

474		Mondays to Fridays																
	MO	MX	MX	MO														
Manor Park Station	0006	0008	0021	0021	0041	Then every 30 minutes until	0311	0340	0410	0430	0450	0510	0530	0545	0600	Then	1949	
East Ham Station	0011	0012	0025	0026	0045		0315	0344	0414	0434	0454	0514	0535	0550	0605	about	1957	
East Ham Newham Town Hall	0015	0016	0029	0030	0049		0319	0348	0418	0438	0458	0518	0539	0554	0609	every	2004	
Beckton Bus Station	0021	0022	0035	0036	0055		0325	0354	0424	0444	0504	0524	0545	0600	0616	12	2012	
North Woolwich Free Ferry	0029	0030	0043	0044	0103		0333	0403	0433	0453	0513	0533	0554	0609	0625	mins.	2022	
London City Airport	0034	0035	0048	0049	0108		0338	0409	0439	0459	0519	0539	0601	0616	0632	until	2028	
Canning Town Hermit Road	0043	0044	0057	0058	0117	0347	0419	0449	0509	0529	0549	0611	0626	0644		2039		
Manor Park Station	2002	2015	2030	2045	2100	2115	2130	2140	2155	2210	2225	2240	2255	2310	2325	2340	2353	
East Ham Station	2009	2022	2037	2052	2106	2121	2136	2146	2201	2216	2231	2246	2300	2315	2330	2345	2358	
East Ham Newham Town Hall	2016	2029	2044	2059	2112	2127	2142	2152	2207	2222	2236	2251	2305	2320	2334	2349	0002	
Beckton Bus Station	2024	2037	2052	2106	2119	2134	2149	2159	2214	2229	2243	2257	2311	2326	2340	2355	0008	
North Woolwich Free Ferry	2034	2046	2101	2115	2128	2143	2158	2208	2223	2238	2252	2306	2320	2335	2349	0004	0016	
London City Airport	2040	2052	2107	2121	2134	2149	2204	2214	2228	2243	2257	2311	2325	2340	2354	0009	0021	
Canning Town Hermit Road	2051	2103	2117	2131	2144	2159	2214	2224	2237	2252	2306	2320	2334	2349	0003	0018	0030	
474		Saturdays																
Manor Park Station	0008	0021	0041	Then every 30 minutes until	0311	0340	0410	0430	0450	0510	0530	0550	0610	0625	0640	0655	0710	
East Ham Station	0012	0025	0045		0315	0344	0414	0434	0454	0514	0534	0555	0615	0630	0645	0700	0715	
East Ham Newham Town Hall	0016	0029	0049		0319	0348	0418	0438	0458	0518	0538	0559	0619	0634	0649	0705	0720	
Beckton Bus Station	0022	0035	0055		0325	0354	0424	0444	0504	0524	0544	0605	0625	0640	0655	0711	0726	
North Woolwich Free Ferry	0030	0043	0103		0333	0403	0433	0453	0513	0533	0553	0614	0634	0649	0704	0720	0735	
London City Airport	0035	0048	0108		0338	0408	0438	0458	0519	0539	0559	0620	0640	0655	0710	0726	0741	
Canning Town Hermit Road	0044	0057	0117	0347	0417	0447	0507	0529	0549	0609	0630	0650	0705	0721	0737	0752		
Manor Park Station	0725	0740	0755	0810	Then about every 12 minutes until	1839	1852	1905	1920	1935	1950	2005	2020	2035	2050	2105	2120	
East Ham Station	0730	0745	0800	0815		1848	1901	1913	1928	1943	1958	2013	2028	2042	2057	2112	2126	
East Ham Newham Town Hall	0735	0750	0805	0820		1858	1910	1922	1937	1952	2007	2021	2036	2049	2104	2118	2132	
Beckton Bus Station	0741	0756	0812	0827		1907	1918	1930	1945	2000	2015	2028	2043	2056	2111	2125	2139	
North Woolwich Free Ferry	0750	0805	0821	0836		1917	1928	1940	1955	2010	2024	2037	2052	2105	2120	2134	2148	
London City Airport	0756	0811	0827	0842		1924	1935	1946	2001	2016	2030	2043	2058	2111	2126	2140	2154	
Canning Town Hermit Road	0807	0822	0838	0853	1935	1946	1957	2012	2027	2040	2053	2108	2120	2135	2149	2203		
Manor Park Station	2135	2150	2205	2220	2235	2250	2306	2321	2336	2351								
East Ham Station	2141	2156	2211	2226	2241	2256	2311	2326	2341	2356								
East Ham Newham Town Hall	2147	2202	2217	2232	2246	2301	2316	2331	2346	0001								
Beckton Bus Station	2154	2209	2224	2238	2252	2307	2322	2337	2352	0007								
North Woolwich Free Ferry	2203	2218	2233	2247	2301	2316	2331	2346	0001	0015								
London City Airport	2209	2224	2239	2253	2306	2321	2336	2351	0006	0020								
Canning Town Hermit Road	2218	2233	2248	2302	2315	2330	2345	0000	0015	0029								
474		Sundays																
Manor Park Station	0006	0021	0041	Then every 30 mins. until	0311	0340	0410	0440	0510	Then every 20 mins. until	0730	0750	0810	0830	0850	0905	0920	0935
East Ham Station	0011	0026	0045		0315	0344	0414	0444	0514		0734	0755	0815	0835	0855	0911	0926	0941
East Ham Newham Town Hall	0015	0030	0049		0319	0348	0418	0448	0518		0738	0759	0820	0840	0900	0916	0931	0947
Beckton Bus Station	0021	0036	0055		0325	0354	0424	0454	0524		0744	0805	0826	0846	0906	0922	0938	0954
North Woolwich Free Ferry	0029	0044	0103		0333	0403	0433	0503	0533		0753	0814	0835	0855	0915	0931	0947	1003
London City Airport	0034	0049	0108		0338	0408	0438	0509	0539		0759	0820	0841	0901	0921	0937	0953	1009
Canning Town Hermit Road	0043	0058	0117	0347	0417	0447	0519	0549	0809	0830	0852	0912	0932	0948	1004	1020		
Manor Park Station	0950	1005	1018	1032	1046	1100	1112	1127	1142	1157	1212	1227	1242	1257	1312	1327	1342	1357
East Ham Station	0956	1011	1025	1039	1053	1108	1120	1135	1150	1205	1220	1235	1251	1306	1321	1336	1352	1407
East Ham Newham Town Hall	1002	1017	1031	1046	1100	1115	1128	1143	1158	1214	1229	1245	1301	1316	1331	1347	1403	1418
Beckton Bus Station	1009	1024	1039	1054	1108	1123	1137	1152	1207	1223	1238	1254	1310	1325	1341	1357	1413	1428
North Woolwich Free Ferry	1018	1033	1048	1103	1118	1133	1148	1203	1218	1234	1249	1305	1321	1336	1353	1409	1425	1440
London City Airport	1025	1040	1055	1110	1125	1140	1155	1210	1225	1241	1256	1312	1328	1343	1400	1416	1432	1447
Canning Town Hermit Road	1037	1052	1107	1122	1137	1152	1207	1222	1237	1253	1308	1324	1339	1354	1411	1427	1443	1458
Manor Park Station	1412	1427	1442	Then every 15 mins. until	1527	1542	Then every 15 mins. until	1627	1643	1658	1713	1728	1743	1758	Then about every 15 mins. until	1843	1859	1914
East Ham Station	1422	1437	1451		1536	1551		1636	1651	1706	1721	1736	1751	1806		1851	1907	1922
East Ham Newham Town Hall	1433	1448	1502		1547	1601		1646	1701	1716	1730	1745	1800	1814		1859	1914	1929
Beckton Bus Station	1443	1458	1511		1556	1610		1655	1709	1724	1738	1753	1808	1822		1907	1922	1937
North Woolwich Free Ferry	1455	1510	1523		1608	1622		1707	1721	1735	1749	1804	1819	1833		1916	1931	1946
London City Airport	1502	1517	1530		1615	1629		1714	1728	1742	1756	1811	1826	1840		1923	1937	1952
Canning Town Hermit Road	1513	1528	1541	1626	1640	1725	1739	1753	1807	1822	1837	1851	1934	1948	2003			
Manor Park Station	1930	1946	2001	2016	2032	2047	2102	2117	2133	2149	2204	2219	2234	2250	2305	2320	2336	2351
East Ham Station	1937	1953	2008	2023	2039	2054	2109	2123	2139	2155	2210	2225	2239	2255	2310	2325	2341	2356
East Ham Newham Town Hall	1944	2000	2015	2030	2045	2100	2115	2129	2145	2200	2215	2230	2244	2300	2315	2329	2345	0000
Beckton Bus Station	1951	2007	2022	2037	2052	2107	2122	2136	2151	2206	2221	2236	2250	2306	2321	2335	2351	0006
North Woolwich Free Ferry	2000	2016	2031	2046	2101	2116	2131	2145	2200	2215	2230	2245	2259	2315	2329	2343	2359	0014
London City Airport	2006	2022	2037	2052	2107	2122	2137	2151	2205	2220	2235	2250	2304	2320	2334	2348	0004	0019
Canning Town Hermit Road	2017	2033	2047	2102	2117	2132	2147	2200	2214	2229	2244	2259	2313	2329	2343	2357	0013	0028
Notes:	MO - Operates on Mondays only							MX - Operates on Tuesdays to Fridays only										

474		Mondays to Fridays																			
Canning Town Hermit Road	0005		0105	0125		0425	0455	0515	0530	0545	0600	0615	0627		2047						
London City Airport	0015	<i>Then</i>	0115	0136	<i>Then</i>	0436	0506	0527	0542	0557	0612	0627	0641	<i>Then</i>	2059						
North Woolwich Free Ferry	0021	<i>every 15</i>	0121	0142	<i>every 30</i>	0442	0512	0533	0548	0603	0618	0633	0648	<i>Then</i>	2105						
Beckton Bus Station	0028	<i>minutes</i>	0128	0149	<i>minutes</i>	0449	0520	0541	0557	0612	0627	0643	0658	<i>about</i>	2114						
East Ham Newham Town Hall	0033	<i>until</i>	0133	0154	<i>until</i>	0454	0527	0548	0605	0620	0635	0651	0706	<i>every 12</i>	2121						
East Ham Station	0037		0137	0158		0458	0531	0553	0610	0625	0640	0656	0712	<i>minutes</i>	2126						
Manor Park Station	0041		0141	0202		0502	0535	0557	0614	0629	0644	0701	0717	<i>until</i>	2131						
Canning Town Hermit Road	2102	2117	2132	2147	2203	2218	2233	2248	2303	2319	2335	2350									
London City Airport	2114	2129	2144	2159	2214	2229	2244	2259	2314	2329	2345	0000									
North Woolwich Free Ferry	2120	2135	2150	2205	2220	2235	2250	2305	2320	2335	2351	0006									
Beckton Bus Station	2129	2144	2159	2214	2229	2244	2259	2314	2329	2344	2358	0013									
East Ham Newham Town Hall	2136	2151	2206	2221	2236	2250	2305	2320	2335	2350	0003	0018									
East Ham Station	2141	2156	2211	2226	2240	2254	2309	2324	2339	2354	0007	0022									
Manor Park Station	2146	2201	2216	2231	2245	2259	2314	2329	2344	2358	0011	0026									
474		Saturdays																			
Canning Town Hermit Road	0005		0105	0125		0425	0455	0515	0535	0550	0600	0615	0630	0645	0700	0715					
London City Airport	0015	<i>Then</i>	0115	0137	<i>Then</i>	0437	0507	0527	0547	0602	0612	0627	0642	0657	0712	0727					
North Woolwich Free Ferry	0021	<i>every 15</i>	0121	0143	<i>every 30</i>	0443	0513	0533	0553	0608	0618	0633	0648	0703	0718	0733					
Beckton Bus Station	0028	<i>minutes</i>	0128	0150	<i>minutes</i>	0450	0520	0540	0600	0615	0625	0641	0656	0711	0727	0742					
East Ham Newham Town Hall	0033	<i>until</i>	0133	0155	<i>until</i>	0455	0526	0546	0607	0622	0632	0648	0703	0718	0734	0749					
East Ham Station	0037		0137	0159		0459	0530	0550	0611	0626	0636	0653	0708	0723	0739	0754					
Manor Park Station	0041		0141	0203		0503	0534	0554	0615	0630	0640	0657	0712	0727	0743	0759					
Canning Town Hermit Road	0730	0745	0757			1835	1850	1905	1920	1935	1950	2005	2020	2035	2050	2105	2120	2135			
London City Airport	0742	0757	0809	<i>Then</i>		1848	1903	1918	1933	1948	2003	2018	2033	2048	2103	2117	2132	2147			
North Woolwich Free Ferry	0748	0803	0815	<i>Then</i>		1855	1910	1925	1940	1955	2009	2024	2039	2054	2109	2123	2138	2153			
Beckton Bus Station	0757	0812	0824	<i>about</i>		1905	1919	1934	1949	2004	2018	2033	2048	2103	2118	2132	2147	2202			
East Ham Newham Town Hall	0804	0819	0831	<i>every 12</i>		1914	1927	1942	1957	2012	2026	2041	2055	2110	2125	2139	2154	2208			
East Ham Station	0809	0824	0837	<i>minutes</i>		1923	1936	1950	2005	2019	2033	2047	2101	2116	2130	2144	2159	2213			
Manor Park Station	0814	0829	0843	<i>until</i>		1931	1943	1957	2012	2026	2040	2054	2108	2122	2136	2150	2205	2219			
Canning Town Hermit Road	2150	2205	2220	2235	2250	2305	2320	2335	2350												
London City Airport	2202	2216	2231	2246	2300	2315	2330	2345	0000												
North Woolwich Free Ferry	2208	2222	2237	2252	2306	2321	2336	2351	0006												
Beckton Bus Station	2217	2231	2246	2301	2315	2330	2345	0000	0013												
East Ham Newham Town Hall	2223	2237	2252	2307	2321	2336	2351	0005	0018												
East Ham Station	2228	2242	2257	2311	2325	2340	2355	0009	0022												
Manor Park Station	2234	2248	2302	2316	2330	2345	0000	0013	0026												
474		Sundays																			
Canning Town Hermit Road	0005		0105	0125		0325	0355	0425	0455	0520	0540	0600	0620	0640	0700	0720	0740	0800			
London City Airport	0015	<i>Then</i>	0115	0137	<i>Then</i>	0337	0406	0436	0506	0531	0551	0612	0632	0652	0712	0732	0752	0812			
North Woolwich Free Ferry	0021	<i>every</i>	0121	0143	<i>every</i>	0343	0412	0442	0512	0537	0557	0618	0638	0658	0718	0738	0758	0818			
Beckton Bus Station	0028	<i>15</i>	0128	0150	<i>30</i>	0350	0419	0449	0519	0544	0604	0626	0646	0706	0726	0747	0807	0827			
East Ham Newham Town Hall	0033	<i>mins.</i>	0133	0155	<i>mins.</i>	0355	0424	0454	0524	0550	0610	0633	0653	0713	0733	0754	0814	0835			
East Ham Station	0037	<i>until</i>	0137	0159	<i>until</i>	0359	0428	0458	0528	0554	0614	0637	0657	0717	0737	0758	0818	0840			
Manor Park Station	0041		0141	0203		0403	0432	0502	0532	0558	0618	0641	0701	0721	0742	0803	0823	0845			
Canning Town Hermit Road	0820	0835	0850	0905	0920	0935	0950	1005	1020	1034	1049	1102	1117	1132	1146	1200	1215	1230			
London City Airport	0832	0847	0902	0917	0932	0947	1002	1017	1032	1047	1102	1115	1130	1145	1159	1213	1228	1243			
North Woolwich Free Ferry	0838	0853	0909	0924	0939	0954	1009	1024	1039	1054	1109	1122	1137	1152	1207	1221	1236	1251			
Beckton Bus Station	0847	0902	0918	0933	0948	1003	1019	1034	1049	1104	1119	1132	1148	1203	1218	1232	1247	1302			
East Ham Newham Town Hall	0855	0910	0926	0941	0956	1011	1027	1042	1057	1112	1127	1141	1157	1212	1227	1241	1256	1311			
East Ham Station	0900	0915	0931	0946	1002	1017	1033	1048	1103	1118	1134	1148	1204	1219	1234	1249	1304	1319			
Manor Park Station	0905	0920	0937	0952	1008	1023	1039	1054	1109	1124	1141	1155	1211	1226	1241	1256	1311	1326			
Canning Town Hermit Road	1244	1259	1312			1357	1412			1512	1529			1644	1700	1716	1732	1747	1802	1817	1832
London City Airport	1257	1312	1326	<i>Then</i>		1411	1426	<i>Then</i>		1526	1543	<i>Then</i>		1658	1714	1730	1745	1800	1815	1830	1845
North Woolwich Free Ferry	1305	1320	1334	<i>every</i>		1419	1433	<i>every</i>		1533	1550	<i>every</i>		1705	1721	1737	1752	1807	1822	1837	1852
Beckton Bus Station	1316	1331	1345	<i>15</i>		1430	1444	<i>15</i>		1544	1601	<i>15</i>		1716	1732	1748	1802	1817	1832	1846	1901
East Ham Newham Town Hall	1326	1341	1355	<i>mins.</i>		1440	1454	<i>mins.</i>		1554	1610	<i>mins.</i>		1725	1741	1756	1810	1825	1840	1854	1908
East Ham Station	1334	1349	1404	<i>until</i>		1449	1503	<i>until</i>		1603	1618	<i>until</i>		1733	1748	1803	1817	1832	1847	1901	1914
Manor Park Station	1341	1356	1411			1456	1510			1610	1625			1740	1755	1810	1824	1839	1854	1908	1921
Canning Town Hermit Road	1847	1902	1917	<i>Then</i>		2032	2048	2103	2118	2133	2148	2204	2219	2234	2249	2304	2319	2334	2350		
London City Airport	1900	1915	1930	<i>about</i>		2045	2100	2115	2130	2145	2200	2214	2229	2244	2259	2314	2329	2344	0000		
North Woolwich Free Ferry	1907	1922	1936	<i>every</i>		2051	2106	2121	2136	2151	2206	2220	2235	2250	2305	2320	2335	2350	0006		
Beckton Bus Station	1916	1931	1945	<i>15</i>		2100	2115	2130	2145	2200	2215	2229	2244	2259	2313	2328	2343	2358	0013		
East Ham Newham Town Hall	1923	1938	1952	<i>mins.</i>		2107	2122	2137	2151	2206	2221	2235	2250	2305	2319	2334	2349	0004	0018		
East Ham Station	1929	1944	1958	<i>until</i>		2112	2127	2142	2156	2211	2226	2240	2255	2309	2323	2338	2353	0008	0022		
Manor Park Station	1936	1951	2004			2118	2133	2148	2201	2216	2231	2245	2300	2314	2328	2343	2358	0012	0026		