

380 Mondays to Fridays																			
Belmarsh Prison	0455	0515	0535	0555	0610	0625	0637	0649	0701	0712	0722	0732	0738	0744	0749	0755	1942		
Broadwaters Goosander Way	0504	0524	0544	0604	0619	0634	0646	0658	0710	0721	0732	0742	0748	0754	0759	0805	Then 1950		
Plumstead Station	0508	0528	0548	0608	0623	0638	0650	0702	0714	0725	0737	0747	0753	0759	0804	0810	about 1954		
Woolwich Arsenal Station	0511	0531	0551	0611	0627	0642	0654	0706	0719	0730	0742	0752	0758	0804	0810	0816	every 1958		
Woolwich Dockyard Station	0516	0536	0556	0616	0633	0648	0701	0713	0726	0737	0749	0759	0805	0811	0817	0823	12 2004		
Charlton Village St Luke's Church	0523	0543	0603	0623	0641	0656	0709	0722	0735	0746	0758	0809	0815	0821	0827	0833	mins. 2012		
Blackheath Royal Standard	0529	0549	0610	0630	0648	0703	0717	0730	0742	0754	0806	0818	0824	0830	0836	0842	until 2018		
Blackheath Village Tranquil Vale	0533	0553	0614	0635	0654	0709	0724	0738	0751	0804	0816	0828	0834	0840	0846	0852	2022		
Lewisham Centre Molesworth Street	0540	0600	0621	0642	0702	0717	0732	0747	0800	0813	0825	0837	0843	0849	0855	0901	2029		
Belmarsh Prison	1956				2111	2126	2141	2156	2211	2226	2241	2256	2311	2326	2341	2356	0011		
Broadwaters Goosander Way	2004				2119	2134	2149	2204	2219	2234	2249	2304	2319	2334	2349	0004	0019		
Plumstead Station	2008	Then			2123	2137	2152	2207	2222	2237	2252	2307	2322	2337	2352	0007	0022		
Woolwich Arsenal Station	2012	every 15			2127	2141	2156	2211	2225	2240	2255	2310	2325	2340	2355	0010	0025		
Woolwich Dockyard Station	2018	minutes			2133	2147	2202	2217	2231	2246	2301	2316	2330	2345	0000	0015	0030		
Charlton Village St Luke's Church	2026	until			2141	2155	2210	2225	2239	2254	2309	2323	2337	2352	0007	0022	0037		
Blackheath Royal Standard	2032				2147	2201	2216	2231	2245	2300	2315	2329	2343	2358	0013	0028	0043		
Blackheath Village Tranquil Vale	2036				2151	2205	2220	2235	2249	2304	2319	2333	2347	0002	0017	0032	0047		
Lewisham Centre Molesworth Street	2043				2158	2212	2227	2242	2256	2311	2326	2340	2354	0009	0024	0039	0054		
380 Saturdays (also Good Friday)																			
Belmarsh Prison	0455	0515	0535	0555	0615	0630	0645	0700	0715	0730			1738	1753	1808	1823	1838	1853	
Broadwaters Goosander Way	0504	0524	0544	0604	0624	0639	0654	0709	0724	0739			1746	1801	1816	1831	1846	1901	
Plumstead Station	0508	0528	0548	0608	0628	0643	0658	0713	0728	0743	Then		1750	1805	1820	1835	1850	1905	
Woolwich Arsenal Station	0511	0531	0551	0612	0632	0647	0702	0717	0732	0747	about		1755	1810	1825	1840	1855	1909	
Woolwich Dockyard Station	0516	0536	0556	0617	0637	0652	0707	0722	0737	0752	every 12		1803	1817	1832	1847	1902	1916	
Charlton Village St Luke's Church	0523	0543	0603	0624	0644	0659	0714	0729	0744	0759	minutes		1813	1826	1841	1856	1911	1925	
Blackheath Royal Standard	0529	0549	0610	0631	0651	0706	0721	0736	0751	0806	until		1820	1833	1848	1903	1918	1932	
Blackheath Village Tranquil Vale	0533	0553	0614	0635	0655	0710	0725	0740	0755	0811			1826	1839	1854	1908	1923	1937	
Lewisham Centre Molesworth Street	0540	0600	0621	0642	0702	0717	0732	0747	0802	0818			1834	1847	1902	1916	1931	1945	
Belmarsh Prison	1908	1923	1938	1953	2009			2109	2124	2139	2156	2211	2226	2241				0011	
Broadwaters Goosander Way	1916	1931	1946	2001	2017			2117	2132	2147	2204	2219	2234	2249				0019	
Plumstead Station	1920	1935	1950	2005	2021	Then		2121	2136	2151	2207	2222	2237	2252	Then			0022	
Woolwich Arsenal Station	1924	1939	1954	2009	2025	every 15		2125	2140	2155	2210	2225	2240	2255	every 15			0025	
Woolwich Dockyard Station	1931	1946	2001	2016	2031	minutes		2131	2146	2201	2216	2231	2246	2301	minutes			0031	
Charlton Village St Luke's Church	1940	1955	2010	2024	2039	until		2139	2154	2209	2224	2239	2254	2308	until			0038	
Blackheath Royal Standard	1947	2002	2016	2030	2045			2145	2200	2215	2230	2245	2300	2314				0044	
Blackheath Village Tranquil Vale	1952	2007	2021	2035	2050			2150	2204	2219	2234	2249	2304	2318				0048	
Lewisham Centre Molesworth Street	1959	2014	2028	2042	2057			2157	2211	2226	2241	2256	2311	2325				0055	
380 Sundays and other Public Holidays (except Christmas Day)																			
Belmarsh Prison	0710	0740	0810	0830	0850	0905	0920	0935	0950	1005	1020	1035	1050	1105	1120	1135	1150	1205	
Broadwaters Goosander Way	0718	0748	0818	0838	0858	0914	0929	0944	0959	1014	1029	1044	1059	1114	1129	1144	1159	1214	
Plumstead Station	0721	0751	0821	0841	0901	0918	0933	0948	1003	1018	1033	1048	1103	1118	1133	1148	1203	1218	
Woolwich Arsenal Station	0725	0755	0825	0845	0905	0922	0938	0953	1008	1023	1038	1053	1108	1123	1138	1153	1208	1223	
Woolwich Dockyard Station	0730	0800	0830	0851	0911	0928	0944	0959	1014	1029	1044	1059	1115	1130	1145	1200	1215	1230	
Charlton Village St Luke's Church	0737	0807	0837	0858	0918	0935	0952	1007	1022	1037	1052	1107	1123	1138	1153	1209	1224	1239	
Blackheath Royal Standard	0743	0813	0843	0904	0925	0942	0959	1014	1029	1044	1059	1114	1130	1145	1200	1216	1231	1246	
Blackheath Village Tranquil Vale	0747	0817	0847	0909	0930	0947	1004	1019	1034	1049	1104	1120	1136	1151	1207	1223	1238	1253	
Lewisham Centre Molesworth Street	0754	0824	0854	0917	0938	0955	1011	1026	1041	1056	1111	1127	1143	1158	1214	1230	1245	1300	
Belmarsh Prison	1220				1405	1420	1435	1450	1506	1521	1536	1551	1606	1621	1636	1652	1707	1722	1738
Broadwaters Goosander Way	1229				1414	1429	1444	1459	1514	1529	1544	1559	1614	1629	1644	1700	1715	1730	1746
Plumstead Station	1233	Then			1418	1433	1448	1503	1518	1533	1548	1603	1618	1633	1648	1704	1719	1734	1750
Woolwich Arsenal Station	1238	every 15			1423	1438	1453	1507	1522	1537	1552	1607	1622	1637	1652	1708	1723	1738	1754
Woolwich Dockyard Station	1245	minutes			1430	1445	1500	1515	1530	1545	1600	1615	1630	1645	1700	1715	1730	1745	1801
Charlton Village St Luke's Church	1254	until			1439	1454	1509	1524	1539	1554	1609	1624	1639	1654	1709	1724	1739	1754	1809
Blackheath Royal Standard	1301				1446	1501	1516	1531	1546	1601	1616	1631	1646	1701	1716	1731	1746	1801	1815
Blackheath Village Tranquil Vale	1308				1453	1508	1523	1538	1553	1608	1623	1638	1653	1707	1722	1737	1752	1806	1820
Lewisham Centre Molesworth Street	1316				1501	1515	1530	1545	1600	1615	1630	1645	1700	1714	1729	1744	1759	1813	1827
Belmarsh Prison	1754				1909	1924			2109	2124	2139	2155	2211	2226	2241				0011
Broadwaters Goosander Way	1802				1917	1932			2117	2132	2147	2203	2219	2234	2249				0019
Plumstead Station	1806	Then			1921	1936	Then		2121	2136	2151	2207	2222	2237	2252	Then			0022
Woolwich Arsenal Station	1810	every 15			1925	1940	every 15		2125	2140	2155	2210	2225	2240	2255	every 15			0025
Woolwich Dockyard Station	1816	minutes			1931	1946	minutes		2131	2146	2201	2215	2230	2245	2300	minutes			0030
Charlton Village St Luke's Church	1824	until			1939	1954	until		2139	2154	2209	2223	2238	2253	2307	until			0037
Blackheath Royal Standard	1830				1945	2000			2145	2200	2215	2229	2244	2259	2313				0043
Blackheath Village Tranquil Vale	1835				1950	2004			2149	2204	2219	2233	2248	2303	2317				0047
Lewisham Centre Molesworth Street	1842				1957	2011			2156	2212	2227	2241	2256	2311	2325				0055

380 Mondays to Fridays																		
Lewisham High Street Lewis Grove	0530	0550	0610	0625	0636		1632		1732		2011	2026	2041	2056	2111			
Blackheath Village Royal Parade	0537	0557	0617	0632	0644		1645		1745		2020	2034	2049	2104	2119			
Blackheath Royal Standard	0542	0602	0622	0637	0649	Then	1651	Then	1751	Then	2025	2039	2054	2109	2124			
Charlton Village St Luke's Church	0547	0607	0627	0643	0655	about	1658	about	1758	about	2031	2045	2100	2115	2130			
Woolwich Dockyard Station	0554	0614	0634	0650	0703	every 12	1707	every 10	1807	every 12	2038	2052	2107	2122	2137			
Woolwich Arsenal Station	0600	0620	0640	0656	0710	minutes	1717	minutes	1817	minutes	2044	2058	2113	2128	2143			
Plumstead Bus Garage	0603	0623	0644	0700	0714	until	1724	until	1823	until	2048	2102	2117	2132	2146			
Broadwaters Goosander Way	0605	0625	0646	0702	0716		1727		1826		2051	2105	2120	2135	2149			
Belmarsh Prison	0612	0632	0653	0709	0723		1737		1836		2100	2114	2129	2144	2158			
Lewisham High Street Lewis Grove	2126	2141	2156				2311	2326	2341	2356	0011	0026						
Blackheath Village Royal Parade	2134	2149	2204				2319	2334	2349	0004	0019	0034						
Blackheath Royal Standard	2139	2154	2208	Then			2323	2338	2353	0008	0023	0038						
Charlton Village St Luke's Church	2145	2200	2214	every 15			2329	2344	2359	0014	0029	0044						
Woolwich Dockyard Station	2152	2207	2221	minutes			2336	2351	0006	0021	0036	0051						
Woolwich Arsenal Station	2158	2213	2227	until			2342	2357	0012	0027	0042	0057						
Plumstead Bus Garage	2201	2216	2230				2345	0000	0015	0030	0045	0100						
Broadwaters Goosander Way	2204	2219	2233				2348	0002	0017	0032	0047	0102						
Belmarsh Prison	2213	2228	2242				2357	0011	0025	0040	0055	0110						
380 Saturdays (also Good Friday)																		
Lewisham High Street Lewis Grove	0530	0550	0610	0630			0800	0813		1841	1856	1911	1926	1941	1956	2011	2026	
Blackheath Village Royal Parade	0537	0557	0617	0637			0807	0821		1851	1906	1920	1935	1950	2005	2019	2034	
Blackheath Royal Standard	0541	0601	0621	0641	Then		0811	0826	Then	1856	1911	1925	1940	1955	2010	2024	2039	
Charlton Village St Luke's Church	0547	0607	0627	0647	every 15		0817	0832	about	1903	1917	1931	1946	2001	2016	2030	2045	
Woolwich Dockyard Station	0554	0614	0634	0654	minutes		0824	0839	every 12	1911	1925	1939	1954	2008	2023	2037	2052	
Woolwich Arsenal Station	0600	0620	0640	0700	until		0830	0845	minutes	1918	1932	1946	2001	2015	2030	2044	2059	
Plumstead Bus Garage	0603	0623	0643	0703			0833	0848	until	1922	1936	1950	2005	2019	2034	2048	2103	
Broadwaters Goosander Way	0605	0625	0645	0705			0835	0850		1925	1939	1953	2008	2022	2037	2051	2106	
Belmarsh Prison	0612	0632	0652	0712			0842	0857		1934	1948	2002	2017	2031	2046	2100	2115	
Lewisham High Street Lewis Grove	2041	2056	2111	2126	2141	2156				2311	2326	2341	2356	0011	0026			
Blackheath Village Royal Parade	2049	2104	2119	2134	2149	2204				2319	2334	2349	0004	0019	0034			
Blackheath Royal Standard	2054	2109	2124	2139	2154	2208	Then			2323	2338	2353	0008	0023	0038			
Charlton Village St Luke's Church	2100	2115	2130	2145	2200	2214	every 15			2329	2344	2359	0014	0029	0044			
Woolwich Dockyard Station	2107	2121	2136	2151	2207	2221	minutes			2336	2351	0006	0021	0036	0051			
Woolwich Arsenal Station	2113	2127	2142	2157	2213	2227	until			2342	2357	0012	0027	0042	0057			
Plumstead Bus Garage	2117	2131	2146	2201	2216	2230				2345	0000	0015	0030	0045	0100			
Broadwaters Goosander Way	2120	2134	2149	2204	2219	2233				2348	0003	0017	0032	0047	0102			
Belmarsh Prison	2129	2143	2158	2213	2228	2242				2357	0011	0025	0040	0055	0110			
380 Sundays and other Public Holidays (except Christmas Day)																		
Lewisham High Street Lewis Grove	0730	0800	0830	0850	0907	0922	0937	0952	1007	1022	1036	1050	1104	1119	1134	1148	1203	1218
Blackheath Village Royal Parade	0737	0807	0837	0857	0914	0930	0945	1000	1015	1030	1044	1058	1113	1128	1143	1157	1213	1229
Blackheath Royal Standard	0741	0811	0841	0901	0919	0935	0950	1005	1020	1035	1049	1103	1118	1133	1148	1203	1219	1235
Charlton Village St Luke's Church	0746	0816	0846	0906	0925	0941	0956	1011	1026	1041	1055	1110	1125	1140	1155	1210	1226	1242
Woolwich Dockyard Station	0753	0823	0853	0913	0932	0948	1003	1018	1033	1048	1102	1118	1133	1148	1203	1218	1234	1250
Woolwich Arsenal Station	0759	0829	0859	0919	0938	0954	1009	1024	1039	1054	1109	1125	1140	1155	1210	1225	1241	1257
Plumstead Bus Garage	0802	0832	0902	0922	0942	0958	1013	1028	1043	1058	1113	1129	1144	1159	1214	1229	1245	1301
Broadwaters Goosander Way	0804	0834	0904	0924	0944	1000	1015	1030	1045	1100	1115	1131	1146	1201	1217	1232	1248	1304
Belmarsh Prison	0811	0841	0912	0932	0952	1008	1023	1038	1053	1109	1124	1140	1155	1210	1226	1241	1257	1313
Lewisham High Street Lewis Grove	1233	1248			1418	1433	1448	1503			1633	1649	1705	1720	1735	1751	1806	1821
Blackheath Village Royal Parade	1244	1259			1429	1444	1459	1513			1643	1659	1714	1729	1744	1800	1815	1830
Blackheath Royal Standard	1250	1305	Then		1435	1450	1505	1519	Then		1649	1705	1720	1735	1750	1805	1820	1835
Charlton Village St Luke's Church	1257	1312	every 15		1442	1457	1512	1526	every 15		1656	1711	1726	1741	1756	1811	1826	1841
Woolwich Dockyard Station	1305	1320	minutes		1450	1505	1520	1534	minutes		1704	1719	1734	1749	1804	1819	1834	1849
Woolwich Arsenal Station	1312	1328	until		1458	1513	1527	1541	until		1711	1726	1741	1756	1811	1826	1841	1856
Plumstead Bus Garage	1317	1333			1503	1517	1531	1545			1715	1730	1745	1800	1815	1830	1845	1900
Broadwaters Goosander Way	1320	1336			1506	1520	1534	1548			1718	1733	1748	1803	1818	1833	1848	1903
Belmarsh Prison	1329	1345			1515	1529	1543	1557			1727	1742	1757	1812	1827	1842	1857	1912
Lewisham High Street Lewis Grove	1836	1851	1907	1923	1939				2139	2156			2326	2341	2356	0011	0026	
Blackheath Village Royal Parade	1845	1900	1915	1931	1947				2147	2204			2334	2349	0004	0018	0033	
Blackheath Royal Standard	1850	1905	1920	1936	1952	Then			2152	2208	Then		2338	2353	0008	0022	0037	
Charlton Village St Luke's Church	1856	1911	1926	1942	1958	every 15			2158	2214	every 15		2344	2359	0014	0028	0043	
Woolwich Dockyard Station	1904	1919	1934	1950	2006	minutes			2206	2221	minutes		2351	0006	0021	0035	0050	
Woolwich Arsenal Station	1911	1926	1941	1957	2012	until			2212	2227	until		2357	0012	0026	0040	0055	
Plumstead Bus Garage	1915	1930	1945	2001	2016				2216	2231			0001	0015	0029	0043	0058	
Broadwaters Goosander Way	1918	1933	1948	2003	2018				2218	2233			0003	0017	0031	0045	0100	
Belmarsh Prison	1927	1942	1957	2012	2027				2227	2242			0012	0026	0040	0054	0109	