

179 Mondays to Fridays																				
	0455	0515	0535	0555	0615	SD	NSD	SD	NSD	SD	NSD	NSD	SD		SD	NSD	SD	NSD		
Chingford Station	0455	0515	0535	0555	0615	0634	0635	0649	0650	0703	0704	0714	0715		1843	1845	1855	1900		
Woodford Wells Horse & Well	0502	0522	0542	0602	0622	0642	0642	0657	0657	0712	0711	0721	0724	Then	1852	1854	1904	1908		
Woodford Green The Castle	0503	0523	0543	0603	0624	0644	0644	0659	0659	0715	0713	0723	0727	about	1855	1856	1907	1910		
South Woodford Station Cowslip Rd.	0509	0529	0549	0610	0631	0651	0651	0707	0706	0723	0721	0732	0736	every	1903	1904	1915	1918		
Charlie Brown's Roundabout S. Side	0511	0531	0551	0612	0633	0653	0653	0709	0709	0725	0724	0735	0738	12	1906	1907	1918	1921		
Gants Hill Station Cranbrook Road (S)	0518	0538	0559	0620	0641	0701	0701	0718	0717	0735	0733	0745	0749	mins.	1916	1917	1927	1931		
Ilford Station	0523	0543	0604	0625	0646	0706	0707	0723	0723	0740	0739	0751	0754	until	1923	1923	1933	1937		
Ilford High Road Hainault Street	0526	0546	0607	0628	0649	0709	0710	0726	0726	0743	0742	0755	0757		1927	1927	1937	1941		
	SD	NSD	SD	NSD	SD	SD	NSD		SD	NSD					SD	NSD	SD	NSD		
Chingford Station	1907	1915	1919	1930	1931	1944	1945	2000	2020	2020	2040	2100			2320	2340	0000	0020	0040	
Woodford Wells Horse & Well	1915	1923	1927	1937	1938	1951	1952	2007	2027	2027	2047	2107	Then	2327	2347	0007	0027	0047		
Woodford Green The Castle	1917	1925	1929	1939	1940	1953	1954	2009	2029	2030	2049	2109	every	2329	2349	0008	0028	0048		
South Woodford Station Cowslip Rd.	1925	1933	1937	1947	1948	2001	2002	2017	2037	2037	2057	2116	20	2336	2355	0014	0034	0054		
Charlie Brown's Roundabout S. Side	1928	1936	1940	1950	1951	2004	2005	2020	2040	2040	2059	2118	mins.	2338	2357	0016	0036	0056		
Gants Hill Station Cranbrook Road (S)	1937	1946	1949	2000	2000	2013	2014	2028	2048	2048	2107	2126	until	2346	0005	0024	0043	0103		
Ilford Station	1943	1952	1955	2006	2006	2019	2020	2034	2053	2053	2112	2131		2351	0010	0029	0048	0108		
Ilford High Road Hainault Street	1947	1955	1959	2009	2010	2022	2023	2037	2056	2056	2115	2134		2354	0013	0032	0051	0111		
179 Saturdays (also Good Friday)																				
Chingford Station	0455			0715	0735	0750	0805	0820			1802	1815	1827	1840	1855	1910	1925	1940		
Woodford Wells Horse & Well	0502			0722	0742	0757	0812	0827	Then		1811	1823	1835	1848	1903	1918	1933	1948		
Woodford Green The Castle	0503	Then		0723	0743	0759	0814	0829	about		1813	1825	1837	1850	1905	1920	1935	1950		
South Woodford Station Cowslip Rd.	0509	every 20		0729	0749	0805	0821	0836	every 12		1821	1833	1845	1858	1913	1928	1943	1958		
Charlie Brown's Roundabout S. Side	0511	minutes		0731	0751	0807	0823	0838	minutes		1823	1835	1847	1900	1915	1930	1945	2000		
Gants Hill Station Cranbrook Road (S)	0518	until		0738	0759	0815	0831	0847	until		1834	1846	1857	1910	1925	1939	1954	2009		
Ilford Station	0523			0743	0804	0820	0836	0852			1841	1853	1904	1916	1931	1945	2000	2015		
Ilford High Road Hainault Street	0526			0746	0807	0823	0839	0855			1845	1857	1908	1920	1935	1949	2004	2018		
Chingford Station	2000	2020	2040	2100					Then		2320	2340	0000	0020	0040					
Woodford Wells Horse & Well	2007	2027	2047	2107					every 20		2327	2347	0007	0027	0047					
Woodford Green The Castle	2009	2029	2049	2109					minutes		2329	2349	0008	0029	0049					
South Woodford Station Cowslip Rd.	2017	2037	2057	2116					until		2336	2355	0014	0034	0054					
Charlie Brown's Roundabout S. Side	2019	2039	2059	2118							2338	2357	0016	0036	0056					
Gants Hill Station Cranbrook Road (S)	2028	2048	2107	2126							2346	0005	0024	0043	0103					
Ilford Station	2034	2053	2112	2131							2351	0010	0029	0048	0108					
Ilford High Road Hainault Street	2037	2056	2115	2134							2354	0013	0032	0051	0111					
179 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																				
Chingford Station	0638	0708	0738	0808	0828	0846	0905	0924	0942	1001	1020	1040	1100	1120	1140	1200		1400		
Woodford Wells Horse & Well	0644	0714	0745	0815	0835	0853	0912	0932	0950	1009	1028	1048	1108	1128	1148	1208	Then	1408		
Woodford Green The Castle	0645	0715	0746	0816	0836	0854	0914	0934	0952	1011	1030	1050	1110	1130	1150	1210	every	1410		
South Woodford Station Cowslip Rd.	0651	0721	0752	0822	0842	0901	0921	0941	0959	1019	1038	1058	1118	1138	1159	1219	20	1419		
Charlie Brown's Roundabout S. Side	0653	0723	0754	0824	0844	0903	0923	0943	1001	1021	1040	1100	1121	1141	1202	1222	mins.	1422		
Gants Hill Station Cranbrook Road (S)	0700	0730	0801	0831	0851	0910	0930	0950	1009	1029	1049	1109	1130	1151	1212	1232	until	1432		
Ilford Station	0704	0734	0805	0835	0856	0915	0935	0955	1014	1034	1054	1115	1136	1157	1218	1239		1439		
Ilford High Road Hainault Street	0707	0737	0808	0838	0859	0918	0938	0958	1017	1037	1057	1118	1139	1200	1221	1242		1442		
Chingford Station	1420	1440	1500	1520					Then		1800	1820	1840	1900	1920	1940	2000	2020	2040	2100
Woodford Wells Horse & Well	1428	1448	1508	1528					every 20		1808	1828	1848	1908	1928	1948	2008	2027	2047	2107
Woodford Green The Castle	1430	1450	1510	1530					minutes		1810	1830	1850	1910	1930	1950	2010	2029	2049	2109
South Woodford Station Cowslip Rd.	1438	1458	1518	1538					until		1818	1838	1858	1917	1937	1957	2017	2036	2056	2116
Charlie Brown's Roundabout S. Side	1441	1501	1520	1540							1820	1840	1900	1919	1939	1959	2019	2038	2058	2118
Gants Hill Station Cranbrook Road (S)	1451	1511	1530	1550							1830	1849	1909	1928	1948	2008	2028	2047	2107	2126
Ilford Station	1458	1518	1537	1556							1836	1855	1915	1934	1954	2013	2033	2052	2112	2131
Ilford High Road Hainault Street	1501	1521	1540	1559							1839	1858	1918	1937	1957	2016	2036	2055	2115	2134
Chingford Station	2340	0000	0020	0040																
Woodford Wells Horse & Well	2347	0007	0027	0047																
Woodford Green The Castle	2349	0008	0028	0048																
South Woodford Station Cowslip Rd.	2355	0014	0034	0054																
Charlie Brown's Roundabout S. Side	2357	0016	0036	0056																
Gants Hill Station Cranbrook Road (S)	0005	0024	0043	0103																
Ilford Station	0010	0029	0048	0108																
Ilford High Road Hainault Street	0013	0032	0051	0111																
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179 Mondays to Fridays																				
		NSD SD NSD SD NSD							SD NSD SD NSD											
Ilford High Road Hainault Street	0515	0535	0555	0615	0615	0635	0635	0650				1855	1859	1910	1911	1925	1940	1955	2015	
Ilford Station	0518	0538	0558	0618	0618	0639	0639	0654	Then about every 12 minutes until			1900	1904	1914	1916	1929	1944	1959	2019	
Gants Hill Station Cranbrook Road (S)	0523	0543	0603	0623	0623	0644	0644	0659					1907	1911	1921	1923	1936	1951	2005	2025
Charlie Brown's Roundabout S. Side	0529	0549	0609	0629	0630	0651	0651	0707					1916	1920	1930	1932	1945	1959	2013	2033
South Woodford Station George Lane	0531	0551	0611	0632	0632	0653	0653	0709					1918	1922	1932	1934	1947	2001	2015	2035
Woodford Green The Castle	0537	0557	0617	0638	0638	0659	0659	0716					1927	1931	1941	1942	1955	2009	2023	2042
Woodford Wells Horse & Well	0538	0558	0619	0640	0640	0701	0701	0718				1929	1933	1943	1944	1957	2011	2025	2044	
Chingford Station	0545	0605	0626	0647	0647	0708	0709	0725				1936	1940	1950	1951	2004	2018	2032	2051	
Ilford High Road Hainault Street	2035	2055	2115			2315	2335	2355	0015	0035	0055									
Ilford Station	2039	2059	2119	Then every 20 minutes until		2319	2339	2358	0018	0038	0058									
Gants Hill Station Cranbrook Road (S)	2045	2104	2124			2324	2344	0003	0023	0043	0103									
Charlie Brown's Roundabout S. Side	2053	2112	2131			2331	2351	0010	0029	0049	0109									
South Woodford Station George Lane	2055	2114	2133			2333	2353	0012	0031	0051	0111									
Woodford Green The Castle	2102	2121	2140			2340	2359	0018	0037	0057	0117									
Woodford Wells Horse & Well	2103	2122	2141		2341	0000	0019	0038	0058	0118										
Chingford Station	2110	2129	2148		2348	0007	0026	0045	0105	0125										
179 Saturdays (also Good Friday)																				
Ilford High Road Hainault Street	0515			0635	0655	0715	0735	0750	0805	0820	0835	Then about every 12 minutes until	1815	1828	1841	1855	1910			
Ilford Station	0518			0638	0658	0718	0738	0753	0809	0824	0839			1820	1833	1845	1859	1914		
Gants Hill Station Cranbrook Road (S)	0523	Then		0643	0703	0723	0743	0758	0814	0829	0844			1829	1841	1853	1906	1921		
Charlie Brown's Roundabout S. Side	0529	every 20		0649	0710	0730	0750	0806	0822	0837	0852			1838	1850	1902	1915	1930		
South Woodford Station George Lane	0531	minutes		0651	0712	0732	0752	0808	0824	0839	0854			1840	1852	1904	1917	1932		
Woodford Green The Castle	0537	until		0657	0718	0739	0759	0815	0831	0846	0901		1848	1900	1912	1925	1940			
Woodford Wells Horse & Well	0538			0658	0719	0740	0800	0816	0832	0848	0903		1850	1902	1914	1927	1942			
Chingford Station	0545			0705	0726	0747	0808	0824	0840	0856	0912		1858	1910	1922	1935	1949			
Ilford High Road Hainault Street	1925	1940	1955	2015	2035	2055	2115	2135	Then every 20 minutes until	2315	2335	2355	0015	0035	0055					
Ilford Station	1929	1944	1959	2019	2039	2059	2119	2139			2319	2339	2358	0018	0038	0058				
Gants Hill Station Cranbrook Road (S)	1936	1951	2005	2025	2045	2104	2124	2144			2324	2344	0003	0023	0043	0103				
Charlie Brown's Roundabout S. Side	1944	1959	2013	2033	2053	2112	2132	2151			2331	2351	0010	0029	0049	0109				
South Woodford Station George Lane	1946	2001	2015	2035	2055	2114	2134	2153			2333	2353	0012	0031	0051	0111				
Woodford Green The Castle	1954	2009	2023	2042	2102	2121	2141	2200		2340	2359	0018	0037	0057	0117					
Woodford Wells Horse & Well	1956	2011	2025	2044	2103	2122	2141	2201		2341	0000	0019	0038	0058	0118					
Chingford Station	2003	2018	2032	2051	2110	2129	2148	2208		2348	0007	0026	0045	0105	0125					
179 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																				
Ilford High Road Hainault Street	0658	0728	0757	0827	0857	0917	0937	0957	1016	1035	1054	1113	1132	1151	Then every 20 minutes until	1711	1731			
Ilford Station	0701	0731	0800	0830	0900	0920	0940	1000	1019	1038	1058	1117	1137	1156			1716	1736		
Gants Hill Station Cranbrook Road (S)	0706	0736	0805	0835	0905	0925	0945	1005	1025	1044	1104	1124	1144	1204			1724	1744		
Charlie Brown's Roundabout S. Side	0712	0742	0812	0842	0912	0932	0953	1013	1033	1053	1113	1133	1153	1213			1733	1753		
South Woodford Station George Lane	0714	0744	0814	0844	0914	0934	0955	1015	1035	1055	1115	1135	1155	1215			1735	1755		
Woodford Green The Castle	0720	0750	0820	0850	0921	0941	1002	1023	1043	1103	1123	1143	1203	1223		1743	1802			
Woodford Wells Horse & Well	0722	0752	0822	0852	0923	0943	1004	1025	1045	1105	1125	1145	1205	1225		1745	1804			
Chingford Station	0729	0759	0829	0859	0930	0951	1012	1033	1053	1113	1133	1153	1213	1233		1753	1812			
Ilford High Road Hainault Street	1752	1813	1833	1853	1913	1934	1955	2015	2035	2055	2115	Then every 20 mins. until	2315	2335	2355	0015	0035	0055		
Ilford Station	1756	1817	1837	1857	1917	1938	1959	2019	2039	2059	2119			2319	2339	2358	0018	0038	0058	
Gants Hill Station Cranbrook Road (S)	1804	1824	1844	1904	1924	1945	2005	2025	2045	2104	2124			2324	2344	0003	0023	0043	0103	
Charlie Brown's Roundabout S. Side	1813	1833	1853	1913	1933	1953	2013	2033	2053	2112	2131			2331	2351	0010	0029	0049	0109	
South Woodford Station George Lane	1815	1835	1855	1915	1935	1955	2015	2035	2055	2114	2133			2333	2353	0012	0031	0051	0111	
Woodford Green The Castle	1822	1842	1902	1922	1942	2002	2022	2042	2102	2121	2140		2340	2359	0018	0037	0057	0117		
Woodford Wells Horse & Well	1824	1844	1904	1923	1943	2003	2023	2043	2103	2122	2141		2341	0000	0019	0038	0058	0118		
Chingford Station	1832	1852	1912	1931	1951	2011	2031	2051	2110	2129	2148		2348	0007	0026	0045	0105	0125		
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