

# D7

## Poplar – Canary Wharf – Mile End

D7		Mondays to Fridays																	
Poplar Newby Place	0432	0452	0512	0532	0552	0607	0622	0632	0643	0654	0705	0716	0727	0738	0749	0800	0811	0822	
Cubitt Town Queen	0436	0456	0516	0536	0556	0611	0626	0636	0647	0658	0710	0721	0732	0743	0754	0806	0817	0828	
Island Gardens Station	0439	0459	0519	0539	0559	0615	0630	0640	0651	0702	0714	0725	0737	0748	0759	0811	0823	0835	
Millwall Dock Bridge	0442	0502	0522	0542	0603	0619	0634	0645	0656	0707	0719	0731	0743	0754	0806	0818	0830	0842	
Westferry Road Byng Street	0443	0503	0523	0544	0605	0621	0636	0647	0658	0709	0721	0733	0745	0757	0809	0821	0833	0845	
Canary Wharf (DLR) Station	0448	0508	0528	0549	0610	0626	0641	0653	0704	0716	0728	0740	0752	0804	0816	0828	0840	0852	
Limehouse Burdett Road	0453	0513	0533	0554	0615	0631	0646	0658	0711	0723	0735	0747	0759	0812	0824	0836	0848	0900	
Mile End Burdett Road	0455	0515	0536	0557	0618	0634	0649	0702	0715	0727	0739	0751	0804	0817	0829	0841	0853	0905	
Poplar Newby Place	0833	0845	0857	0909	0921	0933	0945	0957	1009	1021	Then every 12 minutes until	1245	1257	1309	1321	1333	1345		
Cubitt Town Queen	0840	0852	0904	0916	0928	0940	0951	1003	1015	1026		1250	1302	1314	1326	1338	1350		
Island Gardens Station	0847	0859	0911	0922	0934	0945	0956	1008	1020	1031		1255	1308	1320	1332	1344	1356		
Millwall Dock Bridge	0854	0906	0917	0928	0940	0951	1002	1014	1025	1036		1300	1313	1325	1337	1349	1401		
Westferry Road Byng Street	0857	0909	0920	0931	0943	0954	1005	1017	1028	1039		1303	1316	1328	1340	1352	1404		
Canary Wharf (DLR) Station	0904	0916	0927	0938	0950	1001	1012	1024	1035	1046		1310	1323	1335	1347	1359	1411		
Limehouse Burdett Road	0912	0924	0935	0946	0957	1008	1019	1030	1041	1052		1316	1329	1341	1353	1405	1417		
Mile End Burdett Road	0917	0928	0939	0950	1001	1012	1023	1034	1045	1056		1320	1333	1345	1357	1409	1421		
Poplar Newby Place	1358	1410	1422	1434	1446	1457	1508	1519	Then every 12 minutes until	1655	1707	Then every 12 minutes until	1807	1819	1831	1843			
Cubitt Town Queen	1403	1415	1427	1440	1452	1503	1514	1526		1702	1714		1814	1826	1837	1849			
Island Gardens Station	1408	1420	1432	1445	1457	1508	1520	1532		1708	1719		1819	1831	1842	1854			
Millwall Dock Bridge	1413	1425	1437	1450	1502	1514	1526	1538		1714	1725		1825	1837	1848	1900			
Westferry Road Byng Street	1416	1428	1440	1453	1505	1517	1529	1541		1717	1728		1828	1840	1851	1903			
Canary Wharf (DLR) Station	1423	1435	1447	1500	1512	1524	1536	1548		1724	1735		1835	1847	1858	1910			
Limehouse Burdett Road	1429	1441	1453	1506	1519	1531	1543	1555		1731	1743		1843	1854	1905	1917			
Mile End Burdett Road	1433	1445	1458	1511	1524	1536	1548	1600		1736	1748		1848	1859	1910	1921			
Poplar Newby Place	1855	1907	1919	1931	1943	1955	2008	2021	2034	2049	2105	2121	2136	2152	2208	2224	2240	2255	
Cubitt Town Queen	1901	1913	1925	1937	1949	2001	2013	2026	2039	2054	2110	2126	2141	2157	2212	2228	2244	2259	
Island Gardens Station	1906	1918	1930	1941	1953	2005	2017	2030	2043	2058	2114	2130	2145	2201	2216	2232	2248	2303	
Millwall Dock Bridge	1912	1924	1935	1946	1958	2010	2022	2035	2047	2102	2118	2134	2149	2205	2220	2235	2251	2306	
Westferry Road Byng Street	1915	1926	1937	1948	2000	2012	2024	2037	2049	2104	2120	2136	2151	2207	2222	2237	2253	2308	
Canary Wharf (DLR) Station	1922	1933	1944	1955	2007	2019	2031	2043	2055	2110	2126	2142	2157	2212	2227	2242	2258	2313	
Limehouse Burdett Road	1928	1939	1950	2001	2013	2025	2037	2049	2101	2116	2132	2147	2202	2217	2232	2247	2303	2318	
Mile End Burdett Road	1932	1943	1954	2005	2017	2029	2041	2053	2105	2120	2135	2150	2205	2220	2235	2250	2306	2321	
Poplar Newby Place	2310	2325	2340	2355	0010	0025	0040												
Cubitt Town Queen	2314	2329	2344	2359	0014	0029	0044												
Island Gardens Station	2317	2332	2347	0002	0017	0032	0047												
Millwall Dock Bridge	2320	2335	2350	0005	0020	0035	0050												
Westferry Road Byng Street	2322	2337	2351	0006	0021	0036	0051												
Canary Wharf (DLR) Station	2327	2342	2356	0011	0026	0041	0056												
Limehouse Burdett Road	2332	2347	0001	0016	0031	0046	0101												
Mile End Burdett Road	2335	2350	0004	0019	0034	0049	0104												

D7		Saturdays (also Good Friday)																		
Poplar Newby Place	0432	0452	0512	0532	0552	0612	0632	0647	0702	0717	0732	0747	0759	0811	0823	0834	0846	0858		
Cubitt Town Queen	0436	0456	0516	0536	0556	0616	0636	0651	0706	0721	0736	0751	0803	0815	0827	0838	0850	0902		
Island Gardens Station	0439	0459	0519	0539	0559	0619	0639	0654	0710	0725	0740	0755	0807	0819	0831	0842	0854	0906		
Millwall Dock Bridge	0442	0502	0522	0542	0602	0622	0643	0658	0714	0729	0744	0759	0812	0824	0836	0847	0859	0911		
Westferry Road Byng Street	0443	0503	0523	0543	0603	0624	0645	0700	0716	0731	0746	0801	0814	0826	0838	0849	0901	0913		
Canary Wharf (DLR) Station	0447	0507	0527	0547	0608	0629	0650	0705	0721	0736	0751	0806	0819	0832	0844	0855	0907	0919		
Limehouse Burdett Road	0451	0511	0531	0552	0613	0634	0655	0710	0726	0741	0756	0811	0824	0837	0849	0900	0912	0924		
Mile End Burdett Road	0453	0513	0534	0555	0616	0637	0658	0713	0729	0744	0759	0814	0827	0840	0852	0904	0916	0928		
Poplar Newby Place	0909	0921	0932	0944	0955	1007	1018	1030	1042	1053	1105	1117	1129	1140	1152	1204				1352
Cubitt Town Queen	0914	0926	0937	0949	1000	1012	1023	1035	1047	1058	1110	1122	1134	1145	1158	1210			Then	1358
Island Gardens Station	0918	0930	0942	0954	1005	1017	1028	1040	1052	1103	1115	1127	1139	1150	1203	1216			every	1404
Millwall Dock Bridge	0923	0935	0947	0959	1011	1023	1034	1046	1058	1109	1121	1133	1145	1156	1209	1222			12	1410
Westferry Road Byng Street	0925	0937	0949	1001	1013	1025	1036	1048	1100	1112	1124	1136	1148	1159	1212	1225			mins.	1413
Canary Wharf (DLR) Station	0931	0943	0955	1007	1019	1031	1043	1055	1107	1119	1131	1143	1155	1206	1219	1232			until	1420
Limehouse Burdett Road	0936	0949	1001	1013	1025	1037	1049	1101	1113	1125	1137	1149	1201	1213	1226	1239				1427
Mile End Burdett Road	0940	0953	1005	1017	1029	1041	1053	1105	1117	1129	1141	1153	1205	1217	1230	1243				1431
Poplar Newby Place	1404		1440	1453		1529	1542		1718	1731	1743	1756	1808	1820	1832	1844				1932
Cubitt Town Queen	1410	Then	1446	1459	Then	1535	1548	Then	1724	1736	1748	1801	1813	1825	1837	1849			Then	1937
Island Gardens Station	1415	every	1451	1504	every	1540	1553	every	1729	1741	1753	1806	1818	1830	1842	1854			every	1942
Millwall Dock Bridge	1421	12	1457	1510	12	1546	1559	12	1735	1747	1759	1811	1823	1835	1847	1859			12	1947
Westferry Road Byng Street	1424	mins.	1500	1512	mins.	1548	1601	mins.	1737	1749	1801	1813	1825	1837	1849	1901			mins.	1949
Canary Wharf (DLR) Station	1431	until	1507	1519	until	1555	1608	until	1744	1756	1808	1820	1832	1844	1856	1908			until	1956
Limehouse Burdett Road	1438		1514	1526		1602	1614		1750	1802	1814	1826	1838	1850	1902	1915				2003
Mile End Burdett Road	1442		1518	1530		1606	1618		1754	1806	1818	1830	1842	1854	1906	1919				2007
Poplar Newby Place	1946	2001	2017	2033	2049	2105	2121	2136	2152	2208	2224	2240	2255	2310						0040
Cubitt Town Queen	1951	2006	2022	2038	2054	2110	2126	2141	2157	2213	2229	2245	2300	2314					Then	0044
Island Gardens Station	1956	2011	2026	2042	2058	2114	2130	2145	2200	2216	2232	2248	2303	2317					every 15	0047
Millwall Dock Bridge	2001	2016	2031	2047	2103	2118	2134	2149	2204	2220	2236	2251	2306	2320					minutes	0050
Westferry Road Byng Street	2003	2018	2033	2049	2105	2120	2136	2151	2206	2222	2238	2253	2308	2322					until	0052
Canary Wharf (DLR) Station	2010	2025	2040	2055	2111	2126	2142	2157	2212	2228	2243	2258	2313	2327						0057
Limehouse Burdett Road	2017	2032	2047	2102	2117	2132	2148	2203	2218	2233	2248	2303	2318	2332						0102
Mile End Burdett Road	2021	2036	2051	2106	2121	2136	2151	2206	2221	2236	2251	2306	2321	2335						0105
D7		Sundays and other Public Holidays (except Christmas Day)																		
Poplar Newby Place	0532	0602	0622	0642	0702	0722	0742	0802	0822	0836	0850	0904	0918	0933	0947	1001	1015	1029		
Cubitt Town Queen	0535	0606	0626	0646	0706	0726	0746	0806	0826	0840	0854	0908	0922	0937	0951	1005	1019	1033		
Island Gardens Station	0538	0609	0629	0649	0709	0729	0749	0809	0830	0844	0858	0912	0926	0941	0956	1010	1024	1038		
Millwall Dock Bridge	0541	0612	0632	0652	0713	0733	0753	0813	0834	0848	0903	0917	0931	0946	1001	1016	1030	1044		
Westferry Road Byng Street	0543	0614	0634	0654	0715	0735	0755	0815	0836	0850	0905	0919	0933	0948	1003	1018	1032	1046		
Canary Wharf (DLR) Station	0548	0619	0639	0659	0720	0740	0800	0820	0841	0855	0910	0925	0939	0954	1009	1024	1038	1052		
Limehouse Burdett Road	0553	0624	0644	0704	0725	0745	0805	0825	0846	0900	0915	0930	0944	0959	1014	1029	1043	1058		
Mile End Burdett Road	0556	0627	0647	0707	0728	0748	0808	0828	0849	0904	0919	0934	0948	1003	1018	1033	1047	1102		
Poplar Newby Place	1043	1058	1113	1128	1143	1157	1211	1225	1240	1255	1310	1325	1341	1356	1411	1426	1442	1457		
Cubitt Town Queen	1048	1103	1118	1133	1148	1202	1216	1230	1245	1300	1315	1330	1346	1401	1416	1431	1447	1502		
Island Gardens Station	1053	1108	1123	1138	1153	1207	1221	1235	1250	1305	1320	1335	1351	1406	1421	1436	1452	1507		
Millwall Dock Bridge	1059	1114	1129	1144	1159	1213	1227	1241	1256	1311	1326	1341	1357	1412	1427	1442	1457	1512		
Westferry Road Byng Street	1101	1116	1131	1146	1201	1215	1229	1243	1258	1313	1328	1343	1359	1414	1429	1444	1459	1514		
Canary Wharf (DLR) Station	1107	1122	1137	1152	1207	1222	1236	1250	1305	1320	1335	1350	1406	1421	1436	1451	1506	1521		
Limehouse Burdett Road	1113	1128	1143	1158	1213	1228	1242	1257	1312	1327	1342	1357	1412	1427	1442	1457	1512	1527		
Mile End Burdett Road	1117	1132	1147	1202	1217	1232	1247	1302	1317	1332	1347	1402	1417	1432	1447	1502	1517	1532		
Poplar Newby Place	1512	1527	1542	1557	1612	1628	1643	1658	1714	1729	1744	1759	1814	1829	1844	1859	1914	1930		
Cubitt Town Queen	1517	1532	1547	1602	1617	1633	1648	1703	1719	1734	1749	1804	1819	1834	1849	1904	1919	1935		
Island Gardens Station	1522	1537	1552	1607	1622	1638	1653	1708	1724	1739	1754	1809	1824	1839	1854	1909	1924	1940		
Millwall Dock Bridge	1527	1542	1557	1612	1627	1643	1658	1713	1729	1744	1759	1814	1829	1844	1859	1914	1929	1945		
Westferry Road Byng Street	1529	1544	1559	1614	1629	1645	1700	1715	1731	1746	1801	1816	1831	1846	1901	1916	1931	1947		
Canary Wharf (DLR) Station	1536	1551	1606	1621	1636	1652	1707	1722	1737	1752	1807	1822	1837	1852	1907	1922	1937	1953		
Limehouse Burdett Road	1542	1557	1612	1627	1642	1658	1713	1728	1743	1758	1813	1828	1843	1858	1914	1929	1944	2000		
Mile End Burdett Road	1547	1602	1617	1632	1647	1702	1717	1732	1747	1802	1817	1832	1847	1903	1919	1934	1949	2004		
Poplar Newby Place	1946	2002	2018	2034	2050	2106	2122	2138	2154	2209	2224	2240							Then	0040
Cubitt Town Queen	1951	2007	2023	2039	2055	2111	2126	2142	2158	2213	2228	2244							every 15	0044
Island Gardens Station	1956	2011	2027	2043	2059	2115	2130	2146	2201	2216	2231	2247							minutes	0047
Millwall Dock Bridge	2001	2016	2031	2047	2103	2119	2134	2149	2204	2219	2234	2250							until	0050
Westferry Road Byng Street	2003	2018	2033	2049	2105	2121	2136	2151	2206	2221	2236	2252								0052
Canary Wharf (DLR) Station	2009	2024	2039	2055	2111	2126	2141	2156	2211	2226	2241	2257								0057
Limehouse Burdett Road	2015	2030	2045	2101	2116	2131	2146	2201	2216	2231	2246	2302								0102
Mile End Burdett Road	2019	2034	2049	2104	2119	2134	2149	2204	2219	2234	2249	2305								0105

# D7

## Mile End – Canary Wharf – Poplar

D7		Mondays to Fridays																
Mile End Grove Road	0505	0525	0545	0605	0625	0640	0654	0705	0715	0725	0735	0745	0755	0805	0817	0829	0842	0855
Limehouse Burdett Road	0509	0529	0549	0609	0629	0645	0659	0710	0720	0730	0741	0751	0801	0812	0824	0836	0849	0902
Canary Wharf (DLR) Station	0513	0533	0553	0613	0634	0650	0704	0715	0726	0736	0747	0757	0807	0819	0831	0843	0855	0908
Westferry Road Cuba Street	0517	0537	0557	0618	0639	0655	0709	0720	0732	0742	0753	0803	0814	0826	0838	0850	0902	0914
Millwall Dock Bridge	0519	0539	0559	0620	0641	0657	0711	0722	0734	0745	0756	0806	0817	0829	0841	0853	0905	0917
Island Gardens Station	0522	0542	0603	0624	0645	0701	0715	0726	0738	0750	0801	0812	0824	0836	0848	0900	0911	0923
Cubitt Town Queen	0525	0546	0607	0628	0649	0705	0719	0731	0743	0755	0806	0818	0830	0842	0854	0906	0917	0928
Poplar Bazely Street	0529	0550	0611	0632	0653	0709	0724	0736	0748	0800	0812	0824	0836	0848	0900	0912	0923	0934
Mile End Grove Road	0908	0921			1409	1420	1431	1441	1451	1502	1513			1649	1701	1713	1726	1739
Limehouse Burdett Road	0915	0927			1415	1427	1438	1448	1458	1509	1521			1657	1709	1721	1733	1746
Canary Wharf (DLR) Station	0921	0933	Then		1421	1433	1444	1454	1504	1515	1527	Then		1703	1715	1727	1739	1752
Westferry Road Cuba Street	0927	0939	every 12		1427	1439	1450	1500	1511	1522	1534	every 12		1710	1723	1735	1747	1800
Millwall Dock Bridge	0930	0942	minutes		1430	1442	1453	1503	1514	1525	1537	minutes		1713	1726	1738	1750	1803
Island Gardens Station	0935	0947	until		1435	1447	1458	1509	1521	1532	1544	until		1720	1733	1745	1757	1809
Cubitt Town Queen	0940	0952			1440	1452	1503	1515	1527	1538	1550			1726	1738	1750	1802	1814
Poplar Bazely Street	0945	0957			1445	1457	1509	1521	1533	1545	1557			1733	1745	1757	1808	1820
Mile End Grove Road	1751	1803	1815	1827	1840	1852	1905	1918	1931	1944	1957	2010	2022	2034	2046	2101	2116	2131
Limehouse Burdett Road	1758	1810	1822	1834	1847	1859	1912	1925	1938	1950	2003	2016	2028	2040	2052	2107	2122	2137
Canary Wharf (DLR) Station	1804	1816	1828	1840	1853	1905	1918	1931	1944	1956	2009	2021	2033	2045	2057	2112	2127	2142
Westferry Road Cuba Street	1812	1824	1836	1848	1901	1913	1925	1938	1951	2003	2015	2027	2039	2051	2103	2118	2133	2148
Millwall Dock Bridge	1815	1827	1839	1851	1904	1916	1928	1941	1954	2006	2018	2030	2042	2054	2106	2121	2136	2150
Island Gardens Station	1821	1833	1845	1857	1910	1922	1933	1946	1959	2011	2023	2035	2047	2059	2111	2126	2140	2154
Cubitt Town Queen	1826	1838	1850	1902	1915	1927	1938	1950	2003	2015	2027	2039	2051	2103	2115	2130	2144	2158
Poplar Bazely Street	1832	1844	1856	1908	1920	1932	1943	1955	2007	2019	2031	2043	2055	2107	2119	2134	2148	2202
Mile End Grove Road	2146	2201	2216	2232	2247	2302	2317	2332	2347	0002	0017	0032	0047	0102	0117			
Limehouse Burdett Road	2152	2207	2222	2237	2252	2307	2322	2337	2352	0007	0022	0037	0051	0106	0121			
Canary Wharf (DLR) Station	2157	2212	2227	2242	2257	2312	2327	2342	2357	0012	0027	0041	0055	0110	0125			
Westferry Road Cuba Street	2203	2218	2233	2248	2303	2318	2332	2347	0002	0016	0031	0045	0059	0114	0129			
Millwall Dock Bridge	2205	2220	2235	2250	2305	2320	2334	2349	0004	0018	0033	0047	0101	0116	0131			
Island Gardens Station	2209	2224	2239	2254	2309	2324	2338	2353	0008	0022	0036	0050	0104	0119	0134			
Cubitt Town Queen	2213	2228	2243	2258	2313	2328	2342	2356	0011	0025	0039	0053	0107	0122	0137			
Poplar Bazely Street	2217	2232	2247	2302	2317	2332	2346	0000	0014	0028	0042	0056	0110	0125	0140			

D7 Saturdays (also Good Friday)																		
Mile End Grove Road	0505	0525	0545	0605	0625	0645	0705	0720	0734	0748	0802	0817	0829	0841	0853	0905	0916	0927
Limehouse Burdett Road	0509	0529	0549	0609	0629	0649	0709	0724	0738	0753	0807	0822	0834	0846	0858	0910	0922	0933
Canary Wharf (DLR) Station	0513	0533	0553	0613	0633	0653	0713	0728	0743	0758	0812	0827	0839	0851	0903	0915	0927	0938
Westferry Road Cuba Street	0517	0537	0557	0617	0637	0657	0717	0733	0748	0803	0818	0833	0845	0857	0908	0920	0932	0943
Millwall Dock Bridge	0519	0539	0559	0619	0639	0659	0719	0735	0750	0805	0820	0835	0847	0859	0910	0922	0934	0946
Island Gardens Station	0522	0542	0602	0623	0643	0703	0723	0739	0754	0809	0824	0839	0851	0903	0914	0926	0938	0950
Cubitt Town Queen	0525	0545	0605	0626	0646	0706	0727	0743	0758	0813	0828	0843	0855	0907	0918	0930	0942	0955
Poplar Bazely Street	0529	0549	0609	0630	0650	0710	0731	0747	0802	0817	0832	0847	0859	0911	0923	0935	0947	1000
Mile End Grove Road	0939	0951	1003	1015	1026	1037			1137	1149	1201	1213		1525	1537		1701	
Limehouse Burdett Road	0945	0957	1009	1021	1032	1043			1143	1155	1208	1220		1532	1544	Then	1708	
Canary Wharf (DLR) Station	0950	1002	1014	1026	1037	1048	Then		1148	1201	1214	1226	Then	1538	1550	every	1714	
Westferry Road Cuba Street	0955	1007	1019	1031	1043	1054	every 12		1154	1207	1220	1232	every 12	1544	1556	12	1720	
Millwall Dock Bridge	0958	1010	1022	1034	1046	1057	minutes		1157	1210	1223	1235	minutes	1547	1559	mins.	1723	
Island Gardens Station	1003	1015	1027	1039	1051	1102	until		1202	1215	1228	1241	until	1553	1605	until	1729	
Cubitt Town Queen	1008	1020	1032	1044	1056	1107			1207	1220	1233	1246		1558	1610		1734	
Poplar Bazely Street	1013	1025	1037	1049	1101	1113			1213	1226	1239	1252		1604	1615		1739	
Mile End Grove Road	1712	1723	1734	1745	1757	1809	1821	1833	1846	1858	1910	1922	1934	1947	2002	2017	2032	2047
Limehouse Burdett Road	1719	1730	1741	1752	1804	1816	1828	1840	1853	1905	1917	1929	1941	1954	2009	2023	2038	2053
Canary Wharf (DLR) Station	1725	1736	1747	1758	1810	1822	1834	1846	1859	1911	1923	1935	1947	2000	2015	2029	2043	2058
Westferry Road Cuba Street	1731	1742	1753	1804	1817	1829	1841	1853	1906	1918	1930	1942	1954	2007	2021	2035	2049	2104
Millwall Dock Bridge	1734	1745	1756	1807	1820	1832	1844	1856	1909	1921	1933	1945	1957	2010	2024	2038	2052	2106
Island Gardens Station	1740	1751	1802	1813	1825	1837	1849	1901	1914	1926	1938	1950	2002	2015	2029	2043	2057	2111
Cubitt Town Queen	1745	1756	1807	1818	1830	1842	1854	1906	1918	1930	1942	1954	2006	2019	2033	2047	2101	2115
Poplar Bazely Street	1750	1801	1812	1823	1835	1847	1859	1911	1923	1935	1947	1959	2011	2023	2037	2051	2105	2119
Mile End Grove Road	2102	2117	2131	2146	2201	2216	2232	2247	2302	2317	2332	2347	0002	0017	0032	0047	0102	0117
Limehouse Burdett Road	2108	2123	2137	2152	2207	2222	2238	2252	2307	2322	2337	2352	0007	0022	0037	0052	0107	0122
Canary Wharf (DLR) Station	2113	2128	2142	2157	2212	2227	2243	2257	2312	2327	2342	2357	0012	0027	0041	0056	0111	0126
Westferry Road Cuba Street	2119	2134	2148	2203	2218	2233	2249	2303	2317	2332	2347	0002	0017	0032	0046	0101	0115	0130
Millwall Dock Bridge	2121	2136	2150	2205	2220	2235	2251	2305	2319	2334	2349	0004	0019	0034	0048	0103	0117	0132
Island Gardens Station	2126	2141	2155	2210	2225	2240	2255	2309	2323	2338	2353	0008	0023	0038	0052	0107	0121	0136
Cubitt Town Queen	2130	2145	2159	2214	2229	2244	2259	2313	2327	2342	2357	0012	0026	0041	0055	0110	0124	0139
Poplar Bazely Street	2134	2149	2203	2218	2233	2248	2303	2317	2331	2346	0001	0016	0030	0045	0059	0113	0127	0142
D7 Sundays and other Public Holidays (except Christmas Day)																		
Mile End Grove Road	0605	0635	0705	0725	0745	0805	0825	0845	0900	0915	0930	0945	1000	1015	1030	1045	1100	1115
Limehouse Burdett Road	0609	0639	0709	0729	0749	0809	0829	0850	0905	0920	0935	0950	1005	1020	1035	1050	1105	1120
Canary Wharf (DLR) Station	0614	0644	0714	0734	0754	0814	0834	0855	0910	0925	0940	0955	1010	1025	1040	1055	1110	1125
Westferry Road Cuba Street	0618	0648	0718	0738	0758	0818	0839	0900	0915	0930	0945	1000	1015	1030	1045	1100	1115	1130
Millwall Dock Bridge	0620	0650	0720	0740	0800	0820	0841	0902	0917	0932	0947	1002	1017	1032	1047	1102	1117	1132
Island Gardens Station	0624	0654	0724	0744	0804	0824	0845	0906	0921	0936	0952	1007	1022	1038	1053	1108	1123	1138
Cubitt Town Queen	0627	0657	0727	0748	0808	0828	0849	0910	0925	0940	0956	1012	1027	1043	1058	1113	1128	1143
Poplar Bazely Street	0631	0701	0731	0752	0812	0832	0853	0914	0929	0945	1001	1017	1032	1048	1103	1118	1133	1148
Mile End Grove Road	1130	1145	1200	1215	1230	1245	1300	1315	1330	1345	1400		Then	1545	1600	1615	1630	1645
Limehouse Burdett Road	1136	1151	1207	1222	1237	1252	1307	1322	1337	1352	1407		every 15	1552	1607	1622	1637	1652
Canary Wharf (DLR) Station	1141	1156	1212	1227	1242	1257	1312	1327	1342	1357	1413		minutes	1558	1613	1627	1642	1657
Westferry Road Cuba Street	1146	1201	1217	1232	1247	1302	1318	1333	1348	1403	1419		until	1604	1619	1633	1648	1703
Millwall Dock Bridge	1148	1204	1220	1235	1250	1305	1321	1336	1351	1406	1422			1607	1622	1636	1651	1706
Island Gardens Station	1154	1210	1226	1241	1256	1311	1327	1342	1357	1412	1428			1613	1627	1641	1656	1711
Cubitt Town Queen	1159	1215	1231	1246	1301	1316	1332	1347	1402	1417	1433			1618	1632	1646	1701	1716
Poplar Bazely Street	1204	1220	1236	1251	1306	1321	1337	1352	1407	1422	1438			1623	1637	1651	1706	1721
Mile End Grove Road	1659	1714	1729	1744	1759	1814	1829	1844	1900	1915	1930	1945	2000	2015	2030	2045	2100	2116
Limehouse Burdett Road	1706	1721	1736	1751	1806	1821	1836	1851	1906	1921	1936	1951	2006	2021	2036	2051	2105	2121
Canary Wharf (DLR) Station	1711	1726	1741	1756	1811	1826	1841	1856	1911	1926	1941	1956	2011	2026	2041	2055	2110	2126
Westferry Road Cuba Street	1718	1733	1748	1803	1817	1832	1847	1902	1917	1932	1947	2002	2017	2032	2047	2101	2116	2132
Millwall Dock Bridge	1721	1736	1751	1806	1820	1835	1850	1905	1920	1935	1950	2005	2020	2035	2050	2104	2119	2134
Island Gardens Station	1726	1741	1756	1811	1825	1840	1855	1910	1925	1940	1955	2010	2025	2040	2054	2108	2123	2138
Cubitt Town Queen	1731	1746	1801	1816	1830	1845	1900	1915	1930	1944	1959	2014	2029	2044	2058	2112	2127	2142
Poplar Bazely Street	1736	1751	1806	1821	1835	1850	1905	1920	1934	1948	2003	2018	2033	2048	2102	2116	2131	2146
Mile End Grove Road	2132			2302	2317	2332			0117									
Limehouse Burdett Road	2137			2307	2322	2337			0122									
Canary Wharf (DLR) Station	2142	Then		2312	2327	2341	Then		0126									
Westferry Road Cuba Street	2147	every 15		2317	2332	2346	every 15		0131									
Millwall Dock Bridge	2149	minutes		2319	2334	2348	minutes		0133									
Island Gardens Station	2153	until		2323	2338	2352	until		0137									
Cubitt Town Queen	2157			2327	2341	2355			0140									
Poplar Bazely Street	2201			2331	2345	2359			0144									