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Redbridge – Ilford – Beckton

366 Mondays to Fridays																		
Roding Lane South Falmouth Gardens	0515	0535	0555	0615	0635	0652	0708	0722	0736	0748		1005		1429		1834		
Redbridge Station Forecourt	0518	0538	0558	0618	0638	0655	0713	0727	0741	0753		1009		1433		1840		
Ilford Station	0527	0547	0607	0627	0647	0704	0723	0738	0753	0806	Then	1021	Then	1445	Then	1854		
Ilford High Road Hainault Street	0531	0551	0611	0631	0651	0709	0728	0743	0758	0812	about	1026	every	1450	about	1900		
Sunnyside Road Mortlake Road	0535	0555	0615	0635	0655	0713	0732	0747	0802	0817	every 12-13	1031	12	1455	every 12	1906		
Loxford Lane South Park Drive	0539	0559	0619	0639	0659	0717	0736	0752	0807	0822	minutes	1036	mins.	1500	minutes	1911		
Barking Station	0545	0605	0625	0645	0705	0725	0744	0801	0816	0831	until	1045	until	1509	until	1918		
East Beckton Showcase Cinema	0552	0612	0632	0652	0713	0733	0752	0810	0825	0840		1054		1518		1926		
Gallions Reach Shopping Park	0601	0621	0641	0701	0723	0743	0802	0820	0835	0850		1104		1528		1936		
Beckton Bus Station	0609	0629	0649	0709	0731	0751	0811	0829	0844	0859		1113		1537		1945		
Roding Lane South Falmouth Gardens	1847	1901	1915	1928	1942	1957	2012	2025	2040	2100	2120	2140	2200		0020			
Redbridge Station Forecourt	1853	1906	1920	1933	1947	2002	2015	2028	2043	2103	2123	2143	2203		0023			
Ilford Station	1907	1917	1931	1944	1958	2011	2024	2037	2052	2112	2132	2152	2211	Then	0031			
Ilford High Road Hainault Street	1913	1923	1937	1950	2004	2016	2028	2041	2056	2116	2136	2156	2215	every 20	0035			
Sunnyside Road Mortlake Road	1918	1928	1942	1955	2008	2020	2032	2045	2100	2120	2140	2200	2219	minutes	0039			
Loxford Lane South Park Drive	1923	1933	1947	2000	2011	2023	2035	2048	2103	2123	2143	2203	2222	until	0042			
Barking Station	1930	1940	1954	2006	2017	2029	2041	2054	2109	2129	2149	2209	2228		0048			
East Beckton Showcase Cinema	1938	1948	2002	2013	2024	2036	2048	2101	2116	2136	2156	2216	2235		0055			
Gallions Reach Shopping Park	1948	1958	2010	2021	2032	2044	2056	2109	2124	2144	2204	2224	2243		0103			
Beckton Bus Station	1957	2007	2018	2029	2040	2052	2104	2117	2132	2152	2212	2232	2251		0111			
366 Saturdays (also Good Friday)																		
Roding Lane South Falmouth Gardens	0516		0816	0834		1852	1908	1924	1942	2000	2020	2040	2100		2240	2300		0020
Redbridge Station Forecourt	0519		0819	0837		1857	1913	1929	1947	2003	2023	2043	2103		2243	2303		0023
Ilford Station	0527	Then	0827	0845	Then	1907	1923	1939	1957	2012	2032	2052	2111	Then	2251	2311	Then	0031
Ilford High Road Hainault Street	0531	every	0831	0849	about	1911	1927	1943	2001	2016	2036	2056	2115	every	2255	2315	every	0035
Sunnyside Road Mortlake Road	0535	20	0835	0853	every	1916	1932	1948	2005	2020	2040	2100	2119	20	2259	2319	20	0039
Loxford Lane South Park Drive	0539	mins.	0839	0857	12	1921	1937	1953	2009	2024	2044	2104	2123	mins.	2303	2322	mins.	0042
Barking Station	0545	until	0845	0903	mins.	1928	1944	2000	2015	2030	2050	2110	2129	until	2309	2328	until	0048
East Beckton Showcase Cinema	0552		0852	0910	until	1935	1951	2007	2022	2037	2057	2117	2136		2316	2335		0055
Gallions Reach Shopping Park	0600		0900	0920		1945	2001	2016	2031	2046	2106	2125	2144		2324	2343		0103
Beckton Bus Station	0608		0908	0928		1954	2009	2024	2039	2054	2114	2133	2152		2332	2351		0111
366 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																		
Roding Lane South Falmouth Gardens	0550		0820	0850	0920	0940	1000	1020	1040	1100	1120	1140	1200	1220	1240	1300	1320	
Redbridge Station Forecourt	0553		0823	0853	0923	0943	1003	1023	1043	1104	1124	1144	1204	1224	1244	1305	1325	
Ilford Station	0601		0831	0901	0932	0952	1013	1033	1054	1116	1136	1156	1216	1236	1256	1317	1337	
Ilford High Road Hainault Street	0605	Then	0835	0905	0936	0956	1017	1037	1059	1121	1142	1202	1221	1241	1301	1322	1342	
Sunnyside Road Mortlake Road	0609	every 30	0839	0909	0940	1000	1021	1042	1104	1126	1147	1207	1226	1246	1307	1328	1348	
Loxford Lane South Park Drive	0612	minutes	0842	0913	0944	1004	1025	1046	1108	1130	1151	1211	1230	1250	1312	1333	1353	
Barking Station	0618	until	0848	0919	0950	1011	1032	1053	1115	1137	1158	1218	1237	1258	1320	1341	1401	
East Beckton Showcase Cinema	0625		0855	0926	0957	1019	1040	1101	1123	1145	1206	1226	1245	1306	1328	1349	1409	
Gallions Reach Shopping Park	0633		0903	0935	1007	1029	1050	1112	1134	1156	1217	1238	1259	1321	1343	1404	1424	
Beckton Bus Station	0641		0911	0943	1015	1037	1058	1120	1142	1204	1226	1247	1309	1331	1353	1414	1434	
Roding Lane South Falmouth Gardens	1340	1400	1420	1440	1500	1520	1540	1600	1620	1640	1700	1720	1740		1900	1920	1940	
Redbridge Station Forecourt	1345	1405	1425	1445	1505	1525	1545	1605	1625	1645	1705	1725	1744		1904	1924	1944	
Ilford Station	1357	1418	1438	1458	1517	1537	1557	1616	1636	1656	1716	1736	1754		1914	1934	1954	
Ilford High Road Hainault Street	1402	1423	1443	1503	1522	1542	1602	1621	1641	1701	1720	1740	1758	Then	1918	1938	1958	
Sunnyside Road Mortlake Road	1408	1429	1449	1508	1527	1547	1607	1626	1646	1706	1725	1745	1803	every 20	1923	1943	2003	
Loxford Lane South Park Drive	1413	1434	1454	1513	1532	1552	1612	1631	1651	1711	1730	1750	1807	minutes	1927	1947	2007	
Barking Station	1421	1442	1502	1520	1539	1559	1619	1638	1658	1718	1737	1757	1814	until	1934	1954	2013	
East Beckton Showcase Cinema	1429	1450	1510	1528	1547	1607	1627	1646	1705	1725	1744	1804	1821		1941	2001	2020	
Gallions Reach Shopping Park	1444	1504	1524	1542	1600	1618	1637	1656	1715	1735	1754	1813	1830		1950	2009	2028	
Beckton Bus Station	1454	1515	1535	1553	1611	1629	1648	1707	1725	1745	1803	1821	1838		1958	2017	2036	
Roding Lane South Falmouth Gardens	2000	2020	2040	2100	2120	2140	2200								0020			
Redbridge Station Forecourt	2003	2023	2043	2103	2123	2143	2203								0023			
Ilford Station	2012	2032	2052	2112	2132	2152	2211								0031			
Ilford High Road Hainault Street	2016	2036	2056	2116	2136	2156	2215	Then							0035			
Sunnyside Road Mortlake Road	2021	2041	2100	2120	2140	2200	2219	every 20							0039			
Loxford Lane South Park Drive	2025	2045	2104	2124	2144	2203	2222	minutes							0042			
Barking Station	2031	2051	2110	2130	2150	2209	2228	until							0048			
East Beckton Showcase Cinema	2038	2058	2117	2137	2157	2216	2235								0055			
Gallions Reach Shopping Park	2046	2106	2125	2145	2205	2224	2243								0103			
Beckton Bus Station	2054	2114	2133	2153	2213	2232	2251								0111			

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Beckton Bus Station	0420	0440	0500	0520	0535	0550	0602	0614	0626	0638		1804	1817	1830	1843	1858	1913	1928	
Gallions Reach Shopping Park	0427	0447	0507	0527	0542	0557	0609	0621	0634	0646		1814	1827	1840	1853	1908	1922	1936	
East Beckton Showcase Cinema	0434	0454	0514	0534	0549	0604	0616	0629	0642	0654	Then	1827	1840	1853	1906	1919	1932	1946	
Barking Station	0441	0501	0521	0541	0556	0611	0623	0636	0649	0701	about	1840	1853	1905	1917	1929	1942	1956	
South Park Drive Loxford Lane	0444	0504	0524	0544	0559	0614	0626	0639	0652	0705	every	1844	1857	1909	1921	1933	1946	2000	
Sunnyside Road Mortlake Road	0448	0508	0528	0548	0604	0619	0631	0644	0657	0711	12	1851	1904	1915	1927	1939	1952	2006	
Ilford High Road Hainault Street	0453	0513	0533	0553	0609	0624	0637	0650	0703	0717	mins.	1858	1910	1921	1933	1945	1958	2012	
Ilford Station	0457	0517	0537	0557	0613	0628	0641	0654	0707	0722	until	1904	1915	1926	1938	1950	2003	2016	
Redbridge Station Forecourt	0504	0524	0544	0604	0620	0635	0648	0701	0717	0732		1913	1924	1935	1947	1959	2012	2024	
Roding Lane South Falmouth Gardens	0510	0530	0550	0610	0626	0641	0654	0708	0724	0739		1921	1932	1943	1955	2007	2019	2031	
366		Mondays to Fridays (cont.)										Saturdays (also Good Friday)							
Beckton Bus Station	1943	1958	2018	2040	2100	2122	2143	2204	2225		2345	0420		0540	0600			0720	
Gallions Reach Shopping Park	1951	2006	2026	2048	2108	2130	2151	2211	2232		2352	0427		0547	0607			0727	
East Beckton Showcase Cinema	2001	2015	2035	2056	2116	2138	2159	2219	2240	Then	0000	0435	Then	0555	0615			0735	
Barking Station	2010	2023	2043	2103	2123	2145	2206	2226	2247	every	0007	0442	every	0602	0622	Then		0742	
South Park Drive Loxford Lane	2013	2026	2046	2106	2126	2148	2209	2229	2250	20	0010	0445	20	0605	0625	every 20		0745	
Sunnyside Road Mortlake Road	2019	2031	2051	2111	2131	2153	2214	2234	2254	mins.	0014	0449	mins.	0609	0629	minutes		0749	
Ilford High Road Hainault Street	2025	2037	2057	2117	2137	2159	2219	2239	2259	until	0019	0454	until	0614	0634	until		0754	
Ilford Station	2029	2041	2101	2121	2141	2203	2223	2243	2303		0023	0458		0618	0638			0758	
Redbridge Station Forecourt	2037	2049	2109	2129	2149	2210	2230	2250	2310		0030	0505		0625	0645			0805	
Roding Lane South Falmouth Gardens	2043	2055	2115	2135	2155	2215	2235	2255	2315		0035	0510		0630	0651			0811	
366		Saturdays (also Good Friday) (cont.)																	
Beckton Bus Station	0740	0758	0813	0824	0836			1807	1822	1837	1857	1918	1938	1958	2018	2038	2100	2121	
Gallions Reach Shopping Park	0748	0806	0821	0832	0844			1816	1831	1846	1906	1927	1947	2006	2026	2046	2108	2129	
East Beckton Showcase Cinema	0756	0814	0829	0841	0853	Then		1826	1841	1856	1916	1937	1957	2015	2035	2055	2116	2137	
Barking Station	0803	0821	0836	0848	0900	about		1837	1851	1906	1926	1947	2006	2023	2043	2103	2123	2144	
South Park Drive Loxford Lane	0806	0824	0839	0851	0904	every 12		1841	1855	1910	1930	1951	2009	2026	2046	2106	2126	2147	
Sunnyside Road Mortlake Road	0810	0829	0844	0856	0910	minutes		1847	1901	1916	1936	1957	2014	2031	2051	2111	2131	2152	
Ilford High Road Hainault Street	0815	0834	0849	0902	0916	until		1853	1907	1922	1942	2003	2020	2037	2057	2117	2137	2158	
Ilford Station	0819	0838	0853	0907	0921			1858	1911	1926	1946	2007	2024	2041	2101	2121	2141	2202	
Redbridge Station Forecourt	0826	0845	0900	0915	0929			1908	1920	1935	1955	2015	2032	2049	2109	2129	2149	2209	
Roding Lane South Falmouth Gardens	0832	0851	0906	0921	0935			1915	1927	1942	2002	2022	2039	2055	2115	2135	2155	2215	
366		Saturdays (also Good Friday) (cont.)										Sundays and other Public Holidays							
Beckton Bus Station	2143	2203	2223	2244	2305	2325	2345	0550			0750	0820	0840	0900	0920	0939	0957	1014	1032
Gallions Reach Shopping Park	2151	2211	2231	2252	2312	2332	2352	0557			0757	0827	0847	0908	0928	0947	1005	1022	1040
East Beckton Showcase Cinema	2159	2219	2239	2300	2320	2340	0000	0605	Then		0805	0835	0855	0916	0936	0955	1014	1032	1050
Barking Station	2206	2226	2246	2307	2327	2347	0007	0612	every		0812	0842	0902	0923	0943	1003	1023	1041	1059
South Park Drive Loxford Lane	2209	2229	2249	2310	2330	2350	0010	0615	30		0815	0845	0905	0926	0946	1006	1026	1044	1102
Sunnyside Road Mortlake Road	2214	2234	2254	2314	2334	2354	0014	0619	mins.		0819	0850	0910	0931	0951	1011	1031	1049	1108
Ilford High Road Hainault Street	2219	2239	2259	2319	2339	2359	0019	0624	until		0824	0855	0915	0936	0956	1017	1037	1055	1114
Ilford Station	2223	2243	2303	2323	2343	0003	0023	0628			0828	0859	0919	0940	1000	1021	1041	1059	1119
Redbridge Station Forecourt	2230	2250	2310	2330	2350	0010	0030	0635			0835	0906	0926	0947	1008	1029	1049	1108	1128
Roding Lane South Falmouth Gardens	2235	2255	2315	2335	2355	0015	0035	0641			0841	0912	0932	0953	1014	1035	1055	1115	1135
366		Sundays and other Public Holidays (except Christmas Day and Boxing Day) (cont.)																	
Beckton Bus Station	1051	1109	1128	1147	1206	1224	1242	1259	1319	1340	1400	1420	1441	1501	1521	1542	1604	1626	
Gallions Reach Shopping Park	1059	1118	1137	1156	1215	1233	1251	1310	1330	1351	1411	1431	1452	1512	1532	1553	1614	1635	
East Beckton Showcase Cinema	1109	1129	1148	1207	1226	1244	1303	1323	1343	1404	1424	1444	1505	1525	1545	1606	1626	1647	
Barking Station	1119	1139	1158	1217	1236	1254	1314	1334	1354	1415	1435	1455	1516	1536	1556	1616	1636	1657	
South Park Drive Loxford Lane	1122	1142	1201	1221	1240	1258	1318	1338	1358	1419	1439	1459	1520	1540	1600	1620	1640	1701	
Sunnyside Road Mortlake Road	1128	1148	1207	1227	1246	1304	1324	1344	1404	1425	1445	1505	1526	1546	1606	1626	1646	1707	
Ilford High Road Hainault Street	1134	1154	1213	1233	1252	1311	1331	1351	1411	1431	1451	1511	1532	1552	1612	1632	1652	1713	
Ilford Station	1139	1159	1218	1238	1257	1317	1337	1357	1417	1437	1457	1517	1537	1557	1617	1637	1657	1718	
Redbridge Station Forecourt	1148	1208	1228	1248	1308	1328	1348	1408	1428	1448	1508	1528	1548	1608	1628	1648	1708	1728	
Roding Lane South Falmouth Gardens	1155	1215	1235	1255	1315	1335	1355	1415	1435	1455	1515	1535	1555	1615	1635	1655	1715	1735	
Beckton Bus Station	1647	1709	1730	1751	1813	1835	1857	1918	1940	2002	2022	2042	2102	2123	2144	2205		2345	
Gallions Reach Shopping Park	1656	1718	1739	1800	1821	1843	1905	1926	1948	2010	2030	2050	2110	2131	2152	2212		2352	
East Beckton Showcase Cinema	1707	1729	1750	1811	1832	1853	1914	1935	1957	2018	2038	2058	2118	2139	2200	2220	Then	0000	
Barking Station	1717	1739	1800	1820	1841	1902	1922	1943	2005	2025	2045	2105	2125	2146	2207	2227	every	0007	
South Park Drive Loxford Lane	1721	1743	1803	1823	1844	1905	1925	1946	2008	2028	2048	2108	2128	2149	2210	2230	20	0010	
Sunnyside Road Mortlake Road	1727	1749	1809	1829	1850	1910	1930	1951	2013	2033	2053	2113	2133	2154	2214	2234	mins.	0014	
Ilford High Road Hainault Street	1733	1755	1815	1835	1856	1916	1936	1957	2018	2038	2058	2118	2138	2159	2219	2239	until	0019	
Ilford Station	1738	1800	1819	1839	1900	1920	1940	2001	2022	2042	2102	2122	2142	2203	2223	2243		0023	
Redbridge Station Forecourt	1748	1808	1828	1848	1908	1928	1948	2009	2029	2049	2109	2129	2149	2210	2230	2250		0030	
Roding Lane South Falmouth Gardens	1755	1815	1835	1855	1915	1935	1955	2015	2035	2055	2115	2135	2155	2215	2235	2255		0035	