

283 Mondays to Fridays																		
East Acton Brunel Road	0523	0538	0551	0603	0615	0625	0635	0645	0655	0706	Then	0845	0856	0907	0918	0929	0940	
Hammersmith Hospital	0529	0544	0557	0610	0622	0633	0646	0656	0706	0718	every 11	0857	0908	0919	0930	0940	0951	
Bloemfontein Road Parkview Centre	0536	0551	0604	0618	0630	0644	0657	0707	0719	0730	minutes	0909	0920	0931	0941	0951	1002	
Shepherd's Bush Green Uxbridge Road	0540	0555	0609	0624	0638	0652	0705	0717	0729	0740	until	0919	0930	0940	0950	1000	1011	
Hammersmith Lower Bus Station	0545	0600	0615	0630	0645	0659	0713	0726	0738	0749		0928	0938	0948	0958	1008	1019	
East Acton Brunel Road	0951	Then	1353	1404	1415	1426	1437	1448	1459	Then	1817	1828	1839	1850	1901	1912		
Hammersmith Hospital	1002	every 11	1404	1415	1426	1437	1450	1501	1513	every 11	1831	1842	1853	1904	1914	1924		
Bloemfontein Road Parkview Centre	1013	minutes	1415	1426	1438	1450	1503	1515	1527	minutes	1845	1856	1907	1916	1925	1935		
Shepherd's Bush Green Uxbridge Road	1022	until	1424	1435	1447	1500	1513	1525	1537	until	1855	1906	1915	1924	1933	1942		
Hammersmith Lower Bus Station	1030		1432	1444	1456	1509	1522	1534	1546		1904	1914	1923	1932	1941	1950		
East Acton Brunel Road	1923	1934	1945	1956	2007	2019	2031	2043	Then	2219	2231	2243	2255	2307	2319	2331	2343	2355
Hammersmith Hospital	1935	1945	1956	2007	2018	2027	2038	2049	every	2225	2237	2249	2301	2312	2323	2335	2347	2359
Bloemfontein Road Parkview Centre	1944	1954	2005	2014	2023	2033	2044	2055	12	2231	2243	2255	2306	2317	2328	2340	2352	0004
Shepherd's Bush Green Uxbridge Road	1951	2001	2010	2019	2028	2038	2049	2100	mins.	2236	2248	2300	2310	2321	2332	2344	2356	0008
Hammersmith Lower Bus Station	1959	2008	2017	2026	2035	2045	2056	2107	until	2243	2254	2305	2315	2326	2337	2349	0001	0013
283 Saturdays (also Good Friday)																		
East Acton Brunel Road	0523	0538	0553	0608	0623	0638	0653	0708	0723	0738	0753	0808	0823	0836	0849	0901	0913	0924
Hammersmith Hospital	0527	0542	0557	0612	0627	0642	0657	0714	0729	0745	0800	0815	0830	0843	0856	0909	0922	0933
Bloemfontein Road Parkview Centre	0532	0547	0602	0617	0632	0647	0702	0719	0734	0751	0807	0823	0838	0852	0906	0919	0932	0943
Shepherd's Bush Green Uxbridge Road	0536	0551	0606	0621	0636	0652	0708	0725	0742	0759	0815	0831	0846	0901	0915	0928	0941	0952
Hammersmith Lower Bus Station	0541	0556	0611	0626	0641	0657	0713	0730	0747	0804	0820	0836	0851	0906	0920	0933	0946	0958
East Acton Brunel Road	0935	0946	0957	1008	1019	1030	1041	1052	1103	Then	1728	1739	1750	1801	1812	1823	1834	
Hammersmith Hospital	0944	0955	1006	1018	1030	1041	1052	1103	1114	every 11	1739	1750	1801	1812	1823	1834	1845	
Bloemfontein Road Parkview Centre	0954	1005	1017	1029	1041	1052	1103	1115	1126	minutes	1751	1802	1813	1824	1835	1845	1856	
Shepherd's Bush Green Uxbridge Road	1004	1016	1028	1040	1052	1103	1115	1127	1138	until	1803	1813	1824	1835	1845	1855	1906	
Hammersmith Lower Bus Station	1010	1022	1034	1046	1058	1110	1122	1134	1146		1811	1821	1832	1843	1853	1903	1914	
East Acton Brunel Road	1845	1856	1907	1919	1931	1943	1955	2007	2019	2031	Then	2219	2231	2243	2255	2307	2319	
Hammersmith Hospital	1856	1907	1918	1929	1941	1952	2004	2016	2026	2037	every 12	2225	2237	2249	2300	2312	2323	
Bloemfontein Road Parkview Centre	1907	1917	1927	1938	1948	1959	2011	2022	2032	2043	minutes	2231	2243	2255	2306	2317	2328	
Shepherd's Bush Green Uxbridge Road	1916	1926	1936	1946	1956	2007	2017	2027	2037	2048	until	2236	2248	2300	2310	2321	2332	
Hammersmith Lower Bus Station	1924	1934	1944	1954	2004	2014	2024	2034	2044	2055		2243	2254	2305	2315	2326	2337	
East Acton Brunel Road	2331	2343	2355															
Hammersmith Hospital	2335	2347	2359															
Bloemfontein Road Parkview Centre	2340	2352	0004															
Shepherd's Bush Green Uxbridge Road	2344	2356	0008															
Hammersmith Lower Bus Station	2349	0001	0013															
283 Sundays and other Public Holidays (except Christmas Day)																		
East Acton Brunel Road	0523	Then	0738	0753	0808	0823	0838	0853	0908	0923	0937	0950	1002	1014	1026	1038	1051	
Hammersmith Hospital	0527	every 15	0742	0757	0812	0827	0842	0858	0914	0929	0943	0956	1010	1022	1034	1046	1059	
Bloemfontein Road Parkview Centre	0532	minutes	0747	0802	0818	0833	0849	0905	0921	0936	0950	1004	1019	1031	1043	1057	1111	
Shepherd's Bush Green Uxbridge Road	0536	until	0751	0807	0823	0839	0855	0911	0927	0942	0956	1011	1026	1039	1053	1107	1121	
Hammersmith Lower Bus Station	0541		0756	0812	0828	0844	0900	0916	0932	0947	1002	1017	1032	1047	1101	1115	1129	
East Acton Brunel Road	1104	1117	Then	1537	1550	1603	1616	Then	1734	1747	1800	1813	1826	1839	1852	1905		
Hammersmith Hospital	1113	1127	every 13	1547	1600	1613	1625	every 13	1743	1756	1809	1822	1835	1847	1859	1911		
Bloemfontein Road Parkview Centre	1125	1139	minutes	1559	1612	1624	1636	minutes	1754	1807	1819	1831	1843	1855	1907	1919		
Shepherd's Bush Green Uxbridge Road	1135	1149	until	1609	1621	1633	1645	until	1803	1815	1827	1839	1851	1903	1915	1927		
Hammersmith Lower Bus Station	1143	1157		1617	1629	1641	1653		1811	1823	1835	1847	1859	1911	1923	1935		
East Acton Brunel Road	1918	1931	1943	1955	2007	2019	2031	Then	2219	2231	2243	2255	2307	2319	2331	2343	2355	
Hammersmith Hospital	1923	1936	1948	2000	2012	2024	2036	every 12	2224	2236	2248	2300	2312	2323	2335	2347	2359	
Bloemfontein Road Parkview Centre	1931	1944	1956	2007	2019	2031	2042	minutes	2230	2242	2254	2306	2317	2328	2340	2352	0004	
Shepherd's Bush Green Uxbridge Road	1939	1952	2003	2013	2025	2037	2048	until	2236	2248	2300	2310	2321	2332	2344	2356	0008	
Hammersmith Lower Bus Station	1947	1959	2010	2020	2032	2044	2055		2243	2254	2305	2315	2326	2337	2349	0001	0013	

283		Mondays to Fridays																
Hammersmith Upper Bus Station	0550	0605	0620	0634	0647	0700	0712	Then	0818	0829	0840	0851	Then	1359	1410	1421		
Shepherd's Bush Green West Side	0556	0611	0626	0641	0655	0708	0721	every 11	0827	0838	0849	0900	every 11	1408	1419	1430		
Bloemfontein Road Parkview Centre	0603	0619	0634	0650	0706	0721	0734	minutes	0840	0851	0902	0912	minutes	1420	1431	1442		
Hammersmith Hospital	0610	0628	0645	0702	0719	0734	0747	until	0853	0904	0914	0924	until	1432	1443	1454		
East Acton Brunel Road	0618	0636	0653	0710	0727	0742	0755		0901	0911	0921	0931		1439	1451	1504		
Hammersmith Upper Bus Station	1432	1443	1454	1505	Then	1801	1812	1823	1834	1845	1856	1907	1918	1929	1941	1953	2005	
Shepherd's Bush Green West Side	1441	1452	1504	1516	every 11	1812	1823	1834	1845	1856	1907	1916	1927	1938	1950	2002	2014	
Bloemfontein Road Parkview Centre	1453	1506	1519	1531	minutes	1827	1838	1849	1858	1909	1920	1927	1938	1948	2000	2012	2024	
Hammersmith Hospital	1507	1521	1534	1546	until	1842	1853	1904	1913	1922	1931	1939	1948	1958	2010	2021	2032	
East Acton Brunel Road	1518	1532	1545	1557		1853	1903	1913	1922	1931	1939	1947	1956	2006	2016	2026	2037	
Hammersmith Upper Bus Station	2017	2029	2041	Then	2229	2241	2253	2305	2317	2329	2341	2353	0005					
Shepherd's Bush Green West Side	2025	2036	2048	every 12	2236	2248	2300	2312	2323	2335	2347	2359	0011					
Bloemfontein Road Parkview Centre	2035	2046	2058	minutes	2246	2258	2309	2319	2330	2342	2354	0006	0018					
Hammersmith Hospital	2043	2054	2105	until	2253	2305	2315	2325	2336	2348	0000	0012	0024					
East Acton Brunel Road	2048	2059	2110		2258	2309	2319	2329	2340	2352	0004	0016	0028					
283		Saturdays (also Good Friday)																
Hammersmith Upper Bus Station	0550	0605	0620	0635	0650	0705	0720	0735	0750	0805	0820	0835	0847	0859	0911	0922	0933	0944
Shepherd's Bush Green West Side	0556	0611	0626	0641	0656	0711	0726	0741	0756	0811	0826	0841	0853	0905	0918	0929	0940	0951
Bloemfontein Road Parkview Centre	0603	0618	0633	0648	0703	0718	0734	0749	0805	0820	0835	0850	0902	0915	0928	0939	0950	1001
Hammersmith Hospital	0609	0624	0639	0654	0709	0725	0741	0757	0813	0828	0843	0858	0910	0924	0937	0949	1001	1013
East Acton Brunel Road	0613	0628	0643	0658	0714	0730	0746	0802	0818	0833	0848	0903	0917	0931	0944	0957	1009	1021
Hammersmith Upper Bus Station	0955	1006	1017	1028	1039	1050	1101	Then	1715	1726	1737	1748	1759	1810	1821	1832	1843	
Shepherd's Bush Green West Side	1003	1015	1026	1037	1048	1059	1111	every 11	1725	1736	1747	1758	1809	1820	1831	1842	1853	
Bloemfontein Road Parkview Centre	1013	1025	1036	1047	1059	1111	1123	minutes	1737	1748	1759	1810	1821	1832	1843	1854	1905	
Hammersmith Hospital	1025	1037	1048	1100	1112	1124	1136	until	1750	1801	1812	1822	1833	1843	1853	1904	1914	
East Acton Brunel Road	1033	1045	1057	1109	1121	1133	1145		1759	1809	1820	1830	1840	1850	1900	1910	1920	
Hammersmith Upper Bus Station	1854	1905	1917	1929	1941	1953	2005	2017	2029	2041	2053	Then	2205	2217	2229	2241	2253	
Shepherd's Bush Green West Side	1904	1915	1927	1938	1950	2002	2013	2024	2036	2048	2100	every 12	2212	2224	2236	2248	2300	
Bloemfontein Road Parkview Centre	1916	1927	1938	1949	2001	2012	2023	2034	2046	2058	2110	minutes	2222	2234	2245	2257	2308	
Hammersmith Hospital	1924	1935	1946	1957	2009	2020	2031	2042	2054	2106	2117	until	2229	2241	2252	2303	2314	
East Acton Brunel Road	1930	1941	1952	2003	2014	2025	2036	2047	2059	2111	2122		2234	2245	2256	2307	2318	
Hammersmith Upper Bus Station	2305	2317	2329	2341	2353	0005												
Shepherd's Bush Green West Side	2312	2323	2335	2347	2359	0011												
Bloemfontein Road Parkview Centre	2319	2330	2342	2354	0006	0018												
Hammersmith Hospital	2325	2336	2348	0000	0012	0024												
East Acton Brunel Road	2329	2340	2352	0004	0016	0028												
283		Sundays and other Public Holidays (except Christmas Day)																
Hammersmith Upper Bus Station	0550	Then	0735	0750	0805	0819	0833	0847	0901	0915	0928	0941	0954	1007	1020	1033	1046	
Shepherd's Bush Green West Side	0556	every 15	0741	0756	0811	0825	0839	0853	0908	0922	0935	0948	1002	1016	1029	1042	1055	
Bloemfontein Road Parkview Centre	0603	minutes	0748	0803	0818	0833	0848	0902	0918	0932	0945	0959	1013	1027	1040	1053	1107	
Hammersmith Hospital	0609	until	0754	0809	0824	0840	0856	0912	0928	0942	0956	1010	1024	1038	1052	1106	1120	
East Acton Brunel Road	0613		0758	0814	0830	0846	0902	0918	0934	0949	1003	1017	1031	1045	1059	1113	1127	
Hammersmith Upper Bus Station	1059	Then	1624	1637	1650	1703	1716	1729	1742	1755	1808	1821	1834	1847	1900	1913	1926	
Shepherd's Bush Green West Side	1109	every 13	1634	1647	1700	1713	1726	1739	1752	1805	1817	1830	1843	1856	1909	1922	1935	
Bloemfontein Road Parkview Centre	1121	minutes	1646	1659	1712	1725	1738	1751	1804	1817	1829	1842	1855	1908	1921	1934	1947	
Hammersmith Hospital	1134	until	1659	1712	1724	1736	1749	1802	1814	1827	1839	1852	1905	1917	1929	1942	1954	
East Acton Brunel Road	1141		1706	1718	1730	1742	1755	1808	1820	1833	1845	1858	1911	1923	1935	1947	1959	
Hammersmith Upper Bus Station	1939	1952	2005	2017	2029	Then	2229	2241	2253	2305	2317	2329	2341	2353	0005			
Shepherd's Bush Green West Side	1948	2001	2014	2025	2036	every 12	2236	2248	2300	2312	2323	2335	2347	2359	0011			
Bloemfontein Road Parkview Centre	1959	2011	2022	2033	2044	minutes	2244	2256	2307	2319	2330	2342	2354	0006	0018			
Hammersmith Hospital	2006	2018	2029	2040	2051	until	2251	2303	2314	2325	2336	2348	0000	0012	0024			
East Acton Brunel Road	2011	2023	2034	2045	2056		2256	2307	2318	2329	2340	2352	0004	0016	0028			