

# 366

## Redbridge – Ilford – Beckton

366		Mondays to Fridays (school days, half term and Christmas)																
Roding Lane South Falmouth Gardens	0515	0535	0555	0615	0630	0642	0654	0704	0713	0721	0728	0735	0744	0752	0802	0813	0823	0833
Redbridge Station Eastern Avenue	0518	0538	0558	0619	0634	0646	0658	0709	0719	0728	0735	0743	0752	0801	0811	0822	0832	0842
Ilford Station	0525	0545	0605	0626	0641	0654	0706	0717	0727	0737	0745	0755	0805	0814	0824	0834	0844	0854
Ilford High Road Hainault Street	0528	0548	0608	0629	0644	0658	0710	0721	0731	0741	0750	0800	0810	0819	0829	0839	0849	0859
Sunnyside Road Mortlake Road	0532	0552	0612	0633	0648	0703	0715	0726	0736	0746	0756	0806	0816	0825	0835	0845	0855	0905
Loxford Lane South Park Drive	0536	0556	0616	0637	0652	0707	0719	0730	0740	0751	0801	0811	0821	0831	0841	0851	0901	0910
Barking Station	0544	0604	0624	0645	0700	0715	0727	0739	0750	0802	0812	0822	0832	0842	0852	0902	0911	0920
Barking London Road	0546	0606	0626	0647	0702	0717	0729	0741	0753	0805	0815	0825	0835	0845	0855	0905	0914	0923
East Beckton Showcase Cinema	0552	0612	0632	0654	0709	0724	0736	0748	0800	0812	0822	0832	0842	0852	0902	0912	0921	0930
East Beckton Sainsbury's	0556	0616	0636	0658	0713	0728	0740	0752	0804	0816	0826	0836	0846	0856	0906	0916	0925	0934
Gallions Reach Shopping Park	0602	0622	0642	0704	0719	0734	0746	0758	0810	0822	0832	0842	0852	0902	0912	0922	0931	0940
Cyprus Savage Gardens	0609	0629	0649	0712	0727	0743	0755	0807	0819	0831	0841	0851	0901	0911	0921	0931	0940	0948
Beckton Bus Station	0610	0630	0650	0713	0728	0744	0756	0808	0820	0832	0842	0852	0902	0912	0922	0932	0941	0949
Roding Lane South Falmouth Gardens	0843	0853	0904	0914	0925	0935	0946	0956	1007	1017	1027	1037	Then every 10 minutes until	1347	1357	1407	1417	
Redbridge Station Eastern Avenue	0852	0901	0911	0921	0931	0941	0951	1001	1011	1021	1031	1041		1351	1401	1411	1421	
Ilford Station	0903	0912	0922	0931	0941	0951	1001	1011	1021	1031	1041	1051		1401	1411	1421	1431	
Ilford High Road Hainault Street	0908	0917	0927	0936	0946	0956	1006	1016	1026	1036	1046	1056		1406	1416	1426	1436	
Sunnyside Road Mortlake Road	0914	0923	0933	0942	0952	1002	1012	1022	1032	1042	1052	1102		1412	1422	1432	1442	
Loxford Lane South Park Drive	0919	0928	0938	0947	0957	1007	1016	1026	1036	1046	1056	1106		1416	1426	1436	1446	
Barking Station	0929	0938	0948	0957	1007	1017	1026	1036	1045	1055	1105	1115		1425	1435	1445	1455	
Barking London Road	0932	0941	0951	1000	1010	1020	1029	1039	1048	1058	1108	1118		1428	1438	1448	1458	
East Beckton Showcase Cinema	0939	0948	0958	1007	1017	1027	1036	1046	1055	1105	1115	1125		1435	1445	1455	1505	
East Beckton Sainsbury's	0943	0952	1002	1011	1021	1031	1040	1050	1059	1109	1119	1129		1439	1449	1459	1509	
Gallions Reach Shopping Park	0949	0958	1008	1017	1027	1037	1046	1056	1105	1115	1125	1136	1446	1456	1506	1516		
Cyprus Savage Gardens	0957	1006	1016	1025	1035	1045	1054	1104	1113	1123	1133	1144	1454	1505	1515	1525		
Beckton Bus Station	0958	1007	1017	1026	1036	1046	1055	1105	1114	1124	1134	1145	1455	1507	1517	1527		
Roding Lane South Falmouth Gardens	1427	1436	1445	1454	1500	1509	1518	1528	1539	1550	1600	1610	1620	1630	1640	1650	1659	1709
Redbridge Station Eastern Avenue	1431	1440	1449	1458	1505	1514	1523	1534	1545	1556	1606	1616	1626	1636	1646	1656	1706	1716
Ilford Station	1441	1450	1459	1508	1516	1526	1535	1546	1557	1607	1617	1627	1637	1647	1657	1707	1717	1727
Ilford High Road Hainault Street	1446	1455	1504	1513	1521	1531	1541	1552	1603	1613	1623	1633	1643	1653	1703	1713	1723	1733
Sunnyside Road Mortlake Road	1452	1501	1510	1519	1528	1538	1548	1559	1610	1620	1630	1640	1650	1700	1710	1720	1730	1740
Loxford Lane South Park Drive	1456	1505	1514	1524	1533	1543	1553	1604	1615	1625	1635	1645	1655	1705	1715	1725	1735	1745
Barking Station	1505	1515	1525	1535	1545	1555	1605	1615	1625	1635	1645	1655	1705	1715	1725	1735	1745	1755
Barking London Road	1508	1518	1528	1538	1548	1558	1608	1618	1628	1638	1648	1658	1708	1718	1728	1738	1748	1758
East Beckton Showcase Cinema	1515	1525	1535	1545	1555	1605	1615	1625	1635	1645	1655	1705	1715	1725	1735	1745	1755	1805
East Beckton Sainsbury's	1519	1529	1539	1549	1559	1609	1619	1629	1639	1649	1659	1709	1719	1729	1739	1749	1759	1809
Gallions Reach Shopping Park	1526	1536	1546	1556	1606	1616	1626	1636	1646	1656	1706	1716	1726	1736	1746	1756	1806	1816
Cyprus Savage Gardens	1535	1545	1555	1605	1615	1625	1635	1645	1655	1705	1715	1725	1734	1744	1754	1804	1814	1824
Beckton Bus Station	1537	1547	1557	1607	1617	1627	1637	1647	1657	1707	1717	1727	1736	1746	1756	1806	1816	1826
Roding Lane South Falmouth Gardens	1719	1729	1739	1749	1759	1809	1819	1829	1839	1849	1901	1913	1925	1940	1955	2010	2025	2040
Redbridge Station Eastern Avenue	1726	1736	1746	1756	1806	1816	1826	1836	1846	1856	1908	1920	1931	1946	2000	2014	2029	2044
Ilford Station	1737	1747	1757	1807	1817	1827	1837	1847	1857	1907	1919	1931	1942	1957	2010	2023	2038	2052
Ilford High Road Hainault Street	1743	1753	1803	1813	1823	1833	1842	1852	1902	1912	1924	1936	1947	2002	2015	2028	2043	2056
Sunnyside Road Mortlake Road	1750	1800	1810	1820	1830	1840	1849	1859	1908	1918	1930	1942	1953	2008	2021	2034	2048	2101
Loxford Lane South Park Drive	1755	1805	1815	1825	1835	1845	1853	1903	1912	1922	1934	1946	1957	2012	2025	2038	2052	2105
Barking Station	1805	1815	1825	1835	1845	1855	1903	1913	1922	1932	1944	1955	2005	2020	2033	2046	2059	2112
Barking London Road	1808	1818	1828	1838	1848	1858	1906	1916	1925	1935	1947	1957	2007	2022	2035	2048	2101	2114
East Beckton Showcase Cinema	1815	1825	1835	1845	1855	1905	1913	1923	1932	1942	1953	2003	2013	2028	2041	2054	2107	2120
East Beckton Sainsbury's	1819	1829	1839	1849	1859	1909	1917	1927	1936	1946	1957	2007	2017	2032	2045	2058	2111	2124
Gallions Reach Shopping Park	1826	1836	1846	1856	1906	1916	1924	1934	1943	1953	2004	2014	2024	2039	2052	2104	2117	2130
Cyprus Savage Gardens	1834	1844	1854	1904	1914	1924	1932	1942	1951	2001	2012	2022	2032	2047	2100	2111	2124	2137
Beckton Bus Station	1836	1846	1856	1905	1915	1925	1933	1943	1952	2002	2013	2023	2033	2048	2101	2112	2125	2138
Roding Lane South Falmouth Gardens	2055	2110	2125	2140	2155	2210	2225	2240	2255	2310	2325	2340	2355	0010	0025			
Redbridge Station Eastern Avenue	2059	2114	2128	2143	2158	2213	2228	2243	2258	2313	2328	2343	2358	0013	0028			
Ilford Station	2107	2122	2136	2151	2206	2221	2236	2250	2305	2320	2335	2350	0005	0020	0035			
Ilford High Road Hainault Street	2111	2126	2140	2155	2210	2225	2240	2254	2309	2324	2339	2353	0008	0023	0038			
Sunnyside Road Mortlake Road	2116	2131	2145	2200	2215	2229	2244	2258	2313	2328	2343	2357	0012	0027	0042			
Loxford Lane South Park Drive	2120	2135	2149	2204	2218	2232	2247	2301	2316	2331	2346	0000	0015	0030	0045			
Barking Station	2127	2142	2156	2211	2225	2238	2253	2307	2322	2337	2352	0006	0021	0036	0051			
Barking London Road	2129	2144	2158	2213	2227	2240	2255	2309	2324	2339	2354	0008	0023	0038	0053			
East Beckton Showcase Cinema	2135	2150	2204	2219	2233	2246	2301	2314	2329	2344	2359	0013	0028	0043	0058			
East Beckton Sainsbury's	2139	2153	2207	2222	2236	2249	2304	2317	2332	2347	0002	0016	0031	0046	0101			
Gallions Reach Shopping Park	2145	2159	2213	2228	2242	2255	2310	2322	2337	2352	0007	0021	0036	0051	0106			
Cyprus Savage Gardens	2152	2206	2220	2235	2249	2302	2317	2329	2344	2359	0014	0028	0043	0058	0113			
Beckton Bus Station	2153	2207	2221	2236	2250	2303	2318	2330	2345	0000	0015	0029	0044	0059	0114			

366	Mondays to Fridays (Summer and Easter school holidays)																					
Roding Lane South Falmouth Gardens	0515	0535	0555	0615	0630	0642	0654	0705	0714	0723	0732	0741	0750	0800	0810	0820	0830	0840				
Redbridge Station Eastern Avenue	0518	0538	0558	0619	0634	0646	0658	0710	0719	0728	0737	0746	0756	0806	0816	0826	0836	0846				
Ilford Station	0525	0545	0605	0626	0641	0654	0706	0718	0728	0738	0747	0756	0806	0816	0826	0836	0846	0856				
Ilford High Road Hainault Street	0528	0548	0608	0629	0644	0658	0710	0722	0732	0742	0751	0801	0811	0821	0831	0841	0851	0901				
Sunnyside Road Mortlake Road	0532	0552	0612	0633	0648	0703	0715	0727	0737	0747	0757	0807	0817	0827	0837	0847	0857	0907				
Loxford Lane South Park Drive	0536	0556	0616	0637	0652	0707	0719	0731	0741	0752	0802	0812	0822	0832	0842	0852	0902	0912				
Barking Station	0544	0604	0624	0645	0700	0715	0728	0740	0751	0803	0813	0823	0833	0843	0853	0903	0912	0922				
Barking London Road	0546	0606	0626	0647	0702	0717	0730	0742	0754	0806	0816	0826	0836	0846	0856	0906	0915	0925				
East Beckton Showcase Cinema	0552	0612	0632	0654	0709	0724	0737	0749	0801	0813	0823	0833	0843	0853	0903	0913	0922	0932				
East Beckton Sainsbury's	0556	0616	0636	0658	0713	0728	0741	0753	0805	0817	0827	0837	0847	0857	0907	0917	0926	0936				
Gallions Reach Shopping Park	0602	0622	0642	0704	0719	0734	0747	0759	0811	0823	0833	0843	0853	0903	0913	0923	0932	0942				
Cyprus Savage Gardens	0609	0629	0649	0712	0727	0742	0755	0807	0819	0831	0841	0851	0901	0911	0921	0931	0940	0950				
Beckton Bus Station	0610	0630	0650	0713	0728	0743	0756	0808	0820	0832	0842	0852	0902	0912	0922	0932	0941	0951				
Roding Lane South Falmouth Gardens	0850	0900	0910	0920	0930	0940	0950	1000	1010	1020	1030	1040	Then every 10 minutes until				1350	1400	1410	1420		
Redbridge Station Eastern Avenue	0856	0906	0916	0926	0936	0945	0955	1005	1015	1024	1034	1044					1354	1404	1414	1424		
Ilford Station	0906	0916	0926	0936	0946	0955	1005	1015	1024	1034	1044	1054					1404	1414	1424	1434		
Ilford High Road Hainault Street	0911	0921	0931	0941	0951	1000	1010	1020	1029	1039	1049	1059					1409	1419	1429	1439		
Sunnyside Road Mortlake Road	0917	0927	0937	0947	0957	1006	1016	1026	1035	1045	1055	1105					1415	1425	1435	1445		
Loxford Lane South Park Drive	0922	0932	0942	0952	1002	1011	1020	1030	1039	1049	1059	1109					1419	1429	1439	1449		
Barking Station	0932	0942	0952	1002	1012	1021	1030	1040	1049	1059	1109	1119					1429	1439	1449	1459		
Barking London Road	0935	0945	0955	1005	1015	1024	1033	1043	1052	1102	1112	1122					1432	1442	1452	1502		
East Beckton Showcase Cinema	0942	0952	1002	1012	1022	1031	1040	1050	1059	1109	1119	1129					1439	1449	1459	1509		
East Beckton Sainsbury's	0946	0956	1006	1016	1026	1035	1044	1054	1103	1113	1123	1133					1443	1453	1503	1513		
Gallions Reach Shopping Park	0952	1002	1012	1022	1032	1041	1050	1100	1109	1119	1129	1140					1450	1500	1510	1520		
Cyprus Savage Gardens	1000	1010	1020	1030	1040	1049	1058	1108	1117	1127	1137	1148					1458	1508	1518	1528		
Beckton Bus Station	1001	1011	1021	1031	1041	1050	1059	1109	1118	1128	1138	1149					1459	1510	1520	1530		
Roding Lane South Falmouth Gardens	1430	1440	1449	1458	1506	1514	Then every 10 minutes until				1654	1704					1714	1724	1734	1744	1754	1804
Redbridge Station Eastern Avenue	1434	1444	1453	1502	1511	1520					1700	1711	1721	1731	1741	1751	1801	1811	1822	1832		
Ilford Station	1444	1454	1503	1513	1522	1531					1711	1722	1732	1742	1752	1802	1812	1822	1833	1843		
Ilford High Road Hainault Street	1449	1459	1508	1518	1527	1537					1717	1728	1738	1748	1758	1808	1818	1828	1838	1848		
Sunnyside Road Mortlake Road	1455	1505	1514	1524	1534	1544					1724	1735	1745	1755	1805	1815	1825	1835	1845	1855		
Loxford Lane South Park Drive	1459	1509	1519	1529	1539	1549					1729	1740	1750	1800	1810	1820	1830	1840	1850	1859		
Barking Station	1509	1519	1529	1539	1549	1559					1739	1750	1800	1810	1820	1830	1840	1850	1900	1909		
Barking London Road	1512	1522	1532	1542	1552	1602					1742	1753	1803	1813	1823	1833	1843	1853	1903	1912		
East Beckton Showcase Cinema	1519	1529	1539	1549	1559	1609					1749	1800	1810	1820	1830	1840	1850	1900	1910	1919		
East Beckton Sainsbury's	1523	1533	1543	1553	1603	1613					1753	1804	1814	1824	1834	1844	1854	1904	1914	1923		
Gallions Reach Shopping Park	1530	1540	1550	1600	1610	1620					1800	1811	1821	1831	1841	1851	1901	1911	1921	1930		
Cyprus Savage Gardens	1538	1548	1558	1608	1618	1628					1808	1819	1829	1839	1849	1859	1909	1919	1929	1938		
Beckton Bus Station	1540	1550	1600	1610	1620	1630					1810	1821	1831	1841	1851	1901	1910	1920	1930	1939		
Roding Lane South Falmouth Gardens	1835	1846	1858	1910	1923	1938					1954	2010	2025	2040	2055	2110	2125	2140	2155	2210	2225	2240
Redbridge Station Eastern Avenue	1842	1853	1905	1917	1929	1944	1959	2014	2029	2044	2059	2114	2128	2143	2158	2213	2228	2243				
Ilford Station	1853	1904	1916	1928	1940	1955	2009	2023	2038	2052	2107	2122	2136	2151	2206	2221	2236	2250				
Ilford High Road Hainault Street	1858	1909	1921	1933	1945	2000	2014	2028	2043	2056	2111	2126	2140	2155	2210	2225	2240	2254				
Sunnyside Road Mortlake Road	1905	1915	1927	1939	1951	2006	2020	2034	2048	2101	2116	2131	2145	2200	2215	2229	2244	2258				
Loxford Lane South Park Drive	1909	1919	1931	1943	1955	2010	2024	2038	2052	2105	2120	2135	2149	2204	2218	2232	2247	2301				
Barking Station	1919	1929	1940	1952	2003	2018	2032	2046	2059	2112	2127	2142	2156	2211	2225	2238	2253	2307				
Barking London Road	1922	1932	1943	1954	2005	2020	2034	2048	2101	2114	2129	2144	2158	2213	2227	2240	2255	2309				
East Beckton Showcase Cinema	1929	1939	1950	2000	2011	2026	2040	2054	2107	2120	2135	2150	2204	2219	2233	2246	2301	2314				
East Beckton Sainsbury's	1933	1943	1954	2004	2015	2030	2044	2058	2111	2124	2139	2153	2207	2222	2236	2249	2304	2317				
Gallions Reach Shopping Park	1940	1950	2001	2011	2022	2037	2051	2104	2117	2130	2145	2159	2213	2228	2242	2255	2310	2322				
Cyprus Savage Gardens	1948	1958	2009	2019	2030	2045	2058	2111	2124	2137	2152	2206	2220	2235	2249	2302	2317	2329				
Beckton Bus Station	1949	1959	2010	2020	2031	2046	2059	2112	2125	2138	2153	2207	2221	2236	2250	2303	2318	2330				
Roding Lane South Falmouth Gardens	2255	2310	2325	2340	2355	0010	0025															
Redbridge Station Eastern Avenue	2258	2313	2328	2343	2358	0013	0028															
Ilford Station	2305	2320	2335	2350	0005	0020	0035															
Ilford High Road Hainault Street	2309	2324	2339	2353	0008	0023	0038															
Sunnyside Road Mortlake Road	2313	2328	2343	2357	0012	0027	0042															
Loxford Lane South Park Drive	2316	2331	2346	0000	0015	0030	0045															
Barking Station	2322	2337	2352	0006	0021	0036	0051															
Barking London Road	2324	2339	2354	0008	0023	0038	0053															
East Beckton Showcase Cinema	2329	2344	2359	0013	0028	0043	0058															
East Beckton Sainsbury's	2332	2347	0002	0016	0031	0046	0101															
Gallions Reach Shopping Park	2337	2352	0007	0021	0036	0051	0106															
Cyprus Savage Gardens	2344	2359	0014	0028	0043	0058	0113															
Beckton Bus Station	2345	0000	0015	0029	0044	0059	0114															

366		Saturdays (also Good Friday)																		
Roding Lane South Falmouth Gardens	0515	0535	0555	0615	0635	0655	0715	0735	0755	0810	0825	0836	0848	0859	0909	0918	0928	0936		
Redbridge Station Eastern Avenue	0518	0538	0558	0618	0638	0658	0718	0738	0758	0813	0828	0839	0851	0903	0913	0922	0932	0940		
Ilford Station	0525	0545	0605	0625	0645	0705	0725	0745	0806	0821	0836	0847	0859	0911	0921	0931	0941	0949		
Ilford High Road Hainault Street	0528	0548	0608	0628	0649	0709	0729	0749	0810	0825	0840	0851	0903	0915	0925	0935	0945	0954		
Sunnyside Road Mortlake Road	0532	0552	0612	0632	0653	0713	0733	0753	0814	0829	0845	0856	0908	0920	0930	0940	0950	0959		
Loxford Lane South Park Drive	0536	0556	0616	0636	0657	0717	0737	0757	0818	0833	0849	0900	0912	0924	0934	0944	0954	1003		
Barking Station	0543	0603	0623	0643	0704	0724	0744	0804	0825	0840	0856	0908	0920	0932	0942	0952	1002	1011		
Barking London Road	0545	0605	0625	0645	0706	0726	0746	0806	0827	0842	0858	0910	0922	0934	0944	0954	1004	1013		
East Beckton Showcase Cinema	0551	0611	0631	0651	0712	0732	0752	0812	0833	0848	0904	0916	0928	0940	0950	1000	1010	1020		
East Beckton Sainsbury's	0555	0615	0635	0655	0716	0736	0756	0816	0837	0852	0908	0920	0932	0944	0954	1004	1014	1024		
Gallions Reach Shopping Park	0601	0621	0641	0701	0722	0742	0802	0822	0843	0858	0914	0926	0938	0950	1000	1010	1020	1031		
Cyprus Savage Gardens	0608	0628	0648	0708	0729	0749	0809	0829	0850	0905	0921	0933	0945	0957	1007	1017	1027	1038		
Beckton Bus Station	0609	0629	0649	0709	0730	0750	0810	0830	0851	0906	0922	0934	0946	0958	1008	1018	1028	1039		
Roding Lane South Falmouth Gardens	0946	0956	1006	1016	1026	1036	1046	1056	1105	1115	1125	1135	1145	1154	1203	1213	1223	1233		
Redbridge Station Eastern Avenue	0950	1000	1010	1020	1030	1040	1050	1100	1110	1120	1130	1140	1150	1159	1209	1219	1229	1239		
Ilford Station	0959	1009	1019	1029	1039	1049	1100	1110	1120	1130	1140	1150	1200	1209	1219	1229	1239	1250		
Ilford High Road Hainault Street	1004	1014	1024	1034	1044	1054	1105	1115	1125	1135	1145	1155	1205	1215	1225	1235	1245	1256		
Sunnyside Road Mortlake Road	1009	1019	1029	1039	1049	1059	1110	1120	1131	1141	1151	1201	1211	1221	1231	1241	1251	1302		
Loxford Lane South Park Drive	1013	1023	1033	1043	1053	1103	1114	1124	1136	1146	1156	1206	1216	1226	1236	1246	1256	1307		
Barking Station	1021	1031	1041	1051	1101	1111	1122	1132	1144	1155	1205	1215	1225	1235	1245	1255	1305	1316		
Barking London Road	1023	1033	1043	1053	1103	1113	1124	1135	1147	1158	1208	1218	1228	1238	1248	1258	1308	1319		
East Beckton Showcase Cinema	1030	1040	1050	1100	1110	1120	1131	1142	1154	1205	1216	1226	1236	1246	1256	1306	1316	1327		
East Beckton Sainsbury's	1034	1044	1054	1104	1114	1124	1135	1146	1158	1209	1220	1230	1240	1250	1300	1310	1320	1331		
Gallions Reach Shopping Park	1041	1051	1101	1111	1121	1131	1142	1153	1205	1216	1227	1238	1248	1258	1308	1318	1328	1339		
Cyprus Savage Gardens	1049	1059	1109	1119	1129	1139	1150	1201	1213	1224	1235	1246	1256	1306	1316	1326	1336	1347		
Beckton Bus Station	1050	1100	1110	1121	1131	1141	1152	1203	1215	1226	1237	1248	1258	1308	1318	1328	1338	1349		
Roding Lane South Falmouth Gardens	1243	1253	1303	Then every 10 minutes until	1403	1414	1425	1435	1445	1456	Then every 10 minutes until	1656	1706	1716	1726	1737				
Redbridge Station Eastern Avenue	1249	1259	1310		1410	1421	1431	1441	1451	1502		1702	1712	1722	1732	1743				
Ilford Station	1300	1311	1322		1422	1432	1442	1452	1502	1512		1712	1722	1732	1742	1753				
Ilford High Road Hainault Street	1306	1317	1328		1428	1438	1448	1458	1508	1518		1718	1728	1738	1748	1759				
Sunnyside Road Mortlake Road	1312	1323	1334		1434	1444	1454	1504	1514	1524		1724	1734	1744	1754	1805				
Loxford Lane South Park Drive	1317	1328	1339		1439	1449	1459	1509	1519	1529		1729	1739	1749	1759	1809				
Barking Station	1326	1337	1348		1448	1458	1508	1518	1528	1538		1738	1748	1758	1808	1818				
Barking London Road	1329	1340	1351		1451	1501	1511	1521	1531	1541		1741	1751	1801	1811	1821				
East Beckton Showcase Cinema	1337	1348	1359		1459	1509	1519	1529	1539	1549		1749	1759	1809	1819	1829				
East Beckton Sainsbury's	1341	1352	1403		1503	1513	1523	1533	1543	1553		1753	1803	1813	1823	1833				
Gallions Reach Shopping Park	1349	1400	1411		1511	1521	1531	1541	1551	1601		1801	1811	1820	1830	1840				
Cyprus Savage Gardens	1357	1408	1419		1519	1529	1539	1549	1559	1609		1809	1819	1828	1838	1848				
Beckton Bus Station	1359	1410	1421		1521	1531	1541	1551	1601	1611		1811	1820	1829	1839	1849				
Roding Lane South Falmouth Gardens	1748	1758	1808		1818	1830	1842	1854	1909	1924		1939	1954	2009	2024	2039	2055	2110	2125	2140
Redbridge Station Eastern Avenue	1754	1804	1814		1824	1836	1848	1900	1915	1930		1945	2000	2014	2029	2043	2059	2114	2129	2144
Ilford Station	1804	1814	1824		1834	1846	1858	1910	1924	1939		1954	2009	2023	2038	2052	2107	2122	2137	2152
Ilford High Road Hainault Street	1809	1819	1829	1839	1851	1903	1915	1929	1944	1959	2014	2028	2043	2057	2111	2126	2141	2156		
Sunnyside Road Mortlake Road	1815	1825	1835	1845	1857	1909	1921	1935	1950	2005	2020	2034	2049	2103	2116	2131	2146	2201		
Loxford Lane South Park Drive	1819	1829	1839	1849	1901	1913	1925	1939	1954	2009	2024	2038	2053	2107	2120	2135	2150	2205		
Barking Station	1827	1837	1847	1857	1909	1921	1933	1947	2002	2017	2032	2046	2100	2114	2127	2142	2157	2212		
Barking London Road	1830	1840	1850	1900	1912	1924	1936	1950	2005	2020	2034	2048	2102	2116	2129	2144	2159	2214		
East Beckton Showcase Cinema	1838	1848	1858	1908	1919	1931	1943	1957	2011	2026	2040	2054	2108	2122	2135	2150	2205	2220		
East Beckton Sainsbury's	1842	1852	1902	1912	1923	1935	1947	2001	2015	2030	2044	2058	2112	2126	2139	2154	2209	2224		
Gallions Reach Shopping Park	1849	1859	1909	1919	1930	1942	1953	2007	2021	2036	2050	2104	2118	2132	2145	2200	2215	2230		
Cyprus Savage Gardens	1857	1907	1917	1927	1938	1950	2001	2015	2029	2044	2058	2112	2126	2139	2152	2207	2222	2237		
Beckton Bus Station	1858	1908	1918	1928	1939	1951	2002	2016	2030	2045	2059	2113	2127	2140	2153	2208	2223	2238		
Roding Lane South Falmouth Gardens	2155	2210	2225	2240	2255	2310	Then every 15 minutes until	0025												
Redbridge Station Eastern Avenue	2158	2213	2228	2243	2258	2313		0028												
Ilford Station	2206	2221	2235	2250	2305	2320		0035												
Ilford High Road Hainault Street	2210	2225	2239	2254	2309	2324		0039												
Sunnyside Road Mortlake Road	2215	2230	2244	2259	2313	2328		0043												
Loxford Lane South Park Drive	2219	2233	2247	2302	2316	2331		0046												
Barking Station	2226	2240	2254	2309	2322	2337		0052												
Barking London Road	2228	2242	2256	2311	2324	2339		0054												
East Beckton Showcase Cinema	2234	2248	2302	2317	2330	2344		0059												
East Beckton Sainsbury's	2238	2252	2305	2320	2333	2347		0102												
Gallions Reach Shopping Park	2244	2257	2310	2325	2338	2352		0107												
Cyprus Savage Gardens	2251	2304	2317	2332	2345	2359		0114												
Beckton Bus Station	2252	2305	2318	2333	2346	0000		0115												

366 Sundays and other Public Holidays (except Christmas Day)																		
Roding Lane South Falmouth Gardens	0555	0625	0655	0725	0755	0825	0855	0925	0945	1003	1023	1037	1051	1106	1120	1135	1150	1204
Redbridge Station Eastern Avenue	0558	0628	0658	0728	0758	0828	0858	0928	0948	1006	1026	1040	1054	1109	1124	1139	1154	1208
Ilford Station	0605	0635	0705	0735	0805	0835	0905	0935	0956	1015	1035	1050	1104	1119	1134	1149	1204	1218
Ilford High Road Hainault Street	0608	0638	0708	0738	0808	0839	0909	0939	1000	1019	1039	1054	1108	1123	1138	1153	1209	1223
Sunnyside Road Mortlake Road	0612	0642	0712	0742	0812	0843	0913	0943	1004	1024	1044	1059	1113	1128	1143	1158	1214	1229
Loxford Lane South Park Drive	0615	0645	0715	0745	0816	0847	0917	0947	1008	1028	1048	1103	1117	1132	1147	1202	1218	1233
Barking Station	0621	0651	0721	0751	0823	0854	0924	0954	1016	1036	1056	1111	1125	1140	1155	1210	1226	1241
Barking London Road	0623	0653	0723	0753	0825	0856	0926	0956	1018	1038	1058	1113	1127	1142	1157	1212	1228	1243
East Beckton Showcase Cinema	0628	0658	0728	0758	0830	0901	0932	1002	1024	1044	1104	1119	1134	1149	1204	1219	1235	1250
East Beckton Sainsbury's	0631	0701	0731	0801	0833	0905	0936	1006	1028	1048	1108	1123	1138	1153	1208	1223	1239	1254
Gallions Reach Shopping Park	0637	0707	0737	0807	0839	0911	0942	1012	1034	1054	1114	1130	1145	1200	1216	1231	1247	1302
Cyprus Savage Gardens	0644	0714	0744	0814	0846	0918	0949	1019	1041	1101	1121	1137	1152	1208	1224	1239	1255	1310
Beckton Bus Station	0645	0715	0745	0815	0847	0919	0950	1020	1042	1102	1122	1139	1154	1210	1226	1241	1257	1312
Roding Lane South Falmouth Gardens	1219			1504	1519	1534	1549	1605	1620	1635	1650	1705	1720	1735	1751	1806	1822	1837
Redbridge Station Eastern Avenue	1224			1509	1524	1539	1554	1610	1625	1640	1655	1710	1725	1740	1756	1811	1827	1842
Ilford Station	1234			1519	1534	1549	1604	1620	1634	1649	1704	1719	1733	1748	1804	1819	1835	1850
Ilford High Road Hainault Street	1239			1524	1539	1554	1609	1625	1639	1654	1709	1724	1738	1753	1808	1823	1839	1854
Sunnyside Road Mortlake Road	1245			1530	1545	1600	1615	1631	1645	1700	1715	1730	1744	1759	1814	1829	1844	1859
Loxford Lane South Park Drive	1249			1534	1550	1605	1620	1636	1650	1705	1720	1735	1749	1804	1818	1833	1848	1903
Barking Station	1258			1543	1559	1614	1629	1644	1658	1713	1728	1743	1757	1812	1826	1841	1856	1911
Barking London Road	1300			1545	1601	1616	1631	1646	1700	1715	1730	1745	1759	1814	1828	1843	1858	1913
East Beckton Showcase Cinema	1307			1552	1608	1623	1638	1652	1706	1721	1736	1751	1805	1820	1834	1849	1904	1919
East Beckton Sainsbury's	1311			1556	1612	1627	1642	1656	1710	1725	1740	1755	1809	1824	1838	1853	1908	1923
Gallions Reach Shopping Park	1319			1604	1619	1634	1649	1703	1717	1732	1747	1801	1815	1830	1844	1859	1914	1929
Cyprus Savage Gardens	1327			1612	1627	1642	1657	1711	1725	1740	1755	1809	1823	1838	1852	1906	1921	1936
Beckton Bus Station	1329			1614	1629	1644	1658	1712	1726	1741	1756	1810	1824	1839	1853	1907	1922	1937
Roding Lane South Falmouth Gardens	1853	1909	1925	1940	1955	2010	2025	2040	2055	2110	2125	2140			2240	2255		0025
Redbridge Station Eastern Avenue	1858	1913	1929	1944	1959	2014	2028	2043	2058	2113	2128	2143			2243	2258		0028
Ilford Station	1906	1921	1937	1952	2007	2022	2036	2050	2105	2120	2135	2150			2250	2305		0035
Ilford High Road Hainault Street	1910	1925	1941	1956	2011	2026	2040	2054	2109	2124	2139	2154			2254	2308		0038
Sunnyside Road Mortlake Road	1915	1930	1946	2001	2016	2031	2045	2059	2114	2129	2144	2158			2258	2312		0042
Loxford Lane South Park Drive	1919	1934	1950	2005	2020	2035	2049	2103	2118	2132	2147	2201			2301	2315		0045
Barking Station	1926	1941	1957	2012	2027	2042	2056	2110	2125	2139	2154	2207			2307	2321		0051
Barking London Road	1928	1943	1959	2014	2029	2044	2058	2112	2127	2141	2156	2209			2309	2323		0053
East Beckton Showcase Cinema	1934	1949	2005	2020	2035	2050	2104	2118	2133	2147	2201	2214			2314	2328		0058
East Beckton Sainsbury's	1938	1953	2008	2023	2038	2053	2107	2121	2136	2150	2204	2217			2317	2331		0101
Gallions Reach Shopping Park	1944	1959	2014	2029	2044	2058	2112	2126	2141	2155	2209	2222			2322	2336		0106
Cyprus Savage Gardens	1951	2006	2021	2036	2051	2105	2119	2133	2148	2202	2216	2229			2329	2343		0113
Beckton Bus Station	1952	2007	2022	2037	2052	2106	2120	2134	2149	2203	2217	2230			2330	2344		0114

# 366

## Beckton – Ilford – Redbridge

366 Mondays to Fridays (school days, half term and Christmas)																		
Beckton Bus Station	0420	0440	0500	0520	0535	0550	0601	0613	0625	0632	0642	0652	0700	0708	0717	0726	0735	0744
Cyprus Savage Gardens	0422	0442	0502	0522	0537	0552	0603	0615	0627	0634	0644	0654	0702	0710	0719	0728	0737	0746
Gallions Reach Shopping Park	0428	0448	0508	0528	0543	0558	0609	0621	0633	0641	0651	0701	0710	0718	0727	0736	0745	0754
East Beckton Sainsbury's	0433	0453	0513	0533	0548	0603	0614	0626	0638	0646	0656	0706	0715	0723	0732	0742	0751	0800
East Beckton Showcase Cinema	0437	0457	0517	0537	0552	0607	0618	0630	0642	0650	0700	0710	0719	0727	0736	0746	0755	0804
Barking London Road	0442	0502	0522	0542	0558	0613	0624	0636	0648	0656	0706	0716	0726	0734	0743	0753	0802	0812
Barking Station	0444	0504	0524	0544	0600	0615	0626	0638	0650	0658	0708	0718	0728	0736	0746	0756	0805	0815
South Park Drive Loxford Lane	0450	0510	0530	0550	0606	0621	0632	0644	0656	0705	0715	0725	0735	0744	0754	0804	0814	0824
Sunnyside Road Mortlake Road	0453	0513	0533	0553	0609	0624	0635	0647	0659	0708	0718	0728	0738	0748	0758	0808	0818	0828
Ilford High Road Hainault Street	0457	0517	0537	0557	0614	0629	0640	0652	0704	0714	0724	0734	0744	0754	0804	0814	0824	0834
Ilford Station	0501	0521	0541	0601	0618	0633	0644	0656	0708	0718	0728	0738	0748	0758	0808	0818	0828	0838
Redbridge Station Forecourt	0511	0531	0551	0611	0628	0644	0657	0711	0724	0735	0747	0757	0809	0821	0831	0841	0851	0859
Roding Lane South Falmouth Gardens	0515	0535	0555	0615	0632	0648	0701	0715	0728	0739	0752	0802	0814	0826	0836	0846	0856	0904
Beckton Bus Station	0752	0802	0812	0822	0833	0843	0853	0904	Then every 10 minutes until	0954	1005	Then every 10 minutes until	1155	1205	Then every 10 mins. until	1255		
Cyprus Savage Gardens	0754	0804	0814	0824	0835	0845	0855	0906		0956	1007		1157	1207		1257		
Gallions Reach Shopping Park	0802	0812	0822	0832	0843	0853	0903	0914		1004	1015		1205	1215		1305		
East Beckton Sainsbury's	0808	0818	0828	0838	0849	0859	0909	0920		1010	1021		1211	1221		1311		
East Beckton Showcase Cinema	0812	0822	0832	0842	0853	0903	0913	0924		1014	1025		1215	1225		1315		
Barking London Road	0820	0830	0840	0850	0901	0911	0921	0932		1022	1032		1222	1233		1323		
Barking Station	0823	0833	0843	0853	0904	0914	0924	0935		1025	1035		1225	1236		1326		
South Park Drive Loxford Lane	0833	0843	0853	0902	0912	0922	0932	0943		1033	1043		1233	1244		1334		
Sunnyside Road Mortlake Road	0837	0847	0857	0906	0916	0926	0936	0947		1037	1047		1237	1248		1338		
Ilford High Road Hainault Street	0844	0854	0904	0913	0923	0933	0943	0953		1043	1053		1243	1254		1344		
Ilford Station	0848	0858	0908	0917	0927	0937	0947	0957	1047	1057	1247	1258	1348					
Redbridge Station Forecourt	0909	0917	0925	0934	0944	0953	1002	1012	1102	1112	1302	1313	1403					
Roding Lane South Falmouth Gardens	0914	0922	0930	0939	0949	0958	1007	1017	1107	1117	1307	1318	1408					
Beckton Bus Station	1305	1315	1325	1335	1344	1354	1404	1414	1423	1431	1440	1450	1500	1510	1520	1530	1539	1549
Cyprus Savage Gardens	1307	1317	1327	1337	1346	1356	1406	1416	1425	1433	1442	1452	1502	1512	1522	1532	1541	1551
Gallions Reach Shopping Park	1315	1325	1335	1345	1354	1404	1414	1424	1433	1441	1450	1500	1510	1520	1530	1540	1549	1559
East Beckton Sainsbury's	1321	1331	1341	1351	1401	1411	1421	1431	1440	1448	1457	1507	1517	1527	1538	1548	1557	1607
East Beckton Showcase Cinema	1325	1335	1345	1355	1405	1415	1425	1435	1444	1452	1501	1511	1521	1531	1542	1552	1602	1612
Barking London Road	1333	1343	1353	1404	1414	1424	1434	1444	1453	1501	1510	1520	1530	1541	1552	1602	1612	1622
Barking Station	1336	1346	1356	1407	1417	1427	1437	1447	1456	1504	1513	1523	1533	1544	1555	1605	1615	1625
South Park Drive Loxford Lane	1344	1354	1404	1415	1425	1435	1445	1455	1505	1514	1524	1534	1544	1554	1604	1614	1624	1634
Sunnyside Road Mortlake Road	1348	1358	1408	1419	1429	1439	1449	1459	1509	1518	1528	1538	1548	1558	1608	1618	1628	1638
Ilford High Road Hainault Street	1354	1404	1414	1425	1435	1445	1455	1505	1515	1525	1535	1545	1555	1605	1615	1625	1635	1645
Ilford Station	1359	1409	1419	1430	1440	1450	1500	1510	1520	1530	1540	1550	1600	1610	1620	1630	1640	1650
Redbridge Station Forecourt	1414	1424	1434	1445	1455	1505	1515	1525	1535	1545	1555	1605	1615	1625	1635	1645	1655	1705
Roding Lane South Falmouth Gardens	1419	1429	1439	1450	1500	1510	1520	1530	1540	1551	1601	1611	1621	1631	1641	1651	1701	1711
Beckton Bus Station	1557	1607	1617	1627	1637	1647	Then every 10 minutes until	1747	1757	1807	1817	1827	1837	1847	1857	1901	1915	1930
Cyprus Savage Gardens	1559	1609	1619	1629	1639	1649		1749	1759	1809	1819	1829	1839	1851	1903	1917	1932	
Gallions Reach Shopping Park	1608	1618	1628	1638	1648	1658		1758	1808	1818	1828	1837	1847	1859	1911	1925	1940	
East Beckton Sainsbury's	1616	1626	1636	1647	1657	1708		1808	1817	1827	1837	1845	1854	1906	1917	1931	1945	
East Beckton Showcase Cinema	1621	1631	1641	1652	1702	1713		1813	1822	1832	1842	1850	1859	1911	1922	1936	1950	
Barking London Road	1631	1641	1651	1702	1712	1723		1823	1832	1842	1852	1859	1907	1919	1930	1944	1958	
Barking Station	1635	1645	1655	1706	1716	1727		1827	1835	1845	1855	1902	1910	1922	1933	1947	2001	
South Park Drive Loxford Lane	1644	1654	1704	1715	1725	1736		1836	1844	1854	1903	1910	1918	1930	1941	1955	2009	
Sunnyside Road Mortlake Road	1648	1658	1708	1719	1729	1740		1840	1848	1858	1907	1914	1922	1934	1945	1959	2013	
Ilford High Road Hainault Street	1655	1705	1715	1726	1736	1747		1847	1855	1904	1913	1920	1928	1940	1951	2005	2019	
Ilford Station	1700	1710	1720	1731	1741	1752	1852	1900	1908	1917	1924	1932	1944	1955	2009	2023		
Redbridge Station Forecourt	1715	1725	1735	1746	1756	1807	1907	1915	1922	1931	1937	1945	1957	2008	2021	2035		
Roding Lane South Falmouth Gardens	1721	1731	1741	1752	1802	1813	1913	1920	1927	1936	1942	1950	2002	2013	2026	2040		
Beckton Bus Station	1945	2000	2015	2030	2045	2100	2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345	
Cyprus Savage Gardens	1947	2002	2017	2032	2047	2102	2117	2132	2147	2202	2217	2232	2247	2302	2317	2332	2347	
Gallions Reach Shopping Park	1955	2010	2024	2039	2054	2109	2124	2139	2154	2209	2224	2239	2253	2308	2323	2338	2353	
East Beckton Sainsbury's	2000	2015	2029	2044	2059	2114	2129	2144	2159	2214	2229	2244	2258	2313	2328	2343	2358	
East Beckton Showcase Cinema	2005	2020	2034	2048	2103	2118	2133	2148	2203	2218	2233	2248	2302	2317	2332	2347	0002	
Barking London Road	2012	2027	2041	2054	2109	2124	2139	2154	2209	2224	2239	2254	2308	2323	2338	2353	0008	
Barking Station	2015	2030	2044	2057	2112	2127	2142	2157	2211	2226	2241	2256	2310	2325	2340	2355	0010	
South Park Drive Loxford Lane	2023	2037	2051	2104	2119	2134	2149	2204	2217	2232	2247	2302	2316	2331	2346	0001	0016	
Sunnyside Road Mortlake Road	2026	2040	2054	2107	2122	2137	2152	2207	2220	2235	2250	2305	2319	2334	2349	0004	0019	
Ilford High Road Hainault Street	2031	2045	2059	2112	2127	2142	2157	2211	2224	2239	2254	2309	2323	2338	2353	0008	0023	
Ilford Station	2035	2049	2103	2116	2131	2146	2201	2215	2228	2243	2257	2312	2326	2341	2356	0011	0026	
Redbridge Station Forecourt	2047	2100	2114	2127	2142	2157	2212	2226	2239	2253	2307	2322	2336	2351	0006	0021	0036	
Roding Lane South Falmouth Gardens	2052	2104	2118	2131	2146	2201	2216	2230	2243	2257	2311	2326	2340	2355	0010	0025	0040	

<b>366</b>	<b>Mondays to Fridays (Summer and Easter school holidays)</b>																	
Beckton Bus Station	0420	0440	0500	0520	0535	0550	0602	0614	0626	0634	0644	0654	0702	0711	0719	0728	0738	0747
Cyprus Savage Gardens	0422	0442	0502	0522	0537	0552	0604	0616	0628	0636	0646	0656	0704	0713	0721	0730	0740	0749
Gallions Reach Shopping Park	0428	0448	0508	0528	0543	0558	0610	0622	0634	0643	0653	0703	0712	0721	0729	0738	0748	0757
East Beckton Sainsbury's	0433	0453	0513	0533	0548	0603	0615	0627	0639	0648	0658	0708	0717	0726	0734	0744	0754	0803
East Beckton Showcase Cinema	0437	0457	0517	0537	0552	0607	0619	0631	0643	0652	0702	0712	0721	0730	0738	0748	0758	0807
Barking London Road	0442	0502	0522	0542	0558	0613	0625	0637	0649	0658	0708	0718	0728	0737	0745	0755	0805	0815
Barking Station	0444	0504	0524	0544	0600	0615	0627	0639	0651	0700	0710	0720	0730	0739	0748	0758	0808	0818
South Park Drive Loxford Lane	0450	0510	0530	0550	0606	0621	0633	0645	0657	0707	0717	0727	0737	0746	0756	0806	0816	0826
Sunnyside Road Mortlake Road	0453	0513	0533	0553	0609	0624	0636	0648	0700	0710	0720	0730	0740	0750	0800	0810	0820	0830
Ilford High Road Hainault Street	0457	0517	0537	0557	0614	0629	0641	0653	0706	0716	0726	0736	0746	0756	0806	0816	0826	0836
Ilford Station	0501	0521	0541	0601	0618	0633	0645	0657	0710	0720	0730	0740	0750	0800	0810	0820	0830	0840
Redbridge Station Forecourt	0511	0531	0551	0611	0628	0644	0658	0712	0726	0738	0748	0758	0808	0818	0828	0838	0848	0858
Roding Lane South Falmouth Gardens	0515	0535	0555	0615	0632	0648	0702	0716	0730	0742	0753	0803	0813	0823	0833	0843	0853	0903
Beckton Bus Station	0757	0807	0817	0827	0837	0847	0857	0907	0918	Then every 10 minutes until	1158	1208	Then every 10 minutes until	1338	1348	1358		
Cyprus Savage Gardens	0759	0809	0819	0829	0839	0849	0859	0909	0920		1200	1210		1340	1350	1400		
Gallions Reach Shopping Park	0807	0817	0827	0837	0847	0857	0907	0917	0928		1208	1218		1348	1358	1408		
East Beckton Sainsbury's	0813	0823	0833	0843	0853	0903	0913	0923	0934		1214	1224		1354	1404	1415		
East Beckton Showcase Cinema	0817	0827	0837	0847	0857	0907	0917	0927	0938		1218	1228		1358	1408	1419		
Barking London Road	0825	0835	0845	0855	0905	0915	0925	0935	0945		1225	1236		1406	1416	1427		
Barking Station	0828	0838	0848	0858	0908	0918	0928	0938	0948		1228	1239		1409	1419	1430		
South Park Drive Loxford Lane	0836	0846	0856	0906	0916	0926	0936	0946	0956		1236	1247		1417	1427	1438		
Sunnyside Road Mortlake Road	0840	0850	0900	0910	0920	0930	0940	0950	1000		1240	1251		1421	1431	1442		
Ilford High Road Hainault Street	0846	0856	0906	0916	0926	0936	0946	0956	1006		1246	1257		1427	1437	1448		
Ilford Station	0850	0900	0910	0920	0930	0940	0950	1000	1010	1250	1301	1431	1442	1453				
Redbridge Station Forecourt	0908	0917	0927	0937	0946	0955	1005	1015	1025	1305	1316	1446	1457	1508				
Roding Lane South Falmouth Gardens	0913	0922	0932	0942	0951	1000	1010	1020	1030	1310	1321	1451	1502	1514				
Beckton Bus Station	1408	1417	1426	1435	1445	1455	1504	1514	1524	1532	1542	1551	1600	1610	1620	1630	1640	1650
Cyprus Savage Gardens	1410	1419	1428	1437	1447	1457	1506	1516	1526	1534	1544	1553	1602	1612	1622	1632	1642	1652
Gallions Reach Shopping Park	1418	1427	1436	1445	1455	1505	1514	1524	1534	1542	1552	1602	1611	1621	1631	1641	1651	1701
East Beckton Sainsbury's	1425	1434	1443	1452	1502	1512	1521	1531	1541	1550	1600	1610	1619	1629	1639	1650	1700	1710
East Beckton Showcase Cinema	1429	1438	1447	1456	1506	1516	1525	1535	1545	1555	1605	1615	1624	1634	1644	1655	1705	1715
Barking London Road	1437	1447	1456	1505	1515	1525	1535	1545	1555	1605	1615	1625	1634	1644	1654	1705	1715	1725
Barking Station	1440	1450	1459	1508	1518	1528	1538	1548	1558	1608	1618	1628	1638	1648	1658	1709	1719	1729
South Park Drive Loxford Lane	1448	1458	1508	1517	1527	1537	1547	1557	1607	1617	1627	1637	1647	1657	1707	1718	1728	1738
Sunnyside Road Mortlake Road	1452	1502	1512	1521	1531	1541	1551	1601	1611	1621	1631	1641	1651	1701	1711	1722	1732	1742
Ilford High Road Hainault Street	1458	1508	1518	1528	1538	1548	1558	1608	1618	1628	1638	1648	1658	1708	1718	1729	1739	1749
Ilford Station	1503	1513	1523	1533	1543	1553	1603	1613	1623	1633	1643	1653	1703	1713	1723	1734	1744	1754
Redbridge Station Forecourt	1518	1528	1538	1548	1558	1608	1618	1628	1638	1648	1658	1708	1719	1729	1739	1750	1800	1810
Roding Lane South Falmouth Gardens	1524	1534	1544	1554	1604	1614	1624	1634	1644	1654	1704	1714	1725	1735	1745	1756	1806	1816
Beckton Bus Station	1700	1710	1720	1730	1740	1750	1800	1810	1821	1832	1845	1858	1913	1929	1945	2000	2015	2030
Cyprus Savage Gardens	1702	1712	1722	1732	1742	1752	1802	1812	1823	1834	1847	1900	1915	1931	1947	2002	2017	2032
Gallions Reach Shopping Park	1711	1721	1731	1741	1751	1801	1811	1821	1831	1842	1855	1908	1923	1939	1955	2010	2024	2039
East Beckton Sainsbury's	1720	1730	1740	1750	1800	1810	1820	1830	1840	1850	1902	1914	1929	1944	2000	2015	2029	2044
East Beckton Showcase Cinema	1725	1735	1745	1755	1805	1815	1825	1835	1845	1855	1907	1919	1934	1949	2005	2020	2034	2048
Barking London Road	1735	1745	1755	1805	1815	1825	1835	1845	1855	1904	1915	1927	1942	1957	2012	2027	2041	2054
Barking Station	1739	1749	1759	1809	1819	1828	1838	1848	1858	1907	1918	1930	1945	2000	2015	2030	2044	2057
South Park Drive Loxford Lane	1748	1758	1808	1818	1828	1837	1847	1857	1907	1915	1926	1938	1953	2008	2023	2037	2051	2104
Sunnyside Road Mortlake Road	1752	1802	1812	1822	1832	1841	1851	1901	1911	1919	1930	1942	1957	2012	2027	2040	2054	2107
Ilford High Road Hainault Street	1759	1809	1819	1829	1839	1848	1858	1907	1917	1925	1936	1948	2003	2018	2032	2045	2059	2112
Ilford Station	1804	1814	1824	1834	1844	1853	1903	1911	1921	1929	1940	1952	2007	2022	2036	2049	2103	2116
Redbridge Station Forecourt	1820	1830	1840	1849	1859	1908	1918	1925	1935	1943	1953	2005	2020	2035	2048	2100	2114	2127
Roding Lane South Falmouth Gardens	1826	1836	1846	1855	1905	1914	1923	1930	1940	1948	1958	2010	2025	2040	2052	2104	2118	2131
Beckton Bus Station	2045	2100	2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345					
Cyprus Savage Gardens	2047	2102	2117	2132	2147	2202	2217	2232	2247	2302	2317	2332	2347					
Gallions Reach Shopping Park	2054	2109	2124	2139	2154	2209	2224	2239	2253	2308	2323	2338	2353					
East Beckton Sainsbury's	2059	2114	2129	2144	2159	2214	2229	2244	2258	2313	2328	2343	2358					
East Beckton Showcase Cinema	2103	2118	2133	2148	2203	2218	2233	2248	2302	2317	2332	2347	0002					
Barking London Road	2109	2124	2139	2154	2209	2224	2239	2254	2308	2323	2338	2353	0008					
Barking Station	2112	2127	2142	2157	2211	2226	2241	2256	2310	2325	2340	2355	0010					
South Park Drive Loxford Lane	2119	2134	2149	2204	2217	2232	2247	2302	2316	2331	2346	0001	0016					
Sunnyside Road Mortlake Road	2122	2137	2152	2207	2220	2235	2250	2305	2319	2334	2349	0004	0019					
Ilford High Road Hainault Street	2127	2142	2157	2211	2224	2239	2254	2309	2323	2338	2353	0008	0023					
Ilford Station	2131	2146	2201	2215	2228	2243	2257	2312	2326	2341	2356	0011	0026					
Redbridge Station Forecourt	2142	2157	2212	2226	2239	2253	2307	2322	2336	2351	0006	0021	0036					
Roding Lane South Falmouth Gardens	2146	2201	2216	2230	2243	2257	2311	2326	2340	2355	0010	0025	0040					

<b>366</b>	<b>Saturdays (also Good Friday)</b>																	
Beckton Bus Station	0420	0440	0500	0520	0540	0600	0620	0640	0700	0720	0735	0750	0802	0814	0826	0836	0845	0854
Cyprus Savage Gardens	0422	0442	0502	0522	0542	0602	0622	0642	0702	0722	0737	0752	0804	0816	0828	0838	0847	0856
Gallions Reach Shopping Park	0428	0448	0508	0528	0548	0608	0628	0648	0708	0728	0743	0758	0810	0822	0834	0844	0853	0903
East Beckton Sainsbury's	0433	0453	0513	0533	0553	0613	0633	0653	0713	0733	0748	0803	0815	0827	0839	0849	0858	0908
East Beckton Showcase Cinema	0437	0457	0517	0537	0557	0617	0637	0657	0717	0737	0752	0807	0819	0831	0843	0853	0902	0912
Barking London Road	0442	0502	0522	0542	0602	0623	0643	0703	0723	0743	0758	0813	0825	0837	0849	0859	0909	0919
Barking Station	0444	0504	0524	0544	0604	0625	0645	0705	0725	0745	0800	0815	0827	0839	0851	0901	0911	0921
South Park Drive Loxford Lane	0450	0510	0530	0550	0610	0631	0651	0711	0731	0751	0806	0821	0833	0845	0857	0907	0917	0927
Sunnyside Road Mortlake Road	0453	0513	0533	0553	0613	0634	0654	0714	0734	0754	0809	0824	0836	0848	0900	0910	0920	0930
Ilford High Road Hainault Street	0458	0518	0538	0558	0618	0639	0659	0719	0739	0759	0814	0829	0841	0853	0905	0915	0925	0935
Ilford Station	0501	0521	0541	0601	0621	0643	0703	0723	0743	0803	0818	0833	0845	0857	0909	0919	0929	0939
Redbridge Station Forecourt	0511	0531	0551	0611	0631	0653	0713	0733	0754	0814	0829	0844	0856	0908	0921	0931	0941	0951
Roding Lane South Falmouth Gardens	0515	0535	0555	0615	0635	0657	0717	0737	0758	0818	0833	0848	0900	0912	0925	0936	0946	0956
Beckton Bus Station	0903	0913	0922	0932	0939	0947	0956	1006	1016	1025	1035	1045	1055	1105	1115	1125	1135	1145
Cyprus Savage Gardens	0905	0915	0924	0934	0941	0949	0958	1008	1018	1027	1037	1047	1057	1107	1117	1127	1137	1147
Gallions Reach Shopping Park	0912	0922	0931	0941	0948	0956	1006	1016	1026	1035	1045	1055	1105	1115	1125	1135	1145	1155
East Beckton Sainsbury's	0917	0927	0936	0946	0954	1002	1012	1022	1032	1041	1051	1101	1111	1121	1131	1141	1151	1201
East Beckton Showcase Cinema	0921	0931	0940	0950	0958	1007	1017	1027	1037	1046	1056	1106	1116	1126	1136	1146	1156	1206
Barking London Road	0928	0938	0947	0957	1006	1015	1025	1035	1045	1054	1105	1115	1125	1135	1145	1155	1205	1216
Barking Station	0930	0940	0949	0959	1009	1018	1028	1038	1048	1057	1108	1118	1128	1138	1148	1158	1208	1219
South Park Drive Loxford Lane	0937	0947	0956	1006	1016	1025	1035	1045	1055	1105	1116	1126	1136	1146	1156	1206	1216	1227
Sunnyside Road Mortlake Road	0940	0950	0959	1009	1019	1029	1039	1049	1059	1109	1120	1130	1140	1150	1200	1210	1220	1231
Ilford High Road Hainault Street	0945	0955	1005	1015	1025	1035	1045	1055	1105	1115	1126	1137	1147	1157	1207	1217	1227	1238
Ilford Station	0949	0959	1009	1019	1029	1039	1049	1059	1109	1120	1131	1142	1152	1202	1212	1222	1232	1243
Redbridge Station Forecourt	1002	1012	1022	1032	1042	1052	1103	1114	1124	1135	1146	1158	1208	1218	1228	1238	1249	1300
Roding Lane South Falmouth Gardens	1007	1017	1027	1037	1047	1057	1108	1119	1129	1140	1151	1203	1213	1223	1233	1243	1254	1305
Beckton Bus Station	1155	1205	1215	1224	1234	1244	1254	1304	1314	1324	1334	Then every 10 minutes until	1414	1425	Then every 10 minutes until	1605		
Cyprus Savage Gardens	1157	1207	1217	1226	1236	1246	1256	1306	1316	1326	1336		1416	1427		1607		
Gallions Reach Shopping Park	1205	1215	1225	1235	1245	1255	1305	1315	1325	1335	1345		1425	1436		1616		
East Beckton Sainsbury's	1211	1221	1231	1241	1251	1301	1312	1322	1333	1343	1353		1433	1444		1624		
East Beckton Showcase Cinema	1216	1226	1236	1246	1256	1306	1317	1327	1338	1348	1358		1438	1449		1629		
Barking London Road	1226	1236	1246	1256	1306	1316	1327	1337	1348	1358	1408		1448	1459		1639		
Barking Station	1229	1239	1249	1259	1309	1319	1330	1340	1351	1401	1411		1451	1502		1642		
South Park Drive Loxford Lane	1237	1247	1257	1307	1317	1327	1338	1348	1359	1409	1419		1459	1510		1650		
Sunnyside Road Mortlake Road	1241	1251	1301	1311	1321	1331	1342	1352	1403	1413	1423		1503	1514		1654		
Ilford High Road Hainault Street	1248	1258	1308	1318	1328	1338	1349	1359	1410	1420	1430		1510	1521		1701		
Ilford Station	1253	1303	1313	1323	1333	1343	1354	1404	1415	1425	1435		1515	1526		1706		
Redbridge Station Forecourt	1310	1320	1330	1340	1350	1400	1411	1421	1432	1442	1451		1531	1541		1721		
Roding Lane South Falmouth Gardens	1315	1325	1335	1345	1355	1405	1416	1426	1437	1447	1456		1536	1546		1726		
Beckton Bus Station	1615	1625	1635	1645	1655	1705	1715	1725	1735	1745	1755		1806	1818		1830	1845	1900
Cyprus Savage Gardens	1617	1627	1637	1647	1657	1707	1717	1727	1737	1747	1757	1808	1820	1832	1847	1902	1917	1932
Gallions Reach Shopping Park	1625	1635	1645	1655	1705	1715	1725	1735	1745	1755	1805	1816	1828	1840	1855	1910	1925	1940
East Beckton Sainsbury's	1632	1642	1652	1702	1712	1722	1732	1742	1752	1802	1811	1822	1834	1846	1901	1916	1931	1946
East Beckton Showcase Cinema	1637	1647	1657	1707	1717	1727	1737	1747	1757	1807	1816	1827	1839	1851	1906	1921	1936	1951
Barking London Road	1647	1657	1707	1716	1726	1736	1746	1756	1806	1816	1825	1836	1848	1859	1914	1929	1944	1958
Barking Station	1650	1700	1710	1719	1729	1739	1749	1759	1809	1819	1828	1839	1851	1902	1917	1932	1947	2001
South Park Drive Loxford Lane	1658	1708	1718	1727	1737	1747	1757	1807	1817	1827	1836	1847	1859	1910	1925	1939	1954	2008
Sunnyside Road Mortlake Road	1702	1712	1722	1731	1741	1751	1801	1811	1821	1831	1840	1851	1903	1914	1929	1943	1958	2012
Ilford High Road Hainault Street	1708	1718	1728	1737	1747	1757	1807	1817	1827	1837	1846	1857	1909	1920	1935	1949	2004	2018
Ilford Station	1713	1723	1733	1742	1752	1802	1812	1822	1831	1841	1850	1901	1913	1924	1939	1953	2008	2022
Redbridge Station Forecourt	1728	1738	1748	1757	1807	1817	1827	1837	1845	1854	1903	1914	1926	1937	1952	2006	2019	2033
Roding Lane South Falmouth Gardens	1733	1743	1753	1802	1812	1822	1832	1842	1850	1859	1908	1919	1931	1942	1957	2011	2024	2038
Beckton Bus Station	1945	2000	2015	2030	2045	2100	2115	2130	2145	2200	Then every 15 minutes until	2345						
Cyprus Savage Gardens	1947	2002	2017	2032	2047	2102	2117	2132	2147	2202		2347						
Gallions Reach Shopping Park	1954	2009	2024	2039	2054	2109	2124	2138	2153	2208		2353						
East Beckton Sainsbury's	2000	2015	2030	2044	2059	2114	2129	2143	2158	2213		2358						
East Beckton Showcase Cinema	2004	2019	2034	2048	2103	2118	2133	2147	2202	2217		0002						
Barking London Road	2011	2026	2041	2055	2110	2124	2139	2153	2208	2223		0008						
Barking Station	2014	2029	2044	2058	2113	2127	2142	2156	2211	2225		0010						
South Park Drive Loxford Lane	2021	2036	2051	2105	2120	2134	2149	2203	2217	2231		0016						
Sunnyside Road Mortlake Road	2025	2039	2054	2108	2123	2137	2152	2206	2220	2234		0019						
Ilford High Road Hainault Street	2030	2044	2059	2113	2128	2142	2157	2210	2224	2238		0023						
Ilford Station	2034	2048	2103	2117	2132	2146	2201	2215	2227	2241		0026						
Redbridge Station Forecourt	2045	2059	2114	2128	2143	2157	2212	2224	2238	2251		0036						
Roding Lane South Falmouth Gardens	2050	2104	2118	2132	2147	2201	2216	2228	2242	2255		0040						

366	Sundays and other Public Holidays (except Christmas Day)																	
Beckton Bus Station	0550	0620	0650	0720	0750	0820	0850	0910	0930	0944	0959	1013	1028	1040	1054	1107	1122	1137
Cyprus Savage Gardens	0552	0622	0652	0722	0752	0822	0852	0912	0932	0946	1001	1015	1030	1042	1056	1109	1124	1139
Gallions Reach Shopping Park	0558	0628	0658	0728	0758	0828	0858	0918	0938	0952	1007	1021	1036	1049	1103	1117	1132	1147
East Beckton Sainsbury's	0603	0633	0703	0733	0803	0833	0903	0923	0943	0957	1012	1026	1041	1054	1109	1123	1138	1153
East Beckton Showcase Cinema	0607	0637	0707	0737	0807	0837	0907	0927	0947	1001	1016	1030	1045	1058	1113	1128	1143	1158
Barking London Road	0612	0642	0712	0742	0812	0842	0913	0933	0953	1007	1022	1036	1051	1105	1120	1135	1150	1205
Barking Station	0614	0644	0714	0744	0814	0844	0915	0935	0955	1010	1025	1039	1054	1108	1123	1138	1153	1208
South Park Drive Loxford Lane	0620	0650	0720	0750	0820	0850	0921	0941	1001	1016	1031	1045	1100	1115	1130	1145	1200	1215
Sunnyside Road Mortlake Road	0623	0653	0723	0753	0823	0853	0925	0945	1005	1020	1035	1049	1104	1119	1134	1149	1204	1219
Ilford High Road Hainault Street	0627	0657	0727	0757	0828	0858	0930	0950	1010	1025	1040	1055	1110	1125	1140	1155	1210	1225
Ilford Station	0630	0700	0731	0801	0832	0902	0934	0954	1014	1029	1044	1059	1114	1129	1145	1200	1215	1230
Redbridge Station Forecourt	0639	0709	0740	0811	0842	0912	0944	1005	1025	1040	1055	1110	1126	1142	1159	1215	1230	1245
Roding Lane South Falmouth Gardens	0643	0713	0744	0815	0846	0916	0948	1009	1029	1044	1059	1114	1130	1146	1204	1220	1235	1250
Beckton Bus Station	1152	1207	1222	1237	1252	1307	1322	1337	1352	1407	1422	1437	1453	1508	1523	1539	1554	1610
Cyprus Savage Gardens	1154	1209	1224	1239	1254	1309	1324	1339	1354	1409	1424	1439	1455	1510	1525	1541	1556	1612
Gallions Reach Shopping Park	1202	1217	1232	1247	1302	1317	1332	1347	1402	1417	1432	1447	1503	1518	1533	1549	1604	1619
East Beckton Sainsbury's	1208	1223	1238	1254	1309	1324	1339	1354	1410	1425	1440	1455	1511	1526	1541	1556	1611	1626
East Beckton Showcase Cinema	1213	1228	1243	1259	1314	1329	1344	1359	1415	1430	1445	1500	1516	1531	1546	1601	1616	1631
Barking London Road	1220	1235	1251	1307	1322	1337	1352	1408	1424	1439	1454	1509	1525	1540	1555	1609	1624	1639
Barking Station	1223	1238	1254	1310	1325	1340	1355	1411	1427	1442	1457	1512	1528	1543	1558	1612	1627	1642
South Park Drive Loxford Lane	1230	1245	1301	1317	1332	1347	1403	1419	1435	1450	1505	1520	1536	1551	1606	1620	1635	1650
Sunnyside Road Mortlake Road	1234	1249	1305	1321	1336	1351	1407	1423	1439	1454	1509	1524	1540	1555	1610	1624	1639	1654
Ilford High Road Hainault Street	1240	1255	1311	1327	1342	1357	1413	1429	1445	1500	1515	1530	1546	1601	1616	1630	1645	1700
Ilford Station	1245	1300	1316	1332	1347	1402	1418	1434	1449	1504	1519	1534	1550	1605	1620	1634	1649	1704
Redbridge Station Forecourt	1300	1315	1331	1347	1402	1417	1433	1449	1504	1519	1533	1548	1603	1618	1633	1647	1702	1717
Roding Lane South Falmouth Gardens	1305	1320	1336	1352	1407	1422	1438	1454	1509	1524	1538	1553	1608	1623	1638	1652	1707	1722
Beckton Bus Station	1625	1640	1656	1712	1727	1743	1758	1813	1828	1843	1858	1913	1928	1944	1959	2014	2030	2045
Cyprus Savage Gardens	1627	1642	1658	1714	1729	1745	1800	1815	1830	1845	1900	1915	1930	1946	2001	2016	2032	2047
Gallions Reach Shopping Park	1634	1649	1705	1721	1736	1752	1807	1822	1837	1852	1907	1922	1937	1952	2007	2022	2038	2053
East Beckton Sainsbury's	1641	1656	1711	1727	1742	1757	1812	1827	1842	1857	1912	1927	1942	1957	2012	2027	2043	2058
East Beckton Showcase Cinema	1646	1701	1716	1732	1747	1802	1816	1831	1846	1901	1916	1931	1946	2001	2016	2031	2047	2102
Barking London Road	1654	1709	1724	1739	1754	1809	1823	1838	1853	1908	1923	1938	1953	2008	2022	2037	2053	2108
Barking Station	1657	1712	1727	1742	1757	1812	1826	1841	1856	1911	1926	1941	1956	2010	2024	2039	2055	2110
South Park Drive Loxford Lane	1705	1720	1735	1750	1805	1820	1834	1848	1903	1918	1933	1948	2003	2017	2031	2046	2101	2116
Sunnyside Road Mortlake Road	1709	1724	1739	1754	1809	1824	1838	1852	1907	1922	1937	1952	2007	2021	2034	2049	2104	2119
Ilford High Road Hainault Street	1715	1730	1745	1800	1815	1829	1843	1857	1912	1927	1942	1957	2012	2026	2039	2054	2109	2124
Ilford Station	1719	1734	1749	1804	1819	1833	1847	1901	1916	1931	1946	2001	2016	2030	2042	2057	2112	2127
Redbridge Station Forecourt	1732	1747	1802	1817	1832	1845	1859	1913	1928	1942	1957	2012	2027	2041	2053	2108	2123	2137
Roding Lane South Falmouth Gardens	1737	1752	1807	1822	1837	1850	1904	1918	1932	1946	2001	2016	2031	2045	2057	2112	2127	2141
Beckton Bus Station	2100	2115																2345
Cyprus Savage Gardens	2102	2117																2347
Gallions Reach Shopping Park	2108	2123																2353
East Beckton Sainsbury's	2113	2128																2358
East Beckton Showcase Cinema	2117	2132																0002
Barking London Road	2123	2138																0008
Barking Station	2125	2140																0010
South Park Drive Loxford Lane	2131	2146																0016
Sunnyside Road Mortlake Road	2134	2149																0019
Ilford High Road Hainault Street	2139	2153																0023
Ilford Station	2142	2156																0026
Redbridge Station Forecourt	2152	2206																0036
Roding Lane South Falmouth Gardens	2156	2210																0040