

474 Mondays to Fridays																			
Manor Park Station	0006	0021	0040			0410	0430	0450	0510	0530	0545	0559	0611	0622	0634	0645		0948	
East Ham Station	0011	0026	0044			0414	0434	0454	0514	0534	0549	0603	0616	0627	0639	0650	Then	0956	
East Ham Newham Town Hall	0016	0031	0048	Then		0418	0438	0458	0518	0538	0553	0608	0621	0632	0644	0655	about	1004	
Beckton Bus Station	0022	0037	0054	every 30		0424	0444	0504	0524	0544	0559	0614	0627	0638	0650	0702	every	1012	
North Woolwich Free Ferry	0030	0045	0102	minutes		0432	0452	0512	0532	0552	0607	0622	0635	0647	0659	0712	12	1023	
London City Airport	0035	0050	0107	until		0437	0457	0518	0538	0558	0613	0628	0642	0654	0706	0719	mins.	1030	
West Silvertown Station	0039	0054	0111			0441	0501	0523	0543	0603	0618	0634	0648	0700	0712	0726	until	1035	
Canning Town Bus Station	0042	0057	0114			0444	0504	0526	0546	0606	0621	0637	0651	0704	0717	0731		1039	
Canning Town Hermit Road	0044	0059	0116			0446	0506	0528	0548	0608	0623	0639	0653	0706	0719	0733		1041	
Manor Park Station	0959		1323			2007	2020	2034	2049	2104	2119	2135	2150	2205	2220	2235	2251		2351
East Ham Station	1007		1331	Then		2014	2027	2040	2055	2110	2125	2140	2155	2210	2225	2240	2256		2356
East Ham Newham Town Hall	1015	Then	1339	about		2020	2033	2046	2101	2116	2130	2145	2200	2215	2230	2245	2301	Then	0001
Beckton Bus Station	1023	every	1347	every		2027	2040	2053	2108	2123	2137	2152	2207	2222	2237	2252	2307	every	0007
North Woolwich Free Ferry	1034	12	1358	12		2035	2048	2101	2116	2131	2145	2200	2215	2230	2245	2300	2315	15	0015
London City Airport	1041	mins.	1405	mins.		2041	2054	2107	2122	2137	2151	2206	2221	2236	2250	2305	2320	mins.	0020
West Silvertown Station	1046	until	1410	until		2046	2059	2111	2126	2141	2155	2210	2225	2240	2254	2309	2324	until	0024
Canning Town Bus Station	1050		1414			2049	2102	2114	2129	2144	2158	2213	2228	2243	2257	2312	2327		0027
Canning Town Hermit Road	1052		1416			2051	2104	2116	2131	2146	2200	2215	2230	2245	2259	2314	2329		0029
474 Saturdays (also Good Friday)																			
Manor Park Station	0006	0021	0040			0410		0550	0610	0625	0640	0655	0710	0725	0740	0755	0810		1921
East Ham Station	0011	0026	0044			0414		0554	0614	0629	0645	0700	0715	0730	0745	0801	0816	Then	1930
East Ham Newham Town Hall	0016	0031	0048	Then		0418	Then	0558	0618	0633	0650	0705	0720	0735	0750	0806	0822	about	1936
Beckton Bus Station	0022	0037	0054	every		0424	every	0604	0624	0639	0656	0711	0727	0742	0757	0813	0829	every	1943
North Woolwich Free Ferry	0030	0045	0102	30		0432	20	0612	0632	0647	0704	0719	0736	0751	0806	0822	0839	12	1952
London City Airport	0035	0050	0107	mins.		0437	mins.	0617	0637	0652	0709	0725	0742	0757	0812	0829	0846	mins.	1958
West Silvertown Station	0039	0054	0111	until		0441	until	0621	0642	0657	0714	0730	0747	0802	0817	0834	0851	until	2002
Canning Town Bus Station	0042	0057	0114			0444		0624	0645	0700	0717	0733	0750	0805	0820	0837	0854		2005
Canning Town Hermit Road	0044	0059	0116			0446		0626	0647	0702	0719	0735	0752	0807	0822	0839	0856		2007
Manor Park Station	1936	1950	2004	2019	2034	2049	2104	2119	2135	2150	2205	2220	2235	2251				Then	2351
East Ham Station	1945	1958	2012	2027	2041	2056	2110	2125	2140	2155	2210	2225	2240	2256					2356
East Ham Newham Town Hall	1951	2004	2018	2033	2047	2102	2116	2130	2145	2200	2215	2230	2245	2301				Then	0001
Beckton Bus Station	1958	2011	2025	2040	2054	2109	2123	2137	2152	2207	2222	2237	2252	2307				every 15	0007
North Woolwich Free Ferry	2007	2020	2034	2049	2103	2117	2131	2145	2200	2215	2230	2245	2300	2315				minutes	0015
London City Airport	2013	2026	2040	2055	2109	2123	2137	2151	2206	2221	2235	2250	2305	2320				until	0020
West Silvertown Station	2017	2030	2044	2059	2113	2127	2141	2155	2210	2225	2239	2254	2309	2324					0024
Canning Town Bus Station	2020	2033	2047	2102	2116	2130	2144	2158	2213	2228	2242	2257	2312	2327					0027
Canning Town Hermit Road	2022	2035	2049	2104	2118	2132	2146	2200	2215	2230	2244	2259	2314	2329					0029
474 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																			
Manor Park Station	0006	0021	0040			0510		0610	0630		0730	0750	0810	0830	0850	0905	0920	0935	0950
East Ham Station	0011	0026	0044			0514		0614	0634		0734	0754	0814	0834	0854	0910	0926	0941	0956
East Ham Newham Town Hall	0016	0031	0048	Then		0518	Then	0618	0638	Then	0738	0758	0819	0839	0859	0915	0931	0946	1001
Beckton Bus Station	0022	0037	0054	every		0524	every	0624	0644	every	0744	0804	0825	0845	0906	0922	0938	0953	1009
North Woolwich Free Ferry	0030	0045	0102	30		0532	20	0632	0652	20	0752	0812	0833	0854	0915	0932	0948	1003	1019
London City Airport	0035	0050	0107	mins.		0537	mins.	0637	0657	mins.	0757	0818	0839	0900	0921	0938	0954	1009	1025
West Silvertown Station	0039	0054	0111	until		0541	until	0641	0702	until	0802	0823	0844	0905	0926	0943	0959	1014	1030
Canning Town Bus Station	0042	0057	0114			0544		0644	0705		0805	0826	0848	0909	0930	0947	1003	1018	1034
Canning Town Hermit Road	0044	0059	0116			0546		0646	0707		0807	0828	0850	0911	0932	0949	1005	1020	1036
Manor Park Station	1004	1019	1034	1048	1100	1114	1128	1142	1158		1628	1644	1700	1715	1730	1746	1801	1817	
East Ham Station	1010	1025	1040	1054	1107	1122	1137	1152	1208		1638	1653	1708	1723	1738	1754	1809	1825	
East Ham Newham Town Hall	1016	1031	1046	1100	1114	1129	1145	1200	1216	Then	1646	1701	1716	1731	1746	1802	1817	1832	
Beckton Bus Station	1024	1039	1054	1108	1122	1137	1153	1208	1224	every	1654	1709	1724	1739	1754	1809	1824	1839	
North Woolwich Free Ferry	1034	1049	1104	1119	1133	1148	1204	1219	1235	15	1705	1720	1735	1750	1805	1819	1834	1849	
London City Airport	1040	1055	1110	1125	1140	1155	1211	1226	1242	mins.	1712	1727	1742	1757	1812	1826	1841	1856	
West Silvertown Station	1045	1100	1115	1130	1145	1200	1216	1231	1247	until	1717	1732	1747	1802	1817	1831	1846	1901	
Canning Town Bus Station	1049	1104	1119	1134	1149	1204	1220	1235	1251		1721	1736	1751	1806	1821	1835	1850	1904	
Canning Town Hermit Road	1051	1106	1121	1136	1151	1206	1222	1237	1253		1723	1738	1753	1808	1823	1837	1852	1906	
Manor Park Station	1832	1847	1903	1918	1933	1948	2004	2019	2034	2049	2104	2119	2135		2235	2251			2351
East Ham Station	1840	1855	1910	1925	1940	1955	2010	2025	2040	2055	2110	2125	2140		2240	2256			2356
East Ham Newham Town Hall	1847	1902	1916	1931	1946	2001	2016	2031	2046	2101	2116	2131	2145	Then	2245	2301	Then		0001
Beckton Bus Station	1854	1909	1923	1938	1953	2008	2023	2038	2053	2108	2123	2137	2151	every	2251	2307	every		0007
North Woolwich Free Ferry	1904	1918	1932	1947	2002	2017	2032	2046	2101	2116	2131	2145	2159	15	2259	2315	15		0015
London City Airport	1910	1924	1938	1953	2008	2023	2038	2052	2107	2122	2137	2151	2204	mins.	2304	2320	mins.		0020
West Silvertown Station	1915	1929	1943	1958	2012	2027	2042	2056	2111	2126	2141	2155	2208	until	2308	2324	until		0024
Canning Town Bus Station	1918	1932	1946	2001	2015	2030	2045	2059	2114	2129	2144	2158	2211		2311	2327			0027
Canning Town Hermit Road	1920	1934	1948	2003	2017	2032	2047	2101	2116	2131	2146	2200	2213		2313	2329			0029

474 Mondays to Fridays																		
Canning Town Hermit Road	0005		0105	0125		0425	0455	0515	0535	0550	0605	0620	0632	0851				
Canning Town Bus Station	0008		0108	0127		0427	0457	0518	0538	0553	0608	0623	0635	0854				
West Silvertown Station	0012	Then	0112	0131	Then	0431	0501	0522	0542	0557	0612	0627	0640	0859				
London City Airport	0017	every 15	0117	0136	every 30	0436	0506	0527	0547	0602	0617	0633	0646	0905				
North Woolwich Free Ferry	0023	minutes	0123	0142	minutes	0442	0512	0533	0553	0608	0623	0640	0654	0913				
Beckton Bus Station	0031	until	0131	0149	until	0449	0520	0541	0601	0616	0631	0648	0704	0924				
East Ham Newham Town Hall	0036		0136	0154		0454	0526	0547	0607	0622	0638	0655	0712	0933				
East Ham Station	0040		0140	0158		0458	0530	0551	0611	0626	0643	0700	0717	0941				
Manor Park Station	0044		0144	0201		0501	0533	0555	0615	0630	0647	0705	0722	0947				
Canning Town Hermit Road	0903		1315		2038	2051			2151	2205	2220			2350				
Canning Town Bus Station	0906		1318		2041	2054			2154	2208	2223			2353				
West Silvertown Station	0911	Then	1323	Then	2045	2058	Then		2158	2212	2227	Then		2357				
London City Airport	0917	every 12	1329	about	2050	2103	every 15		2203	2217	2232	every 15		0002				
North Woolwich Free Ferry	0925	minutes	1337	every 12	2056	2109	minutes		2209	2223	2238	minutes		0008				
Beckton Bus Station	0935	until	1347	minutes	2104	2117	until		2217	2231	2246	until		0016				
East Ham Newham Town Hall	0944		1356	until	2110	2123			2223	2237	2251			0021				
East Ham Station	0952		1404		2115	2128			2228	2242	2255			0025				
Manor Park Station	0958		1410		2120	2133			2233	2246	2259			0029				
474 Saturdays (also Good Friday)																		
Canning Town Hermit Road	0005		0105	0125		0455	0515	0535	0550	0605	0620	0635	0650	0705	0720	0735		
Canning Town Bus Station	0008		0108	0127		0457	0517	0537	0553	0608	0623	0638	0653	0708	0723	0738		
West Silvertown Station	0012	Then	0112	0131	Then	0501	0521	0541	0557	0612	0627	0642	0657	0712	0727	0742		
London City Airport	0017	every 15	0117	0136	every 30	0506	0526	0546	0602	0617	0632	0647	0702	0717	0732	0747		
North Woolwich Free Ferry	0023	minutes	0123	0142	minutes	0512	0532	0552	0608	0623	0638	0653	0708	0723	0738	0753		
Beckton Bus Station	0031	until	0131	0149	until	0519	0539	0559	0615	0630	0645	0701	0716	0731	0746	0801		
East Ham Newham Town Hall	0036		0136	0154		0524	0544	0605	0621	0636	0651	0707	0722	0737	0752	0808		
East Ham Station	0040		0140	0158		0528	0548	0609	0625	0640	0655	0711	0727	0742	0757	0814		
Manor Park Station	0044		0144	0201		0531	0552	0613	0629	0644	0659	0715	0731	0746	0801	0818		
Canning Town Hermit Road	0750		1836	1850	1905	1920	1935	1950	2006	2021	2036	2051		2151	2205	2220	2350	
Canning Town Bus Station	0753	Then	1839	1853	1908	1923	1938	1953	2009	2024	2039	2054		2154	2208	2223	2353	
West Silvertown Station	0757	about	1844	1858	1912	1927	1942	1957	2013	2028	2043	2058	Then	2158	2212	2227	Then	2357
London City Airport	0802	every	1850	1904	1918	1933	1948	2003	2018	2033	2048	2103	every	2203	2217	2232	every	0002
North Woolwich Free Ferry	0808	12	1857	1910	1924	1939	1954	2009	2024	2039	2054	2109	15	2209	2223	2238	15	0008
Beckton Bus Station	0817	mins.	1907	1919	1933	1948	2003	2018	2033	2048	2103	2117	mins.	2217	2231	2246	mins.	0016
East Ham Newham Town Hall	0824	until	1915	1927	1941	1956	2010	2025	2040	2055	2109	2123	until	2223	2237	2251	until	0021
East Ham Station	0830		1922	1934	1948	2003	2016	2031	2045	2100	2114	2128		2228	2242	2255		0025
Manor Park Station	0835		1929	1941	1955	2009	2022	2037	2051	2105	2119	2133		2233	2247	2259		0029
474 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																		
Canning Town Hermit Road	0005		0105	0125		0455	0521	0541	0601	0621	0641	0701	0721	0741	0801	0821	0836	
Canning Town Bus Station	0008		0108	0127		0457	0523	0544	0604	0624	0644	0704	0724	0744	0804	0824	0839	
West Silvertown Station	0012	Then	0112	0131	Then	0501	0527	0548	0608	0628	0648	0708	0728	0748	0808	0828	0843	
London City Airport	0017	every	0117	0136	every 30	0506	0532	0553	0613	0633	0653	0713	0733	0753	0813	0833	0848	
North Woolwich Free Ferry	0023	15	0123	0142	minutes	0512	0538	0559	0619	0639	0659	0719	0739	0759	0819	0839	0854	
Beckton Bus Station	0031	mins.	0131	0149	until	0519	0545	0606	0626	0646	0706	0727	0747	0807	0827	0847	0902	
East Ham Newham Town Hall	0036	until	0136	0154		0524	0551	0612	0632	0652	0712	0733	0753	0813	0833	0853	0909	
East Ham Station	0040		0140	0158		0528	0555	0616	0636	0656	0716	0737	0757	0817	0838	0858	0914	
Manor Park Station	0044		0144	0201		0531	0559	0620	0640	0700	0720	0741	0801	0821	0842	0902	0918	
Canning Town Hermit Road	0851	0906	0921	0936	0951	1005	1020	1035	1050	1104	1119	1134		1704	1719	1734	1749	
Canning Town Bus Station	0854	0909	0924	0939	0954	1008	1023	1038	1053	1107	1122	1137		1707	1722	1737	1752	
West Silvertown Station	0858	0913	0928	0943	0958	1012	1027	1042	1057	1111	1126	1142	Then	1712	1727	1742	1757	
London City Airport	0903	0918	0933	0948	1003	1017	1032	1047	1102	1116	1131	1147	every 15	1717	1732	1747	1802	
North Woolwich Free Ferry	0909	0924	0940	0955	1010	1024	1039	1054	1109	1123	1139	1155	minutes	1725	1739	1754	1809	
Beckton Bus Station	0918	0933	0949	1004	1019	1034	1049	1104	1119	1134	1150	1206	until	1736	1749	1804	1819	
East Ham Newham Town Hall	0925	0940	0956	1011	1026	1041	1056	1111	1126	1142	1158	1214		1744	1757	1811	1826	
East Ham Station	0930	0946	1002	1017	1032	1047	1102	1117	1133	1150	1206	1222		1752	1804	1817	1832	
Manor Park Station	0934	0951	1007	1022	1037	1052	1107	1123	1140	1157	1213	1229		1759	1811	1824	1839	
Canning Town Hermit Road	1805	1820	1835	1850	1905	1921	1936	1951	2006	2021	2036		Then	2151	2205	2220	2350	
Canning Town Bus Station	1808	1823	1838	1853	1908	1924	1939	1954	2009	2024	2039			2154	2208	2223	2353	
West Silvertown Station	1812	1827	1842	1857	1912	1928	1943	1958	2013	2028	2043		Then	2158	2212	2227	Then	2357
London City Airport	1817	1832	1847	1902	1917	1933	1948	2003	2018	2033	2048		every 15	2203	2217	2232	every	0002
North Woolwich Free Ferry	1824	1839	1854	1909	1924	1939	1954	2009	2024	2039	2054		minutes	2209	2223	2238	15	0008
Beckton Bus Station	1834	1849	1904	1918	1933	1948	2003	2018	2033	2048	2102		until	2217	2231	2246	mins.	0016
East Ham Newham Town Hall	1841	1856	1911	1925	1939	1954	2009	2024	2039	2054	2108			2223	2237	2251	until	0021
East Ham Station	1847	1902	1917	1931	1945	2000	2014	2029	2044	2059	2113			2228	2242	2255		0025
Manor Park Station	1854	1908	1923	1937	1951	2005	2019	2034	2049	2104	2118			2233	2247	2259		0029