262 East Beckton – Plaistow – Stratford

262 Mondays to Fridays

Gallions Reach *Shopping Park*	0435	0450	0505	0520	0535	0547	0559	0610	0621	0632	0643	0655	0707	0718	0729	0741	0754	0807	
Beckton *Bus Station*	0442	0457	0512	0527	0542	0554	0606	0618	0629	0640	0651	0703	0715	0727	0739	0751	0804	0817	
Prince Regent Lane *Bennett Road*	0450	0505	0520	0535	0551	0603	0615	0627	0638	0649	0702	0716	0728	0742	0756	0811	0826	0840	
Plaistow *Greengate*	0453	0508	0523	0538	0554	0606	0618	0630	0642	0653	0706	0720	0733	0747	0802	0817	0832	0846	
Plaistow Station	0456	0511	0526	0541	0557	0609	0621	0633	0645	0656	0710	0724	0738	0752	0807	0822	0837	0851	
Stratford *Bus Station*	0503	0518	0533	0548	0604	0616	0628	0640	0652	0704	0718	0732	0747	0802	0817	0832	0847	0901	
Gallions Reach *Shopping Park*	0820	0833	0846	0859	0912			1358	1411	1423	1435	1447	1459	1511	1523	1536	1549	1602	
Beckton *Bus Station*	0830	0843	0856	0909	0922		*Then*	1408	1421	1433	1445	1457	1509	1521	1534	1547	1600	1613	
Prince Regent Lane *Bennett Road*	0852	0904	0916	0928	0941		*every 13*	1427	1440	1453	1506	1518	1531	1544	1557	1610	1623	1635	
Plaistow *Greengate*	0858	0910	0922	0934	0946		*minutes*	1432	1445	1458	1512	1525	1538	1551	1605	1618	1631	1644	
Plaistow Station	0903	0914	0926	0938	0950		*until*	1436	1449	1503	1517	1531	1544	1556	1610	1623	1636	1649	
Stratford *Bus Station*	0912	0923	0935	0947	0959			1445	1459	1513	1527	1541	1554	1607	1621	1634	1647	1700	
Gallions Reach *Shopping Park*	1615	1628	1641	1654	1707	1720	1733	1746	1800	1813	1826	1839	1852	1905	1919	1933	1947	2004	
Beckton *Bus Station*	1626	1639	1652	1705	1718	1731	1744	1757	1810	1823	1836	1849	1902	1915	1929	1943	1957	2014	
Prince Regent Lane *Bennett Road*	1648	1701	1714	1727	1740	1753	1806	1818	1831	1844	1857	1910	1922	1935	1948	2002	2015	2031	
Plaistow *Greengate*	1657	1710	1723	1736	1749	1802	1814	1826	1838	1850	1903	1915	1927	1940	1953	2006	2019	2035	
Plaistow Station	1702	1715	1728	1741	1754	1806	1818	1830	1842	1854	1907	1919	1931	1944	1957	2010	2023	2039	
Stratford *Bus Station*	1713	1726	1739	1752	1804	1816	1828	1840	1852	1904	1916	1928	1940	1952	2005	2018	2031	2046	
Gallions Reach *Shopping Park*	2021	2038	2055	2112	2129	2146	2203	2218	2233	2248	2304	2319	2335	2350	0005	0020	0035		
Beckton *Bus Station*	2030	2047	2103	2120	2137	2154	2211	2226	2241	2256	2312	2327	2343	2358	0013	0028	0043		
Prince Regent Lane *Bennett Road*	2047	2102	2117	2133	2148	2204	2220	2235	2250	2305	2320	2335	2350	0005	0020	0035	0050		
Plaistow *Greengate*	2051	2106	2121	2136	2151	2207	2223	2238	2253	2308	2323	2338	2353	0008	0023	0038	0053		
Plaistow Station	2054	2109	2124	2139	2154	2210	2226	2241	2256	2311	2326	2341	2356	0011	0026	0041	0056		
Stratford *Bus Station*	2101	2116	2131	2146	2201	2217	2233	2248	2303	2318	2333	2348	0003	0018	0033	0048	0103		

262 Saturdays (also Good Friday)

Gallions Reach *Shopping Park*	0435		0550	0604	0619	0634	0649	0704	0718	0731	0744	0757	0810	0823	0836	0849	0902		
Beckton *Bus Station*	0442	*Then*	0557	0611	0626	0641	0656	0711	0725	0739	0752	0805	0818	0831	0844	0857	0910		
Prince Regent Lane *Bennett Road*	0450	*every 15*	0605	0620	0636	0652	0708	0724	0739	0753	0807	0821	0835	0849	0902	0916	0929		
Plaistow *Greengate*	0453	*minutes*	0608	0623	0639	0655	0711	0727	0742	0756	0810	0824	0838	0852	0906	0920	0933		
Plaistow Station	0456	*until*	0611	0626	0642	0658	0714	0730	0745	0759	0813	0827	0841	0855	0909	0923	0936		
Stratford *Bus Station*	0503		0618	0633	0649	0705	0721	0737	0752	0806	0820	0834	0848	0902	0916	0930	0944		
Gallions Reach *Shopping Park*	0915	0927	0939		1044	1057	1109	1121	1133	1145	1158	1211	1224	1237	1249	1301	1314		
Beckton *Bus Station*	0923	0936	0948	*Then*	1053	1106	1118	1130	1143	1155	1208	1221	1234	1247	1259	1312	1325		
Prince Regent Lane *Bennett Road*	0942	0955	1008	*every 13*	1113	1126	1138	1151	1204	1217	1230	1243	1256	1309	1322	1335	1348		
Plaistow *Greengate*	0946	0959	1012	*minutes*	1117	1130	1143	1156	1209	1222	1235	1249	1302	1315	1328	1341	1354		
Plaistow Station	0950	1003	1016	*until*	1121	1134	1147	1200	1213	1226	1239	1253	1306	1319	1332	1345	1358		
Stratford *Bus Station*	0958	1011	1024		1129	1143	1156	1209	1222	1235	1249	1303	1316	1329	1342	1355	1408		
Gallions Reach *Shopping Park*	1327		1642	1655		1813	1827	1841	1856	1911	1926	1943	2000	2017	2034	2051			
Beckton *Bus Station*	1338	*Then*	1653	1705	*Then*	1823	1837	1851	1906	1921	1936	1953	2010	2027	2044	2101			
Prince Regent Lane *Bennett Road*	1401	*every 13*	1716	1728	*every 13*	1846	1900	1914	1928	1942	1956	2012	2027	2043	2059	2116			
Plaistow *Greengate*	1407	*minutes*	1722	1734	*minutes*	1852	1906	1919	1933	1947	2001	2017	2032	2047	2103	2119			
Plaistow Station	1411	*until*	1726	1738	*until*	1856	1910	1923	1937	1951	2005	2021	2036	2051	2107	2123			
Stratford *Bus Station*	1421		1736	1748		1906	1919	1932	1946	2000	2014	2029	2044	2059	2115	2131			
Gallions Reach *Shopping Park*	2108	2125	2142	2159	2216	2233	2250		0035										
Beckton *Bus Station*	2117	2133	2150	2207	2224	2241	2258	*Then*	0043										
Prince Regent Lane *Bennett Road*	2132	2148	2204	2219	2234	2249	2305	*every 15*	0050										
Plaistow *Greengate*	2135	2151	2207	2222	2237	2252	2308	*minutes*	0053										
Plaistow Station	2138	2154	2210	2225	2240	2255	2311	*until*	0056										
Stratford *Bus Station*	2146	2202	2218	2233	2248	2303	2318		0103										

262 Sundays and other Public Holidays (except Christmas Day)

Gallions Reach *Shopping Park*	0525		0745	0804	0819	0834	0849	0904	0919	0934	0951	1003	1018	1033	1048	1102	1117		
Beckton *Bus Station*	0532	*Then*	0752	0812	0827	0842	0857	0912	0927	0942	0959	1011	1026	1041	1056	1111	1126		
Prince Regent Lane *Bennett Road*	0540	*every 20*	0800	0820	0836	0851	0906	0921	0936	0952	1009	1021	1036	1051	1106	1121	1136		
Plaistow *Greengate*	0543	*minutes*	0803	0823	0839	0854	0909	0924	0939	0955	1013	1025	1040	1055	1110	1125	1140		
Plaistow Station	0546	*until*	0806	0826	0842	0857	0912	0927	0942	0959	1017	1029	1044	1059	1114	1129	1144		
Stratford *Bus Station*	0553		0813	0833	0849	0904	0919	0934	0950	1007	1025	1037	1052	1107	1122	1137	1153		
Gallions Reach *Shopping Park*	1132	1147	1201	1216	1231		1401	1416		1716	1731	1746	1801	1816	1831	1846			
Beckton *Bus Station*	1141	1156	1211	1226	1241	*Then*	1411	1426	*Then*	1726	1741	1756	1811	1826	1841	1856			
Prince Regent Lane *Bennett Road*	1151	1206	1221	1236	1252	*every 15*	1422	1437	*every 15*	1737	1751	1806	1821	1836	1851	1906			
Plaistow *Greengate*	1156	1211	1226	1242	1258	*minutes*	1428	1442	*minutes*	1742	1756	1810	1825	1840	1855	1910			
Plaistow Station	1200	1215	1230	1246	1302	*until*	1432	1446	*until*	1746	1800	1814	1829	1844	1859	1914			
Stratford *Bus Station*	1209	1224	1239	1255	1311		1441	1455		1755	1809	1823	1838	1853	1908	1923			
Gallions Reach *Shopping Park*	1901	1917	1932	1947	2003	2018	2034		2234	2249	2305		0035						
Beckton *Bus Station*	1911	1926	1941	1956	2011	2026	2042	*Then*	2242	2257	2313	*Then*	0043						
Prince Regent Lane *Bennett Road*	1920	1935	1950	2005	2020	2035	2050	*every 15*	2250	2305	2320	*every 15*	0050						
Plaistow *Greengate*	1924	1939	1954	2009	2024	2039	2054	*minutes*	2254	2308	2323	*minutes*	0053						
Plaistow Station	1928	1942	1957	2012	2027	2042	2057	*until*	2257	2311	2326	*until*	0056						
Stratford *Bus Station*	1937	1951	2005	2019	2034	2049	2104		2304	2318	2333		0103						

262 Stratford – Plaistow – East Beckton

262 Mondays to Fridays

Stratford *Bus Station*	0510	0525	0540	0555	0607	0619	0630	0640	0649	0701	0713	0724	0735	0747	0759	0812	0825	0838	
Plaistow Station	0515	0530	0545	0600	0612	0624	0636	0646	0655	0707	0719	0730	0742	0755	0807	0820	0833	0846	
Plaistow *Greengate*	0518	0533	0548	0603	0615	0627	0639	0649	0658	0711	0723	0735	0747	0800	0812	0825	0838	0851	
Prince Regent Lane *Bennett Road*	0521	0536	0551	0606	0618	0630	0642	0652	0702	0715	0727	0740	0753	0806	0818	0831	0844	0856	
Beckton Station	0529	0544	0559	0614	0626	0639	0652	0704	0716	0730	0744	0758	0812	0827	0840	0854	0907	0919	
Gallions Reach *Shopping Park*	0536	0551	0606	0621	0633	0646	0659	0711	0723	0737	0751	0805	0819	0834	0847	0901	0914	0926	
Stratford *Bus Station*	0851	0904			1258	1311	1324			1429	1440	1451	1503	1515	1528	1540	*Then*	1711	
Plaistow Station	0858	0911	*Then*		1305	1318	1332	*Then*		1437	1448	1459	1512	1524	1537	1550	*every*	1721	
Plaistow *Greengate*	0903	0916	*every 13*		1310	1323	1337	*every 13*		1442	1454	1505	1518	1530	1543	1556	*13*	1727	
Prince Regent Lane *Bennett Road*	0908	0921	*minutes*		1315	1328	1342	*minutes*		1447	1459	1511	1524	1537	1550	1603	*mins.*	1734	
Beckton Station	0930	0942	*until*		1336	1350	1404	*until*		1509	1522	1535	1548	1601	1614	1627	*until*	1758	
Gallions Reach *Shopping Park*	0937	0949			1343	1357	1411			1516	1529	1542	1555	1608	1621	1634		1805	
Stratford *Bus Station*	1724	1737	1751	1804	1817	1830	1843	1856	1909	1923	1937	1951	2006	2021	2038	2055	2112	2129	
Plaistow Station	1734	1747	1801	1813	1826	1839	1852	1905	1918	1931	1945	1959	2013	2028	2045	2102	2119	2136	
Plaistow *Greengate*	1740	1753	1806	1818	1831	1844	1857	1910	1923	1936	1950	2004	2018	2032	2049	2106	2123	2140	
Prince Regent Lane *Bennett Road*	1747	1759	1811	1823	1836	1849	1902	1915	1928	1941	1955	2009	2023	2037	2054	2111	2127	2144	
Beckton Station	1810	1822	1834	1846	1858	1910	1922	1934	1946	1959	2012	2025	2039	2053	2109	2125	2141	2156	
Gallions Reach *Shopping Park*	1817	1829	1841	1853	1905	1917	1929	1941	1953	2006	2019	2032	2046	2100	2116	2132	2148	2203	
Stratford *Bus Station*	2146	2204	2219	2234	2249	2304	2319	2334	2349	0005			0120						
Plaistow Station	2153	2210	2225	2240	2255	2310	2325	2340	2355	0011	*Then*		0126						
Plaistow *Greengate*	2157	2214	2229	2244	2259	2314	2329	2344	2359	0014	*every 15*		0129						
Prince Regent Lane *Bennett Road*	2201	2217	2232	2247	2302	2317	2332	2347	0002	0017	*minutes*		0132						
Beckton Station	2211	2227	2242	2257	2311	2326	2341	2356	0011	0026	*until*		0141						
Gallions Reach *Shopping Park*	2218	2234	2249	2304	2318	2333	2348	0003	0018	0033			0148						

262 Saturdays (also Good Friday)

Stratford *Bus Station*	0510	0525	0540	0555	0610	0625	0639	0654	0711	0728	0742	0756	0810	0824	0836	0848	0901	0914	
Plaistow Station	0514	0529	0544	0559	0614	0629	0644	0659	0716	0733	0747	0801	0815	0829	0842	0854	0907	0920	
Plaistow *Greengate*	0517	0532	0547	0602	0617	0632	0647	0702	0719	0736	0750	0804	0818	0832	0845	0858	0911	0924	
Prince Regent Lane *Bennett Road*	0520	0535	0550	0605	0620	0635	0650	0705	0722	0739	0753	0807	0821	0835	0848	0901	0915	0928	
Beckton Station	0528	0543	0558	0614	0630	0646	0702	0718	0735	0752	0807	0822	0837	0852	0906	0920	0934	0947	
Gallions Reach *Shopping Park*	0535	0550	0605	0621	0637	0653	0709	0725	0742	0759	0814	0829	0844	0859	0913	0927	0941	0954	
Stratford *Bus Station*	0927	0939	0951	1004	1016	1029	1042	1055	1107	1120	1133	1146	1159	1212	1225	1238	1251	1304	
Plaistow Station	0933	0945	0957	1010	1022	1035	1048	1101	1114	1127	1140	1153	1206	1220	1233	1246	1259	1312	
Plaistow *Greengate*	0937	0949	1001	1014	1026	1039	1052	1105	1118	1132	1145	1158	1211	1225	1238	1251	1304	1317	
Prince Regent Lane *Bennett Road*	0941	0953	1005	1018	1031	1044	1057	1110	1123	1137	1150	1203	1216	1230	1243	1256	1309	1322	
Beckton Station	1000	1013	1026	1039	1052	1105	1118	1132	1145	1159	1212	1225	1238	1252	1305	1318	1332	1345	
Gallions Reach *Shopping Park*	1007	1020	1033	1046	1059	1112	1125	1139	1152	1206	1219	1232	1245	1259	1313	1326	1340	1353	
Stratford *Bus Station*	1317			1448	1500	1513	1526			1828	1841	1854	1908	1922	1936	1950	2004	2020	
Plaistow Station	1325	*Then*		1456	1509	1522	1535	*Then*		1837	1850	1903	1917	1931	1944	1958	2012	2028	
Plaistow *Greengate*	1330	*every 13*		1501	1514	1527	1540	*every 13*		1842	1855	1908	1922	1936	1949	2003	2017	2033	
Prince Regent Lane *Bennett Road*	1335	*minutes*		1506	1519	1532	1546	*minutes*		1848	1901	1914	1928	1942	1955	2008	2022	2038	
Beckton Station	1358	*until*		1529	1542	1555	1609	*until*		1911	1923	1936	1949	2002	2015	2028	2041	2056	
Gallions Reach *Shopping Park*	1406			1537	1550	1603	1617			1919	1931	1943	1956	2009	2022	2035	2048	2103	
Stratford *Bus Station*	2037	2054	2111	2128	2145	2202	2218	2234	2250	2305	2320	2335	2350	0005			0120		
Plaistow Station	2045	2102	2119	2136	2152	2209	2225	2241	2257	2311	2326	2341	2356	0011	*Then*		0126		
Plaistow *Greengate*	2050	2107	2123	2140	2156	2213	2229	2245	2301	2315	2330	2345	0000	0014	*every 15*		0129		
Prince Regent Lane *Bennett Road*	2054	2111	2127	2143	2159	2216	2232	2248	2304	2318	2333	2348	0003	0017	*minutes*		0132		
Beckton Station	2112	2128	2143	2158	2213	2228	2243	2258	2313	2327	2342	2357	0012	0026	*until*		0141		
Gallions Reach *Shopping Park*	2119	2135	2150	2205	2220	2235	2250	2305	2320	2334	2349	0004	0019	0033			0148		

262 Sundays and other Public Holidays (except Christmas Day)

Stratford *Bus Station*	0600			0820	0840	0859	0919	0933	0948	1003	1017	1031	1045	1100	1115	1130	1145	1159	
Plaistow Station	0605	*Then*		0825	0845	0905	0925	0939	0954	1009	1024	1038	1052	1107	1122	1137	1152	1206	
Plaistow *Greengate*	0608	*every 20*		0828	0848	0908	0928	0943	0958	1013	1028	1042	1056	1111	1126	1141	1156	1211	
Prince Regent Lane *Bennett Road*	0611	*minutes*		0831	0851	0911	0931	0946	1001	1016	1031	1046	1100	1115	1130	1145	1200	1215	
Beckton Station	0619	*until*		0839	0900	0921	0942	0957	1012	1027	1042	1057	1112	1127	1142	1157	1213	1228	
Gallions Reach *Shopping Park*	0626			0846	0907	0928	0949	1004	1019	1034	1049	1104	1119	1134	1149	1204	1220	1235	
Stratford *Bus Station*	1214	1229	1243	1257		1527	1542		1727	1743		1928	1944	2000	2015				
Plaistow Station	1221	1236	1251	1305	*Then*	1535	1550	*Then*	1735	1751	*Then*	1936	1952	2007	2022				
Plaistow *Greengate*	1226	1241	1256	1310	*every 15*	1540	1555	*every 15*	1740	1756	*every 15*	1941	1956	2011	2026				
Prince Regent Lane *Bennett Road*	1230	1245	1300	1315	*minutes*	1545	1600	*minutes*	1745	1801	*minutes*	1946	2000	2015	2030				
Beckton Station	1243	1258	1313	1328	*until*	1558	1612	*until*	1757	1812	*until*	1957	2011	2026	2041				
Gallions Reach *Shopping Park*	1250	1305	1320	1335		1605	1619		1804	1819		2004	2018	2033	2048				
Stratford *Bus Station*	2030	2046	2101	2116	2132	2147	2203	2218	2234	2250			0120						
Plaistow Station	2037	2053	2108	2123	2139	2154	2209	2224	2240	2256	*Then*		0126						
Plaistow *Greengate*	2041	2057	2112	2127	2143	2158	2213	2228	2243	2259	*every 15*		0129						
Prince Regent Lane *Bennett Road*	2045	2101	2116	2131	2146	2201	2216	2231	2246	2302	*minutes*		0132						
Beckton Station	2056	2111	2126	2141	2156	2211	2226	2241	2256	2311	*until*		0141						
Gallions Reach *Shopping Park*	2103	2118	2133	2148	2203	2218	2233	2248	2303	2318			0148						