

257	Mondays to Fridays (school days)																											
Walthamstow Central Station	0430	0444	0459	0514	0529	0544	0552	0559	0607	0614	0622	0629	0635	0641	0647	0653	0659	0705										
Leyton Baker's Arms (Lea Bridge Road)	0434	0448	0503	0519	0534	0549	0557	0605	0613	0620	0628	0635	0641	0647	0654	0700	0706	0712										
Whipps Cross Bus Station	0436	0450	0506	0522	0537	0552	0600	0608	0616	0623	0631	0639	0645	0651	0658	0704	0710	0716										
Leytonstone Green Man (High Road)	0441	0455	0511	0527	0542	0557	0606	0614	0622	0629	0637	0645	0652	0658	0705	0712	0718	0724										
Leytonstone Station Bus Station	0443	0457	0513	0529	0544	0559	0608	0616	0624	0632	0640	0648	0655	0701	0708	0715	0722	0728										
Leytonstone Thatched House	0449	0504	0520	0536	0551	0607	0616	0624	0632	0640	0648	0656	0704	0710	0717	0724	0731	0738										
Stratford Bus Station	0456	0511	0527	0544	0600	0616	0625	0633	0641	0649	0658	0706	0714	0721	0729	0736	0743	0750										
Walthamstow Central Station	0711	0718	0725	0733	0740	0748	0755	0803	0810	0818	0825	0833	0840	0847	0855	0903	0910	0918										
Leyton Baker's Arms (Lea Bridge Road)	0719	0726	0733	0741	0748	0756	0803	0811	0818	0826	0833	0841	0848	0856	0904	0912	0919	0927										
Whipps Cross Bus Station	0723	0730	0738	0746	0753	0801	0808	0816	0823	0831	0838	0846	0853	0901	0909	0917	0924	0932										
Leytonstone Green Man (High Road)	0731	0739	0747	0755	0802	0810	0817	0825	0832	0840	0847	0855	0902	0910	0918	0926	0933	0941										
Leytonstone Station Bus Station	0735	0743	0751	0759	0806	0814	0821	0829	0836	0844	0851	0859	0906	0914	0922	0930	0937	0945										
Leytonstone Thatched House	0745	0753	0801	0809	0816	0824	0831	0839	0846	0854	0901	0909	0916	0924	0932	0940	0947	0955										
Stratford Bus Station	0757	0805	0813	0821	0828	0836	0843	0851	0858	0906	0913	0921	0928	0935	0943	0951	0958	1006										
Walthamstow Central Station	0925	Then		33	40	48	55	03	10	18	25								1155	1202	1210	1217	1225	1232	1240	1247	1255	
Leyton Baker's Arms (Lea Bridge Road)	0934	every 7-8		42	49	57	04	12	19	27	34								1204	1211	1219	1226	1234	1241	1249	1256	1304	
Whipps Cross Bus Station	0939	minutes		47	54	02	09	17	24	32	39								1209	1216	1224	1231	1239	1247	1255	1302	1310	
Leytonstone Green Man (High Road)	0948	at these		56	03	11	18	26	33	41	48	until								1218	1225	1233	1240	1248	1256	1304	1311	1319
Leytonstone Station Bus Station	0952	minutes		00	07	15	22	30	37	45	52								1222	1229	1237	1244	1252	1300	1308	1315	1323	
Leytonstone Thatched House	1002	past		10	17	25	32	40	47	55	02								1232	1239	1247	1254	1302	1310	1318	1325	1333	
Stratford Bus Station	1013	the hour		21	28	36	43	51	58	06	13								1243	1250	1258	1305	1313	1321	1329	1336	1344	
Walthamstow Central Station	1302	1310	1317	1325	1332	1340	1347	1355	1402	1410	1417	1425	1432	1440	1447	1455	1502	1510										
Leyton Baker's Arms (Lea Bridge Road)	1311	1319	1326	1334	1341	1349	1356	1404	1412	1420	1427	1435	1443	1451	1458	1506	1513	1521										
Whipps Cross Bus Station	1317	1325	1332	1340	1347	1355	1403	1411	1419	1427	1434	1442	1450	1458	1505	1513	1520	1528										
Leytonstone Green Man (High Road)	1326	1334	1341	1349	1356	1404	1412	1420	1428	1436	1443	1451	1459	1507	1514	1522	1529	1537										
Leytonstone Station Bus Station	1330	1338	1345	1353	1400	1408	1416	1424	1432	1440	1447	1455	1503	1511	1518	1526	1533	1541										
Leytonstone Thatched House	1340	1348	1355	1403	1410	1418	1426	1434	1442	1451	1458	1506	1514	1522	1529	1537	1544	1552										
Stratford Bus Station	1351	1359	1406	1414	1422	1429	1437	1445	1453	1502	1509	1517	1525	1533	1540	1548	1555	1603										
Walthamstow Central Station	1517	1525	1532	Then		40	47	55	02	10	17	25	32								1725	1732	1740	1747	1755	1802	1810	
Leyton Baker's Arms (Lea Bridge Road)	1528	1536	1543	every 7-8		51	58	06	13	21	28	36	43								1736	1743	1751	1758	1806	1813	1821	
Whipps Cross Bus Station	1535	1543	1550	minutes		58	05	13	20	28	35	43	50								1743	1750	1758	1805	1813	1820	1828	
Leytonstone Green Man (High Road)	1544	1552	1600	at these		08	15	23	30	38	45	53	00	until								1753	1759	1807	1814	1822	1829	1837
Leytonstone Station Bus Station	1548	1556	1604	minutes		12	19	27	34	42	49	57	04								1757	1803	1811	1818	1826	1833	1841	
Leytonstone Thatched House	1558	1606	1614	past		22	29	37	44	52	59	07	14								1807	1813	1821	1828	1836	1843	1850	
Stratford Bus Station	1609	1617	1625	the hour		33	40	48	55	03	10	18	25								1818	1824	1832	1839	1847	1853	1900	
Walthamstow Central Station	1817	1825	1833	1841	1848	1856	1904	1912	1922	1932	1943	1953	2004	2016	2029	2041	2054	2106										
Leyton Baker's Arms (Lea Bridge Road)	1828	1835	1843	1851	1858	1906	1914	1921	1931	1941	1952	2002	2013	2025	2037	2049	2101	2113										
Whipps Cross Bus Station	1834	1841	1849	1857	1903	1911	1919	1926	1936	1946	1957	2007	2017	2029	2041	2053	2105	2117										
Leytonstone Green Man (High Road)	1843	1850	1857	1905	1911	1919	1927	1934	1944	1953	2004	2014	2024	2036	2048	2100	2112	2124										
Leytonstone Station Bus Station	1847	1854	1901	1909	1915	1923	1931	1938	1948	1957	2008	2017	2027	2039	2051	2103	2115	2127										
Leytonstone Thatched House	1856	1903	1910	1918	1924	1932	1940	1947	1957	2006	2016	2025	2035	2047	2059	2111	2123	2135										
Stratford Bus Station	1906	1913	1920	1928	1934	1942	1950	1957	2006	2015	2025	2034	2044	2056	2108	2120	2132	2144										
Walthamstow Central Station	2119	2131	2143	2155	2207	2219	2231	2244	2256	2308	2320	2333	2346	2358	0013	0029	0044	0100										
Leyton Baker's Arms (Lea Bridge Road)	2126	2138	2150	2202	2213	2225	2237	2250	2302	2314	2326	2339	2352	0004	0019	0035	0050	0105										
Whipps Cross Bus Station	2130	2142	2154	2206	2217	2229	2241	2254	2306	2318	2329	2342	2355	0007	0022	0037	0052	0107										
Leytonstone Green Man (High Road)	2136	2148	2200	2212	2223	2235	2247	2259	2311	2323	2334	2347	0000	0012	0027	0042	0057	0112										
Leytonstone Station Bus Station	2139	2151	2203	2215	2226	2238	2250	2302	2314	2326	2337	2349	0002	0014	0029	0044	0059	0114										
Leytonstone Thatched House	2147	2159	2210	2222	2233	2245	2257	2309	2321	2333	2344	2356	0008	0020	0035	0050	0105	0120										
Stratford Bus Station	2156	2207	2218	2230	2241	2253	2305	2317	2329	2340	2351	0003	0015	0027	0042	0057	0112	0126										
Walthamstow Central Station	0115																											
Leyton Baker's Arms (Lea Bridge Road)	0120																											
Whipps Cross Bus Station	0122																											
Leytonstone Green Man (High Road)	0127																											
Leytonstone Station Bus Station	0129																											
Leytonstone Thatched House	0135																											
Stratford Bus Station	0141																											

257	Mondays to Fridays (school holidays)																				
Walthamstow Central Station	0430	0445	0500	0515	0530	0545	0553	0600	0608	0615	0623	0630	0636	0642	0648	0654	0700	0706			
Leyton Baker's Arms (Lea Bridge Road)	0434	0449	0504	0519	0534	0549	0557	0604	0612	0620	0628	0635	0642	0649	0655	0701	0707	0713			
Whipps Cross Bus Station	0436	0451	0506	0521	0536	0551	0559	0606	0614	0623	0631	0639	0646	0653	0700	0706	0712	0718			
Leytonstone Green Man (High Road)	0440	0455	0510	0525	0540	0555	0603	0610	0619	0628	0636	0644	0651	0658	0706	0713	0719	0725			
Leytonstone Station Bus Station	0442	0457	0512	0527	0542	0557	0605	0612	0621	0630	0638	0647	0654	0701	0709	0716	0722	0728			
Leytonstone Thatched House	0448	0503	0518	0534	0549	0604	0612	0620	0629	0638	0646	0655	0702	0709	0717	0724	0730	0736			
Stratford Bus Station	0455	0511	0526	0542	0557	0612	0620	0628	0637	0647	0656	0705	0712	0719	0727	0735	0741	0747			
Walthamstow Central Station	0712	0719	0726	0734	0741	0749	0756	0804	0811	0819	0826	0834	0841	0849	0856	0903	0910	0918			
Leyton Baker's Arms (Lea Bridge Road)	0719	0726	0733	0741	0748	0756	0803	0811	0818	0826	0833	0841	0848	0856	0903	0910	0917	0925			
Whipps Cross Bus Station	0724	0731	0738	0746	0753	0801	0808	0816	0823	0831	0838	0846	0853	0901	0908	0915	0922	0930			
Leytonstone Green Man (High Road)	0732	0739	0746	0754	0801	0809	0816	0824	0831	0839	0846	0854	0901	0909	0916	0923	0930	0938			
Leytonstone Station Bus Station	0735	0743	0750	0758	0805	0813	0820	0828	0835	0843	0850	0858	0905	0913	0920	0927	0934	0942			
Leytonstone Thatched House	0744	0752	0759	0807	0814	0822	0829	0837	0844	0853	0900	0908	0915	0923	0930	0937	0944	0952			
Stratford Bus Station	0755	0803	0810	0818	0825	0833	0840	0848	0855	0904	0911	0919	0926	0934	0941	0948	0955	1003			
Walthamstow Central Station	0925	0933	0940	0948	0955	1003	1010	1018	1025	1033	1040	1048	1055	1103	1110	1118	1125	1133			
Leyton Baker's Arms (Lea Bridge Road)	0932	0941	0948	0957	1005	1013	1020	1028	1035	1043	1050	1058	1105	1113	1120	1128	1135	1143			
Whipps Cross Bus Station	0937	0947	0954	1003	1011	1019	1026	1034	1041	1049	1056	1104	1111	1119	1126	1134	1141	1149			
Leytonstone Green Man (High Road)	0945	0955	1002	1011	1019	1027	1034	1042	1049	1057	1104	1112	1119	1127	1134	1142	1149	1157			
Leytonstone Station Bus Station	0949	0959	1006	1015	1023	1031	1038	1046	1053	1101	1108	1116	1123	1131	1138	1146	1153	1201			
Leytonstone Thatched House	0959	1009	1016	1025	1033	1041	1048	1056	1103	1111	1118	1126	1133	1141	1148	1156	1203	1211			
Stratford Bus Station	1010	1020	1027	1036	1044	1052	1059	1107	1114	1122	1129	1137	1144	1152	1159	1207	1214	1222			
Walthamstow Central Station	1141	1149	1156		Then	03	11	18	26	33	41	48	56	1756	1803	1811	1818	1826	1834	1842	
Leyton Baker's Arms (Lea Bridge Road)	1151	1159	1206		every 7-8	13	21	28	36	43	51	58	06	1806	1813	1821	1828	1836	1844	1851	
Whipps Cross Bus Station	1157	1205	1212		minutes	19	27	34	42	49	57	04	12	1812	1819	1827	1834	1842	1850	1857	
Leytonstone Green Man (High Road)	1205	1213	1220		at these	27	35	42	50	57	05	12	20	until	1820	1827	1835	1841	1849	1857	1904
Leytonstone Station Bus Station	1209	1217	1224		minutes	31	39	46	54	01	09	16	24		1824	1831	1839	1845	1853	1901	1908
Leytonstone Thatched House	1219	1227	1234		past	41	49	56	04	11	19	26	34		1834	1841	1848	1854	1902	1910	1917
Stratford Bus Station	1230	1238	1245		the hour	52	00	07	15	22	30	37	45		1845	1851	1858	1904	1912	1920	1927
Walthamstow Central Station	1849	1857	1905	1913	1922	1933	1944	1954	2006	2018	2030	2042	2055	2107	2120	2132	2144	2156			
Leyton Baker's Arms (Lea Bridge Road)	1858	1906	1914	1922	1931	1942	1953	2003	2014	2025	2037	2049	2102	2114	2126	2138	2150	2202			
Whipps Cross Bus Station	1904	1912	1919	1927	1936	1946	1957	2007	2018	2029	2041	2053	2106	2118	2130	2142	2154	2206			
Leytonstone Green Man (High Road)	1911	1919	1926	1934	1942	1952	2003	2013	2024	2035	2046	2058	2111	2123	2135	2147	2159	2211			
Leytonstone Station Bus Station	1915	1923	1930	1938	1946	1956	2007	2017	2028	2039	2050	2102	2114	2126	2138	2150	2202	2214			
Leytonstone Thatched House	1924	1932	1939	1947	1955	2005	2015	2025	2036	2047	2058	2110	2122	2134	2146	2158	2209	2221			
Stratford Bus Station	1934	1942	1949	1957	2005	2015	2025	2035	2046	2057	2108	2120	2132	2143	2155	2206	2217	2229			
Walthamstow Central Station	2208	2220	2232	2244	2256	2309	2321	2334	2347	2359	0014	0029	0045	0100	0115						
Leyton Baker's Arms (Lea Bridge Road)	2214	2226	2238	2250	2302	2315	2327	2340	2352	0004	0019	0034	0049	0104	0119						
Whipps Cross Bus Station	2218	2230	2242	2254	2306	2318	2330	2343	2355	0007	0022	0037	0052	0107	0122						
Leytonstone Green Man (High Road)	2223	2235	2247	2259	2311	2323	2335	2347	2359	0011	0026	0041	0056	0111	0126						
Leytonstone Station Bus Station	2226	2238	2250	2302	2314	2326	2338	2349	0001	0013	0028	0043	0058	0113	0128						
Leytonstone Thatched House	2233	2245	2257	2309	2321	2333	2345	2356	0007	0018	0033	0048	0103	0118	0133						
Stratford Bus Station	2241	2253	2305	2317	2329	2341	2353	0004	0015	0026	0041	0056	0111	0126	0141						

257	Sundays and other Public Holidays (except Christmas Day)																	
Walthamstow Central Station	0600	0615	0630	0645	0700	0714	0729	0743	0758	0813	0828	0843	0855	0907	0918	0928	0938	0948
Leyton Baker's Arms (Lea Bridge Road)	0605	0620	0635	0650	0705	0719	0734	0748	0804	0819	0834	0849	0901	0913	0924	0934	0944	0954
Whipps Cross Bus Station	0608	0623	0638	0653	0708	0722	0737	0751	0807	0822	0837	0852	0904	0917	0928	0938	0948	0958
Leytonstone Green Man (High Road)	0613	0628	0643	0658	0713	0727	0742	0757	0813	0828	0843	0858	0910	0923	0935	0945	0955	1005
Leytonstone Station Bus Station	0615	0630	0645	0700	0715	0729	0744	0759	0815	0830	0845	0901	0913	0926	0938	0948	0958	1008
Leytonstone Thatched House	0621	0636	0651	0707	0722	0736	0751	0806	0822	0838	0853	0909	0921	0934	0946	0956	1006	1017
Stratford Bus Station	0628	0643	0658	0714	0730	0744	0759	0814	0830	0846	0902	0918	0930	0943	0955	1005	1015	1027
Walthamstow Central Station	0959	1009	1021	1032	1044	1055	1107	1117	1127	1139	1151	1203	1215	Then every 12 minutes until	1403	1415	1427	
Leyton Baker's Arms (Lea Bridge Road)	1005	1016	1028	1039	1051	1103	1115	1125	1137	1149	1201	1213	1225		1413	1425	1437	
Whipps Cross Bus Station	1009	1020	1032	1044	1056	1108	1120	1130	1142	1154	1206	1218	1231		1419	1431	1443	
Leytonstone Green Man (High Road)	1016	1028	1040	1052	1104	1116	1128	1139	1151	1203	1215	1227	1240		1428	1440	1452	
Leytonstone Station Bus Station	1019	1031	1043	1055	1107	1119	1131	1143	1155	1207	1219	1231	1244		1432	1443	1455	
Leytonstone Thatched House	1028	1040	1052	1104	1116	1129	1141	1153	1205	1217	1229	1241	1254		1442	1453	1505	
Stratford Bus Station	1038	1050	1102	1114	1126	1139	1151	1203	1215	1227	1239	1251	1304	1452	1503	1515		
Walthamstow Central Station	1440	1452	1504	1516	1528	1540	1552	1604	1616	1628	1641	1653	1705	1717	1729	1742	1754	1806
Leyton Baker's Arms (Lea Bridge Road)	1450	1502	1514	1526	1538	1550	1602	1614	1625	1637	1650	1702	1714	1726	1738	1751	1803	1814
Whipps Cross Bus Station	1456	1508	1520	1532	1544	1556	1608	1620	1631	1643	1656	1708	1720	1732	1744	1756	1808	1819
Leytonstone Green Man (High Road)	1504	1516	1528	1540	1552	1604	1616	1627	1638	1650	1703	1715	1727	1739	1751	1803	1815	1826
Leytonstone Station Bus Station	1507	1519	1531	1543	1555	1607	1619	1630	1641	1653	1706	1718	1730	1742	1754	1806	1818	1829
Leytonstone Thatched House	1517	1529	1541	1553	1604	1616	1628	1639	1650	1702	1715	1727	1739	1751	1803	1815	1827	1838
Stratford Bus Station	1527	1539	1551	1603	1614	1626	1638	1649	1700	1712	1725	1737	1749	1801	1812	1824	1836	1847
Walthamstow Central Station	1818	1830	1842	1854	1906	1918	1930	1942	1954	2006	2019	2031	2043	2055	Then every 12 minutes until	2207	2220	
Leyton Baker's Arms (Lea Bridge Road)	1826	1837	1849	1901	1913	1925	1937	1949	2001	2013	2026	2038	2050	2102		2214	2227	
Whipps Cross Bus Station	1831	1842	1854	1906	1917	1929	1941	1953	2005	2017	2030	2042	2054	2106		2218	2230	
Leytonstone Green Man (High Road)	1838	1849	1901	1913	1924	1936	1948	2000	2012	2024	2036	2048	2100	2112		2224	2236	
Leytonstone Station Bus Station	1841	1852	1904	1916	1927	1939	1951	2003	2015	2027	2039	2051	2103	2115		2227	2239	
Leytonstone Thatched House	1849	1900	1912	1924	1935	1947	1959	2011	2023	2035	2047	2059	2111	2122		2234	2246	
Stratford Bus Station	1858	1909	1921	1933	1944	1956	2007	2019	2031	2043	2055	2107	2119	2130	2242	2254		
Walthamstow Central Station	2232	2244	2256	2308	2321	2334	2347	0000	0014	0029	0044	0059	0115					
Leyton Baker's Arms (Lea Bridge Road)	2238	2250	2302	2314	2327	2340	2353	0006	0020	0035	0050	0105	0121					
Whipps Cross Bus Station	2241	2253	2305	2317	2330	2343	2356	0009	0023	0038	0053	0108	0124					
Leytonstone Green Man (High Road)	2247	2258	2310	2322	2335	2348	0001	0014	0028	0043	0058	0113	0129					
Leytonstone Station Bus Station	2250	2301	2313	2325	2338	2350	0003	0016	0030	0045	0100	0115	0131					
Leytonstone Thatched House	2257	2308	2320	2332	2345	2357	0010	0023	0036	0051	0106	0121	0137					
Stratford Bus Station	2305	2316	2328	2340	2352	0004	0017	0030	0043	0058	0113	0128	0143					

257	Mondays to Fridays (school days)																			
Stratford Bus Station	0425	0440	0455	0510	0525	0540	0548	0555	0603	0610	0618	0626	0633	0641	0648	0654	0701	0708		
Leytonstone Thatched House	0430	0445	0500	0515	0530	0545	0553	0600	0608	0615	0623	0632	0639	0647	0654	0700	0707	0714		
Leytonstone Green Man (High Road)	0437	0452	0507	0522	0537	0552	0600	0607	0615	0623	0631	0640	0647	0656	0704	0711	0718	0725		
Whipps Cross Bus Station	0441	0456	0511	0526	0541	0556	0605	0612	0620	0628	0637	0646	0654	0703	0711	0718	0725	0732		
Leyton Baker's Arms (High Rd. Leyton)	0446	0501	0516	0531	0546	0601	0610	0617	0626	0634	0643	0652	0701	0710	0718	0725	0733	0741		
Walthamstow Central Station	0450	0505	0520	0535	0551	0606	0615	0622	0631	0639	0648	0658	0708	0717	0725	0732	0740	0748		
Stratford Bus Station	0715	0721	0728	0735	0743	0750	0758	0805	0813	0820	0828	0835	0843	0850	0858	0905	0913	0920		
Leytonstone Thatched House	0722	0728	0735	0742	0750	0757	0805	0812	0820	0827	0835	0842	0850	0857	0905	0912	0920	0927		
Leytonstone Green Man (High Road)	0733	0740	0748	0755	0803	0810	0818	0825	0833	0840	0848	0855	0903	0910	0918	0925	0933	0940		
Whipps Cross Bus Station	0740	0747	0755	0802	0810	0817	0825	0832	0840	0847	0855	0902	0910	0917	0925	0932	0940	0947		
Leyton Baker's Arms (High Rd. Leyton)	0749	0756	0804	0811	0819	0826	0834	0841	0849	0856	0904	0911	0919	0926	0934	0941	0949	0957		
Walthamstow Central Station	0756	0803	0811	0818	0826	0833	0841	0848	0856	0903	0911	0918	0926	0933	0941	0948	0956	1004		
Stratford Bus Station	0927	0935	Then	43	50	58	05	13	20	28	35	1135	1143	1150	1158	1205	1213	1220	1228	
Leytonstone Thatched House	0934	0942	every 7-8	50	57	05	12	20	27	35	42	past	1142	1150	1157	1205	1212	1220	1227	1235
Leytonstone Green Man (High Road)	0947	0955	minutes	03	10	18	25	33	40	48	55	the	1155	1204	1211	1219	1226	1234	1241	1249
Whipps Cross Bus Station	0954	1002	at these	10	17	25	32	40	47	55	02	hour	1202	1211	1218	1226	1233	1241	1248	1256
Leyton Baker's Arms (High Rd. Leyton)	1004	1012	minutes	20	27	35	42	50	57	05	12	until	1212	1221	1228	1236	1243	1251	1258	1306
Walthamstow Central Station	1011	1019		27	34	42	49	57	04	12	19		1219	1228	1235	1243	1250	1258	1305	1313
Stratford Bus Station	1235	1243	1250	1258	1305	1313	1320	1328	1335	1343	1350	1358	1405	1413	1420	1428	1435	1443		
Leytonstone Thatched House	1242	1250	1257	1305	1312	1320	1327	1335	1342	1350	1358	1406	1413	1421	1428	1436	1443	1451		
Leytonstone Green Man (High Road)	1256	1304	1311	1319	1326	1334	1341	1349	1356	1404	1412	1420	1427	1435	1442	1450	1457	1505		
Whipps Cross Bus Station	1303	1311	1318	1326	1333	1341	1348	1356	1403	1411	1419	1427	1434	1442	1449	1457	1504	1512		
Leyton Baker's Arms (High Rd. Leyton)	1313	1321	1328	1336	1343	1351	1358	1406	1413	1421	1429	1437	1444	1452	1459	1507	1514	1522		
Walthamstow Central Station	1320	1328	1335	1343	1350	1359	1406	1414	1421	1430	1438	1447	1454	1502	1509	1517	1524	1533		
Stratford Bus Station	1450	1458	1504	1511	1518	1526	1533	1541	1548	1556	1603	1611	1618	1626	1633	1641	1649	1657		
Leytonstone Thatched House	1458	1506	1512	1519	1526	1534	1541	1549	1556	1604	1611	1619	1626	1634	1641	1650	1658	1706		
Leytonstone Green Man (High Road)	1513	1521	1527	1534	1541	1549	1556	1604	1611	1619	1626	1634	1641	1649	1657	1706	1714	1722		
Whipps Cross Bus Station	1520	1528	1534	1541	1548	1556	1603	1611	1618	1626	1633	1641	1648	1656	1704	1713	1721	1729		
Leyton Baker's Arms (High Rd. Leyton)	1530	1538	1544	1551	1558	1606	1613	1621	1628	1636	1643	1651	1658	1706	1714	1723	1731	1739		
Walthamstow Central Station	1541	1549	1555	1602	1609	1617	1624	1632	1639	1647	1654	1703	1710	1718	1726	1734	1742	1750		
Stratford Bus Station	1705	1713	1720	1728	1735	1743	1750	1758	1805	1813	1821	1830	1838	1846	1854	1904	1913	1922		
Leytonstone Thatched House	1714	1722	1729	1737	1744	1752	1759	1807	1814	1822	1830	1839	1847	1855	1902	1912	1921	1930		
Leytonstone Green Man (High Road)	1730	1738	1745	1752	1759	1807	1814	1822	1828	1836	1844	1853	1900	1908	1915	1925	1933	1942		
Whipps Cross Bus Station	1737	1745	1752	1759	1806	1814	1821	1829	1835	1843	1850	1859	1906	1914	1921	1931	1939	1947		
Leyton Baker's Arms (High Rd. Leyton)	1747	1755	1802	1809	1815	1823	1830	1838	1844	1852	1859	1907	1914	1922	1929	1939	1947	1955		
Walthamstow Central Station	1757	1805	1811	1818	1824	1832	1839	1847	1853	1900	1907	1915	1922	1929	1936	1946	1954	2002		
Stratford Bus Station	1932	1943	1953	2005	2017	2030	2042	2054	2106	2118	2130	2142	2154	2206	2218	2230	2242	2254		
Leytonstone Thatched House	1940	1951	2000	2012	2024	2037	2049	2101	2113	2125	2137	2149	2200	2212	2224	2236	2248	2300		
Leytonstone Green Man (High Road)	1952	2002	2011	2023	2035	2047	2059	2111	2123	2135	2147	2159	2210	2222	2233	2245	2257	2309		
Whipps Cross Bus Station	1957	2007	2016	2028	2040	2052	2104	2116	2128	2140	2152	2204	2215	2227	2238	2250	2302	2314		
Leyton Baker's Arms (High Rd. Leyton)	2005	2015	2024	2036	2048	2100	2112	2124	2136	2148	2159	2211	2222	2233	2244	2256	2308	2320		
Walthamstow Central Station	2011	2021	2030	2042	2054	2106	2118	2130	2142	2154	2205	2216	2227	2238	2249	2301	2313	2325		
Stratford Bus Station	2306	2318	2330	2343	2355	0007	0022	0037	0052	0107										
Leytonstone Thatched House	2312	2324	2336	2349	0001	0012	0027	0042	0057	0112										
Leytonstone Green Man (High Road)	2320	2332	2344	2357	0008	0019	0034	0049	0104	0119										
Whipps Cross Bus Station	2325	2337	2349	0001	0012	0023	0038	0053	0108	0123										
Leyton Baker's Arms (High Rd. Leyton)	2331	2342	2354	0006	0017	0028	0043	0058	0112	0127										
Walthamstow Central Station	2336	2347	2358	0010	0021	0032	0047	0102	0116	0131										

257		Mondays to Fridays (school holidays)																					
Stratford Bus Station	0425	Then every 15 minutes until	0540	0548	0555	0603	0610	0618	0625	0633	0640	0648	0654	0701	0708	0715	0721						
Leytonstone Thatched House	0431		0546	0554	0601	0609	0616	0624	0631	0639	0646	0654	0700	0707	0714	0721	0727						
Leytonstone Green Man (High Road)	0438		0553	0601	0608	0616	0623	0631	0638	0647	0654	0703	0709	0717	0725	0732	0739						
Whipps Cross Bus Station	0442		0557	0605	0612	0620	0628	0636	0643	0652	0659	0708	0716	0724	0732	0739	0746						
Leyton Baker's Arms (High Rd. Leyton)	0446	0601	0609	0616	0625	0633	0641	0649	0658	0706	0715	0723	0731	0739	0747	0754							
Walthamstow Central Station	0450	0605	0613	0621	0630	0638	0647	0655	0704	0713	0722	0730	0738	0746	0754	0801							
Stratford Bus Station	0728	0735	0743	0750	0758	0805	0813	0820	0828	0835	0843	0850	0858	0905	0913	0920	0927	0935					
Leytonstone Thatched House	0734	0741	0749	0756	0804	0811	0819	0826	0834	0841	0849	0856	0904	0911	0919	0926	0933	0941					
Leytonstone Green Man (High Road)	0746	0753	0801	0808	0816	0823	0831	0838	0846	0853	0901	0908	0916	0923	0931	0938	0945	0953					
Whipps Cross Bus Station	0753	0800	0808	0815	0823	0830	0838	0845	0853	0900	0908	0915	0923	0930	0938	0945	0952	1000					
Leyton Baker's Arms (High Rd. Leyton)	0801	0808	0816	0823	0831	0839	0847	0854	0902	0909	0917	0924	0932	0939	0947	0954	1001	1009					
Walthamstow Central Station	0808	0815	0824	0831	0839	0847	0855	0902	0910	0918	0926	0933	0941	0948	0956	1003	1010	1018					
Stratford Bus Station	0943	0950	0958	1005	1013	1020	1028	1035	1043	1050	1058	1105	1113	1120	1128	1135	1143	1150					
Leytonstone Thatched House	0949	0956	1004	1011	1019	1026	1034	1041	1049	1056	1104	1111	1119	1126	1134	1142	1150	1157					
Leytonstone Green Man (High Road)	1001	1008	1016	1023	1031	1038	1046	1053	1102	1109	1117	1124	1132	1139	1147	1155	1203	1210					
Whipps Cross Bus Station	1008	1015	1023	1030	1038	1045	1053	1100	1109	1116	1124	1131	1139	1146	1154	1202	1210	1217					
Leyton Baker's Arms (High Rd. Leyton)	1017	1024	1032	1039	1047	1054	1102	1109	1118	1125	1133	1140	1148	1155	1203	1211	1219	1226					
Walthamstow Central Station	1026	1033	1041	1048	1056	1103	1111	1118	1127	1134	1142	1149	1157	1204	1212	1220	1228	1235					
Stratford Bus Station	1158	1205	1213	1220	1228	1235	1243	1250	1258	1305	1313	1320	1328	1335	1343	1350	1358	1405					
Leytonstone Thatched House	1205	1212	1220	1227	1235	1242	1250	1257	1305	1312	1320	1327	1335	1342	1350	1357	1405	1412					
Leytonstone Green Man (High Road)	1218	1225	1233	1240	1248	1255	1304	1311	1319	1326	1334	1341	1349	1356	1404	1411	1419	1426					
Whipps Cross Bus Station	1225	1232	1240	1247	1255	1302	1311	1318	1326	1333	1341	1348	1356	1403	1411	1418	1426	1433					
Leyton Baker's Arms (High Rd. Leyton)	1234	1241	1249	1256	1304	1311	1320	1327	1335	1342	1350	1357	1405	1412	1420	1427	1435	1443					
Walthamstow Central Station	1243	1250	1258	1305	1313	1320	1329	1336	1344	1351	1400	1407	1415	1422	1430	1437	1446	1453					
Stratford Bus Station	1413	1420	1428	1435	1443	1450	1457	1504	1511	1518	1526	1533	1541	1548	1556	1603	1611	1618					
Leytonstone Thatched House	1420	1427	1435	1442	1450	1458	1505	1512	1519	1526	1534	1541	1549	1556	1604	1611	1619	1626					
Leytonstone Green Man (High Road)	1434	1441	1449	1456	1504	1512	1519	1526	1533	1540	1548	1555	1603	1610	1618	1625	1633	1640					
Whipps Cross Bus Station	1441	1448	1456	1503	1511	1519	1526	1533	1540	1547	1555	1602	1610	1617	1625	1632	1640	1647					
Leyton Baker's Arms (High Rd. Leyton)	1451	1458	1506	1513	1521	1529	1536	1543	1550	1557	1605	1612	1620	1627	1635	1642	1650	1657					
Walthamstow Central Station	1501	1508	1516	1523	1531	1539	1546	1553	1600	1607	1615	1622	1630	1637	1645	1652	1700	1707					
Stratford Bus Station	1626	1633	1641	1649	1657	1705	1713	1720	1728	1735	1743	1750	1758	1805	1813	1821	1829	1837					
Leytonstone Thatched House	1634	1641	1649	1657	1705	1713	1721	1728	1736	1743	1751	1758	1806	1813	1821	1829	1837	1845					
Leytonstone Green Man (High Road)	1648	1655	1703	1711	1719	1727	1735	1742	1750	1757	1805	1812	1820	1827	1835	1843	1850	1858					
Whipps Cross Bus Station	1655	1702	1710	1718	1726	1734	1742	1749	1757	1804	1812	1819	1827	1834	1842	1850	1857	1905					
Leyton Baker's Arms (High Rd. Leyton)	1705	1712	1720	1728	1736	1744	1752	1758	1806	1813	1821	1828	1836	1843	1851	1859	1906	1914					
Walthamstow Central Station	1715	1722	1730	1738	1746	1753	1801	1807	1815	1822	1830	1837	1845	1852	1900	1908	1915	1923					
Stratford Bus Station	1845	1853	1903	1912	1921	1931	1942	1952	2005	Then every 12 minutes until	2105	2118	2130	2142	2154	2206	2218						
Leytonstone Thatched House	1853	1901	1911	1920	1929	1939	1950	2000	2013		2113	2126	2138	2150	2202	2214	2225						
Leytonstone Green Man (High Road)	1906	1914	1924	1933	1941	1950	2000	2010	2023		2123	2136	2148	2159	2211	2223	2234						
Whipps Cross Bus Station	1913	1921	1931	1939	1946	1955	2005	2015	2028		2128	2141	2153	2204	2216	2228	2239						
Leyton Baker's Arms (High Rd. Leyton)	1922	1930	1939	1947	1954	2003	2013	2023	2036	2136	2148	2159	2210	2222	2234	2245							
Walthamstow Central Station	1931	1939	1948	1955	2001	2010	2020	2030	2042	2142	2154	2205	2216	2228	2240	2251							
Stratford Bus Station	2230	2242	2254	2306	2318	2330	2343	2355	0007	0022	0037	0052	0107										
Leytonstone Thatched House	2237	2249	2301	2313	2325	2337	2350	0002	0014	0029	0044	0059	0114										
Leytonstone Green Man (High Road)	2246	2258	2310	2322	2334	2346	2357	0009	0021	0036	0051	0106	0121										
Whipps Cross Bus Station	2251	2303	2315	2327	2339	2350	0001	0013	0025	0040	0055	0110	0125										
Leyton Baker's Arms (High Rd. Leyton)	2257	2309	2321	2333	2344	2355	0006	0017	0029	0044	0059	0114	0129										
Walthamstow Central Station	2303	2315	2327	2339	2349	2359	0010	0021	0033	0048	0103	0118	0133										
257		Saturdays (also Good Friday)																					
Stratford Bus Station	0425	0440	0455	0510	0525	0540	0555	0610	0625	0640	0655	0710	0725	0735	0745	0755	0805	0815					
Leytonstone Thatched House	0430	0445	0500	0515	0530	0545	0601	0616	0631	0646	0701	0716	0731	0741	0751	0802	0812	0822					
Leytonstone Green Man (High Road)	0437	0452	0507	0522	0537	0553	0609	0624	0639	0654	0709	0724	0739	0750	0800	0811	0821	0831					
Whipps Cross Bus Station	0441	0456	0511	0526	0542	0558	0614	0629	0644	0659	0714	0729	0744	0755	0805	0816	0826	0836					
Leyton Baker's Arms (High Rd. Leyton)	0446	0501	0516	0531	0547	0603	0619	0634	0650	0705	0720	0735	0750	0801	0811	0822	0833	0844					
Walthamstow Central Station	0450	0505	0520	0535	0551	0607	0623	0638	0654	0709	0725	0740	0755	0806	0817	0828	0839	0850					
Stratford Bus Station	0825	0835	0845	0855	0905	0913	0920	0928	0934	0942	0950	0957	1004	1012	1019	1027	1035	1042					
Leytonstone Thatched House	0832	0842	0852	0902	0912	0920	0927	0935	0941	0949	0957	1004	1011	1019	1026	1034	1042	1049					
Leytonstone Green Man (High Road)	0842	0852	0902	0913	0923	0931	0939	0947	0954	1002	1010	1017	1024	1032	1039	1047	1055	1103					
Whipps Cross Bus Station	0847	0858	0908	0919	0929	0937	0945	0953	1001	1009	1017	1024	1031	1039	1046	1054	1102	1110					
Leyton Baker's Arms (High Rd. Leyton)	0855	0906	0916	0927	0938	0946	0954	1002	1010	1018	1026	1033	1040	1049	1056	1104	1112	1120					
Walthamstow Central Station	0901	0913	0923	0934	0945	0953	1002	1010	1018	1026	1034	1041	1048	1057	1104	1112	1120	1128					
Stratford Bus Station	1049	1057	1104	1112	1119	1127	1134	1142	1149	1157	1204	Then at these mins.	1219	1227	1234	12	19	27	34	42	49	57	1519
Leytonstone Thatched House	1057	1105	1112	1120	1127	1135	1142	1150	1157	1205	1212		20	27	35	42	50	57	05	past	1527		
Leytonstone Green Man (High Road)	1111	1119	1126	1134	1141	1150	1157	1205	1212	1220	1227		35	42	50	57	05	12	20	the	1542		
Whipps Cross Bus Station	1118	1126	1133	1141	1148	1157	1204	1212	1219	1227	1234		42	49	57	04	12	19	27	hour	1549		
Leyton Baker's Arms (High Rd. Leyton)	1128	1136	1143	1151	1158	1207	1214	1222	1229	1237	1244	52	59	07	14	22	29	37	until	1559			
Walthamstow Central Station	1137	1145	1152	1200	1207	1216	1223	1231	1238	1246	1254	02	09	17	24	32	39	47		1609			

257	Saturdays (also Good Friday) (cont.)																	
Stratford Bus Station	1527	1534	1542	1549	1557	1604	1612	1619	1627	1634	1642	1649	1657	1704	1712	1719	1727	1734
Leytonstone Thatched House	1535	1542	1550	1557	1605	1613	1621	1628	1636	1643	1651	1658	1706	1713	1721	1728	1736	1743
Leytonstone Green Man (High Road)	1550	1557	1605	1612	1620	1628	1636	1643	1651	1658	1706	1713	1721	1728	1735	1742	1750	1757
Whipps Cross Bus Station	1557	1604	1612	1619	1627	1635	1643	1650	1658	1705	1713	1720	1728	1735	1742	1749	1757	1804
Leyton Baker's Arms (High Rd. Leyton)	1607	1614	1621	1628	1636	1644	1652	1659	1707	1714	1722	1729	1737	1744	1751	1758	1806	1813
Walthamstow Central Station	1616	1623	1630	1637	1645	1653	1701	1708	1716	1723	1731	1738	1746	1753	1800	1807	1815	1822
Stratford Bus Station	1742	1749	1757	1804	1812	1819	1827	1834	1842	1851	1901	1911	1921	1931	1943	1955	2007	2019
Leytonstone Thatched House	1750	1757	1805	1812	1820	1827	1835	1842	1850	1859	1909	1919	1929	1938	1950	2002	2014	2026
Leytonstone Green Man (High Road)	1804	1811	1818	1825	1833	1840	1848	1855	1903	1912	1922	1932	1941	1950	2002	2014	2025	2037
Whipps Cross Bus Station	1811	1818	1825	1832	1839	1846	1854	1901	1909	1918	1928	1938	1947	1956	2008	2020	2031	2043
Leyton Baker's Arms (High Rd. Leyton)	1820	1827	1834	1841	1847	1854	1902	1909	1917	1926	1936	1946	1955	2004	2016	2028	2039	2051
Walthamstow Central Station	1829	1836	1843	1850	1856	1903	1911	1917	1925	1933	1943	1952	2001	2010	2022	2034	2045	2057
Stratford Bus Station	2031	2043	2055	2107	2119	2131	2143	2155	2207	2219	2231	2243	2255	2307	2319	2331	2343	2355
Leytonstone Thatched House	2038	2050	2102	2114	2126	2138	2150	2202	2214	2226	2238	2250	2301	2313	2325	2337	2349	0001
Leytonstone Green Man (High Road)	2049	2101	2113	2125	2137	2148	2200	2212	2224	2236	2248	2300	2311	2323	2334	2346	2358	0010
Whipps Cross Bus Station	2055	2107	2119	2131	2143	2154	2206	2218	2230	2242	2254	2305	2316	2328	2339	2351	0003	0015
Leyton Baker's Arms (High Rd. Leyton)	2103	2115	2127	2139	2150	2201	2213	2225	2237	2249	2300	2311	2322	2334	2344	2356	0008	0020
Walthamstow Central Station	2109	2121	2133	2145	2156	2207	2219	2231	2243	2255	2306	2317	2328	2339	2349	0000	0012	0024
Stratford Bus Station	0007	0022	0037	0052	0107													
Leytonstone Thatched House	0013	0028	0043	0058	0113													
Leytonstone Green Man (High Road)	0021	0036	0051	0106	0121													
Whipps Cross Bus Station	0026	0041	0056	0110	0125													
Leyton Baker's Arms (High Rd. Leyton)	0031	0046	0101	0115	0130													
Walthamstow Central Station	0035	0050	0105	0119	0134													
257	Sundays and other Public Holidays (except Christmas Day)																	
Stratford Bus Station	0540	0555	0610	0625	0640	0655	0710	0725	0740	0755	0807	0819	0831	0843	0855	0907	0919	0931
Leytonstone Thatched House	0545	0600	0615	0630	0645	0701	0716	0731	0746	0801	0813	0825	0837	0849	0901	0913	0925	0937
Leytonstone Green Man (High Road)	0552	0607	0622	0637	0652	0708	0723	0739	0754	0809	0821	0833	0845	0858	0910	0922	0935	0947
Whipps Cross Bus Station	0556	0611	0626	0641	0656	0712	0727	0743	0758	0813	0825	0837	0849	0902	0914	0926	0939	0951
Leyton Baker's Arms (High Rd. Leyton)	0600	0615	0630	0645	0700	0716	0731	0747	0803	0818	0830	0842	0855	0908	0921	0933	0946	0958
Walthamstow Central Station	0604	0619	0634	0649	0704	0720	0736	0752	0808	0823	0835	0847	0900	0913	0926	0938	0952	1004
Stratford Bus Station	0942	0954	1006	1016	1026	1038	1050	1101	1113	1125	1137		1237	1248				1448
Leytonstone Thatched House	0948	1000	1012	1023	1034	1046	1058	1109	1121	1133	1145		1245	1256				1456
Leytonstone Green Man (High Road)	0959	1011	1023	1034	1046	1058	1110	1122	1134	1147	1159	Then	1259	1310	Then			1510
Whipps Cross Bus Station	1004	1016	1028	1039	1051	1103	1115	1127	1139	1152	1205	every 12	1305	1316	minutes			1516
Leyton Baker's Arms (High Rd. Leyton)	1011	1024	1036	1047	1059	1111	1123	1135	1148	1201	1214	until	1314	1325	minutes			1525
Walthamstow Central Station	1017	1030	1042	1054	1106	1118	1130	1142	1155	1208	1221		1321	1332	until			1532
Stratford Bus Station	1500	1512	1524	1536	1548			1648	1700	1712	1724	1736	1749	1801	1814	1826	1838	1850
Leytonstone Thatched House	1508	1520	1532	1544	1556	Then		1656	1708	1720	1732	1744	1757	1809	1822	1834	1846	1858
Leytonstone Green Man (High Road)	1521	1533	1545	1557	1608	every 12		1708	1720	1732	1744	1756	1809	1821	1833	1845	1857	1909
Whipps Cross Bus Station	1527	1539	1551	1603	1614	minutes		1714	1726	1738	1750	1802	1814	1826	1838	1850	1902	1914
Leyton Baker's Arms (High Rd. Leyton)	1536	1548	1600	1612	1623	until		1723	1734	1746	1758	1810	1822	1834	1846	1857	1909	1921
Walthamstow Central Station	1543	1555	1607	1619	1630			1730	1741	1753	1805	1817	1829	1840	1852	1903	1915	1927
Stratford Bus Station	1902	1914	1926	1938	1950	2002	2014	2026	2039	2051	2103	2115	2127	2139	2151	2203	2215	2228
Leytonstone Thatched House	1910	1922	1934	1946	1958	2010	2021	2033	2046	2058	2110	2122	2134	2146	2158	2210	2222	2234
Leytonstone Green Man (High Road)	1921	1933	1944	1956	2008	2020	2031	2043	2055	2107	2119	2131	2143	2155	2207	2219	2230	2242
Whipps Cross Bus Station	1926	1938	1949	2001	2013	2025	2036	2048	2100	2112	2124	2136	2148	2200	2212	2223	2234	2246
Leyton Baker's Arms (High Rd. Leyton)	1933	1945	1956	2008	2020	2032	2043	2055	2107	2119	2131	2142	2154	2206	2218	2229	2240	2252
Walthamstow Central Station	1939	1951	2002	2014	2026	2038	2049	2101	2113	2124	2136	2147	2159	2211	2223	2234	2245	2257
Stratford Bus Station	2240	2252	2304	2316	2329	2342	2354	0006	0021	0036	0051	0105						
Leytonstone Thatched House	2246	2258	2310	2322	2335	2348	0000	0012	0027	0042	0057	0111						
Leytonstone Green Man (High Road)	2254	2306	2318	2330	2343	2356	0008	0020	0035	0050	0105	0119						
Whipps Cross Bus Station	2258	2310	2322	2334	2347	0000	0012	0024	0039	0054	0109	0123						
Leyton Baker's Arms (High Rd. Leyton)	2304	2316	2328	2340	2352	0005	0017	0029	0044	0059	0114	0128						
Walthamstow Central Station	2309	2321	2333	2345	2357	0009	0021	0033	0048	0103	0118	0132						