

248 Mondays to Fridays																	
Cranham Moor Lane	0455	0515	0535	0547	0559	0611	0623	0635	0646	0657	0704	0710	0716	0722	0729	Then every 8 minutes until	0905
Upminster Park Estate Waycross Road	0458	0518	0538	0550	0602	0614	0626	0638	0649	0700	0707	0713	0719	0725	0733		0909
Upminster Station	0505	0525	0545	0557	0609	0621	0633	0645	0656	0707	0714	0720	0726	0734	0742		0918
Hornchurch White Hart	0511	0531	0551	0603	0615	0627	0639	0651	0702	0714	0721	0728	0736	0744	0752		0928
Romford Roneo Corner	0517	0537	0557	0609	0621	0633	0646	0658	0711	0723	0732	0740	0748	0756	0804		0940
Romford Station	0520	0540	0600	0612	0624	0636	0649	0701	0714	0726	0736	0744	0752	0800	0808		0944
Romford Market	0523	0543	0603	0615	0627	0639	0652	0705	0718	0730	0740	0748	0756	0804	0812	0948	
Cranham Moor Lane	0913	0921	0929	0937	0945	0954	1003	Then every 8 minutes until	1443	1450	1457	1504	1511	1519	1527	1535	1539
Upminster Park Estate Waycross Road	0917	0925	0933	0941	0949	0958	1007		1447	1454	1501	1508	1515	1523	1531	1539	1543
Upminster Station	0926	0934	0942	0949	0957	1006	1015		1455	1502	1509	1516	1523	1531	1539	1547	1551
Hornchurch White Hart	0936	0943	0950	0957	1005	1013	1022		1502	1509	1517	1524	1532	1540	1548	1556	1600
Romford Roneo Corner	0947	0954	1001	1008	1016	1024	1032		1512	1520	1528	1536	1544	1552	1600	1608	1612
Romford Station	0951	0958	1005	1012	1020	1028	1036		1516	1524	1532	1540	1548	1556	1604	1612	1616
Romford Market	0955	1002	1009	1016	1024	1032	1040	1520	1528	1536	1544	1552	1600	1608	1616	1620	
Cranham Moor Lane	1543	1547	Then every 8 minutes until	1811	1819	1827	1837	1847	1857	1907	1917	Then every 12 minutes until	2005	2020	Then every 15 mins. until	0005	
Upminster Park Estate Waycross Road	1547	1551		1815	1823	1831	1841	1851	1901	1911	1920		2008	2023		0008	
Upminster Station	1555	1559		1823	1831	1839	1848	1858	1908	1918	1927		2015	2028		0013	
Hornchurch White Hart	1604	1608		1832	1840	1848	1856	1906	1916	1925	1934		2022	2034		0019	
Romford Roneo Corner	1616	1620		1844	1851	1858	1906	1915	1924	1932	1940		2028	2040		0025	
Romford Station	1620	1624		1848	1855	1902	1910	1919	1927	1935	1943		2031	2043		0028	
Romford Market	1624	1628	1852	1859	1906	1914	1922	1930	1938	1946	2034	2046	0031				
248 Saturdays (also Good Friday)																	
Cranham Moor Lane	0455	Then every 20 minutes until	0715	0730	0745	0800	0815	Then every 8 minutes until	0919	0926	0933	Then every 8 minutes until	1725	1733	1741		
Upminster Park Estate Waycross Road	0458		0718	0733	0748	0804	0819		0923	0930	0937		1729	1737	1745		
Upminster Station	0505		0725	0740	0755	0812	0827		0931	0938	0945		1737	1745	1753		
Hornchurch White Hart	0511		0731	0746	0802	0819	0834		0938	0945	0952		1744	1752	1800		
Romford Roneo Corner	0517		0737	0753	0811	0828	0843		0947	0955	1003		1755	1803	1810		
Romford Station	0520		0740	0757	0815	0832	0847		0951	0959	1007		1759	1807	1814		
Romford Market	0523	0743	0800	0818	0835	0850	0954	1002	1011	1803	1810	1817					
Cranham Moor Lane	1750	1759	1808	1817	1829	1841	1853	1905	1917	1929	1941	1953	2005	Then every 15 minutes until	0005		
Upminster Park Estate Waycross Road	1754	1803	1812	1821	1833	1845	1857	1909	1921	1933	1945	1956	2008		0008		
Upminster Station	1802	1810	1819	1828	1840	1852	1904	1916	1928	1939	1950	2001	2013		0013		
Hornchurch White Hart	1809	1817	1826	1835	1847	1859	1911	1923	1935	1945	1956	2007	2019		0019		
Romford Roneo Corner	1818	1826	1834	1843	1855	1907	1919	1931	1942	1952	2002	2013	2025		0025		
Romford Station	1822	1830	1838	1847	1859	1911	1923	1934	1945	1955	2005	2016	2028		0028		
Romford Market	1825	1833	1841	1850	1902	1914	1926	1937	1948	1958	2008	2019	2031	0031			
248 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																	
Cranham Moor Lane	0555	Then every 20 minutes at these minutes past the hour	15	35	55	0835	0850	Then every 15 minutes until	1020	1035	1049	Then every 15 minutes until	1734	1749	1804		
Upminster Park Estate Waycross Road	0558		18	38	58	0838	0853		1023	1038	1052		1737	1752	1807		
Upminster Station	0605		25	45	05	0845	0900		1030	1045	1059		1744	1759	1814		
Hornchurch White Hart	0611		31	51	11	0851	0907		1037	1052	1106		1751	1806	1821		
Romford Roneo Corner	0617		37	57	17	0857	0913		1043	1058	1113		1758	1813	1827		
Romford Station	0620		40	00	20	0900	0916		1046	1102	1117		1802	1816	1830		
Romford Market	0623	43	03	23	0903	0919	1049	1105	1120	1805	1819	1833					
Cranham Moor Lane	1819	1834	1849	1904	1920	Then every 15 minutes at these minutes past the hour	35	50	05	20	0005						
Upminster Park Estate Waycross Road	1822	1837	1852	1907	1923		38	53	08	23	0008						
Upminster Station	1829	1844	1859	1913	1928		43	58	13	28	0013						
Hornchurch White Hart	1836	1851	1905	1919	1934		49	04	19	34	0019						
Romford Roneo Corner	1842	1857	1911	1925	1940		55	10	25	40	0025						
Romford Station	1845	1900	1914	1928	1943		58	13	28	43	0028						
Romford Market	1848	1903	1917	1931	1946	01	16	31	46	0031							

248 Mondays to Fridays																			
Romford Market	0515		0635	0645	0655	0705	0715	0725	0733	0741		0757		0909	0917				
Romford Station	0518	Then	0638	0648	0658	0708	0718	0728	0736	0744	Then	0800	Then	0912	0920				
Romford Roneo Corner	0521	every 20	0641	0651	0701	0711	0721	0733	0741	0749	every 4	0805	every 8	0917	0925				
Hornchurch White Hart	0527	minutes	0647	0658	0708	0719	0730	0742	0750	0758	minutes	0814	minutes	0926	0934				
Upminster Station	0532	until	0652	0704	0716	0728	0740	0752	0800	0808	until	0824	until	0936	0943				
Upminster Park Estate Waycross Road	0539		0659	0711	0723	0735	0747	0759	0807	0815		0831		0943	0950				
Cranham Moor Lane	0542		0702	0714	0726	0738	0750	0802	0810	0818		0834		0946	0953				
Romford Market	0925		1445	1452	1459	1506	1513				Then	1753	1801	1809	1817	1825	1833	1842	1851
Romford Station	0928	Then	1448	1455	1502	1509	1516	Then			every 8	1756	1804	1812	1820	1828	1836	1845	1854
Romford Roneo Corner	0933	every 8	1453	1500	1507	1514	1521	minutes			minutes	1801	1809	1817	1825	1833	1840	1849	1857
Hornchurch White Hart	0943	minutes	1503	1510	1518	1525	1533	until			minutes	1813	1821	1829	1837	1844	1850	1858	1905
Upminster Station	0951	until	1511	1519	1527	1535	1543				minutes	1823	1831	1839	1845	1851	1857	1904	1911
Upminster Park Estate Waycross Road	0958		1518	1527	1536	1544	1552				minutes	1832	1839	1846	1852	1858	1904	1911	1918
Cranham Moor Lane	1001		1521	1530	1539	1547	1555				minutes	1835	1842	1849	1855	1901	1907	1914	1921
Romford Market	1859	1909	1919	1929	1941	1953	2005	2017	2029	2042	Then	57	12	27	42				0042
Romford Station	1902	1912	1922	1932	1944	1956	2008	2020	2032	2045	every 15	00	15	30	45				0045
Romford Roneo Corner	1905	1915	1925	1935	1947	1959	2011	2023	2035	2048	minutes	03	18	33	48				0048
Hornchurch White Hart	1913	1923	1933	1943	1955	2007	2017	2029	2041	2054	at these	09	24	39	54	until			0054
Upminster Station	1919	1929	1939	1949	2001	2012	2022	2034	2046	2059	minutes	14	29	44	59				0059
Upminster Park Estate Waycross Road	1926	1936	1946	1956	2008	2019	2029	2041	2053	2106	past	21	36	51	06				0106
Cranham Moor Lane	1929	1939	1949	1959	2011	2022	2032	2044	2056	2109	the hour	24	39	54	09				0109
248 Saturdays (also Good Friday)																			
Romford Market	0515		0735	0750	0805	0820	0835	0850			Then	0930	0937	0944	0952	0959			1743
Romford Station	0518	Then	0738	0753	0809	0824	0839	0854	Then		every	0934	0941	0948	0956	1004	Then		1748
Romford Roneo Corner	0521	every 20	0741	0756	0813	0828	0843	0858	every	8	minutes	0938	0945	0952	1000	1008	every 8		1752
Hornchurch White Hart	0527	minutes	0747	0804	0822	0837	0852	0907	mins.		minutes	0947	0955	1003	1011	1019	minutes		1803
Upminster Station	0532	until	0752	0811	0829	0844	0859	0914	mins.		minutes	0954	1002	1010	1018	1026	until		1810
Upminster Park Estate Waycross Road	0539		0759	0818	0836	0851	0906	0921	until		minutes	1001	1009	1017	1025	1033			1817
Cranham Moor Lane	0542		0802	0821	0839	0854	0909	0924			minutes	1004	1012	1020	1028	1036			1820
Romford Market	1752	1801	1810	1819	1827	1839	1851	1903	1915	1927	1939	1951	2003	2015	2027				0042
Romford Station	1757	1805	1814	1822	1830	1842	1854	1906	1918	1930	1942	1954	2006	2018	2030			Then	0045
Romford Roneo Corner	1801	1809	1818	1826	1834	1846	1858	1910	1922	1933	1945	1957	2009	2021	2033			every 15	0048
Hornchurch White Hart	1811	1819	1827	1835	1843	1855	1907	1919	1931	1941	1952	2003	2015	2027	2039			minutes	0054
Upminster Station	1818	1826	1834	1842	1850	1902	1914	1926	1937	1947	1957	2008	2020	2032	2044			until	0059
Upminster Park Estate Waycross Road	1825	1833	1841	1849	1857	1909	1921	1933	1944	1954	2004	2015	2027	2039	2051				0106
Cranham Moor Lane	1828	1836	1844	1852	1900	1912	1924	1936	1947	1957	2007	2018	2030	2042	2054				0109
248 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																			
Romford Market	0637	Then	57	17	37			0837	0857	0917	0937		1037	1052	1107				1737
Romford Station	0640	every 20	00	20	40			0840	0900	0920	0940	Then	1040	1055	1110	Then			1740
Romford Roneo Corner	0643	minutes	03	23	43			0843	0903	0923	0943	every 15	1043	1058	1113	every 15			1743
Hornchurch White Hart	0649	at these	09	29	49	until		0849	0909	0929	0949	minutes	1049	1104	1120	minutes			1750
Upminster Station	0654	minutes	14	34	54			0854	0915	0935	0955	until	1055	1111	1127	until			1757
Upminster Park Estate Waycross Road	0701	past	21	41	01			0901	0922	0942	1002		1102	1118	1134				1804
Cranham Moor Lane	0704	the hour	24	44	04			0904	0925	0945	1005		1105	1121	1137				1807
Romford Market	1753	1808	1824	1840	1856	1912		Then	27	42	57	12							0042
Romford Station	1756	1811	1827	1843	1859	1915		every 15	30	45	00	15							0045
Romford Roneo Corner	1759	1814	1830	1846	1902	1918		minutes	33	48	03	18							0048
Hornchurch White Hart	1806	1821	1837	1853	1909	1924		at these	39	54	09	24	until						0054
Upminster Station	1813	1828	1843	1859	1914	1929		minutes	44	59	14	29							0059
Upminster Park Estate Waycross Road	1820	1835	1850	1906	1921	1936		past	51	06	21	36							0106
Cranham Moor Lane	1823	1838	1853	1909	1924	1939		the hour	54	09	24	39							0109