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Ilford – East Ham – Canning Town

147 Mondays to Fridays																		
Ilford High Road Hainault Street	0500	0512	0524	0536		0702		1843	1853	1904	1915	1925	1935	1945	1957	2009		
Ilford Broadway High Road	0502	0514	0526	0538		0705		1846	1856	1907	1918	1928	1938	1948	2000	2012		
Dersingham Avenue Church Road	0508	0520	0532	0544	Then	0716	Then	1856	1906	1916	1927	1937	1947	1957	2009	2020		
East Ham Station	0512	0525	0537	0549	about	0724	about	1904	1914	1924	1934	1944	1954	2003	2015	2026		
East Ham Ron Leighton Way	0514	0527	0539	0551	every 10	0729	every 9	1908	1918	1928	1938	1948	1957	2006	2018	2029		
Upton Park The Boleyn (Barking Road)	0518	0531	0543	0555	minutes	0736	minutes	1914	1924	1934	1944	1954	2003	2012	2024	2035		
Plaistow Greengate	0521	0534	0546	0558	until	0740	until	1918	1928	1938	1948	1958	2007	2016	2028	2039		
Prince Regent Stn. Prince Regent Lane	0526	0539	0552	0604		0749		1926	1936	1946	1956	2006	2015	2024	2035	2046		
Keir Hardie Est. Radland Rd/Rogers Rd	0530	0543	0556	0608		0754		1931	1941	1951	2001	2010	2019	2028	2039	2050		
Canning Town Bus Station	0535	0548	0601	0613		0800		1937	1947	1957	2006	2015	2024	2033	2044	2055		
Ilford High Road Hainault Street	2021	2033	2045	2057	2109	2121	2133	2145	2157	2209	2221	2233	2245		2333	2345	0045	
Ilford Broadway High Road	2024	2036	2048	2100	2112	2123	2135	2147	2159	2211	2223	2235	2247		2335	2347	0047	
Dersingham Avenue Church Road	2032	2044	2056	2108	2120	2131	2142	2154	2206	2218	2230	2241	2253	Then	2341	2353	Then 0053	
East Ham Station	2038	2050	2102	2114	2126	2137	2148	2159	2211	2223	2235	2246	2258	every	2346	2357	every 0057	
East Ham Ron Leighton Way	2041	2053	2105	2117	2129	2140	2151	2202	2214	2225	2237	2248	2300	12	2348	2359	0059	
Upton Park The Boleyn (Barking Road)	2046	2058	2110	2122	2134	2145	2156	2207	2219	2230	2242	2253	2304	mins.	2352	0003	mins. 0103	
Plaistow Greengate	2050	2102	2114	2126	2138	2149	2200	2210	2222	2233	2245	2256	2307	until	2355	0006	until 0106	
Prince Regent Stn. Prince Regent Lane	2057	2109	2121	2133	2144	2155	2206	2216	2228	2239	2251	2302	2312		0000	0011	0111	
Keir Hardie Est. Radland Rd/Rogers Rd	2101	2113	2125	2137	2148	2159	2210	2220	2232	2243	2255	2306	2316		0004	0015	0115	
Canning Town Bus Station	2106	2118	2130	2142	2153	2204	2215	2225	2237	2248	2300	2311	2321		0009	0020	0120	
147 Saturdays (also Good Friday)																		
Ilford High Road Hainault Street	0500	0515	0530	0545	0600	0612	0624	0636	0648	0700		0750	0800	0810			0952	
Ilford Broadway High Road	0502	0517	0532	0547	0602	0614	0626	0638	0650	0702		0752	0802	0812			0955	
Dersingham Avenue Church Road	0508	0523	0538	0553	0609	0621	0633	0645	0657	0709		0759	0809	0819	Then		1003	
East Ham Station	0512	0527	0542	0558	0614	0626	0638	0650	0702	0714	Then	0804	0815	0825	about		1009	
East Ham Ron Leighton Way	0514	0529	0544	0600	0616	0628	0640	0652	0704	0716	every 10	0806	0817	0827	every 8		1012	
Upton Park The Boleyn (Barking Road)	0518	0533	0548	0604	0620	0633	0645	0657	0709	0721	minutes	0811	0822	0832	minutes		1018	
Plaistow Greengate	0521	0536	0551	0607	0623	0636	0648	0700	0712	0724	until	0814	0825	0836	until		1022	
Prince Regent Stn. Prince Regent Lane	0526	0541	0556	0612	0629	0642	0654	0706	0718	0730		0820	0831	0842			1030	
Keir Hardie Est. Radland Rd/Rogers Rd	0530	0545	0600	0616	0633	0646	0658	0710	0723	0735		0825	0836	0847			1035	
Canning Town Bus Station	0535	0550	0605	0621	0638	0651	0703	0715	0728	0740		0830	0841	0852			1041	
Ilford High Road Hainault Street	0959			1925	1935	1945	1957	2009	2021	2033	2045	2057	2109	2121	2133	2145	2157	2209
Ilford Broadway High Road	1002			1928	1938	1948	2000	2012	2024	2036	2048	2100	2111	2123	2135	2147	2159	2211
Dersingham Avenue Church Road	1011	Then		1939	1949	1959	2010	2022	2033	2044	2056	2108	2119	2130	2142	2154	2206	2218
East Ham Station	1017	about		1946	1956	2006	2017	2029	2040	2050	2102	2114	2125	2136	2148	2200	2212	2223
East Ham Ron Leighton Way	1021	every 9		1950	1959	2009	2020	2032	2043	2053	2105	2117	2128	2139	2151	2203	2215	2226
Upton Park The Boleyn (Barking Road)	1027	minutes		1957	2006	2015	2026	2038	2049	2059	2111	2123	2134	2144	2156	2208	2220	2231
Plaistow Greengate	1031	until		2001	2010	2019	2030	2042	2053	2103	2115	2127	2138	2148	2200	2212	2224	2235
Prince Regent Stn. Prince Regent Lane	1039			2009	2018	2027	2037	2049	2100	2109	2121	2133	2144	2154	2206	2218	2230	2240
Keir Hardie Est. Radland Rd/Rogers Rd	1044			2014	2023	2032	2042	2054	2105	2114	2126	2138	2149	2159	2211	2222	2234	2244
Canning Town Bus Station	1050			2020	2029	2038	2047	2059	2110	2119	2131	2143	2154	2204	2216	2227	2239	2249
Ilford High Road Hainault Street	2221	2233	2245	2257	2309	2321	2333										0045	
Ilford Broadway High Road	2223	2235	2247	2259	2311	2323	2335										0047	
Dersingham Avenue Church Road	2230	2242	2254	2306	2318	2330	2341										0053	
East Ham Station	2235	2247	2259	2311	2323	2335	2346	Then									0058	
East Ham Ron Leighton Way	2238	2250	2302	2314	2326	2337	2348	every 12									0100	
Upton Park The Boleyn (Barking Road)	2243	2255	2306	2318	2330	2341	2352	minutes									0104	
Plaistow Greengate	2247	2259	2309	2321	2333	2344	2355	until									0107	
Prince Regent Stn. Prince Regent Lane	2252	2304	2314	2326	2338	2349	0000										0112	
Keir Hardie Est. Radland Rd/Rogers Rd	2256	2308	2318	2330	2342	2353	0004										0116	
Canning Town Bus Station	2301	2313	2323	2335	2347	2358	0009										0121	
147 Sundays and other Public Holidays (except Christmas Day)																		
Ilford High Road Hainault Street	0555	0610	0625	0640	0655		0743	0755		0955		1737	1750	1803		1908	0045	
Ilford Broadway High Road	0557	0612	0627	0642	0657		0745	0757		0957		1740	1753	1806		1911	0047	
Dersingham Avenue Church Road	0603	0618	0633	0648	0703	Then	0751	0804	Then	1005	Then	1749	1801	1814	Then	1919	Then 0053	
East Ham Station	0608	0623	0638	0653	0708	every	0756	0809	about	1011	about	1756	1808	1821	every	1926	about 0058	
East Ham Ron Leighton Way	0610	0625	0640	0655	0710	12	0758	0811	every	1014	every	1801	1812	1824	13	1929	every 0100	
Upton Park The Boleyn (Barking Road)	0614	0629	0644	0659	0715	mins.	0803	0816	10	1019	11	1808	1819	1830	mins.	1935	12 0104	
Plaistow Greengate	0617	0632	0647	0702	0718	until	0806	0819	mins.	1023	mins.	1813	1823	1834	until	1939	mins. 0107	
Prince Regent Stn. Prince Regent Lane	0623	0638	0653	0708	0724		0812	0825	until	1030	until	1821	1831	1842		1947	until 0111	
Keir Hardie Est. Radland Rd/Rogers Rd	0627	0642	0657	0712	0728		0816	0829		1034		1826	1836	1847		1952	0115	
Canning Town Bus Station	0632	0647	0702	0717	0733		0821	0834		1040		1832	1842	1853		1958	0120	

147 Mondays to Fridays																		
Canning Town Bus Station	0455	0507	0519	0531	0543	0555		0741		1900		2000	2012	2024	2036	2049	2101	2113
Keir Hardie Estate Tarling Road	0458	0510	0522	0534	0546	0558		0745		1903		2003	2015	2027	2039	2052	2104	2116
Prince Regent Stn. Prince Regent Lane	0502	0514	0526	0539	0551	0603	Then	0752	Then	1909	Then	2009	2021	2033	2045	2057	2109	2121
Plaistow Greengate	0508	0520	0532	0545	0557	0609	about	0805	about	1919	about	2018	2029	2041	2053	2105	2116	2128
Upton Park The Boleyn (Barking Road)	0510	0522	0534	0547	0559	0611	every	0810	every	1921	every	2020	2031	2043	2055	2107	2118	2130
East Ham Ron Leighton Way	0513	0525	0538	0551	0603	0615	10	0821	9	1927	10	2025	2036	2048	2100	2112	2123	2135
East Ham Station	0517	0529	0542	0555	0607	0619	mins.	0829	mins.	1934	mins.	2031	2042	2053	2105	2117	2128	2140
Little Ilford Lane Church Road	0523	0535	0548	0601	0613	0625	until	0837	until	1942	until	2039	2050	2100	2112	2124	2135	2147
Ilford Broadway Chapel Road	0529	0541	0554	0607	0619	0631		0845		1951		2046	2056	2106	2118	2130	2141	2153
Ilford High Road Hainault Street	0531	0543	0556	0609	0621	0633		0850		1953		2048	2058	2108	2120	2132	2143	2155
Canning Town Bus Station	2125	2137	2149	2201	2213	2225	2237	2249	2301	2313	2325	2337	2349	0001	0013	0026	0038	0050
Keir Hardie Estate Tarling Road	2128	2140	2152	2204	2216	2228	2240	2252	2304	2316	2328	2340	2352	0004	0016	0029	0041	0053
Prince Regent Stn. Prince Regent Lane	2133	2145	2157	2209	2221	2233	2245	2257	2309	2321	2333	2345	2357	0009	0021	0033	0045	0057
Plaistow Greengate	2140	2152	2204	2216	2228	2240	2251	2303	2315	2327	2339	2351	0003	0015	0027	0038	0050	0102
Upton Park The Boleyn (Barking Road)	2142	2154	2206	2218	2230	2242	2253	2305	2317	2329	2341	2353	0005	0017	0029	0040	0052	0104
East Ham Ron Leighton Way	2146	2158	2210	2222	2234	2246	2257	2309	2321	2333	2344	2356	0008	0020	0032	0043	0055	0107
East Ham Station	2151	2203	2215	2226	2238	2250	2301	2313	2325	2337	2348	0000	0011	0023	0035	0046	0058	0110
Little Ilford Lane Church Road	2158	2210	2221	2232	2244	2256	2307	2319	2331	2343	2354	0006	0017	0029	0041	0052	0104	0116
Ilford Broadway Chapel Road	2204	2216	2227	2238	2250	2302	2313	2325	2336	2348	2359	0011	0022	0034	0046	0057	0109	0121
Ilford High Road Hainault Street	2206	2218	2229	2240	2252	2304	2315	2327	2338	2350	0001	0013	0024	0036	0048	0059	0111	0123
147 Saturdays (also Good Friday)																		
Canning Town Bus Station	0455	0510	0525	0540	0555	0610	0625	0637		0725		0825		0957		1848		2000
Keir Hardie Estate Tarling Road	0457	0512	0528	0543	0558	0613	0628	0640		0728		0828		1000		1852		2004
Prince Regent Stn. Prince Regent Lane	0501	0516	0532	0547	0603	0618	0633	0645	Then	0733	Then	0833	Then	1006	Then	1858	Then	2010
Plaistow Greengate	0507	0522	0538	0553	0609	0624	0639	0652	every	0740	about	0840	about	1014	about	1908	about	2019
Upton Park The Boleyn (Barking Road)	0509	0524	0540	0555	0611	0626	0641	0654	12	0742	every	0842	every	1017	every	1911	every	2022
East Ham Ron Leighton Way	0513	0528	0544	0559	0615	0630	0645	0658	mins.	0746	10	0847	8	1025	9	1919	10	2028
East Ham Station	0516	0531	0547	0603	0619	0634	0649	0702	until	0750	mins.	0852	mins.	1031	mins.	1928	mins.	2034
Little Ilford Lane Church Road	0522	0537	0553	0609	0625	0640	0655	0708		0756	until	0859	until	1039	until	1937	until	2042
Ilford Broadway Chapel Road	0528	0543	0559	0615	0631	0646	0701	0714		0802		0905		1047		1945		2049
Ilford High Road Hainault Street	0530	0545	0601	0617	0633	0648	0703	0716		0804		0907		1050		1948		2051
Canning Town Bus Station	2012	2024	2036	2048	2101	2114	2126	2138	2150	2202	2214		2302	2314	2326	2338		0050
Keir Hardie Estate Tarling Road	2016	2028	2040	2052	2104	2117	2129	2141	2153	2205	2217		2305	2317	2329	2341		0053
Prince Regent Stn. Prince Regent Lane	2022	2034	2046	2057	2109	2122	2134	2146	2158	2210	2222	Then	2310	2322	2334	2346	Then	0058
Plaistow Greengate	2031	2042	2054	2105	2117	2129	2141	2153	2205	2217	2229	every	2317	2329	2341	2352	every	0104
Upton Park The Boleyn (Barking Road)	2034	2045	2057	2108	2119	2131	2143	2155	2207	2219	2231	12	2319	2331	2343	2354	12	0106
East Ham Ron Leighton Way	2039	2050	2102	2113	2124	2136	2148	2200	2212	2224	2235	mins.	2323	2335	2347	2358	mins.	0110
East Ham Station	2045	2056	2108	2118	2129	2141	2153	2205	2216	2228	2239	until	2327	2339	2351	0002	until	0114
Little Ilford Lane Church Road	2053	2104	2116	2126	2137	2148	2200	2211	2222	2234	2245		2333	2345	2357	0008		0120
Ilford Broadway Chapel Road	2100	2111	2122	2132	2143	2154	2206	2217	2228	2240	2251		2339	2350	0002	0013		0125
Ilford High Road Hainault Street	2102	2113	2124	2134	2145	2156	2208	2219	2230	2242	2253		2341	2352	0004	0015		0127
147 Sundays and other Public Holidays (except Christmas Day)																		
Canning Town Bus Station	0550	0605	0620	0635	0650	0705	0720	0732	0744	0756	0808	0820		1000				1730
Keir Hardie Estate Tarling Road	0553	0608	0623	0638	0653	0708	0723	0735	0747	0759	0811	0823		1003				1733
Prince Regent Stn. Prince Regent Lane	0558	0613	0628	0643	0658	0713	0728	0740	0752	0804	0816	0828	Then	1008	Then			1739
Plaistow Greengate	0604	0619	0635	0650	0705	0720	0735	0747	0759	0811	0823	0835	about	1016	about			1748
Upton Park The Boleyn (Barking Road)	0606	0621	0637	0652	0707	0722	0737	0749	0801	0813	0825	0837	every 10	1018	every 11			1751
East Ham Ron Leighton Way	0610	0625	0641	0656	0711	0726	0741	0753	0805	0817	0829	0841	minutes	1026	minutes			1802
East Ham Station	0614	0629	0645	0700	0715	0730	0745	0757	0810	0822	0834	0846	until	1031	until			1809
Little Ilford Lane Church Road	0619	0634	0651	0706	0721	0736	0751	0803	0816	0828	0840	0852		1039				1817
Ilford Broadway Chapel Road	0624	0640	0657	0712	0727	0742	0757	0809	0822	0834	0846	0858		1046				1824
Ilford High Road Hainault Street	0626	0642	0659	0714	0729	0744	0759	0811	0824	0836	0848	0900		1048				1827
Canning Town Bus Station	1742	1753	1806	1819	1832	1845	1858	1911	1924			0050						
Keir Hardie Estate Tarling Road	1745	1756	1809	1822	1835	1848	1901	1914	1927			0053						
Prince Regent Stn. Prince Regent Lane	1751	1802	1815	1828	1841	1854	1907	1920	1933	Then		0057						
Plaistow Greengate	1800	1811	1824	1837	1850	1903	1916	1929	1942	about		0102						
Upton Park The Boleyn (Barking Road)	1802	1813	1826	1839	1852	1905	1918	1931	1944	every 12		0104						
East Ham Ron Leighton Way	1812	1822	1835	1847	1859	1911	1924	1937	1950	minutes		0107						
East Ham Station	1818	1828	1841	1853	1905	1917	1930	1943	1955	until		0110						
Little Ilford Lane Church Road	1826	1836	1849	1901	1913	1925	1938	1951	2003			0116						
Ilford Broadway Chapel Road	1833	1843	1856	1908	1920	1932	1945	1958	2009			0121						
Ilford High Road Hainault Street	1836	1846	1859	1911	1923	1935	1948	2001	2012			0123						