

678

Beckton – Plaistow – Stratford

678	Mondays to Fridays (school days)
Beckton Bus Station	0750 0755 0800
Cyprus Station Cyprus Place	0753 0758 0803
Prince Regent Station	0758 0803 0808
Plaistow Abbey Arms	0804 0809 0814
Plaistow Broadway Balaam Street	0808 0813 0818
Forest Gate Upton Lane	0818 0823 0828
Stratford Bus Station	0832 0837 0842
678	No service on Saturdays, Sundays or school or Public Holidays.

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Upton Lane – Plaistow – Beckton

678	Mondays to Fridays (school days)
Upton Lane St George's Road	-- 1530 1535 1540
Upton Lane West Ham Park	1530 1535 1540 1545
Plaistow Broadway Balaam Street	1544 1549 1554 1559
Plaistow Abbey Arms	1547 1552 1557 1602
Prince Regent Station	1553 1558 1603 1608
Cyprus Station Cyprus Place	1559 1604 1609 1614
Beckton Bus Station	1601 1606 1611 1616
678	No service on Saturdays, Sundays or school or Public Holidays.