

| 248 | | Mondays to Fridays | | | | | | | | | | | | | | | |
|---------------------------------|------|---|-------------------------------------|------|------|--|------|--------------------------------------|------|------|--|--------------------------------------|------|--------------------------------------|---------------------------------------|-------------------------------------|------|
| | | | | | | | | | | | | School days | | | | | |
| Cranham Front Lane/Moor Lane | 0455 | 0515 | 0535 | 0547 | 0559 | 0611 | 0623 | 0635 | 0646 | 0657 | 0704 | 0710 | 0716 | 0722 | 0729 | Then every 8 minutes until | 0905 |
| Waycross Road Lexington Way | 0458 | 0518 | 0538 | 0550 | 0602 | 0614 | 0626 | 0638 | 0649 | 0700 | 0707 | 0713 | 0719 | 0725 | 0733 | | 0909 |
| Upminster Station Station Road | 0505 | 0525 | 0545 | 0557 | 0609 | 0621 | 0633 | 0645 | 0656 | 0707 | 0714 | 0720 | 0726 | 0734 | 0742 | | 0918 |
| Hornchurch Town Centre | 0511 | 0531 | 0551 | 0603 | 0615 | 0627 | 0639 | 0651 | 0702 | 0714 | 0721 | 0728 | 0736 | 0744 | 0752 | | 0928 |
| Romford Roneo Corner | 0517 | 0537 | 0557 | 0609 | 0621 | 0633 | 0646 | 0658 | 0711 | 0723 | 0732 | 0740 | 0748 | 0756 | 0804 | | 0940 |
| Romford Station | 0520 | 0540 | 0600 | 0612 | 0624 | 0636 | 0649 | 0701 | 0714 | 0726 | 0736 | 0744 | 0752 | 0800 | 0808 | | 0944 |
| Romford Market St. Edward's Way | 0523 | 0543 | 0603 | 0615 | 0627 | 0639 | 0652 | 0705 | 0718 | 0730 | 0740 | 0748 | 0756 | 0804 | 0812 | | 0948 |
| | | | | | | | | | | | | School holidays | | | | | |
| Cranham Front Lane/Moor Lane | 0913 | 0921 | 0929 | 0937 | 0945 | 0954 | 0623 | 0635 | 0646 | 0657 | 0704 | 0712 | 0720 | 0727 | 0735 | Then every 8 minutes until | 0911 |
| Waycross Road Lexington Way | 0917 | 0925 | 0933 | 0941 | 0949 | 0958 | 0626 | 0638 | 0649 | 0700 | 0707 | 0715 | 0723 | 0730 | 0738 | | 0914 |
| Upminster Station Station Road | 0926 | 0934 | 0942 | 0949 | 0957 | 1006 | 0633 | 0645 | 0656 | 0707 | 0714 | 0722 | 0730 | 0738 | 0746 | | 0922 |
| Hornchurch Town Centre | 0936 | 0943 | 0950 | 0957 | 1005 | 1013 | 0639 | 0651 | 0702 | 0713 | 0721 | 0729 | 0737 | 0746 | 0754 | | 0930 |
| Romford Roneo Corner | 0947 | 0954 | 1001 | 1008 | 1016 | 1024 | 0645 | 0657 | 0709 | 0721 | 0729 | 0739 | 0747 | 0756 | 0804 | | 0940 |
| Romford Station | 0951 | 0958 | 1005 | 1012 | 1020 | 1028 | 0648 | 0700 | 0712 | 0724 | 0733 | 0742 | 0751 | 0800 | 0808 | | 0944 |
| Romford Market St. Edward's Way | 0955 | 1002 | 1009 | 1016 | 1024 | 1032 | 0651 | 0703 | 0715 | 0727 | 0737 | 0746 | 0755 | 0804 | 0812 | | 0948 |
| | | | | | | | | | | | | School holidays | | | | | |
| Cranham Moor Lane | 0918 | 0925 | 0932 | 0939 | 0947 | 0955 | 1003 | Then every 8 minutes until | 1443 | 1450 | 1457 | 1504 | 1511 | 1519 | 1527 | 1535 | 1539 |
| Waycross Road Lexington Way | 0921 | 0929 | 0936 | 0943 | 0951 | 0959 | 1007 | | 1447 | 1454 | 1501 | 1508 | 1515 | 1523 | 1531 | 1539 | 1543 |
| Upminster Station Station Road | 0929 | 0937 | 0944 | 0951 | 0959 | 1007 | 1015 | | 1455 | 1502 | 1509 | 1516 | 1523 | 1531 | 1539 | 1547 | 1551 |
| Hornchurch White Hart | 0937 | 0944 | 0951 | 0958 | 1006 | 1014 | 1022 | | 1502 | 1509 | 1517 | 1524 | 1532 | 1540 | 1548 | 1556 | 1600 |
| Romford Roneo Corner | 0947 | 0954 | 1001 | 1008 | 1016 | 1024 | 1032 | | 1512 | 1520 | 1528 | 1536 | 1544 | 1552 | 1600 | 1608 | 1612 |
| Romford Station | 0951 | 0958 | 1005 | 1012 | 1020 | 1028 | 1036 | | 1516 | 1524 | 1532 | 1540 | 1548 | 1556 | 1604 | 1612 | 1616 |
| Romford Market St. Edward's Way | 0955 | 1002 | 1009 | 1016 | 1024 | 1032 | 1040 | | 1520 | 1528 | 1536 | 1544 | 1552 | 1600 | 1608 | 1616 | 1620 |
| Cranham Moor Lane | 1543 | 1547 | Then every 8 minutes until | 1811 | 1819 | 1827 | 1837 | 1847 | 1857 | 1907 | 1917 | Then every 12 minutes until | 2005 | 2020 | Then every 15 mins. until | 0005 | |
| Waycross Road Lexington Way | 1547 | 1551 | | 1815 | 1823 | 1831 | 1841 | 1851 | 1901 | 1911 | 1920 | | 2008 | 2023 | | 0008 | |
| Upminster Station Station Road | 1555 | 1559 | | 1823 | 1831 | 1839 | 1848 | 1858 | 1908 | 1918 | 1927 | | 2015 | 2028 | | 0013 | |
| Hornchurch White Hart | 1604 | 1608 | | 1832 | 1840 | 1848 | 1856 | 1906 | 1916 | 1925 | 1934 | | 2022 | 2034 | | 0019 | |
| Romford Roneo Corner | 1616 | 1620 | | 1844 | 1851 | 1858 | 1906 | 1915 | 1924 | 1932 | 1940 | | 2028 | 2040 | | 0025 | |
| Romford Station | 1620 | 1624 | | 1848 | 1855 | 1902 | 1910 | 1919 | 1927 | 1935 | 1943 | | 2031 | 2043 | | 0028 | |
| Romford Market St. Edward's Way | 1624 | 1628 | | 1852 | 1859 | 1906 | 1914 | 1922 | 1930 | 1938 | 1946 | | 2034 | 2046 | | 0031 | |
| 248 | | Saturdays (also Good Friday) | | | | | | | | | | | | | | | |
| Cranham Front Lane/Moor Lane | 0455 | Then every 20 minutes until | 0715 | 0730 | 0745 | 0800 | 0815 | Then every 8 minutes until | 0919 | 0926 | 0933 | Then every 8 minutes until | 1725 | 1733 | 1741 | | |
| Waycross Road Lexington Way | 0458 | | 0718 | 0733 | 0748 | 0804 | 0819 | | 0923 | 0930 | 0937 | | 1729 | 1737 | 1745 | | |
| Upminster Station Station Road | 0505 | | 0725 | 0740 | 0755 | 0812 | 0827 | | 0931 | 0938 | 0945 | | 1737 | 1745 | 1753 | | |
| Hornchurch Town Centre | 0511 | | 0731 | 0746 | 0802 | 0819 | 0834 | | 0938 | 0945 | 0952 | | 1744 | 1752 | 1800 | | |
| Romford Roneo Corner | 0517 | | 0737 | 0753 | 0811 | 0828 | 0843 | | 0947 | 0955 | 1003 | | 1755 | 1803 | 1810 | | |
| Romford Station | 0520 | | 0740 | 0757 | 0815 | 0832 | 0847 | | 0951 | 0959 | 1007 | | 1759 | 1807 | 1814 | | |
| Romford Market St. Edward's Way | 0523 | | 0743 | 0800 | 0818 | 0835 | 0850 | | 0954 | 1002 | 1011 | | 1803 | 1810 | 1817 | | |
| Cranham Front Lane/Moor Lane | 1750 | 1759 | 1808 | 1817 | 1829 | 1841 | 1853 | 1905 | 1917 | 1929 | 1941 | 1953 | 2005 | Then every 15 minutes until | 0005 | | |
| Waycross Road Lexington Way | 1754 | 1803 | 1812 | 1821 | 1833 | 1845 | 1857 | 1909 | 1921 | 1933 | 1945 | 1956 | 2008 | | 0008 | | |
| Upminster Station Station Road | 1802 | 1810 | 1819 | 1828 | 1840 | 1852 | 1904 | 1916 | 1928 | 1939 | 1950 | 2001 | 2013 | | 0013 | | |
| Hornchurch Town Centre | 1809 | 1817 | 1826 | 1835 | 1847 | 1859 | 1911 | 1923 | 1935 | 1945 | 1956 | 2007 | 2019 | | 0019 | | |
| Romford Roneo Corner | 1818 | 1826 | 1834 | 1843 | 1855 | 1907 | 1919 | 1931 | 1942 | 1952 | 2002 | 2013 | 2025 | | 0025 | | |
| Romford Station | 1822 | 1830 | 1838 | 1847 | 1859 | 1911 | 1923 | 1934 | 1945 | 1955 | 2005 | 2016 | 2028 | | 0028 | | |
| Romford Market St. Edward's Way | 1825 | 1833 | 1841 | 1850 | 1902 | 1914 | 1926 | 1937 | 1948 | 1958 | 2008 | 2019 | 2031 | | 0031 | | |
| 248 | | Sundays and other Public Holidays (except Christmas Day and Boxing Day) | | | | | | | | | | | | | | | |
| Cranham Front Lane/Moor Lane | 0555 | Then every 20 minutes at these minutes past the hour | 15 | 35 | 55 | 0835 | 0850 | Then every 15 minutes until | 1020 | 1035 | 1049 | Then every 15 minutes until | 1734 | 1749 | 1804 | | |
| Waycross Road Lexington Way | 0558 | | 18 | 38 | 58 | 0838 | 0853 | | 1023 | 1038 | 1052 | | 1737 | 1752 | 1807 | | |
| Upminster Station Station Road | 0605 | | 25 | 45 | 05 | 0845 | 0900 | | 1030 | 1045 | 1059 | | 1744 | 1759 | 1814 | | |
| Hornchurch Town Centre | 0611 | | 31 | 51 | 11 | 0851 | 0907 | | 1037 | 1052 | 1106 | | 1751 | 1806 | 1821 | | |
| Romford Roneo Corner | 0617 | | 37 | 57 | 17 | 0857 | 0913 | | 1043 | 1058 | 1113 | | 1758 | 1813 | 1827 | | |
| Romford Station | 0620 | | 40 | 00 | 20 | 0900 | 0916 | | 1046 | 1102 | 1117 | | 1802 | 1816 | 1830 | | |
| Romford Market St. Edward's Way | 0623 | | 43 | 03 | 23 | 0903 | 0919 | | 1049 | 1105 | 1120 | | 1805 | 1819 | 1833 | | |
| Cranham Front Lane/Moor Lane | 1819 | 1834 | 1849 | 1904 | 1920 | Then every 15 minutes at these minutes past the hour | 35 | 50 | 05 | 20 | 0005 0008 0013 0019 0025 0028 0031 | | | | | | |
| Waycross Road Lexington Way | 1822 | 1837 | 1852 | 1907 | 1923 | | 38 | 53 | 08 | 23 | | | | | | | |
| Upminster Station Station Road | 1829 | 1844 | 1859 | 1913 | 1928 | | 43 | 58 | 13 | 28 | | | | | | | |
| Hornchurch Town Centre | 1836 | 1851 | 1905 | 1919 | 1934 | | 49 | 04 | 19 | 34 | | | | | | | |
| Romford Roneo Corner | 1842 | 1857 | 1911 | 1925 | 1940 | | 55 | 10 | 25 | 40 | | | | | | | |
| Romford Station | 1845 | 1900 | 1914 | 1928 | 1943 | | 58 | 13 | 28 | 43 | | | | | | | |
| Romford Market St. Edward's Way | 1848 | 1903 | 1917 | 1931 | 1946 | | 01 | 16 | 31 | 46 | | | | | | | |
| 248 | | Boxing Day | | | | | | | | | | | | | | | |

A Sunday service operates, commencing with the 0755 journey from Romford.

| 248 Mondays to Fridays | | | | | | | | | | | | | | | | | | |
|---|------|-----------------|------|------|------|------|-----------------|----------------|--------------|-----------------|-----------------|--------------|----------------|-----------------|----------------|-----------------|------|------|
| | | | | | | | | | | School days | | | | | | | | |
| Romford Market St. Edward's Way | 0515 | | 0635 | 0645 | 0655 | 0705 | 0715 | 0725 | 0733 | 0741 | | 0757 | | 0909 | 0917 | 0925 | | |
| Romford Station | 0518 | <i>Then</i> | 0638 | 0648 | 0658 | 0708 | 0718 | 0728 | 0736 | 0744 | <i>Then</i> | 0800 | <i>Then</i> | 0912 | 0920 | 0928 | | |
| Romford Roneo Corner | 0521 | <i>every 20</i> | 0641 | 0651 | 0701 | 0711 | 0721 | 0733 | 0741 | 0749 | <i>every</i> | 0805 | <i>every 8</i> | 0917 | 0925 | 0933 | | |
| Hornchurch Town Centre | 0527 | <i>minutes</i> | 0647 | 0658 | 0708 | 0719 | 0730 | 0742 | 0750 | 0758 | <i>4</i> | 0814 | <i>minutes</i> | 0926 | 0934 | 0943 | | |
| Upminster Station Station Road | 0532 | <i>until</i> | 0652 | 0704 | 0716 | 0728 | 0740 | 0752 | 0800 | 0808 | <i>mins.</i> | 0824 | <i>until</i> | 0936 | 0943 | 0951 | | |
| Waycross Road Lexington Way | 0539 | | 0659 | 0711 | 0723 | 0735 | 0747 | 0759 | 0807 | 0815 | <i>until</i> | 0831 | | 0943 | 0950 | 0958 | | |
| Cranham Front Lane/Moor Lane | 0542 | | 0702 | 0714 | 0726 | 0738 | 0750 | 0802 | 0810 | 0818 | | 0834 | | 0946 | 0953 | 1001 | | |
| School holidays | | | | | | | | | | | | | | | | | | |
| Romford Market St. Edward's Way | 0646 | 0657 | 0708 | 0719 | 0729 | 0737 | 0745 | 0750 | 0754 | 0758 | | 0838 | | 0859 | 0905 | 0912 | 0919 | 0926 |
| Romford Station | 0649 | 0700 | 0711 | 0722 | 0732 | 0740 | 0748 | 0753 | 0757 | 0801 | <i>Then</i> | 0841 | <i>Then</i> | 0902 | 0908 | 0915 | 0922 | 0929 |
| Romford Roneo Corner | 0652 | 0703 | 0714 | 0725 | 0736 | 0744 | 0752 | 0757 | 0801 | 0805 | <i>every</i> | 0845 | <i>every</i> | 0906 | 0912 | 0919 | 0926 | 0933 |
| Hornchurch White Hart | 0658 | 0710 | 0721 | 0732 | 0744 | 0752 | 0800 | 0805 | 0809 | 0813 | <i>8</i> | 0853 | <i>7</i> | 0914 | 0920 | 0927 | 0935 | 0943 |
| Upminster Station Station Road | 0704 | 0716 | 0728 | 0740 | 0752 | 0800 | 0808 | 0813 | 0817 | 0821 | <i>mins.</i> | 0901 | <i>mins.</i> | 0922 | 0928 | 0935 | 0943 | 0951 |
| Waycross Road Lexington Way | 0711 | 0723 | 0735 | 0747 | 0759 | 0807 | 0815 | 0820 | 0824 | 0828 | <i>until</i> | 0908 | <i>until</i> | 0929 | 0935 | 0942 | 0950 | 0958 |
| Cranham Moor Lane | 0714 | 0726 | 0738 | 0750 | 0802 | 0810 | 0818 | 0823 | 0827 | 0831 | | 0911 | | 0932 | 0938 | 0945 | 0953 | 1001 |
| Romford Market St. Edward's Way | 0933 | | 1445 | 1452 | 1459 | 1506 | 1513 | | 1753 | 1801 | 1809 | 1817 | 1825 | 1833 | 1842 | 1851 | | |
| Romford Station | 0936 | <i>Then</i> | 1448 | 1455 | 1502 | 1509 | 1516 | <i>Then</i> | 1756 | 1804 | 1812 | 1820 | 1828 | 1836 | 1845 | 1854 | | |
| Romford Roneo Corner | 0941 | <i>every 8</i> | 1453 | 1500 | 1507 | 1514 | 1521 | <i>every 8</i> | 1801 | 1809 | 1817 | 1825 | 1833 | 1840 | 1849 | 1857 | | |
| Hornchurch White Hart | 0951 | <i>minutes</i> | 1503 | 1510 | 1518 | 1525 | 1533 | <i>minutes</i> | 1813 | 1821 | 1829 | 1837 | 1844 | 1850 | 1858 | 1905 | | |
| Upminster Station Station Road | 0959 | <i>until</i> | 1511 | 1519 | 1527 | 1535 | 1543 | <i>until</i> | 1823 | 1831 | 1839 | 1845 | 1851 | 1857 | 1904 | 1911 | | |
| Waycross Road Lexington Way | 1006 | | 1518 | 1527 | 1536 | 1544 | 1552 | | 1832 | 1839 | 1846 | 1852 | 1858 | 1904 | 1911 | 1918 | | |
| Cranham Moor Lane | 1009 | | 1521 | 1530 | 1539 | 1547 | 1555 | | 1835 | 1842 | 1849 | 1855 | 1901 | 1907 | 1914 | 1921 | | |
| Romford Market St. Edward's Way | 1859 | 1909 | 1919 | 1929 | 1941 | 1953 | 2005 | 2017 | 2029 | 2042 | <i>Then</i> | 57 | 12 | 27 | 42 | 0042 | | |
| Romford Station | 1902 | 1912 | 1922 | 1932 | 1944 | 1956 | 2008 | 2020 | 2032 | 2045 | <i>every 15</i> | 00 | 15 | 30 | 45 | 0045 | | |
| Romford Roneo Corner | 1905 | 1915 | 1925 | 1935 | 1947 | 1959 | 2011 | 2023 | 2035 | 2048 | <i>minutes</i> | 03 | 18 | 33 | 48 | 0048 | | |
| Hornchurch White Hart | 1913 | 1923 | 1933 | 1943 | 1955 | 2007 | 2017 | 2029 | 2041 | 2054 | <i>at these</i> | 09 | 24 | 39 | 54 | <i>until</i> | 0054 | |
| Upminster Station Station Road | 1919 | 1929 | 1939 | 1949 | 2001 | 2012 | 2022 | 2034 | 2046 | 2059 | <i>minutes</i> | 14 | 29 | 44 | 59 | 0059 | | |
| Waycross Road Lexington Way | 1926 | 1936 | 1946 | 1956 | 2008 | 2019 | 2029 | 2041 | 2053 | 2106 | <i>past</i> | 21 | 36 | 51 | 06 | 0106 | | |
| Cranham Moor Lane | 1929 | 1939 | 1949 | 1959 | 2011 | 2022 | 2032 | 2044 | 2056 | 2109 | <i>the hour</i> | 24 | 39 | 54 | 09 | 0109 | | |
| 248 Saturdays (also Good Friday) | | | | | | | | | | | | | | | | | | |
| Romford Market St. Edward's Way | 0515 | | 0735 | 0750 | 0805 | 0820 | 0835 | 0850 | | 0930 | 0937 | 0944 | 0952 | 0959 | | 1743 | | |
| Romford Station | 0518 | <i>Then</i> | 0738 | 0753 | 0809 | 0824 | 0839 | 0854 | <i>Then</i> | 0934 | 0941 | 0948 | 0956 | 1004 | <i>Then</i> | 1748 | | |
| Romford Roneo Corner | 0521 | <i>every 20</i> | 0741 | 0756 | 0813 | 0828 | 0843 | 0858 | <i>every</i> | 0938 | 0945 | 0952 | 1000 | 1008 | <i>every 8</i> | 1752 | | |
| Hornchurch Town Centre | 0527 | <i>minutes</i> | 0747 | 0804 | 0822 | 0837 | 0852 | 0907 | <i>8</i> | 0947 | 0955 | 1003 | 1011 | 1019 | <i>minutes</i> | 1803 | | |
| Upminster Station Station Road | 0532 | <i>until</i> | 0752 | 0811 | 0829 | 0844 | 0859 | 0914 | <i>mins.</i> | 0954 | 1002 | 1010 | 1018 | 1026 | <i>until</i> | 1810 | | |
| Waycross Road Lexington Way | 0539 | | 0759 | 0818 | 0836 | 0851 | 0906 | 0921 | <i>until</i> | 1001 | 1009 | 1017 | 1025 | 1033 | | 1817 | | |
| Cranham Front Lane/Moor Lane | 0542 | | 0802 | 0821 | 0839 | 0854 | 0909 | 0924 | | 1004 | 1012 | 1020 | 1028 | 1036 | | 1820 | | |
| Romford Market St. Edward's Way | 1752 | 1801 | 1810 | 1819 | 1827 | 1839 | 1851 | 1903 | 1915 | 1927 | 1939 | 1951 | 2003 | 2015 | 2027 | 0042 | | |
| Romford Station | 1757 | 1805 | 1814 | 1822 | 1830 | 1842 | 1854 | 1906 | 1918 | 1930 | 1942 | 1954 | 2006 | 2018 | 2030 | <i>Then</i> | 0045 | |
| Romford Roneo Corner | 1801 | 1809 | 1818 | 1826 | 1834 | 1846 | 1858 | 1910 | 1922 | 1933 | 1945 | 1957 | 2009 | 2021 | 2033 | <i>every 15</i> | 0048 | |
| Hornchurch Town Centre | 1811 | 1819 | 1827 | 1835 | 1843 | 1855 | 1907 | 1919 | 1931 | 1941 | 1952 | 2003 | 2015 | 2027 | 2039 | <i>minutes</i> | 0054 | |
| Upminster Station Station Road | 1818 | 1826 | 1834 | 1842 | 1850 | 1902 | 1914 | 1926 | 1937 | 1947 | 1957 | 2008 | 2020 | 2032 | 2044 | <i>until</i> | 0059 | |
| Waycross Road Lexington Way | 1825 | 1833 | 1841 | 1849 | 1857 | 1909 | 1921 | 1933 | 1944 | 1954 | 2004 | 2015 | 2027 | 2039 | 2051 | | 0106 | |
| Cranham Front Lane/Moor Lane | 1828 | 1836 | 1844 | 1852 | 1900 | 1912 | 1924 | 1936 | 1947 | 1957 | 2007 | 2018 | 2030 | 2042 | 2054 | | 0109 | |
| 248 Sundays and other Public Holidays (except Christmas Day and Boxing Day) | | | | | | | | | | | | | | | | | | |
| Romford Market St. Edward's Way | 0637 | <i>Then</i> | 57 | 17 | 37 | 0837 | 0857 | 0917 | 0937 | | 1037 | 1052 | 1107 | | 1737 | | | |
| Romford Station | 0640 | <i>every 20</i> | 00 | 20 | 40 | 0840 | 0900 | 0920 | 0940 | <i>Then</i> | 1040 | 1055 | 1110 | <i>Then</i> | 1740 | | | |
| Romford Roneo Corner | 0643 | <i>minutes</i> | 03 | 23 | 43 | 0843 | 0903 | 0923 | 0943 | <i>every 15</i> | 1043 | 1058 | 1113 | <i>every 15</i> | 1743 | | | |
| Hornchurch Town Centre | 0649 | <i>at these</i> | 09 | 29 | 49 | 0849 | 0909 | 0929 | 0949 | <i>minutes</i> | 1049 | 1104 | 1120 | <i>minutes</i> | 1750 | | | |
| Upminster Station Station Road | 0654 | <i>minutes</i> | 14 | 34 | 54 | 0854 | 0915 | 0935 | 0955 | <i>until</i> | 1055 | 1111 | 1127 | <i>until</i> | 1757 | | | |
| Waycross Road Lexington Way | 0701 | <i>past</i> | 21 | 41 | 01 | 0901 | 0922 | 0942 | 1002 | | 1102 | 1118 | 1134 | | 1804 | | | |
| Cranham Front Lane/Moor Lane | 0704 | <i>the hour</i> | 24 | 44 | 04 | 0904 | 0925 | 0945 | 1005 | | 1105 | 1121 | 1137 | | 1807 | | | |
| Romford Market St. Edward's Way | 1753 | 1808 | 1824 | 1840 | 1856 | 1912 | <i>Then</i> | 27 | 42 | 57 | 12 | 0042 | | | | | | |
| Romford Station | 1756 | 1811 | 1827 | 1843 | 1859 | 1915 | <i>every 15</i> | 30 | 45 | 00 | 15 | 0045 | | | | | | |
| Romford Roneo Corner | 1759 | 1814 | 1830 | 1846 | 1902 | 1918 | <i>minutes</i> | 33 | 48 | 03 | 18 | 0048 | | | | | | |
| Hornchurch Town Centre | 1806 | 1821 | 1837 | 1853 | 1909 | 1924 | <i>at these</i> | 39 | 54 | 09 | 24 | <i>until</i> | 0054 | | | | | |
| Upminster Station Station Road | 1813 | 1828 | 1843 | 1859 | 1914 | 1929 | <i>minutes</i> | 44 | 59 | 14 | 29 | 0059 | | | | | | |
| Waycross Road Lexington Way | 1820 | 1835 | 1850 | 1906 | 1921 | 1936 | <i>past</i> | 51 | 06 | 21 | 36 | 0106 | | | | | | |
| Cranham Front Lane/Moor Lane | 1823 | 1838 | 1853 | 1909 | 1924 | 1939 | <i>the hour</i> | 54 | 09 | 24 | 39 | 0109 | | | | | | |
| 248 Boxing Day | | | | | | | | | | | | | | | | | | |

A Sunday service operates, commencing with the 0757 journey from Cranham.