

174		Mondays to Fridays																		
Harold Hill Dagnam Park Square	0445	0500	0515	0530	0545	0555	0605	0615	0623	0631	0638	0645	0652	0658	0705	0712	0719	0726		
Harold Hill Hilldene Avenue	0449	0504	0519	0534	0549	0559	0609	0619	0627	0635	0642	0649	0656	0702	0709	0716	0723	0730		
Gallows Corner Straight Road	0454	0509	0524	0539	0554	0604	0615	0625	0633	0641	0648	0655	0702	0709	0716	0723	0730	0737		
Main Road Balgores Lane	0457	0512	0527	0542	0557	0608	0619	0629	0637	0645	0652	0700	0708	0715	0722	0729	0737	0745		
Romford Station	0502	0517	0532	0547	0602	0614	0625	0635	0643	0651	0659	0707	0715	0722	0729	0737	0745	0753		
Rush Green Barking College	0508	0523	0538	0553	0608	0620	0631	0641	0650	0658	0706	0714	0722	0729	0737	0745	0753	0801		
Dagenham The Eastbrook	0512	0527	0542	0557	0612	0624	0635	0646	0656	0704	0712	0720	0728	0735	0743	0751	0759	0807		
Dagenham Heathway Station	0517	0532	0547	0602	0617	0629	0640	0651	0702	0710	0718	0726	0734	0742	0750	0758	0806	0814		
Dagenham New Road/Kent Avenue	0520	0535	0550	0605	0620	0632	0644	0655	0706	0714	0722	0730	0738	0746	0754	0802	0810	0818		
Dagenham Marsh Way CEME	0526	0541	0556	0611	0626	0638	0650	0701	0712	0720	0728	0736	0744	0752	0800	0808	0816	0824		
Harold Hill Dagnam Park Square	0733	0741	0743	0749	Then every 8 minutes until			0901	0909	0917	0925	0933	0941	0949	0957	1004	Then every 8 minutes until			1420
Harold Hill Hilldene Avenue	0737	0745	0747	0753				0905	0913	0921	0929	0937	0945	0953	1001	1008				1424
Gallows Corner Straight Road	0745	0753	0755	0801				0913	0921	0929	0936	0944	0952	1000	1008	1015				1431
Main Road Balgores Lane	0753	0801	0803	0809				0921	0929	0936	0943	0950	0957	1005	1013	1020				1436
Romford Station	0801	0809	0811	0817				0929	0936	0943	0950	0957	1004	1012	1020	1027				1443
Rush Green Barking College	0809	0817	0819	0825				0937	0945	0952	0959	1006	1013	1021	1029	1036				1452
Dagenham The Eastbrook	0815	0823	0825	0831				0943	0951	0958	1005	1012	1019	1027	1035	1042				1458
Dagenham Heathway Station	0822	0830	0832	0838				0950	0958	1005	1012	1019	1026	1034	1042	1049				1505
Dagenham New Road/Kent Avenue	0826	0834	0836	0842				0954	1002	1009	1016	1023	1030	1038	1046	1053				1509
Dagenham Marsh Way CEME	0832	0840	0842	0848	1000	1008	1015	1022	1029	1036	1044	1052	1059	1515						
Harold Hill Dagnam Park Square	1427	1435	1443	1451	1459	1507	Then every 8 minutes until			1803	1811	Then every 8 minutes until			1851	1859	1908	1918	1928	1938
Harold Hill Hilldene Avenue	1431	1439	1447	1455	1503	1511				1807	1815				1855	1903	1912	1922	1932	1942
Gallows Corner Straight Road	1438	1446	1454	1502	1510	1518				1814	1822				1902	1910	1919	1929	1938	1948
Main Road Balgores Lane	1443	1451	1459	1507	1515	1524				1820	1828				1908	1916	1925	1935	1943	1953
Romford Station	1450	1458	1506	1514	1522	1531				1827	1835				1915	1923	1932	1941	1949	1959
Rush Green Barking College	1459	1507	1515	1523	1531	1539				1835	1842				1922	1930	1939	1947	1955	2005
Dagenham The Eastbrook	1505	1513	1521	1529	1536	1544				1840	1847				1927	1935	1943	1951	1959	2009
Dagenham Heathway Station	1512	1520	1528	1536	1543	1551				1847	1854				1934	1941	1949	1957	2005	2015
Dagenham New Road/Kent Avenue	1516	1524	1532	1540	1547	1555				1851	1858				1938	1945	1953	2001	2009	2019
Dagenham Marsh Way CEME	1522	1530	1538	1546	1553	1601	1857	1904	1944	1951	1959	2007	2015	2025						
Harold Hill Dagnam Park Square	1948	1959	2010	Then every 15 minutes until			2155	2210	2225	2240	2255	Then every 15 minutes until			0010					
Harold Hill Hilldene Avenue	1952	2003	2014				2159	2214	2229	2244	2259				0014					
Gallows Corner Straight Road	1958	2009	2020				2205	2220	2235	2250	2305				0020					
Main Road Balgores Lane	2003	2014	2025				2210	2224	2239	2254	2308				0023					
Romford Station	2009	2020	2031				2216	2230	2245	2300	2314				0029					
Rush Green Barking College	2015	2026	2037				2222	2236	2251	2306	2320				0035					
Dagenham The Eastbrook	2019	2030	2041				2226	2240	2255	2310	2324				0039					
Dagenham Heathway Station	2025	2036	2047				2232	2246	2301	2316	2330				0045					
Dagenham New Road/Kent Avenue	2029	2040	2051				2236	2250	2305	2320	2334				0049					
Dagenham Marsh Way CEME	2035	2046	2057	2242	2256	2311	2326	2340	0055											

174 Saturdays (also Good Friday)																	
Harold Hill Dagnam Park Square	0445	0505	0525	0540	0555	0610	0625	0640	0654	0704	0714	0724	0734	0743	Then every 8 minutes until	0823	0831
Harold Hill Hilldene Avenue	0449	0509	0529	0544	0559	0614	0629	0644	0658	0708	0718	0728	0738	0747		0827	0835
Gallows Corner Straight Road	0454	0514	0534	0549	0604	0619	0634	0649	0704	0714	0724	0734	0744	0753		0833	0841
Main Road Balgores Lane	0457	0517	0537	0552	0607	0622	0638	0653	0708	0718	0729	0739	0749	0758		0838	0846
Romford Station	0502	0522	0542	0557	0612	0627	0643	0658	0713	0723	0734	0744	0754	0803		0843	0851
Rush Green Barking College	0508	0528	0548	0603	0618	0633	0649	0704	0719	0729	0740	0750	0800	0809		0849	0857
Dagenham The Eastbrook	0512	0532	0552	0607	0622	0637	0653	0708	0723	0733	0744	0754	0804	0813		0853	0901
Dagenham Heathway Station	0517	0537	0557	0612	0627	0642	0658	0713	0728	0739	0750	0800	0810	0819		0859	0908
Dagenham New Road/Kent Avenue	0520	0540	0600	0615	0630	0646	0702	0717	0732	0743	0754	0804	0814	0823		0903	0912
Dagenham Marsh Way CEME	0526	0546	0606	0621	0636	0652	0708	0723	0738	0749	0800	0810	0820	0829	0909	0918	
Harold Hill Dagnam Park Square	0838	0845	0852	0900	0908	0915	0922	0929	0935	0941	0948	Then every 8 minutes until	1708	1716	1724	1732	1740
Harold Hill Hilldene Avenue	0842	0849	0856	0904	0912	0919	0926	0933	0939	0945	0952		1712	1720	1728	1736	1744
Gallows Corner Straight Road	0848	0855	0902	0910	0918	0925	0932	0939	0945	0951	0959		1719	1727	1735	1743	1751
Main Road Balgores Lane	0853	0900	0907	0915	0923	0930	0937	0944	0952	0959	1006		1726	1734	1742	1750	1758
Romford Station	0858	0906	0913	0921	0929	0937	0944	0952	0959	1007	1015		1735	1743	1751	1759	1807
Rush Green Barking College	0905	0913	0921	0929	0937	0945	0952	1000	1008	1016	1024		1744	1752	1800	1807	1814
Dagenham The Eastbrook	0910	0918	0926	0934	0942	0950	0957	1005	1013	1021	1029		1749	1757	1805	1811	1818
Dagenham Heathway Station	0917	0925	0933	0942	0950	0958	1006	1014	1022	1030	1038		1758	1806	1813	1819	1825
Dagenham New Road/Kent Avenue	0921	0929	0938	0947	0955	1003	1012	1020	1028	1036	1044		1804	1810	1817	1823	1829
Dagenham Marsh Way CEME	0927	0935	0944	0953	1001	1009	1018	1026	1034	1042	1050	1810	1816	1823	1829	1835	
Harold Hill Dagnam Park Square	1748	1756	1805	1815	1825	1835	1845	1855	Then every 15 minutes until	2155	2210	2225	2240	2255	Then every 15 minutes until	0010	
Harold Hill Hilldene Avenue	1752	1800	1809	1819	1829	1839	1849	1859		2159	2214	2229	2244	2259		0014	
Gallows Corner Straight Road	1759	1807	1816	1825	1835	1845	1855	1905		2205	2220	2235	2250	2305		0020	
Main Road Balgores Lane	1806	1814	1822	1831	1840	1850	1900	1910		2210	2224	2239	2254	2308		0023	
Romford Station	1814	1822	1830	1838	1847	1856	1906	1916		2216	2230	2245	2300	2314		0029	
Rush Green Barking College	1821	1829	1836	1844	1853	1902	1912	1922		2222	2236	2251	2306	2320		0035	
Dagenham The Eastbrook	1825	1833	1840	1848	1857	1906	1916	1926		2226	2240	2255	2310	2324		0039	
Dagenham Heathway Station	1832	1839	1846	1854	1903	1912	1922	1932		2232	2246	2301	2316	2330		0045	
Dagenham New Road/Kent Avenue	1836	1843	1850	1858	1907	1916	1926	1936		2236	2250	2305	2320	2334		0049	
Dagenham Marsh Way CEME	1842	1849	1856	1904	1913	1922	1932	1942	2242	2256	2311	2326	2340	0055			
174 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																	
Harold Hill Dagnam Park Square	0603	Then every 20 minutes until	0723	0743	0758	Then every 15 minutes until	0913	0928	0943	0956	1009	1021	1035	Then every 15 minutes until	1705		
Harold Hill Hilldene Avenue	0607		0727	0747	0802		0917	0932	0947	1000	1013	1025	1039		1709		
Gallows Corner Straight Road	0612		0732	0752	0808		0923	0938	0953	1006	1019	1031	1045		1715		
Main Road Balgores Lane	0615		0735	0755	0812		0927	0942	0957	1010	1023	1036	1051		1721		
Romford Station	0620		0740	0800	0817		0932	0947	1003	1016	1030	1045	1100		1730		
Rush Green Barking College	0626		0746	0806	0823		0938	0953	1009	1022	1037	1052	1107		1737		
Dagenham The Eastbrook	0630		0750	0810	0827		0942	0957	1013	1027	1042	1057	1112		1742		
Dagenham Heathway Station	0635		0755	0815	0832		0947	1003	1019	1034	1049	1104	1119		1749		
Dagenham New Road/Kent Avenue	0638		0758	0819	0836		0951	1007	1023	1039	1054	1109	1124		1754		
Harold Hill Dagnam Park Square	1720	1735	1751	1807	1824	1840	Then every 15 minutes until	2155	2210	2225	2240	2256	Then every 15 minutes until	0011			
Harold Hill Hilldene Avenue	1724	1739	1755	1811	1828	1844		2159	2214	2229	2244	2300		0015			
Gallows Corner Straight Road	1730	1745	1801	1817	1834	1850		2205	2220	2235	2250	2306		0021			
Main Road Balgores Lane	1736	1751	1807	1822	1839	1855		2210	2224	2239	2254	2309		0024			
Romford Station	1745	1800	1815	1830	1846	1901		2216	2230	2245	2300	2315		0030			
Rush Green Barking College	1752	1807	1822	1837	1852	1907		2222	2236	2251	2306	2321		0036			
Dagenham The Eastbrook	1757	1811	1826	1841	1856	1911		2226	2240	2255	2310	2325		0040			
Dagenham Heathway Station	1804	1818	1832	1847	1902	1917		2232	2246	2301	2316	2331		0046			
Dagenham New Road/Kent Avenue	1808	1822	1836	1851	1906	1921		2236	2250	2305	2320	2335		0050			
174 Boxing Day																	
A Sunday service operates, commencing with the 0813 journey from Harold Hill.																	

174		Mondays to Fridays																		
Dagenham Marsh Way CEME	0450	0505	0520	0535	0550	0600	0608	0614	0620	0626	0632	0638	0644	0651	0657	0704	0711	0718		
Dagenham New Road/Kent Avenue	0456	0511	0526	0541	0556	0606	0614	0620	0626	0632	0638	0644	0650	0657	0703	0710	0717	0724		
Dagenham Heathway Station	0502	0517	0532	0547	0602	0614	0622	0628	0634	0640	0646	0652	0658	0705	0712	0720	0728	0736		
Dagenham The Eastbrook	0507	0522	0537	0552	0607	0619	0627	0633	0639	0645	0651	0657	0704	0712	0720	0728	0736	0744		
Rush Green Barking College	0511	0526	0541	0556	0611	0623	0631	0637	0643	0649	0656	0703	0711	0719	0727	0735	0743	0751		
Romford Station	0517	0532	0547	0602	0617	0629	0637	0644	0650	0657	0705	0713	0721	0729	0737	0745	0753	0801		
Main Road Balgores Lane	0522	0537	0552	0608	0623	0635	0643	0650	0656	0703	0711	0719	0727	0735	0743	0751	0759	0807		
Gallows Corner Straight Road	0525	0540	0555	0612	0627	0639	0647	0654	0701	0709	0717	0725	0733	0741	0749	0757	0805	0813		
Harold Hill Hilldene Avenue	0530	0545	0600	0617	0632	0644	0653	0700	0708	0716	0724	0732	0740	0748	0756	0804	0812	0820		
Harold Hill Dagnam Park Square	0535	0550	0605	0622	0637	0649	0659	0707	0715	0723	0731	0739	0747	0755	0803	0811	0819	0827		
Dagenham Marsh Way CEME	0725	0732	0739				0843	0851	0859	0908	0917	0926	0935	0944				1048	1055	1103
Dagenham New Road/Kent Avenue	0731	0739	0747				0851	0859	0907	0915	0924	0932	0941	0950				1054	1101	1109
Dagenham Heathway Station	0744	0752	0800				0904	0912	0919	0927	0935	0943	0951	1000				1104	1111	1119
Dagenham The Eastbrook	0752	0800	0808				0912	0920	0927	0935	0943	0950	0958	1006				1110	1117	1125
Rush Green Barking College	0759	0807	0815				0919	0927	0934	0941	0948	0955	1003	1011				1115	1122	1130
Romford Station	0809	0817	0825				0929	0936	0943	0949	0956	1003	1011	1019				1123	1130	1138
Main Road Balgores Lane	0815	0823	0831				0935	0942	0949	0955	1002	1009	1017	1025				1129	1136	1144
Gallows Corner Straight Road	0821	0829	0837				0941	0948	0955	1001	1008	1015	1023	1031				1135	1142	1150
Harold Hill Hilldene Avenue	0828	0836	0844				0948	0955	1002	1008	1015	1022	1030	1038				1142	1149	1157
Harold Hill Dagnam Park Square	0835	0843	0851				0955	1002	1009	1015	1022	1029	1037	1045				1149	1156	1204
Dagenham Marsh Way CEME	1111			1431	1438	1445	1452	1458	1504	1511	1517				1725	1733	1741	1749	1757	
Dagenham New Road/Kent Avenue	1117			1437	1444	1451	1458	1504	1510	1517	1523				1731	1739	1747	1755	1803	
Dagenham Heathway Station	1127			1447	1454	1501	1508	1514	1520	1527	1533				1741	1749	1757	1805	1813	
Dagenham The Eastbrook	1133			1453	1500	1507	1514	1520	1526	1533	1541				1749	1757	1805	1813	1821	
Rush Green Barking College	1138			1458	1505	1512	1519	1525	1531	1539	1547				1755	1803	1811	1819	1827	
Romford Station	1146			1506	1513	1520	1527	1534	1542	1550	1558				1806	1814	1822	1830	1838	
Main Road Balgores Lane	1152			1512	1520	1529	1537	1545	1553	1601	1609				1817	1825	1833	1839	1846	
Gallows Corner Straight Road	1158			1518	1526	1535	1544	1552	1600	1608	1616				1824	1832	1838	1844	1851	
Harold Hill Hilldene Avenue	1205			1525	1533	1542	1550	1558	1606	1614	1622				1830	1837	1843	1849	1856	
Harold Hill Dagnam Park Square	1212			1532	1540	1548	1556	1604	1612	1620	1628				1836	1843	1849	1855	1902	
Dagenham Marsh Way CEME	1805	1813	1821	1829	1838	1848	1858	1908	1918	1929	1944				2059	2114	2129	2144	2159	
Dagenham New Road/Kent Avenue	1811	1819	1827	1835	1844	1854	1904	1914	1924	1935	1950				2105	2120	2135	2150	2205	
Dagenham Heathway Station	1821	1829	1837	1845	1853	1902	1912	1922	1932	1942	1956				2111	2126	2141	2156	2211	
Dagenham The Eastbrook	1829	1837	1845	1853	1901	1909	1919	1929	1938	1948	2002				2117	2132	2147	2202	2217	
Rush Green Barking College	1835	1842	1849	1857	1905	1913	1923	1933	1942	1952	2006				2121	2136	2151	2206	2221	
Romford Station	1844	1850	1856	1904	1912	1920	1930	1939	1948	1958	2012				2127	2142	2157	2212	2227	
Main Road Balgores Lane	1852	1858	1904	1912	1920	1928	1937	1946	1955	2005	2019				2134	2149	2204	2219	2234	
Gallows Corner Straight Road	1857	1903	1909	1917	1925	1933	1942	1951	2000	2010	2024				2139	2154	2209	2224	2239	
Harold Hill Hilldene Avenue	1902	1908	1914	1922	1930	1938	1947	1956	2005	2015	2029				2144	2159	2214	2229	2244	
Harold Hill Dagnam Park Square	1908	1914	1920	1928	1936	1944	1953	2002	2011	2021	2035				2150	2205	2220	2235	2250	
Dagenham Marsh Way CEME	2216	2233	2250				2350	0010	0030	0050										
Dagenham New Road/Kent Avenue	2222	2239	2256				2356	0016	0036	0056										
Dagenham Heathway Station	2228	2245	2302				0002	0022	0042	0102										
Dagenham The Eastbrook	2234	2251	2307				0007	0027	0047	0107										
Rush Green Barking College	2238	2255	2311				0011	0031	0051	0111										
Romford Station	2244	2301	2317				0017	0037	0057	0117										
Main Road Balgores Lane	2251	2307	2322				0022	0042	0102	0122										
Gallows Corner Straight Road	2255	2310	2325				0025	0045	0105	0125										
Harold Hill Hilldene Avenue	2300	2315	2330				0030	0050	0110	0130										
Harold Hill Dagnam Park Square	2305	2320	2335				0035	0055	0115	0135										

174		Saturdays (also Good Friday)																
Dagenham Marsh Way CEME	0450	0510	0530	0545	0600	0615	0630	0645	0658	0708	0718	0728	0738	Then every 8 minutes until	0826	0834	0841	
Dagenham New Road/Kent Avenue	0456	0516	0536	0551	0606	0621	0636	0651	0704	0714	0724	0734	0744		0832	0840	0847	
Dagenham Heathway Station	0502	0522	0542	0557	0612	0627	0642	0657	0710	0720	0730	0740	0750		0838	0846	0853	
Dagenham The Eastbrook	0507	0527	0547	0602	0617	0632	0647	0702	0715	0726	0736	0746	0756		0844	0852	0859	
Rush Green Barking College	0511	0531	0551	0606	0621	0636	0651	0706	0719	0730	0740	0750	0800		0848	0856	0903	
Romford Station	0517	0537	0557	0612	0627	0642	0657	0712	0725	0736	0746	0756	0806		0854	0902	0910	
Main Road Balgores Lane	0522	0542	0602	0617	0632	0648	0703	0718	0731	0742	0752	0802	0812		0900	0909	0917	
Gallows Corner Straight Road	0525	0545	0605	0620	0636	0652	0707	0722	0736	0747	0757	0807	0817		0905	0914	0922	
Harold Hill Hilldene Avenue	0530	0550	0610	0625	0641	0657	0712	0727	0741	0752	0802	0812	0822		0910	0919	0927	
Harold Hill Dagnam Park Square	0535	0555	0615	0630	0646	0702	0717	0732	0747	0758	0808	0818	0828		0916	0925	0933	
Dagenham Marsh Way CEME	0847	0854	0902	0909	0916	0922	0928	0934	0941	0948	Then every 8 minutes until	1708	1716	1724	1732	1741	1750	
Dagenham New Road/Kent Avenue	0853	0900	0908	0915	0922	0928	0934	0940	0947	0954		1714	1722	1730	1738	1747	1756	
Dagenham Heathway Station	0900	0908	0916	0923	0930	0936	0942	0948	0955	1003		1723	1731	1739	1747	1756	1805	
Dagenham The Eastbrook	0907	0915	0923	0930	0937	0943	0949	0955	1002	1010		1730	1738	1746	1754	1803	1812	
Rush Green Barking College	0911	0919	0927	0934	0941	0947	0953	1000	1008	1016		1736	1744	1752	1800	1808	1816	
Romford Station	0918	0926	0934	0941	0948	0954	1001	1009	1017	1025		1745	1753	1801	1809	1816	1823	
Main Road Balgores Lane	0925	0933	0941	0948	0955	1003	1011	1019	1027	1035		1755	1803	1810	1817	1824	1831	
Gallows Corner Straight Road	0930	0938	0946	0954	1002	1010	1018	1026	1034	1042		1802	1809	1816	1822	1829	1836	
Harold Hill Hilldene Avenue	0935	0943	0951	0959	1007	1015	1023	1031	1039	1047		1807	1814	1821	1827	1834	1841	
Harold Hill Dagnam Park Square	0941	0949	0957	1005	1013	1021	1029	1037	1045	1053		1813	1820	1827	1833	1840	1847	
Dagenham Marsh Way CEME	1759	1808	1818	1828	1838	1848	1859	Then every 15 minutes until	2059	2114	2129	2144	2159	2216	2233	2250	2305	
Dagenham New Road/Kent Avenue	1805	1814	1824	1834	1844	1854	1905		2105	2120	2135	2150	2205	2222	2239	2256	2311	
Dagenham Heathway Station	1813	1822	1831	1840	1850	1900	1911		2111	2126	2141	2156	2211	2228	2245	2302	2317	
Dagenham The Eastbrook	1820	1829	1838	1846	1856	1906	1917		2117	2132	2147	2202	2217	2234	2251	2307	2322	
Rush Green Barking College	1824	1833	1842	1850	1900	1910	1921		2121	2136	2151	2206	2221	2238	2255	2311	2326	
Romford Station	1831	1840	1848	1856	1906	1916	1927		2127	2142	2157	2212	2227	2244	2301	2317	2332	
Main Road Balgores Lane	1839	1847	1855	1903	1913	1923	1934		2134	2149	2204	2219	2234	2251	2307	2322	2337	
Gallows Corner Straight Road	1844	1852	1900	1908	1918	1928	1939		2139	2154	2209	2224	2239	2255	2310	2325	2340	
Harold Hill Hilldene Avenue	1849	1857	1905	1913	1923	1933	1944		2144	2159	2214	2229	2244	2300	2315	2330	2345	
Harold Hill Dagnam Park Square	1855	1903	1911	1919	1929	1939	1950		2150	2205	2220	2235	2250	2305	2320	2335	2350	
Dagenham Marsh Way CEME	2320	2335	2350	0010	0030	0050												
Dagenham New Road/Kent Avenue	2326	2341	2356	0016	0036	0056												
Dagenham Heathway Station	2332	2347	0002	0022	0042	0102												
Dagenham The Eastbrook	2337	2352	0007	0027	0047	0107												
Rush Green Barking College	2341	2356	0011	0031	0051	0111												
Romford Station	2347	0002	0017	0037	0057	0117												
Main Road Balgores Lane	2352	0007	0022	0042	0102	0122												
Gallows Corner Straight Road	2355	0010	0025	0045	0105	0125												
Harold Hill Hilldene Avenue	0000	0015	0030	0050	0110	0130												
Harold Hill Dagnam Park Square	0005	0020	0035	0055	0115	0135												
174		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
Dagenham Ballards Road	0557	Then every 20 mins. until	0717	0736	0754	0812	Then every 15 mins. until	0912	0927	0942	0956	1009	1022	1035	1049	Then every 15 mins. until	1719	1734
Dagenham New Road/Kent Avenue	0558		0718	0737	0755	0813		0913	0928	0943	0957	1010	1023	1036	1050		1720	1735
Dagenham Heathway Station	0604		0724	0743	0801	0819		0919	0934	0949	1003	1016	1029	1043	1058		1728	1743
Dagenham The Eastbrook	0609		0729	0748	0806	0824		0924	0939	0954	1008	1022	1035	1050	1105		1735	1750
Rush Green Barking College	0613		0733	0752	0810	0828		0928	0943	0958	1012	1026	1040	1055	1110		1740	1755
Romford Station	0619		0739	0758	0816	0834		0934	0949	1004	1018	1033	1047	1102	1117		1747	1802
Main Road Balgores Lane	0624		0744	0803	0821	0839		0939	0954	1010	1024	1039	1054	1109	1124		1754	1809
Gallows Corner Straight Road	0627		0747	0807	0825	0843		0943	0959	1015	1030	1045	1100	1115	1130		1800	1814
Harold Hill Hilldene Avenue	0632		0752	0812	0830	0848		0948	1004	1020	1035	1050	1105	1120	1135		1805	1819
Harold Hill Dagnam Park Square	0637		0757	0817	0835	0853		0953	1009	1025	1040	1056	1111	1126	1141		1811	1825
Dagenham Ballards Road	1749	1804	1819	1834	1849	Then every 15 mins. until	2104	2119	2134	2149	2205	2222	2239	2256	Then every 15 mins. until	2356	Then every 20 mins. until	0056
Dagenham New Road/Kent Avenue	1750	1805	1820	1835	1850		2105	2120	2135	2150	2206	2223	2240	2257		2357		0057
Dagenham Heathway Station	1758	1812	1827	1842	1856		2111	2126	2141	2156	2212	2229	2246	2303		0003		0103
Dagenham The Eastbrook	1805	1819	1834	1848	1902		2117	2132	2147	2202	2218	2235	2252	2308		0008		0108
Rush Green Barking College	1810	1824	1838	1852	1906		2121	2136	2151	2206	2222	2239	2256	2312		0012		0112
Romford Station	1816	1830	1844	1858	1912		2127	2142	2157	2212	2228	2245	2302	2318		0018		0118
Main Road Balgores Lane	1823	1837	1851	1905	1919		2134	2149	2204	2219	2235	2252	2308	2323		0023		0123
Gallows Corner Straight Road	1828	1842	1856	1910	1924		2139	2154	2209	2224	2240	2256	2311	2326		0026		0126
Harold Hill Hilldene Avenue	1833	1847	1901	1915	1929		2144	2159	2214	2229	2245	2301	2316	2331		0031		0131
Harold Hill Dagnam Park Square	1839	1853	1907	1921	1935		2150	2205	2220	2235	2251	2306	2321	2336		0036		0136
174		Boxing Day																
A Sunday service operates, commencing with the 0754 journey from Dagenham.																		