

488		Mondays to Fridays												
Bromley-by-Bow Tesco	0449 0504 0519 0534 0549 0604 0618 0632 0645 0658 0711 0725 0739		0909 0924 0939 0954		1409									
Bromley-by-Bow Station	0451 0506 0521 0536 0551 0606 0620 0634 0647 0700 0714 0728 0742		0912 0927 0942 0957		1412									
Bow Church	0454 0509 0524 0539 0554 0609 0623 0637 0650 0704 0718 0732 0746	Then	0916 0931 0946 1001	Then	1416									
Old Ford Parnell Road	0457 0513 0528 0543 0558 0613 0627 0642 0655 0710 0724 0738 0752	every	0922 0937 0952 1007	every	1422									
Hackney Wick Chapman Road	0501 0517 0532 0548 0603 0618 0632 0648 0701 0716 0730 0745 0759	15	0929 0944 0959 1014	15	1429									
Homerton Hospital Homerton Grove	0506 0522 0537 0553 0609 0624 0640 0657 0710 0725 0739 0754 0808	mins.	0938 0953 1008 1022	mins.	1437									
Clapton Pond	0510 0527 0543 0559 0615 0630 0647 0704 0719 0734 0749 0804 0819	until	0949 1004 1019 1033	until	1448									
Shacklewell Lane Kingsland High St.	0516 0533 0549 0605 0621 0638 0655 0712 0727 0742 0757 0813 0828		0958 1012 1027 1041		1456									
Dalston Junction Kingsland Road	0519 0536 0553 0609 0626 0643 0700 0717 0732 0747 0802 0819 0834		1004 1018 1033 1047		1502									
Bromley-by-Bow Tesco	1424 1438 1452 1506		1706 1721 1736 1751 1806 1821 1836 1851 1907 1923 1940 1957 2018 2039											
Bromley-by-Bow Station	1427 1441 1455 1509		1709 1724 1739 1754 1809 1824 1839 1854 1910 1926 1942 1959 2020 2041											
Bow Church	1431 1445 1459 1513	Then	1713 1728 1743 1758 1813 1828 1843 1858 1914 1930 1945 2002 2023 2044											
Old Ford Parnell Road	1437 1451 1505 1520	every 15	1720 1735 1750 1805 1819 1834 1849 1904 1920 1936 1951 2007 2028 2049											
Hackney Wick Chapman Road	1444 1458 1512 1527	minutes	1727 1742 1756 1811 1825 1840 1855 1910 1926 1941 1956 2012 2033 2054											
Homerton Hospital Homerton Grove	1452 1506 1521 1536	until	1736 1751 1805 1819 1833 1848 1903 1918 1934 1948 2003 2018 2039 2100											
Clapton Pond	1503 1518 1533 1548		1748 1803 1817 1831 1845 1859 1913 1928 1943 1957 2012 2027 2047 2107											
Shacklewell Lane Kingsland High St.	1512 1527 1542 1557		1757 1811 1825 1839 1853 1907 1921 1936 1951 2005 2019 2034 2054 2114											
Dalston Junction Kingsland Road	1518 1533 1548 1603		1803 1817 1831 1845 1859 1913 1927 1942 1957 2011 2025 2040 2100 2120											
Bromley-by-Bow Tesco	2100 2120 2140 2200 2220 2240 2300 2320 2340 0000 0020 0040													
Bromley-by-Bow Station	2102 2122 2142 2202 2222 2242 2302 2322 2342 0002 0022 0042													
Bow Church	2105 2125 2145 2205 2225 2245 2305 2325 2345 0005 0025 0045													
Old Ford Parnell Road	2110 2130 2150 2209 2229 2249 2309 2329 2349 0009 0029 0049													
Hackney Wick Chapman Road	2115 2135 2155 2214 2234 2254 2313 2333 2353 0013 0033 0053													
Homerton Hospital Homerton Grove	2121 2141 2201 2220 2240 2300 2319 2338 2358 0017 0037 0057													
Clapton Pond	2128 2148 2207 2226 2246 2306 2325 2344 0004 0023 0043 0103													
Shacklewell Lane Kingsland High St.	2135 2155 2214 2233 2253 2312 2331 2350 0010 0029 0049 0109													
Dalston Junction Kingsland Road	2140 2159 2218 2237 2257 2316 2335 2354 0014 0033 0053 0113													
488		Saturdays (also Good Friday)												
Bromley-by-Bow Tesco	0449 0508 0528 0548 0608 0628 0643 0657 0711 0725 0739 0753 0807 0821 0835 0849 0904				1034									
Bromley-by-Bow Station	0451 0510 0530 0550 0610 0630 0645 0659 0713 0727 0741 0755 0809 0823 0837 0851 0906				1036									
Bow Church	0454 0513 0533 0553 0613 0633 0648 0702 0716 0730 0744 0758 0812 0826 0840 0854 0909	Then		every 15	1039									
Old Ford Parnell Road	0457 0517 0537 0557 0617 0637 0652 0707 0721 0735 0749 0803 0817 0831 0845 0859 0914	minutes		until	1044									
Hackney Wick Chapman Road	0501 0521 0541 0601 0621 0641 0656 0711 0726 0740 0754 0809 0823 0837 0851 0905 0920				1050									
Homerton Hospital Homerton Grove	0506 0526 0546 0606 0626 0646 0701 0716 0731 0745 0800 0815 0829 0843 0857 0912 0927				1057									
Clapton Pond	0510 0530 0550 0611 0631 0651 0706 0721 0736 0751 0806 0821 0835 0850 0905 0920 0935				1105									
Shacklewell Lane Kingsland High St.	0516 0536 0556 0617 0637 0657 0713 0728 0743 0758 0813 0828 0843 0858 0913 0928 0943				1113									
Dalston Junction Kingsland Road	0519 0539 0600 0621 0641 0702 0718 0733 0748 0803 0818 0833 0848 0903 0918 0933 0949				1119									
Bromley-by-Bow Tesco	1049 1104 1119 1134 1149 1204		1749 1804 1819 1834 1849 1904 1920 1940 2000 2020 2040 2100											
Bromley-by-Bow Station	1051 1106 1121 1136 1151 1207		1752 1807 1822 1837 1852 1906 1922 1942 2002 2022 2042 2102											
Bow Church	1054 1109 1124 1139 1155 1211	Then	1756 1810 1825 1840 1855 1909 1925 1945 2005 2025 2045 2105											
Old Ford Parnell Road	1059 1115 1130 1145 1201 1217	every 15	1802 1816 1831 1846 1901 1915 1930 1950 2010 2030 2050 2110											
Hackney Wick Chapman Road	1105 1121 1136 1151 1207 1223	minutes	1808 1822 1837 1852 1906 1920 1935 1955 2015 2035 2055 2115											
Homerton Hospital Homerton Grove	1112 1128 1143 1159 1215 1231	until	1816 1830 1845 1859 1913 1927 1942 2002 2021 2041 2101 2121											
Clapton Pond	1121 1137 1153 1209 1225 1241		1826 1840 1854 1908 1922 1936 1951 2010 2029 2049 2108 2128											
Shacklewell Lane Kingsland High St.	1129 1145 1201 1217 1233 1249		1834 1848 1902 1916 1930 1944 1958 2017 2036 2056 2115 2135											
Dalston Junction Kingsland Road	1135 1151 1207 1223 1239 1255		1840 1854 1908 1922 1936 1950 2004 2023 2042 2101 2120 2140											
488		Saturdays (also Good Friday) (cont.)												
Bromley-by-Bow Tesco	2120 2140 2200 2220 2240 2300 2320 2340 0000 0020 0040	Sundays and other Public Holidays												
Bromley-by-Bow Station	2122 2142 2202 2222 2242 2302 2322 2342 0002 0022 0042	0549 0609 0629 0649 0709 0728 0747 0806 0825												
Bow Church	2125 2145 2205 2225 2245 2305 2325 2345 0004 0024 0044	0551 0611 0631 0651 0711 0730 0749 0808 0827												
Old Ford Parnell Road	2130 2150 2209 2229 2249 2309 2329 2349 0008 0028 0048	0554 0614 0634 0654 0714 0733 0752 0811 0830												
Hackney Wick Chapman Road	2135 2155 2214 2234 2254 2313 2333 2353 0012 0032 0052	0558 0618 0638 0658 0718 0737 0756 0816 0835												
Homerton Hospital Homerton Grove	2141 2201 2220 2240 2300 2319 2338 2358 0017 0037 0057	0602 0622 0642 0702 0722 0741 0800 0821 0841												
Clapton Pond	2148 2207 2226 2246 2306 2325 2344 0004 0023 0043 0103	0607 0627 0647 0707 0727 0746 0806 0827 0847												
Shacklewell Lane Kingsland High St.	2155 2214 2233 2253 2312 2331 2350 0010 0029 0049 0109	0612 0632 0652 0712 0732 0751 0812 0833 0853												
Dalston Junction Kingsland Road	2159 2218 2237 2257 2316 2335 2354 0014 0033 0053 0113	0617 0637 0657 0717 0737 0757 0818 0839 0900												
		0621 0641 0701 0721 0741 0802 0823 0844 0905												
488		Sundays and other Public Holidays (except Christmas Day) (cont.)												
Bromley-by-Bow Tesco	0844 0904 0924 0944 1004 1024 1043 1102 1121 1140 1200 1220 1240		1720 1740 1800 1820 1840											
Bromley-by-Bow Station	0846 0906 0926 0946 1006 1026 1045 1104 1123 1143 1203 1223 1243		1723 1742 1802 1822 1842											
Bow Church	0849 0909 0929 0949 1009 1029 1048 1107 1126 1146 1207 1227 1247	Then	1727 1746 1805 1825 1845											
Old Ford Parnell Road	0854 0914 0934 0954 1014 1034 1053 1113 1132 1152 1213 1233 1253	every 20	1733 1752 1811 1831 1850											
Hackney Wick Chapman Road	0900 0920 0940 1000 1020 1040 1059 1119 1138 1158 1219 1239 1259	minutes	1739 1758 1817 1837 1856											
Homerton Hospital Homerton Grove	0907 0927 0947 1007 1027 1047 1106 1126 1145 1206 1227 1247 1307	until	1747 1806 1825 1845 1904											
Clapton Pond	0914 0934 0954 1014 1034 1054 1114 1134 1154 1215 1236 1256 1317		1757 1816 1835 1855 1914											
Shacklewell Lane Kingsland High St.	0921 0941 1001 1022 1042 1102 1122 1142 1202 1223 1244 1304 1325		1805 1824 1843 1903 1922											
Dalston Junction Kingsland Road	0926 0946 1007 1028 1048 1108 1128 1148 1208 1229 1250 1310 1331		1811 1830 1849 1908 1927											
Bromley-by-Bow Tesco	1900 1920 1940 2000 2020 2040 2100 2120 2140 2200 2220 2240 2300 2320 2340 0000 0020 0040													
Bromley-by-Bow Station	1902 1922 1942 2002 2022 2042 2102 2122 2142 2202 2222 2242 2302 2322 2342 0002 0022 0042													
Bow Church	1905 1925 1945 2005 2025 2045 2105 2125 2145 2205 2225 2245 2305 2325 2345 0005 0025 0045													
Old Ford Parnell Road	1910 1930 1950 2010 2030 2050 2110 2130 2150 2209 2229 2249 2309 2329 2349 0009 0029 0049													
Hackney Wick Chapman Road	1915 1935 1955 2015 2035 2055 2115 2135 2155 2214 2234 2254 2313 2333 2353 0013 0033 0053													
Homerton Hospital Homerton Grove	1923 1942 2002 2021 2041 2101 2121 2141 2201 2220 2240 2300 2319 2338 2358 0017 0037 0057													
Clapton Pond	1933 1952 2011 2030 2049 2109 2128 2148 2207 2226 2246 2306 2325 2344 0004 0023 0043 0103													
Shacklewell Lane Kingsland High St.	1941 2000 2019 2038 2057 2116 2135 2155 2214 2233 2253 2312 2331 2350 0010 0029 0049 0109													
Dalston Junction Kingsland Road	1946 2005 2024 2043 2102 2121 2140 2159 2218 2237 2257 2316 2335 2354 0014 0033 0053 0113													

488		Mondays to Fridays																	
Dalston Junction Bus Station	0430		0545	0559	0613	0626	0640	0653	0706	0720	0734	0748	0802	0816		0916	0931		1031
Shacklewell Lane Kingsland High St.	0433	Then	0548	0602	0616	0629	0643	0656	0710	0724	0738	0752	0807	0821	Then	0921	0936	Then	1036
Clapton Pond	0439	every 15	0554	0609	0623	0637	0651	0704	0719	0733	0748	0802	0817	0831	every	0931	0946	every	1046
Homerton Hospital Homerton Grove	0443	minutes	0558	0614	0628	0642	0656	0710	0725	0740	0755	0810	0825	0839	15	0939	0954	15	1054
Hackney Wick Chapman Road	0447	until	0602	0618	0632	0647	0701	0716	0731	0746	0801	0816	0831	0846	mins.	0946	1001	mins.	1101
Old Ford Parnell Road	0451		0606	0622	0637	0652	0707	0722	0737	0752	0807	0822	0837	0852	until	0952	1006	until	1106
Bromley-by-Bow Tesco	0457		0612	0628	0644	0659	0714	0729	0744	0759	0814	0829	0844	0859		0959	1013		1113
Dalston Junction Bus Station	1046		1331	1346	1401	1416	1430	1444	1458	1512		1627	1642	1657	1712	1727	1742	1757	
Shacklewell Lane Kingsland High St.	1051	Then	1336	1351	1406	1421	1435	1449	1503	1517	Then	1632	1647	1702	1717	1732	1747	1802	
Clapton Pond	1101	every 15	1346	1401	1416	1431	1445	1459	1514	1528	every 15	1643	1658	1713	1728	1743	1758	1812	
Homerton Hospital Homerton Grove	1109	minutes	1354	1409	1424	1440	1454	1508	1523	1538	minutes	1653	1708	1723	1737	1752	1807	1821	
Hackney Wick Chapman Road	1117	until	1402	1417	1432	1448	1503	1518	1533	1548	until	1703	1718	1732	1746	1801	1815	1829	
Old Ford Parnell Road	1122		1407	1422	1437	1453	1509	1524	1539	1554		1709	1724	1738	1752	1806	1820	1834	
Bromley-by-Bow Tesco	1129		1414	1430	1446	1502	1518	1533	1548	1603		1718	1732	1746	1800	1814	1828	1842	
Dalston Junction Bus Station	1812	1827	1843	1859	1915	1935	1955	2015	2035	2055	2115	2135		2255	2315	2335	2355	0015	0035
Shacklewell Lane Kingsland High St.	1817	1832	1848	1904	1920	1940	2000	2020	2040	2100	2119	2139	Then	2259	2319	2339	2359	0019	0039
Clapton Pond	1827	1842	1858	1913	1929	1948	2008	2028	2048	2108	2127	2147	every 20	2307	2326	2346	0006	0026	0046
Homerton Hospital Homerton Grove	1835	1850	1906	1921	1936	1955	2014	2034	2054	2113	2132	2152	minutes	2312	2331	2351	0011	0031	0051
Hackney Wick Chapman Road	1843	1858	1913	1928	1943	2002	2021	2040	2100	2119	2138	2157	until	2317	2336	2356	0016	0036	0056
Old Ford Parnell Road	1848	1903	1918	1933	1948	2007	2026	2045	2104	2123	2142	2201		2321	2340	0000	0020	0040	0100
Bromley-by-Bow Tesco	1856	1910	1925	1940	1954	2013	2032	2051	2110	2129	2148	2207		2327	2346	0006	0026	0046	0106
488		Saturdays (also Good Friday)																	
Dalston Junction Bus Station	0430		0610	0625	0640	0654	0708	0722	0737	0751	0805	0819	0834	0849	0903	0917	0932	0946	1000
Shacklewell Lane Kingsland High St.	0433	Then	0613	0628	0643	0657	0711	0725	0740	0754	0809	0823	0838	0853	0907	0921	0936	0950	1004
Clapton Pond	0439	every 20	0619	0634	0649	0703	0718	0732	0747	0801	0816	0830	0845	0900	0915	0929	0944	0958	1013
Homerton Hospital Homerton Grove	0443	minutes	0623	0638	0653	0708	0723	0737	0752	0806	0821	0835	0850	0905	0920	0935	0950	1005	1020
Hackney Wick Chapman Road	0447	until	0627	0642	0657	0712	0727	0742	0757	0811	0826	0841	0856	0911	0926	0941	0956	1011	1026
Old Ford Parnell Road	0451		0631	0646	0701	0716	0731	0746	0801	0816	0831	0846	0901	0916	0931	0946	1001	1016	1031
Bromley-by-Bow Tesco	0457		0637	0652	0707	0722	0737	0752	0807	0822	0837	0852	0907	0922	0937	0952	1008	1023	1038
Dalston Junction Bus Station	1015	1030	1044	1058	1113	1127	1141	1155	1209		1639	1654	1709	1724	1739	1754	1809	1824	1840
Shacklewell Lane Kingsland High St.	1019	1034	1048	1103	1118	1132	1146	1200	1214	Then	1644	1659	1714	1729	1744	1759	1814	1829	1845
Clapton Pond	1028	1043	1057	1112	1127	1141	1155	1210	1224	every 15	1654	1709	1724	1739	1754	1809	1824	1839	1855
Homerton Hospital Homerton Grove	1035	1050	1104	1119	1134	1148	1202	1217	1232	minutes	1702	1716	1731	1746	1801	1816	1831	1846	1902
Hackney Wick Chapman Road	1041	1056	1111	1126	1141	1155	1210	1225	1240	until	1710	1724	1739	1754	1808	1823	1838	1853	1909
Old Ford Parnell Road	1046	1101	1116	1131	1146	1200	1215	1230	1245		1715	1729	1744	1759	1813	1828	1843	1858	1914
Bromley-by-Bow Tesco	1053	1108	1123	1138	1153	1208	1223	1238	1253		1723	1737	1752	1807	1821	1836	1851	1906	1921
Dalston Junction Bus Station	1856	1912	1933	1954	2015	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355	0015	0035	
Shacklewell Lane Kingsland High St.	1901	1917	1938	1959	2020	2040	2100	2119	2139	2159	2219	2239	2259	2319	2339	2359	0019	0039	
Clapton Pond	1910	1926	1947	2008	2028	2048	2108	2127	2147	2207	2227	2247	2307	2326	2346	0006	0026	0046	
Homerton Hospital Homerton Grove	1917	1932	1953	2014	2034	2054	2113	2132	2152	2212	2232	2252	2312	2331	2351	0011	0031	0051	
Hackney Wick Chapman Road	1924	1939	2000	2020	2040	2100	2119	2138	2157	2217	2237	2257	2317	2336	2356	0016	0036	0056	
Old Ford Parnell Road	1929	1944	2005	2025	2045	2104	2123	2142	2201	2221	2241	2301	2321	2340	0000	0020	0040	0100	
Bromley-by-Bow Tesco	1936	1951	2011	2031	2051	2110	2129	2148	2207	2227	2247	2307	2327	2346	0006	0026	0046	0106	
488		Sundays and other Public Holidays (except Christmas Day)																	
Dalston Junction Bus Station	0535		0715	0735	0754	0813	0832	0851	0910	0929	0948	1007	1027	1047	1106	1126	1146	1206	1226
Shacklewell Lane Kingsland High St.	0538	Then	0718	0738	0757	0816	0835	0854	0913	0932	0951	1011	1031	1051	1110	1130	1150	1211	1231
Clapton Pond	0544	every 20	0724	0744	0803	0823	0842	0901	0921	0940	0959	1019	1039	1059	1119	1139	1159	1220	1240
Homerton Hospital Homerton Grove	0548	minutes	0728	0748	0808	0828	0847	0906	0926	0945	1005	1025	1045	1105	1125	1145	1205	1226	1247
Hackney Wick Chapman Road	0552	until	0732	0753	0813	0833	0852	0912	0932	0952	1012	1032	1052	1112	1132	1152	1212	1233	1254
Old Ford Parnell Road	0556		0736	0757	0817	0837	0857	0917	0937	0957	1017	1037	1057	1117	1137	1157	1217	1238	1259
Bromley-by-Bow Tesco	0601		0741	0802	0823	0843	0903	0923	0943	1003	1023	1043	1103	1123	1143	1203	1224	1245	1306
Dalston Junction Bus Station	1246		1746	1807	1828	1849	1910	1931	1952	2013	2034	2055	2115	2135	2155	2215		0035	
Shacklewell Lane Kingsland High St.	1251	Then	1751	1812	1833	1854	1914	1935	1956	2017	2038	2059	2119	2139	2159	2219	Then	0039	
Clapton Pond	1300	every 20	1800	1821	1842	1903	1923	1944	2005	2025	2046	2107	2127	2147	2207	2226	every 20	0046	
Homerton Hospital Homerton Grove	1307	minutes	1807	1828	1849	1909	1929	1950	2011	2031	2052	2112	2132	2152	2212	2231	minutes	0051	
Hackney Wick Chapman Road	1315	until	1815	1835	1856	1916	1936	1957	2017	2037	2057	2117	2137	2157	2217	2236	until	0056	
Old Ford Parnell Road	1320		1820	1840	1901	1921	1941	2001	2021	2041	2101	2121	2141	2201	2221	2240		0100	
Bromley-by-Bow Tesco	1327		1827	1847	1907	1927	1947	2007	2027	2047	2107	2127	2147	2207	2227	2246		0106	