

276		Mondays to Fridays																		
Stoke Newington Common	0430	0450	0510	0530	0550	0602	0615	0624	0632	0640	0648	0657	0705	Then every 10 minutes until	0815	0825	0835			
Hackney Central Station Mare Street	0436	0456	0516	0536	0556	0609	0622	0631	0639	0647	0656	0705	0713		0823	0833	0843			
Homerton Hospital Homerton Row	0441	0501	0521	0541	0601	0615	0628	0637	0645	0654	0703	0712	0721		0831	0841	0851			
Hackney Wick Station	0447	0507	0527	0547	0608	0622	0635	0644	0653	0702	0711	0720	0730		0840	0850	0900			
Old Ford Parnell Road	0449	0509	0529	0549	0610	0624	0637	0646	0656	0705	0714	0723	0733		0843	0853	0903			
Bow Church	0454	0514	0534	0554	0615	0629	0642	0651	0701	0710	0719	0729	0739		0849	0859	0909			
Stratford Bus Station	0500	0520	0540	0600	0621	0635	0648	0658	0708	0717	0727	0737	0747		0857	0907	0917			
West Ham Station	0506	0526	0546	0607	0628	0642	0656	0706	0716	0725	0735	0745	0755		0905	0916	0927			
Canning Town Barking Rd./Hermit Rd.	0511	0531	0552	0613	0634	0648	0703	0713	0723	0733	0743	0753	0803		0913	0924	0935			
Plaistow Greengate	0515	0535	0556	0617	0638	0653	0708	0718	0728	0738	0748	0758	0808		0918	0929	0940			
Newham Hospital Gateway Centre	0518	0538	0559	0620	0641	0657	0712	0723	0733	0743	0753	0803	0813		0923	0934	0945			
Stoke Newington Common	0845	0855	0905	0915	0925	Then every 10 mins. until	1155	1204	1214	1223	1232	1241	1250		1259	1309	Then every 10 mins. until	1709	1719	
Hackney Central Station Mare Street	0853	0903	0913	0923	0934		1204	1213	1223	1232	1241	1250	1259		1310	1321		1721	1731	
Homerton Hospital Homerton Row	0901	0911	0921	0931	0942		1212	1221	1231	1240	1249	1300	1311		1322	1333		1733	1743	
Hackney Wick Station	0910	0920	0930	0940	0950		1220	1229	1239	1248	1258	1309	1320	1331	1342	1742		1752		
Old Ford Parnell Road	0913	0923	0933	0943	0953		1223	1232	1242	1251	1301	1312	1323	1334	1345	1745		1755		
Bow Church	0919	0929	0939	0949	0959		1229	1238	1248	1257	1307	1318	1329	1340	1351	1751		1801		
Stratford Bus Station	0927	0938	0948	0958	1008		1238	1247	1257	1306	1317	1328	1339	1350	1401	1801		1811		
West Ham Station	0938	0949	0959	1009	1019		1249	1258	1308	1319	1330	1341	1352	1403	1414	1814		1824		
Canning Town Barking Rd./Hermit Rd.	0946	0957	1007	1017	1027		1257	1306	1316	1327	1338	1349	1400	1411	1422	1822		1832		
Plaistow Greengate	0951	1002	1012	1022	1032		1302	1312	1323	1334	1345	1356	1407	1418	1429	1829		1837		
Newham Hospital Gateway Centre	0956	1007	1017	1027	1037		1307	1317	1328	1339	1350	1401	1412	1423	1434	1834		1841		
Stoke Newington Common	1729	1740	1751	1802	1813		1824	1834	1845	1856	1907	1919	1932	1947	2003	2019		2040	2101	2122
Hackney Central Station Mare Street	1741	1752	1803	1814	1825		1836	1844	1855	1906	1917	1929	1941	1956	2012	2028		2049	2110	2130
Homerton Hospital Homerton Row	1753	1804	1815	1826	1837		1844	1852	1903	1914	1925	1936	1948	2003	2019	2035		2056	2117	2137
Hackney Wick Station	1802	1813	1824	1835	1845	1852	1900	1911	1922	1933	1943	1955	2010	2026	2042	2103	2123	2143		
Old Ford Parnell Road	1805	1816	1827	1838	1848	1855	1903	1914	1925	1936	1946	1958	2013	2029	2045	2106	2126	2146		
Bow Church	1811	1822	1833	1844	1854	1901	1909	1920	1931	1941	1951	2003	2018	2034	2050	2111	2131	2151		
Stratford Bus Station	1821	1832	1842	1853	1903	1910	1918	1929	1939	1949	1959	2011	2026	2042	2058	2118	2138	2158		
West Ham Station	1834	1842	1852	1903	1913	1920	1928	1939	1947	1957	2007	2019	2034	2050	2106	2125	2145	2205		
Canning Town Barking Rd./Hermit Rd.	1842	1850	1900	1911	1921	1928	1936	1946	1954	2004	2014	2026	2041	2057	2112	2131	2151	2211		
Plaistow Greengate	1847	1855	1905	1916	1926	1933	1941	1951	1959	2009	2019	2031	2046	2102	2116	2135	2155	2215		
Newham Hospital Gateway Centre	1851	1859	1909	1920	1930	1937	1945	1955	2003	2013	2023	2035	2050	2105	2119	2138	2158	2218		
Stoke Newington Common	2143	2203	2225	Then every 20 minutes until	0105															
Hackney Central Station Mare Street	2150	2210	2232		0112															
Homerton Hospital Homerton Row	2157	2217	2238		0118															
Hackney Wick Station	2203	2223	2244		0124															
Old Ford Parnell Road	2206	2226	2246		0126															
Bow Church	2211	2231	2251		0131															
Stratford Bus Station	2218	2238	2258		0138															
West Ham Station	2225	2245	2305		0145															
Canning Town Barking Rd./Hermit Rd.	2231	2251	2311		0151															
Plaistow Greengate	2235	2255	2315		0155															
Newham Hospital Gateway Centre	2238	2258	2318	0158																

276		Saturdays (also Good Friday)																				
Stoke Newington Common	0430	0450	0510	0530	0549	0607	0626	0646	0705	0719	0734	0749	0804	0819	0834	0847	0858	0908				
Hackney Central Station Mare Street	0436	0456	0516	0536	0555	0613	0633	0653	0712	0726	0741	0757	0812	0827	0842	0855	0906	0916				
Homerton Hospital Homerton Row	0441	0501	0521	0541	0600	0618	0638	0658	0717	0731	0746	0802	0817	0832	0847	0900	0911	0921				
Hackney Wick Station	0447	0507	0527	0547	0606	0624	0644	0704	0723	0737	0754	0810	0825	0840	0855	0908	0919	0929				
Old Ford Parnell Road	0449	0509	0529	0549	0608	0627	0647	0707	0726	0740	0757	0813	0828	0843	0858	0911	0922	0932				
Bow Church	0454	0514	0534	0554	0613	0632	0652	0712	0731	0745	0802	0818	0833	0848	0903	0916	0927	0938				
Stratford Bus Station	0500	0520	0540	0600	0619	0639	0659	0719	0738	0753	0810	0826	0841	0856	0911	0924	0935	0947				
West Ham Station	0506	0526	0546	0606	0626	0646	0706	0726	0745	0801	0818	0834	0849	0904	0919	0932	0945	0957				
Canning Town Barking Rd./Hermit Rd.	0511	0531	0551	0611	0631	0651	0711	0731	0750	0808	0825	0841	0856	0911	0926	0940	0953	1005				
Plaistow Greengate	0515	0535	0555	0615	0635	0655	0715	0735	0755	0813	0830	0846	0901	0916	0931	0946	0959	1011				
Newham Hospital Gateway Centre	0518	0538	0558	0618	0638	0658	0718	0738	0758	0816	0833	0849	0905	0920	0935	0951	1004	1016				
Stoke Newington Common	0918	0928	0940					1240	1252	1302	1313	1325	1337	1348	1400					1736	1748	1801
Hackney Central Station Mare Street	0926	0937	0950					1250	1302	1312	1323	1335	1347	1358	1410					1746	1758	1811
Homerton Hospital Homerton Row	0933	0945	0958					1258	1310	1320	1331	1343	1355	1406	1419					1755	1807	1820
Hackney Wick Station	0941	0953	1006					1306	1318	1328	1339	1351	1403	1415	1428					1804	1816	1829
Old Ford Parnell Road	0944	0956	1009					1309	1321	1331	1342	1354	1406	1418	1431					1807	1819	1832
Bow Church	0950	1002	1015					1315	1327	1337	1348	1400	1412	1424	1437					1813	1825	1838
Stratford Bus Station	0959	1011	1024					1324	1336	1346	1357	1409	1421	1433	1446					1822	1834	1847
West Ham Station	1009	1021	1034					1334	1346	1356	1407	1419	1431	1443	1456					1832	1844	1857
Canning Town Barking Rd./Hermit Rd.	1017	1029	1042					1342	1354	1404	1416	1428	1440	1452	1505					1841	1853	1906
Plaistow Greengate	1023	1035	1048					1348	1400	1413	1425	1437	1449	1501	1514					1850	1902	1912
Newham Hospital Gateway Centre	1028	1040	1053					1353	1406	1419	1431	1443	1455	1507	1520					1856	1906	1916
Stoke Newington Common	1814	1827	1840	1854	1908	1921	1934	1949	2005	2020	2040	2101	2122	2143	2203	2225			0105			
Hackney Central Station Mare Street	1824	1837	1850	1904	1917	1930	1943	1958	2014	2029	2049	2110	2130	2150	2210	2232			0112			
Homerton Hospital Homerton Row	1833	1846	1859	1912	1925	1938	1951	2006	2021	2036	2056	2117	2137	2157	2217	2238			0118			
Hackney Wick Station	1842	1855	1908	1920	1933	1946	1959	2013	2028	2043	2103	2123	2143	2203	2223	2244			0124			
Old Ford Parnell Road	1845	1858	1911	1923	1936	1949	2002	2016	2031	2046	2106	2126	2146	2206	2226	2246			0126			
Bow Church	1851	1904	1916	1928	1941	1954	2007	2021	2036	2051	2111	2131	2151	2211	2231	2251			0131			
Stratford Bus Station	1900	1912	1924	1936	1949	2002	2014	2028	2043	2058	2118	2138	2158	2218	2238	2258			0138			
West Ham Station	1908	1920	1932	1944	1957	2009	2021	2035	2050	2105	2125	2145	2205	2225	2245	2305			0145			
Canning Town Barking Rd./Hermit Rd.	1916	1927	1939	1951	2004	2016	2028	2042	2057	2111	2131	2151	2211	2231	2251	2311			0151			
Plaistow Greengate	1922	1933	1945	1957	2009	2021	2033	2047	2102	2115	2135	2155	2215	2235	2255	2315			0155			
Newham Hospital Gateway Centre	1926	1937	1949	2001	2013	2025	2037	2050	2105	2118	2138	2158	2218	2238	2258	2318			0158			
276		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																				
Stoke Newington Common	0550	0610	0630	0650	0709	0727	0745	0805	0820	0836	0851	0906	0921	0935	0948	1000			1630			
Hackney Central Station Mare Street	0556	0616	0636	0656	0715	0733	0752	0812	0827	0843	0858	0913	0928	0942	0955	1010			1640			
Homerton Hospital Homerton Row	0601	0621	0641	0701	0720	0738	0758	0818	0833	0849	0904	0919	0934	0948	1002	1018			1648			
Hackney Wick Station	0607	0627	0647	0707	0726	0744	0804	0824	0839	0855	0910	0925	0940	0955	1010	1026			1656			
Old Ford Parnell Road	0609	0629	0649	0709	0728	0746	0807	0827	0842	0858	0913	0928	0943	0958	1013	1029			1659			
Bow Church	0614	0634	0654	0714	0733	0751	0812	0832	0847	0903	0918	0933	0948	1003	1019	1035			1705			
Stratford Bus Station	0620	0640	0700	0720	0739	0758	0819	0839	0854	0910	0925	0940	0955	1010	1026	1042			1712			
West Ham Station	0626	0646	0706	0726	0745	0805	0826	0846	0901	0917	0932	0947	1003	1019	1035	1051			1721			
Canning Town Barking Rd./Hermit Rd.	0631	0651	0711	0731	0751	0811	0832	0852	0907	0923	0938	0953	1010	1026	1042	1058			1728			
Plaistow Greengate	0635	0655	0715	0735	0755	0815	0836	0856	0911	0927	0942	0958	1015	1031	1047	1103			1733			
Newham Hospital Gateway Centre	0638	0658	0718	0738	0758	0818	0839	0859	0914	0930	0945	1001	1018	1034	1050	1106			1736			
Stoke Newington Common	1647	1704	1721	1736	1751	1804	1817			1917	1937	1957	2020	2040	2102	2123	2143	2203	2225			
Hackney Central Station Mare Street	1657	1714	1730	1745	1800	1813	1826			1926	1946	2006	2029	2049	2110	2130	2150	2210	2232			
Homerton Hospital Homerton Row	1705	1722	1737	1752	1807	1820	1833			1933	1953	2013	2036	2056	2117	2137	2157	2217	2238			
Hackney Wick Station	1713	1729	1744	1759	1814	1827	1840			1940	2000	2020	2043	2103	2123	2143	2203	2223	2244			
Old Ford Parnell Road	1716	1732	1747	1802	1817	1830	1843			1943	2003	2023	2046	2106	2126	2146	2206	2226	2246			
Bow Church	1722	1737	1752	1807	1822	1835	1848			1948	2008	2028	2051	2111	2131	2151	2211	2231	2251			
Stratford Bus Station	1729	1744	1759	1814	1829	1842	1855			1955	2015	2035	2058	2118	2138	2158	2218	2238	2258			
West Ham Station	1736	1751	1806	1821	1836	1849	1902			2002	2022	2042	2105	2125	2145	2205	2225	2245	2305			
Canning Town Barking Rd./Hermit Rd.	1743	1758	1813	1828	1843	1856	1909			2009	2029	2049	2111	2131	2151	2211	2231	2251	2311			
Plaistow Greengate	1748	1803	1818	1833	1848	1901	1914			2014	2034	2054	2115	2135	2155	2215	2235	2255	2315			
Newham Hospital Gateway Centre	1751	1806	1821	1836	1851	1904	1917			2017	2037	2057	2118	2138	2158	2218	2238	2258	2318			
Stoke Newington Common	2245			0105																		
Hackney Central Station Mare Street	2252			0112																		
Homerton Hospital Homerton Row	2258			0118																		
Hackney Wick Station	2304			0124																		
Old Ford Parnell Road	2306			0126																		
Bow Church	2311			0131																		
Stratford Bus Station	2318			0138																		
West Ham Station	2325			0145																		
Canning Town Barking Rd./Hermit Rd.	2331			0151																		
Plaistow Greengate	2335			0155																		
Newham Hospital Gateway Centre	2338			0158																		

