

D7

Poplar – Canary Wharf – Mile End

D7		Mondays to Fridays																							
Poplar Newby Place	0432	0452	0512	0532	0552	0607	0622	0632	0643	0654	0705	0716	0727	0738	0749	0800	0811	0822							
Cubitt Town Queen	0436	0456	0516	0536	0556	0611	0626	0636	0647	0658	0710	0721	0732	0743	0754	0806	0817	0828							
Island Gardens Station	0439	0459	0519	0539	0559	0615	0630	0640	0651	0702	0714	0725	0737	0748	0759	0811	0823	0835							
Westferry Road Byng Street	0443	0503	0523	0544	0605	0621	0636	0647	0658	0709	0721	0733	0745	0757	0809	0821	0833	0845							
Canary Wharf (DLR) Station	0448	0508	0528	0549	0610	0626	0641	0653	0704	0716	0728	0740	0752	0804	0816	0828	0840	0852							
Limehouse Burdett Road	0453	0513	0533	0554	0615	0631	0646	0658	0711	0723	0735	0747	0759	0812	0824	0836	0848	0900							
Mile End Burdett Road	0455	0515	0536	0557	0618	0634	0649	0702	0715	0727	0739	0751	0804	0817	0829	0841	0853	0905							
Poplar Newby Place	0833	0845	0857	0909	0921	0933	0945	0957	1009	1021		Then	1245	1257			1345	1358	1410	1422					
Cubitt Town Queen	0840	0852	0904	0916	0928	0940	0951	1003	1015	1026		Then	1250	1302		Then	1350	1403	1415	1427					
Island Gardens Station	0847	0859	0911	0922	0934	0945	0956	1008	1020	1031		every	1255	1308		every	1356	1408	1420	1432					
Westferry Road Byng Street	0857	0909	0920	0931	0943	0954	1005	1017	1028	1039		12	1303	1316		12	1404	1416	1428	1440					
Canary Wharf (DLR) Station	0904	0916	0927	0938	0950	1001	1012	1024	1035	1046		mins.	1310	1323		mins.	1411	1423	1435	1447					
Limehouse Burdett Road	0912	0924	0935	0946	0957	1008	1019	1030	1041	1052		until	1316	1329		until	1417	1429	1441	1453					
Mile End Burdett Road	0917	0928	0939	0950	1001	1012	1023	1034	1045	1056			1320	1333			1421	1433	1445	1458					
Poplar Newby Place	1434	1446	1457	1508	1519		1655	1707			1807	1819	1831	1843	1855	1907	1919	1931	1943						
Cubitt Town Queen	1440	1452	1503	1514	1526		Then	1702	1714		Then	1814	1826	1837	1849	1901	1913	1925	1937	1949					
Island Gardens Station	1445	1457	1508	1520	1532		every	1708	1719		every	1819	1831	1842	1854	1906	1918	1930	1941	1953					
Westferry Road Byng Street	1453	1505	1517	1529	1541		12	1717	1728		12	1828	1840	1851	1903	1915	1926	1937	1948	2000					
Canary Wharf (DLR) Station	1500	1512	1524	1536	1548		mins.	1724	1735		mins.	1835	1847	1858	1910	1922	1933	1944	1955	2007					
Limehouse Burdett Road	1506	1519	1531	1543	1555		until	1731	1743		until	1843	1854	1905	1917	1928	1939	1950	2001	2013					
Mile End Burdett Road	1511	1524	1536	1548	1600			1736	1748			1848	1859	1910	1921	1932	1943	1954	2005	2017					
Poplar Newby Place	1955	2008	2021	2034	2049	2105	2121	2136	2152	2208	2224	2240	2255	2310	2325	2340			Then	0040					
Cubitt Town Queen	2001	2013	2026	2039	2054	2110	2126	2141	2157	2212	2228	2244	2259	2314	2329	2344			Then	0044					
Island Gardens Station	2005	2017	2030	2043	2058	2114	2130	2145	2201	2216	2232	2248	2303	2317	2332	2347			every	0047					
Westferry Road Byng Street	2012	2024	2037	2049	2104	2120	2136	2151	2207	2222	2237	2253	2308	2322	2337	2351			15	0051					
Canary Wharf (DLR) Station	2019	2031	2043	2055	2110	2126	2142	2157	2212	2227	2242	2258	2313	2327	2342	2356			mins.	0056					
Limehouse Burdett Road	2025	2037	2049	2101	2116	2132	2147	2202	2217	2232	2247	2303	2318	2332	2347	0001			until	0101					
Mile End Burdett Road	2029	2041	2053	2105	2120	2135	2150	2205	2220	2235	2250	2306	2321	2335	2350	0004				0104					
D7		Saturdays (also Good Friday)																							
Poplar Newby Place	0432	0452	0512	0532	0552	0612	0632	0647	0702	0717	0732	0747								1932	1946	2001	2017		
Cubitt Town Queen	0436	0456	0516	0536	0556	0616	0636	0651	0706	0721	0736	0751								Then	1937	1951	2006	2022	
Island Gardens Station	0439	0459	0519	0539	0559	0619	0639	0654	0710	0725	0740	0755								about	1942	1956	2011	2026	
Westferry Road Byng Street	0443	0503	0523	0543	0603	0624	0645	0700	0716	0731	0746	0801								every 12	1949	2003	2018	2033	
Canary Wharf (DLR) Station	0447	0507	0527	0547	0608	0629	0650	0705	0721	0736	0751	0806								minutes	1956	2010	2025	2040	
Limehouse Burdett Road	0451	0511	0531	0552	0613	0634	0655	0710	0726	0741	0756	0811								until	2003	2017	2032	2047	
Mile End Burdett Road	0453	0513	0534	0555	0616	0637	0658	0713	0729	0744	0759	0814									2007	2021	2036	2051	
Poplar Newby Place	2033	2049	2105	2121	2136	2152	2208	2224	2240	2255	2310									Then	0040				
Cubitt Town Queen	2038	2054	2110	2126	2141	2157	2213	2229	2245	2300	2314									Then	0044				
Island Gardens Station	2042	2058	2114	2130	2145	2200	2216	2232	2248	2303	2317									every 15	0047				
Westferry Road Byng Street	2049	2105	2120	2136	2151	2206	2222	2238	2253	2308	2322									minutes	0052				
Canary Wharf (DLR) Station	2055	2111	2126	2142	2157	2212	2228	2243	2258	2313	2327									until	0057				
Limehouse Burdett Road	2102	2117	2132	2148	2203	2218	2233	2248	2303	2318	2332										0102				
Mile End Burdett Road	2106	2121	2136	2151	2206	2221	2236	2251	2306	2321	2335										0105				
D7		Sundays and other Public Holidays (except Christmas Day)																							
Poplar Newby Place	0532	0602	0622	0642	0702	0722	0742	0802	0822	0836	0850	0904	0918	0933	0947	1001	1015	1029							
Cubitt Town Queen	0535	0606	0626	0646	0706	0726	0746	0806	0826	0840	0854	0908	0922	0937	0951	1005	1019	1033							
Island Gardens Station	0538	0609	0629	0649	0709	0729	0749	0809	0830	0844	0858	0912	0926	0941	0956	1010	1024	1038							
Westferry Road Byng Street	0543	0614	0634	0654	0715	0735	0755	0815	0836	0850	0905	0919	0933	0948	1003	1018	1032	1046							
Canary Wharf (DLR) Station	0548	0619	0639	0659	0720	0740	0800	0820	0841	0855	0910	0925	0939	0954	1009	1024	1038	1052							
Limehouse Burdett Road	0553	0624	0644	0704	0725	0745	0805	0825	0846	0900	0915	0930	0944	0959	1014	1029	1043	1058							
Mile End Burdett Road	0556	0627	0647	0707	0728	0748	0808	0828	0849	0904	0919	0934	0948	1003	1018	1033	1047	1102							
Poplar Newby Place	1043		1143	1157	1211	1225		1325	1341	1356	1411	1426	1442									1612	1628	1643	1658
Cubitt Town Queen	1048	Then	1148	1202	1216	1230	Then	1330	1346	1401	1416	1431	1447	Then						Then	1617	1633	1648	1703	
Island Gardens Station	1053	every	1153	1207	1221	1235	every	1335	1351	1406	1421	1436	1452	every						every	1622	1638	1653	1708	
Westferry Road Byng Street	1101	15	1201	1215	1229	1243	15	1343	1359	1414	1429	1444	1459	15						15	1629	1645	1700	1715	
Canary Wharf (DLR) Station	1107	mins.	1207	1222	1236	1250	mins.	1350	1406	1421	1436	1451	1506	mins.						mins.	1636	1652	1707	1722	
Limehouse Burdett Road	1113	until	1213	1228	1242	1257	until	1357	1412	1427	1442	1457	1512	until						until	1642	1658	1713	1728	
Mile End Burdett Road	1117		1217	1232	1247	1302		1402	1417	1432	1447	1502	1517								1647	1702	1717	1732	
Poplar Newby Place	1714	Then	1914	1930	1946	2002	2018	2034	2050	2106	2122	2138	2154	2209	2224	2240								0040	
Cubitt Town Queen	1719	about	1919	1935	1951	2007	2023	2039	2055	2111	2126	2142	2158	2213	2228	2244				Then				0044	
Island Gardens Station	1724	every	1924	1940	1956	2011	2027	2043	2059	2115	2130	2146	2201	2216	2231	2247				every				0047	
Westferry Road Byng Street	1731	15	1931	1947	2003	2018	2033	2049	2105	2121	2136	2151	2206	2221	2236	2252				15				0052	
Canary Wharf (DLR) Station	1737	mins.	1937	1953	2009	2024	2039	2055	2111	2126	2141	2156	2211	2226	2241	2257				mins.				0057	
Limehouse Burdett Road	1743	until	1944	2000	2015	2030	2045	2101	2116	2131	2146	2201	2216	2231	2246	2302				until				0102	
Mile End Burdett Road	1747		1949	2004	2019	2034	2049	2104	2119	2134	2149	2204	2219	2234	2249	2305								0105	

D7

Mile End – Canary Wharf – Poplar

D7		Mondays to Fridays																		
Mile End Grove Road	0505	0525	0545	0605	0625	0640	0654	0705	0715	0725	0735	0745	0755	0805	0817	0829	0842	0855		
Limehouse Burdett Road	0509	0529	0549	0609	0629	0645	0659	0710	0720	0730	0741	0751	0801	0812	0824	0836	0849	0902		
Canary Wharf (DLR) Station	0513	0533	0553	0613	0634	0650	0704	0715	0726	0736	0747	0757	0807	0819	0831	0843	0855	0908		
Westferry Road Cuba Street	0517	0537	0557	0618	0639	0655	0709	0720	0732	0742	0753	0803	0814	0826	0838	0850	0902	0914		
Island Gardens Station	0522	0542	0603	0624	0645	0701	0715	0726	0738	0750	0801	0812	0824	0836	0848	0900	0911	0923		
Cubitt Town Queen	0525	0546	0607	0628	0649	0705	0719	0731	0743	0755	0806	0818	0830	0842	0854	0906	0917	0928		
Poplar Bazely Street	0529	0550	0611	0632	0653	0709	0724	0736	0748	0800	0812	0824	0836	0848	0900	0912	0923	0934		
Mile End Grove Road	0908	0921																		
Limehouse Burdett Road	0915	0927	Then every 12 minutes until																	
Canary Wharf (DLR) Station	0921	0933																		
Westferry Road Cuba Street	0927	0939																		
Island Gardens Station	0935	0947																		
Cubitt Town Queen	0940	0952																		
Poplar Bazely Street	0945	0957																		
Mile End Grove Road	1409	1420	1431	1441	1451	1502	1513													
Limehouse Burdett Road	1415	1427	1438	1448	1458	1509	1521													
Canary Wharf (DLR) Station	1421	1433	1444	1454	1504	1515	1527													
Westferry Road Cuba Street	1427	1439	1450	1500	1511	1522	1534													
Island Gardens Station	1435	1447	1458	1509	1521	1532	1544													
Cubitt Town Queen	1440	1452	1503	1515	1527	1538	1550													
Poplar Bazely Street	1445	1457	1509	1521	1533	1545	1557													
Mile End Grove Road	1649	1701	1713	1726	1739															
Limehouse Burdett Road	1657	1709	1721	1733	1746															
Canary Wharf (DLR) Station	1703	1715	1727	1739	1752															
Westferry Road Cuba Street	1710	1723	1735	1747	1800															
Island Gardens Station	1720	1733	1745	1757	1809															
Cubitt Town Queen	1726	1738	1750	1802	1814															
Poplar Bazely Street	1733	1745	1757	1808	1820															
Mile End Grove Road	1751	1803	1815	1827	1840	1852	1905	1918	1931	1944	1957	2010	2022	2034	2046	2101	2116	2131		
Limehouse Burdett Road	1758	1810	1822	1834	1847	1859	1912	1925	1938	1950	2003	2016	2028	2040	2052	2107	2122	2137		
Canary Wharf (DLR) Station	1804	1816	1828	1840	1853	1905	1918	1931	1944	1956	2009	2021	2033	2045	2057	2112	2127	2142		
Westferry Road Cuba Street	1812	1824	1836	1848	1901	1913	1925	1938	1951	2003	2015	2027	2039	2051	2103	2118	2133	2148		
Island Gardens Station	1821	1833	1845	1857	1910	1922	1933	1946	1959	2011	2023	2035	2047	2059	2111	2126	2140	2154		
Cubitt Town Queen	1826	1838	1850	1902	1915	1927	1938	1950	2003	2015	2027	2039	2051	2103	2115	2130	2144	2158		
Poplar Bazely Street	1832	1844	1856	1908	1920	1932	1943	1955	2007	2019	2031	2043	2055	2107	2119	2134	2148	2202		
Mile End Grove Road	2146	2201	2216	2232	2247	2302	2317	2332	2347	0002	0017	0032	0047	0102	0117					
Limehouse Burdett Road	2152	2207	2222	2237	2252	2307	2322	2337	2352	0007	0022	0037	0051	0106	0121					
Canary Wharf (DLR) Station	2157	2212	2227	2242	2257	2312	2327	2342	2357	0012	0027	0041	0055	0110	0125					
Westferry Road Cuba Street	2203	2218	2233	2248	2303	2318	2332	2347	0002	0016	0031	0045	0059	0114	0129					
Island Gardens Station	2209	2224	2239	2254	2309	2324	2338	2353	0008	0022	0036	0050	0104	0119	0134					
Cubitt Town Queen	2213	2228	2243	2258	2313	2328	2342	2356	0011	0025	0039	0053	0107	0122	0137					
Poplar Bazely Street	2217	2232	2247	2302	2317	2332	2346	0000	0014	0028	0042	0056	0110	0125	0140					
D7		Saturdays (also Good Friday)																		
Mile End Grove Road	0505	0525	0545	0605	0625	0645	0705	0720	0734	0748	0802	0817	Then about every 12 mins. until	1934	1947	2002	2017	2032		
Limehouse Burdett Road	0509	0529	0549	0609	0629	0649	0709	0724	0738	0753	0807	0822		1941	1954	2009	2023	2038		
Canary Wharf (DLR) Station	0513	0533	0553	0613	0633	0653	0713	0728	0743	0758	0812	0827		1947	2000	2015	2029	2043		
Westferry Road Cuba Street	0517	0537	0557	0617	0637	0657	0717	0733	0748	0803	0818	0833		1954	2007	2021	2035	2049		
Island Gardens Station	0522	0542	0602	0623	0643	0703	0723	0739	0754	0809	0824	0839		2002	2015	2029	2043	2057		
Cubitt Town Queen	0525	0545	0605	0626	0646	0706	0727	0743	0758	0813	0828	0843	2006	2019	2033	2047	2101			
Poplar Bazely Street	0529	0549	0609	0630	0650	0710	0731	0747	0802	0817	0832	0847	2011	2023	2037	2051	2105			
Mile End Grove Road	2047	2102	2117	2131	Then every 15 mins. until	2216	2232	2247	2302	2317	2332	2347	0002	0017	0032	0047	0102	0117		
Limehouse Burdett Road	2053	2108	2123	2137		2222	2238	2252	2307	2322	2337	2352	0007	0022	0037	0052	0107	0122		
Canary Wharf (DLR) Station	2058	2113	2128	2142		2227	2243	2257	2312	2327	2342	2357	0012	0027	0041	0056	0111	0126		
Westferry Road Cuba Street	2104	2119	2134	2148		2233	2249	2303	2317	2332	2347	0002	0017	0032	0046	0101	0115	0130		
Island Gardens Station	2111	2126	2141	2155		2240	2255	2309	2323	2338	2353	0008	0023	0038	0052	0107	0121	0136		
Cubitt Town Queen	2115	2130	2145	2159	2244	2259	2313	2327	2342	2357	0012	0026	0041	0055	0110	0124	0139			
Poplar Bazely Street	2119	2134	2149	2203	2248	2303	2317	2331	2346	0001	0016	0030	0045	0059	0113	0127	0142			
D7		Sundays and other Public Holidays (except Christmas Day)																		
Mile End Grove Road	0605	0635	0705	0725	0745	0805	0825	0845	0900	0915	0930	0945	1000	1015	Then every 15 mins. until	1115	1130	1145		
Limehouse Burdett Road	0609	0639	0709	0729	0749	0809	0829	0850	0905	0920	0935	0950	1005	1020		1120	1136	1151		
Canary Wharf (DLR) Station	0614	0644	0714	0734	0754	0814	0834	0855	0910	0925	0940	0955	1010	1025		1125	1141	1156		
Westferry Road Cuba Street	0618	0648	0718	0738	0758	0818	0839	0900	0915	0930	0945	1000	1015	1030		1130	1146	1201		
Island Gardens Station	0624	0654	0724	0744	0804	0824	0845	0906	0921	0936	0952	1007	1022	1038		1138	1154	1210		
Cubitt Town Queen	0627	0657	0727	0748	0808	0828	0849	0910	0925	0940	0956	1012	1027	1043	1143	1159	1215			
Poplar Bazely Street	0631	0701	0731	0752	0812	0832	0853	0914	0929	0945	1001	1017	1032	1048	1148	1204	1220			
Mile End Grove Road	1200	Then every 15 mins. until	1245	1300	Then every 15 mins. until	1345	1400	Then every 15 mins. until	1545	1600	1615	1630	1645	1659	1714	1729	1744	1759		
Limehouse Burdett Road	1207		1252	1307		1352	1407		1552	1607	1622	1637	1652	1706	1721	1736	1751	1806		
Canary Wharf (DLR) Station	1212		1257	1312		1357	1413		1558	1613	1627	1642	1657	1711	1726	1741	1756	1811		
Westferry Road Cuba Street	1217		1302	1318		1403	1419		1604	1619	1633	1648	1703	1718	1733	1748	1803	1817		
Island Gardens Station	1226		1311	1327		1412	1428		1613	1627	1641	1656	1711	1726	1741	1756	1811	1825		
Cubitt Town Queen	1231	1316	1332	1417	1433	1618	1632	1646	1701	1716	1731	1746	1801	1816	1830					
Poplar Bazely Street	1236	1321	1337	1422	1438	1623	1637	1651	1706	1721	1736	1751	1806	1821	1835					
Mile End Grove Road	1814	1829	1844	1900	1915	Then every 15 mins. until	2015	2030	2045	2100	2116	2132	Then every 15 mins. until	2302	2317	2332	Then every 15 mins. until	0117		
Limehouse Burdett Road	1821	1836	1851	1906	1921		2021	2036	2051	2105	2121	2137		2307	2322	2337		0122		
Canary Wharf (DLR) Station	1826	1841	1856	1911	1926		2026	2041	2055	2110	2126	2142		2312	2327	2341		0126		
Westferry Road Cuba Street	1832	1847	1902	1917	1932		2032	2047	2101	2116	2132	2147		2317	2332	2346		0131		
Island Gardens Station	1840	1855	1910	1925	1940		2040	2054	2108	2123	2138	2153		2323	2338	2352		0137		
Cubitt Town Queen	1845	1900	1915	1930	1944	2044	2058	2112	2127	2142	2157	2327	2341	2355	0140					
Poplar Bazely Street	1850	1905	1920	1934	1948	2048	2102	2116	2131	2146	2201	2331	2345	2359	0144					