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Canning Town – Plaistow – Stratford City

241		Mondays to Fridays																			
Canning Town Hermit Road	0455	0515	0534	0548	0603	0618	0633	0646			0913	0924	0936			1348	1400	1412			
Canning Town Bus Station	0458	0518	0537	0551	0606	0621	0636	0649	Then		0917	0928	0940	Then		1352	1404	1416			
Keir Hardie Estate Tarling Road	0501	0521	0540	0554	0609	0624	0639	0652	about		0921	0932	0944	about		1356	1408	1420			
Custom House Stn. Freemasons Road	0505	0525	0544	0558	0613	0628	0643	0656	every 10		0926	0937	0949	every 12		1401	1414	1426			
Plaistow Abbey Arms	0510	0530	0549	0603	0619	0634	0649	0702	minutes		0933	0944	0956	minutes		1408	1421	1433			
Plaistow Station	0514	0534	0554	0608	0624	0639	0654	0708	until		0939	0950	1002	until		1414	1427	1439			
Stratford Bus Station	0521	0541	0601	0616	0632	0647	0702	0717			0949	1000	1011			1423	1436	1448			
Stratford City Bus Station	0524	0545	0605	0620	0636	0651	0706	0721			0953	1004	1015			1427	1440	1452			
Canning Town Hermit Road	1424	1436	1448	1500					Then	1900	1915	1930	1945	2000	2015	2035	2055	2115	2135	2155	2215
Canning Town Bus Station	1428	1440	1452	1504					about	1904	1919	1934	1949	2004	2019	2039	2059	2119	2139	2159	2219
Keir Hardie Estate Tarling Road	1432	1444	1456	1508					every 10	1908	1923	1938	1953	2008	2023	2043	2103	2123	2143	2203	2222
Custom House Stn. Freemasons Road	1438	1450	1502	1514					minutes	1913	1928	1943	1958	2013	2028	2048	2108	2128	2147	2207	2226
Plaistow Abbey Arms	1445	1457	1509	1521					until	1919	1934	1949	2004	2019	2033	2053	2113	2133	2152	2212	2231
Plaistow Station	1451	1503	1516	1528						1925	1940	1955	2009	2024	2038	2058	2118	2137	2156	2216	2235
Stratford Bus Station	1500	1513	1526	1538						1934	1949	2004	2018	2032	2046	2106	2125	2144	2203	2222	2241
Stratford City Bus Station	1504	1517	1530	1542						1938	1953	2008	2022	2036	2050	2110	2129	2148	2207	2226	2245
Canning Town Hermit Road	2235	2255	2315						Then	0115											
Canning Town Bus Station	2238	2258	2318						every 20	0118											
Keir Hardie Estate Tarling Road	2241	2301	2321						minutes	0121											
Custom House Stn. Freemasons Road	2245	2305	2325						until	0125											
Plaistow Abbey Arms	2250	2310	2329							0129											
Plaistow Station	2254	2313	2332							0132											
Stratford Bus Station	2300	2319	2338							0138											
Stratford City Bus Station	2304	2323	2342							0142											
241		Saturdays (also Good Friday)																			
Canning Town Hermit Road	0455	0515	0535	0555	0615	0635					0735	0747			0835			1855	1910	1925	
Canning Town Bus Station	0458	0518	0538	0558	0618	0638			Then		0738	0750			0838	Then		1858	1913	1928	
Keir Hardie Estate Tarling Road	0501	0521	0541	0601	0621	0641			about		0741	0753			0841	about		1902	1917	1932	
Custom House Stn. Freemasons Road	0505	0525	0545	0605	0625	0645			every 15		0745	0757			0845	every 10		1907	1922	1937	
Plaistow Abbey Arms	0510	0530	0550	0610	0630	0650			minutes		0750	0802			0850	minutes		1914	1929	1944	
Plaistow Station	0514	0534	0554	0614	0634	0654			until		0754	0807			0855	until		1919	1934	1949	
Stratford Bus Station	0520	0540	0600	0621	0641	0701					0801	0815			0903			1928	1943	1958	
Stratford City Bus Station	0523	0543	0603	0624	0644	0705					0805	0819			0907			1933	1948	2003	
Canning Town Hermit Road	1940	1955	2015	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355	0015	0035	0055	0115			
Canning Town Bus Station	1943	1958	2018	2038	2058	2118	2138	2158	2218	2238	2258	2318	2338	2358	0018	0038	0058	0118			
Keir Hardie Estate Tarling Road	1947	2002	2022	2042	2102	2122	2142	2202	2222	2242	2301	2321	2341	0001	0021	0041	0101	0121			
Custom House Stn. Freemasons Road	1952	2007	2027	2047	2107	2126	2146	2206	2226	2245	2305	2325	2345	0005	0025	0045	0105	0125			
Plaistow Abbey Arms	1959	2014	2033	2053	2112	2131	2151	2211	2231	2250	2310	2330	2350	0010	0029	0049	0109	0129			
Plaistow Station	2004	2019	2038	2058	2117	2136	2156	2216	2235	2254	2314	2334	2354	0013	0032	0052	0112	0132			
Stratford Bus Station	2012	2027	2046	2106	2125	2144	2204	2223	2242	2301	2320	2340	0000	0019	0038	0058	0118	0138			
Stratford City Bus Station	2017	2031	2050	2110	2129	2148	2208	2227	2246	2305	2324	2344	0004	0023	0042	0102	0122	0142			
241		Sundays and other Public Holidays (except Christmas Day)																			
Canning Town Hermit Road	0557	0617	0637	0657	0717	0737	0757	0817	0836	0855	0915	0935	0955	1015	1035	1055	1115	1135			
Canning Town Bus Station	0600	0620	0640	0700	0720	0740	0800	0820	0839	0858	0918	0938	0958	1018	1038	1058	1118	1138			
Keir Hardie Estate Tarling Road	0603	0623	0643	0703	0723	0743	0803	0823	0842	0901	0921	0941	1001	1022	1042	1102	1122	1142			
Custom House Stn. Freemasons Road	0607	0627	0647	0707	0727	0747	0807	0827	0846	0905	0925	0945	1006	1027	1047	1107	1127	1147			
Plaistow Abbey Arms	0612	0632	0652	0712	0732	0752	0812	0832	0851	0911	0931	0952	1013	1034	1054	1114	1134	1154			
Plaistow Station	0616	0636	0656	0716	0736	0756	0816	0836	0856	0916	0936	0957	1018	1039	1100	1120	1140	1200			
Stratford Bus Station	0622	0642	0702	0723	0743	0803	0824	0844	0904	0924	0945	1006	1027	1048	1109	1129	1149	1210			
Stratford City Bus Station	0625	0645	0705	0726	0746	0807	0828	0848	0908	0928	0949	1010	1031	1052	1113	1133	1153	1214			
Canning Town Hermit Road	1155	1215	1235	1255	1315						1515	1535	1555	1615	1635	1655	1715	1735	1755	1815	1835
Canning Town Bus Station	1158	1218	1238	1258	1319						1519	1539	1559	1619	1639	1659	1719	1739	1759	1819	1839
Keir Hardie Estate Tarling Road	1202	1222	1242	1302	1323						1523	1543	1603	1623	1643	1703	1723	1743	1803	1823	1843
Custom House Stn. Freemasons Road	1207	1227	1247	1307	1328						1528	1548	1608	1628	1648	1708	1728	1748	1808	1828	1848
Plaistow Abbey Arms	1214	1234	1254	1314	1335						1535	1555	1614	1634	1654	1714	1734	1754	1814	1834	1854
Plaistow Station	1220	1240	1300	1320	1341						1541	1601	1620	1640	1700	1719	1739	1759	1819	1839	1859
Stratford Bus Station	1230	1250	1310	1330	1351						1551	1610	1629	1649	1709	1728	1748	1808	1827	1847	1907
Stratford City Bus Station	1234	1254	1314	1334	1355						1555	1614	1633	1653	1713	1732	1752	1812	1831	1851	1911
Canning Town Hermit Road	1855	1915	1935	1955	2015	2035	2055	2115	2135	2155	2215	2235	2255	2315							0115
Canning Town Bus Station	1859	1919	1939	1959	2018	2038	2058	2118	2138	2158	2218	2238	2258	2318							0118
Keir Hardie Estate Tarling Road	1903	1923	1943	2003	2022	2042	2102	2121	2141	2201	2221	2241	2301	2321							0121
Custom House Stn. Freemasons Road	1908	1928	1947	2007	2026	2046	2106	2125	2145	2205	2225	2245	2305	2325							0125
Plaistow Abbey Arms	1914	1934	1953	2012	2031	2051	2111	2130	2150	2210	2230	2250	2310	2329							0129
Plaistow Station	1919	1939	1958	2016	2035	2055	2115	2134	2154	2214	2234	2254	2313	2332							0132
Stratford Bus Station	1926	1945	2004	2023	2042	2102	2121	2140	2200	2220	2240	2300	2319	2338							0138
Stratford City Bus Station	1930	1949	2008	2027	2046	2106	2125	2144	2204	2224	2244	2304	2323	2342							0142