

473 Mondays to Fridays																			
North Woolwich Free Ferry	0430	0445	0500	0512	0524	0536	0547	0558			0930		1204	1215		1405			
London City Airport	0436	0451	0506	0518	0530	0542	0553	0604	Then	0936	Then	1210	1221	Then	1411				
Prince Regent Station Bus Station	0440	0455	0510	0522	0534	0546	0557	0609	about	0941	every 11	1215	1226	every 11	1416				
Prince Regent Lane Bennett Road	0442	0457	0512	0524	0536	0548	0600	0612	every 11	0944	minutes	1218	1229	minutes	1419				
Plaistow Greengate	0447	0502	0517	0529	0541	0553	0605	0618	minutes	0951	until	1225	1237	until	1427				
Plaistow Station	0450	0505	0520	0532	0544	0556	0608	0621	until	0955		1229	1241		1431				
Stratford Bus Station	0457	0512	0527	0539	0551	0603	0615	0628		1004		1238	1250		1440				
North Woolwich Free Ferry	1415			1858	1910	1922	1935	1947	1959	2014	2029	2044	2059	2114	2129	2144	2159	2214	
London City Airport	1421	Then		1904	1916	1928	1941	1953	2005	2020	2035	2050	2105	2120	2135	2150	2205	2220	
Prince Regent Station Bus Station	1426	about		1909	1921	1933	1946	1958	2010	2025	2039	2054	2109	2124	2139	2154	2209	2224	
Prince Regent Lane Bennett Road	1429	every 11		1912	1924	1936	1949	2001	2013	2028	2042	2057	2112	2127	2142	2157	2211	2226	
Plaistow Greengate	1437	minutes		1920	1932	1944	1956	2008	2020	2034	2048	2103	2117	2132	2147	2202	2216	2231	
Plaistow Station	1441	until		1924	1936	1948	2000	2012	2024	2037	2051	2106	2120	2135	2150	2205	2219	2234	
Stratford Bus Station	1451			1934	1945	1957	2009	2020	2032	2045	2058	2113	2127	2142	2157	2212	2226	2241	
North Woolwich Free Ferry	2229	2245	2300	2315															
London City Airport	2235	2250	2305	2320	Then														
Prince Regent Station Bus Station	2239	2254	2309	2324	every 15														
Prince Regent Lane Bennett Road	2241	2256	2311	2326	minutes														
Plaistow Greengate	2246	2301	2315	2330	until														
Plaistow Station	2249	2304	2318	2333															
Stratford Bus Station	2256	2311	2325	2339															
473 Saturdays (also Good Friday)																			
North Woolwich Free Ferry	0430			0600	0615				0715	0727	0739	0751			0835	0846	0856	0907	0918
London City Airport	0436	Then		0606	0621	Then			0721	0733	0745	0757	Then		0841	0852	0902	0913	0924
Prince Regent Station Bus Station	0440	every 15		0610	0625	every 15			0725	0737	0749	0801	every 11		0845	0856	0906	0917	0928
Prince Regent Lane Bennett Road	0442	minutes		0612	0628	minutes			0728	0740	0752	0804	minutes		0848	0859	0909	0920	0931
Plaistow Greengate	0447	until		0617	0633	until			0733	0745	0757	0809	until		0853	0904	0915	0926	0937
Plaistow Station	0450			0620	0636				0736	0748	0800	0812			0856	0907	0919	0930	0941
Stratford Bus Station	0457			0627	0643				0743	0755	0807	0819			0903	0915	0927	0938	0949
North Woolwich Free Ferry	0929	0937	0946		1209	1220			1443	1454			1812	1824	1835	1846	1857	1909	1921
London City Airport	0935	0943	0952	Then	1215	1226	Then		1449	1500	Then		1818	1830	1841	1852	1903	1915	1927
Prince Regent Station Bus Station	0939	0947	0957	every	1220	1231	every		1454	1505	every 11		1823	1834	1845	1856	1907	1919	1931
Prince Regent Lane Bennett Road	0942	0950	1000	11	1223	1234	11		1457	1508	minutes		1826	1837	1848	1859	1910	1922	1934
Plaistow Greengate	0948	0957	1008	mins.	1231	1243	mins.		1506	1516	until		1834	1845	1856	1907	1918	1930	1941
Plaistow Station	0952	1001	1012	until	1235	1247	until		1510	1520			1838	1849	1900	1911	1922	1934	1945
Stratford Bus Station	1000	1011	1022		1245	1257			1520	1530			1848	1859	1910	1921	1932	1943	1954
North Woolwich Free Ferry	1933	1945	2000	2015	2030	2045	2100	2115	2130	2145	2200	2215	2230	2245	2300				0045
London City Airport	1939	1951	2006	2021	2036	2051	2106	2121	2136	2151	2205	2220	2235	2250	2305	Then			0050
Prince Regent Station Bus Station	1943	1955	2010	2025	2040	2055	2110	2125	2140	2155	2209	2224	2239	2254	2309	every 15			0054
Prince Regent Lane Bennett Road	1946	1958	2013	2028	2043	2058	2113	2128	2143	2158	2212	2227	2242	2256	2311	minutes			0056
Plaistow Greengate	1953	2005	2020	2034	2049	2104	2119	2133	2148	2203	2217	2232	2247	2301	2315	until			0100
Plaistow Station	1957	2008	2023	2037	2052	2107	2122	2136	2151	2206	2220	2235	2250	2304	2318				0103
Stratford Bus Station	2006	2017	2032	2045	2100	2115	2130	2144	2159	2214	2228	2243	2258	2311	2325				0110
473 Sundays and other Public Holidays (except Christmas Day)																			
North Woolwich Free Ferry	0535			0815	0830	0845	0900	0915	0930	0945	0959	1014	1029	1044	1059	1114	1129	1144	
London City Airport	0541	Then		0821	0836	0851	0906	0921	0936	0951	1005	1020	1035	1050	1105	1120	1135	1150	
Prince Regent Station Bus Station	0545	every 20		0825	0840	0855	0910	0925	0940	0955	1010	1025	1040	1055	1110	1125	1140	1155	
Prince Regent Lane Bennett Road	0547	minutes		0827	0842	0857	0913	0928	0943	0958	1013	1028	1043	1058	1113	1128	1143	1158	
Plaistow Greengate	0552	until		0832	0847	0902	0918	0933	0949	1004	1019	1034	1049	1104	1119	1134	1149	1204	
Plaistow Station	0555			0835	0850	0905	0921	0936	0952	1008	1023	1038	1053	1108	1123	1138	1153	1208	
Stratford Bus Station	0602			0842	0857	0912	0928	0944	1000	1016	1031	1046	1101	1116	1132	1147	1202	1217	
North Woolwich Free Ferry	1159	1214	1229	1244	1259				1414	1429			1644	1659			1759	1814	1929
London City Airport	1205	1220	1235	1250	1305	Then			1420	1435	Then		1650	1705	Then		1805	1820	1935
Prince Regent Station Bus Station	1210	1225	1240	1255	1310	every 15			1425	1440	every 15		1655	1710	every		1810	1825	1940
Prince Regent Lane Bennett Road	1213	1228	1243	1258	1313	minutes			1428	1443	minutes		1658	1713	15		1813	1828	1943
Plaistow Greengate	1220	1235	1250	1305	1321	until			1436	1450	until		1705	1719	mins.		1819	1834	1949
Plaistow Station	1224	1239	1254	1309	1325				1440	1454			1709	1723	until		1823	1838	1953
Stratford Bus Station	1233	1248	1303	1318	1334				1449	1503			1718	1732			1832	1846	2001
North Woolwich Free Ferry	1944	2000	2015	2030	2045	2100	2115	2130	2145	2200	2215	2230	2245	2300					0045
London City Airport	1950	2006	2021	2036	2051	2106	2121	2136	2151	2205	2220	2235	2250	2305	Then				0050
Prince Regent Station Bus Station	1955	2010	2025	2040	2055	2110	2125	2140	2155	2209	2224	2239	2254	2309	every 15				0054
Prince Regent Lane Bennett Road	1958	2013	2028	2043	2058	2113	2128	2143	2157	2211	2226	2241	2256	2311	minutes				0056
Plaistow Greengate	2004	2019	2034	2049	2104	2118	2133	2148	2202	2216	2231	2246	2301	2315	until				0100
Plaistow Station	2008	2022	2037	2052	2107	2121	2136	2151	2205	2219	2234	2249	2304	2318					0103
Stratford Bus Station	2015	2029	2044	2059	2114	2128	2143	2158	2212	2226	2241	2256	2310	2324					0109

473 Mondays to Fridays																	
Stratford Bus Station	0505	0520	0535	0550	0602		0650		0927		1245	1255		1434			
Plaistow Station	0511	0526	0541	0556	0608	Then	0656	Then	0935	Then	1253	1303	Then	1442			
Plaistow Greengate	0514	0529	0544	0559	0611	every 12	0659	about	0940	every 11	1258	1308	every 11	1447			
Prince Regent Lane Bennett Road	0518	0533	0548	0603	0616	minutes	0704	every 11	0947	minutes	1305	1316	minutes	1455			
Prince Regent Station Bus Station	0521	0536	0551	0606	0619	until	0707	minutes	0951	until	1309	1320	until	1459			
London City Airport	0526	0541	0556	0611	0624		0712	until	0956		1314	1325		1504			
North Woolwich Free Ferry	0532	0547	0602	0617	0630		0718		1002		1320	1331		1510			
Stratford Bus Station	1445		2009	2021	2033	2048	2103	2118	2133	2148	2203	2218	2233	2248	2303	2318	2333
Plaistow Station	1453	Then	2017	2029	2040	2055	2110	2125	2140	2155	2209	2224	2239	2254	2309	2324	2339
Plaistow Greengate	1458	about	2022	2034	2045	2100	2114	2129	2144	2159	2213	2228	2243	2258	2313	2328	2343
Prince Regent Lane Bennett Road	1506	every 11	2030	2041	2052	2106	2120	2135	2150	2205	2219	2233	2248	2303	2318	2333	2348
Prince Regent Station Bus Station	1510	minutes	2033	2044	2055	2109	2123	2138	2153	2208	2222	2236	2251	2306	2321	2336	2351
London City Airport	1515	until	2038	2049	2100	2114	2128	2143	2158	2213	2226	2240	2255	2310	2325	2340	2355
North Woolwich Free Ferry	1522		2044	2055	2106	2120	2134	2149	2204	2219	2232	2246	2301	2316	2331	2345	0000
Stratford Bus Station	2348	0003	0018	0033	0048	0103	0118										
Plaistow Station	2354	0009	0024	0038	0053	0108	0123										
Plaistow Greengate	2357	0012	0027	0041	0056	0111	0126										
Prince Regent Lane Bennett Road	0002	0017	0031	0045	0100	0115	0130										
Prince Regent Station Bus Station	0005	0020	0034	0048	0103	0118	0133										
London City Airport	0009	0024	0038	0052	0107	0122	0137										
North Woolwich Free Ferry	0014	0029	0043	0057	0112	0127	0142										
473 Saturdays (also Good Friday)																	
Stratford Bus Station	0505		0735	0747	0759	0811		1250		1451	1501	1512	1523	1534	1545		
Plaistow Station	0511	Then	0741	0753	0805	0817	Then	1258	Then	1459	1510	1521	1532	1543	1554		
Plaistow Greengate	0514	every 15	0744	0756	0808	0820	about	1303	every 11	1504	1515	1526	1537	1548	1559		
Prince Regent Lane Bennett Road	0518	minutes	0748	0801	0813	0825	every 11	1311	minutes	1512	1523	1534	1545	1556	1607		
Prince Regent Station Bus Station	0521	until	0751	0804	0816	0828	minutes	1315	until	1516	1527	1538	1549	1600	1611		
London City Airport	0526		0756	0809	0821	0833	until	1320		1521	1532	1543	1554	1605	1616		
North Woolwich Free Ferry	0532		0802	0815	0827	0839		1326		1527	1538	1549	1600	1611	1622		
Stratford Bus Station	1556	1607	1617		1756	1808	1819	1830	1841	1852	1903	1915	1927	1939	1951	2003	2018
Plaistow Station	1605	1616	1626	Then	1805	1816	1827	1838	1849	1900	1911	1923	1935	1947	1959	2011	2026
Plaistow Greengate	1610	1621	1631	every 11	1810	1821	1832	1843	1854	1905	1916	1928	1940	1952	2004	2016	2031
Prince Regent Lane Bennett Road	1618	1629	1640	minutes	1819	1830	1841	1852	1902	1913	1924	1936	1948	2000	2012	2024	2038
Prince Regent Station Bus Station	1622	1633	1644	until	1823	1834	1845	1856	1906	1917	1928	1940	1952	2003	2015	2027	2041
London City Airport	1627	1638	1649		1828	1839	1850	1901	1911	1921	1932	1944	1956	2007	2019	2031	2045
North Woolwich Free Ferry	1633	1644	1655		1834	1845	1857	1908	1918	1927	1938	1950	2002	2013	2024	2036	2050
Stratford Bus Station	2033	2048	2103	2118	Then	2233	2248	2303	2318	2333	2348	0003	0018	0033	0048	0103	0118
Plaistow Station	2040	2055	2110	2125	every 15	2240	2255	2310	2325	2339	2354	0009	0024	0039	0054	0109	0124
Plaistow Greengate	2045	2100	2115	2129	minutes	2244	2259	2314	2329	2343	2358	0013	0028	0042	0057	0112	0127
Prince Regent Lane Bennett Road	2052	2106	2121	2135	until	2250	2304	2319	2334	2348	0003	0018	0032	0046	0101	0116	0131
Prince Regent Station Bus Station	2055	2109	2124	2138		2253	2307	2322	2337	2351	0006	0021	0035	0049	0104	0119	0134
London City Airport	2059	2113	2128	2142		2257	2311	2326	2341	2355	0010	0025	0039	0053	0108	0123	0138
North Woolwich Free Ferry	2104	2118	2133	2147		2302	2316	2331	2346	0000	0015	0030	0044	0058	0113	0128	0143
473 Sundays and other Public Holidays (except Christmas Day)																	
Stratford Bus Station	0612		0812	0832	0852	0907	0922	0937	0951		1151	1205	1219	1233	1247	1302	
Plaistow Station	0618	Then	0818	0838	0858	0913	0928	0943	0957	Then	1157	1212	1226	1241	1255	1310	
Plaistow Greengate	0621	every 20	0821	0842	0902	0917	0932	0947	1001	every 15	1201	1216	1230	1245	1259	1314	
Prince Regent Lane Bennett Road	0625	minutes	0825	0846	0907	0922	0937	0952	1007	minutes	1207	1222	1236	1251	1306	1321	
Prince Regent Station Bus Station	0628	until	0828	0849	0910	0925	0940	0955	1010	until	1210	1225	1240	1255	1310	1325	
London City Airport	0633		0833	0854	0915	0930	0945	1000	1015		1215	1230	1245	1300	1315	1330	
North Woolwich Free Ferry	0639		0839	0900	0921	0936	0951	1006	1021		1221	1236	1251	1306	1321	1336	
Stratford Bus Station	1316	1330	Then	1830	1845	1900	1916	1932	1947	2002	2017	2032	2048	2103	2118	2133	2148
Plaistow Station	1324	1338	every 15	1838	1853	1908	1923	1939	1954	2009	2024	2039	2054	2109	2124	2139	2154
Plaistow Greengate	1328	1343	minutes	1843	1858	1913	1928	1943	1958	2013	2028	2043	2058	2113	2128	2143	2158
Prince Regent Lane Bennett Road	1336	1351	until	1851	1906	1921	1936	1951	2006	2020	2035	2049	2104	2119	2134	2149	2203
Prince Regent Station Bus Station	1340	1355		1855	1909	1924	1939	1954	2009	2023	2038	2052	2107	2122	2137	2152	2206
London City Airport	1345	1400		1900	1914	1929	1944	1959	2014	2028	2043	2057	2111	2126	2141	2156	2210
North Woolwich Free Ferry	1351	1406		1906	1920	1935	1950	2005	2020	2034	2049	2103	2117	2132	2147	2202	2216
Stratford Bus Station	2203	2218	2233	2248	2303	2318	2333	2348	0003	0018	0033	0048	0103	0118			
Plaistow Station	2209	2224	2239	2254	2309	2324	2339	2354	0009	0024	0038	0053	0108	0123			
Plaistow Greengate	2213	2228	2243	2258	2313	2328	2343	2358	0012	0027	0041	0056	0111	0126			
Prince Regent Lane Bennett Road	2218	2233	2248	2303	2318	2333	2348	0003	0017	0031	0045	0100	0115	0130			
Prince Regent Station Bus Station	2221	2236	2251	2306	2321	2336	2351	0006	0020	0034	0048	0103	0118	0133			
London City Airport	2225	2240	2255	2310	2325	2340	2355	0010	0024	0038	0052	0107	0122	0137			
North Woolwich Free Ferry	2231	2246	2301	2315	2330	2345	0000	0015	0029	0043	0057	0112	0127	0142			