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Stratford City – Plaistow – Prince Regent

241		Mondays to Fridays																
Stratford City Bus Station	0437	0457	0517	0537	0552	0607	0618	0628	0638	0648	0658	0708	0718	0728	Then	0918	0930	
Stratford Broadway West Ham Lane	0443	0503	0523	0543	0558	0614	0625	0635	0645	0655	0705	0715	0725	0735	every 10	0925	0937	
Plaistow Station	0447	0507	0527	0547	0602	0618	0629	0639	0649	0659	0709	0719	0729	0740	minutes	0930	0943	
Plaistow Abbey Arms	0450	0510	0530	0550	0606	0622	0633	0643	0653	0703	0713	0723	0734	0745	until	0935	0948	
Prince Regent Station Bus Station	0456	0516	0536	0556	0613	0629	0640	0650	0700	0711	0722	0733	0744	0755		0945	0957	
Stratford City Bus Station	0942	Then	1206	1218	Then	1354	1406	1418	1430	1442	1454	1506	1518	1530	Then	1800		
Stratford Broadway West Ham Lane	0949	every 12	1213	1225	every 12	1401	1413	1425	1437	1450	1502	1514	1526	1538	every	1808		
Plaistow Station	0955	minutes	1219	1231	minutes	1407	1419	1431	1444	1457	1509	1521	1533	1545	10	1815		
Plaistow Abbey Arms	1000	until	1224	1237	until	1413	1425	1438	1451	1504	1516	1528	1540	1552	mins.	1822		
Prince Regent Station Bus Station	1009		1233	1246		1422	1435	1448	1501	1514	1526	1538	1550	1602	until	1832		
Stratford City Bus Station	1810	1820	1830	1840	1850	1900	1915	1930	1945	2000	2016	2036	2056	2116	2136	2156	2216	2236
Stratford Broadway West Ham Lane	1818	1828	1838	1848	1858	1908	1923	1938	1953	2008	2023	2042	2102	2122	2142	2202	2222	2242
Plaistow Station	1825	1835	1844	1854	1904	1914	1929	1944	1959	2014	2028	2047	2107	2127	2147	2207	2226	2246
Plaistow Abbey Arms	1832	1842	1851	1901	1911	1921	1936	1951	2005	2019	2033	2052	2112	2132	2152	2211	2230	2250
Prince Regent Station Bus Station	1841	1851	1900	1910	1920	1930	1945	1959	2013	2027	2041	2100	2120	2140	2159	2218	2237	2257
Stratford City Bus Station	2256	Then	0056															
Stratford Broadway West Ham Lane	2302	every 20	0102															
Plaistow Station	2306	minutes	0106															
Plaistow Abbey Arms	2310	until	0110															
Prince Regent Station Bus Station	2317		0117															
241		Saturdays (also Good Friday)																
Stratford City Bus Station	0437	0457	0517	0537	0556	0615	0635	0650	0705	0720	0735	0750	0804	Then	0904	0914	0923	
Stratford Broadway West Ham Lane	0443	0503	0523	0543	0602	0621	0641	0656	0711	0726	0741	0756	0810	every 12	0910	0920	0929	
Plaistow Station	0447	0507	0527	0547	0606	0625	0645	0700	0715	0730	0746	0801	0815	minutes	0915	0925	0934	
Plaistow Abbey Arms	0450	0510	0530	0550	0609	0629	0649	0704	0719	0734	0750	0805	0819	until	0919	0929	0939	
Prince Regent Station Bus Station	0456	0516	0536	0556	0616	0636	0656	0711	0726	0741	0757	0812	0826		0926	0937	0947	
Stratford City Bus Station	0932	Then	1032	1042	1052	1102	Then	1242	1251	1300	Then	1650	1701	1712	1722			
Stratford Broadway West Ham Lane	0939	every 10	1039	1049	1059	1110	every 10	1250	1259	1308	every 10	1658	1709	1719	1729			
Plaistow Station	0944	minutes	1044	1054	1105	1116	minutes	1256	1305	1315	minutes	1705	1715	1725	1735			
Plaistow Abbey Arms	0949	until	1049	1059	1110	1121	until	1301	1311	1321	until	1711	1721	1731	1741			
Prince Regent Station Bus Station	0957		1057	1108	1119	1130		1310	1320	1330		1720	1730	1740	1750			
Stratford City Bus Station	1732	Then	1832	1843	1854	1910	1925	1940	1956	Then	2116	2136	2156	2216	2236	2256		
Stratford Broadway West Ham Lane	1739	every 10	1839	1850	1901	1916	1931	1946	2002	every 20	2122	2142	2202	2222	2242	2302		
Plaistow Station	1745	minutes	1845	1856	1907	1922	1937	1952	2007	minutes	2127	2147	2207	2226	2246	2306		
Plaistow Abbey Arms	1751	until	1851	1902	1912	1927	1942	1957	2012	until	2132	2152	2211	2230	2250	2310		
Prince Regent Station Bus Station	1800		1900	1910	1920	1935	1950	2005	2020		2140	2159	2218	2237	2257	2317		
Stratford City Bus Station	2316	Then	0056															
Stratford Broadway West Ham Lane	2322	every 20	0102															
Plaistow Station	2326	minutes	0106															
Plaistow Abbey Arms	2330	until	0110															
Prince Regent Station Bus Station	2337		0117															
241		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
Stratford City Bus Station	0544	0614	0636	Then	0836	0856	0916	0936	0956	1016	1035	1054	1114	Then	1234	1254		
Stratford Broadway West Ham Lane	0549	0619	0641	every 20	0841	0901	0921	0941	1001	1022	1041	1101	1121	every 20	1241	1301		
Plaistow Station	0553	0623	0645	minutes	0845	0906	0926	0946	1006	1027	1046	1106	1126	minutes	1246	1307		
Plaistow Abbey Arms	0557	0627	0649	until	0849	0910	0930	0950	1010	1031	1051	1111	1131	until	1251	1312		
Prince Regent Station Bus Station	0603	0634	0656		0856	0917	0937	0957	1018	1039	1059	1119	1139		1259	1320		
Stratford City Bus Station	1314	1334	1354	1414	1434	1454	Then	1654	1715	Then	1835	1856	Then	2116	2136			
Stratford Broadway West Ham Lane	1321	1341	1401	1421	1441	1501	every 20	1701	1721	every 20	1841	1902	every 20	2122	2142			
Plaistow Station	1327	1347	1407	1427	1447	1507	minutes	1707	1727	minutes	1847	1907	minutes	2127	2147			
Plaistow Abbey Arms	1332	1352	1413	1433	1453	1512	until	1712	1732	until	1852	1912	until	2132	2152			
Prince Regent Station Bus Station	1340	1400	1421	1441	1501	1520		1720	1740		1900	1920		2140	2159			
Stratford City Bus Station	2156	2216	Then	0056														
Stratford Broadway West Ham Lane	2202	2222	every 20	0102														
Plaistow Station	2207	2226	minutes	0106														
Plaistow Abbey Arms	2211	2230	until	0110														
Prince Regent Station Bus Station	2218	2237		0117														

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Prince Regent – Plaistow – Stratford City

241		Mondays to Fridays															
Prince Regent Station Bus Station	0503	0523	0543	0558	0613	0628	0643	0657	0707	0716	0725	Then	0905	0915	0925	0935	0947
Plaistow Abbey Arms	0510	0530	0550	0605	0621	0636	0651	0705	0715	0725	0735	every 10	0915	0925	0935	0945	0957
Plaistow Station	0514	0534	0554	0609	0625	0640	0655	0710	0720	0731	0741	minutes	0921	0931	0940	0950	1002
Stratford Bus Station	0520	0540	0600	0616	0632	0647	0703	0718	0729	0740	0750	until	0930	0939	0948	0958	1010
Stratford City Bus Station	0524	0544	0605	0621	0637	0652	0708	0723	0734	0745	0755		0935	0944	0953	1003	1015
Prince Regent Station Bus Station	0959	Then	1223	1236	Then	1424	1436	1448	1500	1512	Then	1642	1652	Then	1802		
Plaistow Abbey Arms	1009	every 12	1233	1245	every 12	1433	1445	1458	1510	1522	every 10	1652	1702	every	1812		
Plaistow Station	1014	minutes	1238	1250	minutes	1438	1451	1504	1516	1528	minutes	1658	1708	10	1818		
Stratford Bus Station	1022	until	1246	1258	until	1446	1459	1512	1524	1536	until	1706	1717	mins.	1827		
Stratford City Bus Station	1027		1251	1303		1451	1504	1517	1529	1541		1711	1722	until	1832		
Prince Regent Station Bus Station	1812	1823	1834	Then	1914	1928	1943	1958	2013	2028	2048	2108	2128	2148	2208	Then	0128
Plaistow Abbey Arms	1822	1833	1843	every 10	1923	1937	1952	2007	2021	2036	2056	2116	2136	2156	2215	every	0135
Plaistow Station	1828	1838	1848	minutes	1928	1942	1957	2011	2025	2040	2100	2120	2140	2200	2219	20	0139
Stratford Bus Station	1837	1846	1856	until	1936	1950	2004	2018	2032	2047	2107	2127	2147	2206	2225	mins.	0145
Stratford City Bus Station	1841	1850	1900		1940	1954	2008	2022	2036	2051	2111	2131	2151	2210	2229	until	0149
241		Saturdays (also Good Friday)															
Prince Regent Station Bus Station	0503	0523	0543	0603	0623	0643	0658	0713	0728	Then	0816	Then	0856	0905	0914	0923	
Plaistow Abbey Arms	0510	0530	0550	0610	0630	0651	0706	0721	0736	every 12	0824	every 10	0904	0913	0922	0931	
Plaistow Station	0514	0534	0554	0614	0634	0655	0710	0725	0740	minutes	0828	minutes	0908	0917	0926	0936	
Stratford Bus Station	0520	0540	0600	0620	0641	0702	0717	0732	0747	until	0835	until	0915	0924	0934	0944	
Stratford City Bus Station	0524	0544	0604	0624	0645	0706	0721	0736	0751		0839		0919	0929	0939	0949	
Prince Regent Station Bus Station	0932	Then	1042	1051	Then	1641	1652	Then	1832	1843	1853	1908	1923	1938	1953		
Plaistow Abbey Arms	0941	every 10	1051	1100	every 10	1650	1701	every 10	1841	1852	1902	1916	1931	1946	2001		
Plaistow Station	0946	minutes	1056	1105	minutes	1655	1706	minutes	1846	1857	1907	1921	1936	1951	2006		
Stratford Bus Station	0954	until	1104	1114	until	1704	1714	until	1854	1905	1915	1929	1944	1959	2013		
Stratford City Bus Station	0959		1109	1119		1709	1719		1859	1909	1919	1933	1948	2003	2017		
Prince Regent Station Bus Station	2008	Then	2128	2148	2208	Then	0128										
Plaistow Abbey Arms	2016	every 20	2136	2156	2215	every 20	0135										
Plaistow Station	2020	minutes	2140	2200	2219	minutes	0139										
Stratford Bus Station	2027	until	2147	2206	2225	until	0145										
Stratford City Bus Station	2031		2151	2210	2229		0149										
241		Sundays and other Public Holidays (except Christmas Day and Boxing Day)															
Prince Regent Station Bus Station	0610	Then	0850	0910	0930	0950	1009	1028	Then	1228	1248	1308	1328	1348	Then	1648	
Plaistow Abbey Arms	0617	every 20	0857	0917	0938	0958	1018	1037	every 20	1237	1257	1317	1337	1357	every	1657	
Plaistow Station	0621	minutes	0901	0921	0942	1002	1023	1042	minutes	1242	1302	1322	1342	1402	20	1702	
Stratford Bus Station	0627	until	0907	0928	0949	1009	1030	1050	until	1250	1311	1331	1351	1410	mins.	1710	
Stratford City Bus Station	0631		0911	0932	0953	1014	1035	1055		1255	1316	1336	1356	1415	until	1715	
Prince Regent Station Bus Station	1708	1728	1748	1808	1828	1848	1908	Then	2128	2148	2208	Then	0128				
Plaistow Abbey Arms	1717	1736	1756	1816	1836	1856	1916	every 20	2136	2156	2215	every 20	0135				
Plaistow Station	1722	1741	1801	1821	1841	1901	1920	minutes	2140	2200	2219	minutes	0139				
Stratford Bus Station	1730	1749	1809	1829	1849	1908	1927	until	2147	2206	2225	until	0145				
Stratford City Bus Station	1734	1753	1813	1833	1853	1912	1931		2151	2210	2229		0149				