

108	Mondays to Thursdays																	
	MX	MO	MX	MO	MX	MO												
Lewisham <i>Lewisham Centre</i>	0010	0012	0025	0026	0040	0040	0105	0135	0205	0235	0305	0335	0405	0435	0500	0520	0540	0600
Blackheath Station	0014	0016	0029	0030	0044	0044	0109	0139	0209	0239	0309	0339	0409	0439	0504	0524	0544	0604
Blackheath <i>Royal Standard</i>	0018	0020	0033	0034	0048	0048	0113	0143	0213	0243	0313	0343	0413	0443	0508	0528	0548	0609
Greenwich Peninsula <i>IKEA</i>	0022	0024	0037	0038	0052	0052	0117	0147	0217	0247	0317	0347	0417	0447	0512	0532	0553	0614
North Greenwich Station	0028	0031	0043	0045	0058	0059	0123	0153	0223	0253	0323	0353	0423	0453	0518	0538	0600	0622
Poplar <i>All Saints (DLR) Station</i>	0037	0039	0052	0053	0107	0107	0132	0202	0232	0302	0332	0402	0432	0502	0527	0549	0612	0634
Devons Road (DLR) Station	0041	0043	0056	0057	0111	0111	0137	0206	0236	0306	0336	0406	0436	0507	0531	0553	0617	0639
Bow Church Station	0045	0047	0100	0101	0115	0115	0140	0209	0239	0309	0339	0409	0439	0510	0535	0557	0621	0643
Stratford City Bus Station	0053	0055	0108	0109	0123	0123	0148	0217	0247	0317	0347	0417	0447	0518	0543	0606	0630	0652
Stratford International Way	0055	0057	0110	0111	0125	0125	0150	0219	0249	0319	0349	0419	0449	0520	0545	0608	0632	0654
Lewisham <i>Lewisham Centre</i>	0615	0630	0645	0656	0706	0715	0725	0735	0745	0755	0806	0817	0828	0841	0853	0905	0917	0928
Blackheath Station	0619	0634	0650	0701	0718	0727	0737	0748	0759	0810	0821	0832	0843	0856	0907	0919	0930	0941
Blackheath <i>Royal Standard</i>	0624	0640	0657	0708	0725	0735	0746	0757	0808	0819	0830	0841	0852	0904	0915	0926	0937	0948
Greenwich Peninsula <i>IKEA</i>	0629	0646	0704	0715	0732	0742	0753	0804	0815	0826	0837	0848	0859	0910	0921	0932	0943	0954
North Greenwich Station	0637	0654	0712	0723	0740	0751	0802	0813	0824	0835	0846	0857	0908	0919	0930	0941	0952	1003
Poplar <i>All Saints (DLR) Station</i>	0651	0709	0727	0738	0755	0806	0817	0828	0839	0849	0900	0911	0922	0933	0944	0955	1006	1017
Devons Road (DLR) Station	0656	0714	0732	0744	0801	0812	0823	0834	0845	0855	0906	0917	0928	0939	0950	1001	1012	1023
Bow Church Station	0700	0718	0736	0748	0805	0816	0828	0839	0850	0859	0910	0921	0932	0943	0954	1005	1016	1027
Stratford City Bus Station	0709	0727	0746	0758	0815	0826	0838	0849	0900	0909	0920	0931	0942	0953	1004	1015	1026	1037
Stratford International Way	0711	0729	0748	0800	0817	0828	0840	0851	0902	0911	0922	0933	0944	0955	1006	1017	1028	1039
Lewisham <i>Lewisham Centre</i>	0940	0952	1003	1014	1025	Then every 11 minutes until	1321	1332	1343	1354	1404	1415	1426	1437	1448	1458	1509	
Blackheath Station	0953	1005	1016	1027	1038		1334	1345	1356	1407	1418	1429	1440	1451	1502	1512	1523	
Blackheath <i>Royal Standard</i>	1000	1011	1022	1033	1044		1340	1351	1402	1413	1424	1435	1446	1457	1508	1519	1530	
Greenwich Peninsula <i>IKEA</i>	1006	1017	1028	1039	1050		1346	1357	1408	1419	1430	1441	1452	1503	1514	1525	1536	
North Greenwich Station	1014	1025	1036	1047	1058		1354	1405	1416	1427	1438	1449	1500	1511	1522	1533	1544	
Poplar <i>All Saints (DLR) Station</i>	1028	1039	1050	1101	1111		1407	1418	1429	1440	1451	1502	1513	1524	1535	1546	1557	
Devons Road (DLR) Station	1034	1045	1056	1107	1118		1414	1425	1436	1447	1458	1509	1520	1531	1542	1553	1604	
Bow Church Station	1038	1049	1100	1111	1122		1418	1430	1441	1452	1504	1515	1527	1538	1549	1600	1610	
Stratford City Bus Station	1048	1059	1110	1121	1132		1428	1440	1451	1502	1514	1525	1538	1549	1600	1611	1622	
Stratford International Way	1050	1101	1112	1123	1134		1430	1442	1453	1504	1516	1527	1540	1551	1602	1613	1624	
Lewisham <i>Lewisham Centre</i>	1520	1531	1542	1553	1604	1615	1626	1637	1648	1659	1710	1721	1732	1743	1754	1805	1816	1827
Blackheath Station	1534	1545	1556	1607	1618	1629	1640	1651	1702	1713	1724	1735	1746	1757	1808	1818	1829	1840
Blackheath <i>Royal Standard</i>	1541	1552	1603	1614	1625	1636	1647	1658	1709	1720	1731	1742	1753	1804	1815	1825	1836	1846
Greenwich Peninsula <i>IKEA</i>	1547	1558	1609	1620	1631	1642	1653	1704	1715	1726	1737	1748	1759	1810	1821	1831	1842	1852
North Greenwich Station	1555	1606	1617	1628	1639	1650	1701	1712	1723	1734	1745	1756	1807	1818	1829	1839	1850	1900
Poplar <i>All Saints (DLR) Station</i>	1608	1619	1630	1641	1653	1704	1715	1726	1737	1748	1759	1810	1821	1832	1843	1853	1904	1914
Devons Road (DLR) Station	1615	1626	1637	1648	1700	1711	1722	1733	1744	1755	1806	1817	1828	1839	1849	1859	1910	1920
Bow Church Station	1621	1632	1643	1654	1706	1717	1728	1739	1750	1801	1811	1822	1833	1844	1854	1904	1915	1925
Stratford City Bus Station	1633	1644	1655	1706	1718	1729	1740	1751	1802	1812	1822	1833	1844	1855	1905	1915	1925	1935
Stratford International Way	1635	1646	1657	1708	1720	1731	1742	1753	1804	1814	1824	1835	1846	1857	1907	1917	1927	1937
Lewisham <i>Lewisham Centre</i>	1838	1849	1900	1912	1924	1939	1954	2009	2024	2039	2054	2109	2124	2139	2154	2209	2224	2239
Blackheath Station	1850	1901	1912	1924	1936	1945	2000	2014	2029	2044	2059	2113	2128	2143	2158	2213	2228	2243
Blackheath <i>Royal Standard</i>	1856	1907	1918	1930	1942	1951	2005	2019	2034	2049	2104	2118	2133	2148	2203	2217	2232	2247
Greenwich Peninsula <i>IKEA</i>	1902	1913	1924	1935	1947	1956	2010	2024	2039	2054	2109	2123	2138	2153	2208	2222	2237	2252
North Greenwich Station	1910	1921	1932	1943	1955	2003	2017	2031	2046	2101	2116	2130	2145	2200	2215	2229	2244	2259
Poplar <i>All Saints (DLR) Station</i>	1923	1934	1944	1955	2006	2013	2027	2041	2056	2111	2126	2140	2155	2210	2225	2239	2254	2309
Devons Road (DLR) Station	1929	1940	1950	2001	2012	2019	2033	2046	2101	2116	2131	2145	2200	2215	2230	2244	2259	2314
Bow Church Station	1934	1944	1954	2005	2016	2023	2037	2050	2105	2120	2135	2149	2204	2219	2234	2248	2303	2318
Stratford City Bus Station	1944	1954	2004	2015	2026	2033	2046	2059	2114	2129	2144	2158	2213	2228	2243	2257	2312	2326
Stratford International Way	1946	1956	2006	2017	2028	2035	2048	2101	2116	2131	2146	2200	2215	2230	2245	2259	2314	2328
Lewisham <i>Lewisham Centre</i>	2254	2309	2324	2339	2355													
Blackheath Station	2258	2313	2328	2343	2359													
Blackheath <i>Royal Standard</i>	2302	2317	2332	2347	0003													
Greenwich Peninsula <i>IKEA</i>	2307	2321	2336	2351	0007													
North Greenwich Station	2314	2327	2342	2357	0013													
Poplar <i>All Saints (DLR) Station</i>	2324	2337	2352	0007	0022													
Devons Road (DLR) Station	2328	2341	2356	0011	0026													
Bow Church Station	2332	2345	0000	0015	0030													
Stratford City Bus Station	2340	2353	0008	0023	0038													
Stratford International Way	2342	2355	0010	0025	0040													

Notes: MO - Operates on Monday mornings only MX - Operates on Tuesday to Friday mornings only

108	Fridays																	
Lewisham Lewisham Centre	0010	0025	0040	0105	0135	0205	0235	0305	0335	0405	0435	0500	0520	0540	0600	0615	0630	0645
Blackheath Station	0014	0029	0044	0109	0139	0209	0239	0309	0339	0409	0439	0504	0524	0544	0604	0619	0634	0650
Blackheath Royal Standard	0018	0033	0048	0113	0143	0213	0243	0313	0343	0413	0443	0508	0528	0548	0609	0624	0640	0657
Greenwich Peninsula IKEA	0022	0037	0052	0117	0147	0217	0247	0317	0347	0417	0447	0512	0532	0553	0614	0629	0646	0704
North Greenwich Station	0028	0043	0058	0123	0153	0223	0253	0323	0353	0423	0453	0518	0538	0600	0622	0637	0654	0712
Poplar All Saints (DLR) Station	0037	0052	0107	0132	0202	0232	0302	0332	0402	0432	0502	0527	0549	0612	0634	0651	0709	0727
Devons Road (DLR) Station	0041	0056	0111	0137	0206	0236	0306	0336	0406	0436	0507	0531	0553	0617	0639	0656	0714	0732
Bow Church Station	0045	0100	0115	0140	0209	0239	0309	0339	0409	0439	0510	0535	0557	0621	0643	0700	0718	0736
Stratford City Bus Station	0053	0108	0123	0148	0217	0247	0317	0347	0417	0447	0518	0543	0606	0630	0652	0709	0727	0746
Stratford International Way	0055	0110	0125	0150	0219	0249	0319	0349	0419	0449	0520	0545	0608	0632	0654	0711	0729	0748
Lewisham Lewisham Centre	0656	0706	0715	0725	0735	0745	0755	0806	0817	0828	0841	0853	0905	0917	0928	0940	0952	1003
Blackheath Station	0701	0718	0727	0737	0748	0759	0809	0821	0832	0843	0856	0907	0919	0930	0941	0953	1005	1016
Blackheath Royal Standard	0708	0725	0735	0746	0757	0808	0818	0830	0841	0852	0905	0915	0926	0937	0948	1000	1011	1022
Greenwich Peninsula IKEA	0715	0732	0742	0753	0804	0815	0825	0837	0848	0859	0911	0921	0932	0943	0954	1006	1017	1028
North Greenwich Station	0723	0740	0751	0802	0813	0824	0834	0846	0857	0908	0920	0930	0941	0952	1003	1015	1025	1036
Poplar All Saints (DLR) Station	0738	0755	0806	0817	0828	0839	0849	0900	0911	0922	0934	0944	0955	1006	1017	1029	1039	1050
Devons Road (DLR) Station	0744	0801	0812	0823	0834	0845	0855	0906	0917	0928	0940	0950	1001	1012	1023	1035	1045	1056
Bow Church Station	0748	0805	0816	0828	0839	0850	0900	0910	0921	0932	0944	0954	1005	1016	1027	1039	1049	1100
Stratford City Bus Station	0758	0815	0826	0838	0849	0900	0910	0920	0931	0942	0954	1004	1015	1026	1037	1049	1059	1110
Stratford International Way	0800	0817	0828	0840	0851	0902	0912	0922	0933	0944	0956	1006	1017	1028	1039	1051	1101	1112
Lewisham Lewisham Centre	1014	1025			1321	1332	1343	1354	1404	1415	1426	1437	1448	1458	1509			1604
Blackheath Station	1027	1038			1334	1345	1356	1407	1418	1429	1440	1451	1502	1512	1523			1618
Blackheath Royal Standard	1033	1044			1340	1351	1402	1413	1424	1435	1446	1457	1508	1519	1530			1625
Greenwich Peninsula IKEA	1039	1050	Then		1346	1357	1408	1419	1430	1441	1452	1503	1514	1525	1536	Then		1631
North Greenwich Station	1047	1058	every 11		1354	1405	1416	1427	1438	1449	1500	1511	1522	1533	1544	every 11		1639
Poplar All Saints (DLR) Station	1101	1111	minutes		1407	1418	1429	1440	1451	1502	1513	1524	1535	1546	1557	minutes		1652
Devons Road (DLR) Station	1107	1118	until		1414	1425	1436	1447	1458	1509	1520	1531	1542	1553	1604	until		1659
Bow Church Station	1111	1122			1418	1430	1441	1452	1504	1515	1527	1538	1549	1600	1610			1705
Stratford City Bus Station	1121	1132			1428	1440	1451	1502	1514	1525	1538	1549	1600	1611	1622			1717
Stratford International Way	1123	1134			1430	1442	1453	1504	1516	1527	1540	1551	1602	1613	1624			1719
Lewisham Lewisham Centre	1615	1626	1637	1648	1659	1710	1721	1732	1743	1754	1805	1816	1827	1838	1849	1900	1912	1924
Blackheath Station	1629	1640	1651	1702	1713	1724	1735	1746	1757	1808	1818	1829	1840	1850	1901	1912	1924	1936
Blackheath Royal Standard	1636	1647	1658	1709	1720	1731	1742	1753	1804	1815	1825	1836	1846	1856	1907	1918	1930	1942
Greenwich Peninsula IKEA	1642	1653	1704	1715	1726	1737	1748	1759	1810	1821	1831	1842	1852	1902	1913	1924	1935	1947
North Greenwich Station	1650	1701	1712	1723	1734	1745	1756	1807	1818	1829	1839	1850	1900	1910	1921	1932	1943	1955
Poplar All Saints (DLR) Station	1704	1715	1726	1737	1748	1759	1810	1821	1832	1843	1853	1904	1914	1923	1934	1944	1955	2006
Devons Road (DLR) Station	1711	1722	1733	1744	1755	1806	1817	1828	1839	1849	1859	1910	1920	1929	1940	1950	2001	2012
Bow Church Station	1717	1728	1739	1750	1801	1811	1822	1833	1844	1854	1904	1915	1925	1934	1944	1954	2005	2016
Stratford City Bus Station	1729	1740	1751	1802	1812	1822	1833	1844	1855	1905	1915	1925	1935	1944	1954	2004	2015	2026
Stratford International Way	1731	1742	1753	1804	1814	1824	1835	1846	1857	1907	1917	1927	1937	1946	1956	2006	2017	2028
Lewisham Lewisham Centre	1939	1954	2009	2024	2039	2054	2109	2124	2139	2154	2209	2224	2239	2254	2309	2324	2339	2355
Blackheath Station	1950	2005	2020	2035	2050	2104	2119	2134	2149	2204	2219	2234	2249	2264	2319	2334	2349	2365
Blackheath Royal Standard	1956	2010	2025	2040	2055	2109	2124	2139	2154	2209	2217	2232	2247	2302	2317	2332	2347	0003
Greenwich Peninsula IKEA	2001	2015	2030	2045	2100	2114	2129	2144	2159	2214	2222	2237	2252	2307	2321	2336	2351	0007
North Greenwich Station	2009	2023	2038	2052	2107	2121	2136	2151	2206	2221	2229	2244	2259	2314	2327	2342	2357	0013
Poplar All Saints (DLR) Station	2020	2034	2048	2102	2117	2131	2146	2201	2216	2231	2239	2254	2309	2324	2337	2352	0007	0022
Devons Road (DLR) Station	2026	2040	2053	2107	2122	2136	2151	2206	2221	2236	2244	2259	2314	2328	2341	2356	0011	0026
Bow Church Station	2030	2044	2057	2111	2126	2140	2155	2210	2225	2240	2248	2303	2318	2332	2345	0000	0015	0030
Stratford City Bus Station	2040	2053	2106	2120	2135	2149	2204	2219	2234	2249	2257	2312	2326	2340	2353	0008	0023	0038
Stratford International Way	2042	2055	2108	2122	2137	2151	2206	2221	2236	2251	2259	2314	2328	2342	2355	0010	0025	0040

108	Sundays																		
Lewisham Lewisham Centre	0010	0025	0040	0105	0135	0205	0235	0305	0335	0405	0435	0500	Then every 20 minutes until	0720	0735	0750	0805		
Blackheath Station	0014	0029	0044	0109	0139	0209	0239	0309	0338	0408	0438	0504		0724	0739	0754	0809		
Blackheath Royal Standard	0018	0033	0048	0113	0143	0213	0243	0312	0341	0411	0442	0508		0728	0743	0758	0814		
Greenwich Peninsula IKEA	0022	0037	0052	0118	0148	0218	0248	0316	0345	0415	0447	0513		0733	0748	0803	0819		
North Greenwich Station	0029	0043	0058	0125	0155	0225	0254	0322	0351	0421	0453	0519		0739	0754	0809	0825		
Poplar All Saints (DLR) Station	0039	0052	0107	0136	0207	0236	0305	0332	0401	0431	0503	0529		0749	0804	0819	0835		
Devons Road (DLR) Station	0044	0057	0112	0142	0212	0241	0310	0336	0405	0435	0508	0534		0754	0809	0824	0840		
Bow Church Station	0048	0101	0116	0145	0215	0244	0313	0339	0408	0438	0511	0538		0758	0813	0828	0844		
Stratford City Bus Station	0056	0109	0124	0153	0223	0252	0321	0347	0416	0446	0520	0546		0806	0821	0836	0852		
Stratford International Way	0058	0111	0126	0155	0225	0254	0323	0349	0418	0448	0522	0548		0808	0823	0838	0854		
Lewisham Lewisham Centre	0820	0835	0850	0905	0920	0934	0948	1000	1016	1032	1048	1104	1120	1135	1150	1206	1222	1238	
Blackheath Station	0824	0839	0854	0909	0924	0940	0956	1010	1026	1042	1058	1114	1130	1145	1201	1217	1233	1249	
Blackheath Royal Standard	0829	0844	0859	0914	0929	0945	1001	1016	1032	1048	1104	1120	1136	1152	1208	1224	1240	1256	
Greenwich Peninsula IKEA	0834	0849	0904	0919	0934	0950	1007	1022	1038	1054	1110	1126	1142	1158	1214	1230	1246	1302	
North Greenwich Station	0840	0856	0911	0926	0941	0957	1014	1030	1046	1102	1118	1134	1150	1206	1222	1238	1254	1310	
Poplar All Saints (DLR) Station	0850	0906	0921	0936	0951	1008	1025	1042	1058	1114	1130	1146	1203	1219	1235	1251	1307	1323	
Devons Road (DLR) Station	0855	0911	0926	0941	0957	1014	1031	1048	1104	1120	1136	1152	1209	1225	1241	1257	1313	1329	
Bow Church Station	0859	0915	0930	0945	1001	1018	1035	1052	1108	1124	1140	1156	1213	1229	1245	1301	1317	1333	
Stratford City Bus Station	0907	0924	0939	0954	1010	1027	1044	1101	1117	1134	1150	1206	1223	1239	1255	1311	1327	1343	
Stratford International Way	0909	0926	0941	0956	1012	1029	1046	1103	1119	1136	1152	1208	1225	1241	1257	1313	1329	1345	
Lewisham Lewisham Centre	1254	1310	1326	1343	1359	1415	1431	1448	1504	1520	1536	1552	1608	1624	1640	1656	1712	1728	
Blackheath Station	1305	1321	1337	1354	1410	1426	1442	1459	1515	1531	1547	1603	1619	1635	1651	1707	1723	1739	
Blackheath Royal Standard	1312	1328	1344	1400	1416	1432	1448	1505	1521	1537	1553	1609	1625	1641	1657	1713	1729	1745	
Greenwich Peninsula IKEA	1318	1334	1350	1406	1422	1438	1454	1510	1526	1542	1558	1614	1630	1646	1702	1718	1734	1750	
North Greenwich Station	1326	1342	1358	1414	1430	1446	1502	1518	1534	1550	1606	1622	1638	1654	1710	1726	1742	1758	
Poplar All Saints (DLR) Station	1339	1355	1411	1427	1443	1459	1515	1531	1547	1603	1619	1635	1651	1707	1723	1739	1755	1811	
Devons Road (DLR) Station	1345	1401	1417	1433	1449	1505	1521	1537	1553	1609	1625	1641	1657	1713	1729	1745	1801	1817	
Bow Church Station	1349	1405	1421	1437	1453	1509	1525	1541	1557	1613	1629	1645	1701	1717	1733	1749	1805	1821	
Stratford City Bus Station	1359	1415	1431	1447	1503	1519	1535	1551	1607	1623	1639	1655	1711	1727	1743	1759	1815	1831	
Stratford International Way	1401	1417	1433	1449	1505	1522	1538	1554	1610	1626	1642	1658	1714	1730	1746	1802	1818	1834	
Lewisham Lewisham Centre	1744	1800	1816	1832	1848	1904	1920	1936	1952	2008	2024	2040	2056	2112	2128	2144	2159	2214	
Blackheath Station	1755	1811	1827	1843	1859	1915	1930	1946	2002	2018	2034	2050	2105	2121	2137	2153	2208	2221	
Blackheath Royal Standard	1801	1817	1833	1848	1904	1920	1935	1951	2007	2023	2039	2055	2110	2126	2141	2157	2212	2225	
Greenwich Peninsula IKEA	1806	1822	1838	1853	1909	1925	1940	1956	2012	2028	2044	2100	2115	2131	2146	2202	2216	2229	
North Greenwich Station	1814	1830	1846	1901	1917	1933	1948	2004	2019	2035	2051	2107	2122	2138	2153	2209	2223	2236	
Poplar All Saints (DLR) Station	1827	1843	1859	1914	1930	1946	2001	2016	2031	2046	2102	2118	2132	2148	2203	2219	2233	2245	
Devons Road (DLR) Station	1833	1848	1904	1919	1935	1951	2006	2021	2036	2051	2107	2123	2137	2153	2208	2224	2238	2249	
Bow Church Station	1837	1852	1908	1923	1939	1955	2010	2025	2040	2055	2111	2127	2141	2157	2212	2228	2242	2253	
Stratford City Bus Station	1847	1902	1918	1933	1949	2004	2019	2034	2049	2104	2120	2135	2149	2205	2220	2236	2250	2301	
Stratford International Way	1850	1905	1921	1936	1952	2006	2021	2036	2051	2106	2122	2137	2151	2207	2222	2238	2252	2303	
Lewisham Lewisham Centre	2229	Then every 15 minutes until	2344	2358															
Blackheath Station	2233		2348	0002															
Blackheath Royal Standard	2237		2352	0006															
Greenwich Peninsula IKEA	2241		2356	0010															
North Greenwich Station	2248		0003	0017															
Poplar All Saints (DLR) Station	2257		0012	0026															
Devons Road (DLR) Station	2301		0016	0030															
Bow Church Station	2305		0020	0034															
Stratford City Bus Station	2313		0028	0042															
Stratford International Way	2315		0030	0044															

108	Sundays																	
Stratford International Way	--	0000	--	0015	--	0030	--	0045	--	0100	0115	0130	0145	0205	0235	0305	0335	0410
Stratford City opposite Bus Station	--	0002	--	0017	--	0032	--	0047	--	0102	0117	0132	0147	0207	0237	0307	0337	0412
Bow Church Station	--	0010	--	0025	--	0040	--	0055	--	0110	0125	0140	0155	0215	0245	0315	0345	0420
Devons Road (DLR) Station	--	0012	--	0027	--	0042	--	0057	--	0113	0127	0142	0157	0217	0247	0317	0347	0422
Poplar All Saints (DLR) Station	--	0017	--	0031	--	0046	--	0101	--	0118	0132	0147	0202	0222	0252	0322	0352	0427
North Greenwich Station	0015	0026	0030	0040	0045	0055	0100	0110	0115	0133	0147	0202	0217	0236	0304	0334	0404	0439
Greenwich Peninsula IKEA	0020	0031	0035	0045	0050	0100	0105	0115	0120	0138	0152	0207	0222	0241	0309	0339	0409	0444
Blackheath Royal Standard	0026	0037	0040	0051	0055	0106	0110	0121	0125	0144	0158	0213	0228	0247	0315	0345	0415	0450
Blackheath Station	0030	0041	0044	0055	0059	0110	0114	0125	0129	0148	0202	0217	0232	0251	0319	0349	0419	0454
Lewisham Station Station Road	0035	0046	0049	0100	0104	0115	0119	0130	0134	0153	0207	0222	0238	0257	0324	0354	0424	0459
Stratford International Way	0445	0505	0525	0545	0605	0625	0645	0705	0720	0735	0750	0805	0820	0835	0850	0905	0920	0935
Stratford City opposite Bus Station	0447	0507	0527	0547	0607	0627	0647	0707	0722	0737	0752	0807	0822	0837	0852	0907	0922	0937
Bow Church Station	0455	0516	0536	0556	0616	0636	0656	0715	0730	0745	0800	0815	0830	0845	0900	0915	0930	0945
Devons Road (DLR) Station	0457	0518	0538	0558	0618	0638	0658	0717	0732	0747	0802	0817	0832	0847	0902	0917	0932	0947
Poplar All Saints (DLR) Station	0501	0523	0543	0603	0623	0643	0703	0722	0737	0752	0807	0822	0837	0852	0907	0922	0937	0952
North Greenwich Station	0513	0532	0552	0612	0632	0652	0712	0731	0746	0801	0816	0831	0846	0901	0916	0931	0946	1001
Greenwich Peninsula IKEA	0518	0537	0557	0617	0637	0657	0717	0736	0751	0806	0821	0836	0851	0906	0921	0936	0951	1006
Blackheath Royal Standard	0524	0542	0602	0622	0642	0702	0722	0741	0756	0812	0827	0842	0857	0912	0927	0942	0957	1012
Blackheath Station	0527	0545	0605	0626	0646	0706	0726	0745	0800	0816	0831	0846	0901	0916	0931	0947	1002	1017
Lewisham Station Station Road	0532	0550	0610	0631	0651	0712	0732	0751	0806	0822	0837	0852	0907	0922	0939	0957	1015	1030
Stratford International Way	0951	1006	1022	1037	1051	1107	1122	1138	1154	1210	1226	1241	1257	1313	1329	1343	1359	1414
Stratford City opposite Bus Station	0953	1008	1024	1039	1054	1110	1125	1141	1157	1213	1229	1244	1300	1316	1332	1347	1403	1418
Bow Church Station	1001	1016	1032	1047	1103	1119	1135	1151	1207	1223	1239	1254	1310	1326	1342	1357	1413	1428
Devons Road (DLR) Station	1003	1018	1034	1049	1105	1121	1138	1154	1210	1226	1242	1257	1313	1329	1345	1400	1416	1431
Poplar All Saints (DLR) Station	1008	1024	1040	1055	1111	1127	1144	1200	1216	1232	1248	1304	1320	1336	1352	1407	1423	1438
North Greenwich Station	1017	1033	1049	1105	1121	1137	1154	1210	1226	1242	1258	1314	1330	1346	1402	1418	1434	1450
Greenwich Peninsula IKEA	1022	1039	1055	1111	1127	1143	1200	1216	1232	1248	1304	1320	1336	1352	1408	1424	1440	1456
Blackheath Royal Standard	1028	1046	1102	1118	1134	1150	1207	1223	1240	1256	1312	1328	1344	1400	1416	1432	1448	1504
Blackheath Station	1033	1051	1107	1123	1140	1156	1213	1229	1246	1303	1319	1335	1351	1407	1423	1438	1454	1510
Lewisham Station Station Road	1046	1104	1120	1137	1154	1210	1227	1243	1300	1317	1333	1349	1405	1421	1437	1452	1508	1524
Stratford International Way	1430	1445	1500	1515	1531	1547	1603	1619	1635	1651	1707	1723	1739	1755	1812	1828	1845	1902
Stratford City opposite Bus Station	1434	1449	1504	1519	1535	1551	1607	1623	1639	1655	1711	1727	1743	1759	1816	1832	1849	1905
Bow Church Station	1444	1459	1514	1530	1546	1602	1618	1634	1650	1706	1722	1738	1754	1810	1827	1843	1900	1916
Devons Road (DLR) Station	1447	1502	1517	1533	1549	1605	1621	1637	1653	1709	1725	1741	1757	1813	1830	1846	1903	1919
Poplar All Saints (DLR) Station	1454	1509	1524	1540	1556	1612	1628	1644	1700	1716	1732	1748	1804	1820	1836	1852	1909	1925
North Greenwich Station	1506	1521	1537	1553	1609	1625	1641	1657	1713	1729	1745	1801	1817	1833	1849	1905	1921	1937
Greenwich Peninsula IKEA	1512	1527	1543	1559	1615	1631	1647	1703	1719	1735	1751	1807	1823	1839	1855	1911	1927	1943
Blackheath Royal Standard	1520	1536	1552	1608	1624	1640	1656	1712	1727	1743	1759	1814	1830	1846	1902	1918	1934	1950
Blackheath Station	1526	1542	1558	1614	1630	1646	1702	1718	1733	1749	1804	1819	1835	1851	1907	1923	1939	1955
Lewisham Station Station Road	1540	1556	1612	1628	1644	1700	1716	1732	1747	1803	1818	1833	1849	1905	1920	1936	1952	2008
Stratford International Way	1919	1936	1952	2008	2024	2040	2056	2112	2128	2144	2200	2215	--	2230	--	2245	--	2300
Stratford City opposite Bus Station	1922	1939	1955	2011	2027	2043	2059	2115	2131	2147	2203	2218	--	2233	--	2248	--	2303
Bow Church Station	1933	1948	2004	2020	2036	2052	2108	2124	2140	2156	2212	2227	--	2242	--	2257	--	2312
Devons Road (DLR) Station	1936	1951	2007	2023	2039	2054	2110	2126	2142	2158	2214	2229	--	2244	--	2259	--	2314
Poplar All Saints (DLR) Station	1942	1957	2013	2029	2044	2059	2115	2131	2147	2203	2219	2234	--	2249	--	2304	--	2319
North Greenwich Station	1953	2007	2023	2039	2053	2108	2124	2140	2155	2211	2227	2242	2245	2257	2300	2312	2315	2327
Greenwich Peninsula IKEA	1959	2013	2029	2045	2059	2114	2130	2146	2201	2217	2233	2248	2250	2303	2305	2318	2320	2332
Blackheath Royal Standard	2006	2020	2036	2051	2105	2120	2136	2152	2207	2223	2239	2254	2255	2309	2310	2324	2325	2338
Blackheath Station	2011	2025	2041	2055	2109	2124	2140	2156	2211	2227	2243	2258	2259	2313	2314	2328	2329	2342
Lewisham Station Station Road	2024	2038	2054	2108	2121	2134	2148	2204	2217	2233	2249	2304	2304	2319	2319	2334	2334	2348
Stratford International Way	--	2315	--	2330	--	2345												
Stratford City opposite Bus Station	--	2318	--	2333	--	2348												
Bow Church Station	--	2326	--	2341	--	2356												
Devons Road (DLR) Station	--	2328	--	2343	--	2358												
Poplar All Saints (DLR) Station	--	2332	--	2347	--	0002												
North Greenwich Station	2330	2340	2345	2355	0000	0010												
Greenwich Peninsula IKEA	2335	2345	2350	0000	0004	0015												
Blackheath Royal Standard	2340	2351	2355	0005	0009	0020												
Blackheath Station	2344	2355	2359	0008	0013	0023												
Lewisham Station Station Road	2349	0001	0004	0013	0018	0028												