

488		Mondays to Fridays																
Bromley-by-Bow Tesco	0449	0503	0517	0531	0545	0558	0609		1028		1416		1847	1902	1917			
Bromley-by-Bow Station	0451	0505	0519	0533	0547	0600	0611		1031		1419		1850	1905	1920			
Bow Church	0454	0508	0522	0536	0550	0603	0614	Then	1035	Then	1423	Then	1854	1909	1923			
Old Ford Parnell Road	0458	0513	0528	0543	0558	0613	0625	about	1051	every 12	1439	about	1909	1924	1938			
Hackney Wick Chapman Road	0502	0517	0532	0547	0602	0617	0629	every 12	1056	minutes	1444	every 12	1914	1929	1943			
Homerton Hospital Homerton Grove	0506	0521	0536	0551	0606	0621	0634	minutes	1102	until	1450	minutes	1920	1935	1949			
Clapton Pond	0511	0526	0541	0556	0611	0626	0641	until	1111		1459	until	1929	1943	1957			
Shacklewell Lane Kingsland High St.	0517	0532	0547	0602	0617	0632	0647		1119		1507		1937	1951	2005			
Dalston Junction Kingsland Road	0519	0534	0549	0604	0619	0634	0649		1123		1511		1941	1955	2009			
Bromley-by-Bow Tesco	1932	1947	2006	2025	2045	2105	2125	2146	2207	2228	2249	2310	2331	2352	0013	0034		
Bromley-by-Bow Station	1934	1949	2008	2027	2047	2107	2127	2148	2209	2230	2251	2312	2333	2354	0015	0036		
Bow Church	1937	1952	2011	2030	2050	2110	2130	2151	2212	2233	2254	2315	2336	2357	0018	0039		
Old Ford Parnell Road	1952	2007	2026	2044	2104	2124	2144	2204	2224	2244	2304	2324	2344	0004	0024	0044		
Hackney Wick Chapman Road	1957	2011	2030	2048	2108	2128	2148	2208	2228	2248	2308	2328	2348	0008	0028	0048		
Homerton Hospital Homerton Grove	2003	2017	2034	2052	2112	2132	2152	2212	2232	2252	2312	2332	2352	0012	0032	0052		
Clapton Pond	2011	2025	2040	2058	2118	2138	2158	2218	2238	2258	2318	2338	2358	0018	0038	0058		
Shacklewell Lane Kingsland High St.	2019	2033	2047	2105	2124	2144	2204	2224	2244	2304	2324	2344	0004	0024	0044	0104		
Dalston Junction Kingsland Road	2023	2037	2051	2109	2127	2147	2207	2227	2247	2307	2327	2347	0007	0027	0047	0107		
488		Saturdays (also Good Friday)																
Bromley-by-Bow Tesco	0449	0508	0527	0546	0605	0624	0638	0652	0706	0720	0735	0750	0805	Then about every 12 minutes until	1805	1820	1835	
Bromley-by-Bow Station	0451	0510	0529	0548	0607	0626	0640	0654	0708	0722	0737	0752	0807		1807	1822	1837	
Bow Church	0454	0513	0532	0551	0610	0629	0643	0657	0711	0725	0740	0755	0810		1810	1825	1840	
Old Ford Parnell Road	0458	0518	0538	0558	0618	0638	0653	0709	0724	0739	0754	0810	0825		1825	1840	1855	
Hackney Wick Chapman Road	0502	0522	0542	0602	0622	0642	0657	0713	0728	0743	0758	0814	0829		1829	1844	1859	
Homerton Hospital Homerton Grove	0506	0526	0546	0606	0626	0646	0701	0717	0733	0748	0803	0819	0834		1835	1850	1905	
Clapton Pond	0511	0531	0551	0611	0631	0651	0706	0722	0738	0753	0809	0825	0840	1843	1858	1913		
Shacklewell Lane Kingsland High St.	0517	0537	0557	0617	0637	0657	0713	0729	0745	0800	0816	0832	0847	1850	1905	1920		
Dalston Junction Kingsland Road	0519	0539	0559	0619	0639	0659	0717	0733	0749	0804	0820	0836	0851	1854	1909	1924		
Bromley-by-Bow Tesco	1850	1905	1925	1945	2005	2025	2045	2105	2125	2146	2207	2228	2249	2310	2331	2352	0013	0034
Bromley-by-Bow Station	1852	1907	1927	1947	2007	2027	2047	2107	2127	2148	2209	2230	2251	2312	2333	2354	0015	0036
Bow Church	1855	1910	1930	1950	2010	2030	2050	2110	2130	2151	2212	2233	2254	2315	2336	2357	0018	0039
Old Ford Parnell Road	1910	1925	1945	2004	2024	2044	2104	2124	2144	2204	2224	2244	2304	2324	2344	0004	0024	0044
Hackney Wick Chapman Road	1914	1929	1949	2008	2028	2048	2108	2128	2148	2208	2228	2248	2308	2328	2348	0008	0028	0048
Homerton Hospital Homerton Grove	1920	1935	1955	2013	2032	2052	2112	2132	2152	2212	2232	2252	2312	2332	2352	0012	0032	0052
Clapton Pond	1928	1943	2003	2021	2039	2059	2118	2138	2158	2218	2238	2258	2318	2338	2358	0018	0038	0058
Shacklewell Lane Kingsland High St.	1935	1950	2010	2028	2046	2106	2124	2144	2204	2224	2244	2304	2324	2344	0004	0024	0044	0104
Dalston Junction Kingsland Road	1939	1954	2013	2031	2049	2109	2127	2147	2207	2227	2247	2307	2327	2347	0007	0027	0047	0107
488		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
Bromley-by-Bow Tesco	0549	0608	0627	0646	0705	0724	0743	0802	0821	0840	0855	0910	0925	0939	0953	1007	1022	1037
Bromley-by-Bow Station	0551	0610	0629	0648	0707	0726	0745	0804	0823	0842	0857	0912	0927	0941	0955	1009	1024	1039
Bow Church	0554	0613	0632	0651	0710	0729	0748	0807	0826	0845	0900	0915	0930	0944	0958	1012	1027	1042
Old Ford Parnell Road	0558	0618	0638	0658	0719	0739	0759	0819	0839	0859	0914	0929	0944	0958	1013	1027	1042	1057
Hackney Wick Chapman Road	0602	0622	0642	0702	0723	0743	0803	0823	0843	0903	0918	0933	0948	1002	1017	1032	1047	1102
Homerton Hospital Homerton Grove	0606	0626	0646	0706	0727	0747	0807	0827	0847	0908	0923	0938	0953	1008	1023	1038	1053	1108
Clapton Pond	0611	0631	0651	0711	0732	0752	0812	0832	0852	0913	0929	0945	1000	1015	1030	1045	1100	1115
Shacklewell Lane Kingsland High St.	0617	0637	0657	0717	0738	0758	0818	0838	0858	0919	0935	0951	1007	1022	1037	1052	1107	1122
Dalston Junction Kingsland Road	0619	0639	0659	0720	0741	0801	0821	0841	0901	0922	0938	0954	1010	1026	1041	1056	1111	1126
Bromley-by-Bow Tesco	1052	1107	1122	1137	1152	1207	1222	Then every 15 minutes until	1607	1622	1637	1653	1709	1725	1740	1755	1810	
Bromley-by-Bow Station	1054	1109	1124	1139	1154	1209	1224		1609	1624	1639	1655	1711	1727	1742	1757	1812	
Bow Church	1057	1112	1127	1142	1158	1213	1228		1613	1628	1643	1659	1715	1730	1745	1800	1815	
Old Ford Parnell Road	1112	1127	1142	1157	1213	1228	1243		1628	1643	1658	1714	1730	1745	1759	1814	1829	
Hackney Wick Chapman Road	1117	1132	1147	1202	1218	1233	1248		1633	1648	1703	1718	1734	1749	1803	1818	1833	
Homerton Hospital Homerton Grove	1123	1138	1153	1209	1225	1240	1255		1640	1655	1710	1725	1740	1755	1809	1823	1837	
Clapton Pond	1130	1145	1200	1216	1232	1248	1304	1649	1704	1719	1734	1749	1804	1818	1832	1846		
Shacklewell Lane Kingsland High St.	1137	1152	1207	1223	1239	1255	1311	1656	1711	1726	1741	1756	1811	1825	1839	1853		
Dalston Junction Kingsland Road	1141	1156	1211	1227	1243	1259	1315	1700	1714	1729	1744	1759	1814	1828	1842	1856		
Bromley-by-Bow Tesco	1825	1845	Then every 20 minutes until	2025	2045	2105	2125	2146	2207	2228	2249	2310	2331	2352	0013	0034		
Bromley-by-Bow Station	1827	1847		2027	2047	2107	2127	2148	2209	2230	2251	2312	2333	2354	0015	0036		
Bow Church	1830	1850		2030	2050	2110	2130	2151	2212	2233	2254	2315	2336	2357	0018	0039		
Old Ford Parnell Road	1844	1904		2044	2104	2124	2144	2204	2224	2244	2304	2324	2344	0004	0024	0044		
Hackney Wick Chapman Road	1848	1908		2048	2108	2128	2148	2208	2228	2248	2308	2328	2348	0008	0028	0048		
Homerton Hospital Homerton Grove	1852	1912		2052	2112	2132	2152	2212	2232	2252	2312	2332	2352	0012	0032	0052		
Clapton Pond	1900	1919	2059	2118	2138	2158	2218	2238	2258	2318	2338	2358	0018	0038	0058			
Shacklewell Lane Kingsland High St.	1907	1926	2106	2124	2144	2204	2224	2244	2304	2324	2344	0004	0024	0044	0104			
Dalston Junction Kingsland Road	1910	1929	2109	2127	2147	2207	2227	2247	2307	2327	2347	0007	0027	0047	0107			

488 Mondays to Fridays																				
Dalston Junction Bus Station	0430	0445	0500	0515	0530	0544	0558	0612	0626	0638		1025		1413	1424	1435				
Shacklewell Lane Kingsland High St.	0433	0448	0503	0518	0533	0547	0601	0615	0629	0641	Then	1030		1418	1429	1440				
Clapton Pond	0439	0454	0509	0524	0539	0553	0608	0622	0636	0648	about	1039	Then	1427	1438	1449				
Homerton Hospital Homerton Grove	0443	0458	0513	0528	0543	0557	0612	0627	0641	0653	every 12	1046	every 12	1434	1446	1458				
Hackney Wick Chapman Road	0447	0502	0517	0532	0547	0601	0616	0631	0645	0658	minutes	1052	minutes	1440	1452	1504				
Old Ford Parnell Road	0451	0506	0521	0536	0551	0606	0621	0636	0650	0703	until	1057	until	1445	1457	1509				
Bow Church	0455	0510	0525	0540	0555	0610	0625	0640	0655	0708		1102		1450	1502	1514				
Bromley-by-Bow Tesco	0459	0514	0529	0544	0559	0614	0629	0644	0659	0712		1107		1455	1508	1520				
Dalston Junction Bus Station	1446	1457					1709	1721	1733	1745	1757	1809	1821	1833	1848	1903	1918	1938	1958	2018
Shacklewell Lane Kingsland High St.	1451	1502					1714	1726	1738	1750	1802	1814	1826	1838	1853	1908	1923	1943	2003	2023
Clapton Pond	1500	1512	Then				1724	1736	1748	1800	1811	1823	1835	1847	1902	1917	1932	1951	2011	2031
Homerton Hospital Homerton Grove	1509	1521	every 12				1733	1745	1757	1808	1819	1831	1843	1855	1910	1925	1939	1958	2017	2036
Hackney Wick Chapman Road	1516	1528	minutes				1740	1752	1804	1815	1826	1837	1849	1901	1916	1931	1945	2004	2023	2041
Old Ford Parnell Road	1521	1533	until				1745	1757	1809	1820	1831	1842	1854	1906	1921	1935	1949	2008	2027	2045
Bow Church	1526	1538					1750	1802	1814	1825	1836	1847	1858	1910	1925	1939	1953	2012	2031	2049
Bromley-by-Bow Tesco	1533	1545					1757	1808	1820	1831	1842	1853	1904	1916	1931	1945	1959	2017	2035	2053
Dalston Junction Bus Station	2038	2058	2118	2137	2156						0036									
Shacklewell Lane Kingsland High St.	2042	2102	2122	2141	2200						0040									
Clapton Pond	2049	2109	2129	2148	2207						0047									
Homerton Hospital Homerton Grove	2054	2114	2134	2153	2212	Then					every 20									
Hackney Wick Chapman Road	2059	2119	2139	2158	2217	minutes					0052									
Old Ford Parnell Road	2103	2123	2143	2202	2221	until					0057									
Bow Church	2107	2127	2147	2206	2225						0101									
Bromley-by-Bow Tesco	2111	2130	2150	2209	2228						0105									
											0108									
488 Saturdays (also Good Friday)																				
Dalston Junction Bus Station	0430		0610	0625	0640	0655	0710	0722			0834	0846	0858	0908			1044	1056	1108	1120
Shacklewell Lane Kingsland High St.	0433	Then	0613	0628	0643	0658	0713	0725	Then		0837	0849	0901	0912	Then		1048	1100	1113	1125
Clapton Pond	0439	every	0619	0634	0649	0704	0719	0732	about		0844	0856	0909	0920	every		1056	1109	1122	1134
Homerton Hospital Homerton Grove	0443	20	0623	0638	0653	0709	0724	0737	every		0849	0901	0914	0926	12		1102	1115	1128	1141
Hackney Wick Chapman Road	0447	mins.	0627	0642	0657	0713	0728	0741	12		0854	0907	0920	0932	mins.		1108	1121	1134	1147
Old Ford Parnell Road	0451	until	0631	0646	0701	0717	0732	0745	mins.		0859	0912	0925	0937	until		1113	1126	1139	1152
Bow Church	0455		0635	0650	0705	0721	0736	0749	until		0903	0916	0929	0942			1118	1131	1144	1157
Bromley-by-Bow Tesco	0459		0639	0654	0709	0725	0740	0753			0907	0920	0933	0946			1122	1135	1148	1201
Dalston Junction Bus Station	1132	1144		1656		1808	1821				1921	1938	1958	2018		2118	2137	2156		0036
Shacklewell Lane Kingsland High St.	1137	1149	Then	1701	Then	1813	1826	Then			1926	1943	2003	2022	Then	2122	2141	2200	Then	0040
Clapton Pond	1146	1158	every	1710	about	1822	1835	every			1935	1952	2010	2029	every	2129	2148	2207	every	0047
Homerton Hospital Homerton Grove	1154	1206	12	1718	every	1828	1841	15			1941	1957	2015	2034	20	2134	2153	2212	20	0052
Hackney Wick Chapman Road	1200	1213	mins.	1725	12	1833	1846	mins.			1946	2002	2020	2039	mins.	2139	2158	2217	mins.	0057
Old Ford Parnell Road	1205	1218	until	1730	mins.	1838	1850	until			1950	2006	2024	2043	until	2143	2202	2221	until	0101
Bow Church	1210	1223		1735	until	1842	1854				1954	2010	2028	2047		2147	2206	2225		0105
Bromley-by-Bow Tesco	1214	1227		1739		1846	1858				1958	2013	2031	2050		2150	2209	2228		0108
488 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																				
Dalston Junction Bus Station	0535		0735	0755	0815	0830	0845	0900	0915	0930	0945	1000	1014						1144	1159
Shacklewell Lane Kingsland High St.	0538		0738	0758	0818	0833	0848	0903	0918	0933	0948	1003	1018						1148	1203
Clapton Pond	0542	Then	0742	0802	0822	0837	0852	0909	0926	0941	0956	1011	1026	Then					1156	1211
Homerton Hospital Homerton Grove	0546	every 20	0746	0807	0827	0842	0857	0914	0931	0947	1002	1017	1032	every 15					1202	1218
Hackney Wick Chapman Road	0550	minutes	0750	0811	0832	0847	0902	0919	0936	0953	1008	1023	1038	minutes					1208	1224
Old Ford Parnell Road	0554	until	0754	0815	0836	0851	0907	0924	0941	0958	1013	1028	1043	until					1213	1229
Bow Church	0557		0757	0818	0839	0855	0911	0928	0945	1002	1017	1032	1047						1217	1233
Bromley-by-Bow Tesco	0600		0800	0821	0842	0858	0914	0931	0948	1005	1021	1036	1051						1221	1237
Dalston Junction Bus Station	1214		1644	1659	1714	1729	1743	1757	1812	1827	1842	1859	1917	1937	1957	2017	2037			
Shacklewell Lane Kingsland High St.	1219		1649	1704	1719	1734	1748	1802	1817	1832	1847	1904	1921	1941	2001	2021	2041			
Clapton Pond	1227	Then	1657	1712	1727	1742	1756	1810	1825	1840	1855	1912	1929	1949	2009	2029	2049			
Homerton Hospital Homerton Grove	1234	every 15	1704	1719	1734	1748	1802	1816	1831	1846	1901	1917	1934	1954	2014	2034	2054			
Hackney Wick Chapman Road	1240	minutes	1710	1725	1740	1754	1808	1822	1837	1852	1906	1922	1939	1959	2019	2039	2059			
Old Ford Parnell Road	1245	until	1715	1730	1744	1758	1812	1826	1841	1856	1910	1926	1943	2003	2023	2043	2103			
Bow Church	1249		1719	1734	1748	1802	1816	1830	1845	1900	1914	1930	1947	2007	2027	2047	2107			
Bromley-by-Bow Tesco	1253		1723	1737	1751	1805	1819	1833	1848	1903	1917	1933	1950	2010	2030	2050	2110			
Dalston Junction Bus Station	2058	2118	2137	2156							0036									
Shacklewell Lane Kingsland High St.	2102	2122	2141	2200							0040									
Clapton Pond	2109	2129	2148	2207							0047									
Homerton Hospital Homerton Grove	2114	2134	2153	2212	Then						every 20									
Hackney Wick Chapman Road	2119	2139	2158	2217	minutes						0052									
Old Ford Parnell Road	2123	2143	2202	2221	until						0101									
Bow Church	2127	2147	2206	2225							0105									
Bromley-by-Bow Tesco	2130	2150	2209	2228							0108									