

181		Mondays to Fridays																			
Grove Park Station Bus Station	0455	0515	0535	0551	0603	0615	Then about every 12 mins. until	1707	1720	1732	1745	1758	1811	1824	1836	1849	1902	1916			
Downham Bromley Road	0501	0521	0541	0557	0609	0621		1717	1730	1742	1755	1808	1820	1833	1845	1858	1911	1925			
Lower Sydenham Bell Green	0507	0527	0547	0603	0616	0629		1729	1742	1754	1807	1819	1831	1844	1855	1908	1920	1934			
Lower Sydenham Sainsbury's	0509	0529	0549	0605	0618	0631		1731	1744	1756	1809	1821	1833	1846	1857	1910	1922	1936			
Catford Lewisham Town Hall	0515	0535	0555	0611	0625	0639		1749	1802	1814	1826	1838	1849	1901	1912	1924	1935	1948			
Hither Green Lane George Lane	0523	0543	0603	0620	0634	0649	1802	1814	1826	1838	1849	1900	1912	1923	1935	1945	1958				
Lewisham Station Station Road	0530	0550	0610	0628	0643	0658	1812	1824	1836	1848	1859	1909	1921	1932	1943	1953	2006				
Grove Park Station Bus Station	1932	1948	2004	2019	2034	2049	2105	2120	2135	2150	2210	2230	2250	2311	2331	2352	0012	0032			
Downham Bromley Road	1941	1957	2012	2027	2042	2057	2112	2127	2142	2157	2216	2236	2256	2317	2337	2358	0017	0037			
Lower Sydenham Bell Green	1950	2006	2020	2035	2050	2105	2120	2135	2150	2205	2223	2243	2303	2323	2343	0004	0023	0043			
Lower Sydenham Sainsbury's	1952	2008	2022	2037	2052	2107	2122	2137	2152	2207	2225	2245	2305	2325	2345	0006	0025	0045			
Catford Lewisham Town Hall	2003	2018	2031	2046	2101	2115	2130	2145	2200	2214	2232	2252	2311	2331	2351	0012	0031	0051			
Hither Green Lane George Lane	2012	2027	2040	2055	2110	2124	2139	2154	2208	2222	2240	2300	2319	2339	2359	0019	0038	0058			
Lewisham Station Station Road	2020	2035	2048	2103	2117	2131	2146	2201	2215	2229	2247	2306	2325	2345	0005	0025	0044	0104			
181		Saturdays (also Good Friday)																			
Grove Park Station Bus Station	0455	0515	0535	0555	0615	0635	0650	0705	0720	0734	0748	Then about every 12 mins. until	1401	1414	1427	1439	1452	1505			
Downham Bromley Road	0501	0521	0541	0601	0621	0641	0656	0712	0727	0741	0755		1410	1423	1436	1448	1501	1514			
Lower Sydenham Bell Green	0507	0527	0547	0607	0627	0647	0702	0718	0733	0747	0801		1422	1435	1448	1500	1513	1525			
Lower Sydenham Sainsbury's	0509	0529	0549	0609	0629	0649	0704	0720	0735	0749	0803		1424	1437	1450	1502	1515	1527			
Catford Lewisham Town Hall	0515	0535	0555	0615	0635	0655	0710	0727	0742	0756	0811		1443	1456	1509	1521	1533	1545			
Hither Green Lane George Lane	0522	0542	0602	0623	0643	0703	0718	0735	0750	0804	0819	1455	1508	1520	1532	1544	1556				
Lewisham Station Station Road	0528	0548	0609	0630	0650	0710	0725	0742	0757	0812	0827	1506	1518	1530	1542	1554	1606				
Grove Park Station Bus Station	1518	1530	1542	1555	1608	1622	1634	1647	Then every 12 mins. until	1723	1736	1749	1804	1820	1836	1851	1906	1921			
Downham Bromley Road	1527	1539	1551	1604	1617	1631	1643	1656		1732	1745	1758	1812	1828	1844	1859	1914	1929			
Lower Sydenham Bell Green	1538	1550	1602	1615	1627	1641	1653	1706		1742	1755	1808	1822	1837	1853	1908	1923	1938			
Lower Sydenham Sainsbury's	1540	1552	1604	1617	1629	1643	1655	1708		1744	1757	1810	1824	1839	1855	1910	1925	1940			
Catford Lewisham Town Hall	1558	1610	1622	1634	1646	1659	1711	1723		1759	1811	1824	1838	1853	1908	1922	1936	1950			
Hither Green Lane George Lane	1609	1621	1633	1645	1657	1710	1722	1734	1810	1822	1835	1849	1904	1919	1933	1947	2001				
Lewisham Station Station Road	1618	1630	1642	1654	1706	1719	1731	1743	1819	1831	1844	1858	1913	1928	1942	1956	2009				
Grove Park Station Bus Station	1936	1951	2006	2021	2036	2051	2105	2120	2135	2150	2210	2230	2250	2311	2331	2352	0012	0032			
Downham Bromley Road	1944	1959	2014	2029	2044	2059	2112	2127	2142	2157	2216	2236	2256	2317	2337	2358	0017	0037			
Lower Sydenham Bell Green	1953	2008	2022	2037	2052	2106	2119	2134	2149	2204	2223	2243	2303	2323	2343	0004	0023	0043			
Lower Sydenham Sainsbury's	1955	2010	2024	2039	2054	2108	2121	2136	2151	2206	2225	2245	2305	2325	2345	0006	0025	0045			
Catford Lewisham Town Hall	2003	2018	2032	2047	2102	2115	2128	2143	2158	2213	2232	2251	2311	2331	2351	0012	0031	0051			
Hither Green Lane George Lane	2013	2028	2042	2057	2112	2125	2138	2153	2208	2222	2241	2300	2320	2340	0000	0020	0039	0059			
Lewisham Station Station Road	2021	2036	2050	2105	2119	2132	2145	2200	2214	2228	2247	2306	2326	2346	0006	0026	0045	0105			
181		Sundays and other Public Holidays (except Christmas Day)																			
Grove Park Station Bus Station	0620	0650	0720	0750	0820	0850	0905	0918	0930	0944	0959	1013	1025	1037	1051	1105	1119	1133			
Downham Bromley Road	0625	0655	0726	0756	0826	0856	0911	0924	0937	0951	1006	1020	1032	1044	1058	1113	1127	1141			
Lower Sydenham Bell Green	0632	0702	0733	0803	0833	0904	0919	0932	0946	1000	1015	1029	1042	1054	1108	1123	1137	1151			
Lower Sydenham Sainsbury's	0634	0704	0735	0805	0835	0906	0921	0934	0948	1002	1017	1031	1044	1056	1110	1125	1139	1153			
Catford Lewisham Town Hall	0640	0710	0741	0812	0842	0913	0928	0942	0956	1011	1026	1041	1055	1109	1124	1139	1153	1208			
Hither Green Lane George Lane	0647	0718	0749	0820	0850	0922	0937	0952	1006	1021	1036	1051	1105	1120	1135	1150	1204	1219			
Lewisham Station Station Road	0653	0724	0755	0826	0856	0928	0944	0959	1014	1029	1044	1059	1114	1129	1144	1159	1214	1229			
Grove Park Station Bus Station	1147	1201	1216	1231	1246	1301	1316	1331	1346	1402	1417	1432	1447	1502	1517	1532	1547	1602			
Downham Bromley Road	1155	1210	1225	1240	1255	1310	1325	1340	1355	1410	1425	1440	1455	1510	1525	1540	1555	1610			
Lower Sydenham Bell Green	1205	1221	1236	1251	1306	1321	1336	1351	1406	1421	1436	1451	1506	1520	1535	1550	1605	1619			
Lower Sydenham Sainsbury's	1207	1223	1238	1253	1308	1323	1338	1353	1408	1423	1438	1453	1508	1522	1537	1552	1607	1621			
Catford Lewisham Town Hall	1223	1239	1254	1309	1325	1340	1355	1410	1425	1440	1455	1510	1524	1538	1553	1608	1621	1635			
Hither Green Lane George Lane	1234	1250	1305	1320	1336	1351	1406	1420	1435	1450	1505	1520	1534	1548	1603	1618	1631	1645			
Lewisham Station Station Road	1244	1300	1315	1330	1346	1401	1415	1429	1444	1459	1514	1529	1543	1557	1611	1626	1639	1653			
Grove Park Station Bus Station	1617	1632	1647	1702	1717	1732	1748	1803	1818	1833	1848	1904	1919	1935	1950	2006	2021	2036			
Downham Bromley Road	1625	1640	1655	1709	1724	1739	1755	1810	1825	1840	1855	1911	1926	1942	1957	2012	2027	2042			
Lower Sydenham Bell Green	1634	1649	1704	1718	1733	1748	1804	1819	1834	1849	1904	1919	1934	1950	2005	2020	2035	2050			
Lower Sydenham Sainsbury's	1636	1651	1706	1720	1735	1750	1806	1821	1836	1851	1906	1921	1936	1952	2007	2022	2037	2052			
Catford Lewisham Town Hall	1650	1705	1719	1733	1748	1802	1816	1831	1846	1901	1916	1931	1946	2002	2015	2030	2045	2100			
Hither Green Lane George Lane	1700	1715	1729	1743	1758	1812	1826	1841	1856	1911	1926	1941	1956	2011	2024	2039	2054	2109			
Lewisham Station Station Road	1708	1723	1737	1751	1806	1819	1833	1848	1903	1918	1933	1948	2003	2018	2031	2046	2101	2115			
Grove Park Station Bus Station	2051	2106	2121	2136	2151	2212	2232	2252	2312	2332	2352	0012	0032								
Downham Bromley Road	2057	2112	2127	2142	2157	2217	2237	2257	2317	2337	2357	0017	0037								
Lower Sydenham Bell Green	2105	2119	2134	2149	2204	2224	2244	2304	2324	2344	0004	0024	0044								
Lower Sydenham Sainsbury's	2107	2121	2136	2151	2206	2226	2246	2306	2326	2346	0006	0026	0046								

181		Mondays to Fridays																					
Lewisham Station Molesworth Street	0540	0600	0620	0635	0650	0700	0710					2030	2045	2100	2115	2130	2145	2200	2215	2230			
Hither Green Lane George Lane	0546	0607	0627	0643	0658	0709	0719					2038	2053	2108	2123	2138	2153	2208	2223	2238			
Catford Lewisham Town Hall	0553	0614	0634	0651	0706	0718	0730					2048	2103	2117	2132	2147	2202	2216	2231	2246			
Lower Sydenham Sainsbury's	0600	0621	0641	0658	0715	0727	0741					2056	2110	2124	2139	2154	2209	2223	2238	2252			
Lower Sydenham Bell Green	0602	0623	0643	0700	0717	0729	0743					2058	2112	2126	2141	2156	2211	2225	2240	2254			
Downham Downham Way	0609	0630	0650	0708	0725	0740	0754					2106	2119	2133	2148	2203	2218	2232	2247	2300			
Grove Park Station Bus Station	0615	0636	0657	0716	0733	0748	0803					2112	2125	2139	2154	2209	2224	2238	2253	2305			
Lewisham Station Molesworth Street	2245	2300	2315	2335	2355	0015	0035	0055	0115														
Hither Green Lane George Lane	2253	2307	2322	2342	0001	0021	0041	0101	0121														
Catford Lewisham Town Hall	2301	2314	2329	2349	0007	0027	0047	0107	0127														
Lower Sydenham Sainsbury's	2307	2320	2335	2355	0013	0033	0053	0113	0133														
Lower Sydenham Bell Green	2309	2322	2337	2357	0015	0035	0055	0115	0135														
Downham Downham Way	2315	2328	2342	0002	0020	0040	0100	0120	0140														
Grove Park Station Bus Station	2320	2333	2347	0007	0025	0045	0105	0125	0145														
181		Saturdays (also Good Friday)																					
Lewisham Station Molesworth Street	0540	0600	0620	0640	0700	0720	0740	0800	0815	0830	0845	0900	0915					1858	1913	1928			
Hither Green Lane George Lane	0546	0606	0626	0646	0706	0726	0746	0807	0822	0837	0852	0908	0923					1908	1922	1937			
Catford Lewisham Town Hall	0553	0613	0633	0653	0713	0733	0753	0814	0829	0845	0900	0916	0931					1917	1931	1946			
Lower Sydenham Sainsbury's	0559	0619	0640	0700	0721	0741	0801	0822	0837	0853	0909	0925	0940					1926	1940	1955			
Lower Sydenham Bell Green	0601	0621	0642	0702	0723	0743	0803	0824	0839	0855	0911	0927	0942					1928	1942	1957			
Downham Downham Way	0607	0627	0648	0708	0729	0749	0810	0831	0847	0903	0920	0936	0952					1937	1951	2006			
Grove Park Station Bus Station	0612	0632	0653	0714	0735	0755	0816	0837	0853	0909	0926	0943	0959					1943	1957	2012			
Lewisham Station Molesworth Street	1943	1958	2013	2028	2043	2058	2113	2128	2143	2159	2214	2229	2244	2259	2315	2335	2355	0015					
Hither Green Lane George Lane	1952	2007	2021	2036	2051	2106	2121	2136	2151	2206	2221	2236	2251	2306	2322	2342	0001	0021					
Catford Lewisham Town Hall	2001	2016	2030	2045	2100	2114	2129	2144	2159	2214	2229	2244	2259	2314	2330	2350	0008	0028					
Lower Sydenham Sainsbury's	2010	2025	2039	2054	2108	2122	2137	2152	2207	2222	2237	2252	2306	2321	2337	2356	0014	0034					
Lower Sydenham Bell Green	2012	2027	2041	2056	2110	2124	2139	2154	2209	2224	2239	2254	2308	2323	2339	2358	0016	0036					
Downham Downham Way	2020	2035	2049	2104	2117	2131	2146	2201	2216	2231	2246	2301	2314	2329	2345	0003	0021	0041					
Grove Park Station Bus Station	2026	2041	2055	2110	2123	2137	2152	2207	2222	2237	2252	2306	2319	2334	2350	0008	0026	0046					
Lewisham Station Molesworth Street	0035	0055	0115																				
Hither Green Lane George Lane	0041	0101	0121																				
Catford Lewisham Town Hall	0048	0108	0128																				
Lower Sydenham Sainsbury's	0054	0114	0134																				
Lower Sydenham Bell Green	0056	0116	0136																				
Downham Downham Way	0101	0121	0141																				
Grove Park Station Bus Station	0106	0126	0146																				
181		Sundays and other Public Holidays (except Christmas Day)																					
Lewisham Station Molesworth Street	0638	0708	0738	0808	0838	0908	0928	0948	1002	1017	1032	1046	1100	1115	1130	1145	1200	1215					
Hither Green Lane George Lane	0644	0714	0744	0814	0844	0915	0935	0955	1010	1025	1040	1054	1109	1124	1139	1154	1210	1225					
Catford Lewisham Town Hall	0651	0722	0752	0822	0852	0924	0944	1004	1019	1034	1049	1103	1119	1134	1149	1204	1220	1235					
Lower Sydenham Sainsbury's	0657	0728	0758	0829	0859	0931	0951	1013	1028	1044	1059	1114	1130	1145	1200	1215	1231	1246					
Lower Sydenham Bell Green	0659	0730	0800	0831	0901	0933	0953	1015	1030	1046	1101	1116	1132	1147	1202	1217	1233	1248					
Downham Downham Way	0706	0737	0808	0839	0909	0941	1001	1024	1039	1055	1111	1126	1142	1157	1213	1228	1244	1259					
Grove Park Station Bus Station	0712	0743	0814	0845	0915	0948	1008	1031	1046	1102	1118	1133	1149	1204	1220	1235	1251	1306					
Lewisham Station Molesworth Street	1230	1245	1300	1315	1330	1345	1400	1415	1430	1445	1500	1515	1530	1545	1600	1615	1630	1645					
Hither Green Lane George Lane	1240	1255	1310	1325	1340	1355	1411	1426	1441	1456	1510	1525	1540	1555	1610	1625	1640	1655					
Catford Lewisham Town Hall	1250	1305	1320	1335	1350	1405	1421	1436	1451	1506	1520	1535	1550	1605	1620	1635	1650	1705					
Lower Sydenham Sainsbury's	1301	1316	1331	1346	1401	1415	1431	1446	1501	1516	1530	1545	1600	1614	1629	1644	1659	1714					
Lower Sydenham Bell Green	1303	1318	1333	1348	1403	1417	1433	1448	1503	1518	1532	1547	1602	1616	1631	1646	1701	1716					
Downham Downham Way	1314	1329	1344	1359	1413	1427	1443	1458	1513	1528	1542	1557	1611	1625	1640	1655	1710	1725					
Grove Park Station Bus Station	1321	1336	1351	1406	1420	1434	1450	1505	1520	1535	1549	1604	1618	1632	1647	1702	1717	1732					
Lewisham Station Molesworth Street	1700	1715	1730	1745	1800	1815	1830	1845	1900	1915	1930	1945	2000	2015	2030	2045	2100	2115					
Hither Green Lane George Lane	1710	1725	1740	1755	1809	1824	1839	1854	1908	1923	1938	1953	2008	2023	2038	2053	2107	2122					
Catford Lewisham Town Hall	1719	1734	1749	1804	1818	1833	1848	1903	1917	1932	1947	2002	2016	2031	2046	2101	2115	2130					
Lower Sydenham Sainsbury's	1728	1743	1758	1813	1827	1842	1857	1911	1925	1940	1955	2009	2023	2038	2053	2108	2122	2137					
Lower Sydenham Bell Green	1730	1745	1800	1815	1829	1844	1859	1913	1927	1942	1957	2011	2025	2040	2055	2110	2124	2139					
Downham Downham Way	1739	1754	1809	1824	1838	1853	1907	1921	1935	1950	2005	2019	2033	2048	2103	2117	2131	2146					
Grove Park Station Bus Station	1746	1801	1816	1831	1845	1900	1914	1928	1942	1957	2011	2025	2039	2054	2109	2123	2137	2152					
Lewisham Station Molesworth Street	2130	2145	2200	2215	2230	2245	2300	2315	2335					0115									
Hither Green Lane George Lane	2137	2152	2207	2222	2237	2252	2307	2322	2342					0122									
Catford Lewisham Town Hall	2145	2200	2214	2229	2244	2259	2314	2329	2349					0129									
Lower Sydenham Sainsbury's	2152	2207	2221	2236	2251	2305	2320	2335	2354					0134									
Lower Sydenham Bell Green	2154	2209	2223	2238	2253	2307	2322	2337	2356					0136									
Downham Downham Way	2201	2216	2230	2245	2300	2313	2328	2343	0002					0142									
Grove Park Station Bus Station	2206	2221	2235	2250	2305	2318	2333	2348	0007					0147									