

462		Mondays to Fridays																	
Limes Farm Limes Ave./Copperfield	0625	0639	0653	0707	0720	0734	0748	0803	0818	0833	0848	0903	0917	0931	0945	0959	1013	1028	
Grange Hill Station	0630	0644	0658	0712	0725	0740	0754	0809	0824	0839	0854	0909	0923	0937	0951	1004	1018	1033	
Hainault Manford Way/The Lowe	0633	0647	0701	0716	0729	0744	0758	0813	0828	0843	0858	0913	0927	0941	0955	1008	1022	1037	
Barkingside Fullwell Cross	0640	0654	0709	0724	0738	0753	0807	0822	0837	0852	0907	0922	0936	0950	1003	1016	1030	1045	
Longwood Gardens Doctor Johnson	0643	0657	0713	0728	0743	0758	0812	0827	0842	0857	0912	0927	0941	0955	1008	1021	1035	1050	
Gants Hill Station Woodford Avenue	0648	0703	0719	0734	0749	0804	0819	0834	0849	0904	0919	0933	0947	1000	1013	1026	1040	1055	
Beehive Lane Synagogue	0652	0708	0724	0740	0755	0811	0826	0841	0856	0911	0925	0939	0952	1005	1018	1031	1045	1100	
Ilford Station	0657	0713	0730	0747	0802	0819	0834	0849	0904	0918	0932	0946	0959	1012	1025	1038	1052	1107	
Ilford High Road Hainault Street	0700	0717	0734	0751	0807	0824	0839	0854	0908	0922	0936	0950	1003	1016	1029	1042	1056	1111	
Limes Farm Limes Ave./Copperfield	1043			1343	1358	1413	1428	1443	1458	1513	1528	1543	1558	1613				1728	1743
Grange Hill Station	1048			1348	1403	1418	1433	1448	1503	1518	1533	1548	1603	1618				1733	1748
Hainault Manford Way/The Lowe	1052	Then		1352	1407	1422	1437	1452	1507	1522	1537	1552	1607	1622	Then			1737	1752
Barkingside Fullwell Cross	1100	every 15		1400	1415	1430	1445	1500	1515	1530	1545	1600	1615	1630	every 15			1745	1800
Longwood Gardens Doctor Johnson	1105	minutes		1405	1420	1436	1452	1507	1522	1537	1552	1607	1622	1636	minutes			1751	1806
Gants Hill Station Woodford Avenue	1110	until		1410	1426	1442	1458	1514	1529	1544	1559	1614	1629	1643	until			1758	1813
Beehive Lane Synagogue	1115			1415	1431	1448	1504	1521	1536	1551	1606	1621	1636	1649				1804	1819
Ilford Station	1122			1422	1439	1456	1512	1529	1545	1600	1615	1630	1644	1657				1812	1826
Ilford High Road Hainault Street	1126			1426	1443	1500	1517	1534	1550	1605	1620	1635	1649	1702				1817	1831
Limes Farm Limes Ave./Copperfield	1758	1813	1828	1843	1859	1915	1947	2017	2047	2117	2145	2215	2245	2315					
Grange Hill Station	1803	1818	1833	1848	1904	1920	1951	2021	2051	2121	2149	2219	2249	2319					
Hainault Manford Way/The Lowe	1807	1822	1837	1852	1908	1924	1954	2024	2054	2124	2152	2222	2252	2322					
Barkingside Fullwell Cross	1815	1830	1845	1900	1916	1932	2002	2032	2101	2131	2159	2229	2259	2329					
Longwood Gardens Doctor Johnson	1821	1836	1851	1906	1921	1936	2006	2036	2104	2134	2202	2232	2302	2332					
Gants Hill Station Woodford Avenue	1827	1842	1857	1912	1926	1940	2010	2040	2108	2138	2206	2235	2305	2335					
Beehive Lane Synagogue	1833	1848	1903	1917	1931	1945	2014	2044	2112	2142	2210	2238	2308	2338					
Ilford Station	1840	1854	1909	1923	1937	1951	2019	2048	2116	2146	2214	2242	2312	2342					
Ilford High Road Hainault Street	1845	1859	1913	1927	1941	1955	2023	2051	2119	2149	2217	2245	2315	2345					
462		Saturdays (also Good Friday)																	
Limes Farm Limes Ave./Copperfield	0625	0645	0705	0725	0745	0805	0825	0845	0905	0920	0935	0950	1005	1020	1035	1050	1105	1120	
Grange Hill Station	0630	0650	0710	0730	0750	0810	0830	0850	0910	0925	0940	0955	1011	1026	1041	1056	1111	1126	
Hainault Manford Way/The Lowe	0633	0653	0713	0733	0753	0813	0833	0853	0913	0928	0943	0959	1015	1030	1045	1100	1115	1130	
Barkingside Fullwell Cross	0640	0700	0720	0740	0800	0820	0840	0901	0921	0936	0951	1007	1023	1038	1053	1108	1123	1138	
Longwood Gardens Doctor Johnson	0643	0703	0723	0743	0803	0824	0844	0905	0925	0940	0956	1012	1028	1043	1058	1113	1128	1143	
Gants Hill Station Woodford Avenue	0647	0707	0727	0747	0807	0828	0848	0909	0929	0944	1000	1016	1032	1048	1103	1118	1133	1148	
Beehive Lane Synagogue	0650	0710	0730	0750	0811	0832	0852	0913	0933	0948	1004	1020	1036	1052	1108	1123	1138	1153	
Ilford Station	0654	0714	0734	0754	0815	0836	0857	0918	0938	0954	1011	1028	1044	1101	1117	1133	1148	1203	
Ilford High Road Hainault Street	0657	0717	0737	0757	0818	0839	0900	0921	0942	0958	1015	1032	1049	1106	1122	1138	1153	1208	
Limes Farm Limes Ave./Copperfield	1135	1150		1420	1436	1452				1637	1652	1707	1723	1739	1801	1819	1851	1921	
Grange Hill Station	1141	1156		1426	1442	1458				1643	1657	1712	1728	1744	1806	1824	1855	1925	
Hainault Manford Way/The Lowe	1145	1200	Then	1430	1446	1502	Then			1647	1701	1716	1731	1747	1809	1827	1858	1928	
Barkingside Fullwell Cross	1153	1208	every 15	1438	1454	1510	every 15			1655	1709	1724	1739	1755	1817	1835	1906	1936	
Longwood Gardens Doctor Johnson	1158	1214	minutes	1444	1500	1515	minutes			1700	1714	1729	1744	1759	1821	1839	1910	1940	
Gants Hill Station Woodford Avenue	1203	1219	until	1449	1505	1520	until			1705	1719	1734	1749	1804	1825	1843	1914	1944	
Beehive Lane Synagogue	1208	1224		1454	1510	1525				1710	1724	1739	1754	1809	1830	1848	1918	1948	
Ilford Station	1218	1234		1504	1519	1534				1719	1733	1747	1802	1817	1837	1855	1924	1953	
Ilford High Road Hainault Street	1223	1239		1509	1524	1539				1724	1738	1752	1807	1822	1842	1900	1928	1956	
462		Saturdays (also Good Friday) (cont.)									Sundays and other Public Holidays								
Limes Farm Limes Ave./Copperfield	1951	2019	2047	2115	2145	2215	2245	2315	0715	0745	0815	0844	0913	0943	1011	1039	1108	1137	
Grange Hill Station	1955	2023	2051	2119	2149	2219	2249	2319	0719	0749	0819	0848	0917	0947	1015	1043	1113	1142	
Hainault Manford Way/The Lowe	1958	2026	2054	2122	2152	2222	2252	2322	0722	0752	0822	0851	0921	0951	1019	1047	1117	1146	
Barkingside Fullwell Cross	2006	2033	2101	2129	2159	2229	2259	2329	0729	0759	0829	0858	0928	0958	1026	1055	1125	1154	
Longwood Gardens Doctor Johnson	2009	2036	2104	2132	2202	2232	2302	2332	0732	0802	0832	0901	0931	1001	1029	1059	1129	1158	
Gants Hill Station Woodford Avenue	2013	2040	2108	2136	2205	2235	2305	2335	0736	0806	0836	0905	0935	1005	1033	1103	1133	1202	
Beehive Lane Synagogue	2017	2044	2112	2140	2208	2238	2308	2338	0739	0809	0839	0909	0939	1009	1037	1107	1137	1206	
Ilford Station	2021	2048	2116	2144	2212	2242	2312	2342	0743	0813	0843	0913	0943	1013	1042	1112	1142	1212	
Ilford High Road Hainault Street	2024	2051	2119	2147	2215	2245	2315	2345	0746	0816	0846	0916	0946	1016	1046	1116	1146	1216	
462		Sundays and other Public Holidays (except Christmas Day) (cont.)																	
Limes Farm Limes Ave./Copperfield	1206			1536	1606	1635	1704	1729	1755	1821	1850	1919	1948	2017	2046	2115		2315	
Grange Hill Station	1211			1541	1611	1640	1708	1733	1759	1825	1854	1923	1952	2021	2050	2119		2319	
Hainault Manford Way/The Lowe	1215	Then		1545	1614	1643	1711	1736	1802	1828	1857	1926	1955	2024	2053	2122	Then	2322	
Barkingside Fullwell Cross	1223	every 30		1553	1622	1651	1719	1744	1810	1836	1905	1934	2003	2031	2100	2129	every	2329	
Longwood Gardens Doctor Johnson	1227	minutes		1557	1626	1655	1723	1748	1814	1839	1908	1937	2006	2034	2103	2132	30	2332	
Gants Hill Station Woodford Avenue	1232	until		1602	1630	1659	1727	1752	1818	1843	1912	1941	2009	2037	2106	2135	mins.	2335	
Beehive Lane Synagogue	1236			1606	1634	1703	1731	1756	1822	1847	1915	1944	2012	2040	2109	2138	until	2338	
Ilford Station	1242			1612	1640	1708	1736	1801	1827	1852	1920	1949	2017	2045	2113	2142		2342	
Ilford High Road Hainault Street	1246			1616	1644	1712	1740	1805	1831	1856	1924	1952	2020	2048	2116	2145		2345	

462		Mondays to Fridays																	
Ilford High Road Hainault Street	0620	0632	0644	0654	0705	0717	0729	0742	0756	0811	0826	0841	0856	0911	0926		1341	1355	
Ilford Station	0623	0635	0647	0657	0709	0721	0734	0747	0802	0817	0832	0847	0902	0917	0931		1346	1400	
Beehive Lane Synagogue	0627	0639	0651	0701	0714	0726	0740	0754	0809	0824	0839	0853	0908	0923	0937	Then	1352	1406	
Gants Hill Station Woodford Avenue	0630	0642	0654	0705	0718	0730	0745	0800	0815	0830	0845	0859	0913	0928	0942	every	1357	1411	
Longwood Gardens Doctor Johnson	0633	0645	0657	0709	0722	0735	0750	0805	0820	0835	0850	0904	0918	0933	0947	15	1402	1416	
Barkingside Fullwell Cross	0636	0648	0700	0713	0726	0740	0755	0810	0825	0840	0855	0909	0923	0938	0952	mins.	1407	1421	
Hainault Manford Way/The Lowe	0643	0655	0708	0721	0734	0748	0803	0818	0833	0848	0903	0917	0931	0946	1000	until	1415	1429	
Grange Hill Station	0647	0659	0712	0725	0739	0753	0808	0823	0838	0853	0908	0922	0936	0950	1004		1419	1434	
Limes Farm Limes Ave./Copperfield	0651	0704	0717	0730	0744	0759	0814	0829	0844	0859	0913	0927	0941	0955	1009		1424	1439	
Ilford High Road Hainault Street	1409	1423	1436	1449	1502	1516		1801	1817	1835	1854	1912	1930	1948	2008	2038	2108	2139	
Ilford Station	1414	1428	1442	1455	1508	1523		1808	1824	1841	1900	1918	1936	1953	2012	2042	2112	2143	
Beehive Lane Synagogue	1420	1434	1449	1502	1517	1532	Then	1817	1833	1849	1908	1925	1942	1959	2017	2047	2117	2148	
Gants Hill Station Woodford Avenue	1425	1440	1455	1509	1524	1539	every	1824	1840	1856	1914	1931	1947	2004	2021	2051	2120	2151	
Longwood Gardens Doctor Johnson	1430	1445	1500	1515	1530	1545	15	1830	1846	1902	1919	1935	1951	2008	2025	2055	2124	2155	
Barkingside Fullwell Cross	1436	1451	1506	1521	1536	1551	mins.	1836	1851	1907	1924	1939	1955	2012	2029	2059	2128	2158	
Hainault Manford Way/The Lowe	1444	1459	1514	1529	1544	1559	until	1844	1859	1915	1932	1947	2003	2020	2037	2107	2135	2205	
Grange Hill Station	1449	1504	1519	1534	1549	1604		1849	1904	1920	1937	1952	2007	2024	2041	2111	2139	2209	
Limes Farm Limes Ave./Copperfield	1454	1509	1524	1539	1554	1609		1854	1909	1925	1941	1956	2011	2028	2045	2115	2143	2213	
462		Mons to Fris (cont.)									Saturdays (also Good Friday)								
Ilford High Road Hainault Street	2210	2240	2310	2340	0612	0632	0652	0712	0730	0748	0806	0823	0838	0852	0906	0919	0932	0946	
Ilford Station	2214	2244	2314	2344	0615	0635	0655	0715	0733	0752	0810	0827	0842	0856	0910	0923	0937	0952	
Beehive Lane Synagogue	2218	2248	2318	2348	0619	0639	0659	0719	0737	0756	0814	0832	0847	0901	0915	0929	0943	0958	
Gants Hill Station Woodford Avenue	2221	2251	2321	2351	0622	0642	0702	0722	0740	0759	0817	0835	0850	0904	0919	0933	0947	1002	
Longwood Gardens Doctor Johnson	2225	2255	2325	2355	0625	0645	0705	0725	0743	0802	0821	0839	0854	0908	0923	0938	0952	1007	
Barkingside Fullwell Cross	2228	2258	2328	2358	0628	0648	0708	0728	0746	0805	0824	0843	0858	0913	0928	0943	0958	1013	
Hainault Manford Way/The Lowe	2235	2305	2335	0005	0635	0655	0715	0735	0753	0813	0832	0851	0906	0921	0936	0951	1006	1021	
Grange Hill Station	2239	2309	2339	0009	0639	0659	0719	0739	0757	0817	0837	0856	0911	0926	0941	0956	1011	1026	
Limes Farm Limes Ave./Copperfield	2243	2313	2343	0013	0643	0703	0723	0743	0801	0821	0841	0901	0916	0931	0946	1001	1016	1031	
462		Saturdays (also Good Friday)																	
Ilford High Road Hainault Street	1000	1014		1059	1113	1127	1141	1155		1255	1309	1324	1339		1539	1555	1611	1627	
Ilford Station	1006	1020		1105	1119	1133	1147	1202		1302	1316	1331	1346		1546	1602	1618	1634	
Beehive Lane Synagogue	1012	1027	Then	1112	1126	1141	1155	1210	Then	1310	1324	1339	1355	Then	1555	1611	1627	1643	
Gants Hill Station Woodford Avenue	1017	1032	every	1117	1131	1146	1201	1216	every	1316	1330	1346	1402	every	1602	1617	1633	1649	
Longwood Gardens Doctor Johnson	1022	1037	15	1122	1136	1151	1206	1221	15	1321	1336	1352	1408	15	1608	1623	1639	1655	
Barkingside Fullwell Cross	1028	1043	mins.	1128	1143	1158	1213	1228	mins.	1328	1343	1359	1415	mins.	1615	1630	1646	1701	
Hainault Manford Way/The Lowe	1036	1051	until	1136	1151	1206	1221	1236	until	1336	1351	1407	1423	until	1623	1638	1654	1709	
Grange Hill Station	1041	1056		1141	1156	1211	1226	1241		1341	1356	1412	1428		1628	1643	1659	1714	
Limes Farm Limes Ave./Copperfield	1046	1101		1146	1201	1216	1231	1246		1346	1401	1417	1433		1633	1648	1703	1718	
Ilford High Road Hainault Street	1643	1656	1709	1724	1740	1758	1818	1838	1908	1938	2008	2038	2108	2139	2210	2240	2310	2340	
Ilford Station	1649	1702	1715	1730	1746	1804	1824	1843	1913	1942	2012	2042	2112	2143	2214	2244	2314	2344	
Beehive Lane Synagogue	1657	1710	1723	1738	1754	1812	1831	1849	1919	1947	2017	2047	2117	2148	2218	2248	2318	2348	
Gants Hill Station Woodford Avenue	1703	1716	1729	1744	1800	1818	1837	1854	1923	1951	2021	2050	2120	2151	2221	2251	2321	2351	
Longwood Gardens Doctor Johnson	1709	1722	1735	1750	1806	1823	1841	1858	1927	1955	2025	2054	2124	2155	2225	2255	2325	2355	
Barkingside Fullwell Cross	1716	1728	1741	1756	1811	1828	1845	1902	1931	1959	2029	2058	2128	2158	2228	2258	2328	2358	
Hainault Manford Way/The Lowe	1724	1736	1749	1804	1819	1836	1853	1910	1939	2007	2037	2105	2135	2205	2235	2305	2335	0005	
Grange Hill Station	1729	1741	1754	1809	1824	1841	1858	1915	1943	2011	2041	2109	2139	2209	2239	2309	2339	0009	
Limes Farm Limes Ave./Copperfield	1733	1745	1758	1813	1828	1845	1902	1919	1947	2015	2045	2113	2143	2213	2243	2313	2343	0013	
462		Sundays and other Public Holidays (except Christmas Day)																	
Ilford High Road Hainault Street	0740	0810	0838	0908	0933	0959	1027	1055	1123	1153	1222	1251	1320	1349	1419	1449	1519	1549	
Ilford Station	0743	0813	0841	0911	0936	1003	1031	1059	1127	1157	1226	1255	1324	1353	1423	1453	1523	1553	
Beehive Lane Synagogue	0747	0817	0845	0915	0940	1007	1035	1103	1132	1202	1232	1301	1331	1400	1430	1500	1530	1600	
Gants Hill Station Woodford Avenue	0750	0820	0848	0918	0943	1011	1039	1107	1136	1206	1236	1305	1335	1405	1435	1505	1535	1605	
Longwood Gardens Doctor Johnson	0754	0824	0852	0922	0947	1015	1043	1111	1140	1210	1240	1310	1340	1410	1440	1510	1539	1609	
Barkingside Fullwell Cross	0757	0827	0855	0925	0950	1018	1046	1115	1144	1214	1244	1314	1344	1414	1444	1514	1543	1613	
Hainault Manford Way/The Lowe	0804	0834	0902	0932	0958	1026	1054	1123	1152	1222	1252	1322	1352	1422	1452	1522	1551	1621	
Grange Hill Station	0808	0838	0906	0936	1003	1031	1059	1128	1157	1227	1257	1327	1357	1427	1457	1527	1556	1626	
Limes Farm Limes Ave./Copperfield	0812	0842	0910	0940	1007	1035	1104	1133	1202	1232	1302	1332	1402	1432	1502	1532	1601	1630	
Ilford High Road Hainault Street	1619	1645	1711	1737	1807	1837	1907	1937	2008	2039	2109	2140	2210	2240	2310	2340			
Ilford Station	1623	1649	1715	1741	1811	1841	1911	1941	2012	2043	2113	2144	2214	2244	2314	2344			
Beehive Lane Synagogue	1630	1655	1721	1747	1817	1847	1916	1946	2017	2048	2118	2148	2218	2248	2318	2348			
Gants Hill Station Woodford Avenue	1634	1659	1725	1751	1821	1851	1920	1949	2020	2051	2121	2151	2221	2251	2321	2351			
Longwood Gardens Doctor Johnson	1638	1703	1729	1755	1825	1855	1924	1953	2024	2055	2125	2155	2225	2255	2325	2355			
Barkingside Fullwell Cross	1642	1707	1733	1759	1829	1859	1928	1957	2028	2058	2128	2158	2228	2258	2328	2358			
Hainault Manford Way/The Lowe	1650	1715	1741	1807	1837	1907	1936	2005	2035	2105	2135	2205	2235	2305	2335	0005			
Grange Hill Station	1655	1720	1746	1812	1842	1911	1940	2009	2039	2109	2139	2209	2239	2309	2339	0009			
Limes Farm Limes Ave./																			