

| 473 Mondays to Fridays                                       |      |          |      |       |          |          |       |      |          |      |          |      |          |          |          |          |      |      |      |
|--------------------------------------------------------------|------|----------|------|-------|----------|----------|-------|------|----------|------|----------|------|----------|----------|----------|----------|------|------|------|
| North Woolwich Free Ferry                                    | 0430 | 0445     | 0500 | 0512  | 0524     | 0536     | 0547  | 0558 |          |      | 0930     |      | 1204     | 1215     |          | 1405     |      |      |      |
| London City Airport                                          | 0436 | 0451     | 0506 | 0518  | 0530     | 0542     | 0553  | 0604 | Then     | 0936 | Then     | 1210 | 1221     | Then     | 1411     |          |      |      |      |
| Prince Regent Station Bus Station                            | 0440 | 0455     | 0510 | 0522  | 0534     | 0546     | 0557  | 0609 | about    | 0941 | every 11 | 1215 | 1226     | every 11 | 1416     |          |      |      |      |
| Prince Regent Lane Bennett Road                              | 0442 | 0457     | 0512 | 0524  | 0536     | 0548     | 0600  | 0612 | every 11 | 0944 | minutes  | 1218 | 1229     | minutes  | 1419     |          |      |      |      |
| Plaistow Greengate                                           | 0447 | 0502     | 0517 | 0529  | 0541     | 0553     | 0605  | 0618 | minutes  | 0951 | until    | 1225 | 1237     | until    | 1427     |          |      |      |      |
| Plaistow Station                                             | 0450 | 0505     | 0520 | 0532  | 0544     | 0556     | 0608  | 0621 | until    | 0955 |          | 1229 | 1241     |          | 1431     |          |      |      |      |
| Stratford Bus Station                                        | 0457 | 0512     | 0527 | 0539  | 0551     | 0603     | 0615  | 0628 |          | 1004 |          | 1238 | 1250     |          | 1440     |          |      |      |      |
| North Woolwich Free Ferry                                    | 1415 |          |      | 1858  | 1910     | 1922     | 1935  | 1947 | 1959     | 2014 | 2029     | 2044 | 2059     | 2114     | 2129     | 2144     | 2159 | 2214 |      |
| London City Airport                                          | 1421 | Then     |      | 1904  | 1916     | 1928     | 1941  | 1953 | 2005     | 2020 | 2035     | 2050 | 2105     | 2120     | 2135     | 2150     | 2205 | 2220 |      |
| Prince Regent Station Bus Station                            | 1426 | about    |      | 1909  | 1921     | 1933     | 1946  | 1958 | 2010     | 2025 | 2039     | 2054 | 2109     | 2124     | 2139     | 2154     | 2209 | 2224 |      |
| Prince Regent Lane Bennett Road                              | 1429 | every 11 |      | 1912  | 1924     | 1936     | 1949  | 2001 | 2013     | 2028 | 2042     | 2057 | 2112     | 2127     | 2142     | 2157     | 2211 | 2226 |      |
| Plaistow Greengate                                           | 1437 | minutes  |      | 1920  | 1932     | 1944     | 1956  | 2008 | 2020     | 2034 | 2048     | 2103 | 2117     | 2132     | 2147     | 2202     | 2216 | 2231 |      |
| Plaistow Station                                             | 1441 | until    |      | 1924  | 1936     | 1948     | 2000  | 2012 | 2024     | 2037 | 2051     | 2106 | 2120     | 2135     | 2150     | 2205     | 2219 | 2234 |      |
| Stratford Bus Station                                        | 1451 |          |      | 1934  | 1945     | 1957     | 2009  | 2020 | 2032     | 2045 | 2058     | 2113 | 2127     | 2142     | 2157     | 2212     | 2226 | 2241 |      |
| North Woolwich Free Ferry                                    | 2229 | 2245     | 2300 | 2315  |          |          |       |      |          |      |          |      |          |          |          |          |      |      |      |
| London City Airport                                          | 2235 | 2250     | 2305 | 2320  | Then     |          |       |      |          |      |          |      |          |          |          |          |      |      |      |
| Prince Regent Station Bus Station                            | 2239 | 2254     | 2309 | 2324  | every 15 |          |       |      |          |      |          |      |          |          |          |          |      |      |      |
| Prince Regent Lane Bennett Road                              | 2241 | 2256     | 2311 | 2326  | minutes  |          |       |      |          |      |          |      |          |          |          |          |      |      |      |
| Plaistow Greengate                                           | 2246 | 2301     | 2315 | 2330  | until    |          |       |      |          |      |          |      |          |          |          |          |      |      |      |
| Plaistow Station                                             | 2249 | 2304     | 2318 | 2333  |          |          |       |      |          |      |          |      |          |          |          |          |      |      |      |
| Stratford Bus Station                                        | 2256 | 2311     | 2325 | 2339  |          |          |       |      |          |      |          |      |          |          |          |          |      |      |      |
| 473 Saturdays (also Good Friday)                             |      |          |      |       |          |          |       |      |          |      |          |      |          |          |          |          |      |      |      |
| North Woolwich Free Ferry                                    | 0430 |          |      | 0600  | 0615     |          |       |      | 0715     | 0727 | 0739     | 0751 |          |          | 0835     | 0846     | 0856 | 0907 | 0918 |
| London City Airport                                          | 0436 | Then     |      | 0606  | 0621     | Then     |       |      | 0721     | 0733 | 0745     | 0757 | Then     |          | 0841     | 0852     | 0902 | 0913 | 0924 |
| Prince Regent Station Bus Station                            | 0440 | every 15 |      | 0610  | 0625     | every 15 |       |      | 0725     | 0737 | 0749     | 0801 | every 11 |          | 0845     | 0856     | 0906 | 0917 | 0928 |
| Prince Regent Lane Bennett Road                              | 0442 | minutes  |      | 0612  | 0628     | minutes  |       |      | 0728     | 0740 | 0752     | 0804 | minutes  |          | 0848     | 0859     | 0909 | 0920 | 0931 |
| Plaistow Greengate                                           | 0447 | until    |      | 0617  | 0633     | until    |       |      | 0733     | 0745 | 0757     | 0809 | until    |          | 0853     | 0904     | 0915 | 0926 | 0937 |
| Plaistow Station                                             | 0450 |          |      | 0620  | 0636     |          |       |      | 0736     | 0748 | 0800     | 0812 |          |          | 0856     | 0907     | 0919 | 0930 | 0941 |
| Stratford Bus Station                                        | 0457 |          |      | 0627  | 0643     |          |       |      | 0743     | 0755 | 0807     | 0819 |          |          | 0903     | 0915     | 0927 | 0938 | 0949 |
| North Woolwich Free Ferry                                    | 0929 | 0937     | 0946 |       | 1209     | 1220     |       |      | 1443     | 1454 |          |      | 1812     | 1824     | 1835     | 1846     | 1857 | 1909 | 1921 |
| London City Airport                                          | 0935 | 0943     | 0952 | Then  | 1215     | 1226     | Then  |      | 1449     | 1500 | Then     |      | 1818     | 1830     | 1841     | 1852     | 1903 | 1915 | 1927 |
| Prince Regent Station Bus Station                            | 0939 | 0947     | 0957 | every | 1220     | 1231     | every |      | 1454     | 1505 | every 11 |      | 1823     | 1834     | 1845     | 1856     | 1907 | 1919 | 1931 |
| Prince Regent Lane Bennett Road                              | 0942 | 0950     | 1000 | 11    | 1223     | 1234     | 11    |      | 1457     | 1508 | minutes  |      | 1826     | 1837     | 1848     | 1859     | 1910 | 1922 | 1934 |
| Plaistow Greengate                                           | 0948 | 0957     | 1008 | mins. | 1231     | 1243     | mins. |      | 1506     | 1516 | until    |      | 1834     | 1845     | 1856     | 1907     | 1918 | 1930 | 1941 |
| Plaistow Station                                             | 0952 | 1001     | 1012 | until | 1235     | 1247     | until |      | 1510     | 1520 |          |      | 1838     | 1849     | 1900     | 1911     | 1922 | 1934 | 1945 |
| Stratford Bus Station                                        | 1000 | 1011     | 1022 |       | 1245     | 1257     |       |      | 1520     | 1530 |          |      | 1848     | 1859     | 1910     | 1921     | 1932 | 1943 | 1954 |
| North Woolwich Free Ferry                                    | 1933 | 1945     | 2000 | 2015  | 2030     | 2045     | 2100  | 2115 | 2130     | 2145 | 2200     | 2215 | 2230     | 2245     | 2300     |          |      |      | 0045 |
| London City Airport                                          | 1939 | 1951     | 2006 | 2021  | 2036     | 2051     | 2106  | 2121 | 2136     | 2151 | 2205     | 2220 | 2235     | 2250     | 2305     | Then     |      |      | 0050 |
| Prince Regent Station Bus Station                            | 1943 | 1955     | 2010 | 2025  | 2040     | 2055     | 2110  | 2125 | 2140     | 2155 | 2209     | 2224 | 2239     | 2254     | 2309     | every 15 |      |      | 0054 |
| Prince Regent Lane Bennett Road                              | 1946 | 1958     | 2013 | 2028  | 2043     | 2058     | 2113  | 2128 | 2143     | 2158 | 2212     | 2227 | 2242     | 2256     | 2311     | minutes  |      |      | 0056 |
| Plaistow Greengate                                           | 1953 | 2005     | 2020 | 2034  | 2049     | 2104     | 2119  | 2133 | 2148     | 2203 | 2217     | 2232 | 2247     | 2301     | 2315     | until    |      |      | 0100 |
| Plaistow Station                                             | 1957 | 2008     | 2023 | 2037  | 2052     | 2107     | 2122  | 2136 | 2151     | 2206 | 2220     | 2235 | 2250     | 2304     | 2318     |          |      |      | 0103 |
| Stratford Bus Station                                        | 2006 | 2017     | 2032 | 2045  | 2100     | 2115     | 2130  | 2144 | 2159     | 2214 | 2228     | 2243 | 2258     | 2311     | 2325     |          |      |      | 0110 |
| 473 Sundays and other Public Holidays (except Christmas Day) |      |          |      |       |          |          |       |      |          |      |          |      |          |          |          |          |      |      |      |
| North Woolwich Free Ferry                                    | 0535 |          |      | 0815  | 0830     | 0845     | 0900  | 0915 | 0930     | 0945 | 0959     | 1014 | 1029     | 1044     | 1059     | 1114     | 1129 | 1144 |      |
| London City Airport                                          | 0541 | Then     |      | 0821  | 0836     | 0851     | 0906  | 0921 | 0936     | 0951 | 1005     | 1020 | 1035     | 1050     | 1105     | 1120     | 1135 | 1150 |      |
| Prince Regent Station Bus Station                            | 0545 | every 20 |      | 0825  | 0840     | 0855     | 0910  | 0925 | 0940     | 0955 | 1010     | 1025 | 1040     | 1055     | 1110     | 1125     | 1140 | 1155 |      |
| Prince Regent Lane Bennett Road                              | 0547 | minutes  |      | 0827  | 0842     | 0857     | 0913  | 0928 | 0943     | 0958 | 1013     | 1028 | 1043     | 1058     | 1113     | 1128     | 1143 | 1158 |      |
| Plaistow Greengate                                           | 0552 | until    |      | 0832  | 0847     | 0902     | 0918  | 0933 | 0949     | 1004 | 1019     | 1034 | 1049     | 1104     | 1119     | 1134     | 1149 | 1204 |      |
| Plaistow Station                                             | 0555 |          |      | 0835  | 0850     | 0905     | 0921  | 0936 | 0952     | 1008 | 1023     | 1038 | 1053     | 1108     | 1123     | 1138     | 1153 | 1208 |      |
| Stratford Bus Station                                        | 0602 |          |      | 0842  | 0857     | 0912     | 0928  | 0944 | 1000     | 1016 | 1031     | 1046 | 1101     | 1116     | 1132     | 1147     | 1202 | 1217 |      |
| North Woolwich Free Ferry                                    | 1159 | 1214     | 1229 | 1244  | 1259     |          |       |      | 1414     | 1429 |          |      | 1644     | 1659     |          |          | 1759 | 1814 | 1929 |
| London City Airport                                          | 1205 | 1220     | 1235 | 1250  | 1305     | Then     |       |      | 1420     | 1435 | Then     |      | 1650     | 1705     | Then     |          | 1805 | 1820 | 1935 |
| Prince Regent Station Bus Station                            | 1210 | 1225     | 1240 | 1255  | 1310     | every 15 |       |      | 1425     | 1440 | every 15 |      | 1655     | 1710     | every    |          | 1810 | 1825 | 1940 |
| Prince Regent Lane Bennett Road                              | 1213 | 1228     | 1243 | 1258  | 1313     | minutes  |       |      | 1428     | 1443 | minutes  |      | 1658     | 1713     | 15       |          | 1813 | 1828 | 1943 |
| Plaistow Greengate                                           | 1220 | 1235     | 1250 | 1305  | 1321     | until    |       |      | 1436     | 1450 | until    |      | 1705     | 1719     | mins.    |          | 1819 | 1834 | 1949 |
| Plaistow Station                                             | 1224 | 1239     | 1254 | 1309  | 1325     |          |       |      | 1440     | 1454 |          |      | 1709     | 1723     | until    |          | 1823 | 1838 | 1953 |
| Stratford Bus Station                                        | 1233 | 1248     | 1303 | 1318  | 1334     |          |       |      | 1449     | 1503 |          |      | 1718     | 1732     |          |          | 1832 | 1846 | 2001 |
| North Woolwich Free Ferry                                    | 1944 | 2000     | 2015 | 2030  | 2045     | 2100     | 2115  | 2130 | 2145     | 2200 | 2215     | 2230 | 2245     | 2300     |          |          |      |      | 0045 |
| London City Airport                                          | 1950 | 2006     | 2021 | 2036  | 2051     | 2106     | 2121  | 2136 | 2151     | 2205 | 2220     | 2235 | 2250     | 2305     | Then     |          |      |      | 0050 |
| Prince Regent Station Bus Station                            | 1955 | 2010     | 2025 | 2040  | 2055     | 2110     | 2125  | 2140 | 2155     | 2209 | 2224     | 2239 | 2254     | 2309     | every 15 |          |      |      | 0054 |
| Prince Regent Lane Bennett Road                              | 1958 | 2013     | 2028 | 2043  | 2058     | 2113     | 2128  | 2143 | 2157     | 2211 | 2226     | 2241 | 2256     | 2311     | minutes  |          |      |      | 0056 |
| Plaistow Greengate                                           | 2004 | 2019     | 2034 | 2049  | 2104     | 2118     | 2133  | 2148 | 2202     | 2216 | 2231     | 2246 | 2301     | 2315     | until    |          |      |      | 0100 |
| Plaistow Station                                             | 2008 | 2022     | 2037 | 2052  | 2107     | 2121     | 2136  | 2151 | 2205     | 2219 | 2234     | 2249 | 2304     | 2318     |          |          |      |      | 0103 |
| Stratford Bus Station                                        | 2015 | 2029     | 2044 | 2059  | 2114     | 2128     | 2143  | 2158 | 2212     | 2226 | 2241     | 2256 | 2310     | 2324     |          |          |      |      | 0109 |

| 473 Mondays to Fridays                                       |      |          |          |          |          |          |          |          |          |          |      |      |          |      |      |      |      |
|--------------------------------------------------------------|------|----------|----------|----------|----------|----------|----------|----------|----------|----------|------|------|----------|------|------|------|------|
| Stratford Bus Station                                        | 0505 | 0520     | 0535     | 0550     | 0602     |          | 0650     |          | 0927     |          | 1245 | 1255 |          | 1434 |      |      |      |
| Plaistow Station                                             | 0511 | 0526     | 0541     | 0556     | 0608     | Then     | 0656     | Then     | 0935     | Then     | 1253 | 1303 | Then     | 1442 |      |      |      |
| Plaistow Greengate                                           | 0514 | 0529     | 0544     | 0559     | 0611     | every 12 | 0659     | about    | 0940     | every 11 | 1258 | 1308 | every 11 | 1447 |      |      |      |
| Prince Regent Lane Bennett Road                              | 0518 | 0533     | 0548     | 0603     | 0616     | minutes  | 0704     | every 11 | 0947     | minutes  | 1305 | 1316 | minutes  | 1455 |      |      |      |
| Prince Regent Station Bus Station                            | 0521 | 0536     | 0551     | 0606     | 0619     | until    | 0707     | minutes  | 0951     | until    | 1309 | 1320 | until    | 1459 |      |      |      |
| London City Airport                                          | 0526 | 0541     | 0556     | 0611     | 0624     |          | 0712     | until    | 0956     |          | 1314 | 1325 |          | 1504 |      |      |      |
| North Woolwich Free Ferry                                    | 0532 | 0547     | 0602     | 0617     | 0630     |          | 0718     |          | 1002     |          | 1320 | 1331 |          | 1510 |      |      |      |
| Stratford Bus Station                                        | 1445 |          | 2009     | 2021     | 2033     | 2048     | 2103     | 2118     | 2133     | 2148     | 2203 | 2218 | 2233     | 2248 | 2303 | 2318 | 2333 |
| Plaistow Station                                             | 1453 | Then     | 2017     | 2029     | 2040     | 2055     | 2110     | 2125     | 2140     | 2155     | 2209 | 2224 | 2239     | 2254 | 2309 | 2324 | 2339 |
| Plaistow Greengate                                           | 1458 | about    | 2022     | 2034     | 2045     | 2100     | 2114     | 2129     | 2144     | 2159     | 2213 | 2228 | 2243     | 2258 | 2313 | 2328 | 2343 |
| Prince Regent Lane Bennett Road                              | 1506 | every 11 | 2030     | 2041     | 2052     | 2106     | 2120     | 2135     | 2150     | 2205     | 2219 | 2233 | 2248     | 2303 | 2318 | 2333 | 2348 |
| Prince Regent Station Bus Station                            | 1510 | minutes  | 2033     | 2044     | 2055     | 2109     | 2123     | 2138     | 2153     | 2208     | 2222 | 2236 | 2251     | 2306 | 2321 | 2336 | 2351 |
| London City Airport                                          | 1515 | until    | 2038     | 2049     | 2100     | 2114     | 2128     | 2143     | 2158     | 2213     | 2226 | 2240 | 2255     | 2310 | 2325 | 2340 | 2355 |
| North Woolwich Free Ferry                                    | 1522 |          | 2044     | 2055     | 2106     | 2120     | 2134     | 2149     | 2204     | 2219     | 2232 | 2246 | 2301     | 2316 | 2331 | 2345 | 0000 |
| Stratford Bus Station                                        | 2348 | 0003     | 0018     | 0033     | 0048     | 0103     | 0118     |          |          |          |      |      |          |      |      |      |      |
| Plaistow Station                                             | 2354 | 0009     | 0024     | 0038     | 0053     | 0108     | 0123     |          |          |          |      |      |          |      |      |      |      |
| Plaistow Greengate                                           | 2357 | 0012     | 0027     | 0041     | 0056     | 0111     | 0126     |          |          |          |      |      |          |      |      |      |      |
| Prince Regent Lane Bennett Road                              | 0002 | 0017     | 0031     | 0045     | 0100     | 0115     | 0130     |          |          |          |      |      |          |      |      |      |      |
| Prince Regent Station Bus Station                            | 0005 | 0020     | 0034     | 0048     | 0103     | 0118     | 0133     |          |          |          |      |      |          |      |      |      |      |
| London City Airport                                          | 0009 | 0024     | 0038     | 0052     | 0107     | 0122     | 0137     |          |          |          |      |      |          |      |      |      |      |
| North Woolwich Free Ferry                                    | 0014 | 0029     | 0043     | 0057     | 0112     | 0127     | 0142     |          |          |          |      |      |          |      |      |      |      |
| 473 Saturdays (also Good Friday)                             |      |          |          |          |          |          |          |          |          |          |      |      |          |      |      |      |      |
| Stratford Bus Station                                        | 0505 |          | 0735     | 0747     | 0759     | 0811     |          | 1250     |          | 1451     | 1501 | 1512 | 1523     | 1534 | 1545 |      |      |
| Plaistow Station                                             | 0511 | Then     | 0741     | 0753     | 0805     | 0817     | Then     | 1258     | Then     | 1459     | 1510 | 1521 | 1532     | 1543 | 1554 |      |      |
| Plaistow Greengate                                           | 0514 | every 15 | 0744     | 0756     | 0808     | 0820     | about    | 1303     | every 11 | 1504     | 1515 | 1526 | 1537     | 1548 | 1559 |      |      |
| Prince Regent Lane Bennett Road                              | 0518 | minutes  | 0748     | 0801     | 0813     | 0825     | every 11 | 1311     | minutes  | 1512     | 1523 | 1534 | 1545     | 1556 | 1607 |      |      |
| Prince Regent Station Bus Station                            | 0521 | until    | 0751     | 0804     | 0816     | 0828     | minutes  | 1315     | until    | 1516     | 1527 | 1538 | 1549     | 1600 | 1611 |      |      |
| London City Airport                                          | 0526 |          | 0756     | 0809     | 0821     | 0833     | until    | 1320     |          | 1521     | 1532 | 1543 | 1554     | 1605 | 1616 |      |      |
| North Woolwich Free Ferry                                    | 0532 |          | 0802     | 0815     | 0827     | 0839     |          | 1326     |          | 1527     | 1538 | 1549 | 1600     | 1611 | 1622 |      |      |
| Stratford Bus Station                                        | 1556 | 1607     | 1617     |          | 1756     | 1808     | 1819     | 1830     | 1841     | 1852     | 1903 | 1915 | 1927     | 1939 | 1951 | 2003 | 2018 |
| Plaistow Station                                             | 1605 | 1616     | 1626     | Then     | 1805     | 1816     | 1827     | 1838     | 1849     | 1900     | 1911 | 1923 | 1935     | 1947 | 1959 | 2011 | 2026 |
| Plaistow Greengate                                           | 1610 | 1621     | 1631     | every 11 | 1810     | 1821     | 1832     | 1843     | 1854     | 1905     | 1916 | 1928 | 1940     | 1952 | 2004 | 2016 | 2031 |
| Prince Regent Lane Bennett Road                              | 1618 | 1629     | 1640     | minutes  | 1819     | 1830     | 1841     | 1852     | 1902     | 1913     | 1924 | 1936 | 1948     | 2000 | 2012 | 2024 | 2038 |
| Prince Regent Station Bus Station                            | 1622 | 1633     | 1644     | until    | 1823     | 1834     | 1845     | 1856     | 1906     | 1917     | 1928 | 1940 | 1952     | 2003 | 2015 | 2027 | 2041 |
| London City Airport                                          | 1627 | 1638     | 1649     |          | 1828     | 1839     | 1850     | 1901     | 1911     | 1921     | 1932 | 1944 | 1956     | 2007 | 2019 | 2031 | 2045 |
| North Woolwich Free Ferry                                    | 1633 | 1644     | 1655     |          | 1834     | 1845     | 1857     | 1908     | 1918     | 1927     | 1938 | 1950 | 2002     | 2013 | 2024 | 2036 | 2050 |
| Stratford Bus Station                                        | 2033 | 2048     | 2103     | 2118     | Then     | 2233     | 2248     | 2303     | 2318     | 2333     | 2348 | 0003 | 0018     | 0033 | 0048 | 0103 | 0118 |
| Plaistow Station                                             | 2040 | 2055     | 2110     | 2125     | every 15 | 2240     | 2255     | 2310     | 2325     | 2339     | 2354 | 0009 | 0024     | 0039 | 0054 | 0109 | 0124 |
| Plaistow Greengate                                           | 2045 | 2100     | 2115     | 2129     | minutes  | 2244     | 2259     | 2314     | 2329     | 2343     | 2358 | 0013 | 0028     | 0042 | 0057 | 0112 | 0127 |
| Prince Regent Lane Bennett Road                              | 2052 | 2106     | 2121     | 2135     | until    | 2250     | 2304     | 2319     | 2334     | 2348     | 0003 | 0018 | 0032     | 0046 | 0101 | 0116 | 0131 |
| Prince Regent Station Bus Station                            | 2055 | 2109     | 2124     | 2138     |          | 2253     | 2307     | 2322     | 2337     | 2351     | 0006 | 0021 | 0035     | 0049 | 0104 | 0119 | 0134 |
| London City Airport                                          | 2059 | 2113     | 2128     | 2142     |          | 2257     | 2311     | 2326     | 2341     | 2355     | 0010 | 0025 | 0039     | 0053 | 0108 | 0123 | 0138 |
| North Woolwich Free Ferry                                    | 2104 | 2118     | 2133     | 2147     |          | 2302     | 2316     | 2331     | 2346     | 0000     | 0015 | 0030 | 0044     | 0058 | 0113 | 0128 | 0143 |
| 473 Sundays and other Public Holidays (except Christmas Day) |      |          |          |          |          |          |          |          |          |          |      |      |          |      |      |      |      |
| Stratford Bus Station                                        | 0612 |          | 0812     | 0832     | 0852     | 0907     | 0922     | 0937     | 0951     |          | 1151 | 1205 | 1219     | 1233 | 1247 | 1302 |      |
| Plaistow Station                                             | 0618 | Then     | 0818     | 0838     | 0858     | 0913     | 0928     | 0943     | 0957     | Then     | 1157 | 1212 | 1226     | 1241 | 1255 | 1310 |      |
| Plaistow Greengate                                           | 0621 | every 20 | 0821     | 0842     | 0902     | 0917     | 0932     | 0947     | 1001     | every 15 | 1201 | 1216 | 1230     | 1245 | 1259 | 1314 |      |
| Prince Regent Lane Bennett Road                              | 0625 | minutes  | 0825     | 0846     | 0907     | 0922     | 0937     | 0952     | 1007     | minutes  | 1207 | 1222 | 1236     | 1251 | 1306 | 1321 |      |
| Prince Regent Station Bus Station                            | 0628 | until    | 0828     | 0849     | 0910     | 0925     | 0940     | 0955     | 1010     | until    | 1210 | 1225 | 1240     | 1255 | 1310 | 1325 |      |
| London City Airport                                          | 0633 |          | 0833     | 0854     | 0915     | 0930     | 0945     | 1000     | 1015     |          | 1215 | 1230 | 1245     | 1300 | 1315 | 1330 |      |
| North Woolwich Free Ferry                                    | 0639 |          | 0839     | 0900     | 0921     | 0936     | 0951     | 1006     | 1021     |          | 1221 | 1236 | 1251     | 1306 | 1321 | 1336 |      |
| Stratford Bus Station                                        | 1316 | 1330     | Then     | 1830     | 1845     | 1900     | 1916     | 1932     | 1947     | 2002     | 2017 | 2032 | 2048     | 2103 | 2118 | 2133 | 2148 |
| Plaistow Station                                             | 1324 | 1338     | every 15 | 1838     | 1853     | 1908     | 1923     | 1939     | 1954     | 2009     | 2024 | 2039 | 2054     | 2109 | 2124 | 2139 | 2154 |
| Plaistow Greengate                                           | 1328 | 1343     | minutes  | 1843     | 1858     | 1913     | 1928     | 1943     | 1958     | 2013     | 2028 | 2043 | 2058     | 2113 | 2128 | 2143 | 2158 |
| Prince Regent Lane Bennett Road                              | 1336 | 1351     | until    | 1851     | 1906     | 1921     | 1936     | 1951     | 2006     | 2020     | 2035 | 2049 | 2104     | 2119 | 2134 | 2149 | 2203 |
| Prince Regent Station Bus Station                            | 1340 | 1355     |          | 1855     | 1909     | 1924     | 1939     | 1954     | 2009     | 2023     | 2038 | 2052 | 2107     | 2122 | 2137 | 2152 | 2206 |
| London City Airport                                          | 1345 | 1400     |          | 1900     | 1914     | 1929     | 1944     | 1959     | 2014     | 2028     | 2043 | 2057 | 2111     | 2126 | 2141 | 2156 | 2210 |
| North Woolwich Free Ferry                                    | 1351 | 1406     |          | 1906     | 1920     | 1935     | 1950     | 2005     | 2020     | 2034     | 2049 | 2103 | 2117     | 2132 | 2147 | 2202 | 2216 |
| Stratford Bus Station                                        | 2203 | 2218     | 2233     | 2248     | 2303     | 2318     | 2333     | 2348     | 0003     | 0018     | 0033 | 0048 | 0103     | 0118 |      |      |      |
| Plaistow Station                                             | 2209 | 2224     | 2239     | 2254     | 2309     | 2324     | 2339     | 2354     | 0009     | 0024     | 0038 | 0053 | 0108     | 0123 |      |      |      |
| Plaistow Greengate                                           | 2213 | 2228     | 2243     | 2258     | 2313     | 2328     | 2343     | 2358     | 0012     | 0027     | 0041 | 0056 | 0111     | 0126 |      |      |      |
| Prince Regent Lane Bennett Road                              | 2218 | 2233     | 2248     | 2303     | 2318     | 2333     | 2348     | 0003     | 0017     | 0031     | 0045 | 0100 | 0115     | 0130 |      |      |      |
| Prince Regent Station Bus Station                            | 2221 | 2236     | 2251     | 2306     | 2321     | 2336     | 2351     | 0006     | 0020     | 0034     | 0048 | 0103 | 0118     | 0133 |      |      |      |
| London City Airport                                          | 2225 | 2240     | 2255     | 2310     | 2325     | 2340     | 2355     | 0010     | 0024     | 0038     | 0052 | 0107 | 0122     | 0137 |      |      |      |
| North Woolwich Free Ferry                                    | 2231 | 2246     | 2301     | 2315     | 2330     | 2345     | 0000     | 0015     | 0029     | 0043     | 0057 | 0112 | 0127     | 0142 |      |      |      |