

262		Mondays to Fridays																
Stratford Bus Station	0510	0525	0540	0555	0609	0621	0632	0643	0653	0703	0713	0721	0729	0738	Then every 10 minutes until	1408	1417	
Plaistow Station	0516	0531	0546	0601	0615	0627	0638	0651	0701	0711	0721	0729	0738	0748		1418	1427	
Plaistow Greengate	0519	0534	0549	0604	0618	0630	0642	0655	0705	0715	0725	0733	0743	0753		1423	1432	
Prince Regent Lane Bennett Road	0521	0536	0551	0606	0620	0632	0645	0658	0708	0718	0728	0737	0747	0757		1427	1436	
Beckton Bus Station	0527	0542	0557	0612	0626	0639	0652	0705	0715	0725	0735	0745	0755	0805		1435	1444	
Winsor Park Woolwich Manor Way	0529	0544	0559	0614	0629	0642	0655	0708	0718	0728	0738	0748	0758	0808		1438	1447	
Gallions Reach Shopping Park	0533	0548	0603	0618	0633	0647	0700	0713	0723	0733	0743	0753	0803	0813		1443	1452	
East Beckton Sainsbury's	0538	0553	0608	0623	0638	0652	0705	0718	0728	0738	0748	0758	0808	0818		1448	1458	
Stratford Bus Station	1426	1435	1444	1453	Then every 10 minutes until	1813	1823	1833	1843	1853	1903	1913	1923	1933	1944	1956	2008	
Plaistow Station	1436	1445	1454	1504		1824	1834	1844	1854	1904	1914	1924	1934	1943	1953	2005	2017	
Plaistow Greengate	1441	1450	1459	1509		1829	1839	1849	1859	1909	1919	1929	1938	1947	1957	2009	2021	
Prince Regent Lane Bennett Road	1445	1455	1504	1514		1834	1844	1854	1904	1914	1924	1934	1942	1950	2000	2012	2024	
Beckton Bus Station	1454	1504	1513	1523		1843	1853	1903	1913	1923	1933	1941	1949	1957	2007	2019	2031	
Winsor Park Woolwich Manor Way	1457	1507	1516	1526		1846	1856	1906	1916	1926	1936	1944	1952	2000	2010	2022	2034	
Gallions Reach Shopping Park	1502	1512	1521	1531		1851	1901	1911	1921	1931	1940	1948	1956	2004	2014	2026	2038	
East Beckton Sainsbury's	1508	1518	1527	1537		1857	1906	1916	1926	1936	1945	1953	2001	2009	2019	2031	2043	
Stratford Bus Station	2020	2034	2049	2104	2119	Then every 15 minutes until	2219	2235	2251	Then every 15 minutes until	0121							
Plaistow Station	2029	2043	2058	2112	2126		2226	2242	2258		0128							
Plaistow Greengate	2033	2047	2102	2115	2129		2229	2245	2301		0131							
Prince Regent Lane Bennett Road	2036	2050	2105	2118	2132		2232	2248	2303		0133							
Beckton Bus Station	2043	2057	2111	2124	2138		2238	2254	2309		0139							
Winsor Park Woolwich Manor Way	2046	2100	2114	2127	2141		2241	2256	2311		0141							
Gallions Reach Shopping Park	2050	2104	2118	2131	2145		2245	2300	2315		0145							
East Beckton Sainsbury's	2055	2109	2123	2136	2150		2250	2305	2320		0150							
262		Saturdays (also Good Friday)																
Stratford Bus Station	0510	Then every 15 minutes until	0610	0624	0638	Then every 15 mins. until	0738	0751	0803	0815	0825	0835	0845	0853	0902	Then every 10 mins. until	0952	
Plaistow Station	0516		0616	0630	0645		0745	0758	0810	0822	0832	0842	0852	0901	0911		1001	
Plaistow Greengate	0519		0619	0633	0648		0748	0801	0813	0825	0835	0845	0855	0905	0915		1005	
Prince Regent Lane Bennett Road	0521		0621	0635	0650		0750	0803	0815	0827	0838	0848	0858	0908	0918		1008	
Beckton Bus Station	0527		0627	0641	0656		0756	0809	0821	0833	0845	0855	0905	0915	0925		1015	
Winsor Park Woolwich Manor Way	0529		0629	0644	0659		0759	0812	0824	0836	0848	0858	0908	0918	0928		1018	
Gallions Reach Shopping Park	0533		0633	0648	0703		0803	0816	0828	0840	0852	0903	0913	0923	0933		1023	
East Beckton Sainsbury's	0538		0638	0653	0708		0808	0821	0833	0845	0857	0908	0918	0928	0938		1028	
Stratford Bus Station	1002	1012	1020	1028	1037	Then every 10 minutes until	1757	1807	1817	1828	1839	1850	1900	1912	1924	1937	1950	
Plaistow Station	1011	1021	1029	1038	1048		1808	1818	1828	1839	1850	1900	1910	1922	1934	1945	1957	
Plaistow Greengate	1015	1025	1033	1043	1053		1813	1823	1833	1844	1854	1904	1914	1926	1937	1948	2000	
Prince Regent Lane Bennett Road	1018	1028	1036	1046	1056		1816	1826	1836	1847	1857	1907	1917	1929	1940	1951	2003	
Beckton Bus Station	1025	1035	1045	1055	1105		1825	1835	1844	1854	1904	1914	1924	1935	1946	1957	2009	
Winsor Park Woolwich Manor Way	1028	1038	1048	1058	1108		1828	1838	1847	1857	1907	1917	1927	1938	1949	2000	2012	
Gallions Reach Shopping Park	1033	1043	1053	1103	1113		1833	1843	1852	1902	1912	1922	1932	1942	1953	2004	2016	
East Beckton Sainsbury's	1039	1049	1059	1109	1119		1839	1848	1857	1907	1917	1927	1937	1947	1958	2009	2021	
Stratford Bus Station	2004	Then every 15 minutes until	2219	2235	2251	Then every 15 minutes until	0121											
Plaistow Station	2011		2226	2242	2258		0128											
Plaistow Greengate	2014		2229	2245	2301		0131											
Prince Regent Lane Bennett Road	2017		2232	2248	2303		0133											
Beckton Bus Station	2023		2238	2254	2309		0139											
Winsor Park Woolwich Manor Way	2026		2241	2256	2311		0141											
Gallions Reach Shopping Park	2030		2245	2300	2315		0145											
East Beckton Sainsbury's	2035		2250	2305	2320		0150											
262		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
Stratford Bus Station	0601	0621	0641	0700	0720	0740	0800	0819	0839	0859	0917	0933	0948	1003	Then every 15 mins. until	1648	1703	1718
Plaistow Station	0607	0627	0647	0707	0727	0747	0807	0826	0846	0906	0924	0940	0956	1012		1657	1712	1727
Plaistow Greengate	0610	0630	0650	0710	0730	0750	0810	0829	0849	0909	0927	0943	1000	1016		1701	1716	1731
Prince Regent Lane Bennett Road	0612	0632	0652	0712	0732	0752	0812	0831	0851	0911	0929	0946	1003	1019		1704	1719	1734
Beckton Bus Station	0618	0638	0658	0718	0738	0758	0818	0837	0857	0917	0935	0953	1010	1026		1711	1726	1740
Winsor Park Woolwich Manor Way	0620	0640	0700	0720	0740	0800	0820	0840	0900	0920	0938	0956	1013	1029		1714	1729	1743
Gallions Reach Shopping Park	0624	0644	0704	0724	0744	0804	0824	0844	0904	0924	0943	1001	1018	1034		1719	1733	1747
East Beckton Sainsbury's	0629	0649	0709	0729	0749	0809	0829	0849	0909	0929	0948	1006	1023	1039		1724	1738	1752
Stratford Bus Station	1734	Then every 15 minutes until	1849	1904	1919	Then every 15 minutes until	2219	2235	2251	Then every 15 minutes until	0121							
Plaistow Station	1742		1857	1912	1926		2226	2242	2258		0128							
Plaistow Greengate	1746		1901	1915	1929		2229	2245	2301		0131							
Prince Regent Lane Bennett Road	1749		1904	1918	1932		2232	2248	2303		0133							
Beckton Bus Station	1755		1910	1924	1938		2238	2254	2309		0139							
Winsor Park Woolwich Manor Way	1758		1913	1927	1941		2241	2256	2311		0141							
Gallions Reach Shopping Park	1802		1917	1931	1945		2245	2300	2315		0145							
East Beckton Sainsbury's	1807		1922	1936	1950		2250	2305	2320		0150							