

488 Mondays to Fridays																	
Bromley-by-Bow Tesco	0450	0505	0520	0535	0550	0605	0620	0635	0647	0659	0710	0721	0731	Then every 12 minutes until	0855	0907	0920
Bromley-by-Bow Station	0453	0508	0523	0538	0553	0608	0623	0638	0650	0702	0713	0724	0734		0858	0910	0923
Bow Church	0456	0511	0526	0541	0556	0611	0626	0641	0653	0705	0716	0728	0739		0903	0915	0928
Old Ford Parnell Road	0459	0514	0529	0544	0559	0615	0630	0645	0657	0709	0720	0732	0744		0908	0920	0933
Hackney Wick Chapman Road	0502	0517	0532	0547	0602	0619	0634	0649	0701	0713	0725	0737	0749		0913	0925	0937
Homerton Hospital Homerton Grove	0505	0520	0535	0550	0606	0623	0638	0653	0706	0718	0730	0743	0755		0919	0931	0942
Clapton Pond	0510	0525	0540	0555	0611	0628	0643	0658	0712	0725	0738	0751	0803	0927	0938	0949	
Bromley-by-Bow Tesco	0933	0946	Then every 12 minutes until	1458	1509	1520	1531	Then every 12 minutes until	1731	1743	1755	1807	1819	1831	1843	1855	
Bromley-by-Bow Station	0936	0949		1501	1512	1523	1534		1734	1746	1758	1810	1822	1834	1846	1858	
Bow Church	0941	0953		1505	1516	1528	1539		1739	1751	1803	1815	1826	1838	1850	1902	
Old Ford Parnell Road	0945	0957		1509	1520	1532	1544		1744	1756	1808	1819	1830	1842	1854	1906	
Hackney Wick Chapman Road	0949	1001		1513	1525	1537	1549		1749	1801	1813	1824	1835	1847	1859	1911	
Homerton Hospital Homerton Grove	0954	1006		1518	1530	1543	1555		1755	1807	1818	1829	1840	1852	1904	1916	
Clapton Pond	1001	1013	1525	1538	1551	1603	1803	1814	1825	1836	1847	1859	1910	1922			
Bromley-by-Bow Tesco	1910	1925	1940	1955	Then every 20 minutes at these minutes past the hour	15	35	55	0035								
Bromley-by-Bow Station	1913	1928	1943	1958		18	38	58	0038								
Bow Church	1916	1931	1946	2001		21	41	01	0041								
Old Ford Parnell Road	1920	1935	1950	2005		25	45	05	0045								
Hackney Wick Chapman Road	1924	1939	1954	2009		29	49	09	0049								
Homerton Hospital Homerton Grove	1928	1943	1958	2012		32	52	12	0052								
Clapton Pond	1934	1949	2004	2018	38	58	18	0058									
488 Saturdays (also Good Friday)																	
Bromley-by-Bow Tesco	0450	0510	0530	0550	0610	0630	0645	0700	0715	0730	0745	0800	0815	Then every 12 minutes until	0903	0915	0926
Bromley-by-Bow Station	0453	0513	0533	0553	0613	0633	0648	0703	0718	0733	0748	0803	0818		0906	0918	0929
Bow Church	0456	0516	0536	0556	0616	0636	0651	0706	0721	0736	0751	0806	0821		0909	0921	0933
Old Ford Parnell Road	0459	0519	0539	0559	0619	0639	0654	0709	0724	0739	0754	0810	0825		0913	0925	0937
Hackney Wick Chapman Road	0502	0522	0542	0602	0622	0642	0657	0712	0727	0742	0758	0814	0829		0917	0929	0941
Homerton Hospital Homerton Grove	0505	0525	0545	0605	0625	0645	0700	0715	0730	0746	0802	0818	0833		0921	0933	0946
Clapton Pond	0510	0530	0550	0610	0630	0651	0706	0721	0736	0752	0808	0824	0839	0927	0940	0953	
Bromley-by-Bow Tesco	0938	Then every 12 minutes until	1738	1750	1803	1815	Then every 15 minutes until	1915	1935	1955	Then every 20 minutes at these minutes past the hour	15	35	55	0035		
Bromley-by-Bow Station	0941		1741	1753	1806	1818		1918	1938	1958		18	38	58	0038		
Bow Church	0945		1745	1757	1809	1821		1921	1941	2001		21	41	01	0041		
Old Ford Parnell Road	0949		1749	1801	1813	1825		1925	1945	2005		25	45	05	0045		
Hackney Wick Chapman Road	0953		1753	1805	1817	1829		1929	1949	2009		29	49	09	0049		
Homerton Hospital Homerton Grove	0958		1758	1810	1821	1833		1933	1953	2012		32	52	12	0052		
Clapton Pond	1005	1805	1816	1827	1839	1939	1959	2018	38	58	18	0058					
488 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																	
Bromley-by-Bow Tesco	0550	Then every 20 minutes at these minutes past the hour	10	30	50	0810	0830	0850	0905	0920	0935	0950	1005	Then every 15 minutes until	1705	1720	
Bromley-by-Bow Station	0553		13	33	53	0813	0833	0853	0908	0923	0938	0953	1008		1708	1723	
Bow Church	0556		16	36	56	0816	0836	0856	0911	0926	0941	0957	1012		1712	1727	
Old Ford Parnell Road	0559		19	39	59	0819	0839	0859	0914	0929	0944	1000	1016		1716	1731	
Hackney Wick Chapman Road	0602		22	42	02	0822	0843	0903	0918	0933	0948	1004	1020		1720	1735	
Homerton Hospital Homerton Grove	0605		25	45	05	0825	0847	0907	0922	0938	0953	1009	1025		1725	1739	
Clapton Pond	0610	30	50	10	0830	0852	0912	0927	0943	0959	1015	1031	1731	1745			
Bromley-by-Bow Tesco	1735	1750	1805	1820	1835	Then every 20 minutes at these minutes past the hour	55	15	35	0035							
Bromley-by-Bow Station	1738	1753	1808	1823	1838		58	18	38	0038							
Bow Church	1742	1756	1811	1826	1841		01	21	41	0041							
Old Ford Parnell Road	1746	1800	1815	1830	1845		05	25	45	until	0045						
Hackney Wick Chapman Road	1750	1804	1819	1834	1849		09	29	49	0049							
Homerton Hospital Homerton Grove	1753	1807	1822	1837	1852		12	32	52	0052							
Clapton Pond	1759	1813	1828	1843	1858	18	38	58	0058								
488 Boxing Day																	
A Sunday service operates, commencing with the 0810 journey from Bromley-by-Bow.																	

488 Mondays to Fridays																											
Clapton Pond	0440				0540	0555	0610	0625	0639	0651	0702	0713	0723	0733				0909	0921	0933							
Homerton Hospital Homerton Grove	0445				Then												Then			0917	0929	0941					
Hackney Wick Chapman Road	0448				every 15												every 12			0923	0935	0947					
Old Ford Parnell Road	0451				minutes												minutes			0928	0940	0952					
Bow Church	0455				until												until			0934	0945	0956					
Bromley-by-Bow Tesco	0459																			0939	0950	1001					
Clapton Pond	0945	0957	1009						1457	1508	1519	1530				Then			1730	1743	1756	1809	1821	1833	1845		
Homerton Hospital Homerton Grove	0952	1004	1015						Then							Then			1738	1751	1804	1816	1828	1840	1852		
Hackney Wick Chapman Road	0958	1009	1020						every 12							every 12			1743	1756	1809	1821	1833	1845	1857		
Old Ford Parnell Road	1003	1014	1025						minutes							minutes			1748	1801	1814	1826	1838	1850	1902		
Bow Church	1007	1018	1029						until							until			1753	1806	1818	1830	1842	1854	1906		
Bromley-by-Bow Tesco	1012	1023	1034																1759	1811	1823	1835	1847	1859	1911		
Clapton Pond	1900	1915	1935	1955	2015				Then	35	55	15						0035									
Homerton Hospital Homerton Grove	1907	1922	1942	2002	2021				every 20	41	01	21	past					0041									
Hackney Wick Chapman Road	1912	1927	1947	2007	2025				minutes	45	05	25	the					0045									
Old Ford Parnell Road	1916	1931	1951	2010	2028				at these	48	08	28	hour					0048									
Bow Church	1920	1935	1955	2014	2032				minutes	52	12	32	until					0052									
Bromley-by-Bow Tesco	1925	1940	2000	2018	2036					56	16	36						0056									
488 Saturdays (also Good Friday)																											
Clapton Pond	0440	0500	0520	0540	0600	0620										Then		0735	0747	0758	0809	0820	0832	0844	0856	0907	0918
Homerton Hospital Homerton Grove	0445	0505	0525	0545	0605	0625										Then		0740	0752	0803	0814	0826	0838	0850	0902	0913	0924
Hackney Wick Chapman Road	0448	0508	0528	0548	0608	0628										every 15		0743	0755	0806	0818	0830	0842	0854	0906	0917	0929
Old Ford Parnell Road	0451	0511	0531	0551	0611	0631										minutes		0746	0758	0810	0822	0834	0846	0858	0910	0921	0933
Bow Church	0455	0515	0535	0555	0615	0635										until		0750	0802	0814	0826	0838	0850	0902	0914	0926	0938
Bromley-by-Bow Tesco	0459	0519	0539	0559	0619	0639												0754	0806	0818	0830	0842	0854	0906	0918	0930	0942
Clapton Pond	0929	Then	1741	1753	1805	1817	1829	1841	1855	1915	1935	1955				Then		15	35	55					0035		
Homerton Hospital Homerton Grove	0936	every	1748	1800	1812	1823	1835	1847	1901	1921	1941	2001				every 20		21	41	01	past				0041		
Hackney Wick Chapman Road	0941	12	1753	1805	1816	1827	1839	1851	1905	1925	1945	2005				minutes		25	45	05	the				0045		
Old Ford Parnell Road	0945	mins.	1757	1809	1820	1831	1843	1855	1909	1929	1949	2008				at these		28	48	08	hour				0048		
Bow Church	0950	until	1802	1813	1824	1835	1847	1859	1913	1933	1953	2012				minutes		32	52	12	until				0052		
Bromley-by-Bow Tesco	0954		1806	1817	1828	1839	1851	1903	1917	1937	1957	2016						36	56	16					0056		
488 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																											
Clapton Pond	0550	Then	10	30	50				0750	0810	0830					Then		0930	0945	1000					1715	1730	
Homerton Hospital Homerton Grove	0555	every 20	15	35	55	past			0755	0815	0835				Then		0935	0951	1006						1721	1736	
Hackney Wick Chapman Road	0558	minutes	18	38	58	the			0758	0819	0839				every 15		0939	0955	1011						1726	1741	
Old Ford Parnell Road	0601	at these	21	41	01	hour			0801	0822	0843				minutes		0943	0959	1015						1730	1744	
Bow Church	0605	minutes	25	45	05	until			0805	0826	0847				until		0947	1003	1019						1734	1748	
Bromley-by-Bow Tesco	0609		29	49	09				0809	0830	0851						0951	1007	1023						1738	1752	
Clapton Pond	1745	1800	1815						Then	35	55	15						0035									
Homerton Hospital Homerton Grove	1751	1806	1821						every 20	41	01	21	past					0041									
Hackney Wick Chapman Road	1755	1810	1825						minutes	45	05	25	the					0045									
Old Ford Parnell Road	1758	1813	1828						at these	48	08	28	hour					0048									
Bow Church	1802	1817	1832						minutes	52	12	32	until					0052									
Bromley-by-Bow Tesco	1806	1821	1836							56	16	36						0056									
488 Boxing Day																											
A Sunday service operates, commencing with the 0810 journey from Clapton.																											