

262 Mondays to Fridays																					
Gallions Reach Shopping Park	0435	0450	0505	0517	0529	0541	0553	0604			0904		1412	1424	1435	1444	1453				
Winsor Park Woolwich Manor Way	0440	0455	0510	0522	0534	0546	0558	0610	Then	0910	Then		1418	1430	1441	1450	1459				
Beckton Bus Station	0442	0457	0512	0524	0536	0548	0600	0612	about	0913	every 11		1421	1433	1444	1453	1502				
Prince Regent Lane Bennett Road	0450	0505	0520	0532	0544	0556	0609	0621	every 11	0923	minutes		1431	1443	1454	1504	1514				
Plaistow Greengate	0453	0508	0523	0535	0547	0559	0613	0625	minutes	0928	until		1436	1448	1500	1511	1522				
Plaistow Station	0456	0511	0526	0538	0550	0602	0617	0629	until	0932			1440	1452	1504	1515	1526				
Stratford Bus Station	0503	0518	0533	0545	0557	0610	0625	0637		0941			1449	1501	1514	1525	1536				
Gallions Reach Shopping Park	1503			1631	1642	1653	1704	1715	1726	1737	1748	1759	1810	1821	1832	1843	1854	1905			
Winsor Park Woolwich Manor Way	1510	Then		1638	1649	1700	1711	1722	1733	1744	1755	1806	1817	1828	1839	1850	1901	1911			
Beckton Bus Station	1513	every 11		1641	1652	1704	1715	1726	1737	1748	1759	1809	1820	1831	1842	1853	1904	1914			
Prince Regent Lane Bennett Road	1525	minutes		1653	1704	1716	1727	1738	1749	1800	1811	1820	1831	1842	1853	1904	1914	1924			
Plaistow Greengate	1533	until		1701	1713	1725	1736	1747	1758	1808	1818	1827	1838	1849	1859	1909	1919	1929			
Plaistow Station	1537			1705	1717	1729	1740	1751	1802	1812	1822	1831	1842	1853	1903	1913	1923	1933			
Stratford Bus Station	1547			1715	1727	1739	1750	1801	1812	1822	1832	1841	1852	1902	1911	1921	1931	1941			
Gallions Reach Shopping Park	1916	1927	1939	1951	2005	2020	2035	2050	2105			2235	2250	2305				0020			
Winsor Park Woolwich Manor Way	1922	1933	1945	1957	2011	2026	2041	2056	2110	Then		2240	2255	2310	Then			0025			
Beckton Bus Station	1925	1936	1948	2000	2014	2029	2044	2059	2112	every 15		2242	2257	2312	every 15			0027			
Prince Regent Lane Bennett Road	1935	1946	1958	2009	2023	2038	2053	2108	2120	minutes		2250	2305	2319	minutes			0034			
Plaistow Greengate	1940	1951	2003	2014	2028	2043	2058	2113	2125	until		2255	2309	2323	until			0038			
Plaistow Station	1944	1955	2006	2017	2031	2046	2101	2116	2128			2258	2312	2326				0041			
Stratford Bus Station	1952	2003	2013	2024	2038	2053	2108	2123	2135			2305	2318	2332				0047			
262 Saturdays (also Good Friday)																					
Gallions Reach Shopping Park	0435			0720	0732	0744	0755	0806	0817	0828	0839	0849	0859	0909				1026	1036		
Winsor Park Woolwich Manor Way	0440	Then		0725	0737	0749	0800	0811	0822	0833	0844	0854	0904	0915	Then			1032	1042		
Beckton Bus Station	0442	every 15		0727	0739	0751	0802	0813	0824	0835	0846	0856	0906	0917	every 11			1034	1044		
Prince Regent Lane Bennett Road	0450	minutes		0735	0747	0759	0811	0822	0833	0844	0855	0905	0916	0927	minutes			1044	1054		
Plaistow Greengate	0453	until		0738	0750	0802	0814	0825	0836	0847	0858	0909	0920	0931	until			1048	1059		
Plaistow Station	0456			0741	0753	0805	0817	0828	0839	0850	0901	0913	0924	0935				1052	1103		
Stratford Bus Station	0503			0748	0800	0812	0824	0835	0846	0857	0909	0922	0933	0944				1101	1113		
Gallions Reach Shopping Park	1046	1057		1342	1353				1828	1839	1850	1901	1912	1923	1935	1950	2005	2020			
Winsor Park Woolwich Manor Way	1052	1103	Then	1348	1359	Then			1834	1845	1856	1907	1918	1929	1941	1956	2011	2026			
Beckton Bus Station	1054	1106	every 11	1351	1402	every 11			1837	1848	1859	1910	1921	1932	1944	1959	2013	2028			
Prince Regent Lane Bennett Road	1104	1117	minutes	1402	1414	minutes			1849	1900	1911	1921	1932	1943	1955	2009	2022	2037			
Plaistow Greengate	1110	1123	until	1408	1420	until			1855	1906	1917	1927	1938	1949	2001	2015	2028	2043			
Plaistow Station	1114	1127		1412	1424				1859	1910	1921	1931	1942	1953	2004	2018	2031	2046			
Stratford Bus Station	1124	1137		1422	1434				1909	1919	1930	1940	1951	2002	2012	2026	2039	2054			
Gallions Reach Shopping Park	2035	2050	2105			2235	2250	2305											0020		
Winsor Park Woolwich Manor Way	2041	2056	2110	Then		2240	2255	2310	Then										0025		
Beckton Bus Station	2043	2058	2112	every 15		2242	2257	2312	every 15										0027		
Prince Regent Lane Bennett Road	2052	2107	2120	minutes		2250	2305	2319	minutes										0034		
Plaistow Greengate	2058	2112	2125	until		2255	2309	2323	until										0038		
Plaistow Station	2101	2115	2128			2258	2312	2326											0041		
Stratford Bus Station	2108	2122	2135			2305	2318	2332											0047		
262 Sundays and other Public Holidays (except Christmas Day)																					
Gallions Reach Shopping Park	0525			0745	0805	0820	0835	0850	0905	0920	0935	0950	1004	1019	1034	1047	1100	1115			
Winsor Park Woolwich Manor Way	0530	Then		0750	0810	0825	0840	0855	0910	0925	0940	0955	1010	1025	1040	1053	1106	1121			
Beckton Bus Station	0532	every 20		0752	0812	0827	0842	0857	0912	0927	0942	0957	1012	1027	1042	1055	1109	1124			
Prince Regent Lane Bennett Road	0540	minutes		0800	0821	0836	0851	0906	0921	0936	0951	1006	1021	1036	1051	1105	1120	1135			
Plaistow Greengate	0543	until		0803	0824	0839	0854	0910	0925	0940	0955	1010	1025	1040	1055	1110	1125	1140			
Plaistow Station	0546			0806	0827	0842	0857	0913	0928	0943	0958	1014	1029	1044	1059	1114	1129	1144			
Stratford Bus Station	0553			0813	0834	0849	0904	0921	0936	0951	1006	1023	1038	1053	1108	1123	1138	1153			
Gallions Reach Shopping Park	1130	1145	1200	1215	1230	1245	1300				1430	1445	1500					1645	1700	1715	1730
Winsor Park Woolwich Manor Way	1136	1151	1206	1221	1236	1251	1306	Then			1436	1451	1506	Then				1651	1706	1721	1736
Beckton Bus Station	1139	1154	1209	1224	1239	1254	1309	every 15			1439	1454	1509	every 15				1654	1709	1724	1739
Prince Regent Lane Bennett Road	1150	1205	1220	1235	1250	1305	1321	minutes			1451	1506	1520	minutes				1705	1719	1734	1749
Plaistow Greengate	1155	1210	1225	1240	1255	1311	1327	until			1457	1511	1525	until				1710	1724	1739	1754
Plaistow Station	1159	1214	1229	1244	1259	1315	1331				1501	1515	1529					1714	1728	1743	1758
Stratford Bus Station	1208	1223	1238	1253	1308	1324	1340				1510	1524	1538					1723	1737	1752	1807
Gallions Reach Shopping Park	1745	1801	1816	1831	1846	1902	1917	1932	1947	2003				2233	2249	2305					0020
Winsor Park Woolwich Manor Way	1751	1807	1822	1837	1852	1907	1922	1937	1952	2008	Then			2238	2254	2310	Then				0025
Beckton Bus Station	1754	1809	1824	1839	1854	1909	1924	1939	1954	2010	every 15			2240	2256	2312	every 15				0027
Prince Regent Lane Bennett Road	1804	1818	1833	1848	1903	1918	1933	1948	2003	2018	minutes			2248	2304	2319	minutes				0034
Plaistow Greengate	1809	1823	1838	1853	1908	1923	1938	1953	2008	2023	until			2253	2308	2323	until				0038
Plaistow Station	1813	1827	1842	1857	1912	1927	1942	1957	2011	2026				2256	2311	2326					0041
Stratford Bus Station	1821	1835	1850	1905	1919	1934	1949	2004	2018	2033				2303	2317	2332					0047

262		Mondays to Fridays																					
Stratford Bus Station	0510	0525	0540	0555	0610	0622	0634					0950			1341	1352	1403	1414	1425	1436			
Plaistow Station	0516	0531	0546	0601	0616	0629	0641		Then			0959	Then		1350	1401	1413	1424	1435	1446			
Plaistow Greengate	0519	0534	0549	0604	0619	0632	0644		about			1004	every 11		1355	1406	1418	1429	1440	1451			
Prince Regent Lane Bennett Road	0521	0536	0551	0606	0621	0635	0647		every 11			1008	minutes		1359	1411	1423	1434	1445	1456			
Beckton Station	0528	0543	0558	0613	0628	0643	0655		minutes			1019	until		1410	1423	1435	1446	1457	1508			
Winsor Park Woolwich Manor Way	0531	0546	0601	0616	0631	0646	0658		until			1022			1413	1426	1438	1449	1500	1511			
Gallions Reach Shopping Park	0537	0552	0607	0622	0637	0652	0704					1028			1419	1432	1444	1455	1506	1517			
Stratford Bus Station	1445	1455	1505			1728	1739	1750					Then		1856	1908	1919	1930	1942	1954	2007	2019	
Plaistow Station	1455	1505	1516		Then	1739	1750	1801				Then		1907	1918	1929	1940	1952	2004	2016	2028		
Plaistow Greengate	1500	1511	1522		every 11	1745	1756	1807				every 11		1913	1924	1935	1946	1958	2009	2021	2033		
Prince Regent Lane Bennett Road	1506	1517	1528		minutes	1751	1802	1812				minutes		1918	1929	1940	1951	2003	2014	2026	2038		
Beckton Station	1519	1530	1541		until	1804	1814	1824				until		1930	1941	1952	2003	2014	2025	2037	2049		
Winsor Park Woolwich Manor Way	1522	1533	1544			1807	1817	1827						1933	1944	1955	2006	2017	2028	2040	2052		
Gallions Reach Shopping Park	1528	1539	1550			1813	1823	1833						1939	1950	2001	2011	2022	2033	2045	2057		
Stratford Bus Station	2034	2049	2105	2120	2135	2150	2205	2220	2235	2250	2305							Then		0120			
Plaistow Station	2043	2058	2113	2128	2143	2158	2213	2228	2243	2258	2312							every 15		0127			
Plaistow Greengate	2048	2103	2118	2133	2148	2203	2217	2232	2247	2302	2316							minutes		0131			
Prince Regent Lane Bennett Road	2053	2107	2121	2136	2151	2206	2220	2235	2250	2305	2319							until		0134			
Beckton Station	2103	2116	2130	2145	2200	2215	2229	2244	2259	2313	2327									0142			
Winsor Park Woolwich Manor Way	2106	2119	2133	2148	2203	2218	2232	2247	2302	2316	2330									0145			
Gallions Reach Shopping Park	2111	2124	2138	2153	2208	2223	2237	2252	2307	2321	2335									0150			
262		Saturdays (also Good Friday)																					
Stratford Bus Station	0510		0640	0655	0710	0725	0737	0749	0801	0813	0825	0836	0846	0856	0906							0939	0949
Plaistow Station	0516	Then	0646	0701	0717	0732	0744	0756	0808	0820	0832	0843	0853	0903	0914	Then						0947	0957
Plaistow Greengate	0519	every	0649	0704	0720	0735	0747	0759	0812	0824	0836	0847	0857	0907	0918	every						0951	1001
Prince Regent Lane Bennett Road	0521	15	0651	0707	0724	0739	0751	0803	0817	0829	0841	0852	0902	0913	0924	11						0957	1007
Beckton Station	0528	mins.	0658	0715	0732	0747	0759	0812	0826	0838	0850	0901	0912	0923	0934	mins.						1007	1018
Winsor Park Woolwich Manor Way	0531	until	0701	0718	0735	0750	0802	0815	0829	0841	0853	0904	0915	0926	0937	until						1010	1021
Gallions Reach Shopping Park	0537		0707	0724	0741	0756	0808	0821	0835	0847	0859	0910	0921	0932	0943							1016	1027
Stratford Bus Station	0959		1032	1043	1054	1105	Then	1149	1200			1434	1445	1456	1507						1741	Then	1859
Plaistow Station	1007	Then	1040	1051	1102	1114	about	1158	1210	Then		1444	1455	1506	1518	Then					1752	about	1909
Plaistow Greengate	1011	every	1044	1055	1107	1119	every	1203	1215	every		1449	1500	1511	1523	every					1757	every	1914
Prince Regent Lane Bennett Road	1018	11	1051	1102	1114	1126	11	1211	1223	11		1457	1509	1520	1532	11					1806	11	1922
Beckton Station	1029	mins.	1102	1114	1126	1138	mins.	1223	1235	mins.		1509	1521	1532	1544	mins.					1818	mins.	1933
Winsor Park Woolwich Manor Way	1032	until	1105	1117	1129	1141	until	1226	1238	until		1512	1524	1535	1547	until					1821	until	1936
Gallions Reach Shopping Park	1038		1111	1123	1135	1147		1232	1244			1518	1530	1541	1553						1827		1941
Stratford Bus Station	1911	1923	1935	1947	2003	2018	2033	2048	2104	2119					2234	2249	2305						0120
Plaistow Station	1921	1933	1945	1957	2012	2027	2042	2057	2112	2127					Then		2242	2257	2312		Then		0127
Plaistow Greengate	1926	1938	1950	2002	2017	2032	2047	2102	2117	2132					every 15		2247	2302	2316		every 15		0131
Prince Regent Lane Bennett Road	1934	1946	1958	2009	2024	2039	2053	2107	2121	2135					minutes		2250	2305	2319		minutes		0134
Beckton Station	1945	1957	2009	2019	2034	2049	2103	2116	2130	2144					until		2259	2313	2327		until		0142
Winsor Park Woolwich Manor Way	1948	2000	2012	2022	2037	2052	2106	2119	2133	2147							2302	2316	2330				0145
Gallions Reach Shopping Park	1953	2005	2017	2027	2042	2057	2111	2124	2138	2152							2307	2321	2335				0150
262		Sundays and other Public Holidays (except Christmas Day)																					
Stratford Bus Station	0600	0620	0640	0700	0720	0740	0800	0820	0840	0900	0920				Then		1035	1049	1104	1119	1134		
Plaistow Station	0606	0626	0646	0706	0726	0746	0807	0827	0847	0908	0928				every 15		1043	1057	1112	1127	1142		
Plaistow Greengate	0609	0629	0649	0709	0729	0750	0811	0831	0851	0912	0932				minutes		1047	1101	1116	1131	1146		
Prince Regent Lane Bennett Road	0611	0631	0651	0711	0731	0752	0814	0834	0854	0915	0935				until		1050	1104	1119	1134	1149		
Beckton Station	0618	0638	0658	0718	0738	0759	0821	0841	0902	0924	0945						1100	1115	1130	1145	1200		
Winsor Park Woolwich Manor Way	0621	0641	0701	0721	0741	0802	0824	0844	0905	0927	0948						1103	1118	1133	1148	1203		
Gallions Reach Shopping Park	0627	0647	0707	0727	0747	0808	0830	0850	0911	0933	0954						1109	1124	1139	1154	1209		
Stratford Bus Station	1149	1204			1349	1404						1534	1549	1604	1619	1634	1649	1704	1719	1734	1749		
Plaistow Station	1157	1213		Then	1358	1414						1544	1559	1614	1629	1644	1659	1714	1729	1744	1759		
Plaistow Greengate	1201	1218		every 15	1403	1419						1549	1604	1619	1634	1649	1704	1719	1734	1749	1804		
Prince Regent Lane Bennett Road	1205	1222		minutes	1407	1423						1553	1608	1623	1638	1653	1708	1723	1738	1753	1808		
Beckton Station	1217	1234		until	1419	1435						1605	1619	1634	1649	1704	1719	1734	1749	1804	1818		
Winsor Park Woolwich Manor Way	1220	1237			1422	1438						1608	1622	1637	1652	1707	1722	1737	1752	1807	1821		
Gallions Reach Shopping Park	1226	1243			1428	1444						1614	1628	1643	1658	1712	1727	1742	1757	1812	1826		
Stratford Bus Station	1804				2034	2049	2104					2234	2249	2305								0120	
Plaistow Station	1813	Then	2043	2058	2112							2242	2257	2312								0127	
Plaistow Greengate	1818	every 15	2048	2103	2117							2247	2302	2316								0131	
Prince Regent Lane Bennett Road	1822	minutes	2052	2106	2120							2250	2305	2319								0134	
Beckton Station	1832	until	2102	2115	2129							2259	2313	2327								0142	