

174		Mondays to Fridays																						
Harold Hill <i>Dagnam Park Square</i>	0445	0500	0515	0530	0545	0555	0604	0614	0623	0631	0638	0645	0651	0657	0704	0711	0718	0725						
Harold Hill <i>Hilldene Avenue</i>	0449	0504	0519	0534	0549	0559	0608	0618	0627	0635	0642	0649	0655	0701	0708	0715	0722	0729						
Gallows Corner <i>Straight Road</i>	0454	0509	0524	0539	0554	0604	0614	0624	0633	0641	0648	0655	0701	0708	0715	0722	0729	0736						
Main Road <i>Balgores Lane</i>	0457	0512	0527	0542	0557	0608	0618	0628	0637	0645	0652	0659	0707	0714	0721	0729	0736	0744						
Romford Station	0502	0517	0532	0547	0602	0614	0624	0634	0643	0651	0658	0706	0714	0721	0728	0736	0744	0752						
Rush Green <i>Barking College</i>	0508	0523	0538	0553	0608	0620	0630	0640	0649	0657	0704	0713	0721	0728	0736	0744	0752	0800						
Dagenham <i>The Eastbrook</i>	0512	0527	0542	0557	0612	0624	0634	0644	0653	0702	0710	0719	0727	0734	0742	0750	0758	0806						
Dagenham Heathway Station	0517	0532	0547	0602	0617	0629	0639	0649	0659	0708	0716	0725	0733	0741	0749	0757	0805	0813						
Dagenham <i>New Road/Kent Avenue</i>	0520	0535	0550	0605	0620	0632	0642	0652	0702	0712	0720	0729	0737	0745	0753	0801	0809	0817						
Dagenham <i>Marsh Way CEME</i>	0526	0541	0556	0611	0626	0638	0648	0658	0708	0718	0726	0735	0743	0751	0759	0807	0815	0823						
																SD								
Harold Hill <i>Dagnam Park Square</i>	0732									0852	0900	0908	0916	0924	0932	0940	0948	1420	1427	--	1435	1443		
Harold Hill <i>Hilldene Avenue</i>	0736									0856	0904	0912	0920	0928	0936	0944	0952	1424	1431	--	1439	1447		
Gallows Corner <i>Straight Road</i>	0744									0904	0912	0920	0928	0935	0944	0951	0959	1431	1438	--	1446	1454		
Main Road <i>Balgores Lane</i>	0752	<i>Then every 8 minutes until</i>									0912	0920	0928	0935	0942	0950	0957	1004	1436	1443	--	1451	1459	
Romford Station	0800		0920	0928	0935	0942	0949	0957	1004	1011	1443	1450	--	1458	1506									
Rush Green <i>Barking College</i>	0808		0928	0937	0944	0951	0958	1006	1013	1020	1452	1459	--	1507	1515									
Dagenham <i>The Eastbrook</i>	0814		0934	0943	0950	0957	1004	1012	1019	1026	1458	1505	1508	1513	1521									
Dagenham Heathway Station	0821		0941	0950	0957	1004	1011	1019	1026	1033	1505	1512	1515	1520	1528									
Dagenham <i>New Road/Kent Avenue</i>	0825		0945	0954	1001	1008	1015	1023	1030	1037	1509	1516	1519	1524	1532									
Dagenham <i>Marsh Way CEME</i>	0831		0951	1000	1007	1014	1021	1029	1036	1043	1515	1522	1525	1530	1538									
Harold Hill <i>Dagnam Park Square</i>	1451	1459	1507					1803	1811					1851	1859	1908	1918	1928	1938	1948	1958	2009		
Harold Hill <i>Hilldene Avenue</i>	1455	1503	1511					1807	1815					1855	1903	1912	1922	1932	1942	1952	2002	2013		
Gallows Corner <i>Straight Road</i>	1502	1510	1518					1814	1822					1902	1910	1919	1929	1938	1948	1958	2008	2019		
Main Road <i>Balgores Lane</i>	1507	1515	1524	<i>Then every 8 minutes until</i>					1820	1828	<i>Then every 8 minutes until</i>					1908	1916	1925	1935	1943	1953	2003	2013	2024
Romford Station	1514	1522	1531		1827	1835						1915	1923	1932	1941	1949	1959	2009	2019	2030				
Rush Green <i>Barking College</i>	1523	1531	1539		1835	1842						1922	1930	1939	1947	1955	2005	2015	2025	2036				
Dagenham <i>The Eastbrook</i>	1529	1536	1544		1840	1847						1927	1935	1943	1951	1959	2009	2019	2029	2040				
Dagenham Heathway Station	1536	1543	1551		1847	1854						1934	1941	1949	1957	2005	2015	2025	2035	2046				
Dagenham <i>New Road/Kent Avenue</i>	1540	1547	1555		1851	1858						1938	1945	1953	2001	2009	2019	2029	2039	2050				
Dagenham <i>Marsh Way CEME</i>	1546	1553	1601		1857	1904						1944	1951	1959	2007	2015	2025	2035	2045	2056				
Harold Hill <i>Dagnam Park Square</i>	2024			2239	2255					0010														
Harold Hill <i>Hilldene Avenue</i>	2028			2243	2259					0014														
Gallows Corner <i>Straight Road</i>	2034			2249	2305					0020														
Main Road <i>Balgores Lane</i>	2039	<i>Then every 15 minutes until</i>			2254	2308	<i>Then every 15 minutes until</i>	0023																
Romford Station	2045		2300	2314	0029																			
Rush Green <i>Barking College</i>	2051		2306	2320	0035																			
Dagenham <i>The Eastbrook</i>	2055		2310	2324	0039																			
Dagenham Heathway Station	2101		2316	2330	0045																			
Dagenham <i>New Road/Kent Avenue</i>	2105		2320	2334	0049																			
Dagenham <i>Marsh Way CEME</i>	2111		2326	2340	0055																			

Note: SD - Operates on school days only.

174 Saturdays (also Good Friday)																	
Harold Hill Dagnam Park Square	0445	0505	0525	0540	0555	0610	0624	0638	0653	0704	0714	0724	0734	0743	Then every 8 minutes until	0823	0831
Harold Hill Hilldene Avenue	0449	0509	0529	0544	0559	0614	0628	0642	0657	0708	0718	0728	0738	0747		0827	0835
Gallows Corner Straight Road	0454	0514	0534	0549	0604	0619	0633	0648	0703	0714	0724	0734	0744	0753		0833	0841
Main Road Balgores Lane	0457	0517	0537	0552	0607	0622	0637	0652	0707	0718	0729	0739	0749	0758		0838	0846
Romford Market	0500	0520	0540	0555	0610	0625	0640	0655	0710	0721	0732	0742	0752	0801		0841	0849
Romford Station	0502	0522	0542	0557	0612	0627	0642	0657	0712	0723	0734	0744	0754	0803		0843	0851
Rush Green Barking College	0508	0528	0548	0603	0618	0633	0648	0703	0718	0729	0740	0750	0800	0809		0849	0857
Dagenham The Eastbrook	0512	0532	0552	0607	0622	0637	0652	0707	0722	0733	0744	0754	0804	0813		0853	0901
Dagenham Heathway Station	0517	0537	0557	0612	0627	0642	0657	0712	0727	0739	0750	0800	0810	0819		0859	0908
Dagenham New Road/Kent Avenue	0520	0540	0600	0615	0630	0646	0701	0716	0731	0743	0754	0804	0814	0823		0903	0912
Dagenham Marsh Way CEME	0526	0546	0606	0621	0636	0652	0707	0722	0737	0749	0800	0810	0820	0829	0909	0918	
Harold Hill Dagnam Park Square	0838	0845	0852	0900	0908	0915	0922	0929	0935	0941	0948	Then every 8 minutes until	1708	1716	1724	1732	1740
Harold Hill Hilldene Avenue	0842	0849	0856	0904	0912	0919	0926	0933	0939	0945	0952		1712	1720	1728	1736	1744
Gallows Corner Straight Road	0848	0855	0902	0910	0918	0925	0932	0939	0945	0951	0959		1719	1727	1735	1743	1751
Main Road Balgores Lane	0853	0900	0907	0915	0923	0930	0937	0944	0951	0958	1006		1726	1734	1742	1750	1758
Romford Market	0856	0904	0911	0919	0927	0934	0941	0949	0956	1004	1012		1732	1740	1748	1756	1804
Romford Station	0858	0906	0913	0921	0929	0936	0943	0951	0959	1007	1015		1735	1743	1751	1759	1807
Rush Green Barking College	0905	0913	0920	0928	0936	0943	0950	0958	1007	1016	1024		1744	1752	1800	1808	1814
Dagenham The Eastbrook	0910	0918	0925	0933	0941	0948	0955	1003	1012	1021	1029		1749	1757	1805	1812	1818
Dagenham Heathway Station	0917	0925	0932	0940	0948	0956	1004	1012	1021	1030	1038		1758	1806	1813	1819	1825
Dagenham New Road/Kent Avenue	0921	0929	0937	0945	0953	1001	1010	1018	1027	1036	1044		1804	1810	1817	1823	1829
Dagenham Marsh Way CEME	0927	0935	0943	0951	0959	1007	1016	1024	1033	1042	1050	1810	1816	1823	1829	1835	
Harold Hill Dagnam Park Square	1748	1756	1804	1814	1824	1834	1844	1856	1909	Then every 15 minutes until	2239	2255	2310	Then every 15 minutes until	0010		
Harold Hill Hilldene Avenue	1752	1800	1808	1818	1828	1838	1848	1900	1913		2243	2259	2314		0014		
Gallows Corner Straight Road	1759	1807	1815	1824	1834	1844	1854	1906	1919		2249	2305	2320		0020		
Main Road Balgores Lane	1806	1814	1821	1830	1839	1849	1859	1911	1924		2254	2309	2323		0023		
Romford Market	1812	1820	1827	1836	1844	1853	1903	1915	1928		2258	2313	2327		0027		
Romford Station	1814	1822	1829	1838	1846	1855	1905	1917	1930		2300	2315	2329		0029		
Rush Green Barking College	1821	1829	1836	1844	1852	1901	1911	1923	1936		2306	2321	2335		0035		
Dagenham The Eastbrook	1825	1833	1840	1848	1856	1905	1915	1927	1940		2310	2325	2339		0039		
Dagenham Heathway Station	1832	1839	1846	1854	1902	1911	1921	1933	1946		2316	2331	2345		0045		
Dagenham New Road/Kent Avenue	1836	1843	1850	1858	1906	1915	1925	1937	1950		2320	2335	2349		0049		
Dagenham Marsh Way CEME	1842	1849	1856	1904	1912	1921	1931	1943	1956	2326	2341	2355	0055				
174 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																	
Harold Hill Dagnam Park Square	0603	Then every 20 minutes until	0723	0743	0758	Then every 15 minutes until	0943	0955	1007	1019	1033	Then every 15 minutes until	1718	1733	1750		
Harold Hill Hilldene Avenue	0607		0727	0747	0802		0947	0959	1011	1023	1037		1722	1737	1754		
Gallows Corner Straight Road	0612		0732	0752	0808		0953	1005	1017	1029	1043		1728	1743	1800		
Main Road Balgores Lane	0615		0735	0755	0812		0957	1009	1021	1034	1049		1734	1749	1806		
Romford Market	0618		0738	0758	0815		1000	1013	1026	1040	1055		1740	1755	1811		
Romford Station	0620		0740	0800	0817		1002	1015	1028	1043	1058		1743	1758	1814		
Rush Green Barking College	0626		0746	0806	0823		1008	1021	1035	1050	1105		1750	1805	1821		
Dagenham The Eastbrook	0630		0750	0810	0827		1012	1025	1040	1055	1110		1755	1810	1825		
Dagenham Heathway Station	0635		0755	0815	0832		1017	1032	1047	1102	1117		1802	1817	1831		
Dagenham New Road/Kent Avenue	0638		0758	0819	0836		1021	1037	1052	1107	1122		1807	1821	1835		
Harold Hill Dagnam Park Square	1807	1824	Then every 15 minutes until	2154	2209	2224	2239	2255	Then every 15 minutes until	0010							
Harold Hill Hilldene Avenue	1811	1828		2158	2213	2228	2243	2259		0014							
Gallows Corner Straight Road	1817	1834		2204	2219	2234	2249	2305		0020							
Main Road Balgores Lane	1822	1839		2209	2223	2238	2253	2308		0023							
Romford Market	1827	1843		2213	2227	2242	2257	2312		0027							
Romford Station	1829	1845		2215	2229	2244	2259	2314		0029							
Rush Green Barking College	1836	1851		2221	2235	2250	2305	2320		0035							
Dagenham The Eastbrook	1840	1855		2225	2239	2254	2309	2324		0039							
Dagenham Heathway Station	1846	1901		2231	2245	2300	2315	2330		0045							
Dagenham New Road/Kent Avenue	1850	1905		2235	2249	2304	2319	2334		0049							

174		Mondays to Fridays																
Dagenham Marsh Way CEME	0450	0505	0520	0535	0550	0600	0608	0615	0621	0627	0633	0639	0645	0652	0659	0706	0713	0720
Dagenham New Road/Kent Avenue	0456	0511	0526	0541	0556	0606	0614	0621	0627	0633	0639	0645	0651	0658	0705	0712	0719	0726
Dagenham Heathway Station	0502	0517	0532	0547	0602	0614	0622	0629	0635	0641	0647	0653	0659	0706	0714	0722	0730	0738
Dagenham The Eastbrook	0507	0522	0537	0552	0607	0619	0627	0634	0640	0646	0653	0659	0706	0714	0722	0730	0738	0746
Rush Green Barking College	0511	0526	0541	0556	0611	0623	0631	0638	0644	0651	0658	0705	0713	0721	0729	0737	0745	0753
Romford Station	0517	0532	0547	0602	0617	0629	0637	0645	0652	0659	0707	0715	0723	0731	0739	0747	0755	0803
Main Road Balgores Lane	0522	0537	0552	0608	0623	0635	0643	0651	0658	0705	0713	0721	0729	0737	0745	0753	0801	0809
Gallows Corner Straight Road	0525	0540	0555	0612	0627	0639	0647	0655	0703	0711	0719	0727	0735	0743	0751	0759	0807	0815
Harold Hill Hilldene Avenue	0530	0545	0600	0617	0632	0644	0652	0701	0710	0718	0726	0734	0742	0750	0758	0806	0814	0822
Harold Hill Dagnam Park Square	0535	0550	0605	0622	0637	0649	0659	0708	0717	0725	0733	0741	0749	0757	0805	0813	0821	0829
Dagenham Marsh Way CEME	0727	0733			0845	0853	0901	0909	0917	0926	0935	0944			1048	1055		1431
Dagenham New Road/Kent Avenue	0733	0741			0853	0901	0908	0916	0924	0932	0941	0950			1054	1101		1437
Dagenham Heathway Station	0746	0754			0906	0912	0919	0927	0935	0943	0951	1000			1104	1111	Then	1447
Dagenham The Eastbrook	0754	0802			0914	0920	0927	0935	0943	0950	0958	1006			1110	1117	every	1453
Rush Green Barking College	0801	0809			0921	0927	0934	0941	0948	0955	1003	1011			1115	1122	8	1458
Romford Station	0811	0819			0931	0937	0943	0949	0956	1003	1011	1019			1123	1130	mins.	1506
Main Road Balgores Lane	0817	0825			0937	0943	0949	0955	1002	1009	1017	1025			1129	1136	until	1512
Gallows Corner Straight Road	0823	0831			0943	0949	0955	1001	1008	1015	1023	1031			1135	1142		1518
Harold Hill Hilldene Avenue	0830	0838			0950	0956	1002	1008	1015	1022	1030	1038			1142	1149		1525
Harold Hill Dagnam Park Square	0837	0845			0957	1003	1009	1015	1022	1029	1037	1045			1149	1156		1532
Dagenham Marsh Way CEME	1438	1445	1452	1458	1504	1511	1517			1725	1733	1741	1749	1757	1805	1813	1821	1829
Dagenham New Road/Kent Avenue	1444	1451	1458	1504	1510	1517	1523			1731	1739	1747	1755	1803	1811	1819	1827	1835
Dagenham Heathway Station	1454	1501	1508	1514	1520	1527	1533			1741	1749	1757	1805	1813	1821	1829	1837	1845
Dagenham The Eastbrook	1500	1507	1514	1520	1526	1533	1541			1749	1757	1805	1813	1821	1829	1837	1845	1853
Rush Green Barking College	1505	1512	1519	1525	1531	1539	1547			1755	1803	1811	1819	1827	1835	1842	1849	1857
Romford Station	1513	1520	1527	1534	1542	1550	1558			1806	1814	1822	1830	1838	1844	1850	1856	1904
Main Road Balgores Lane	1520	1528	1537	1545	1553	1601	1609			1817	1825	1833	1839	1846	1852	1858	1904	1912
Gallows Corner Straight Road	1526	1535	1544	1552	1600	1608	1616			1824	1832	1838	1844	1851	1857	1903	1909	1917
Harold Hill Hilldene Avenue	1533	1542	1550	1558	1606	1614	1622			1830	1837	1843	1849	1856	1902	1908	1914	1922
Harold Hill Dagnam Park Square	1540	1548	1556	1604	1612	1620	1628			1836	1843	1849	1855	1902	1908	1914	1920	1928
Dagenham Marsh Way CEME	1838	1848	1858	1912	1927			2157	2214	2232	2250			2350	0010	0030	0050	
Dagenham New Road/Kent Avenue	1844	1854	1904	1918	1933			2203	2220	2238	2256			2356	0016	0036	0056	
Dagenham Heathway Station	1853	1902	1912	1926	1939			2209	2226	2244	2302			0002	0022	0042	0102	
Dagenham The Eastbrook	1901	1909	1919	1933	1945			2215	2232	2250	2307			0007	0027	0047	0107	
Rush Green Barking College	1905	1913	1923	1937	1949			2219	2236	2254	2311			0011	0031	0051	0111	
Romford Station	1912	1920	1930	1943	1955			2225	2242	2300	2317			0017	0037	0057	0117	
Main Road Balgores Lane	1920	1928	1938	1950	2002			2232	2249	2306	2322			0022	0042	0102	0122	
Gallows Corner Straight Road	1925	1933	1943	1955	2007			2237	2254	2310	2325			0025	0045	0105	0125	
Harold Hill Hilldene Avenue	1930	1938	1948	2000	2012			2242	2259	2315	2330			0030	0050	0110	0130	
Harold Hill Dagnam Park Square	1936	1944	1954	2006	2018			2248	2304	2320	2335			0035	0055	0115	0135	

Note: On Mondays to Saturdays, departures from Dagenham from 2112 onwards do not serve Western Road in Romford.

174		Saturdays (also Good Friday)																
Dagenham Marsh Way CEME	0450	0510	0530	0545	0600	0615	0630	0645	0658	0708	0718	0728	0738	Then every 8 minutes until	0826	0834	0841	
Dagenham New Road/Kent Avenue	0456	0516	0536	0551	0606	0621	0636	0651	0704	0714	0724	0734	0744		0832	0840	0847	
Dagenham Heathway Station	0502	0522	0542	0557	0612	0627	0642	0657	0710	0720	0730	0740	0750		0838	0846	0853	
Dagenham The Eastbrook	0507	0527	0547	0602	0617	0632	0647	0702	0715	0726	0736	0746	0756		0844	0852	0859	
Rush Green Barking College	0511	0531	0551	0606	0621	0636	0651	0706	0719	0730	0740	0750	0800		0848	0856	0903	
Romford Station	0517	0537	0557	0612	0627	0642	0657	0712	0725	0736	0746	0756	0806		0854	0902	0910	
Romford Market	0519	0539	0559	0614	0629	0644	0659	0714	0727	0738	0748	0758	0808		0856	0905	0913	
Main Road Balgores Lane	0522	0542	0602	0617	0632	0648	0703	0718	0731	0742	0752	0802	0812		0900	0909	0917	
Gallows Corner Straight Road	0525	0545	0605	0620	0636	0652	0707	0722	0736	0747	0757	0807	0817		0905	0914	0922	
Harold Hill Hilldene Avenue	0530	0550	0610	0625	0641	0657	0712	0727	0741	0752	0802	0812	0822		0910	0919	0927	
Harold Hill Dagnam Park Square	0535	0555	0615	0630	0646	0702	0717	0732	0747	0758	0808	0818	0828		0916	0925	0933	
Dagenham Marsh Way CEME	0847	0854	0902	0909	0916	0922	0928	0934	0941	0948	Then every 8 minutes until	1708	1716		1724	1732	1740	1749
Dagenham New Road/Kent Avenue	0853	0900	0908	0915	0922	0928	0934	0940	0947	0954		1714	1722		1730	1738	1746	1755
Dagenham Heathway Station	0900	0908	0916	0923	0930	0936	0942	0948	0955	1003		1723	1731		1739	1747	1755	1804
Dagenham The Eastbrook	0907	0915	0923	0930	0937	0943	0949	0955	1002	1010		1730	1738	1746	1754	1802	1810	
Rush Green Barking College	0911	0919	0927	0934	0941	0947	0953	1000	1008	1016		1736	1744	1752	1800	1807	1814	
Romford Station	0918	0926	0934	0941	0948	0954	1001	1009	1017	1025		1745	1753	1801	1808	1814	1821	
Romford Market	0921	0929	0937	0944	0951	0958	1006	1014	1022	1030		1750	1758	1805	1811	1817	1824	
Main Road Balgores Lane	0925	0933	0941	0948	0955	1003	1011	1019	1027	1035		1755	1803	1810	1816	1822	1829	
Gallows Corner Straight Road	0930	0938	0946	0954	1002	1010	1018	1026	1034	1042		1802	1809	1815	1821	1827	1834	
Harold Hill Hilldene Avenue	0935	0943	0951	0959	1007	1015	1023	1031	1039	1047		1807	1814	1820	1826	1832	1839	
Harold Hill Dagnam Park Square	0941	0949	0957	1005	1013	1021	1029	1037	1045	1053		1813	1820	1826	1832	1838	1845	
Dagenham Marsh Way CEME	1758	1807	1817	1827	1837	1847	1857	Then every 15 minutes until	2157	2214		2232	2250	Then every 15 mins. until	2350	0010	0030	0050
Dagenham New Road/Kent Avenue	1804	1813	1823	1833	1843	1853	1903		2203	2220		2238	2256		2356	0016	0036	0056
Dagenham Heathway Station	1811	1820	1830	1839	1849	1859	1909		2209	2226		2244	2302		0002	0022	0042	0102
Dagenham The Eastbrook	1817	1826	1836	1845	1855	1905	1915		2215	2232	2250	2307	0007		0027	0047	0107	
Rush Green Barking College	1821	1830	1840	1849	1859	1909	1919		2219	2236	2254	2311	0011		0031	0051	0111	
Romford Station	1828	1837	1846	1855	1905	1915	1925		2225	2242	2300	2317	0017		0037	0057	0117	
Romford Market	1831	1839	1848	1857	1907	1917	1927		2227	2244	2302	2319	0019		0039	0059	0119	
Main Road Balgores Lane	1836	1844	1853	1902	1912	1922	1932		2232	2249	2306	2322	0022		0042	0102	0122	
Gallows Corner Straight Road	1841	1849	1858	1907	1917	1927	1937		2237	2254	2310	2325	0025		0045	0105	0125	
Harold Hill Hilldene Avenue	1846	1854	1903	1912	1922	1932	1942		2242	2259	2315	2330	0030		0050	0110	0130	
Harold Hill Dagnam Park Square	1852	1900	1909	1918	1928	1938	1948		2248	2304	2320	2335	0035		0055	0115	0135	

Note: On Mondays to Saturdays, departures from Dagenham from 2112 onwards do not serve Western Road in Romford.

174		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																		
Dagenham New Road/Kent Avenue	0558	Then every 20 minutes until	0718	0737	0755	0813	Then every 15 minutes until	0943	0956	1009	1022	1035	1049	Then every 15 minutes until	1719					
Dagenham Heathway Station	0604		0724	0743	0801	0819		0949	1002	1015	1028	1042	1057		1727					
Dagenham The Eastbrook	0609		0729	0748	0806	0824		0954	1007	1020	1034	1049	1104		1734					
Rush Green Barking College	0613		0733	0752	0810	0828		0958	1011	1024	1039	1054	1109		1739					
Romford Station	0619		0739	0758	0816	0834		1004	1017	1031	1046	1101	1116		1746					
Romford Market	0621		0741	0800	0818	0836		1006	1019	1033	1048	1103	1118		1748					
Main Road Balgores Lane	0624		0744	0803	0821	0839		1009	1023	1038	1053	1108	1123		1753					
Gallows Corner Straight Road	0627		0747	0807	0825	0843		1013	1028	1044	1059	1114	1129		1759					
Harold Hill Hilldene Avenue	0632		0752	0812	0830	0848		1018	1033	1049	1104	1119	1134		1804					
Harold Hill Dagnam Park Square	0637		0757	0817	0835	0853		1023	1039	1055	1110	1125	1140		1810					
Dagenham New Road/Kent Avenue	1734		1749	1804	1819	1834		1849	1903	Then every 15 minutes until	2203	2220	2238		2256	Then every 15 mins. until	2356	0016	0036	0056
Dagenham Heathway Station	1742		1757	1811	1826	1841		1855	1909		2209	2226	2244		2302		0002	0022	0042	0102
Dagenham The Eastbrook	1749		1804	1818	1833	1847		1901	1915		2215	2232	2250		2307		0007	0027	0047	0107
Rush Green Barking College	1754		1809	1823	1837	1851		1905	1919		2219	2236	2254		2311		0011	0031	0051	0111
Romford Station	1801	1815	1829	1843	1857	1911	1925	2225	2242		2300	2317	0017	0037	0057		0117			
Romford Market	1803	1817	1831	1845	1859	1913	1927	2227	2244		2302	2319	0019	0039	0059		0119			
Main Road Balgores Lane	1808	1822	1836	1850	1904	1918	1932	2232	2249		2306	2322	0022	0042	0102		0122			
Gallows Corner Straight Road	1813	1827	1841	1855	1909	1923	1937	2237	2254		2310	2325	0025	0045	0105		0125			
Harold Hill Hilldene Avenue	1818	1832	1846	1900	1914	1928	1942	2242	2259		2315	2330	0030	0050	0110		0130			
Harold Hill Dagnam Park Square	1824	1838	1852	1906	1920	1934	1948	2248	2304		2320	2335	0035	0055	0115		0135			

Note: On Sundays, departures from Dagenham from 2118 onwards do not serve Western Road in Romford.