

380		Mondays to Fridays																
Belmarsh Prison	0450	0510	0530	0545	0559	0613	0626		0733	0739	0744	0749	0755	0801		1858		
Broadwaters Goosander Way	0459	0519	0539	0554	0608	0622	0635		0743	0749	0754	0759	0805	0811		1906		
Plumstead Station	0503	0523	0543	0558	0612	0626	0639		0747	0753	0758	0804	0810	0816		1910		
Woolwich Arsenal Station	0506	0526	0546	0601	0615	0629	0643		0751	0757	0803	0809	0815	0821		1914		
Woolwich Dockyard Station	0510	0530	0550	0605	0620	0634	0648		0758	0804	0810	0816	0822	0828		1921		
Charlton Village St Luke's Church	0517	0537	0557	0612	0627	0642	0656		0807	0813	0820	0826	0832	0838		1929		
Blackheath Royal Standard	0523	0543	0603	0619	0634	0649	0703		0815	0822	0829	0835	0841	0847		1936		
Blackheath Village Tranquil Vale	0527	0547	0608	0624	0639	0654	0710		0825	0832	0839	0845	0851	0857		1941		
Lewisham Centre Molesworth Street	0535	0555	0616	0632	0648	0704	0720		0836	0843	0850	0856	0902	0908		1951		
Belmarsh Prison	1913	1928	1943	1958		2113	2128	2143	2158	2213	2228	2243	2259	2315	2331	2346	0001	0016
Broadwaters Goosander Way	1921	1936	1951	2006		2121	2136	2151	2206	2221	2236	2251	2307	2322	2338	2353	0008	0023
Plumstead Station	1925	1940	1955	2010	Then	2125	2139	2154	2209	2224	2239	2254	2310	2325	2341	2356	0011	0026
Woolwich Arsenal Station	1929	1944	1959	2014	every	2129	2143	2158	2213	2228	2243	2258	2313	2328	2344	2359	0014	0029
Woolwich Dockyard Station	1936	1951	2006	2020	15	2135	2149	2204	2218	2233	2248	2303	2318	2333	2349	0004	0019	0034
Charlton Village St Luke's Church	1944	1959	2014	2028	mins.	2143	2157	2211	2225	2240	2255	2310	2325	2340	2356	0011	0026	0041
Blackheath Royal Standard	1951	2006	2020	2034	until	2149	2203	2217	2231	2246	2301	2316	2331	2346	0002	0017	0032	0047
Blackheath Village Tranquil Vale	1956	2010	2024	2038		2153	2207	2221	2235	2250	2305	2320	2335	2350	0006	0021	0036	0051
Lewisham Centre Molesworth Street	2005	2019	2033	2047		2202	2216	2230	2244	2259	2314	2329	2344	2359	0014	0029	0044	0059
380		Saturdays (also Good Friday)																
Belmarsh Prison	0450	0510	0530	0550	0610	0630	0645	0700	0715	0729		1836	1852	1908	1924	1940	1955	
Broadwaters Goosander Way	0459	0519	0539	0559	0619	0639	0654	0709	0724	0738		1845	1901	1916	1932	1948	2003	
Plumstead Station	0502	0522	0542	0602	0623	0643	0658	0713	0728	0742	Then	1849	1905	1920	1936	1952	2007	
Woolwich Arsenal Station	0505	0525	0545	0605	0627	0647	0702	0717	0732	0746	about	1853	1909	1924	1940	1956	2011	
Woolwich Dockyard Station	0510	0530	0550	0610	0632	0652	0707	0722	0737	0751	every 12	1900	1916	1931	1947	2003	2018	
Charlton Village St Luke's Church	0517	0537	0557	0617	0639	0659	0714	0729	0744	0758	minutes	1909	1924	1939	1955	2011	2026	
Blackheath Royal Standard	0523	0543	0603	0623	0645	0705	0721	0736	0751	0805	until	1916	1931	1946	2002	2017	2032	
Blackheath Village Tranquil Vale	0527	0547	0607	0627	0649	0709	0725	0740	0755	0810		1921	1936	1951	2007	2022	2037	
Lewisham Centre Molesworth Street	0535	0555	0615	0635	0657	0717	0733	0748	0804	0819		1931	1946	2001	2016	2031	2046	
Belmarsh Prison	2011	2026	2041	2056	2111	2127	2143	2158	2213	2228	2243	2259	2315	2331	2346	0001	0016	
Broadwaters Goosander Way	2019	2034	2049	2104	2119	2135	2151	2206	2221	2236	2251	2307	2323	2339	2354	0009	0024	
Plumstead Station	2023	2038	2053	2108	2123	2139	2155	2210	2225	2240	2255	2310	2326	2342	2357	0012	0027	
Woolwich Arsenal Station	2027	2042	2057	2112	2127	2143	2159	2213	2228	2243	2258	2313	2329	2345	0000	0015	0030	
Woolwich Dockyard Station	2033	2048	2103	2118	2133	2149	2205	2219	2234	2249	2304	2319	2334	2350	0005	0020	0035	
Charlton Village St Luke's Church	2041	2056	2111	2126	2141	2157	2212	2226	2241	2256	2311	2326	2341	2357	0012	0027	0042	
Blackheath Royal Standard	2047	2102	2117	2132	2147	2203	2218	2232	2247	2302	2317	2332	2347	0003	0018	0033	0048	
Blackheath Village Tranquil Vale	2052	2107	2122	2137	2152	2207	2222	2236	2251	2306	2321	2336	2351	0007	0022	0037	0052	
Lewisham Centre Molesworth Street	2101	2116	2131	2146	2201	2216	2231	2245	2300	2315	2330	2345	0000	0015	0030	0045	0100	
380		Sundays and other Public Holidays (except Christmas Day)																
Belmarsh Prison	0700	0730	0800	0820	0839	0857	0911	0925	0940		1040	1055	1110	1124	1138		1408	
Broadwaters Goosander Way	0708	0738	0808	0828	0847	0905	0920	0934	0949		1049	1104	1119	1133	1147		1417	
Plumstead Station	0711	0741	0812	0832	0851	0909	0924	0938	0953	Then	1053	1108	1123	1137	1151	Then	1421	
Woolwich Arsenal Station	0714	0744	0816	0836	0855	0913	0928	0942	0957	every	1057	1112	1127	1141	1155	every 15	1425	
Woolwich Dockyard Station	0719	0749	0821	0841	0900	0919	0934	0948	1003	15	1103	1119	1134	1148	1202	minutes	1432	
Charlton Village St Luke's Church	0726	0756	0828	0848	0907	0926	0941	0956	1011	mins.	1111	1127	1142	1156	1211	until	1441	
Blackheath Royal Standard	0732	0802	0834	0854	0913	0933	0948	1003	1018	until	1118	1134	1149	1203	1218		1448	
Blackheath Village Tranquil Vale	0736	0806	0838	0858	0918	0938	0953	1008	1024		1124	1140	1155	1210	1225		1455	
Lewisham Centre Molesworth Street	0744	0814	0846	0906	0928	0948	1003	1018	1034		1134	1150	1205	1220	1235		1505	
Belmarsh Prison	1424	1439	1454	1510	1526	1541	1556	1611	1626	1641	1656	1711	1726	1741	1756	1811	1826	1841
Broadwaters Goosander Way	1433	1448	1503	1518	1534	1549	1604	1619	1634	1649	1704	1719	1734	1749	1804	1819	1834	1849
Plumstead Station	1437	1452	1507	1522	1538	1553	1608	1623	1638	1653	1708	1723	1738	1753	1808	1823	1838	1853
Woolwich Arsenal Station	1441	1456	1511	1526	1542	1557	1612	1627	1642	1657	1712	1727	1742	1757	1812	1827	1842	1857
Woolwich Dockyard Station	1448	1503	1518	1533	1549	1604	1619	1634	1649	1704	1719	1734	1749	1804	1818	1833	1848	1903
Charlton Village St Luke's Church	1457	1512	1527	1542	1558	1613	1628	1643	1658	1712	1727	1742	1757	1812	1826	1841	1856	1911
Blackheath Royal Standard	1504	1519	1534	1549	1605	1620	1635	1650	1705	1719	1734	1749	1804	1819	1833	1848	1903	1917
Blackheath Village Tranquil Vale	1510	1525	1540	1555	1611	1626	1641	1656	1711	1725	1740	1755	1809	1824	1838	1853	1908	1922
Lewisham Centre Molesworth Street	1520	1535	1550	1605	1620	1635	1650	1705	1720	1734	1749	1804	1818	1833	1847	1902	1917	1931
Belmarsh Prison	1856		2026	2041	2056	2111	2127	2143	2158	2213	2228	2243	2259	2315	2331	2346	0001	0016
Broadwaters Goosander Way	1904		2034	2049	2104	2119	2135	2151	2206	2221	2236	2251	2306	2322	2338	2353	0008	0023
Plumstead Station	1908	Then	2038	2053	2108	2123	2138	2154	2209	2224	2239	2254	2309	2325	2341	2356	0011	0026
Woolwich Arsenal Station	1912	every	2042	2057	2111	2126	2141	2157	2212	2227	2242	2257	2312	2328	2344	2359	0014	0029
Woolwich Dockyard Station	1918	15	2048	2103	2117	2132	2147	2203	2217	2232	2247	2302	2317	2333	2349	0004	0019	0034
Charlton Village St Luke's Church	1926	mins.	2056	2110	2124	2139	2154	2210	2224	2239	2254	2309	2324	2340	2356	0011	0026	0041
Blackheath Royal Standard	1932	until	2102	2116	2130	2145	2200	2216	2230	2245	2300	2315	2330	2346	0002	0017	0032	0047
Blackheath Village Tranquil Vale	1937		2107	2121	2135	2150	2205	2220	2234	2249	2304	2319	2334	2350	0006	0021	0036	0051
Lewisham Centre Molesworth Street	1946		2116	2130	2144	2159	2214	2229	2243	2258	2313	2328	2343	2359	0015	0030	0045	0100

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380		Mondays to Fridays																
Lewisham High Street <i>Lewis Grove</i>	0531	0551	0611	0626	0640		1643		1743		1942	1957	2012	2026	2041			
Blackheath Village <i>Royal Parade</i>	0538	0558	0618	0634	0648		1655		1755		1951	2006	2020	2034	2049			
Blackheath <i>Royal Standard</i>	0543	0603	0623	0639	0653		1701	<i>Then</i>	1801	<i>Then</i>	1956	2011	2025	2039	2054			
Charlton Village <i>St Luke's Church</i>	0549	0609	0629	0645	0659		1709	<i>about</i>	1809	<i>about</i>	2003	2017	2031	2045	2100			
Woolwich Dockyard Station	0555	0616	0636	0652	0707		1718	<i>every 12</i>	1818	<i>every 10</i>	2010	2024	2038	2052	2107			
Woolwich Arsenal Station	0601	0622	0642	0658	0714		1727	<i>minutes</i>	1827	<i>minutes</i>	2016	2030	2044	2058	2113			
Plumstead <i>Bus Garage</i>	0604	0625	0646	0702	0718		1733	<i>until</i>	1833	<i>until</i>	2020	2034	2048	2102	2117			
Broadwaters <i>Goosander Way</i>	0606	0627	0648	0704	0720		1736		1836		2023	2037	2051	2105	2120			
Belmarsh Prison	0613	0634	0655	0711	0727		1746		1846		2032	2046	2100	2114	2129			
Lewisham High Street <i>Lewis Grove</i>	2056	2111	2126	2141	2156	2211	2226		2341	2356	0011	0026						
Blackheath Village <i>Royal Parade</i>	2104	2119	2134	2149	2204	2218	2233		2348	0003	0018	0033						
Blackheath <i>Royal Standard</i>	2109	2124	2139	2154	2209	2223	2238	<i>Then</i>	2353	0008	0023	0038						
Charlton Village <i>St Luke's Church</i>	2115	2130	2145	2200	2215	2229	2244	<i>every 15</i>	2359	0014	0029	0044						
Woolwich Dockyard Station	2122	2137	2152	2207	2222	2236	2251	<i>minutes</i>	0006	0020	0035	0050						
Woolwich Arsenal Station	2128	2143	2158	2213	2228	2242	2257	<i>until</i>	0012	0026	0041	0056						
Plumstead <i>Bus Garage</i>	2132	2147	2202	2217	2232	2246	2300		0015	0029	0044	0059						
Broadwaters <i>Goosander Way</i>	2135	2150	2205	2219	2234	2248	2302		0017	0031	0046	0101						
Belmarsh Prison	2144	2159	2214	2228	2243	2257	2310		0025	0039	0054	0109						
380		Saturdays (also Good Friday)																
Lewisham High Street <i>Lewis Grove</i>	0531	0551	0611	0631	0651	0711	0726	0741	0756	0811	0826		1827	1841	1856	1911	1926	
Blackheath Village <i>Royal Parade</i>	0538	0558	0618	0638	0658	0718	0733	0748	0803	0818	0833		1836	1850	1905	1919	1934	
Blackheath <i>Royal Standard</i>	0542	0602	0622	0642	0702	0722	0737	0752	0808	0823	0838	<i>Then</i>	1842	1856	1910	1924	1939	
Charlton Village <i>St Luke's Church</i>	0548	0608	0628	0648	0708	0728	0743	0758	0814	0829	0844	<i>about</i>	1849	1903	1917	1931	1946	
Woolwich Dockyard Station	0554	0614	0634	0654	0715	0735	0750	0805	0821	0836	0851	<i>every 12</i>	1857	1910	1924	1938	1953	
Woolwich Arsenal Station	0600	0620	0640	0700	0721	0741	0756	0811	0827	0842	0857	<i>minutes</i>	1905	1917	1931	1945	2000	
Plumstead <i>Bus Garage</i>	0603	0623	0643	0703	0724	0744	0759	0815	0831	0846	0901	<i>until</i>	1909	1921	1935	1949	2004	
Broadwaters <i>Goosander Way</i>	0605	0625	0645	0705	0726	0746	0801	0817	0833	0848	0903		1912	1924	1938	1952	2007	
Belmarsh Prison	0612	0632	0652	0712	0733	0753	0809	0825	0841	0856	0911		1921	1933	1947	2001	2016	
Lewisham High Street <i>Lewis Grove</i>	1941	1956	2011	2026	2041			2211	2226	2241	2256	2311	2326	2341	2356	0011	0026	
Blackheath Village <i>Royal Parade</i>	1949	2004	2019	2034	2049			2219	2233	2248	2303	2318	2333	2348	0003	0018	0033	
Blackheath <i>Royal Standard</i>	1954	2009	2024	2039	2054			2224	2238	2253	2308	2323	2338	2353	0008	0022	0037	
Charlton Village <i>St Luke's Church</i>	2001	2015	2030	2045	2100			2230	2244	2259	2314	2329	2344	2359	0014	0028	0043	
Woolwich Dockyard Station	2008	2022	2037	2052	2107			2237	2251	2306	2321	2336	2351	0006	0021	0035	0050	
Woolwich Arsenal Station	2015	2029	2044	2059	2113			2243	2257	2312	2327	2342	2357	0012	0027	0041	0056	
Plumstead <i>Bus Garage</i>	2019	2033	2048	2103	2117			2247	2301	2315	2330	2345	0000	0015	0030	0044	0059	
Broadwaters <i>Goosander Way</i>	2022	2036	2051	2106	2120			2250	2304	2318	2333	2348	0003	0017	0032	0046	0101	
Belmarsh Prison	2031	2045	2100	2115	2129			2259	2312	2326	2341	2356	0011	0025	0040	0054	0109	
380		Sundays and other Public Holidays (except Christmas Day)																
Lewisham High Street <i>Lewis Grove</i>	0731	0801	0831	0850	0910	0925	0940	0955	1008	1023	1037	1051	1105	1120	1134	1148	1203	1218
Blackheath Village <i>Royal Parade</i>	0738	0808	0838	0857	0917	0932	0947	1002	1016	1031	1045	1059	1114	1129	1143	1157	1213	1228
Blackheath <i>Royal Standard</i>	0743	0813	0843	0902	0922	0937	0952	1007	1022	1037	1051	1105	1120	1135	1149	1203	1219	1234
Charlton Village <i>St Luke's Church</i>	0749	0819	0849	0908	0928	0943	0958	1013	1028	1043	1057	1112	1127	1142	1156	1210	1226	1241
Woolwich Dockyard Station	0755	0825	0855	0915	0935	0950	1005	1020	1035	1050	1104	1119	1134	1149	1203	1218	1234	1249
Woolwich Arsenal Station	0800	0830	0900	0921	0941	0956	1011	1026	1041	1056	1111	1126	1141	1156	1210	1225	1241	1256
Plumstead <i>Bus Garage</i>	0803	0833	0903	0924	0945	1000	1015	1030	1045	1100	1115	1130	1145	1200	1214	1229	1245	1300
Broadwaters <i>Goosander Way</i>	0805	0835	0905	0926	0947	1002	1017	1032	1047	1102	1117	1132	1147	1202	1217	1232	1248	1303
Belmarsh Prison	0813	0843	0914	0935	0956	1011	1026	1041	1056	1111	1126	1141	1156	1211	1226	1241	1257	1312
Lewisham High Street <i>Lewis Grove</i>	1233	1248		1433	1449	1505			1735	1751	1807	1822	1837	1853	1909	1924	1940	
Blackheath Village <i>Royal Parade</i>	1243	1258		1443	1459	1514			1744	1800	1815	1830	1845	1901	1917	1932	1948	
Blackheath <i>Royal Standard</i>	1249	1304	<i>Then</i>	1449	1505	1520	<i>Then</i>	1750	1806	1821	1836	1851	1907	1922	1937	1953		
Charlton Village <i>St Luke's Church</i>	1256	1311	<i>every 15</i>	1456	1512	1527	<i>every 15</i>	1757	1812	1827	1842	1857	1913	1928	1943	1959		
Woolwich Dockyard Station	1304	1319	<i>minutes</i>	1504	1520	1535	<i>minutes</i>	1805	1820	1835	1850	1905	1921	1936	1951	2007		
Woolwich Arsenal Station	1311	1327	<i>until</i>	1512	1527	1542	<i>until</i>	1812	1827	1842	1857	1912	1928	1943	1958	2013		
Plumstead <i>Bus Garage</i>	1315	1331		1516	1531	1546		1816	1831	1846	1901	1916	1932	1947	2002	2017		
Broadwaters <i>Goosander Way</i>	1318	1334		1519	1534	1549		1819	1834	1849	1904	1919	1935	1950	2005	2020		
Belmarsh Prison	1327	1343		1528	1543	1558		1828	1843	1858	1913	1928	1944	1959	2014	2029		
Lewisham High Street <i>Lewis Grove</i>	1956			2211	2226	2241	2256	2311	2326	2341	2356	0011	0026					
Blackheath Village <i>Royal Parade</i>	2004			2219	2233	2248	2303	2318	2333	2348	0003	0018	0033					
Blackheath <i>Royal Standard</i>	2009	<i>Then</i>		2224	2238	2253	2308	2323	2338	2353	0008	0022	0037					
Charlton Village <i>St Luke's Church</i>	2015	<i>every 15</i>		2230	2244	2259	2314	2329	2344	2359	0014	0028	0043					
Woolwich Dockyard Station	2022	<i>minutes</i>		2237	2251	2306	2320	2335	2350	0005	0020	0034	0049					
Woolwich Arsenal Station	2028	<i>until</i>		2243	2257	2312	2326	2341	2356	0011	0026	0040	0055					
Plumstead <i>Bus Garage</i>	2032			2247	2301	2315	2329	2344	2359	0014	0029	0043	0058					
Broadwaters <i>Goosander Way</i>	2035			2250	2303	2317	2331	2346	0001	0016	0031	0045	0100					
Belmarsh Prison	2044			2259	2312	2326	2340	2355	0010	0025	0040	0054	0109					