

469		Mondays to Fridays																					
Erith Bexley Road/Cross Street	0510	0525	0540	0555	0610	0625	0640	0655	0708	0721	0735	0750	0805	0820	0835	0850	0905	0920	0935	0950			
Belvedere Station Lower Road	0517	0532	0547	0602	0617	0633	0648	0703	0716	0729	0743	0758	0813	0828	0843	0858	0913	0927	0942	0957			
Abbey Wood Station	0523	0538	0553	0608	0623	0639	0654	0709	0723	0737	0751	0806	0821	0836	0851	0906	0921	0935	0950	1005			
Eynsham Drive Shops	0531	0546	0601	0616	0632	0648	0703	0720	0734	0749	0803	0818	0833	0848	0903	0918	0933	0947	1002	1015			
Plumstead Station	0540	0555	0610	0626	0642	0658	0714	0732	0747	0802	0817	0832	0847	0902	0916	0930	0944	0958	1013	1026			
Woolwich Arsenal Station	0544	0559	0614	0630	0646	0702	0718	0737	0752	0807	0822	0837	0852	0907	0921	0935	0949	1003	1018	1031			
Queen Elizabeth Hospital	0549	0604	0619	0635	0652	0709	0726	0745	0800	0815	0830	0845	0900	0915	0929	0943	0957	1010	1025	1038			
Erith Bexley Road/Cross Street	1005		1120	1135				1305	1320			1420	1435	1450			1550	1605	1620	1635	1650	1705	1721
Belvedere Station Lower Road	1012	Then	1127	1143		Then		1313	1328	Then		1428	1443	1459	Then		1559	1614	1629	1644	1659	1714	1730
Abbey Wood Station	1019	every	1134	1150		every 15		1320	1335	every		1435	1450	1506	every		1606	1621	1636	1651	1706	1721	1736
Eynsham Drive Shops	1029	15	1144	1200		minutes		1330	1345	15		1445	1501	1518	15		1618	1632	1647	1702	1717	1732	1747
Plumstead Station	1040	mins.	1155	1211		until		1341	1357	mins.		1457	1513	1530	mins.		1630	1644	1658	1713	1728	1743	1758
Woolwich Arsenal Station	1045	until	1200	1216				1346	1402	until		1502	1518	1535	until		1635	1649	1703	1718	1733	1748	1803
Queen Elizabeth Hospital	1052		1207	1223				1353	1409			1509	1525	1543			1643	1657	1711	1726	1741	1755	1810
Erith Bexley Road/Cross Street	1737	1752	1807	1822	1838	1853	1908	1923	1938	1953	2008	2023	2039	2055	2110	2125	2140	2200	2220	2240			
Belvedere Station Lower Road	1745	1800	1815	1830	1845	1900	1915	1930	1945	2000	2015	2030	2046	2102	2117	2132	2147	2207	2227	2246			
Abbey Wood Station	1751	1806	1821	1836	1851	1906	1921	1936	1951	2006	2021	2036	2052	2107	2122	2137	2152	2212	2232	2251			
Eynsham Drive Shops	1802	1817	1832	1846	1901	1916	1931	1946	2001	2016	2031	2046	2101	2116	2131	2146	2201	2220	2240	2259			
Plumstead Station	1813	1828	1843	1856	1911	1926	1941	1956	2011	2026	2040	2055	2109	2124	2139	2154	2209	2228	2248	2307			
Woolwich Arsenal Station	1818	1832	1847	1900	1915	1930	1945	2000	2015	2030	2044	2059	2112	2127	2142	2157	2212	2231	2251	2310			
Queen Elizabeth Hospital	1825	1839	1854	1907	1922	1937	1952	2006	2021	2036	2050	2105	2118	2133	2148	2203	2217	2236	2256	2315			
469		Mondays to Fridays (cont.)								Saturdays (also Good Friday)													
Erith Bexley Road/Cross Street	2300	2320	2340	0000	0020	0040	0510				0710	0725	0740	0755	0810	0825	0840	0855	0909	0924	0939		
Belvedere Station Lower Road	2306	2326	2345	0005	0025	0045	0516	Then			0716	0731	0746	0801	0816	0831	0846	0901	0916	0931	0946		
Abbey Wood Station	2311	2331	2350	0010	0030	0050	0522	every 20			0722	0737	0752	0807	0822	0837	0852	0907	0922	0937	0952		
Eynsham Drive Shops	2319	2339	2358	0018	0038	0058	0530	minutes			0730	0746	0801	0817	0832	0847	0902	0917	0932	0947	1002		
Plumstead Station	2327	2346	0005	0025	0045	0105	0539	until			0739	0755	0811	0827	0842	0857	0913	0928	0943	0958	1013		
Woolwich Arsenal Station	2330	2349	0008	0028	0048	0108	0543				0743	0759	0815	0831	0846	0901	0917	0932	0947	1002	1017		
Queen Elizabeth Hospital	2335	2354	0013	0033	0053	0113	0548				0748	0804	0820	0836	0851	0907	0923	0938	0953	1008	1023		
469		Saturdays (also Good Friday) (cont.)																					
Erith Bexley Road/Cross Street	0954	1008	1022	1037	1052	1107	1122	1137	1152	Then		1322	1337	1352	1407	1422	1438	Then		1738	1753	1808	
Belvedere Station Lower Road	1001	1015	1029	1044	1059	1114	1129	1144	1200	every		1330	1345	1400	1415	1430	1445	every		1745	1800	1815	
Abbey Wood Station	1007	1021	1036	1051	1106	1121	1136	1151	1207	15		1337	1352	1407	1422	1437	1452	15		1752	1807	1822	
Eynsham Drive Shops	1017	1031	1046	1101	1116	1131	1146	1201	1217	mins.		1347	1402	1417	1432	1447	1502	mins.		1802	1817	1832	
Plumstead Station	1028	1043	1058	1113	1128	1143	1158	1213	1229	until		1359	1413	1428	1443	1458	1513	until		1813	1828	1843	
Woolwich Arsenal Station	1032	1048	1103	1118	1133	1148	1203	1218	1234			1404	1418	1433	1448	1503	1518			1818	1832	1847	
Queen Elizabeth Hospital	1038	1054	1109	1124	1139	1154	1210	1225	1241			1411	1425	1440	1455	1510	1525			1825	1839	1854	
Erith Bexley Road/Cross Street	1824	1839	1854	1909	1924	1939	2054	2110	2125	2140	2200	2220	2240	2300	2320	2340	0000	0020	0040				
Belvedere Station Lower Road	1831	1846	1901	1916	1931	1946	Then			2101	2116	2131	2146	2206	2226	2246	2306	2326	2345	0005	0025	0045	
Abbey Wood Station	1837	1852	1907	1922	1937	1952	every			2107	2122	2137	2152	2211	2231	2251	2311	2331	2350	0010	0030	0050	
Eynsham Drive Shops	1847	1902	1917	1932	1947	2001	15			2116	2131	2146	2201	2219	2239	2259	2319	2339	2358	0018	0038	0058	
Plumstead Station	1858	1912	1927	1942	1957	2010	mins.			2125	2140	2155	2210	2228	2247	2307	2327	2346	0005	0025	0045	0105	
Woolwich Arsenal Station	1902	1916	1931	1946	2001	2014	until			2129	2144	2159	2213	2231	2250	2310	2330	2349	0008	0028	0048	0108	
Queen Elizabeth Hospital	1908	1922	1937	1952	2007	2020				2135	2150	2205	2218	2236	2255	2315	2335	2354	0013	0033	0053	0113	
469		Sundays and other Public Holidays (except Christmas Day)																					
Erith Bexley Road/Cross Street	0510	0540	0610	0640	0710	0740	0810	0840	0900	0919	0937	0957	1017	1036	1056	1116	1136	1156	1216	1236			
Belvedere Station Lower Road	0516	0546	0616	0646	0716	0746	0816	0846	0906	0925	0944	1004	1024	1043	1103	1123	1143	1203	1224	1244			
Abbey Wood Station	0522	0552	0622	0652	0722	0752	0822	0852	0912	0931	0950	1010	1030	1050	1110	1130	1150	1210	1231	1251			
Eynsham Drive Shops	0530	0600	0630	0700	0730	0800	0830	0901	0921	0941	1000	1020	1040	1100	1120	1140	1200	1220	1241	1301			
Plumstead Station	0538	0608	0638	0708	0738	0809	0839	0911	0931	0951	1011	1031	1051	1111	1131	1151	1211	1231	1253	1313			
Woolwich Arsenal Station	0542	0612	0642	0712	0742	0813	0843	0915	0935	0955	1015	1035	1055	1115	1135	1155	1216	1236	1258	1318			
Queen Elizabeth Hospital	0547	0617	0647	0717	0747	0818	0848	0921	0941	1001	1021	1041	1101	1121	1141	1201	1222	1243	1305	1325			
Erith Bexley Road/Cross Street	1256	1316	1336	1356	1416	1436	1457	1518	Then		1738	1758	1818	1838	1858	1919	1940	2000	2020	2040			
Belvedere Station Lower Road	1304	1324	1344	1404	1424	1444	1505	1525	every 20		1745	1805	1825	1845	1905	1926	1946	2006	2026	2046			
Abbey Wood Station	1311	1331	1351	1411	1431	1451	1511	1531	minutes		1751	1811	1831	1851	1911	1931	1951	2011	2031	2051			
Eynsham Drive Shops	1321	1341	1401	1421	1441	1501	1521	1541	until		1801	1819	1839	1859	1919	1939	1959	2019	2039	2059			
Plumstead Station	1333	1353	1412	1432	1451	1511	1531	1551			1811	1829	1849										

469		Mondays to Fridays																		
Queen Elizabeth Hospital	0455 0510 0525 0540 0555 0610 0625 0640 0653 0706 0721 0735													1135 1149						1404 1418
Woolwich Arsenal Station	0501 0516 0531 0546 0601 0616 0631 0647 0700 0713 0728 0743	Then every 15 minutes until												1143 1157	Then every 15 minutes until					1412 1426
Plumstead Station	0505 0520 0535 0550 0605 0620 0635 0651 0705 0718 0733 0748		1148 1202	1417 1431																
Eynsham Drive Shops	0513 0528 0543 0558 0613 0629 0644 0700 0715 0729 0744 0759		1159 1214	1429 1444																
Abbey Wood Station	0523 0538 0553 0608 0623 0639 0655 0711 0726 0741 0756 0811		1211 1226	1441 1456																
Belvedere Station Lower Road	0528 0543 0558 0613 0628 0645 0701 0717 0733 0748 0803 0818		1218 1233	1448 1503																
Erith Bexley Road/Cross Street	0534 0549 0604 0619 0634 0651 0708 0724 0740 0755 0810 0825	1225 1240	1455 1510																	
Queen Elizabeth Hospital	1431 1446 1501 1516 1531 1546 1600 1615 1630 1645	Then every 15 minutes until												1815 1830 1845 1900 1915 1930 1945 2000						
Woolwich Arsenal Station	1440 1455 1510 1525 1540 1555 1610 1625 1640 1655		1825 1839 1854 1909 1924 1938 1953 2007																	
Plumstead Station	1446 1501 1516 1531 1546 1601 1616 1631 1646 1702		1832 1846 1900 1915 1930 1944 1958 2012																	
Eynsham Drive Shops	1500 1515 1530 1545 1600 1615 1630 1645 1700 1716		1846 1859 1913 1928 1943 1957 2010 2024																	
Abbey Wood Station	1513 1528 1543 1558 1613 1628 1643 1658 1713 1728		1858 1911 1925 1940 1955 2009 2021 2034																	
Belvedere Station Lower Road	1520 1535 1551 1606 1621 1636 1651 1705 1720 1735	1905 1918 1932 1947 2002 2015 2027 2040																		
Erith Bexley Road/Cross Street	1527 1542 1558 1613 1628 1643 1658 1712 1727 1742	1912 1924 1938 1953 2008 2021 2033 2046																		
Queen Elizabeth Hospital	2015 2030 2045 2100 2120 2140 2200 2220 2240 2300 2320 2340 0000 0020 0040																			
Woolwich Arsenal Station	2022 2037 2052 2107 2127 2147 2207 2227 2246 2306 2326 2346 0006 0026 0046																			
Plumstead Station	2027 2042 2057 2112 2132 2152 2212 2232 2250 2310 2330 2350 0010 0030 0050																			
Eynsham Drive Shops	2039 2053 2108 2123 2143 2203 2223 2242 2300 2320 2340 0000 0019 0039 0059																			
Abbey Wood Station	2049 2103 2118 2133 2153 2213 2233 2252 2310 2330 2350 0010 0028 0048 0108																			
Belvedere Station Lower Road	2055 2109 2124 2139 2159 2219 2239 2258 2316 2336 2356 0015 0033 0053 0113																			
Erith Bexley Road/Cross Street	2101 2115 2130 2145 2205 2225 2245 2304 2322 2342 0002 0021 0039 0059 0119																			
469		Saturdays (also Good Friday)																		
Queen Elizabeth Hospital	0455 0515 0535 0555 0615 0634 0649 0704 0718 0733 0748 0802 0817 0831 0846 0901 0915 0929 0943 0957																			
Woolwich Arsenal Station	0501 0521 0541 0601 0621 0640 0655 0710 0724 0739 0754 0809 0824 0838 0853 0908 0922 0936 0951 1005																			
Plumstead Station	0505 0525 0545 0605 0625 0644 0659 0714 0728 0743 0758 0813 0828 0842 0857 0912 0927 0941 0956 1010																			
Eynsham Drive Shops	0513 0533 0553 0613 0633 0652 0707 0722 0737 0752 0807 0822 0837 0852 0907 0922 0937 0951 1006 1021																			
Abbey Wood Station	0523 0543 0603 0623 0643 0702 0717 0732 0747 0802 0817 0832 0847 0902 0917 0932 0947 1001 1016 1031																			
Belvedere Station Lower Road	0528 0548 0608 0628 0648 0708 0723 0738 0753 0808 0823 0838 0853 0908 0923 0938 0953 1008 1023 1038																			
Erith Bexley Road/Cross Street	0534 0554 0614 0634 0654 0714 0729 0744 0759 0814 0829 0844 0859 0914 0929 0944 0959 1014 1029 1044																			
Queen Elizabeth Hospital	1011	Then every 15 minutes until	1111 1125 1139 1154 1208 1223 1238 1253 1308 1323 1338 1353 1408 1423 1438 1453 1508																	
Woolwich Arsenal Station	1019		1119 1133 1147 1202 1217 1232 1247 1302 1317 1331 1346 1401 1416 1431 1446 1501 1516																	
Plumstead Station	1024		1124 1138 1152 1207 1222 1237 1252 1307 1322 1337 1352 1407 1422 1437 1452 1507 1522																	
Eynsham Drive Shops	1035		1135 1149 1204 1219 1234 1249 1304 1319 1334 1349 1404 1419 1434 1449 1504 1519 1534																	
Abbey Wood Station	1046		1146 1200 1215 1230 1245 1300 1315 1330 1345 1400 1415 1430 1445 1500 1515 1530 1545																	
Belvedere Station Lower Road	1053	1153 1207 1222 1237 1252 1307 1322 1337 1352 1407 1422 1437 1452 1507 1522 1537 1552																		
Erith Bexley Road/Cross Street	1059	1159 1214 1229 1244 1259 1314 1329 1344 1359 1414 1429 1444 1459 1513 1528 1543 1558																		
Queen Elizabeth Hospital	1524	Then every 15 minutes until	1909 1924 1939 1955 2012 2027 2042 2057	Then every 20 mins. until	2217 2238 2258 2319 2339 0000 0020 0040															
Woolwich Arsenal Station	1532		1917 1932 1947 2003 2019 2034 2049 2104		2224 2245 2305 2325 2345 0006 0026 0046															
Plumstead Station	1537		1922 1937 1952 2008 2024 2039 2054 2109		2229 2249 2309 2329 2349 0010 0030 0050															
Eynsham Drive Shops	1549		1934 1949 2004 2020 2035 2050 2105 2120		2240 2259 2319 2339 2359 0019 0039 0059															
Abbey Wood Station	1600		1945 2000 2015 2030 2045 2100 2115 2130		2250 2309 2329 2349 0009 0028 0048 0108															
Belvedere Station Lower Road	1607	1952 2006 2021 2036 2051 2106 2121 2136	2256 2315 2335 2355 0014 0033 0053 0113																	
Erith Bexley Road/Cross Street	1613	1958 2012 2027 2042 2057 2112 2127 2142	2302 2321 2341 0001 0020 0039 0059 0119																	
469		Sundays and other Public Holidays (except Christmas Day)																		
Queen Elizabeth Hospital	0455 0525 0555 0625 0655 0725 0755 0820 0840 0900 0920 0940 0959 1019 1038 1058 1118 1138 1158 1218																			
Woolwich Arsenal Station	0501 0531 0601 0631 0701 0731 0801 0826 0846 0906 0926 0947 1006 1026 1045 1105 1125 1145 1205 1225																			
Plumstead Station	0505 0535 0605 0635 0705 0735 0805 0830 0850 0910 0930 0951 1010 1030 1049 1109 1129 1150 1210 1230																			
Eynsham Drive Shops	0513 0543 0613 0643 0713 0744 0814 0839 0859 0919 0940 1001 1020 1040 1100 1120 1140 1201 1221 1241																			
Abbey Wood Station	0522 0552 0622 0652 0722 0754 0824 0849 0909 0929 0950 1012 1032 1052 1112 1132 1152 1213 1233 1253																			
Belvedere Station Lower Road	0527 0557 0627 0657 0727 0759 0830 0855 0915 0935 0957 1019 1039 1059 1119 1139 1159 1220 1240 1300																			
Erith Bexley Road/Cross Street	0532 0602 0632 0702 0732 0804 0835 0900 0921 0941 1003 1025 1045 1105 1126 1146 1206 1227 1247 1307																			
Queen Elizabeth Hospital	1238 1258 1318 1338 1358 1418 1438 1458 1519 1539 1559 1620 1640 1700 1720 1740 1800	Then every 20 minutes until	2000																	
Woolwich Arsenal Station	1245 1306 1326 1346 1406 1426 1446 1506 1527 1547 1607 1628 1648 1708 1728 1748 1807		2007																	
Plumstead Station	1250 1311 1331 1351 1411 1431 1451 1511 1532 1552 1612 1633 1653 1713 1733 1753 1812		2012																	
Eynsham Drive Shops	1302 1323 1343 1403 1423 1443 1503 1523 1544 1604 1624 1645 1705 1725 1744 1804 1823		2023																	
Abbey Wood Station	1314 1335 1355 1415 1435 1455 1515 1535 1555 1615 1635 1655 1715 1735 1754 1814 1833		2033																	
Belvedere Station Lower Road	1321 1342 1402 1422 1442 1502 1522 1542 1602 1622 1642 1702 1722 1742 1801 1820 1839	2039																		
Erith Bexley Road/Cross Street	1328 1349 1409 1429 1449 1508 1528 1548 1608 1628 1648 1708 1728 1748 1807 1826 1845	2045																		
Queen Elizabeth Hospital	2020 2040 2100 2120 2140 2200 2220 2240 2300 2320 2340 0000 0020 0040																			
Woolwich Arsenal Station	2027 2047 2107 2127 2147 2207 2227 2247 2306 2326 2346 0006 0026 0046																			
Plumstead Station	2032 2052 2112 2132 2152 2211 2231 2251 2310 2330 2350 0010 0030 0050																			
Eynsham Drive Shops	2042 2102 2122 2142 2202 2221 2241 2301 2320 2340 2359 0019 0039 0059																			
Abbey Wood Station	2052 2112 2132 2152 2212 2231 2251 2311 2330 2350 0009 0028 0048 0108																			
Belvedere Station Lower Road	2058 2118 2138 2158 2218 2237 2257 2317 2336 2356 0014 0033 0053 0113																			
Erith Bexley Road/Cross Street	2104 2124 2144 2204 2224 2243 2303 2323 2342 0002 0020 0039 0059 0119																			