

165 Mondays to Fridays																		
Abbey Wood Lane	0440	0455	0510	0525	0540	0555	0610	0625	0637			0952		1304	1800			
Chandlers Corner	0444	0459	0514	0529	0544	0559	0615	0630	0642			0958		1310	1806			
Rainham Tesco	0446	0501	0516	0531	0546	0601	0618	0633	0645		Then	1003		1315	1810			
South Hornchurch Cherry Tree	0451	0506	0521	0536	0551	0607	0624	0639	0651		about	1010	Then	1322	about	1818		
Elm Park Station	0457	0512	0527	0542	0558	0614	0631	0646	0658		every 12	1020	every 12	1332	every 12	1828		
Hornchurch Town Centre	0504	0519	0534	0549	0605	0621	0638	0654	0706		minutes	1030	minutes	1342	minutes	1838		
Gidea Park The Drill	0510	0525	0540	0555	0611	0628	0645	0702	0716		until	1038	until	1350	until	1847		
Romford Station	0516	0531	0546	0602	0618	0635	0652	0709	0725			1045		1357		1854		
Romford Market St Edward's Way	0519	0534	0549	0605	0621	0638	0655	0712	0728			1049		1401		1858		
Romford Brewery	0521	0536	0551	0607	0623	0640	0657	0714	0730			1051		1403		1900		
Abbey Wood Lane	1813	1826	1838	1851	1904	1920	1935	1950	2005	2020			2140	2200	2220	0020		
Chandlers Corner	1819	1832	1844	1857	1910	1925	1940	1955	2010	2025			2145	2205	2225	0025		
Rainham Tesco	1823	1836	1848	1901	1914	1929	1944	1959	2013	2028			2148	2208	2228	0028		
South Hornchurch Cherry Tree	1831	1844	1855	1907	1920	1935	1950	2005	2019	2034		Then	2154	2213	2233	0033		
Elm Park Station	1841	1854	1904	1916	1928	1943	1958	2012	2026	2041		every 20	2201	2220	2239	0039		
Hornchurch Town Centre	1851	1903	1914	1925	1936	1950	2005	2019	2033	2048		minutes	2208	2227	2246	0046		
Gidea Park The Drill	1859	1910	1921	1932	1943	1957	2011	2025	2039	2054		until	2214	2233	2252	0052		
Romford Station	1906	1917	1928	1939	1950	2003	2017	2031	2045	2100			2220	2239	2258	0058		
Romford Market St Edward's Way	1909	1920	1931	1942	1953	2006	2020	2034	2048	2103			2223	2242	2301	0101		
Romford Brewery	1911	1922	1933	1944	1955	2008	2022	2036	2050	2105			2225	2244	2303	0103		
165 Saturdays (also Good Friday)																		
Abbey Wood Lane	0440			0540	0555	0610	0625	0640	0655	0710	0725	0740	0754	0809	0823	1805		
Chandlers Corner	0444			0544	0559	0615	0630	0645	0700	0715	0730	0745	0759	0814	0828	1810		
Rainham Tesco	0446			0546	0602	0618	0633	0648	0703	0718	0733	0748	0802	0817	0831	1813		
South Hornchurch Cherry Tree	0451	Then		0551	0607	0623	0638	0653	0708	0723	0738	0753	0808	0823	0837	1820		
Elm Park Station	0457	every 15		0557	0613	0629	0644	0659	0715	0730	0745	0800	0816	0831	0845	1828		
Hornchurch Town Centre	0504	minutes		0604	0620	0636	0651	0706	0722	0737	0752	0807	0823	0838	0852	1837		
Gidea Park The Drill	0510	until		0610	0626	0642	0657	0712	0728	0743	0758	0813	0829	0844	0858	1845		
Romford Station	0516			0616	0632	0648	0703	0718	0734	0749	0804	0819	0835	0850	0905	1852		
Romford Market St Edward's Way	0519			0619	0635	0651	0706	0721	0737	0752	0807	0822	0838	0853	0909	1856		
Romford Brewery	0521			0621	0637	0653	0708	0723	0739	0754	0810	0825	0841	0857	0913	1859		
Abbey Wood Lane	1818	1831	1847	1903	1919	1934	1949	2004	2020	2040	2100				0020			
Chandlers Corner	1823	1836	1852	1908	1924	1939	1954	2009	2025	2045	2105				0025			
Rainham Tesco	1826	1839	1855	1911	1927	1942	1957	2012	2028	2048	2108				0028			
South Hornchurch Cherry Tree	1833	1846	1902	1918	1933	1948	2003	2018	2034	2054	2113	Then			0033			
Elm Park Station	1841	1854	1910	1925	1940	1955	2010	2025	2041	2101	2119	every 20			0039			
Hornchurch Town Centre	1850	1903	1918	1933	1948	2003	2018	2033	2049	2108	2126	minutes			0046			
Gidea Park The Drill	1858	1910	1925	1940	1955	2010	2025	2040	2055	2114	2132	until			0052			
Romford Station	1905	1917	1931	1946	2001	2016	2031	2046	2101	2120	2138				0058			
Romford Market St Edward's Way	1909	1921	1935	1950	2005	2020	2035	2050	2104	2123	2141				0101			
Romford Brewery	1911	1923	1937	1952	2007	2022	2037	2052	2106	2125	2143				0103			
165 Sundays and other Public Holidays (except Christmas Day)																		
Abbey Wood Lane	0545			0725	0745	0805	0825	0845	0904	0922	0940	1000	1018	1037	1057	1117	1137	1157
Chandlers Corner	0549			0729	0750	0810	0830	0850	0909	0927	0945	1005	1023	1042	1102	1122	1142	1202
Rainham Tesco	0552			0732	0753	0813	0833	0853	0912	0931	0949	1009	1027	1046	1106	1126	1146	1206
South Hornchurch Cherry Tree	0557	Then		0737	0758	0818	0838	0858	0917	0937	0955	1015	1034	1053	1113	1133	1153	1213
Elm Park Station	0604	every 20		0744	0805	0826	0846	0906	0925	0945	1004	1024	1043	1102	1122	1142	1202	1222
Hornchurch Town Centre	0611	minutes		0751	0812	0833	0853	0913	0932	0952	1012	1032	1051	1111	1131	1151	1211	1230
Gidea Park The Drill	0617	until		0757	0818	0839	0859	0919	0940	1000	1020	1040	1100	1120	1140	1200	1220	1239
Romford Station	0622			0802	0823	0844	0904	0925	0946	1006	1026	1046	1106	1127	1147	1207	1226	1245
Romford Market St Edward's Way	0625			0805	0826	0847	0907	0928	0949	1010	1030	1050	1110	1131	1151	1211	1230	1249
Romford Brewery	0627			0807	0828	0849	0909	0930	0951	1012	1032	1052	1113	1134	1154	1214	1234	1253
Abbey Wood Lane	1217			1657	1717	1737	1758	1819	1839	1859	1919	1939	1959	2020	2041	2100		0020
Chandlers Corner	1223			1703	1723	1743	1804	1825	1845	1905	1924	1944	2004	2025	2046	2105		0025
Rainham Tesco	1227			1707	1727	1747	1807	1828	1848	1908	1927	1947	2007	2028	2049	2108	Then	0028
South Hornchurch Cherry Tree	1234	Then		1714	1734	1754	1813	1834	1854	1914	1933	1953	2013	2033	2054	2113	every	0033
Elm Park Station	1243	every 20		1723	1743	1802	1821	1842	1902	1921	1940	2000	2020	2040	2100	2119	20	0039
Hornchurch Town Centre	1251	minutes		1731	1751	1810	1829	1850	1910	1928	1947	2007	2027	2047	2107	2126	mins.	0046
Gidea Park The Drill	1259	until		1739	1759	1818	1837	1857	1917	1935	1954	2014	2033	2053	2113	2132	until	0052
Romford Station	1305			1745	1805	1824	1843	1903	1923	1941	2000	2019	2038	2058	2118	2137		0057
Romford Market St Edward's Way	1309			1749	1809	1828	1847	1907	1927	1945	2003	2022	2041	2101	2121	2140		0100
Romford Brewery	1313			1753	1812	1831	1850	1910	1929	1947	2005	2024	2043	2103	2123	2142		0102

165 Mondays to Fridays																		
Romford Brewery	0505	0520	0535	0550	0605	0620	0634	0646	0658		0940		1352	1945				
Romford Market St Edward's Way	0507	0522	0537	0552	0607	0622	0636	0648	0701		0943		1355	1948				
Romford Station	0510	0525	0540	0555	0610	0625	0639	0651	0705	Then about every 12 minutes until	0948		1400	Then 1953				
Gidea Park The Drill	0515	0530	0545	0601	0616	0631	0645	0658	0713		0956	Then 1408	about 2000					
Hornchurch Town Centre	0520	0535	0551	0607	0622	0637	0652	0705	0720		1005	every 12 1417	every 12 2006					
Elm Park Station	0526	0541	0557	0613	0628	0644	0659	0713	0728		1015	minutes 1427	minutes 2014					
South Hornchurch Cherry Tree	0533	0548	0604	0620	0635	0651	0707	0722	0737		1025	until 1437	until 2021					
Rainham Tesco	0539	0555	0611	0627	0642	0658	0715	0730	0745		1032	1444	2027					
Chandlers Corner	0541	0557	0613	0629	0644	0701	0718	0733	0748		1035	1447	2029					
Abbey Wood Lane	0546	0602	0618	0634	0650	0707	0724	0739	0754		1041	1453	2034					
Romford Brewery	2000	2015	2030	2050	2110	2131	2151	2211	2231	2250		0110						
Romford Market St Edward's Way	2003	2017	2032	2052	2112	2133	2153	2213	2233	2252		0112						
Romford Station	2007	2021	2036	2056	2116	2137	2157	2217	2237	2256	Then every 20 minutes until	0116						
Gidea Park The Drill	2013	2027	2042	2102	2122	2143	2203	2223	2243	2302		0122						
Hornchurch Town Centre	2019	2033	2048	2108	2128	2149	2208	2228	2248	2307		0127						
Elm Park Station	2027	2041	2055	2115	2135	2155	2214	2234	2254	2313		0133						
South Hornchurch Cherry Tree	2034	2048	2102	2122	2142	2202	2221	2241	2301	2320		0140						
Rainham Tesco	2040	2054	2108	2128	2148	2208	2227	2247	2307	2326		0146						
Chandlers Corner	2042	2056	2110	2130	2150	2210	2229	2249	2309	2328		0148						
Abbey Wood Lane	2047	2101	2115	2135	2155	2215	2234	2254	2314	2333		0153						
165 Saturdays (also Good Friday)																		
Romford Brewery	0505			0650	0705	0720	0735	0750	0805	0820		1835	1848	1901	2016			
Romford Market St Edward's Way	0507			0652	0707	0722	0737	0752	0807	0822		1838	1851	1904	2019			
Romford Station	0510			0655	0710	0725	0740	0755	0811	0826	Then about every 12 minutes until	1844	1857	1909	2024			
Gidea Park The Drill	0515	Then		0700	0715	0730	0745	0800	0816	0831		1850	1903	1915	Then 2030			
Hornchurch Town Centre	0520	every 15		0705	0720	0735	0750	0806	0822	0837		1857	1909	1921	every 15 2036			
Elm Park Station	0526	minutes		0711	0727	0742	0758	0814	0830	0845		1905	1916	1928	minutes 2043			
South Hornchurch Cherry Tree	0533	until		0718	0734	0749	0805	0821	0837	0852		1912	1923	1935	until 2050			
Rainham Tesco	0539			0724	0740	0755	0811	0827	0843	0859		1919	1930	1942	2057			
Chandlers Corner	0541			0726	0742	0757	0813	0829	0845	0901		1922	1933	1945	2100			
Abbey Wood Lane	0546			0731	0747	0802	0818	0834	0850	0906		1927	1938	1950	2105			
Romford Brewery	2031	2051	2112				0012	0031	0050	0110								
Romford Market St Edward's Way	2034	2054	2114				0014	0033	0052	0112								
Romford Station	2039	2059	2118				0018	0037	0056	0116								
Gidea Park The Drill	2045	2104	2123	Then			0023	0042	0101	0121								
Hornchurch Town Centre	2051	2109	2128	every 20			0028	0047	0106	0126								
Elm Park Station	2058	2115	2134	minutes			0034	0053	0112	0132								
South Hornchurch Cherry Tree	2105	2122	2141	until			0041	0100	0119	0139								
Rainham Tesco	2111	2128	2147				0047	0106	0125	0145								
Chandlers Corner	2113	2130	2149				0049	0108	0127	0147								
Abbey Wood Lane	2118	2135	2154				0054	0113	0132	0152								
165 Sundays and other Public Holidays (except Christmas Day)																		
Romford Brewery	0555			0815	0835	0855	0915	0934	0952	1012	1032	1050	1108	1128	1148	1208	1228	1248
Romford Market St Edward's Way	0557			0817	0837	0857	0917	0936	0954	1014	1034	1052	1110	1130	1150	1210	1231	1251
Romford Station	0601			0821	0841	0901	0921	0940	0958	1018	1038	1056	1115	1135	1155	1215	1236	1256
Gidea Park The Drill	0606	Then		0826	0846	0907	0927	0946	1005	1025	1045	1103	1122	1142	1202	1222	1243	1303
Hornchurch Town Centre	0611	every 20		0831	0851	0912	0932	0952	1011	1031	1051	1110	1129	1149	1209	1229	1250	1310
Elm Park Station	0617	minutes		0837	0857	0918	0940	1000	1020	1040	1100	1119	1138	1158	1218	1239	1300	1320
South Hornchurch Cherry Tree	0624	until		0844	0904	0925	0947	1007	1027	1047	1107	1127	1147	1207	1227	1248	1309	1329
Rainham Tesco	0629			0849	0909	0931	0953	1013	1033	1053	1113	1133	1153	1213	1234	1255	1316	1336
Chandlers Corner	0631			0851	0912	0934	0956	1016	1036	1056	1116	1136	1156	1216	1237	1258	1319	1339
Abbey Wood Lane	0636			0856	0917	0939	1001	1021	1041	1101	1121	1141	1201	1221	1243	1304	1325	1345
Romford Brewery	1308	1328	1348				1728	1748	1808	1828	1848	1908	1929	1950	2011	2030	2050	0110
Romford Market St Edward's Way	1311	1331	1351				1731	1751	1811	1831	1851	1911	1932	1953	2014	2033	2052	0112
Romford Station	1316	1336	1356				1736	1756	1816	1836	1856	1915	1936	1957	2018	2037	2056	Then 0116
Gidea Park The Drill	1323	1343	1403	Then			1743	1803	1823	1843	1903	1922	1942	2003	2024	2043	2102	every 0122
Hornchurch Town Centre	1330	1350	1409	every 20			1749	1809	1829	1849	1909	1928	1948	2009	2029	2048	2107	20 0127
Elm Park Station	1340	1400	1418	minutes			1758	1817	1837	1857	1917	1936	1956	2016	2035	2054	2113	mins. 0133
South Hornchurch Cherry Tree	1349	1409	1427	until			1807	1826	1846	1906	1925	1944	2004	2023	2042	2101	2120	until 0140
Rainham Tesco	1356	1416	1434				1814	1832	1852	1911	1930	1949	2009	2028	2047	2106	2125	0145
Chandlers Corner	1359	1419	1437				1817	1835	1855	1914	1933	1952	2012	2031	2050	2109	2128	0148
Abbey Wood Lane	1405	1425	1443				1823	1841	1901	1920	1939	1958	2017	2036	2055	2114	2133	0153