

488		Mondays to Fridays																	
Bromley-by-Bow Tesco	0450	0505	0520	0535	0550	0604	0619	0631	0643	0655	0706	0717	0727	Then every 12 minutes until	0851	0903	0916		
Bromley-by-Bow Station	0453	0508	0523	0538	0553	0607	0622	0634	0646	0658	0709	0720	0730		0854	0906	0919		
Bow Church	0456	0511	0526	0541	0556	0610	0625	0637	0649	0701	0712	0724	0735		0859	0911	0924		
Old Ford Parnell Road	0459	0514	0529	0544	0559	0614	0629	0641	0653	0705	0716	0728	0740		0904	0916	0929		
Hackney Wick Chapman Road	0502	0517	0532	0547	0602	0618	0633	0645	0657	0709	0721	0733	0745		0909	0921	0934		
Homerton Hospital Homerton Grove	0505	0520	0535	0550	0606	0622	0637	0649	0701	0714	0726	0739	0751		0915	0927	0940		
Clapton Pond	0510	0525	0540	0555	0611	0627	0642	0657	0709	0722	0734	0747	0759		0923	0935	0947		
Shacklewell Lane Kingsland High Street	0517	0532	0547	0602	0619	0635	0650	0706	0719	0732	0745	0758	0810		0934	0945	0956		
Dalston Junction Bus Station	0520	0535	0550	0606	0622	0638	0654	0710	0723	0736	0749	0802	0814		0938	0949	1000		
Bromley-by-Bow Tesco	0929	0942	0955	1008	1021	Then every 12 minutes until	1421	1433	1445	1457	1509	1520	1531		Then every 12 minutes until	1731	1743		
Bromley-by-Bow Station	0932	0945	0958	1011	1024		1424	1436	1448	1500	1512	1523	1534	1734		1746			
Bow Church	0937	0949	1002	1015	1028		1428	1440	1452	1504	1516	1528	1539	1739		1751			
Old Ford Parnell Road	0942	0953	1006	1019	1032		1432	1444	1456	1508	1520	1532	1544	1744		1756			
Hackney Wick Chapman Road	0946	0957	1010	1023	1036		1436	1448	1501	1513	1525	1537	1549	1749		1801			
Homerton Hospital Homerton Grove	0951	1002	1015	1028	1041		1441	1453	1506	1518	1530	1543	1555	1755		1807			
Clapton Pond	0958	1009	1022	1035	1048		1448	1500	1513	1525	1538	1551	1603	1803		1814			
Shacklewell Lane Kingsland High Street	1007	1018	1031	1044	1057		1457	1510	1523	1535	1549	1602	1614	1814		1825			
Dalston Junction Bus Station	1011	1022	1035	1048	1101		1501	1514	1527	1539	1553	1606	1618	1818		1829			
Bromley-by-Bow Tesco	1755	1807	1819	1831	1843		1855	1910	1925	1940	1955	2015	2035	55		15	35	0035	
Bromley-by-Bow Station	1758	1810	1822	1834	1846	1858	1913	1928	1943	1958	2018	2038	Then	58	18	38	0038		
Bow Church	1803	1815	1826	1838	1850	1902	1916	1931	1946	2001	2021	2041	every 20	01	21	41	0041		
Old Ford Parnell Road	1808	1819	1830	1842	1854	1906	1920	1935	1950	2005	2025	2045	minutes	05	25	45	0045		
Hackney Wick Chapman Road	1813	1824	1835	1847	1859	1911	1924	1939	1954	2009	2029	2049	at these	09	29	49	until	0049	
Homerton Hospital Homerton Grove	1818	1829	1840	1852	1904	1916	1928	1943	1958	2013	2033	2052	minutes	12	32	52	0052		
Clapton Pond	1825	1836	1847	1859	1911	1922	1934	1949	2004	2019	2039	2058	past	18	38	58	0058		
Shacklewell Lane Kingsland High Street	1836	1847	1858	1909	1920	1931	1943	1958	2012	2027	2046	2105	the hour	25	45	05	0105		
Dalston Junction Bus Station	1840	1851	1902	1913	1924	1935	1947	2002	2016	2030	2049	2108		28	48	08	0108		
488		Saturdays (also Good Friday)																	
Bromley-by-Bow Tesco	0450	0510	0530	0550	0610	0630	0645	0700	0715	0730	0745	0800	0815	0827	0839	0851	0903	0915	
Bromley-by-Bow Station	0453	0513	0533	0553	0613	0633	0648	0703	0718	0733	0748	0803	0818	0830	0842	0854	0906	0918	
Bow Church	0456	0516	0536	0556	0616	0636	0651	0706	0721	0736	0751	0806	0821	0833	0845	0857	0909	0921	
Old Ford Parnell Road	0459	0519	0539	0559	0619	0639	0654	0709	0724	0739	0754	0809	0825	0837	0849	0901	0913	0925	
Hackney Wick Chapman Road	0502	0522	0542	0602	0622	0642	0657	0712	0727	0742	0758	0813	0829	0841	0853	0905	0917	0929	
Homerton Hospital Homerton Grove	0505	0525	0545	0605	0625	0645	0700	0715	0730	0746	0802	0817	0833	0845	0857	0909	0921	0933	
Clapton Pond	0510	0530	0550	0610	0630	0651	0706	0721	0736	0752	0808	0823	0839	0851	0903	0916	0928	0940	
Shacklewell Lane Kingsland High Street	0517	0537	0557	0617	0637	0658	0713	0728	0744	0800	0816	0832	0848	0900	0912	0925	0937	0949	
Dalston Junction Bus Station	0520	0540	0600	0620	0640	0701	0716	0732	0748	0804	0820	0836	0852	0904	0916	0929	0941	0953	
Bromley-by-Bow Tesco	0926	Then every 12 minutes until	1750	1803	1815	1830	1845	1900	1915	1936	1955	15 35 55			0035				
Bromley-by-Bow Station	0929		1753	1806	1818	1833	1848	1903	1918	1939	1958	Then	18	38	58	0038			
Bow Church	0933		1757	1810	1821	1836	1851	1906	1921	1942	2001	every 20	21	41	01	0041			
Old Ford Parnell Road	0937		1801	1814	1825	1840	1855	1910	1925	1946	2005	minutes	25	45	05	0045			
Hackney Wick Chapman Road	0941		1805	1818	1829	1844	1859	1914	1929	1950	2009	at these	29	49	09	until	0049		
Homerton Hospital Homerton Grove	0946		1810	1822	1833	1848	1903	1918	1933	1954	2012	minutes	32	52	12	0052			
Clapton Pond	0953		1817	1828	1839	1854	1909	1924	1939	2000	2018	past	38	58	18	0058			
Shacklewell Lane Kingsland High Street	1002		1826	1837	1848	1903	1918	1933	1948	2007	2025	the hour	45	05	25	0105			
Dalston Junction Bus Station	1006		1830	1841	1852	1907	1922	1937	1952	2010	2028		48	08	28	0108			
488			Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
Bromley-by-Bow Tesco	0552	Then every 20 minutes past the hour	12	32	52	0752	0812	0832	0849	0904	0919	0934	0949	1004	Then every 15 minutes until	1634			
Bromley-by-Bow Station	0555		15	35	55	0755	0815	0835	0852	0907	0922	0937	0952	1007		1637			
Bow Church	0558		18	38	58	0758	0818	0838	0855	0910	0925	0940	0956	1011		1641			
Old Ford Parnell Road	0601		21	41	01	0801	0821	0841	0858	0913	0928	0943	0959	1015		1645			
Hackney Wick Chapman Road	0604		24	44	04	until	0804	0824	0845	0902	0917	0932	0947	1003		1019	1649		
Homerton Hospital Homerton Grove	0607		27	47	07	0807	0827	0849	0906	0921	0937	0952	1008	1024		1654			
Clapton Pond	0612		32	52	12	0812	0833	0854	0911	0926	0942	0958	1014	1030		1700			
Shacklewell Lane Kingsland High Street	0619		39	59	19	0819	0841	0902	0919	0934	0950	1006	1023	1039		1709			
Dalston Junction Bus Station	0622		42	02	22	0822	0844	0905	0922	0937	0953	1010	1027	1043		1713			
Bromley-by-Bow Tesco	1649		1704	1719	1734	1749	1804	1819	1835	55 15 35			0035						
Bromley-by-Bow Station	1652	1707	1722	1737	1752	1807	1822	1838	Then			0038							
Bow Church	1656	1711	1726	1741	1755	1810	1825	1841	every 20			0041							
Old Ford Parnell Road	1700	1715	1730	1745	1759	1814	1829	1845	minutes			0045							
Hackney Wick Chapman Road	1704	1719	1734	1749	1803	1818	1833	1849	at these			0049							
Homerton Hospital Homerton Grove	1709	1724	1738	1752	1806	1821	1836	1852	minutes			0052							
Clapton Pond	1715	1730	1744	1758	1812	1827	1842	1858	past			0058							
Shacklewell Lane Kingsland High Street	1724	1737	1751	1805	1819	1834	1849	1905	the hour			0105							
Dalston Junction Bus Station	1727	1740	1754	1808	1822	1837	1852	1908				0108							

488		Mondays to Fridays																
Dalston Junction Bus Station	0430	0445	0500	0515	0530	0545	0600	0615	0630	0642	0653	0704	0714	0724	0735	Then every 12 minutes until	0847	
Shacklewell Lane Kingsland High Street	0433	0448	0503	0518	0533	0548	0603	0618	0633	0645	0656	0708	0718	0728	0739		0851	
Clapton Pond	0440	0455	0510	0525	0540	0555	0611	0626	0641	0653	0704	0717	0727	0738	0750		0902	
Homerton Hospital Homerton Grove	0445	0500	0515	0530	0545	0600	0616	0631	0647	0659	0710	0723	0734	0746	0758		0910	
Hackney Wick Chapman Road	0448	0503	0518	0533	0548	0604	0620	0636	0652	0704	0715	0728	0740	0752	0804		0916	
Old Ford Parnell Road	0451	0506	0521	0536	0552	0609	0625	0641	0657	0709	0720	0733	0745	0757	0809		0921	
Bow Church	0455	0510	0525	0541	0558	0615	0631	0647	0703	0715	0726	0739	0751	0803	0815		0927	
Bromley-by-Bow Tesco	0459	0514	0529	0545	0602	0619	0635	0651	0707	0719	0730	0744	0756	0808	0820		0932	
Dalston Junction Bus Station	0859	0911	0923	0935	0947	0959	1011	Then every 12 mins. until	1423	1434	1445	1456	1507	1518	1529		1540	1716
Shacklewell Lane Kingsland High Street	0903	0915	0927	0939	0951	1003	1015		1427	1438	1449	1500	1511	1522	1533	1544	1720	
Clapton Pond	0914	0926	0938	0950	1001	1013	1024		1436	1447	1458	1509	1520	1531	1544	1555	1731	
Homerton Hospital Homerton Grove	0922	0934	0946	0957	1008	1019	1030		1442	1453	1504	1515	1527	1539	1552	1603	1739	
Hackney Wick Chapman Road	0928	0939	0951	1002	1013	1024	1035		1447	1458	1509	1520	1532	1544	1557	1608	1744	
Old Ford Parnell Road	0933	0944	0956	1007	1018	1029	1040		1452	1503	1514	1525	1537	1549	1602	1613	1749	
Bow Church	0938	0949	1001	1011	1022	1033	1044		1456	1507	1518	1530	1542	1554	1607	1618	1754	
Bromley-by-Bow Tesco	0943	0954	1006	1016	1027	1038	1049		1501	1512	1524	1536	1548	1600	1613	1624	1800	
Dalston Junction Bus Station	1729	1742	1755	1807	1819	1831	1846		1901	1916	1936	1956	2016	2037	Then every 20 minutes until	0037		
Shacklewell Lane Kingsland High Street	1733	1746	1759	1811	1823	1835	1850	1905	1920	1940	2000	2020	2040	0040				
Clapton Pond	1744	1757	1810	1822	1834	1846	1901	1914	1929	1949	2008	2028	2047	0047				
Homerton Hospital Homerton Grove	1752	1805	1817	1829	1841	1853	1908	1921	1936	1956	2015	2034	2053	0053				
Hackney Wick Chapman Road	1757	1810	1822	1834	1846	1858	1913	1926	1941	2001	2020	2038	2057	0057				
Old Ford Parnell Road	1802	1815	1827	1839	1851	1903	1917	1930	1945	2004	2023	2041	2100	0100				
Bow Church	1807	1819	1831	1843	1855	1907	1921	1934	1949	2008	2027	2045	2104	0104				
Bromley-by-Bow Tesco	1812	1824	1836	1848	1900	1912	1926	1939	1954	2012	2031	2049	2108	0108				
488		Saturdays (also Good Friday)																
Dalston Junction Bus Station	0430	0450	0510	0530	0550	0609	0624	0639	0654	0709	0724	0738	0749	0800	0811	0821	0833	0845
Shacklewell Lane Kingsland High Street	0433	0453	0513	0533	0553	0612	0627	0642	0657	0712	0727	0741	0752	0803	0814	0825	0837	0849
Clapton Pond	0440	0500	0520	0540	0600	0619	0634	0650	0705	0720	0735	0749	0800	0811	0821	0834	0846	0858
Homerton Hospital Homerton Grove	0445	0505	0525	0545	0605	0624	0639	0655	0710	0725	0740	0754	0805	0816	0827	0840	0852	0904
Hackney Wick Chapman Road	0448	0508	0528	0548	0608	0627	0642	0658	0713	0728	0743	0757	0808	0820	0831	0844	0856	0908
Old Ford Parnell Road	0451	0511	0531	0551	0611	0630	0645	0701	0716	0731	0746	0800	0812	0824	0835	0848	0900	0912
Bow Church	0455	0515	0535	0555	0615	0634	0649	0705	0720	0735	0750	0804	0816	0828	0839	0852	0904	0916
Bromley-by-Bow Tesco	0459	0519	0539	0559	0619	0638	0653	0709	0724	0739	0754	0808	0820	0832	0843	0856	0908	0920
Dalston Junction Bus Station	0856	0907	0918	0929	0940	Then every 12 minutes until	1728	1740	1752	1804	1816	1830	1844	1859	1917	1937	1957	
Shacklewell Lane Kingsland High Street	0900	0911	0922	0933	0944		1732	1744	1756	1808	1820	1834	1848	1903	1921	1941	2001	
Clapton Pond	0909	0920	0931	0942	0953		1741	1753	1805	1817	1829	1843	1857	1912	1930	1950	2008	
Homerton Hospital Homerton Grove	0915	0926	0938	0949	1000		1748	1800	1812	1823	1835	1849	1903	1918	1936	1956	2014	
Hackney Wick Chapman Road	0919	0931	0943	0954	1005		1753	1805	1816	1827	1839	1853	1907	1922	1940	2000	2018	
Old Ford Parnell Road	0923	0935	0947	0958	1009		1757	1809	1820	1831	1843	1857	1911	1926	1944	2003	2021	
Bow Church	0928	0940	0952	1003	1014		1802	1813	1824	1835	1847	1901	1915	1930	1948	2007	2025	
Bromley-by-Bow Tesco	0932	0944	0956	1007	1018		1806	1817	1828	1839	1851	1905	1919	1934	1952	2011	2029	
Dalston Junction Bus Station	2017	2037	Then every 20 minutes at these minutes past the hour	57	17		37	0037										
Shacklewell Lane Kingsland High Street	2021	2040		00	20	40	0040											
Clapton Pond	2028	2047		07	27	47	0047											
Homerton Hospital Homerton Grove	2034	2053		13	33	53	0053											
Hackney Wick Chapman Road	2038	2057		17	37	57	0057											
Old Ford Parnell Road	2041	2100		20	40	00	0100											
Bow Church	2045	2104		24	44	04	0104											
Bromley-by-Bow Tesco	2049	2108		28	48	08	0108											
488		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
Dalston Junction Bus Station	0537	Then every 15 minutes until	57	17	37	0757	0817	0837	0852	0907	0922	0937	0952	1006	1651			
Shacklewell Lane Kingsland High Street	0540		00	20	40	0800	0820	0840	0855	0910	0925	0940	0955	1010	1655			
Clapton Pond	0547		07	27	47	0807	0827	0848	0903	0918	0933	0948	1003	1019	1704			
Homerton Hospital Homerton Grove	0552		12	32	52	0812	0832	0853	0908	0923	0938	0954	1009	1025	1710			
Hackney Wick Chapman Road	0555		15	35	55	0815	0836	0857	0912	0927	0943	0959	1014	1030	1715			
Old Ford Parnell Road	0558		18	38	58	0818	0839	0901	0916	0931	0947	1003	1018	1034	1719			
Bow Church	0602		22	42	02	0822	0843	0905	0920	0935	0951	1007	1022	1038	1723			
Bromley-by-Bow Tesco	0606		26	46	06	0826	0847	0909	0924	0939	0955	1011	1026	1042	1727			
Dalston Junction Bus Station	1706		1721	1736	1751	1806	1821	1837	Then every 20 minutes at these minutes past the hour	57	17	37	0037					
Shacklewell Lane Kingsland High Street	1710	1725	1740	1755	1809	1824	1840	00		20	40	0040						
Clapton Pond	1719	1733	1748	1802	1816	1831	1847	07		27	47	0047						
Homerton Hospital Homerton Grove	1725	1739	1754	1808	1822	1837	1853	13		33	53	0053						
Hackney Wick Chapman Road	1730	1744	1758	1812	1826	1841	1857	17		37	57	0057						
Old Ford Parnell Road	1733	1747	1801	1815	1829	1844	1900	20		40	00	0100						
Bow Church	1737	1751	1805	1819	1833	1848	1904	24		44	04	0104						
Bromley-by-Bow Tesco	1741	1755	1809	1823	1837	1852	1908	28		48	08	0108						