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## Chigwell Row – Ilford – Becontree Heath

150 Mondays to Fridays																		
Chigwell Row Maypole	0505	0525	0545	0605	0625	0640	0651	0701	0711	0721	0731	0741	0749	0758	0806	SD	Then about every 12 minutes until	1927 1935 1943 1950 1957 2001 2009 2019
Hainault Station	0513	0533	0553	0614	0634	0649	0700	0711	0721	0731	0741	0751	0759	0808	0816			
Barkingside Chequers	0518	0538	0558	0619	0640	0655	0706	0718	0729	0740	0751	0803	0811	0820	0828			
Gants Hill Station Cranbrook Road (S)	0523	0543	0603	0625	0646	0701	0713	0725	0737	0748	0800	0812	0820	0829	0837			
Ilford Station	0528	0548	0608	0630	0652	0707	0720	0733	0745	0757	0809	0821	0829	0838	0846			
Ilford High Road Hainault Street	0532	0552	0612	0634	0656	0712	0725	0738	0750	0802	0814	0826	0834	0843	0851			
Goodmayes Lord Napier	0537	0557	0618	0640	0703	0719	0733	0746	0759	0811	0823	0835	0843	0852	0900			
Becontree Heath Ship & Anchor	0545	0605	0627	0650	0713	0731	0746	0800	0813	0825	0837	0849	0857	0906	0913			
Chigwell Row Maypole	1942	1958	2019	2040	2100	2120	2140	Then every 20 minutes until	0000									
Hainault Station	1949	2005	2025	2046	2106	2126	2145		0005									
Barkingside Chequers	1957	2012	2032	2053	2113	2133	2151		0011									
Gants Hill Station Cranbrook Road (S)	2004	2019	2039	2059	2119	2139	2156		0016									
Ilford Station	2011	2026	2046	2106	2125	2144	2201		0021									
Ilford High Road Hainault Street	2015	2030	2050	2110	2129	2148	2205		0025									
Goodmayes Lord Napier	2023	2038	2058	2117	2135	2154	2211		0031									
Becontree Heath Ship & Anchor	2033	2048	2108	2126	2143	2202	2219	0039										
150 Saturdays (also Good Friday)																		
Chigwell Row Maypole	0505	0530	0550	0610	0630	0650	0705	0720	0735	0750	0805	Then about every 12 minutes until	1749	1804	1819	1834	1849	
Hainault Station	0511	0536	0556	0616	0636	0656	0711	0726	0741	0757	0813		1757	1812	1826	1841	1856	
Barkingside Chequers	0516	0541	0601	0621	0641	0701	0717	0732	0747	0803	0820		1806	1821	1835	1850	1905	
Gants Hill Station Cranbrook Road (S)	0521	0546	0606	0626	0646	0706	0722	0737	0752	0809	0826		1815	1830	1844	1859	1914	
Ilford Station	0526	0551	0611	0631	0651	0711	0728	0743	0758	0815	0832		1823	1838	1852	1907	1921	
Ilford High Road Hainault Street	0530	0555	0615	0635	0655	0715	0732	0747	0802	0819	0836		1828	1843	1857	1912	1926	
Goodmayes Lord Napier	0535	0600	0620	0640	0700	0720	0738	0753	0809	0826	0843		1838	1853	1907	1921	1935	
Becontree Heath Ship & Anchor	0543	0608	0628	0648	0708	0728	0746	0802	0818	0835	0852	1849	1904	1918	1932	1946		
Chigwell Row Maypole	1904	1919	1939	1959	2019	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340	0000		
Hainault Station	1911	1926	1946	2006	2026	2046	2106	2126	2146	2206	2226	2245	2305	2325	2345	0005		
Barkingside Chequers	1919	1934	1954	2014	2033	2053	2113	2133	2152	2212	2232	2251	2311	2331	2351	0011		
Gants Hill Station Cranbrook Road (S)	1928	1943	2003	2022	2041	2100	2120	2140	2159	2218	2237	2256	2316	2336	2356	0016		
Ilford Station	1935	1950	2010	2028	2047	2106	2126	2146	2205	2224	2242	2301	2321	2341	0001	0021		
Ilford High Road Hainault Street	1940	1955	2014	2032	2051	2110	2130	2150	2209	2228	2246	2305	2325	2345	0005	0025		
Goodmayes Lord Napier	1949	2004	2022	2040	2059	2118	2137	2157	2216	2235	2252	2311	2331	2351	0011	0031		
Becontree Heath Ship & Anchor	2000	2014	2032	2050	2108	2127	2146	2206	2225	2243	2300	2319	2339	2359	0019	0039		
150 Sundays and other Public Holidays (except Christmas Day)																		
Chigwell Row Maypole	0530	0605	0635	0655	0715	0735	0755	0813	0831	0849	0908	0927	0945	1003	1021	1039	1057	1116
Hainault Station	0536	0611	0641	0701	0721	0741	0801	0820	0838	0856	0916	0935	0953	1011	1029	1047	1105	1124
Barkingside Chequers	0541	0616	0646	0706	0726	0746	0806	0826	0844	0903	0923	0942	1001	1019	1038	1057	1115	1134
Gants Hill Station Cranbrook Road (S)	0546	0621	0651	0711	0731	0751	0811	0831	0849	0909	0929	0949	1008	1026	1045	1104	1123	1142
Ilford Station	0551	0626	0656	0716	0736	0756	0816	0836	0855	0915	0935	0955	1014	1033	1053	1112	1132	1151
Ilford High Road Hainault Street	0555	0630	0700	0720	0740	0800	0820	0840	0859	0919	0939	0959	1018	1037	1057	1117	1137	1156
Goodmayes Lord Napier	0559	0635	0706	0726	0746	0806	0826	0846	0906	0926	0946	1006	1026	1046	1106	1126	1146	1205
Becontree Heath Ship & Anchor	0607	0643	0714	0734	0754	0815	0835	0855	0916	0936	0957	1017	1037	1057	1117	1137	1157	1217
Chigwell Row Maypole	1135	Then every 20 minutes until	1455 1515 1535 1556 1617 1637 1657 1717 1737 1757 1817 1837 1857 1917 1937															
Hainault Station	1143		1503 1523 1543 1604 1624 1644 1704 1724 1744 1804 1824 1844 1904 1924 1944															
Barkingside Chequers	1153		1513 1533 1553 1612 1632 1652 1712 1732 1752 1811 1831 1851 1911 1931 1951															
Gants Hill Station Cranbrook Road (S)	1201		1521 1541 1601 1620 1640 1700 1720 1740 1800 1819 1839 1859 1918 1938 1958															
Ilford Station	1210		1530 1550 1609 1628 1648 1708 1727 1747 1807 1826 1846 1906 1925 1945 2005															
Ilford High Road Hainault Street	1215		1535 1555 1614 1633 1653 1713 1732 1752 1812 1831 1851 1911 1930 1950 2009															
Goodmayes Lord Napier	1225		1545 1605 1624 1643 1703 1722 1741 1801 1820 1839 1859 1919 1938 1958 2017															
Becontree Heath Ship & Anchor	1237	1557 1616 1635 1654 1714 1733 1752 1811 1831 1850 1910 1929 1948 2008 2026																
Chigwell Row Maypole	1958	2019	2040	2100	Then every 20 minutes until	0000												
Hainault Station	2005	2025	2046	2105		0005												
Barkingside Chequers	2012	2032	2053	2111		0011												
Gants Hill Station Cranbrook Road (S)	2018	2038	2058	2116		0016												
Ilford Station	2024	2044	2104	2121		0021												
Ilford High Road Hainault Street	2028	2048	2108	2125		0025												
Goodmayes Lord Napier	2036	2055	2114	2131		0031												
Becontree Heath Ship & Anchor	2045	2104	2122	2139	0039													
Note: SD - Operates on school days only																		

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## Becontree Heath – Ilford – Chigwell Row

150		Mondays to Fridays																														
Becontree Heath Ship & Anchor	0520	0540	0600	0620	0633	0643								1905	1920	1935	1950	2005	2025	2045	2105	2125	2145									
Goodmayes Lord Napier	0528	0548	0608	0629	0642	0652								1915	1928	1943	1957	2012	2032	2052	2112	2132	2152									
Ilford High Road Hainault Street	0535	0555	0616	0637	0651	0702								1927	1939	1953	2007	2021	2041	2101	2120	2140	2200									
Ilford Station	0539	0559	0620	0641	0655	0707								1933	1944	1958	2012	2026	2046	2106	2125	2144	2204									
Gants Hill Station Cranbrook Road (S)	0544	0604	0626	0647	0701	0714								1940	1952	2005	2019	2033	2053	2112	2131	2150	2209									
Barkingside Chequers	0549	0609	0631	0653	0707	0720								1948	1959	2012	2026	2040	2100	2118	2137	2156	2215									
Hainault Station	0554	0615	0637	0659	0713	0727								1955	2006	2019	2032	2046	2106	2124	2143	2202	2221									
Chigwell Row Maypole	0600	0622	0644	0706	0721	0736								2003	2014	2027	2040	2054	2113	2131	2150	2209	2228									
Becontree Heath Ship & Anchor	2205	2225	2245	2305	2325	2345	0005	0025																								
Goodmayes Lord Napier	2212	2232	2252	2312	2331	2351	0011	0031																								
Ilford High Road Hainault Street	2219	2238	2258	2318	2337	2357	0017	0037																								
Ilford Station	2223	2242	2302	2322	2341	0001	0021	0041																								
Gants Hill Station Cranbrook Road (S)	2228	2247	2306	2326	2345	0005	0025	0045																								
Barkingside Chequers	2234	2253	2312	2331	2350	0010	0030	0050																								
Hainault Station	2240	2259	2318	2337	2356	0015	0035	0055																								
Chigwell Row Maypole	2247	2306	2325	2344	0003	0022	0042	0102																								
150		Saturdays (also Good Friday)																														
Becontree Heath Ship & Anchor	0520	0540	0600	0620	0640	0700	0715	0730	0745	0800	0815	0830	0844								1809	1824	1839									
Goodmayes Lord Napier	0527	0547	0607	0627	0647	0707	0723	0738	0753	0808	0823	0838	0852								1818	1833	1848									
Ilford High Road Hainault Street	0534	0554	0614	0634	0654	0714	0730	0745	0800	0816	0831	0846	0900								1829	1844	1859									
Ilford Station	0538	0558	0618	0638	0658	0718	0734	0749	0804	0820	0835	0850	0905								1835	1850	1905									
Gants Hill Station Cranbrook Road (S)	0543	0603	0623	0643	0704	0724	0740	0755	0810	0826	0841	0856	0911								1843	1858	1913									
Barkingside Chequers	0548	0608	0628	0648	0709	0729	0745	0800	0816	0832	0847	0902	0917								1851	1906	1920									
Hainault Station	0553	0613	0633	0653	0714	0735	0751	0807	0823	0839	0854	0910	0925								1900	1913	1927									
Chigwell Row Maypole	0559	0619	0639	0659	0721	0742	0758	0814	0830	0846	0901	0917	0932								1908	1921	1935									
Becontree Heath Ship & Anchor	1854	1909	1925	1945	2005	2025	2045	2105	2125	2145	2205	2225	2245	2305	2325	2345	0005	0025														
Goodmayes Lord Napier	1903	1918	1933	1953	2013	2033	2053	2112	2132	2152	2212	2232	2251	2311	2331	2351	0011	0031														
Ilford High Road Hainault Street	1913	1927	1942	2002	2021	2041	2101	2120	2140	2200	2219	2238	2257	2318	2337	2357	0017	0037														
Ilford Station	1918	1932	1947	2007	2026	2046	2106	2125	2145	2204	2223	2242	2301	2322	2341	0001	0021	0041														
Gants Hill Station Cranbrook Road (S)	1926	1940	1955	2014	2033	2053	2112	2131	2151	2210	2229	2247	2306	2327	2345	0005	0025	0045														
Barkingside Chequers	1933	1947	2002	2020	2039	2059	2118	2137	2157	2216	2235	2253	2312	2332	2350	0010	0030	0050														
Hainault Station	1940	1954	2009	2027	2046	2106	2125	2144	2203	2222	2240	2258	2317	2337	2355	0015	0035	0055														
Chigwell Row Maypole	1948	2002	2017	2035	2054	2113	2132	2151	2210	2229	2247	2305	2324	2344	0002	0022	0042	0102														
150		Sundays and other Public Holidays (except Christmas Day)																														
Becontree Heath Ship & Anchor	0540	0610	0640	0700	0720	0740	0759	0818	0837	0856	0914	0933	0951	1009	1028	1047	1106	1125														
Goodmayes Lord Napier	0547	0617	0647	0707	0727	0747	0807	0826	0845	0904	0923	0942	1000	1018	1037	1056	1115	1135														
Ilford High Road Hainault Street	0554	0624	0654	0714	0734	0754	0814	0833	0852	0912	0931	0951	1010	1028	1048	1107	1127	1147														
Ilford Station	0558	0628	0658	0718	0738	0758	0818	0838	0857	0917	0936	0956	1015	1033	1053	1112	1132	1152														
Gants Hill Station Cranbrook Road (S)	0603	0633	0703	0723	0743	0803	0823	0843	0902	0922	0941	1001	1021	1040	1100	1120	1140	1200														
Barkingside Chequers	0608	0638	0708	0728	0748	0808	0828	0848	0908	0928	0948	1008	1028	1047	1107	1127	1147	1208														
Hainault Station	0612	0642	0713	0733	0754	0814	0834	0855	0915	0935	0955	1015	1035	1055	1115	1135	1155	1216														
Chigwell Row Maypole	0618	0648	0719	0740	0801	0821	0841	0902	0922	0942	1002	1023	1043	1103	1123	1143	1203	1224														
Becontree Heath Ship & Anchor	1145			1505	1525	1545	1605	1625	1645	1705	1725	1745	1805	1825	1845	1905	1925	1945														
Goodmayes Lord Napier	1155			1515	1535	1555	1614	1634	1654	1714	1734	1754	1814	1834	1854	1913	1933	1953														
Ilford High Road Hainault Street	1207			1527	1547	1607	1625	1644	1704	1724	1744	1804	1823	1843	1903	1922	1941	2001														
Ilford Station	1213			1533	1553	1613	1631	1650	1710	1730	1750	1810	1829	1849	1908	1927	1946	2005														
Gants Hill Station Cranbrook Road (S)	1221			1541	1601	1621	1639	1658	1718	1738	1758	1817	1836	1856	1915	1934	1953	2012														
Barkingside Chequers	1229			1549	1608	1628	1646	1705	1725	1745	1805	1824	1843	1903	1921	1940	1959	2018														
Hainault Station	1237			1557	1616	1636	1654	1713	1733	1753	1812	1831	1850	1910	1928	1947	2006	2025														
Chigwell Row Maypole	1245			1605	1624	1644	1702	1721	1741	1801	1820	1839	1858	1917	1935	1954	2013	2032														
Becontree Heath Ship & Anchor	2005	2025	2045	2105	2125	2145	2205	2225	2245							0025																
Goodmayes Lord Napier	2012	2032	2052	2112	2132	2151	2211	2231	2251							0031																
Ilford High Road Hainault Street	2020	2040	2100	2119	2139	2158	2218	2237	2257							0037																
Ilford Station	2024	2044	2104	2123	2143	2202	2222	2241	2301							0041																
Gants Hill Station Cranbrook Road (S)	2031	2051	2110	2129	2148	2207	2227	2246	2305							0045																
Barkingside Chequers	2037	2057	2115	2134	2153	2212	2232	2251	2310							0050																
Hainault Station	2044	2103	2121	2140	2159	2218	2237	2256	2315							0055																
Chigwell Row Maypole	2051	2110	2128	2147	2206	2225	2244	2303	2322							0102																