307	1322	1337	1352	1408	1423	1437	1452
North Greenwich Station	1044	1059	1114	1129	1144	1201	1216	1231	1246	1301	1317	1332	1347	1402	1419	1434	1449	1504
Greenwich Peninsula Ikea site	1050	1105	1120	1135	1150	1207	1222	1237	1252	1307	1323	1338	1353	1408	1425	1440	1455	1510
Blackheath Royal Standard	1057	1112	1127	1142	1157	1214	1229	1245	1300	1315	1331	1346	1401	1416	1433	1448	1503	1518
Blackheath Station	1102	1117	1132	1148	1203	1220	1235	1251	1307	1322	1338	1353	1408	1423	1439	1454	1509	1524
Lewisham Station Station Road	1108	1123	1139	1155	1210	1227	1242	1258	1314	1329	1345	1400	1415	1430	1446	1501	1516	1531
Stratford International Station	1443	1457	1511	1526	1541	1556	1611	1626	1642	1657	1713	1729	1744	1759	1814	1829	1844	1900
Stratford City opposite Bus Station	1447	1501	1515	1530	1545	1600	1615	1630	1646	1701	1717	1733	1748	1803	1818	1833	1848	1903
Bow Church Station	1457	1511	1525	1541	1556	1611	1626	1641	1657	1712	1728	1744	1759	1814	1829	1844	1859	1914
Devons Road (DLR) Station	1500	1514	1528	1544	1559	1614	1629	1644	1700	1715	1731	1747	1802	1817	1832	1847	1902	1917
Poplar All Saints (DLR) Station	1507	1521	1535	1551	1606	1621	1636	1651	1707	1722	1738	1754	1809	1824	1838	1853	1908	1923
North Greenwich Station	1519	1533	1548	1604	1619	1634	1649	1704	1720	1735	1751	1807	1822	1837	1851	1906	1920	1935
Greenwich Peninsula Ikea site	1525	1539	1554	1610	1625	1640	1655	1710	1726	1741	1757	1813	1828	1843	1857	1912	1926	1941
Blackheath Royal Standard	1533	1548	1603	1619	1634	1649	1704	1719	1734	1749	1805	1820	1835	1850	1904	1919	1933	1948
Blackheath Station	1539	1554	1609	1625	1640	1655	1710	1725	1740	1755	1810	1825	1840	1855	1909	1924	1938	1953
Lewisham Station Station Road	1546	1601	1616	1632	1647	1702	1717	1732	1747	1802	1817	1832	1847	1902	1915	1930	1944	1959
Stratford International Station	1915	1930	1945	2000	2015	2030	2045	2100	2115	2130	2145	2200	2215	--	2230	--	2245	--
Stratford City opposite Bus Station	1918	1933	1948	2003	2018	2033	2048	2103	2118	2133	2148	2203	2218	--	2233	--	2248	--
Bow Church Station	1929	1944	1957	2012	2027	2042	2057	2112	2127	2142	2157	2212	2227	--	2242	--	2257	--
Devons Road (DLR) Station	1932	1947	2000	2015	2030	2045	2059	2114	2129	2144	2159	2214	2229	--	2244	--	2259	--
Poplar All Saints (DLR) Station	1938	1953	2006	2021	2036	2050	2104	2119	2134	2149	2204	2219	2234	--	2249	--	2304	--
North Greenwich Station	1950	2004	2016	2031	2046	2059	2113	2128	2143	2157	2212	2227	2242	2245	2257	2304	2312	2318
Greenwich Peninsula Ikea site	1956	2010	2022	2037	2052	2105	2119	2134	2149	2203	2218	2233	2248	2250	2303	2309	2318	2323
Blackheath Royal Standard	2003	2017	2029	2044	2058	2111	2125	2140	2155	2209	2224	2239	2254	2256	2309	2315	2324	2329
Blackheath Station	2008	2022	2034	2049	2102	2115	2129	2144	2159	2213	2228	2243	2258	2300	2313	2319	2328	2333
Lewisham Station Station Road	2014	2028	2040	2055	2108	2121	2135	2150	2205	2219	2234	2249	2304	2305	2319	2324	2334	2338
Stratford International Station	2300	--	2315	--	2330	--	2345											
Stratford City opposite Bus Station	2303	--	2318	--	2333	--	2348											
Bow Church Station	2312	--	2326	--	2341	--	2356											
Devons Road (DLR) Station	2314	--	2328	--	2343	--	2358											
Poplar All Saints (DLR) Station	2319	--	2332	--	2347	--	0002											
North Greenwich Station	2327	2333	2340	2348	2355	0003	0010											
Greenwich Peninsula Ikea site	2332	2338	2345	2353	0000	0008	0015											
Blackheath Royal Standard	2338	2344	2351	2359	0005	0014	0020											
Blackheath Station	2342	2348	2355	0003	0008	0018	0023											
Lewisham Station Station Road	2348	2353	0001	0008	0013	0023	0028											