

244		Mondays to Fridays																
Abbey Wood Knee Hill	0450	0510	0530	0550	0605	0617		0924		1414		1812	1824	1837	1849			
Bentham Road Titmuss Avenue	0454	0514	0534	0554	0610	0622		0930		1420		1818	1830	1842	1854			
Thamesmead Town Centre	0457	0517	0537	0557	0613	0625		0934		1424		1822	1834	1846	1858			
Belmarsh Prison	0501	0521	0541	0601	0617	0629	Then about every 10 minutes until	0938	Then every 10 minutes until	1428	Then about every 11 minutes until	1826	1838	1850	1902			
Broadwaters Goosander Way	0505	0525	0545	0605	0621	0633		0943		1433		1831	1843	1855	1907			
Plumstead Station	0508	0528	0548	0608	0624	0636		0946		1436		1834	1846	1858	1910			
Woolwich Arsenal Station	0512	0532	0552	0612	0628	0641		0952		1442		1841	1852	1904	1915			
Herbert Road Plumstead Common Rd.	0518	0538	0558	0618	0634	0647		0959		1449		1849	1900	1912	1923			
Shooters Hill Bull (Shooters Hill)	0524	0544	0604	0624	0640	0653		1006		1456		1857	1908	1920	1931			
Queen Elizabeth Hospital	0528	0549	0610	0630	0646	0700		1013		1503		1903	1914	1926	1937			
Abbey Wood Knee Hill	1901	1913	1925	1940	1955	2010	2025	2040	2055	2110	2125	2140			2355			
Bentham Road Titmuss Avenue	1906	1918	1930	1945	2000	2015	2030	2045	2100	2114	2129	2144			2359			
Thamesmead Town Centre	1909	1921	1933	1948	2003	2018	2033	2048	2103	2117	2132	2147			0002			
Belmarsh Prison	1913	1925	1937	1952	2007	2022	2037	2052	2107	2121	2136	2151			0006			
Broadwaters Goosander Way	1918	1929	1941	1956	2011	2026	2041	2056	2111	2125	2140	2155			0010			
Plumstead Station	1921	1932	1944	1959	2014	2029	2044	2059	2114	2128	2143	2158			0013			
Woolwich Arsenal Station	1926	1937	1949	2004	2018	2033	2048	2103	2118	2132	2147	2202			0017			
Herbert Road Plumstead Common Rd.	1934	1944	1956	2011	2025	2040	2054	2109	2124	2138	2153	2208			0023			
Shooters Hill Bull (Shooters Hill)	1942	1952	2003	2018	2032	2047	2101	2115	2130	2144	2159	2214			0029			
Queen Elizabeth Hospital	1948	1958	2009	2024	2038	2053	2107	2121	2136	2150	2204	2218			0033			
244		Saturdays (also Good Friday)																
Abbey Wood Knee Hill	0450		0650	0710	0724	0739	0754	0809	0822	0834	0846	0854	0903		1233	1243		
Bentham Road Titmuss Avenue	0454		0654	0714	0728	0744	0759	0814	0827	0839	0851	0859	0909		1239	1249		
Thamesmead Town Centre	0457		0657	0717	0731	0747	0802	0817	0830	0842	0854	0903	0913		1243	1253		
Belmarsh Prison	0501	Then every 20 minutes until	0701	0721	0735	0751	0806	0821	0834	0846	0858	0907	0917	Then every 10 minutes until	1247	1257		
Broadwaters Goosander Way	0505		0705	0725	0739	0755	0810	0825	0838	0850	0902	0912	0922		1252	1302		
Plumstead Station	0508		0708	0728	0742	0758	0813	0828	0841	0853	0905	0915	0925		1255	1306		
Woolwich Arsenal Station	0512		0712	0732	0746	0802	0817	0832	0845	0858	0911	0921	0931		1301	1312		
Herbert Road Plumstead Common Rd.	0518		0718	0738	0752	0808	0823	0839	0853	0906	0919	0929	0939		1309	1320		
Shooters Hill Bull (Shooters Hill)	0524		0724	0744	0758	0814	0829	0845	0859	0912	0925	0935	0945		1315	1326		
Queen Elizabeth Hospital	0528		0728	0749	0804	0820	0835	0851	0906	0919	0932	0942	0952		1322	1333		
Abbey Wood Knee Hill	1253		1503		1833	1845	1858	1910		1955	2010		2055	2110	2125	2140	2355	
Bentham Road Titmuss Avenue	1259		1509		1838	1850	1903	1915		2000	2015		2100	2115	2129	2144	2359	
Thamesmead Town Centre	1303	Then	1513	Then	1841	1853	1906	1918	Then	2003	2018	Then	2103	2118	2132	2147	Then	0002
Belmarsh Prison	1307	every	1517	about	1845	1857	1910	1922	every	2007	2022	every	2107	2122	2136	2151	every	0006
Broadwaters Goosander Way	1313	10	1523	every	1850	1902	1915	1927	15	2012	2026	15	2111	2126	2140	2155	15	0010
Plumstead Station	1317	mins.	1527	11	1854	1906	1919	1931	mins.	2016	2029	mins.	2114	2129	2143	2158	mins.	0013
Woolwich Arsenal Station	1323	until	1533	mins.	1858	1910	1923	1935	until	2020	2033	until	2118	2133	2147	2202	until	0017
Herbert Road Plumstead Common Rd.	1331		1541	until	1905	1916	1929	1941		2026	2039		2124	2139	2153	2208		0023
Shooters Hill Bull (Shooters Hill)	1337		1547		1911	1922	1935	1947		2032	2045		2130	2145	2159	2214		0029
Queen Elizabeth Hospital	1344		1554		1917	1928	1941	1953		2038	2051		2136	2150	2204	2218		0033
244		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
Abbey Wood Knee Hill	0540	0610	0640	0658	0713	0728	0743	0758	0813	0827	0842	0857	0912	0927	0941	0956	1010	1025
Bentham Road Titmuss Avenue	0544	0614	0644	0702	0717	0732	0747	0802	0817	0831	0847	0902	0917	0932	0946	1001	1015	1030
Thamesmead Town Centre	0547	0617	0647	0705	0720	0735	0750	0805	0820	0834	0850	0905	0920	0935	0949	1004	1018	1033
Belmarsh Prison	0551	0621	0651	0709	0724	0739	0754	0809	0824	0838	0854	0909	0924	0939	0953	1008	1022	1037
Broadwaters Goosander Way	0555	0625	0655	0713	0728	0743	0758	0813	0828	0842	0858	0913	0928	0943	0957	1012	1026	1041
Plumstead Station	0558	0628	0658	0716	0731	0746	0801	0816	0831	0845	0901	0916	0931	0946	1000	1015	1029	1044
Woolwich Arsenal Station	0602	0632	0702	0720	0735	0750	0805	0820	0835	0849	0905	0920	0935	0950	1004	1019	1034	1049
Herbert Road Plumstead Common Rd.	0608	0638	0708	0726	0741	0756	0811	0826	0841	0855	0911	0926	0941	0956	1011	1026	1041	1056
Shooters Hill Bull (Shooters Hill)	0614	0644	0714	0732	0747	0802	0817	0832	0847	0901	0917	0932	0947	1002	1017	1032	1047	1102
Queen Elizabeth Hospital	0618	0648	0718	0736	0751	0806	0821	0836	0852	0907	0923	0938	0953	1008	1023	1039	1054	1109
Abbey Wood Knee Hill	1040		1440	1455	1510	1525	1540			1925	1940	1955	2010					2355
Bentham Road Titmuss Avenue	1045		1445	1500	1515	1530	1545			1930	1945	1959	2014					2359
Thamesmead Town Centre	1048		1448	1503	1518	1533	1548			1933	1948	2002	2017					0002
Belmarsh Prison	1052	Then every 15 minutes until	1452	1507	1522	1537	1552	Then every 15 minutes until	1937	1952	2006	2021	Then every 15 minutes until	0006				
Broadwaters Goosander Way	1056		1456	1511	1526	1541	1556		1941	1956	2010	2025		0010				
Plumstead Station	1059		1459	1514	1529	1544	1559		1944	1959	2013	2028		0013				
Woolwich Arsenal Station	1104		1504	1519	1534	1548	1603		1948	2003	2017	2032		0017				
Herbert Road Plumstead Common Rd.	1111		1511	1526	1541	1555	1609		1954	2009	2023	2038		0023				
Shooters Hill Bull (Shooters Hill)	1117		1517	1532	1547	1601	1615		2000	2015	2029	2044			0029			
Queen Elizabeth Hospital	1124		1524	1538	1553	1607	1621		2006	2020	2034	2048			0033			

244 Mondays to Fridays																				
Queen Elizabeth Hospital	0515	0535	0555	0615	0635	0646	0655	0705	0713			1011		1401		1855				
Shooters Hill Bull (Shooters Hill)	0521	0541	0601	0621	0641	0652	0701	0711	0720			1018		1408		1903				
Herbert Road Plumstead Common Rd.	0526	0546	0606	0626	0646	0657	0706	0716	0726		Then	1023		1413	Then	1908				
Woolwich Arsenal Station	0530	0550	0610	0630	0651	0703	0714	0724	0734		about	1029	Then	1419	about	1914				
Plumstead Bus Garage	0533	0553	0613	0633	0654	0706	0719	0729	0739		every 10	1034	every 10	1424	every 11	1919				
Broadwaters Goosander Way	0535	0555	0615	0635	0656	0708	0721	0731	0741		minutes	1037	minutes	1427	minutes	1921				
Belmarsh Prison	0540	0600	0620	0640	0701	0714	0727	0737	0747		until	1043	until	1433	until	1926				
Thamesmead Town Cen. Central Way	0544	0604	0624	0644	0706	0719	0732	0742	0752			1048		1438		1931				
Bentham Road Titmuss Avenue	0546	0606	0626	0646	0709	0722	0735	0745	0755			1051		1441		1934				
Abbey Wood Knee Hill	0551	0611	0631	0651	0714	0727	0740	0750	0800			1056		1446		1939				
Queen Elizabeth Hospital	1907	1919	1931	1943	1955	2007	2019	2031	2045	2100	2114	2129	2143	2156	2210		0025			
Shooters Hill Bull (Shooters Hill)	1915	1927	1939	1951	2002	2014	2025	2037	2051	2106	2120	2135	2149	2201	2215		0030			
Herbert Road Plumstead Common Rd.	1920	1932	1944	1956	2007	2019	2030	2042	2056	2111	2125	2140	2154	2206	2220		0035			
Woolwich Arsenal Station	1926	1938	1950	2002	2013	2024	2035	2047	2100	2115	2129	2144	2158	2210	2224		0039			
Plumstead Bus Garage	1931	1943	1955	2007	2018	2029	2040	2052	2105	2120	2134	2149	2203	2215	2229	Then	0044			
Broadwaters Goosander Way	1933	1945	1957	2009	2020	2031	2042	2054	2107	2122	2136	2151	2205	2217	2231	every 15	0046			
Belmarsh Prison	1938	1950	2002	2014	2025	2036	2047	2059	2112	2127	2141	2156	2210	2222	2236	until	0051			
Thamesmead Town Cen. Central Way	1943	1955	2007	2019	2030	2041	2052	2104	2117	2131	2145	2200	2214	2226	2240		0055			
Bentham Road Titmuss Avenue	1945	1957	2009	2021	2032	2043	2054	2106	2119	2133	2147	2202	2216	2228	2242		0057			
Abbey Wood Knee Hill	1950	2002	2014	2026	2037	2048	2059	2111	2124	2138	2152	2207	2220	2232	2245		0100			
244 Saturdays (also Good Friday)																				
Queen Elizabeth Hospital	0515				0655	0715	0735	0750	0805	0820	0835	0847	0859		1329		1509			
Shooters Hill Bull (Shooters Hill)	0520				0700	0720	0740	0756	0811	0826	0841	0853	0906		1336		1516			
Herbert Road Plumstead Common Rd.	0525				0705	0725	0745	0801	0816	0831	0846	0858	0911		1341	Then	1521			
Woolwich Arsenal Station	0529	Then			0709	0729	0749	0805	0821	0837	0852	0905	0918		1349	Then	1529			
Plumstead Bus Garage	0532	every 20			0712	0732	0752	0808	0824	0840	0856	0909	0922		1355	every 10	1535			
Broadwaters Goosander Way	0534	minutes			0714	0734	0754	0810	0826	0842	0859	0912	0925		1358	minutes	1538			
Belmarsh Prison	0539	until			0719	0739	0759	0815	0831	0847	0904	0917	0930		1404	until	1544			
Thamesmead Town Cen. Central Way	0543				0723	0743	0803	0819	0835	0852	0909	0922	0935		1409		1549			
Bentham Road Titmuss Avenue	0545				0725	0745	0805	0822	0838	0855	0912	0925	0938		1412		1552			
Abbey Wood Knee Hill	0548				0728	0749	0810	0827	0843	0900	0917	0930	0943		1417		1557			
Queen Elizabeth Hospital	1520	1530			1859			1959	2014	2028	2043	2058	2112	2127	2142	2156	2211	2225		0025
Shooters Hill Bull (Shooters Hill)	1527	1537			1905			2005	2020	2034	2048	2103	2117	2132	2147	2201	2216	2230		0030
Herbert Road Plumstead Common Rd.	1532	1542	Then		1910	Then		2010	2025	2039	2053	2108	2122	2137	2152	2206	2221	2235	Then	0035
Woolwich Arsenal Station	1540	1550	about		1915	every		2015	2030	2044	2058	2112	2126	2141	2156	2210	2225	2239	every	0039
Plumstead Bus Garage	1546	1556	every		1921	12		2021	2036	2050	2104	2117	2131	2146	2201	2215	2230	2244	15	0044
Broadwaters Goosander Way	1549	1559	11		1923	mins.		2023	2038	2052	2106	2119	2133	2148	2203	2217	2232	2246	mins.	0046
Belmarsh Prison	1555	1605	mins.		1929	until		2029	2044	2058	2112	2125	2139	2154	2209	2222	2237	2251	until	0051
Thamesmead Town Cen. Central Way	1600	1610	until		1933			2033	2048	2102	2116	2129	2143	2158	2213	2226	2241	2255		0055
Bentham Road Titmuss Avenue	1603	1613			1936			2036	2051	2105	2119	2131	2145	2200	2215	2228	2243	2257		0057
Abbey Wood Knee Hill	1608	1618			1940			2040	2055	2109	2123	2135	2148	2203	2218	2231	2246	2300		0100
244 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																				
Queen Elizabeth Hospital	0555	0625	0655	0715	0735	0752	0807	0822	0837			0937	0951	1006	1020	1034	1048			1518
Shooters Hill Bull (Shooters Hill)	0600	0630	0700	0720	0740	0757	0812	0827	0843			0943	0957	1012	1026	1040	1055			1525
Herbert Road Plumstead Common Rd.	0605	0635	0705	0725	0745	0802	0817	0832	0848	Then		0948	1002	1017	1031	1045	1100	Then		1530
Woolwich Arsenal Station	0609	0639	0709	0729	0749	0806	0821	0836	0852	every		0952	1007	1022	1036	1050	1105	every		1535
Plumstead Bus Garage	0612	0642	0712	0732	0752	0809	0824	0839	0855	15		0955	1010	1025	1040	1055	1110	15		1540
Broadwaters Goosander Way	0614	0644	0714	0734	0754	0811	0826	0841	0857	mins.		0957	1012	1027	1042	1057	1112	mins.		1542
Belmarsh Prison	0619	0649	0719	0739	0759	0816	0831	0846	0902	until		1002	1017	1032	1047	1102	1117	until		1547
Thamesmead Town Cen. Central Way	0623	0653	0723	0743	0803	0820	0835	0850	0906			1006	1021	1036	1051	1106	1121			1551
Bentham Road Titmuss Avenue	0625	0655	0725	0745	0805	0822	0837	0853	0909			1009	1024	1039	1054	1109	1124			1554
Abbey Wood Knee Hill	0628	0658	0728	0748	0808	0825	0841	0857	0913			1013	1028	1043	1058	1113	1128			1558
Queen Elizabeth Hospital	1533	1547	1602	1616	1630	1644				1914	1928	1943	1958	2013	2027	2041	2055			0025
Shooters Hill Bull (Shooters Hill)	1539	1553	1608	1622	1636	1650				1920	1934	1948	2003	2018	2032	2046	2100			0030
Herbert Road Plumstead Common Rd.	1544	1558	1613	1627	1641	1655				1925	1939	1953	2008	2023	2037	2051	2105	Then		0035
Woolwich Arsenal Station	1549	1603	1617	1631	1645	1659				1929	1943	1957	2012	2027	2041	2055	2109	every		0039
Plumstead Bus Garage	1554	1608	1622	1636	1650	1704				1934	1948	2002	2017	2032	2046	2100	2114	15		0044
Broadwaters Goosander Way	1556	1610	1624	1638	1652	1706				1936	1950	2004	2019	2034	2048	2102	2116	mins.		0046
Belmarsh Prison	1601	1615	1629	1643	1657	1711				1941	1955	2009	2024	2039	2053	2107	2121	until		0051
Thamesmead Town Cen. Central Way	1605	1619	1633	1647	1701	1715				1945	1959	2013	2028	2043	2057	2111	2125			0055
Bentham Road Titmuss Avenue	1608	1622	1636	1650	1704	1718				1948	2001	2015	2030	2045	2059	2113	2127			0057
Abbey Wood Knee Hill	1612	1626	1640	1654	1708	1722				1952	2005	2019	2033	2048	2102	2116	2130			0100