

370		Mondays to Fridays																
Lakeside Bus Station	0530	0550	0610	0625	0635	0647	0700	0711	0722	0735	0750	0805	0820	0835	0850	0905	0920	0935
Chafford Hundred Sainsbury's	0533	0553	0613	0628	0638	0650	0703	0714	0725	0738	0753	0808	0823	0838	0853	0908	0923	0938
South Ockendon Royal Oak	0540	0600	0620	0635	0645	0657	0710	0721	0732	0747	0802	0817	0832	0847	0902	0917	0932	0947
North Ockendon Fen Lane	0542	0602	0622	0637	0647	0659	0712	0723	0734	0749	0804	0819	0834	0849	0904	0919	0934	0949
Corbets Tey Huntsman & Hounds	0548	0608	0628	0643	0653	0705	0718	0729	0740	0755	0810	0825	0840	0855	0910	0925	0940	0955
Upminster Station	0554	0614	0634	0649	0659	0714	0727	0738	0752	0807	0822	0837	0852	0907	0922	0937	0949	1004
Upminster Bridge Station	0557	0617	0637	0652	0703	0718	0731	0743	0757	0812	0827	0842	0857	0912	0927	0941	0953	1008
Hornchurch Town Centre	0600	0620	0640	0655	0708	0723	0736	0751	0805	0820	0835	0850	0905	0920	0932	0945	0957	1012
Gidea Park The Drill	0605	0625	0645	0700	0715	0730	0745	0800	0815	0830	0845	0900	0913	0928	0938	0951	1003	1018
Romford Station	0609	0629	0649	0706	0721	0738	0753	0808	0823	0838	0853	0908	0919	0932	0942	0955	1007	1022
Romford Market Mercury Gardens	0612	0632	0652	0709	0724	0741	0756	0811	0826	0841	0856	0911	0922	0935	0945	0958	1010	1025

370		SD																
Lakeside Bus Station	0950		1335	1348	1400	1410	1420	1435	1450	--	1505		1605	1620	1635	1650	1705	1720
Chafford Hundred Sainsbury's	0953		1338	1351	1403	1413	1423	1438	1453	--	1508		1608	1623	1638	1653	1708	1723
South Ockendon Royal Oak	1002		1347	1400	1412	1422	1432	1447	1502	--	1517		1617	1632	1647	1702	1717	1732
North Ockendon Fen Lane	1004	Then	1349	1402	1414	1424	1434	1449	1504	--	1519	Then	1619	1634	1649	1704	1719	1734
Corbets Tey Huntsman & Hounds	1010	every	1355	1408	1420	1430	1440	1455	1510	1525	1525	every	1625	1640	1655	1710	1725	1740
Upminster Station	1019	15	1404	1417	1429	1439	1449	1504	1519	1534	1534	15	1634	1649	1704	1719	1734	1749
Upminster Bridge Station	1023	mins.	1408	1421	1433	1443	1454	1509	1524	1539	1539	mins.	1639	1654	1709	1724	1738	1753
Hornchurch Town Centre	1027	until	1412	1425	1437	1450	1502	1517	1532	1545	1547	until	1647	1702	1717	1732	1745	1800
Gidea Park The Drill	1033		1418	1431	1445	1458	1510	1525	1540	1551	1555		1655	1708	1723	1738	1751	1806
Romford Station	1037		1422	1435	1449	1503	1515	1530	1545	1555	1600		1700	1713	1728	1743	1756	1811
Romford Market Mercury Gardens	1040		1425	1438	1452	1506	1518	1533	1548	1558	1603		1703	1716	1731	1746	1759	1814

370		Mondays to Fridays (cont.)														Saturdays (also Good Friday)				
Lakeside Bus Station	1735	1750	1805	1820	1837	1900	1920	1945		2345	0530		0750	0810	0825	0837	0852	0903		
Chafford Hundred Sainsbury's	1738	1753	1808	1823	1840	1903	1923	1948		2348	0533		0753	0813	0828	0840	0855	0906		
South Ockendon Royal Oak	1747	1802	1817	1832	1849	1910	1930	1955		2355	0540		0800	0820	0835	0847	0902	0915		
North Ockendon Fen Lane	1749	1804	1819	1834	1851	1912	1932	1957	Then	2357	0542	Then	0802	0822	0837	0849	0904	0917		
Corbets Tey Huntsman & Hounds	1755	1810	1825	1840	1857	1918	1938	2003	every	0003	0548	every	0808	0828	0843	0855	0910	0923		
Upminster Station	1804	1819	1834	1849	1904	1924	1944	2009	30	0009	0554	20	0814	0834	0849	0904	0919	0932		
Upminster Bridge Station	1808	1823	1838	1853	1907	1927	1947	2012	mins.	0012	0557	mins.	0817	0838	0853	0908	0923	0936		
Hornchurch Town Centre	1812	1827	1842	1857	1910	1930	1950	2015	until	0015	0600	until	0820	0842	0857	0912	0927	0940		
Gidea Park The Drill	1818	1833	1848	1903	1915	1935	1955	2020		0020	0605		0825	0848	0903	0918	0933	0946		
Romford Station	1823	1838	1853	1907	1919	1939	1959	2024		0024	0609		0829	0852	0907	0922	0937	0950		
Romford Market Mercury Gardens	1826	1841	1856	1910	1922	1942	2002	2027		0027	0612		0832	0855	0910	0925	0940	0953		

370		Saturdays (also Good Friday) (cont.)																	
Lakeside Bus Station	0918	0931	0945	1000	1010	1020				1635	1650	1705	1720	1735	1755	1820	1840	1902	1922
Chafford Hundred Sainsbury's	0921	0934	0948	1003	1013	1025				1640	1655	1710	1725	1740	1800	1825	1845	1905	1925
South Ockendon Royal Oak	0930	0943	0957	1012	1022	1035				1650	1705	1720	1735	1750	1810	1835	1855	1912	1932
North Ockendon Fen Lane	0932	0945	0959	1014	1024	1037	Then			1652	1707	1722	1737	1752	1812	1837	1857	1914	1934
Corbets Tey Huntsman & Hounds	0938	0951	1005	1020	1030	1043	every 15			1658	1713	1728	1743	1758	1818	1843	1903	1920	1940
Upminster Station	0947	1000	1014	1029	1039	1052	minutes			1707	1722	1737	1752	1807	1827	1849	1909	1926	1946
Upminster Bridge Station	0951	1004	1018	1033	1043	1056	until			1711	1726	1741	1756	1811	1831	1852	1912	1929	1949
Hornchurch Town Centre	0955	1008	1022	1037	1047	1100				1715	1730	1745	1800	1815	1835	1855	1915	1932	1952
Gidea Park The Drill	1001	1014	1028	1043	1054	1107				1722	1736	1751	1806	1821	1840	1900	1920	1937	1957
Romford Station	1005	1018	1033	1048	1059	1112				1727	1740	1755	1810	1825	1844	1904	1924	1941	2001
Romford Market Mercury Gardens	1008	1021	1037	1052	1103	1116				1731	1743	1758	1813	1828	1847	1907	1927	1944	2004

370		Saturdays (cont.)							Sundays and other Public Holidays (except Christmas Day and Boxing Day)										
Lakeside Bus Station	1945		2345	0635	0710	0740	0810	0840	0910			1710	1743	1815					2345
Chafford Hundred Sainsbury's	1948		2348	0638	0713	0743	0813	0843	0913			1713	1746	1818					2348
South Ockendon Royal Oak	1955		2355	0645	0720	0750	0820	0850	0922			1722	1755	1825					2355
North Ockendon Fen Lane	1957	Then	2357	0647	0722	0752	0822	0852	0924	Then		1724	1757	1827	Then				2357
Corbets Tey Huntsman & Hounds	2003	every 30	0003	0653	0728	0758	0828	0858	0930	every 30		1730	1803	1833	minutes				0003
Upminster Station	2009	minutes	0009	0659	0734	0804	0834	0904	0939	minutes		1739	1809	1839	minutes				0009
Upminster Bridge Station	2012	until	0012	0702	0737	0807	0837	0908	0943	until		1743	1812	1842	until				0012
Hornchurch Town Centre	2015		0015	0705	0740	0810	0840	0912	0947			1747	1815	1845					0015
Gidea Park The Drill	2020		0020	0710	0745	0815	0845	0918	0953			1753	1820	1850					0020
Romford Station	2024		0024	0714	0749	0819	0849	0922	0957			1757	1824	1854					0024
Romford Market Mercury Gardens	2027		0027	0717	0752	0822	0852	0925	1000			1800	1827	1857					0027

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