

241		Mondays to Fridays																	
Stratford City Bus Station	0440	0500	0520	0540	0555	0610	0625	0640	0652	0704	0714	0724	0734	0743	0752	0801	0811	0821	
Stratford Bus Station	0444	0504	0524	0544	0559	0615	0630	0645	0657	0709	0719	0729	0739	0748	0757	0806	0816	0826	
Plaistow Station	0450	0510	0530	0550	0606	0622	0637	0652	0705	0717	0727	0737	0747	0756	0805	0815	0825	0835	
Plaistow Abbey Arms	0454	0514	0534	0554	0610	0626	0641	0657	0710	0722	0732	0742	0752	0801	0811	0821	0831	0841	
Custom House Stn. Freemasons Road	0458	0518	0538	0558	0615	0631	0646	0702	0715	0727	0737	0747	0757	0807	0817	0827	0837	0847	
Prince Regent Station Bus Station	0501	0521	0541	0601	0618	0634	0650	0706	0719	0731	0741	0751	0801	0811	0821	0831	0841	0851	
Royal Wharf Primary School	0507	0527	0547	0607	0624	0640	0656	0713	0726	0738	0748	0758	0809	0819	0829	0839	0849	0859	
Stratford City Bus Station	0831	0841	0851	0902	0914	0927	Then every 12 minutes until	1051	1103	1115	1127	1139	1151	1203	Then every 12 minutes until	1339			
Stratford Bus Station	0836	0846	0856	0907	0919	0931		1055	1107	1119	1131	1143	1155	1207		1343			
Plaistow Station	0845	0855	0905	0915	0927	0939		1103	1116	1128	1140	1152	1204	1217		1353			
Plaistow Abbey Arms	0851	0901	0911	0921	0933	0945		1109	1122	1134	1146	1158	1210	1223		1359			
Custom House Stn. Freemasons Road	0857	0907	0917	0927	0939	0951		1115	1128	1140	1152	1204	1216	1229		1405			
Prince Regent Station Bus Station	0901	0911	0921	0931	0943	0955		1119	1132	1144	1156	1208	1220	1233		1409			
Royal Wharf Primary School	0909	0919	0929	0939	0951	1003	1127	1140	1152	1204	1216	1228	1241	1417					
Stratford City Bus Station	1351	1403	1415	1427	1439	Then every 12 minutes until	1551	1602	Then every 10 minutes until	1702	1713	1723	1733	1743	1753	1803			
Stratford Bus Station	1355	1407	1420	1432	1444		1556	1607		1707	1718	1728	1738	1748	1758	1808			
Plaistow Station	1406	1418	1431	1443	1455		1607	1618		1718	1729	1739	1749	1759	1809	1819			
Plaistow Abbey Arms	1412	1424	1437	1449	1502		1614	1625		1725	1736	1746	1756	1806	1816	1826			
Custom House Stn. Freemasons Road	1418	1430	1443	1456	1509		1621	1632		1732	1743	1753	1803	1812	1822	1832			
Prince Regent Station Bus Station	1422	1434	1447	1500	1513		1625	1636		1736	1746	1756	1806	1815	1825	1835			
Royal Wharf Primary School	1430	1442	1455	1508	1521	1633	1644	1744	1754	1804	1814	1823	1833	1843					
Stratford City Bus Station	1813	1824	1834	1844	1854	1905	1917	1929	1941	1953	2005	2019	2034	2050	2105	2121	2137	2153	
Stratford Bus Station	1818	1829	1839	1849	1859	1910	1921	1933	1945	1957	2009	2023	2038	2054	2109	2125	2141	2157	
Plaistow Station	1829	1840	1850	1900	1910	1920	1931	1943	1954	2006	2018	2032	2047	2103	2118	2134	2150	2205	
Plaistow Abbey Arms	1836	1847	1857	1906	1916	1926	1937	1949	2000	2012	2024	2038	2053	2109	2124	2139	2155	2210	
Custom House Stn. Freemasons Road	1842	1853	1903	1912	1922	1932	1943	1955	2006	2018	2030	2044	2059	2114	2129	2144	2200	2215	
Prince Regent Station Bus Station	1845	1856	1906	1915	1925	1935	1946	1958	2009	2021	2033	2047	2102	2117	2132	2147	2203	2218	
Royal Wharf Primary School	1853	1903	1913	1922	1932	1942	1953	2005	2016	2028	2040	2054	2109	2124	2139	2154	2209	2224	
Stratford City Bus Station	2208	2223	2238	2254	2309	2325	2340	Then every 15 minutes until	0055										
Stratford Bus Station	2212	2227	2242	2258	2313	2329	2344		0059										
Plaistow Station	2220	2235	2249	2305	2320	2336	2351		0106										
Plaistow Abbey Arms	2225	2240	2254	2310	2325	2340	2354		0109										
Custom House Stn. Freemasons Road	2230	2245	2259	2314	2329	2344	2358		0113										
Prince Regent Station Bus Station	2233	2248	2302	2317	2332	2347	0001		0116										
Royal Wharf Primary School	2239	2254	2308	2323	2338	2353	0007	0122											

241		Saturdays (also Good Friday)																	
Stratford City Bus Station	0440	0500	0520	0540	0600	0619	0638	0653	0708	0723	0738	0753	0805	0817	0829	0840	0851	0902	
Stratford Bus Station	0444	0504	0524	0544	0604	0624	0643	0658	0713	0728	0743	0758	0810	0822	0834	0845	0856	0907	
Plaistow Station	0450	0510	0530	0550	0610	0630	0650	0705	0720	0735	0750	0805	0817	0829	0841	0853	0904	0915	
Plaistow Abbey Arms	0454	0514	0534	0554	0614	0634	0654	0709	0724	0739	0754	0809	0822	0834	0846	0858	0909	0920	
Custom House Stn. Freemasons Road	0458	0518	0538	0558	0618	0638	0658	0714	0729	0744	0759	0814	0827	0839	0851	0903	0914	0925	
Prince Regent Station Bus Station	0501	0521	0541	0601	0621	0641	0701	0717	0732	0747	0802	0817	0830	0842	0854	0906	0917	0928	
Royal Wharf Primary School	0507	0527	0547	0607	0627	0647	0707	0723	0738	0753	0808	0823	0836	0849	0901	0913	0924	0935	
Stratford City Bus Station	0912	0922	0932	0942	0951	1000	1010	1020	1029	1039	1048	Then every 10 minutes until	1148	1157	1207	1217	1227		
Stratford Bus Station	0917	0927	0937	0947	0956	1005	1015	1025	1034	1044	1053		1153	1202	1212	1222	1232	1232	
Plaistow Station	0925	0935	0945	0955	1004	1014	1024	1034	1043	1053	1102		1202	1212	1222	1232	1242	1242	
Plaistow Abbey Arms	0930	0940	0950	1000	1009	1019	1029	1039	1048	1058	1108		1208	1218	1228	1238	1248	1248	
Custom House Stn. Freemasons Road	0935	0945	0955	1005	1015	1025	1035	1045	1054	1104	1114		1214	1224	1234	1244	1254	1254	
Prince Regent Station Bus Station	0938	0948	0958	1008	1018	1028	1038	1048	1057	1107	1117		1217	1227	1237	1247	1257	1257	
Royal Wharf Primary School	0945	0955	1005	1015	1025	1035	1045	1055	1105	1115	1125		1225	1235	1245	1255	1305	1305	
Stratford City Bus Station	1237	1247	Then every 10 minutes until	1547	1557	Then every 10 minutes until	1647	1657	Then every 10 minutes until	1747	1757	1807	1817	1827	1837				
Stratford Bus Station	1242	1252		1552	1602		1652	1702		1752	1802	1812	1822	1832	1842				
Plaistow Station	1252	1302		1602	1613		1703	1714		1804	1813	1823	1833	1842	1852				
Plaistow Abbey Arms	1258	1309		1609	1620		1710	1721		1811	1820	1830	1840	1849	1859				
Custom House Stn. Freemasons Road	1304	1315		1615	1626		1716	1727		1817	1826	1836	1846	1855	1905				
Prince Regent Station Bus Station	1307	1318		1618	1629		1719	1730		1820	1829	1839	1849	1858	1908				
Royal Wharf Primary School	1315	1326		1626	1637		1727	1738		1828	1837	1847	1856	1905	1915				
Stratford City Bus Station	1848	Then every 12 minutes until	1948	2003	2018	2034	2050	2105	2121	2136	2152	2207	2222	2238	2254	2309	2325		
Stratford Bus Station	1853		1953	2007	2022	2038	2054	2109	2125	2140	2156	2211	2226	2242	2258	2313	2329		
Plaistow Station	1903		2003	2017	2032	2048	2104	2119	2134	2149	2205	2220	2234	2249	2305	2320	2336		
Plaistow Abbey Arms	1909		2009	2023	2038	2054	2109	2124	2139	2154	2210	2225	2239	2254	2310	2325	2340		
Custom House Stn. Freemasons Road	1915		2015	2029	2044	2059	2114	2129	2144	2159	2215	2230	2244	2259	2314	2329	2344		
Prince Regent Station Bus Station	1918		2018	2032	2047	2102	2117	2132	2147	2202	2218	2233	2247	2302	2317	2332	2347		
Royal Wharf Primary School	1925		2025	2039	2054	2109	2124	2139	2154	2209	2224	2239	2253	2308	2323	2338	2353		
Stratford City Bus Station	2340	2355	0010	0025	0040	0055													
Stratford Bus Station	2344	2359	0014	0029	0044	0059													
Plaistow Station	2351	0006	0021	0036	0051	0106													
Plaistow Abbey Arms	2355	0010	0025	0040	0055	0109													
Custom House Stn. Freemasons Road	2359	0014	0029	0044	0059	0113													
Prince Regent Station Bus Station	0002	0017	0032	0047	0102	0116													
Royal Wharf Primary School	0008	0023	0038	0053	0108	0122													
241		Sundays and other Public Holidays (except Christmas Day)																	
Stratford City Bus Station	0545	0615	Then every 20 minutes until	0735	0750	0810	0825	0839	0853	0907	0921	0935	0949	1003	1018	1033	1048		
Stratford Bus Station	0548	0619		0739	0754	0814	0829	0843	0857	0911	0925	0939	0953	1008	1023	1038	1053		
Plaistow Station	0554	0625		0745	0800	0820	0836	0850	0904	0919	0933	0947	1001	1016	1031	1046	1101		
Plaistow Abbey Arms	0558	0629		0749	0804	0824	0840	0855	0909	0924	0938	0952	1006	1021	1036	1051	1106		
Custom House Stn. Freemasons Road	0602	0633		0753	0808	0828	0844	0859	0914	0929	0943	0957	1011	1026	1041	1056	1111		
Prince Regent Station Bus Station	0605	0636		0756	0811	0831	0847	0902	0917	0932	0946	1000	1014	1029	1044	1059	1114		
Royal Wharf Primary School	0611	0642		0802	0817	0837	0853	0908	0923	0938	0952	1006	1021	1036	1051	1106	1121		
Stratford City Bus Station	1103	1117	1130	1143	1156	1210	1225	1240	1255	1310	1325	1340	1355	1410	1425	Then every 15 minutes until	1655		
Stratford Bus Station	1108	1122	1135	1148	1201	1215	1229	1245	1300	1315	1330	1345	1400	1415	1430		1700		
Plaistow Station	1116	1130	1144	1158	1211	1225	1240	1255	1310	1325	1340	1355	1410	1426	1441		1711		
Plaistow Abbey Arms	1121	1135	1149	1203	1216	1231	1246	1301	1316	1331	1346	1401	1416	1432	1447		1717		
Custom House Stn. Freemasons Road	1126	1140	1154	1208	1222	1237	1252	1307	1322	1337	1352	1407	1422	1438	1453		1723		
Prince Regent Station Bus Station	1129	1143	1157	1211	1225	1240	1255	1310	1325	1340	1356	1411	1426	1441	1457		1727		
Royal Wharf Primary School	1136	1150	1204	1218	1232	1247	1302	1317	1332	1347	1403	1418	1433	1448	1504		1734		
Stratford City Bus Station	1709	1724	1739	1754	1808	1823	1835	1850	1905	1920	1935	1951	2006	2021	2037	2052	2108	2123	
Stratford Bus Station	1714	1729	1744	1759	1813	1828	1840	1855	1910	1925	1940	1956	2010	2025	2041	2056	2112	2127	
Plaistow Station	1725	1739	1754	1809	1823	1838	1850	1905	1920	1935	1949	2005	2019	2034	2049	2104	2120	2135	
Plaistow Abbey Arms	1731	1745	1800	1815	1829	1844	1856	1911	1926	1941	1955	2010	2024	2039	2054	2109	2124	2139	
Custom House Stn. Freemasons Road	1737	1751	1806	1821	1835	1850	1902	1917	1931	1946	2000	2015	2029	2044	2059	2113	2128	2143	
Prince Regent Station Bus Station	1741	1755	1810	1825	1839	1854	1906	1920	1934	1949	2003	2018	2032	2047	2102	2116	2131	2146	
Royal Wharf Primary School	1748	1802	1817	1832	1846	1900	1912	1926	1940	1955	2009	2024	2038	2053	2108	2122	2137	2152	
Stratford City Bus Station	2139	Then every 15 minutes until	2309	2325	Then every 15 minutes until	0040	0055												
Stratford Bus Station	2143		2313	2329		0044	0059												
Plaistow Station	2150		2320	2336		0051	0105												
Plaistow Abbey Arms	2154		2324	2339		0054	0108												
Custom House Stn. Freemasons Road	2158		2328	2343		0058	0112												
Prince Regent Station Bus Station	2201		2331	2346		0101	0115												
Royal Wharf Primary School	2207		2337	2352		0107	0121												

241		Mondays to Fridays																
Royal Wharf Primary School	0455	0515	0535	0549	0603	0616	0629	0640	0649	0658	0708	0718	0727	0737	Then every 10 minutes until	0827	0837	
Prince Regent Station Bus Station	0501	0521	0541	0555	0609	0622	0635	0646	0656	0706	0716	0726	0735	0745		0835	0845	
Custom House Stn. Freemasons Road	0505	0525	0545	0559	0613	0626	0639	0651	0701	0711	0721	0731	0740	0750		0840	0850	
Plaistow Abbey Arms	0510	0530	0550	0604	0619	0632	0646	0658	0708	0718	0728	0738	0747	0757		0847	0857	
Plaistow Station	0514	0534	0555	0609	0624	0637	0652	0704	0714	0724	0734	0744	0754	0804		0854	0903	
Stratford Bus Station	0521	0541	0602	0617	0632	0646	0700	0713	0723	0733	0743	0753	0803	0814		0904	0913	
Stratford City Bus Station	0524	0545	0606	0621	0636	0650	0704	0717	0727	0737	0747	0757	0807	0818		0908	0917	
Royal Wharf Primary School	0847	Then every 10 minutes until	0937	0948	Then every 12 minutes until	1348	1400	1412	1424	1436	1448	1500	1510	1520	1530	1540		
Prince Regent Station Bus Station	0855		0945	0956		1356	1408	1420	1432	1444	1456	1508	1518	1528	1538	1548		
Custom House Stn. Freemasons Road	0900		0950	1001		1401	1414	1426	1438	1450	1502	1514	1524	1534	1544	1554		
Plaistow Abbey Arms	0907		0957	1008		1408	1421	1433	1445	1457	1509	1521	1531	1541	1551	1601		
Plaistow Station	0913		1003	1014		1414	1427	1439	1451	1503	1515	1527	1537	1547	1557	1607		
Stratford Bus Station	0923		1013	1023		1423	1436	1448	1500	1513	1525	1537	1548	1558	1608	1618		
Stratford City Bus Station	0927		1017	1027		1427	1440	1452	1504	1517	1529	1541	1552	1602	1613	1623		
Royal Wharf Primary School	1550	Then every 10 minutes until	1730	1740	1750	1801	1811	1821	1831	1841	1851	1902	1914	1926	1938	1950	2002	
Prince Regent Station Bus Station	1558		1738	1748	1758	1809	1819	1829	1839	1849	1859	1910	1922	1934	1946	1958	2010	
Custom House Stn. Freemasons Road	1604		1744	1754	1804	1814	1824	1834	1844	1854	1904	1915	1927	1939	1951	2003	2015	
Plaistow Abbey Arms	1611		1751	1801	1811	1821	1831	1841	1851	1901	1911	1921	1933	1945	1957	2009	2021	
Plaistow Station	1617		1757	1807	1817	1827	1837	1847	1857	1907	1917	1927	1939	1951	2003	2014	2026	
Stratford Bus Station	1628		1808	1817	1827	1837	1847	1857	1907	1916	1926	1936	1948	2000	2012	2023	2035	
Stratford City Bus Station	1633		1813	1822	1832	1842	1852	1902	1911	1920	1930	1940	1952	2004	2016	2027	2039	
Royal Wharf Primary School	2015	2030	2045	2100	2115	2130	2145	2200	2215	2230	2245	2301	2315	2330	2345	Then every 15 minutes until	0115	
Prince Regent Station Bus Station	2023	2038	2053	2108	2123	2138	2153	2208	2222	2237	2251	2307	2321	2336	2351		0121	
Custom House Stn. Freemasons Road	2028	2043	2058	2113	2127	2142	2157	2212	2226	2241	2255	2311	2325	2340	2355		0125	
Plaistow Abbey Arms	2034	2048	2103	2118	2132	2147	2202	2217	2231	2246	2300	2316	2330	2345	2359		0129	
Plaistow Station	2039	2053	2108	2122	2136	2151	2206	2221	2235	2250	2304	2319	2333	2348	0002		0132	
Stratford Bus Station	2047	2101	2115	2129	2143	2157	2212	2227	2241	2256	2310	2325	2339	2354	0008		0138	
Stratford City Bus Station	2051	2105	2119	2133	2147	2201	2216	2231	2245	2300	2314	2329	2343	2358	0012		0142	
241		Saturdays (also Good Friday)																
Royal Wharf Primary School	0455	0515	0535	0555	0615	0635	0650	0705	0720	0735	0747	0759	0811	0823	0835	0847	0856	0905
Prince Regent Station Bus Station	0501	0521	0541	0601	0621	0641	0656	0711	0726	0741	0753	0805	0817	0829	0841	0853	0902	0912
Custom House Stn. Freemasons Road	0505	0525	0545	0605	0625	0645	0700	0715	0730	0745	0757	0809	0821	0833	0845	0857	0907	0917
Plaistow Abbey Arms	0510	0530	0550	0610	0630	0650	0705	0720	0735	0750	0802	0814	0826	0838	0851	0903	0913	0923
Plaistow Station	0514	0534	0554	0614	0634	0654	0709	0724	0739	0754	0807	0819	0831	0843	0856	0908	0918	0928
Stratford Bus Station	0520	0540	0600	0621	0641	0701	0716	0731	0746	0801	0815	0827	0839	0851	0904	0916	0926	0936
Stratford City Bus Station	0523	0543	0603	0624	0644	0705	0720	0735	0750	0805	0819	0831	0843	0855	0908	0920	0930	0940
Royal Wharf Primary School	0915	0925	0935	0945	0954	1004	1014	1024	1034	1044	1054	1104	1114	1124	1134	1144	1154	1204
Prince Regent Station Bus Station	0922	0932	0942	0952	1001	1011	1021	1031	1041	1051	1101	1111	1121	1131	1141	1151	1201	1212
Custom House Stn. Freemasons Road	0927	0937	0947	0957	1006	1016	1026	1036	1046	1056	1106	1116	1126	1136	1146	1156	1206	1217
Plaistow Abbey Arms	0933	0943	0953	1003	1013	1023	1033	1043	1053	1103	1113	1123	1133	1143	1153	1203	1213	1224
Plaistow Station	0938	0948	0958	1008	1018	1028	1038	1048	1058	1108	1119	1129	1139	1149	1159	1209	1219	1230
Stratford Bus Station	0946	0956	1006	1017	1027	1037	1047	1057	1108	1118	1129	1139	1149	1159	1209	1219	1229	1240
Stratford City Bus Station	0950	1000	1010	1021	1031	1041	1051	1101	1112	1122	1133	1143	1153	1203	1214	1224	1234	1245
Royal Wharf Primary School	1214	Then every 10 minutes until	1724	1735	1745	1755	1806	1816	1827	1837	1848	Then every 12 mins. until	1948	2001	2016	2031	2046	
Prince Regent Station Bus Station	1222		1732	1743	1753	1803	1814	1824	1834	1844	1855		1955	2008	2023	2038	2053	
Custom House Stn. Freemasons Road	1227		1737	1748	1758	1808	1819	1829	1839	1849	1900		2000	2013	2028	2043	2058	
Plaistow Abbey Arms	1234		1744	1755	1805	1815	1826	1836	1846	1856	1907		2007	2020	2035	2049	2104	
Plaistow Station	1240		1750	1801	1811	1821	1831	1841	1851	1901	1912		2012	2025	2040	2054	2109	
Stratford Bus Station	1250		1800	1810	1820	1830	1840	1850	1900	1910	1921		2021	2034	2048	2102	2117	
Stratford City Bus Station	1255		1805	1815	1825	1835	1845	1855	1905	1915	1926		2026	2038	2052	2106	2121	
Royal Wharf Primary School	2101	2116	2131	2145	2200	2215	2230	2245	2300	2315	2330	2345	0000	0015	0030	0045	0100	0115
Prince Regent Station Bus Station	2108	2123	2138	2152	2207	2222	2237	2251	2306	2321	2336	2351	0006	0021	0036	0051	0106	0121
Custom House Stn. Freemasons Road	2113	2128	2142	2156	2211	2226	2241	2255	2310	2325	2340	2355	0010	0025	0040	0055	0110	0125
Plaistow Abbey Arms	2119	2133	2147	2201	2216	2231	2246	2300	2315	2330	2345	0000	0015	0030	0044	0059	0114	0129
Plaistow Station	2124	2138	2152	2206	2221	2235	2250	2304	2319	2334	2349	0004	0018	0033	0047	0102	0117	0132
Stratford Bus Station	2132	2146	2200	2214	2228	2242	2257	2311	2325	2340	2355	0010	0024	0039	0053	0108	0123	0138
Stratford City Bus Station	2136	2150	2204	2218	2232	2246	2301	2315	2329	2344	2359	0014	0028	0043	0057	0112	0127	0142

241 Sundays and other Public Holidays (except Christmas Day)																		
Royal Wharf Primary School	0557	0617	0637	0657	0713	0733	0753	0808	0823	0837	0851	0905	0919	0933	0947	1001	1016	1030
Prince Regent Station Bus Station	0603	0623	0643	0702	0719	0739	0759	0814	0829	0843	0857	0911	0925	0939	0953	1008	1023	1037
Custom House Stn. Freemasons Road	0607	0627	0647	0706	0723	0743	0803	0818	0833	0847	0901	0915	0929	0943	0958	1013	1028	1042
Plaistow Abbey Arms	0612	0632	0652	0711	0728	0748	0808	0823	0838	0852	0907	0921	0935	0950	1005	1020	1035	1049
Plaistow Station	0616	0636	0656	0715	0732	0752	0812	0827	0842	0857	0912	0926	0940	0955	1010	1025	1040	1055
Stratford Bus Station	0622	0642	0702	0722	0739	0759	0819	0835	0850	0905	0920	0934	0949	1004	1019	1034	1049	1105
Stratford City Bus Station	0625	0645	0705	0725	0743	0803	0823	0839	0854	0909	0924	0938	0953	1008	1023	1038	1053	1109
Royal Wharf Primary School	1045			1200	1214	1229	1244	1259	1314	1329			1544	1600	1615	1631	1646	1702
Prince Regent Station Bus Station	1052	Then		1207	1221	1236	1251	1306	1321	1337	Then		1552	1608	1623	1639	1654	1710
Custom House Stn. Freemasons Road	1057	every 15		1212	1226	1241	1256	1311	1326	1342	every 15		1557	1613	1628	1644	1659	1715
Plaistow Abbey Arms	1104	minutes		1219	1233	1248	1303	1318	1333	1349	minutes		1604	1620	1635	1650	1705	1721
Plaistow Station	1110	until		1225	1239	1254	1309	1324	1339	1355	until		1610	1626	1641	1656	1711	1726
Stratford Bus Station	1120			1235	1249	1304	1319	1334	1349	1405			1620	1635	1650	1705	1720	1735
Stratford City Bus Station	1124			1239	1253	1308	1323	1338	1353	1409			1624	1639	1654	1709	1724	1739
Royal Wharf Primary School	1717	1732	1747	1803	1818	1833	1848	1904	1920	1935	1949	2003	2017	2032	2046	2101	2116	2130
Prince Regent Station Bus Station	1725	1740	1755	1811	1826	1841	1856	1912	1928	1943	1957	2011	2025	2040	2054	2108	2122	2136
Custom House Stn. Freemasons Road	1730	1745	1800	1816	1831	1846	1901	1917	1933	1947	2002	2015	2029	2044	2058	2112	2126	2140
Plaistow Abbey Arms	1736	1751	1806	1822	1837	1852	1907	1923	1939	1953	2007	2020	2034	2049	2103	2117	2131	2145
Plaistow Station	1741	1756	1811	1827	1842	1857	1912	1928	1944	1958	2011	2024	2038	2053	2107	2121	2135	2149
Stratford Bus Station	1750	1805	1820	1835	1850	1905	1920	1935	1950	2004	2018	2031	2045	2059	2113	2127	2141	2155
Stratford City Bus Station	1754	1809	1824	1839	1854	1909	1924	1939	1954	2008	2022	2035	2049	2103	2117	2131	2145	2159
Royal Wharf Primary School	2145	2200	2215	2230	2245	2300	2315	2330	2345				0115					
Prince Regent Station Bus Station	2151	2206	2221	2236	2251	2306	2321	2336	2351	Then			0121					
Custom House Stn. Freemasons Road	2155	2210	2225	2240	2255	2310	2325	2340	2355	every 15			0125					
Plaistow Abbey Arms	2200	2215	2230	2245	2300	2315	2330	2345	2359	minutes			0129					
Plaistow Station	2204	2219	2234	2249	2304	2318	2333	2348	0002	until			0132					
Stratford Bus Station	2210	2225	2240	2255	2310	2324	2339	2354	0008				0138					
Stratford City Bus Station	2214	2229	2244	2259	2314	2328	2343	2358	0012				0142					