

339		Mondays to Fridays																	
Leytonstone Station Grove Green Rd.	0455 0515 0535 0550 0605 0620 0634 0648 0701 0713 0725 0737 0749 0801 0813 0827 0842 0857 0912 0927																		
Leytonstone Thatched House	0502 0522 0542 0557 0613 0628 0642 0656 0710 0723 0735 0747 0758 0810 0822 0837 0852 0907 0922 0937																		
Stratford City opposite Bus Station	0509 0529 0549 0604 0621 0636 0650 0704 0719 0732 0744 0756 0807 0819 0831 0848 0903 0918 0933 0948																		
Bow Fish Island (Wick Lane)	0519 0539 0559 0614 0631 0646 0700 0715 0730 0745 0757 0809 0821 0833 0845 0900 0915 0930 0945 1000																		
Old Ford Roman Road	0524 0544 0604 0620 0637 0652 0709 0724 0739 0754 0806 0820 0832 0844 0856 0909 0924 0939 0954 1008																		
Mile End Grove Road	0527 0547 0608 0624 0641 0656 0714 0729 0744 0759 0812 0826 0838 0850 0902 0915 0930 0945 1000 1013																		
Stepney Way Stepney High Street	0532 0552 0614 0630 0647 0702 0722 0737 0752 0807 0820 0834 0846 0858 0910 0923 0938 0953 1008 1021																		
Shadwell Station Martha Street	0536 0556 0618 0634 0651 0707 0727 0742 0757 0812 0827 0841 0853 0905 0917 0930 0944 0959 1014 1027																		
Leytonstone Station Grove Green Rd.	0942 0957 1012	1142 1157	1242 1257 1312 1327 1342 1357 1412 1427 1442 1455 1509 1524 1539																
Leytonstone Thatched House	0952 1007 1021	Then every 15 mins. until	1151 1206	Then every 15 mins. until	1251 1306 1321 1336 1351 1406 1423 1438 1453 1506 1521 1536 1551														
Stratford City opposite Bus Station	1003 1018 1032	1202 1218	1303 1316 1331 1346 1401 1417 1434 1449 1504 1519 1534 1549 1604																
Bow Fish Island (Wick Lane)	1014 1029 1043	1213 1229	1314 1327 1342 1357 1412 1428 1445 1500 1515 1530 1545 1600 1615																
Old Ford Roman Road	1022 1037 1051	1221 1237	1322 1335 1350 1405 1421 1437 1454 1509 1524 1539 1554 1609 1624																
Mile End Grove Road	1027 1042 1056	1226 1242	1327 1340 1355 1411 1427 1443 1500 1517 1532 1547 1602 1616 1631																
Stepney Way Stepney High Street	1035 1050 1104	1234 1250	1335 1348 1403 1420 1436 1452 1510 1527 1542 1557 1611 1625 1640																
Shadwell Station Martha Street	1041 1056 1110	1240 1256	1341 1354 1409 1426 1442 1458 1517 1534 1549 1604 1618 1632 1647																
Leytonstone Station Grove Green Rd.	1554 1609 1624 1639 1654 1709 1725 1741 1757 1813 1829 1845 1901 1921 1941 2002 2022 2043 2104 2125																		
Leytonstone Thatched House	1606 1620 1635 1650 1705 1722 1738 1754 1810 1824 1840 1856 1910 1930 1950 2010 2030 2051 2111 2132																		
Stratford City opposite Bus Station	1619 1633 1648 1703 1718 1735 1751 1807 1821 1835 1851 1907 1920 1940 2000 2020 2040 2101 2121 2142																		
Bow Fish Island (Wick Lane)	1630 1644 1659 1714 1729 1746 1802 1817 1831 1845 1901 1917 1930 1950 2010 2030 2050 2111 2131 2152																		
Old Ford Roman Road	1639 1654 1709 1724 1739 1754 1810 1825 1839 1853 1909 1925 1938 1958 2017 2037 2057 2117 2137 2158																		
Mile End Grove Road	1646 1700 1715 1729 1744 1800 1816 1831 1845 1859 1914 1930 1943 2003 2021 2041 2101 2121 2141 2202																		
Stepney Way Stepney High Street	1655 1709 1724 1738 1753 1809 1824 1839 1853 1907 1922 1938 1951 2010 2028 2048 2108 2128 2148 2208																		
Shadwell Station Martha Street	1702 1716 1731 1745 1800 1815 1830 1845 1859 1912 1927 1943 1956 2015 2033 2053 2113 2133 2153 2213																		
339		Mondays to Fridays (cont.)									Saturdays (also Good Friday)								
Leytonstone Station Grove Green Rd.	2145 2205 2225 2245 2305 2325	0455 0525 0555 0625 0655 0715 0735 0755 0815 0830 0843 0857 0911 0926																	
Leytonstone Thatched House	2152 2212 2232 2252 2311 2331	0500 0532 0602 0633 0703 0723 0743 0803 0823 0838 0851 0905 0920 0935																	
Stratford City opposite Bus Station	2202 2220 2240 2300 2318 2338	0507 0539 0609 0640 0711 0731 0751 0812 0832 0847 0900 0915 0930 0945																	
Bow Fish Island (Wick Lane)	2211 2229 2249 2309 2327 2347	0515 0547 0617 0648 0720 0740 0800 0822 0842 0857 0911 0926 0941 0956																	
Old Ford Roman Road	2216 2234 2254 2314 2332 2352	0520 0552 0622 0653 0725 0745 0806 0828 0848 0903 0918 0933 0948 1003																	
Mile End Grove Road	2219 2237 2257 2317 2335 2355	0523 0555 0625 0656 0728 0748 0810 0832 0852 0908 0923 0938 0953 1008																	
Stepney Way Stepney High Street	2225 2243 2303 2323 2341 0001	0528 0600 0630 0701 0734 0754 0816 0838 0858 0915 0930 0945 1000 1016																	
Shadwell Station Martha Street	2230 2248 2307 2327 2345 0005	0534 0604 0634 0705 0738 0758 0820 0842 0902 0920 0935 0950 1005 1021																	
339		Saturdays (also Good Friday) (cont.)																	
Leytonstone Station Grove Green Rd.	0941 0955 1010 1025 1039 1054 1109 1124 1139 1154 1209 1224 1239 1254 1309 1324 1339 1354 1409 1424																		
Leytonstone Thatched House	0950 1004 1019 1034 1048 1103 1119 1134 1149 1204 1220 1235 1250 1305 1320 1335 1350 1405 1420 1435																		
Stratford City opposite Bus Station	1000 1015 1030 1045 1059 1114 1130 1145 1200 1215 1231 1246 1301 1318 1333 1348 1403 1418 1433 1448																		
Bow Fish Island (Wick Lane)	1011 1026 1041 1056 1111 1127 1143 1158 1214 1229 1245 1300 1316 1333 1348 1403 1420 1435 1450 1505																		
Old Ford Roman Road	1018 1033 1048 1103 1119 1135 1151 1206 1223 1238 1254 1309 1325 1342 1357 1412 1429 1444 1459 1513																		
Mile End Grove Road	1024 1039 1054 1109 1124 1140 1156 1211 1228 1243 1259 1315 1331 1348 1403 1418 1435 1450 1505 1518																		
Stepney Way Stepney High Street	1032 1047 1102 1117 1132 1148 1204 1219 1236 1251 1307 1323 1339 1356 1411 1426 1443 1458 1514 1527																		
Shadwell Station Martha Street	1037 1052 1107 1122 1137 1153 1209 1224 1241 1256 1312 1328 1344 1401 1417 1432 1449 1504 1519 1532																		
Leytonstone Station Grove Green Rd.	1439 1454 1509 1524 1539 1554 1609 1624 1639 1654 1709 1724 1739 1754 1814 1835 1856 1917 1938 1959																		
Leytonstone Thatched House	1450 1505 1519 1534 1549 1604 1620 1635 1650 1705 1719 1734 1749 1804 1823 1844 1905 1926 1947 2008																		
Stratford City opposite Bus Station	1503 1518 1532 1547 1602 1617 1633 1648 1703 1717 1731 1746 1801 1816 1835 1856 1916 1937 1958 2019																		
Bow Fish Island (Wick Lane)	1520 1535 1549 1604 1618 1633 1649 1704 1719 1733 1747 1802 1815 1830 1849 1910 1928 1949 2010 2030																		
Old Ford Roman Road	1528 1543 1557 1612 1626 1641 1657 1712 1727 1741 1755 1810 1823 1838 1857 1918 1936 1957 2016 2036																		
Mile End Grove Road	1533 1548 1602 1617 1631 1646 1702 1717 1732 1746 1800 1815 1828 1843 1902 1923 1941 2002 2020 2040																		
Stepney Way Stepney High Street	1542 1557 1610 1625 1639 1654 1710 1725 1740 1754 1808 1823 1836 1851 1910 1931 1949 2009 2027 2047																		
Shadwell Station Martha Street	1547 1602 1615 1630 1644 1659 1716 1731 1746 1800 1813 1828 1841 1856 1916 1937 1955 2014 2032 2052																		
339		Saturdays (also Good Friday) (cont.)									Sundays and other Public Holidays								
Leytonstone Station Grove Green Rd.	2019 2040 2102 2123 2144 2204 2225 2245 2305 2325	0625 0655 0725 0755 0825 0845 0905 0925 0944 1004																	
Leytonstone Thatched House	2027 2048 2109 2130 2151 2211 2232 2252 2312 2332	0631 0701 0731 0801 0832 0852 0913 0933 0952 1013																	
Stratford City opposite Bus Station	2038 2059 2121 2142 2203 2219 2240 2300 2319 2339	0638 0710 0740 0810 0841 0901 0922 0942 1001 1021																	
Bow Fish Island (Wick Lane)	2049 2110 2131 2152 2212 2228 2249 2309 2328 2348	0646 0719 0749 0819 0850 0911 0932 0952 1012 1032																	
Old Ford Roman Road	2055 2116 2137 2158 2218 2234 2255 2314 2333 2353	0651 0724 0754 0824 0855 0917 0938 0958 1018 1038																	
Mile End Grove Road	2059 2120 2141 2202 2221 2237 2258 2317 2336 2356	0654 0727 0757 0827 0858 0921 0942 1002 1022 1042																	
Stepney Way Stepney High Street	2106 2127 2147 2207 2227 2244 2305 2323 2342 0002	0659 0732 0802 0833 0904 0927 0948 1009 1029 1049																	
Shadwell Station Martha Street	2111 2132 2152 2212 2232 2249 2310 2328 2347 0007	0703 0736 0806 0837 0908 0931 0952 1014 1034 1054																	
339		Sundays and other Public Holidays (except Christmas Day) (cont.)																	
Leytonstone Station Grove Green Rd.	1024 1043 1102 1122 1142 1202 1222 1242 1302 1322 1342 1402 1422 1442 1502 1522 1542 1602 1622 1642																		
Leytonstone Thatched House	1033 1052 1111 1131 1151 1211 1231 1251 1312 1332 1352 1412 1432 1452 1511 1531 1551 1611 1631 1651																		
Stratford City opposite Bus Station	1041 1100 1120 1140 1200 1222 1242 1302 1324 1344 1404 1425 1445 1505 1523 1543 1603 1623 1643 1703																		
Bow Fish Island (Wick Lane)	1052 1111 1131 1151 1212 1234 1254 1315 1337 1357 1417 1438 1458 1518 1536 1556 1616 1636 1656 1716																		
Old Ford Roman Road	1058 1118 1138 1158 1220 1242 1302 1323 1345 1405 1425 1446 1506 1526 1544 1604 1624 1644 1704 1724																		
Mile End Grove Road	1102 1122 1142 1202 1225 1247 1307 1328 1350 1410 1430 1451 1511 1531 1549 1609 1629 1649 1709 1729																		
Stepney Way Stepney High Street	1109 1129 1149 1210 1233 1255 1315 1336 1358 1418 1438 1459 1519 1539 1557 1617 1637 1657 1717 1737																		
Shadwell Station Martha Street	1114 1134 1154 1215 1238 1300 1321 1342 1404 1423 1443 1504 1525 1545 1603 1622 1642 1702 1723 1743																		
Leytonstone Station Grove Green Rd.	1702 1722 1742 1802 1822 1842 1902 1922 1942 2002 2022 2043 2104 2124 2145 2205 2225 2245 2305 2325																		
Leytonstone Thatched House	1710 1730 1750 1810 1830 1850 1909 1929 1949 2009 2029 2050 2111 2131 2152 2211 2231 2251 2311 2331																		
Stratford City opposite Bus Station	1721 1741 1801 1821 1841 1901 1918 1938 1958 2018 2038 2059 2119 2139 2200 2218 2238 2258 2317 2337																		
Bow Fish Island (Wick Lane)	1734 1754 1813 1833 1853 1914 1931 1951 2011 2029 2049 2110 2129 2149 2209 2227 2247 2307 2326 2346																		
Old Ford Roman Road	1742 1802 1821 1841 1901 1921 1938 1958 2017 2035 2055 2115 2134 2154 2214 2232 2252 2312 2331 2351																		
Mile End Grove Road	1747 1807 1826 1846 1905 1925 1942 2002 2021 2039 2059 2118 2137 2157 2217 2235 2255 2315 2334 2354																		
Stepney Way Stepney High Street	1755 1815 1834 1854 1913 1933 1950 2009 2028 2046 2106 2125 2144 2204 2223 2241 2301 2321 2340 0000																		
Shadwell Station Martha Street	1801 1821 1840 1900 1918 1938 1955 2014 2033 2051 2110 2129 2148 2208 2227 2245 2305 2325 2344 0004																		

339		Mondays to Fridays																			
Shadwell Station Martha Street	0530	0600	0630	0648	0703	0716	0731	0744	0757	0809	0823	0838	0853	0908	0923	0938	0953	1008	1023	1038	
Stepney Way Stepney High Street	0535	0605	0635	0653	0709	0722	0737	0750	0803	0818	0832	0847	0902	0916	0931	0946	1001	1015	1030	1045	
Mile End Grove Road	0540	0611	0641	0659	0717	0730	0745	0758	0813	0828	0842	0857	0911	0925	0940	0955	1009	1023	1038	1053	
Old Ford Roman Road	0543	0615	0645	0703	0722	0735	0750	0803	0818	0833	0848	0903	0917	0931	0946	1001	1015	1029	1044	1059	
Bow Fish Island (Wick Lane)	0548	0620	0650	0710	0730	0743	0758	0812	0827	0842	0857	0912	0926	0940	0955	1009	1023	1037	1052	1107	
Stratford City Bus Station	0557	0630	0700	0720	0740	0755	0810	0825	0840	0855	0910	0925	0939	0953	1008	1022	1036	1050	1105	1119	
Leytonstone Thatched House	0603	0638	0708	0728	0748	0801	0819	0834	0849	0904	0916	0931	0945	0959	1014	1031	1045	1100	1115	1129	
Leytonstone Station Plaza	0610	0647	0718	0738	0758	0812	0830	0845	0900	0913	0925	0940	0954	1009	1024	1041	1056	1111	1126	1141	
Shadwell Station Martha Street	1053			1253	1308	1323	1338	1353	1407	1422	1437	1450	1502	1517	1530	1546	1601	1616	1631	1646	
Stepney Way Stepney High Street	1100			1300	1315	1330	1345	1400	1415	1430	1445	1458	1512	1527	1540	1556	1609	1624	1639	1654	
Mile End Grove Road	1108			1308	1323	1338	1353	1409	1424	1439	1454	1507	1523	1538	1551	1607	1620	1635	1650	1705	
Old Ford Roman Road	1114			1314	1329	1344	1359	1415	1430	1445	1500	1515	1531	1546	1559	1614	1627	1642	1657	1712	
Bow Fish Island (Wick Lane)	1121			1321	1336	1351	1406	1423	1438	1453	1509	1524	1539	1554	1608	1623	1636	1651	1706	1721	
Stratford City Bus Station	1133			1334	1349	1404	1419	1436	1451	1506	1521	1536	1551	1606	1621	1636	1650	1705	1721	1736	
Leytonstone Thatched House	1144			1344	1400	1414	1429	1445	1500	1517	1532	1547	1602	1618	1633	1648	1702	1720	1736	1751	
Leytonstone Station Plaza	1156			1356	1411	1426	1441	1455	1511	1528	1543	1558	1613	1629	1644	1659	1713	1731	1747	1802	
Shadwell Station Martha Street	1701	1716	1731	1746	1801	1817	1833	1849	1905	1921	1936	1955	2015	2035	2055	2115	2135	2155	2215	2235	
Stepney Way Stepney High Street	1709	1724	1739	1754	1808	1824	1840	1856	1911	1927	1942	2001	2021	2041	2101	2121	2141	2201	2220	2240	
Mile End Grove Road	1720	1735	1750	1805	1818	1834	1850	1906	1920	1936	1951	2009	2029	2049	2108	2128	2148	2208	2227	2247	
Old Ford Roman Road	1727	1742	1757	1811	1824	1840	1856	1912	1926	1942	1957	2014	2034	2054	2112	2132	2152	2212	2231	2251	
Bow Fish Island (Wick Lane)	1736	1751	1805	1819	1832	1848	1904	1919	1933	1949	2004	2020	2040	2100	2118	2138	2158	2217	2236	2256	
Stratford City Bus Station	1751	1806	1822	1832	1845	1901	1916	1931	1945	2001	2016	2032	2052	2111	2129	2149	2209	2226	2245	2305	
Leytonstone Thatched House	1806	1819	1832	1845	1858	1910	1925	1940	1954	2009	2022	2038	2058	2118	2136	2156	2216	2232	2254	2311	
Leytonstone Station Plaza	1817	1830	1844	1856	1909	1920	1935	1950	2004	2018	2031	2047	2106	2126	2144	2204	2224	2242	2304	2318	
339		Mons to Fris (ctd.)										Saturdays (also Good Friday)									
Shadwell Station Martha Street	2255	2315	2335	2355	0530	0600	0630	0700	0730	0800	0820	0840	0857	0912	0927	0942	0957	1012	1027	1042	
Stepney Way Stepney High Street	2300	2320	2340	0000	0534	0605	0635	0705	0735	0805	0825	0845	0902	0920	0934	0949	1004	1018	1033	1048	
Mile End Grove Road	2306	2326	2346	0006	0539	0610	0640	0711	0741	0812	0832	0852	0910	0929	0942	0957	1012	1027	1042	1057	
Old Ford Roman Road	2309	2329	2349	0009	0542	0613	0643	0715	0745	0816	0836	0856	0915	0934	0948	1003	1018	1033	1048	1102	
Bow Fish Island (Wick Lane)	2314	2334	2354	0014	0546	0618	0648	0720	0750	0821	0841	0901	0921	0941	0956	1011	1026	1041	1056	1111	
Stratford City Bus Station	2323	2343	0003	0023	0555	0627	0657	0730	0800	0832	0852	0913	0933	0953	1008	1023	1038	1053	1108	1123	
Leytonstone Thatched House	2329	2349	0009	0029	0600	0633	0703	0734	0807	0839	0859	0921	0941	1001	1015	1030	1046	1101	1116	1131	
Leytonstone Station Plaza	2336	2356	0016	0036	0607	0640	0710	0741	0815	0847	0907	0930	0950	1010	1025	1040	1056	1111	1126	1141	
339		Saturdays (also Good Friday) (cont.)																			
Shadwell Station Martha Street	1057	1112	1127	1142	1157	1212	1227	1242	1257	1312	1327	1342	1357	1412	1427	1442	1457	1512	1527	1542	
Stepney Way Stepney High Street	1103	1119	1134	1149	1204	1219	1234	1249	1304	1321	1336	1351	1406	1419	1434	1449	1504	1519	1534	1549	
Mile End Grove Road	1111	1127	1142	1157	1213	1228	1243	1258	1313	1330	1345	1400	1415	1428	1443	1458	1513	1528	1543	1558	
Old Ford Roman Road	1117	1133	1148	1203	1219	1234	1249	1304	1319	1336	1351	1406	1421	1434	1449	1504	1519	1534	1549	1604	
Bow Fish Island (Wick Lane)	1125	1140	1155	1210	1226	1241	1256	1312	1327	1344	1359	1413	1428	1441	1456	1512	1527	1542	1557	1611	
Stratford City Bus Station	1138	1153	1208	1226	1242	1257	1312	1328	1343	1400	1415	1429	1444	1457	1512	1527	1542	1557	1612	1625	
Leytonstone Thatched House	1146	1202	1218	1236	1252	1309	1324	1340	1355	1411	1426	1440	1455	1510	1524	1539	1554	1609	1626	1639	
Leytonstone Station Plaza	1156	1212	1228	1246	1302	1323	1338	1353	1408	1423	1438	1453	1508	1523	1538	1553	1608	1623	1638	1653	
Shadwell Station Martha Street	1557	1612	1627	1642	1657	1712	1727	1742	1757	1812	1827	1847	1908	1929	1950	2010	2031	2052	2113	2134	
Stepney Way Stepney High Street	1604	1619	1634	1649	1704	1719	1734	1749	1804	1819	1834	1854	1914	1935	1956	2018	2039	2100	2119	2140	
Mile End Grove Road	1613	1628	1643	1658	1713	1728	1743	1758	1813	1828	1843	1903	1922	1943	2004	2027	2048	2107	2126	2147	
Old Ford Roman Road	1619	1634	1649	1704	1719	1734	1749	1804	1819	1834	1849	1908	1927	1948	2008	2031	2052	2111	2130	2151	
Bow Fish Island (Wick Lane)	1626	1641	1656	1711	1726	1741	1756	1811	1826	1841	1856	1915	1934	1955	2014	2037	2058	2116	2135	2156	
Stratford City Bus Station	1640	1655	1710	1725	1740	1755	1810	1825	1840	1855	1910	1927	1946	2007	2024	2047	2108	2126	2145	2206	
Leytonstone Thatched House	1654	1709	1722	1736	1750	1805	1819	1834	1849	1904	1919	1936	1955	2015	2032	2055	2115	2134	2153	2210	
Leytonstone Station Plaza	1708	1723	1734	1747	1801	1815	1829	1844	1859	1914	1929	1946	2005	2024	2041	2104	2123	2143	2203	2217	
339		Saturdays (also Good Fri) (cont.)										Sundays and other Public Holidays (except Christmas Day)									
Shadwell Station Martha Street	2155	2215	2235	2255	2315	2335	2355	0635	0705	0735	0805	0835	0905	0935	0953	1012	1032	1050	1108	1128	
Stepney Way Stepney High Street	2201	2221	2241	2301	2320	2340	0000	0639	0710	0740	0810	0840	0911	0941	0959	1018	1038	1056	1115	1135	
Mile End Grove Road	2208	2228	2248	2307	2326	2346	0006	0644	0715	0745	0816	0846	0917	0947	1005	1025	1045	1103	1123	1143	
Old Ford Roman Road	2212	2232	2252	2310	2329	2349	0009	0647	0718	0748	0820	0850	0921	0951	1009	1029	1049	1108	1128	1148	
Bow Fish Island (Wick Lane)	2217	2237	2257	2315	2334	2354	0014	0652	0723	0753	0825	0855	0927	0957	1015	1035	1055	1114	1134	1154	
Stratford City Bus Station	2226	2246	2306	2324	2343	0003	0023	0659	0731	0801	0834	0904	0937	1007	1027	1047	1107	1127	1147	1207	
Leytonstone Thatched House	2232	2252	2312	2330	2349	0009	0029	0705	0736	0807	0838	0908	0941	1014	1034	1054	1115	1135	1155	1216	
Leytonstone Station Plaza	2239	2259	2319	2337	2356	0016	0036	0712	0743	0814	0845	0916	0949	1022	1042	1102	1124	1144	1204	1225	
339		Sundays and other Public Holidays (except Christmas Day) (cont.)																			
Shadwell Station Martha Street	1148	1208	1228	1248	1308	1328	1348	1408	1428	1448	1508	1528	1548	1608	1628	1648	1708	1728	1748	1808	
Stepney Way Stepney High Street	1155	1216	1236	1256	1315	1335	1355	1416	1436	1456	1515	1535	1555	1615	1635	1655	1715	1735	1755	1814	
Mile End Grove Road	1203	1224	1244	1304	1323	1343	1403	1424	1444	1504	1523	1543	1603	1624	1644	1704	1724	1744	1804	1822	
Old Ford Roman Road	1209	1230	1250	1309	1328	1348	1409	1430	1450	1510	1529	1549	1608	1629	1649	1709	1729	1749	1809	1827	
Bow Fish Island (Wick Lane)	1216	1237	1257	1316	1335	1355	1416	1437	1457	1517	1536	1556	1615	1636	1656	1716	1736	1756	1815	1833	
Stratford City Bus Station	1229	1250	1310	1330	1349	1409	1430	1451	1511	1531	1550	1610	1629	1650	1710	1729	1749	1809	1827</		